

CONCLUSION OF HEALTH CHECKUP

ECU Number : 10032
Age : 35
Weight : 58
Date : 09/03/2024

MR Number : 23230303
Sex : Female
Ideal Weight : 57

Patient Name: AKANKSHA SINGH
Height : 157
BMI : 23.53

Felty Liver

*Az
Fibrosis
Lye High
malnutrition*

Dr. Manish Mittal

Internal Medicine

Note : General Physical Examination & routine Investigations included in the Health Checkup have certain limitations and may not be able to detect all the latent and asymptomatic diseases.



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ECU Number : 10032 MR Number : 23230303 Patient Name : AKANKSHA SINGH
Age : 35 Sex : Female Height : 157
Weight : 58 Ideal Weight : 57 BMI : 23.53
Date : 09/03/2024

Past H/O : NO P/H/O ANY MAJOR ILLNESS.

Present H/O : NO MEDICAL COMPLAINTS AT PRESENT.

Family H/O : FATHER : DIABETES.

Habits : NO
Gen.Exam. : G.C. GOOD
B.P : 114/70 mm Hg
Pulse : 74/MIN REG.
Others : SPO2 : 99 %
C.V.S : NAD
R.S. : NAD
Abdomen : NP
Spleen : NP
Skin : NAD
C.N.S. : NAD
Advice :



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Ophthalmic Check Up :

Right

Left

Ext Exam

NORMAL

Vision Without Glasses

6/6

6/6

Vision With Glasses

N.6

N.6

Final Correction

14.6

14.6

Fundus

NORMAL

Color Vision

NORMAL

Advice

NIL

Orthopedic Check Up :

Ortho Consultation

Ortho Advice

ENT Check Up :

Ear

Nose

Throat

Hearing Test

ENT Advice

General Surgery Check Up :

General Surgery

Abdominal Lump

Hernia

External Genitals

PVR

Proctoscopy

Any Other

Surgical Advice



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ECU Number : 10032 MR Number : 23230303 Patient Name: AKANKSHA SINGH
Age : 35 Sex : Female Height : 157
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Date : 09/03/2024

Gynaec Check Up :

OBSTETRIC HISTORY 2 WEEKS BACK : (2) FTND : MALE, (2) FT LSCS : BOTH BOY
MENSTRUAL HISTORY -
PRESENT MENSTRUAL CYCLE -
PAST MENSTRUAL CYCLE -
CHIEF COMPLAINTS -
P/ SOFT
PS Cx - (N) Cu-T THREAD SEEN Vg - (N)
PV UT NS Fx CLEAR
BREAST EXAMINATION RIGHT NORMAL
BREAST EXAMINATION LEFT NORMAL
PAPSMEAR
BMD
MAMMOGRAPHY
ADVICE





Patient Name : Ms. AKANKSHA SINGH
 Gender / Age : Female / 35 Years 1 Months 29 Days
 MR No / Bill No. : 23230303 / 242088444
 Consultant : Dr. Manish Mittal
 Location : OPD

Type : OPD
 Request No. : 206012
 Request Date : 09/03/2024 09:01 AM
 Collection Date : 09/03/2024 10:58 AM
 Approval Date : 09/03/2024 04:27 PM

