

# Metro Hospital & Heart Institute, Haridwar

## Health Check-up Certificate

COMPANY..... MediWhool.....

EMPLOYEE NO. MK162425 DEPTT. CREDIT DATE 10-2-24

NAME Mr. Manoj Kumar AGE/SEX 36y/M DOB 30/05/1982

DESIGNATION Business Associate MOBILE NO 8218428046

CHEST (INSP).....4.....cm. CHEST (EXP).....4.....cm. CHEST EXPANSION.....4.....cm

HEIGHT.....182..... cm. WEIGHT.....82.....Kg. BMI.....

P/R.....92.....per mt. BP. 141/86.....mmHg SIGN OF EMP ..... M. B. Singh

### EXAMINATION/INVESTIGATIONS

NO	Investigations	Room No	Result
1	LAB INVESTIGATIONS	Path Lab	Hb <u>13.0 gm %</u>
	BLOOD SUGAR F/PP/RANDOM	Path Lab	TLC <u>3900</u> /DLC <u>60/30/10/06</u> F <sup>92</sup> <u>9</u> /PP <u>96.0</u> /RBS <u>ABAC 60y.</u>
	BLOOD GROUP	Path Lab	<u>A<sup>-</sup> <del>AB</del> Negative</u>
2	URINE	Path Lab	<u>ALB - NIL Sugar - NIL</u>
3	STOOL	Path Lab	<u>SNR</u>
4	X RAY CHEST PA	Radiology	<u>Normal chest.</u>
5	ULTRASONOGRAPHY (Whole Abd)	Radiology	<u>Normal study.</u>
6	ECG	Health check up	<u>Normal</u>
7	ECHO	Radiology	<u>Normal study.</u>
8	TMT	Radiology	
9	PFT	Health check up	
10	AUDIOMETRY	25	
11	ENT EXAM	25	
12	DENTAL EXAMINATION	24	<u>fair oral hygiene / decay / tooth prox.</u>
13	ACUITY OF VISION/COLOUR VISION	13	<u>VA (6/9) <sup>6/9</sup> N/A (N/A) CV: normal BE</u>
14	EXAMINATION BY PHYSICIAN	23	<u>N/A</u>
15	PSA		<u>0.53 ng % (WNL)</u>

Observations

IFP  
KFP  
Lipid Profile

WNL

**DR. NITIN KUMAR**

MBBS, MD  
Consultant General Medicine  
Reg. No. DKMC-5845  
Metro Hospital & Heart Institute  
SIDCUL, Haridwar-249403 (U.K.)



**Subject: Health Check up Booking Confirmed Request(bobE7467),Package Code-PKG10000474, Beneficiary Code-305451**

Mediwheel <wellness@mediwheel.in>

Sent: Fri, 2 Feb 2024 18:17:53 GMT+0530

To: You

Cc: customercare@mediwheel.in

MedSave

011-41195959

Hi **Metro Hospital & Heart Institute,**

We have received the confirmation for the following booking. Please provide your confirmation by clicking on the yes and no button.

**Hospital Package Name** : Mediwheel Full Body Health Checkup Male Below 40

**Patient Package Name** : Mediwheel Full Body Health Checkup Male Below 40

**Package Code** : PKG10000474

**Contact Details** : 8218478046

**Email** : manukumar100@gmail.com

**Booking Date** : 02-02-2024

**Appointment Date** : 10-02-2024

**Confirmation Status:** Booking Confirmed

**Preferred Time** : 8:30am

**Member Information**

Booked Member Name	Age	Gender
MR. KUMAR MANOJ	36 year	Male

We request you to facilitate the employee on priority.

Thanks,  
Mediwheel Team

You have received this mail because your e-mail ID is registered with This is a system-generated e-mail **Arcofemi Healthcare Limited**, please don't reply to this message.

Please visit to our [Terms & Conditions](#) for more informaion. This email is recieved because you are register with us [Click here to unsubscribe](#).

