

To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	SARMISTHA MAJUMDAR
DATE OF BIRTH	23-12-1990
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	21-03-2024
BOOKING REFERENCE NO.	23M72218100103206S
SPOUSE DETAILS	
EMPLOYEE NAME	MR. MAJUMDAR SHUBHANKAR
EMPLOYEE EC NO.	72218
EMPLOYEE DESIGNATION	HEAD CASHIER "E" _II
EMPLOYEE PLACE OF WORK	DIBRUGARH,NALIAPOOL
EMPLOYEE BIRTHDATE	22-06-1982

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **20-03-2024** till **31-03-2024**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager**  
**HRM Department**  
**Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

भारत सरकार  
Government of India

Issue Date: 08/12/2018



Sarmistha Majumdar  
DOB: 23/12/1990  
Female



9418 8322 3053

मेरा आधार, मेरी पहचान

Handwritten scribbles and lines covering the majority of the page.

400223  
33 Years

MRS. SAKHISHA, MAJUMDAR  
Female

21/03/2024 09:05:16 AM

APOLLO CLINIC T Nagar

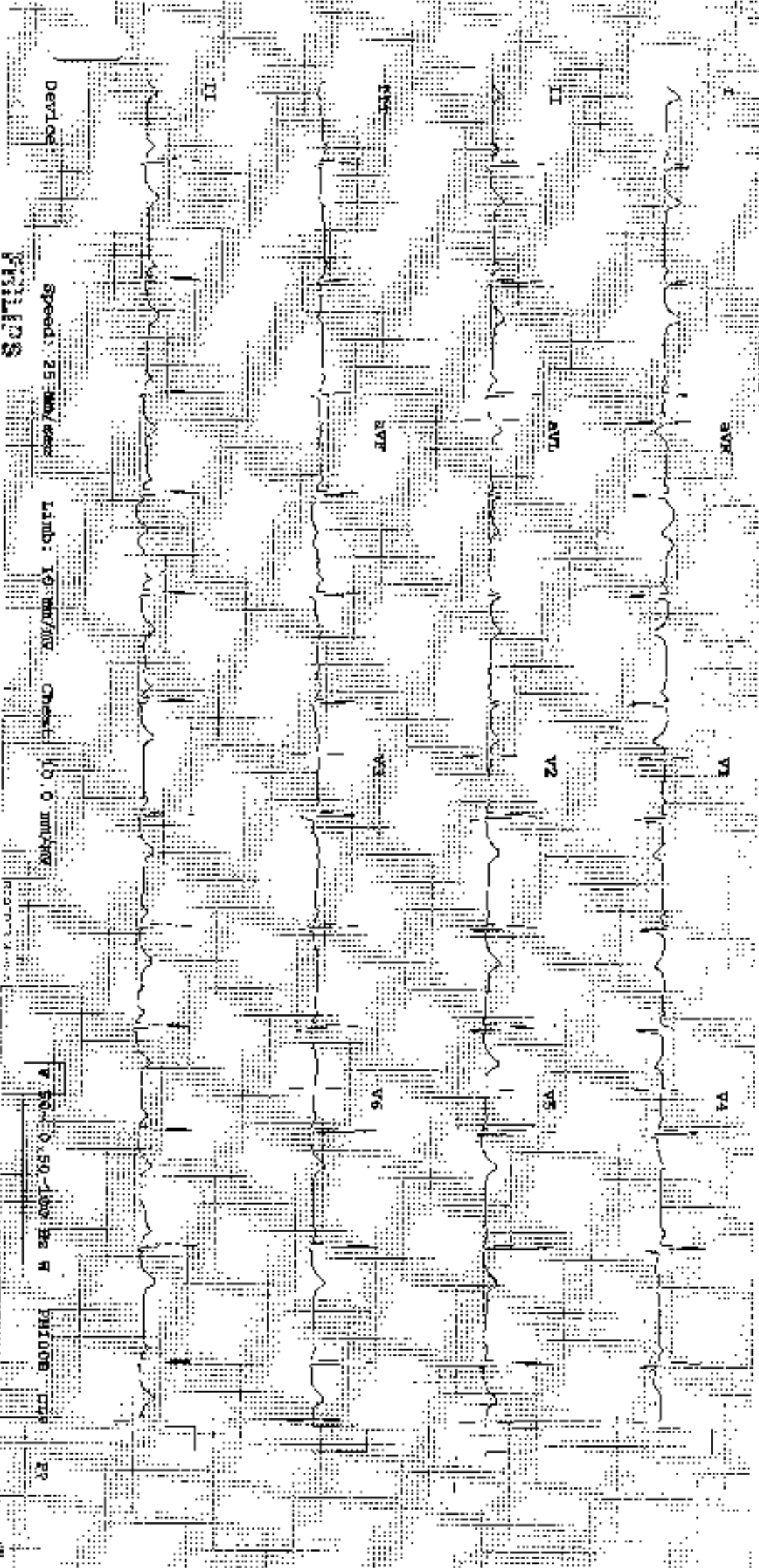
Date	74	Sinus rhythm	Normal P axis, V-rate 50-59
PR	118	Borderline short PR interval	PR Int <120ms
QRS	77	Borderline abnormalities, anterior leads	T flat or neg, V2-V4
QTc	391		
QTc	423		