CBC + ESR

| Test | Result | Units | Biological Ref. Range |
|--------------------------------------|----------------------------------------------------------------|----------|-----------------------------------------|
| Haemoglobin. | | | |
| Haemoglobin | 12.1 | gm/dL | 12 - 15 |
| Red Blood Cell Count (T-RBC) | 4.23 | mill/cmm | 3.8 - 4.8 |
| Hematocrit (HCT) | 39.7 | % | 36 - 46 |
| Mean Corpuscular Volume (MCV) | 93.9 | fl | 83 - 101 |
| Mean Corpuscular Haemoglobin (MCH) | 28.6 | pg | 27 - 32 |
| MCH Concentration (MCHC) | 30.5 | % | 31.5 - 34.5 |
| Red Cell Distribution Width (RDW-CV) | 14.3 | % | 11.6 - 14 |
| Red Cell Distribution Width (RDW-SD) | 48.0 | fl | 39 - 46 |
| Total Leucocyte Count (TLC) | | | |
| Total Leucocyte Count (TLC) | 5.83 | thou/cmm | 4 - 10 |
| Differential Leucocyte Count | | | |
| Polymorphs | 50 | % | 40 - 80 |
| Lymphocytes | 45 | % | 20 - 40 |
| Eosinophils | 2 | % | 1 - 6 |
| Monocytes | 3 | % | 2 - 10 |
| Basophils | 0 | % | 0 - 2 |
| Polymorphs (Abs. Value) | 2.94 | thou/cmm | 2 - 7 |
| Lymphocytes (Abs. Value) | 2.61 | thou/cmm | 1 - 3 |
| Eosinophils (Abs. Value) | 0.07 | thou/cmm | 0.2 - 0.5 |
| Monocytes (Abs. Value) | 0.18 | thou/cmm | 0.2 - 1 |
| Basophils (Abs. Value) | 0.03 | thou/cmm | 0.02 - 0.1 |
| Immature Granulocytes | 0.2 | % | 1 - 3 : Borderline > 3 : Significant |
| Platelet Count | | | |
| Platelet Count | 148 | thou/cmm | 150 - 410 |
| Remarks | This is counter generated CBC Report, smear review is not done | | |
| ESR | 21 | mm/1 hr | 0 - 12 |

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm opinion is made. Recheck / repeat may be requested.

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DEPARTMENT OF LABORATORY MEDICINE

| | | | |
|------------------|--------------------------------------|-----------------|-----------------------|
| Patient Name | : Ms. AKANKSHA SINGH | Type | : OPD |
| Gender / Age | : Female / 35 Years 1 Months 29 Days | Request No. | : 206012 |
| MR No / Bill No. | : 23230303 / 242088444 | Request Date | : 09/03/2024 09:01 AM |
| Consultant | : Dr. Manish Mittal | Collection Date | : 09/03/2024 10:58 AM |
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CBC + ESR

Immature Granulocyte (IG) count is a useful early marker of infection or inflammation, even when other markers are normal. It is an early and rapid discrimination of bacterial from viral infections. It is also increased in patients on steroid therapy / chemotherapy or haematological malignancy. High IG is always pathological; except in pregnancy and neonates of < 7 days.
Method : HB by Non-Cyanide Hemoglobin analysis method. HCT by RBC pulse height detection method. RBC, TLC & PLC are by Particle Count by Electrical Impedance in Cell Counter by Fluorescent flow cytometry using a semi-conductor laser and hydrodynamic focusing in dedicated channels. Optical Platelets by Fluorescent + Laser Technology. MCV, MCH, MCHC, RDW (CV & SD) are calculated parameter. DLC by Flowcytometry method using semi-conductor Laser+Smear verification.

ESR on ESL-30, comparable to Westergrens method and in accordance to ICSH reference method.

---- End of Report ----

Dr. Rakesh Vaidya
MD (Path). DCP.

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DEPARTMENT OF LABORATORY MEDICINE

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Gender / Age : Female / 35 Years 1 Months 29 Days
MR No / Bill No. : 23230303 / 242088444
Consultant : Dr. Manish Mittal
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Haematology

| Test | Result | Units | Biological Ref. Range |
|--------------------|----------|-------|-----------------------|
| Blood Group | | | |
| ABO system | O | | |
| Rh system. | Positive | | |

By Gel Technology / Tube Agglutination Method

Note :

This blood group has been done with new sensitive Gel Technology using both Forward and Reverse Grouping Card with Autocontrol. This method check's group both on Red blood cells and in Serum for "ABO" group.

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DEPARTMENT OF LABORATORY MEDICINE

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Fasting Plasma Glucose

| Test | Result | Units | Biological Ref. Range |
|------------------------------------|--------|-------|-----------------------|
| <i>Fasting Plasma Glucose</i> | | | |
| Fasting Plasma Glucose | 80 | mg/dL | 70 - 110 |
| Post Prandial 2 Hr. Plasma Glucose | 120 | mg/dL | 70 - 140 |

By Hexokinase method on EXL Dade Dimension

---- End of Report ----

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HbA1c (Glycosylated Hb)

| Test | Result | Units | Biological Ref. Range |
|------------------------------------|--------|-------|-----------------------|
| HbA1c (Glycosylated Hb) | | | |
| Glycosylated Hemoglobin (HbA1c) | 4.4 | % | |
| estimated Average Glucose (e AG) * | 79.58 | mg/dL | |

(Method:

By Automated HPLC analyser on D-10 Biorad. NGSP Certified, US-FDA approved, Traceable to IFCC reference method.