@ 2024 - 25, Arcofemi Healthcare Pvt Limited.(Mediwheel)

**Health Check up Booking Confirmed Request(bobE7467),Package Code-  
PKG10000474, Beneficiary Code-305451**

Wellness : Mediwheel : New Delhi <wellness@mediwheel.in>

Fri 02-02-2024 18:17

To:manukumar100@gmail.com <manukumar100@gmail.com>

Cc:Customer Care :Mediwheel : New Delhi <customercare@mediwheel.in>



**Mediwheel**  
...Your wellness partner

011-41195959

Dear **MR. KUMAR MANOJ**,

We are pleased to confirm your health checkup booking request with the following details.

**Booking Date** : 02-02-2024

**Hospital Package Name** : Mediwheel Full Body Health Checkup Male Below 40

**Patient Package Name** : Mediwheel Full Body Health Checkup Male Below 40

**Name of Diagnostic/Hospital** : Metro Hospital & Heart Institute

**Address of Diagnostic/Hospital-** Plot No. F - 1, Sector 6A, SIDCUL Sector 8A, Road, Integrated Industrial Estate, BHEL Township,

**City** : Haridwar

**State** :

**Pincode** : 249403

**Appointment Date** : 10-02-2024

**Confirmation Status** : Booking Confirmed

**Preferred Time** : 8:30am

**Booking Status** : Booking Confirmed

Member Information		
Booked Member Name	Age	Gender
MR. KUMAR MANOJ	36 year	Male

Note - Please note to not pay any amount .

**Instructions to undergo Health Check:**

- Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
- During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
- Bring urine sample in a container if possible (containers are available at the Health Check centre).
- Please bring all your medical prescriptions and previous health medical records with you.
- Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

**For Women:**

- Pregnant Women or those suspecting are advised not to undergo any X-Ray test.



2/6/24, 3:03 PM

Mail - Customer Care .Mediwheel : New Delhi - Outlook

- It is advisable not to undergo any Health Check during menstrual cycle.

Request you to reach half an hour before the scheduled time.

In case of further assistance, Please reach out to Team Mediwheel.

Thanks,  
Mediwheel Team

You have received this mail because your e-mail ID is registered with This is a system-generated e-mail **Arcofemi Healthcare Limited**, please don't reply to this message.

Please visit to our **Terms & Conditions** for more informaion. This email is recieved because you are register with us [Click here](#) to unsubscribe.

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भारत सरकार

मनो कुमार

Manoj Kumar

जन्म तिथि/DOB: 30/06/1987

लिंग: MALE



5428 8173 4991

मनो कुमार श्री महान



भारतीय निर्वाचन आयोग  
ELECTION COMMISSION OF INDIA

पता:

VVO भनोद भट्ट, लुआ नं  
288, गाँव नं 05, पो:  
प्लॉट बीडवा पार्क एच/महा  
कल्याण, न्यायभूत,  
देहरादून,  
उत्तराखण्ड - 249204

Address:

VK Bhana Bhatt, Looa No 288  
Gaon No 05, P.O.  
Plot Biddwa Park H/Maha  
Kalyan, Nyaybhut,  
Dehraadun,  
Uttarakhand - 249204