--AXIS--  
P 61  
QRS 44  
T 13

- BORDERLINE ECG -

Unconfirmed Diagnosis

12 Lead: Standard Placement



Devices

Speed: 25 mm/sec

Limb: 10 mm/mV

Check: V.O. 0 mm/mV

V 50-50-100 Hz

PHILIPS

22

Rx

Date: 2/3/24

Patient name: Samisha Majumdar.

Age: 33 / F.

Chief Complaint: General check up.

Medical history: N.A.

Cte.

\* CATH.

\* Dental Caries - 16, 26, 36, 47, 46.

Diagnosis:

Generalized chronic gingivitis.

Treatment Plan:

- Scaling and Restoration in 16, 26, 36, 47, 46

APOLLO MEDICAL CENTRE  
11A, ENDOORASHAM STREET, PONDY ROAD  
T. NAGAR, CHENNAI - 600 017.  
044 - 2434 1066 - 55007 60203

Dr-Abdul.

Name <i>Sushmi Sha maju sridhar</i>	Date <i>21/03/24</i>
Age <i>33</i>	UHID No. <i>206379</i>
Sex: <input type="checkbox"/> Male <input checked="" type="checkbox"/> Female	

**OPHTHAL FITNESS CERTIFICATE**

	RE	LE
DV-UCVA :	<i>(6/6)</i>	<i>(6/6)</i>
DV-BCVA :		
NEAR VISION :	<i>n6</i>	<i>n6</i>
ANTERIOR SEGMENT :		
IOP :		
FIELDS OF VISION :		
E O M :		
COLOUR VISION :	<i>normal</i>	<i>normal</i>
FUNDUS :		
IMPRESSION :		
ADVICE :	<i>[Signature]</i>	<i>0212007</i>

**APOLLO MEDICAL CENTRE**  
115, Alexander Street, Port Blair  
Andaman & Nicobar Islands  
744 101, Port Blair - 744 101

# APOLLO CLINIC

## CONSENT FORM

Patient Name Sannistha Majumdar Age 32

UHID Number 206339 company Name Bank of Barod

I Ms Sannistha majumdar Employee of Bank of Barod

(Company) Want to inform you that I am not interested in getting X-ray & ~~ECG~~ ECHO

Tests done which is apart of my routine health check package.

And I claim the above statement in my full consciousness.

Patient Signature Sannistha Date 21-3-24

**APOLLO MEDICAL CENTRE**  
11/4, Sivaprakasam Street, Pondy Bazaar,  
T. Nagar, Chennai - 600 017.  
Phone : 044 - 2434 1066 / 95001 66355

Mrs - Sharmistha

21/3/24.

Height:	Weight:	BMI:	Waist Circum:
Temp:	Pulse:	Resp:	B.P:

General Examination / Allergies History

ASO clo Allergy + Cold on  
+ eff.  
see. attached.

Adh

o/e: ears: Pdc TM intact.

- x-ray  
- PMS

nose: Dsc

- Eys:

Thr: clear.

TFT: Healthy abnormal.

Δ - EART clinically abnormal.  
? Allergic Rhinitis  
Sincus.

APOLLO MEDICAL CENTRE  
114, Siraprahasam Street, Pondy East  
T Nagar, Chennai - 600 012  
PHONE: 044 - 2434 1066 / 2434 1067

Follow up date:

Doctor Signature & Stamp

Convenient & reliable. Complete diagnostic services for the entire family. All under one roof.