* Calculated valued for past 60 days, derived from HbA1c %, based on formula recommended by the A1c - Derived Average Glucose study from ADA and EASD funded The ADAG trial.

Guidelines for Interpretation:

Indicated Glycemic control of previous 2-3 months

| HbA1c% | e AG (mg/dl) | Glycemic control |
|--------|--------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| > 8 | > 183 | Action suggested...High risk of developing long-term complications. Action suggested, depends on individual patient circumstances |
| 7 - 8 | 154 - 183 | Good |
| < 7 | < 154 | Goal...Some danger of hypoglycemic reaction in type I Diabetics. Some Glucose intolerant individuals and Sub-Clinical diabetics may demonstrate (elevated) HbA1c in this area. |
| 6 - 7 | 126 - 154 | Near Normal |
| < 6 | < 126 | Nondiabetic level) |

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Complete Lipid Profile

| Test | Result | Units | Biological Ref. Range |
|-------------------------------------------------------------------------------------------|-------------|-------|-----------------------|
| Complete Lipid Profile | | | |
| Appearance | Clear | | |
| Triglycerides | 108 | mg/dL | 1 - 150 |
| <i>(Done by Lipase /Glycerol kinase on Vitros 5600)</i> | | | |
| < 150 Normal | | | |
| 150-199 Borderline High | | | |
| 200-499 High | | | |
| > 499 Very High) | | | |
| Total Cholesterol | 183 | mg/dL | 1 - 200 |
| <i>(Done by Colorimetric - Cholesterol Oxidase, esterase, peroxidase on Vitros 5600.)</i> | | | |
| <200 mg/dL - Desirable | | | |
| 200-239 mg/dL - Borderline High | | | |
| > 239 mg/dL - High) | | | |
| HDL Cholesterol | 54 | mg/dL | 40 - 60 |
| <i>(Done by Colorimetric: non HDL precipitation method PTA/MgCl2 on Vitros 5600)</i> | | | |
| < 40 Low | | | |
| > 60 High) | | | |
| Non HDL Cholesterol (calculated) | 129 | mg/dL | 1 - 130 |
| <i>(Non- HDL Cholesterol)</i> | | | |
| < 130 Desirable | | | |
| 139-159 Borderline High | | | |
| 160-189 High | | | |
| > 191 Very High) | | | |
| LDL Cholesterol | 110 | mg/dL | 1 - 100 |
| <i>(Done by Enzymatic (Two Step CHE/CHO/POD) on Vitros 5600)</i> | | | |
| < 100 Optimal | | | |
| 100-129 Near / above optimal | | | |
| 130-159 Borderline High | | | |
| 160-189 High | | | |
| > 189 Very High) | | | |
| VLDL Cholesterol (calculated) | 21.6 | mg/dL | 12 - 30 |
| LDL Ch. / HDL Ch. Ratio | 2.04 | | 2.1 - 3.5 |
| T. Ch./HDL Ch. Ratio | 3.39 | | 3.5 - 5 |
| <i>(Recent NECP / ATP III Guidelines / Classification (mg/dl) :)</i> | | | |