4023 3925 8245

MERA AADHAAR, MERI PEHACHAN



Mr Manoj Kumar  
36y/M  
10-2-24

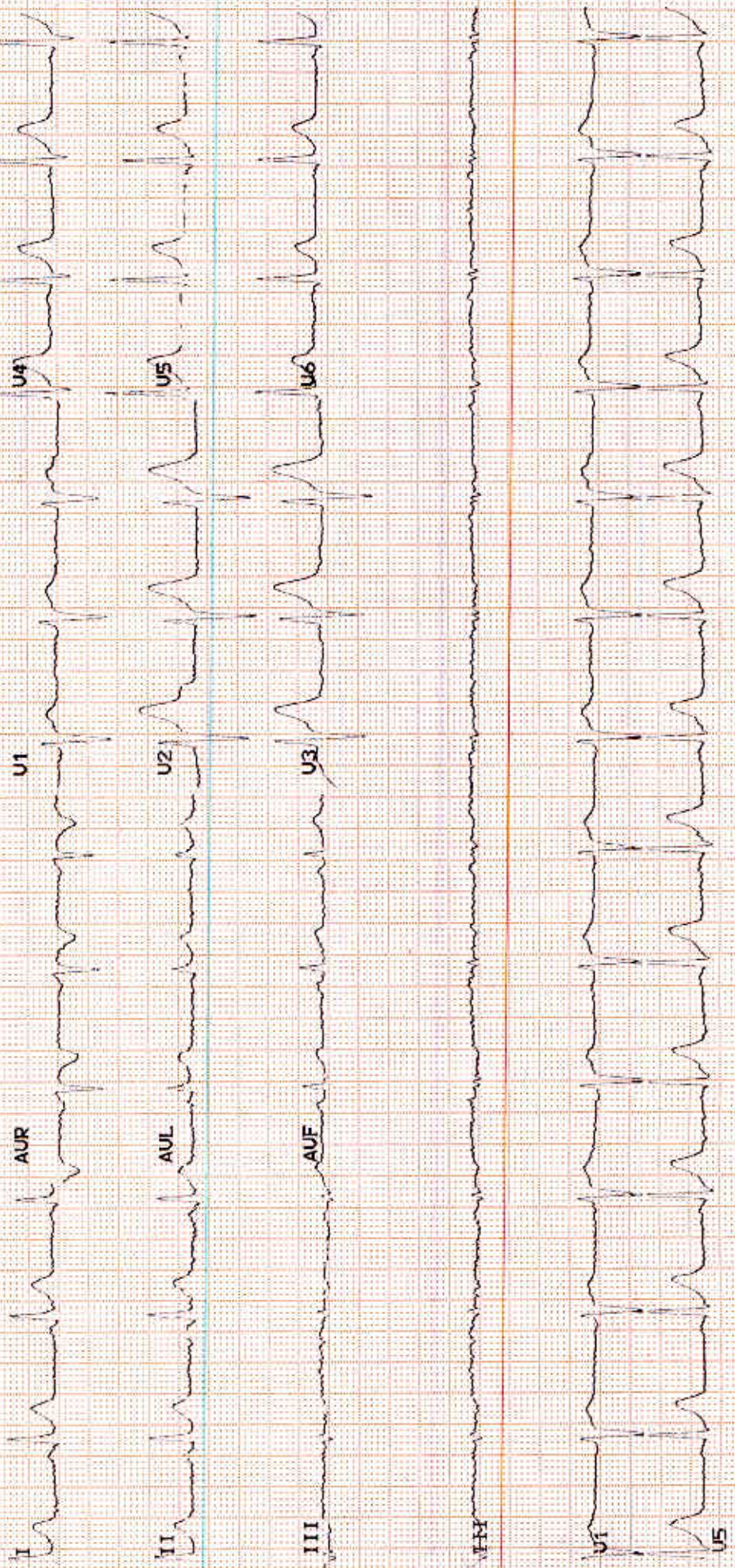
Measurements Results:

QRS : 100 ms  
 QT/QTcB : 336 / 388 ms  
 PR : 124 ms  
 P : 98 ms  
 RR/PP : 750 / 750 ms  
 P/QRS/T : 45 / 30 / 25 degrees  
 QTd/QTcBD : 54 / 62 ms  
 Sokolow : 2.0 mV  
 NK : 10

Interpretation:  
normal ECG



Unconfirmed report.