Physical Examination			
Name <del>Mr</del> / <del>Mrs</del> / <del>Miss</del>		SARMISTHA MAJUMBAR	
Age / Gender		32	<del>Male</del> / Female
			DATE OF CHECK UP 21/03/2024
HEIGHT	150		Cms
WEIGHT	55.4		Kgs
BLOOD PRESSURE (If above 140/90 need 3 readings)	1) 110/60		mmHg
	2)		
	3)		
BMI	24.6		
WAIST	88		
HF	96		
WAIST HF RATIO	0.91		Min
RESPIRATORY RATE	18		Min
PULSE	82		
CHEST	INSPIRATION	Insp:	Cms
	EXPIRATION	Exp:	Cms

OPHTHAL EXAMINATION					COLOUR VISION	
VISION	FAR VISION RIGHT	FAR VISION LEFT	NEAR VISION RIGHT	NEAR VISION LEFT	RIGHT	LEFT
WITHOUT GLASS						
WITH GLASS						
REMARKS IF ANY						

APOLLO MEDICAL CENTRE  
112, Srinagaravan Street, Porur  
Nagar, Chennai - 600 071  
Ph: 2434 1066 / 2434 4022



### CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Mrs. Sarinsha Rajuvaran, 33 y/o on 22/03/2024

After reviewing the medical history and on clinical examination it has been found that He / She is

<ul style="list-style-type: none"> <li>Medically Fit</li> </ul>	Tick
<ul style="list-style-type: none"> <li>Fit with restrictions / recommendations</li> </ul> <p>Though following restrictions have been revealed, in my opinion, these are not Impediments to the job.</p> <p>1. <u>NO</u></p> <p>2. _____</p> <p>3. _____</p> <p>4. _____</p> <p>However the employee should follow the advice/medication that has been Communicated to him/her.</p> <p>Review after _____</p>	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"> <li>Currently Unfit. Review after _____</li> </ul> <p>_____ recommended</p>	<input type="checkbox"/>
<ul style="list-style-type: none"> <li>Unfit</li> </ul>	<input type="checkbox"/>

Dr. HARI. N.  
 Medical Officer  
 The Apollo Clinic (Location)  
 HARI. N. MBBS. Family Physician

*This certificate is not meant for medico-legal purposes*

Established Patient: No

**Vitals**

Date	Pulse (Beats/min)	B.P (mmHg)	Resp (Rate/min)	Temp (F)	Height (cms)	Weight (Kgs)	Body Fat Percentage (%)	Visceral Fat Level (%)	Body Age (Years)	BMI	Waist Circum (cms)	Hip (cms)	Waist (cms)	Waist & Hip Ratio	User
21-03-2024 14:42	Beats/min	110/60 mmHg	Rate/min	F	150 cms	55.4 Kgs	%	%	Years	24.62	cms	cms	cms		AHLL09366

Name: Mrs. Sarmisha Majumdar  
Age/Gender: 33 Y/F  
Address: chennai  
Location: CHENNAI, TAMIL NADU  
Doctor:  
Department: GENERAL  
Rate Plan: T NAGAR\_06042023  
Sponsor: ARCOFEMI HEALTHCARE LIMITED  
Consulting Doctor: Dr. T DEVI SHANMUGA PRIYA

MR No: CTNA.0000206339  
Visit ID: CTNAOPV196235  
Visit Date: 21-03-2024 09:23  
Discharge Date:  
Referred By: SELF

**Doctor's Signature**

Established Patient: No

**Vitals**

Date	Pulse (Beats/min)	B.P (mmHg)	Resp (Rate/min)	Temp (F)	Height (cms)	Weight (Kgs)	Body Fat Percentage (%)	Visceral Fat Level (%)	Body Age (Years)	BMI	Waist Circum (cms)	Hip (cms)	Waist (cms)	Waist & Hip Ratio	User
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Age/Gender: 33 Y/F  
Address: chennai  
Location: CHENNAI, TAMIL NADU  
Doctor:  
Department: GENERAL  
Rate Plan: T NAGAR\_06042023  
Sponsor: ARCOFEMI HEALTHCARE LIMITED  
Consulting Doctor: Dr. HARI K

MR No: CTNA.0000206339  
Visit ID: CTNAOPV196235  
Visit Date: 21-03-2024 09:23  
Discharge Date:  
Referred By: SELF

**HT-CHIEF COMPLAINTS AND PRESENT KNOWN ILLNESS**

**SYSTEMIC REVIEW**

**HT-HISTORY**

**PHYSICAL EXAMINATION**

**SYSTEMIC EXAMINATION**

**IMPRESSION**

**RECOMMENDATION**

**Doctor's Signature**

Name: Mrs. Sarmisha Majumdar  
Age/Gender: 33 Y/F  
Address: chennai  
Location: CHENNAI, TAMIL NADU  
Doctor:  
Department: GENERAL  
Rate Plan: T NAGAR\_06042023  
Sponsor: ARCOFEMI HEALTHCARE LIMITED  
Consulting Doctor: Dr. REKHA SANJAY

