


MER- MEDICAL EXAMINATION REPORT

Date of Examination	07.08.24		
NAME	Neeamani Puspaaj		
AGE	38	Gender	Male
HEIGHT(cm)	1.60	WEIGHT (kg)	62
B.P.	120/70		
ECG	/ Report Attached		
X Ray			
Vision Checkup			
	Color Vision :		
	Far Vision Ratio :		
	Near Vision Ratio :		
Present Ailments	-		
Details of Past ailments (If Any)	-		
Comments / Advice : She /He is Physically Fit	Fit		

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**Dr. RAMESH RAJA PRABHOO**  
Signature with Stamp of Medical Examiner  
MBBS, FRSH (London), CCEBM, ACADIC  
PG (Diab), Johns Hopkins  
University School of Medicine - USA  
Cardio-Diabetologist & Obesity Consultant  
Regd. No: 72228

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# CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Mr. Veeramai Pushparaj on 07.08.21

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> <li>• Medically Fit</li> </ul>	✓
<ul style="list-style-type: none"> <li>• Fit with restrictions/recommendations</li> </ul> <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> <li>• Currently Unfit.</li> </ul> <p>Review after _____ recommended</p>	
<ul style="list-style-type: none"> <li>• Unfit</li> </ul>	

  
**DR. RAMESH RAJA PRABHOO**  
 MBBS, ~~MD, FRCP, FRCGS, FRCR, FRCR, FRCR, FRCR~~  
 The Apollo Clinic (Location)  
 University School of Medicine  
 Cardio-Diabetologist & Obesity Consultant  
 Regd. No: 72228

*This certificate is not meant for medico-legal purposes*

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SDK - (1)

**Optometry OP - Case Record**

Name : Ms. Veeramani

Age/Gender : 38/f

Date : 7-8-24

Reg.No. : 1725609

Occupation :

27189

**Complaints of**

PG

months/years old

Regular Check-up / Broken / Missed Spectacle .

Fall of Foreign body  Redness / Watery / Irritation

Pain  LE  RE Duration

Defective Vision  DV  NV Duration

Headache  Duration

Job

**Systemic Diseases :**

**Present Spectacle Power**

Diabetics	Hypertension	Cardiac Disease
Others		

Punil

**Relevant Lab Report :**

**Automated Refractometry**

Parameters	OD	OS
Unaided Vision	<u>6/6</u>	<u>6/6</u>
Pin Hole Vision		
Vision With PG		
NCT		

(R) +0.25

(L) +1 / +0.75 X 10

+ +

**Subjective Refraction :**

	Sph	Cyl	Axis	V/A	Sph	Cyl	Axis	V/A
DV				<u>6/6</u>				<u>6/6</u>
NV ADD				<u>Nb</u>				<u>Nb</u>

**Need Dilation / Cycloplegic Refraction**  
Tropicamide Plus / Cyclopentolate

	Sph	Cyl	Axis	V/A	Sph	Cyl	Axis	V/A
DV								

**Lens Prescription**

CV: OU Normal

Need PMT  
I check - Adhax

P. Nagarani  
Optometrist Signature



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ALLIED PUBLIC HEALTH | INDUSTRIAL SAFETY & HEALTH

Name                      MR VEERAMANI PUSHPARAJ                      Date                      07.08.2024

AGE/SEX                      38/M

**CHEST X- RAY (PA VIEW)**

- Both the lung fields are clear.
- Hilar shadows are normal.
- CP recesses are free bilaterally.
- Cardiac size and contour within normal limits.
- Diaphragmatic domes are regular bilaterally.

**Impression: Normal X-Ray Chest.**

  
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Patient Name:	Mr. VEERAMANI PUSHPARAJ	Registered on:	07/08/2024 11:44 AM
Age / Sex:	38 YRS / M	Collected on:	07/08/2024
Referred By:	Dr. RAMESH PRABHOO (MBBS, FRSH)	Received on:	07/08/2024
LAB.REGN NO: / UHID:	2415 /	Reported on:	07/08/2024 01:39 PM



2415

HAEMATOLOGY  
CBC WITH ESR

TEST	VALUE	UNIT	REFERENCE
Hemoglobin	14.9	g/dl	13 - 17
Total Leukocyte Count	6,000	cumm	4,000 - 10,000
Differential Leucocyte Count			
Neutrophils	68	%	45 - 75
Lymphocyte	27	%	20 - 45
Eosinophils	3	%	0 - 7
Monocytes	2	%	0 - 8
Basophils	0	%	< 2
Platelet Count	2.87	lakhs/cumm	1.5 - 4.1
Total RBC Count	5.07	million/cumm	4 - 5.5
Hematocrit Value, Hct	44.0	%	40 - 50
Mean Corpuscular Volume, MCV	86.8	fL	83 - 101
Mean Cell Haemoglobin, MCH	29.4	Pg	27 - 32
Mean Cell Haemoglobin CON, MCHC	33.9	%	31.5 - 34.5
Mean Platelet Volume, MPV	9.2	fL	7 - 13
Erythrocyte Sedimentation Rate (Wintrobe)	10	mm for 1st hour	0 - 15

TEST	VALUE	UNIT	REFERENCE
Blood Group & Rh.			
ABO	B		
Rh (ANTI -D)	POSITIVE		

VERIFIED BY LAB INCHARGE



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**BIOCHEMISTRY**  
**LIVER FUNCTION TEST - III**

TEST	VALUE	UNIT	REFERENCE
Serum Bilirubin (Total)	0.8	mg/dl	0.2 - 1.2
SGPT (ALT)	19.5	U/l	0 - 40
Serum Bilirubin (Direct)	0.3	mg/dl	0 - 0.6
Serum Bilirubin (Indirect)	0.5	mg/dl	0 - 0.8

**RENAL FUNCTION TEST III**

TEST	VALUE	UNIT	REFERENCE
Serum Creatinine	1.00	mg/dl	0.5 - 1.4
Blood Urea Nitrogen Method: Venipuncture Instrument: Biochemical Analyzer	12.7	mg/dl	5 - 20

TEST	VALUE	UNIT	REFERENCE
Fasting Blood Sugar	94.2	mg/dl	70 - 110
PP 2HRS BLOOD SUGAR	128.4	mg/dl	90 - 160
BUN / Creatinine Ratio	12.7	mg/dL	7 - 20

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**ROUTINE URINE ANALYSIS**

TEST	VALUE	UNIT	REFERENCE
<b>Urine Routine Examination</b>			
<b>Physical Examination</b>			
Quantity	30	ml	
Colour	Pale Yellow		Pale Yellow
Transparency	Clear		Clear
Specific Gravity	1.021		1.005 - 1.03
pH	6.0		5 - 7
Blood	Absent		Absent
<b>Chemical Examination</b>			
Protein / Albumin	Absent		Absent
Sugar / Glucose	Absent		Absent
Bilirubin	Absent		Absent
<b>Microscopic Examination</b>			
R.B.C.	Absent	/HPF	Absent
Pus Cells	1-4	/HPF	Absent
Epithelial Cells	0-4	/HPF	Absent
Casts	Absent		Absent
Crystals	Absent		
Bacteria	Absent		Absent
Others	Absent		

~~~ End of report ~~~

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