# METRO HOSPITAL & HEART INSTITUTE

(A unit of Sunhill Hospitals Private Limited)  
(NABH & ISO 9001: 2008 Certified)

Patient Name Manoj Kumar Age/Sex 36yr 1M Reg. No. MMWID/202400-1523  
Doctor Dr. Naman Aggarwal  
Date 10/2/24

Time 09:33

### DENTAL EXAMINATION

#### ➤ TEETH STATUS

= Findings present

• MISSING -

NONE

• DECAYED -

R-5 Restored

$\frac{+6}{6.1}$

#### ➤ ORAL HYGIENE STATUS

=

Fair oral hygiene

• STAINS -

++

• CALCULUS -

+

Adv. Exam  $\frac{+6}{6}$

$\frac{+6}{6}$

$\frac{+6}{6}$

DR NAMAN AGGARWAL  
B.D.S  
SENIOR DENTAL CONSULTANT  
Reg. No. - UK 1203  
Metro Hospital & Heart Institute  
Siccul Hospital, Pin No. - 249403





**METRO**  
HOSPITAL & HEART INSTITUTE  
(A unit of Sunhill Hospitals Private Limited)  
(NAAB & ISO 9001: 2008 Certified)



we treat...HE CURES

# Metro Hospital & Heart Institute

(A unit of Sunhill Hospital Private Limited)

OPD CONSULTATION

Patient Name Mr. Manoj Kumar Age/Sex 36/m Reg. No. \_\_\_\_\_

Doctor's Name Dr. Sushil Kumar

Date 10/2/24 Time \_\_\_\_\_

## OPHTHALMIC EXAMINATION

### VISION

#### DISTANCE VISION-

Rt 6/9 2 glass  
Lt 6/9P

#### NEAR VISION-

Rt N6  
Lt N6

#### COLOUR VISION

Normal BE

### EYE EXAMINATION

Cornea  
Ant Chamber  
Pupil  
Fundus Examination

#### ADVICE-

Dr. Sushil Kumar (Ophtho)  
Consultant Ophthalmologist  
Metro Hospital & Heart Institute  
Signature \_\_\_\_\_  
Sikoul, Haridwar, India - 247122

Plot No. F-1, Sector-6A, SIDCUL, Haridwar - 249 403

Emergency : +91 8191902600, Phone : 01334 - 239040 / 42 / 43, Fax : 01334 - 239043

E-mail : metroharidwar@metrohospitals.com, Website: www.metrohospitals.com

Regd. Office : 21, Community Center, Preet Vihar, New Delhi-110092

CIN No.: U33201DL2006PTC156918

MHH/CL/0115/Rev. No. 01





# METRO

HOSPITAL & HEART INSTITUTE

(A unit of Sunhill Hospitals Private Limited)

(NABH & ISO 9001: 2008 Certified)

## Radiology Investigation Report

**Name** : Mr. Manoj Kumar  
**Ref. By** : Dr. NITIN KUMAR  
**IP/OP** : OP/202314937  
**Date** : 10/02/2024

**Age/Sex** : 36 Y/M  
**UHID NO** : 2024001523  
**Request No** : 70247980

### USG WHOLE ABDOMEN

The diaphragm is normal in contour & respiratory excursion. There is no ascitis or lymph node mass.

Liver is normal in size, shape, outline & echotexture. No focal area of abnormal echogenecity is seen in liver. Intrahepatic biliary radicles are not dilated. Portal vein & portal venous radicles are normal.

Gall bladder is normal in shape & size. Gall bladder wall is not thick. No mass lesion / calculus is seen in gall bladder. Common bile duct is normal in course & caliber. No calculus is seen in its lumen.

Spleen & pancreas appears normal in shape, size, outline & echotexture.

Both the kidneys are normal in shape, size, outline & echotexture. Renal parenchymal thickness is normal. Corticomedullary junction is defined & is normal. There is no hydronephrosis. No echogenic renal calculus is seen.

Urinary bladder is normal in contour & capacity. Bladder wall is not thick. No pathological filling defect / vesical calculus is seen in bladder. Uterovesical junctions appear normal.

Prostate is normal in shape, outline & echotexture. Prostatic capsule & periprostatic facial planes appear normal.

### IMPRESSION : NORMAL STUDY



**DR. PRAKASH CHANDRA PANDEY**  
 MBBS, DMRD  
 CONSULTANT RADIOLOGIST

#### Notes:

- (1) Not Valid for medical-legal purposes.
- (2) This is a professional opinion based on imaging finding and not the diagnosis.
- (3) In case of any discrepancy due to machine error or typing error, please get it rectified immediately.