MR No: CTNA.0000206339  
Visit ID: CTNAOPV196235  
Visit Date: 21-03-2024 09:23  
Discharge Date:  
Referred By: SELF

**HT-CHIEF COMPLAINTS AND PRESENT KNOWN ILLNESS**

**SYSTEMIC REVIEW**

**HT-HISTORY**

**PHYSICAL EXAMINATION**

**SYSTEMIC EXAMINATION**

**IMPRESSION**

**RECOMMENDATION**

**Doctor's Signature**

Established Patient: No

**Vitals**

Date	Pulse (Beats/min)	B.P (mmHg)	Resp (Rate/min)	Temp (F)	Height (cms)	Weight (Kgs)	Body Fat Percentage (%)	Visceral Fat Level (%)	Body Age (Years)	BMI	Waist Circum (cms)	Hip (cms)	Waist (cms)	Waist & Hip Ratio	User
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Established Patient: No

**Vitals**

Date	Pulse (Beats/min)	B.P (mmHg)	Resp (Rate/min)	Temp (F)	Height (cms)	Weight (Kgs)	Body Fat Percentage (%)	Visceral Fat Level (%)	Body Age (Years)	BMI	Waist Circum (cms)	Hip (cms)	Waist (cms)	Waist & Hip Ratio	User
21-03-2024 14:42	Beats/min	110/60 mmHg	Rate/min	F	150 cms	55.4 Kgs	%	%	Years	24.62	cms	cms	cms		AHLL09366

Patient Name	: Mrs. Sarmisha Majumdar	Age	: 33 Y/F
UHID	: CTNA.0000206339	OP Visit No	: CTNAOPV196235
Reported By:	: Dr. HARI K	Conducted Date	: 21-03-2024 12:11
Referred By	: SELF		

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### ECG REPORT

## **Impression:**

NORMAL SINUS RHYTHM

NORMAL ECG.

----- END OF THE REPORT -----



Dr. HARI K

Name: Mrs. Sarmisha Majumdar  
Age/Gender: 33 Y/F  
Address: chennai  
Location: CHENNAI, TAMIL NADU  
Doctor:  
Department: GENERAL  
Rate Plan: T NAGAR\_06042023  
Sponsor: ARCOFEMI HEALTHCARE LIMITED  
Consulting Doctor: Dr. VASANTHI SACHIDHANAND

MR No: CTNA.0000206339  
Visit ID: CTNAOPV196235  
Visit Date: 21-03-2024 09:23  
Discharge Date:  
Referred By: SELF

**Doctor's Signature**

Name: Mrs. Sarmisha Majumdar  
Age/Gender: 33 Y/F  
Address: chennai  
Location: CHENNAI, TAMIL NADU  
Doctor:  
Department: GENERAL  
Rate Plan: T NAGAR\_06042023  
Sponsor: ARCOFEMI HEALTHCARE LIMITED  
Consulting Doctor: Dr. NARASSA NARAYANI

MR No: CTNA.0000206339  
Visit ID: CTNAOPV196235  
Visit Date: 21-03-2024 09:23  
Discharge Date:  
Referred By: SELF

**Doctor's Signature**

**Patient Name** : Mrs. Sarmisha Majumdar

**Age/Gender** : 33 Y/F

**UHID/MR No.** : CTNA.0000206339

**OP Visit No** : CTNAOPV196235

**Sample Collected on** :

**Reported on** : 21-03-2024 15:11

**LRN#** : RAD2274700

**Specimen** :

**Ref Doctor** : SELF

**Emp/Auth/TPA ID** : 23M72218103206S

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**DEPARTMENT OF RADIOLOGY**

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**ULTRASOUND - WHOLE ABDOMEN**

**ULTRASOUND UPPER ABDOMEN**

**Liver shows increase in echogenicity suggestive of fatty changes.**

Intra and extra hepatic biliary passages are not dilated.

Gall bladder appears normal with no evidence of calculus.

Wall thickness appear normal.

Pancreas and spleen appear normal. Spleen measures 9.0 cms.

Portal and splenic veins appear normal.

No evidence of ascites or lymphadenopathy. Diaphragmatic movements are satisfactory.