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**METRO**

HOSPITAL &amp; HEART INSTITUTE

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**Radiology Investigation Report**

**Name** : Mr. Manoj Kumar  
**Ref. By** : Dr. NITIN KUMAR  
**IP/OP** : OP/202314937  
**Date** : 10/02/2024

**Age/Sex** : 36 Y/M  
**UHID NO** : 2024001523  
**Request No** : 70247980

**X-RAY CHEST PA View**

Cardiac contour & size are normal.  
Trachea is central.  
Lung fields are clear.  
Hilar shadows are normal.  
Costophrenic angles are clear.  
Bony rib cage is normal.

**IMPRESSION: NORMAL CHEST.**

  
**DR. PRAKASH CHANDRA PANDEY**  
MBBS, DMRD  
CONSULTANT RADIOLOGIST

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Name : Mr. Manoj Kumar  
 Ref. By : Dr. NITIN KUMAR  
 IP/OP : OP/202314937  
 Sample Date : 10/02/2024  
 Reporting Date: 10/02/2024

Test	Result	Unit	Bio. Ref. Inter. Test Method
<b>Hematology</b>			
CBC (COMPLETE BLOOD COUNT/HAEMOGRAM)			
HB	13.0	gm/dl	M - 13-18
TLC	3900	/cumm	4000-11000
DLC (WBC DIFFERENTIAL)			
NEUTROPHILS	60	%	45-75
LYMPHOCYTES	30	%	25-45
EOSINOPHILS	04	%	1-6
MONOCYTES	06	%	2-8
BASOPHILS	00	%	<2
RBC	4.79	million	3.5-5.5
PCV	42.0	%	36-52
MCV	87.7	fL	80-100
MCH	27.1	PG	27-32
MCHC	31.0	gm/dl	31-37
PLATELET COUNT	1.98	lakh/cumm	1.5-4.5
RDW	14.7	%	11.5-15

\*\*\* End of Reports \*\*\*

**Dr. Vishal Arora**  
 MBBS, DCP  
 (Consultant Pathologist)



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 Sample Date : 10/02/2024  
 Reporting Date: 10/02/2024

Test	Result	Unit	Bio. Ref. Inter.	Test Method
<b>Biochemistry</b>				
<b>LIPID PROFILE</b>				
TOTAL CHOLESTEROL	234.0	mg/dl	00-250.0	
HDL-CHOLESTEROL	36.0	mg/dl	00-50.0	
LDL	176.0	mg/dl	00-150.0	
TRIGLYCERIDES	112.0	md/dl	30-150	
VLDL	22.0	mg/dl	0-50	
CHOL/HDL Ratio	6.5		<-4.5	
<b>LFT (LIVER FUNCTION TEST)</b>				
BILIRUBIN INDIRECT	0.44	mg/dl	0.2-0.8	
SGOT	32.0	U/L	10-42	
SGPT	37.0	U/L	10-42	
BILIRUBIN TOTAL	0.94	mg/dl	0.2-1.0	
ALKALINE PHOSPHATASE	93.0	IU/L	28-111	
BILIRUBIN DIRECT	0.50	mg/dl	0.1-0.4	
TOTAL PROTEIN	7.0	gm/dl	6.4-8.2	
ALBUMIN	4.0	g/dl	3.5-5.0	
GLOBULIN	3.0	gm/dl	2.0-4.0	
AG RATIO	1.3			
<b>KFT (KIDNEY FUNCTION TEST)</b>				
UREA	18.0	mg/dl	15-45	
SODIUM	144.0	mmol/L	135-155	
CREATININE	0.80	mg/dl	0.6-1.3	
URIC ACID	6.1	mg/dl	3.0-7.6	
BUN	8.5	mg/dl	05-20	
POTASSIUM	3.4	mmol/L	3.5-5.5	
CALCIUM	8.7	mg/dl	8.5-10.5	

\*\*\* End of Reports \*\*\*

Dr. Vishal Arora  
 MBBS, DCP  
 (Consultant Pathologist)