There is no evidence of sub diaphragmatic pathology or pleural effusion.

Aorta and IVC appear normal.

Right kidney measures 10.3 cms.

Left kidney measures 10.7 cms.

Both kidneys show normal echopattern with no evidence of calculi or calyceal dilatation.

**Lower abdomen not taken - Due to pregnant.**

**IMPRESSION:**

Normal study of upper abdomen.



**Dr. RASHEED ARAFATH HIDAYATHULLAH**



**Patient Name** : Mrs. Sarmisha Majumdar

**Age/Gender** : 33 Y/F

---

MBBS, DNB (RD)  
Radiology



**Patient Name** : Mrs. Sarmisha Majumdar

**Age/Gender** : 33 Y/F

**UHID/MR No.** : CTNA.0000206339

**OP Visit No** : CTNAOPV196235

**Sample Collected on** :

**Reported on** : 21-03-2024 15:16

**LRN#** : RAD2274700

**Specimen** :

**Ref Doctor** : SELF

**Emp/Auth/TPA ID** : 23M72218103206S

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**DEPARTMENT OF RADIOLOGY**

---

**X-RAY CHEST PA**

Not willing - Pregnant.

Patient Name : Mrs.SARMISHA MAJUMDAR	Collected : 21/Mar/2024 09:29AM
Age/Gender : 33 Y 2 M 29 D/F	Received : 21/Mar/2024 11:05AM
UHID/MR No : CTNA.0000206339	Reported : 21/Mar/2024 02:06PM
Visit ID : CTNAOPV196235	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 23M72218103206S	

**DEPARTMENT OF HAEMATOLOGY**

**PERIPHERAL SMEAR , WHOLE BLOOD EDTA**

METHODOLOGY	: Microscopic
RBC MORPHOLOGY	: Mild anisocytosis, predominantly normocytic normochromic RBC's noted.
WBC MORPHOLOGY	: Normal in number, morphology and distribution. No abnormal cells seen.
PLATELETS	: Adequate in number.
PARASITES	: No haemoparasites seen.
NOTE/ COMMENT	: Please correlate clinically.



**Dr THILAGA**  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist

SIN No:BED240076090

This test has been performed at Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory.



This test has been performed at Apollo Health and Lifestyle Ltd - RRL ASHOK NAGAR

**Apollo Health and Lifestyle Limited** (CIN - U85110TG2000PLC115819)  
Regd. Office: 1-10-60/52, Kothava Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 |  
www.apollohli.com | Email ID: enquiry@apollohli.com, Ph No: 940-4904-7777, Fax No: 4904-7744

Address:  
B/No.30, F - Block, 2nd Avenue, Anna Nagar East, Chennai-600 052,  
Phone - 844-0224904 (9)

**1860 500 7788**  
www.apolloclinic.com

APOLLO CLINICS NETWORK

Telangana: Hyderabad (NS Poo Nagar | Charada Nagar | Banjara | Balakunta | Nizampet | Marikonda | Uppal) | Andhra Pradesh: Vizag (Sreebhama Petra) | Karnataka: Bangalore (Basavanaguda) | Bellary | Electronic City | Frazer Town | HSR Layout | Indira Nagar | JP Nagar | Kuntalaballi | Koramangala | Sarjapur Road | Mysore (W Mohalla) | Tamil Nadu: Chennai (Anna Nagar | Kotturpuram | Mogappair | T Nagar | Velazhavanallur) | Vellore | Maharashtra: Pune (Aundh | Nigdi | Pradhikaran | Viman Nagar | Wankhede) | Uttar Pradesh: Ghaziabad (Indraprastha) | Gujarat: Ahmedabad (Satellite) | Punjab: Amritsar (Court Road) | Haryana: Faridabad (Railway Station Road)



Patient Name : Mrs.SARMISHA MAJUMDAR	Collected : 21/Mar/2024 09:29AM
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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>HEMOGRAM , WHOLE BLOOD EDTA</b>				
<b>HAEMOGLOBIN</b>	<b>10.1</b>	g/dL	12-15	Spectrophotometer
PCV	<b>29.80</b>	%	36-46	Electronic pulse & Calculation
RBC COUNT	<b>3.56</b>	Million/cu.mm	3.8-4.8	Electrical Impedance
MCV	83.6	fL	83-101	Calculated
MCH	28.2	pg	27-32	Calculated
MCHC	33.8	g/dL	31.5-34.5	Calculated
R.D.W	<b>15.9</b>	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	8,300	cells/cu.mm	4000-10000	Electrical Impedance
<b>DIFFERENTIAL LEUCOCYTIC COUNT (DLC)</b>				
NEUTROPHILS	71.9	%	40-80	Electrical Impedance
LYMPHOCYTES	21.6	%	20-40	Electrical Impedance
EOSINOPHILS	1.6	%	1-6	Electrical Impedance
MONOCYTES	4.5	%	2-10	Electrical Impedance
BASOPHILS	0.4	%	<1-2	Electrical Impedance
<b>ABSOLUTE LEUCOCYTE COUNT</b>				
NEUTROPHILS	5967.7	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	1792.8	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	132.8	Cells/cu.mm	20-500	Calculated
MONOCYTES	373.5	Cells/cu.mm	200-1000	Calculated
BASOPHILS	33.2	Cells/cu.mm	0-100	Calculated
Neutrophil lymphocyte ratio (NLR)	3.33		0.78- 3.53	Calculated
<b>PLATELET COUNT</b>	159000	cells/cu.mm	150000-410000	Electrical impedance
<b>ERYTHROCYTE SEDIMENTATION RATE (ESR)</b>	<b>34</b>	mm/hour	0-20	Capillary photometry
<b>PERIPHERAL SMEAR</b>				
METHODOLOGY	: Microscopic			

Page 2 of 15



Dr THILAGA  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist



SIN No:BED240076090

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www.apolloclinic.com | Email ID: enquiry@apolloclinic.com, Ph No: 940-4804-7777, Fax No: 4904-7744

Address:  
B No.30, F - Block, 2nd Avenue, Anna Nagar East, Chennai-600 032,  
Phone - 844-0224904 / 09

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Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 23M72218103206S	

**DEPARTMENT OF HAEMATOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

RBC MORPHOLOGY : Mild anisocytosis, predominantly normocytic normochromic RBC's noted.

WBC MORPHOLOGY : Normal in number, morphology and distribution. No abnormal cells seen.

PLATELETS : Adequate in number.

PARASITES : No haemoparasites seen.

NOTE/ COMMENT : Please correlate clinically.



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Age/Gender : 33 Y 2 M 29 D/F	Received : 21/Mar/2024 11:05AM
UHID/MR No : CTNA.0000206339	Reported : 21/Mar/2024 03:37PM
Visit ID : CTNAOPV196235	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 23M72218103206S	

**DEPARTMENT OF HAEMATOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA</b>				
BLOOD GROUP TYPE	AB			Microplate Hemagglutination
Rh TYPE	Positive			Microplate Hemagglutination

PLEASE NOTE THIS SAMPLE HAS BEEN TESTED ONLY FOR ABO MAJOR GROUPING AND ANTI D ONLY



**Dr THILAGA**  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist

SIN No:BED240076090

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Patient Name : Mrs.SARMISHA MAJUMDAR	Collected : 21/Mar/2024 12:34PM
Age/Gender : 33 Y 2 M 29 D/F	Received : 21/Mar/2024 04:15PM
UHID/MR No : CTNA.0000206339	Reported : 21/Mar/2024 04:44PM
Visit ID : CTNAOPV196235	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 23M72218103206S	

**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING , NAF PLASMA	85	mg/dL	70-100	HEXOKINASE

**Comment:**

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

**Note:**


- The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
- Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	116	mg/dL	70-140	HEXOKINASE

**Comment:**

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.



DR. R. SRIIVATSAN  
M.D. (Biochemistry)



SIN No:PLP1434597

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Patient Name : Mrs.SARMISHA MAJUMDAR	Collected : 21/Mar/2024 09:29AM
Age/Gender : 33 Y 2 M 29 D/F	Received : 21/Mar/2024 11:06AM
UHID/MR No : CTNA.0000206339	Reported : 21/Mar/2024 02:19PM
Visit ID : CTNAOPV196235	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 23M72218103206S	

**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>HBA1C (GLYCATED HEMOGLOBIN) , WHOLE BLOOD EDTA</b>				
HBA1C, GLYCATED HEMOGLOBIN	5.6	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG)	114	mg/dL		Calculated


**Comment:**

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 – 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 – 8
UNSATISFACTORY CONTROL	8 – 10
POOR CONTROL	>10

**Note:** Dietary preparation or fasting is not required.

- HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control
  - A: HbF >25%
  - B: Homozygous Hemoglobinopathy.
 (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)