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TLC	3900	/cumm	4000-11000	
DLC (WBC DIFFERENTIAL)				
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LYMPHOCYTES	30	%	25-45	
EOSINOPHILS	04	%	1-6	
MONOCYTES	06	%	2-8	
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RBC	4.79	million	3.5-5.5	
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Test	Result	Unit	Bio. Ref. Inter.	Test Method
<b>Biochemistry</b>				
HB1AC	6.0	%	4.5-6.3	
BLOOD SUGAR -FASTING	92.0	mg/dl	70.0-110.0	
BLOOD SUGAR -PP	96.0	mg/dl	70.0-140.0	
<b>Hematology</b>				
BLOOD GROUP				
ABO	A			
Rh	NEGATIVE			
ESR	14	mm/hr	20	
<b>Serology &amp; Immunology</b>				
THYROID PROFILE				
T3	2.60	nmol/L	1.70-3.10	
T4	14.2	µg/dl	5.95-15.4	
TSH	2.16	µIU/L	0.46-4.68	
PSA TOTAL	0.53	ng/mL	0.0-4.0	

\*\*\* End of Reports \*\*\*

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 Sample Date : 10/02/2024  
 Reporting Date: 10/02/2024

Test	Result	Unit	Bio. Ref. Inter.	Test Method
<b>Urine Examination</b>				
URINE SUGAR	NIL			
URINE ROUTINE ANALYSIS				
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW			
TRANSPARENCY	CLEAR			
S. GRAVITY	1.025			
CHEMICAL EXAMINATION				
ALBUMIN	NIL			
SUGAR	NIL			
pH	6.5			
BLOOD	NIL			
KETONE	NIL			
MICROSCOPIC EXAMINATION				
PUS CELLS	2-3			
EPITHELIAL CELLS	1-2			
RBC	NIL			
CRYSTALS	NIL			
CAST	NIL			
BACTERIA	NIL			
AMORPHOUS PHOSPHATE	NIL			
AMORPHOUS URATES	NIL			

\*\*\* End of Reports \*\*\*

Dr. Vishal Arora  
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Checked By

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Emergency Laboratory: 01334-239040/42/43, Phone: 01334-239040/42/43, Fax: 01334-239043

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## 2D ECHOCARDIOGRAPHY

Name:	Mr. Manoj Kumar	UHID No:	2024001523
Age/Sex:	36Y/M	Ward:	OPD
Referred by:	Dr. Nitin Kumar	Date:	10.02.2024

**ACOUSTIC WINDOW:** Normal

### MEASUREMENTS AND CALCULATIONS

Measurements	Observed Value	Reference Value
IVS (ED)	1.1	(0.6 – 1.1 cm)
LVPW (ED)	1.1	(0.6 – 1.1 cm)
LVID (ED)	4.8	Male (3.7 – 5.5 cm) Female (3.7 – 5.2 cm)
Aortic root diameter	2.7	(2.0 – 3.7 cm)
LA dimension	3.5	Male (1.9 – 4.0 cm) Female (1.7 – 3.8 cm)
LV EF	60%	(55 – 75%)

### MORPHOLOGICAL DATA

Mitral valve	Normal	Right Atrium	Normal
Aortic valve	Normal	Right Ventricle	Normal
Tricuspid valve	Normal	PA	Normal
Pulmonary valve	Normal	IVS	Intact
		IAS	Intact

### DOPPLER STUDY

Valve	Regurges	Velocities (cm/s)	Gradients (mmHg)
Mitral	Trace	E – 74, A – 52, E/A>1	
Aortic	Nil	Vel – 94	
Tricuspid	Trace	Vel – 244	PASP – 28
Pulmonary	Nil	Vel – 108	



### FINAL IMPRESSION

- Normal Acoustic Window
- Normal Chambers Dimensions
- No RWMA
- LVEF~60%
- No LVDD
- Trace MR, Trace TR, PASP 28 mmHg
- No pericardial effusion
- No Intracardiac clot

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*(Note: This document is not for medico-legal purpose)*