**DR. R. SRIIVATSAN**  
M.D. (Biochemistry)



SIN No:EDT240034894

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Patient Name : Mrs.SARMISHA MAJUMDAR	Collected : 21/Mar/2024 09:29AM
Age/Gender : 33 Y 2 M 29 D/F	Received : 21/Mar/2024 11:35AM
UHID/MR No : CTNA.0000206339	Reported : 21/Mar/2024 01:25PM
Visit ID : CTNAOPV196235	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 23M72218103206S	

**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>LIPID PROFILE , SERUM</b>				
TOTAL CHOLESTEROL	127	mg/dL	<200	CHO-POD
TRIGLYCERIDES	<b>160</b>	mg/dL	<150	GPO-POD
HDL CHOLESTEROL	41	mg/dL	40-60	Enzymatic Immuno-inhibition
NON-HDL CHOLESTEROL	86	mg/dL	<130	Calculated
LDL CHOLESTEROL	54	mg/dL	<100	Calculated
VLDL CHOLESTEROL	<b>32</b>	mg/dL	<30	Calculated
CHOL / HDL RATIO	3.10		0-4.97	Calculated
ATHEROGENIC INDEX (AIP)	<b>0.23</b>		<0.11	Calculated

**Comment:**

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100; Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220
ATHEROGENIC INDEX(AIP)	<0.11	0.12 – 0.20	>0.21	

**Note:**

- 1) Measurements in the same patient on different days can show physiological and analytical variations.
- 2) NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.

Page 7 of 15



DR. R. SRIIVATSAN  
M.D. (Biochemistry)



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Patient Name : Mrs.SARMISHA MAJUMDAR	Collected : 21/Mar/2024 09:29AM
Age/Gender : 33 Y 2 M 29 D/F	Received : 21/Mar/2024 11:35AM
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**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

- 3) Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.
- 4) Low HDL levels are associated with coronary heart disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
- 5) As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
- 6) VLDL, LDL Cholesterol Non-HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 400 mg/dl. When Triglycerides are more than 400 mg/dl LDL cholesterol is a direct measurement.
- 7) Triglycerides and HDL-cholesterol in Atherogenic index (AIP) reflect the balance between the atherogenic and protective lipoproteins. Clinical studies have shown that AIP (log (TG/HDL) & values used are in mmol/L) predicts cardiovascular risk and a useful measure of response to treatment (pharmacological intervention).



**DR. R. SRIIVATSAN**  
M.D. (Biochemistry)



SIN No:SE04669179

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Patient Name : Mrs.SARMISHA MAJUMDAR	Collected : 21/Mar/2024 09:29AM
Age/Gender : 33 Y 2 M 29 D/F	Received : 21/Mar/2024 11:35AM
UHID/MR No : CTNA.0000206339	Reported : 21/Mar/2024 01:25PM
Visit ID : CTNAOPV196235	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 23M72218103206S	

**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>LIVER FUNCTION TEST (LFT) , SERUM</b>				
BILIRUBIN, TOTAL	0.47	mg/dL	0.3-1.2	DPD
BILIRUBIN CONJUGATED (DIRECT)	0.11	mg/dL	<0.2	DPD
BILIRUBIN (INDIRECT)	0.36	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	12	U/L	<35	IFCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	7.0	U/L	<35	IFCC
ALKALINE PHOSPHATASE	74.00	U/L	30-120	IFCC
PROTEIN, TOTAL	6.90	g/dL	6.6-8.3	Biuret
ALBUMIN	3.70	g/dL	3.5-5.2	BROMO CRESOL GREEN
GLOBULIN	3.20	g/dL	2.0-3.5	Calculated
A/G RATIO	1.16		0.9-2.0	Calculated

**Comment:**

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:

**1. Hepatocellular Injury:**


- AST – Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT – Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI.
- Disproportionate increase in AST, ALT compared with ALP.
- Bilirubin may be elevated.
- AST: ALT (ratio) – In case of hepatocellular injury AST: ALT > 1 In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilson's's diseases, Cirrhosis, but the increase is usually not >2.

**2. Cholestatic Pattern:**

- ALP – Disproportionate increase in ALP compared with AST, ALT.
- Bilirubin may be elevated.
- ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.

**3. Synthetic function impairment:**

- Albumin- Liver disease reduces albumin levels.
- Correlation with PT (Prothrombin Time) helps.



DR. R. SRIIVATSAN  
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UHID/MR No : CTNA.0000206339	Reported : 21/Mar/2024 01:25PM
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**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM</b>				
CREATININE	<b>0.34</b>	mg/dL	0.72 – 1.18	JAFFE METHOD
UREA	23.00	mg/dL	17-43	GLDH, Kinetic Assay
BLOOD UREA NITROGEN	10.8	mg/dL	8.0 - 23.0	Calculated
URIC ACID	3.60	mg/dL	2.6-6.0	Uricase PAP
CALCIUM	9.00	mg/dL	8.8-10.6	Arsenazo III
PHOSPHORUS, INORGANIC	3.60	mg/dL	2.5-4.5	Phosphomolybdate Complex
SODIUM	<b>134</b>	mmol/L	136–146	ISE (Indirect)
POTASSIUM	4.1	mmol/L	3.5–5.1	ISE (Indirect)
CHLORIDE	105	mmol/L	101–109	ISE (Indirect)
PROTEIN, TOTAL	6.90	g/dL	6.6-8.3	Biuret
ALBUMIN	3.70	g/dL	3.5-5.2	BROMO CRESOL GREEN
GLOBULIN	3.20	g/dL	2.0-3.5	Calculated
A/G RATIO	1.16		0.9-2.0	Calculated



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Patient Name : Mrs.SARMISHA MAJUMDAR	Collected : 21/Mar/2024 09:29AM
Age/Gender : 33 Y 2 M 29 D/F	Received : 21/Mar/2024 11:35AM
UHID/MR No : CTNA.0000206339	Reported : 21/Mar/2024 12:18PM
Visit ID : CTNAOPV196235	Status : Final Report
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**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM</b>	14.00	U/L	<38	IFCC



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Patient Name : Mrs.SARMISHA MAJUMDAR	Collected : 21/Mar/2024 09:29AM
Age/Gender : 33 Y 2 M 29 D/F	Received : 21/Mar/2024 11:46AM
UHID/MR No : CTNA.0000206339	Reported : 21/Mar/2024 01:41PM
Visit ID : CTNAOPV196235	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 23M72218103206S	

**DEPARTMENT OF IMMUNOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**


Test Name	Result	Unit	Bio. Ref. Range	Method
<b>THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM</b>				
TRI-iodothyronine (T3, TOTAL)	1.67	ng/mL	0.7-2.04	CLIA
THYROXINE (T4, TOTAL)	<b>15.45</b>	µg/dL	5.48-14.28	CLIA
THYROID STIMULATING HORMONE (TSH)	0.600	µIU/mL	0.34-5.60	CLIA

**Comment:**

<b>For pregnant females</b>	<b>Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)</b>
First trimester	0.1 - 2.5
Second trimester	0.2 – 3.0
Third trimester	0.3 – 3.0

1. TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma



**DR. R. SRIIVATSAN**  
M.D. (Biochemistry)



SIN No: SPL24051137

This test has been performed at Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory.

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Patient Name : Mrs.SARMISHA MAJUMDAR	Collected : 21/Mar/2024 09:28AM
Age/Gender : 33 Y 2 M 29 D/F	Received : 21/Mar/2024 05:15PM
UHID/MR No : CTNA.0000206339	Reported : 21/Mar/2024 06:35PM
Visit ID : CTNAOPV196235	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 23M72218103206S	

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>COMPLETE URINE EXAMINATION (CUE) , URINE</b>				
<b>PHYSICAL EXAMINATION</b>				
COLOUR	PALE STRAW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
pH	6.0		5-7.5	DOUBLE INDICATOR
SP. GRAVITY	1.015		1.002-1.030	Bromothymol Blue
<b>BIOCHEMICAL EXAMINATION</b>				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GLUCOSE OXIDASE
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	MODIFIED EHRlich REACTION
NITRITE	NEGATIVE		NEGATIVE	Diazotization
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	LEUCOCYTE ESTERASE
<b>CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY</b>				
PUS CELLS	1-2	/hpf	0-5	Microscopy
EPITHELIAL CELLS	2-4	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	ABSENT		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY



Dr THILAGA  
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Consultant Pathologist

SIN No:UR2310996

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Patient Name : Mrs.SARMISHA MAJUMDAR	Collected : 21/Mar/2024 09:29AM
Age/Gender : 33 Y 2 M 29 D/F	Received : 21/Mar/2024 01:19PM
UHID/MR No : CTNA.0000206339	Reported : 21/Mar/2024 04:45PM
Visit ID : CTNAOPV196235	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 23M72218103206S	

**DEPARTMENT OF CLINICAL PATHOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	Dipstick

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	Dipstick

\*\*\* End Of Report \*\*\*



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