---- End of Report ----

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Thyroid Hormone Study

| Test | Result | Units | Biological Ref. Range |
|------------------------------------------------------------------------------|------------------|------------|-----------------------|
| Triiodothyronine (T3) | 1.46 | ng/ml | |
| <i>(Done by CLIA based method on automated immunoassay Vitros 5600.)</i> | | | |
| <i>Reference interval (ng/ml)</i> | | | |
| 1 - 3 days | : 0.1 - 7.4 | | |
| 1-11 months | : 0.1 - 2.45 | | |
| 1-5 years | : 0.1 - 2.7 | | |
| 6-10 years | : 0.9 - 2.4 | | |
| 11-15 years | : 0.8 - 2.1 | | |
| 16-20 years | : 0.8 - 2.1 | | |
| Adults (20 - 99 years) | : 1.07 - 1.85 | | |
| Pregnancy (in last 5 months) | : 1.2 - 2.5 | | |
| <i>(Reference : Tietz - Clinical guide to laboratory test, 4th edition)</i> | | | |
| Thyroxine (T4) | 8.92 | mcg/dL | |
| <i>(Done by CLIA based method on automated immunoassay Vitros 5600.)</i> | | | |
| <i>Reference interval (mcg/dL)</i> | | | |
| 1 - 3 days | : 11.8 - 22.6 | | |
| 1 - 2 weeks | : 9.8 - 16.6 | | |
| 1 - 4 months | : 7.2 - 14.4 | | |
| 4 - 12 months | : 7.8 - 16.5 | | |
| 1-5 years | : 7.3 - 15.0 | | |
| 5 - 10 years | : 6.4 - 13.3 | | |
| 10 - 20 years | : 5.6 - 11.7 | | |
| Adults (20-99 years) | : 5.91 - 12.98 | | |
| <i>(Reference : Tietz - Clinical guide to laboratory test, 4th edition)</i> | | | |
| Thyroid Stimulating Hormone (US-TSH) | 3.42 | microIU/ml | |
| <i>(Done by CLIA based method on automated immunoassay Vitros 5600.)</i> | | | |
| <i>Reference interval (microIU/ml)</i> | | | |
| Infants (1-4 days) | : 1.0 - 39 | | |
| 2-20 weeks | : 1.7 - 9.1 | | |
| 5 months - 20 years | : 0.7 - 6.4 | | |
| Adults (20-99 years) | : 0.4001 - 4.049 | | |
| Pregnancy : | | | |
| 1st trimester | : 0.3 - 4.5 | | |
| 2nd trimester | : 0.5 - 4.6 | | |
| 3rd trimester | : 0.8 - 5.2 | | |
| <i>(Reference : Tietz - Clinical guide to laboratory test, 4th edition)</i> | | | |

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--- End of Report ---

Dr. Rakesh Vaidya
MD (Path). DCP.



Patient Name : Ms. AKANKSHA SINGH
 Gender / Age : Female / 35 Years 1 Months 29 Days
 MR No / Bill No. : 23230303 / 242088444
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Renal Function Test (RFT)

| Test | Result | Units | Biological Ref. Range |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|-------|-----------------------|
| Urea <i>(Done by Endpoint/Colorimetric - Urease on Vitros 5600)</i> | 19 | mg/dL | 10 - 45 |
| BUN | 8.88 | mg/dL | 5 - 21 |
| Creatinine <i>(By Modified Kinetic Jaffe Technique)</i> | 0.54 | mg/dL | 0.6 - 1.1 |
| Estimate Glomerular Filtration rate <i>(Ref. range : > 60 ml/min for adults between age group of 18 to 70 yrs. eGFR Calculated by IDMS Traceable MDRD Study equation. Reporting of eGFR can help facilitate early detection of CKD. By Modified Kinetic Jaffe Technique)</i> | More than 60 | | |
| Uric acid <i>(Done by Colorimetric - Uricase, Peroxidase on Vitros 5600)</i> | 4.9 | mg/dL | 2.2 - 5.8 |

---- End of Report ----

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Liver Function Test (LFT)

| Test | Result | Units | Biological Ref. Range |
|------------------------------------------------------------------------------------------------|-------------|-------|-----------------------|
| Bilirubin | | | |
| Bilirubin - Total | 0.82 | mg/dL | 0 - 1 |
| Bilirubin - Direct | 0.18 | mg/dL | 0 - 0.3 |
| Bilirubin - Indirect | 0.64 | mg/dL | 0 - 0.7 |
| <i>(Done by Dual Wavelength - Reflectance Spectrophotometry on Vitros 5600)</i> | | | |
| Aspartate Aminotransferase (SGOT/AST) | 31 | U/L | 13 - 35 |
| <i>(Done by Multipoint Rate Colorimetric with P-5-P on Vitros 5600)</i> | | | |
| Alanine Aminotransferase (SGPT/ALT) | 19 | U/L | 14 - 59 |
| <i>(Done by Multipoint-Rate/Colorimetric with P-5-P (pyridoxa-5-phosphate) on Vitros 5600)</i> | | | |
| Alkaline Phosphatase | 93 | U/L | 42 - 98 |
| <i>(Done by Multipoint-Rate - p-nitrophenyl Phosphate, AMP buffer on Vitros 5600)</i> | | | |
| Gamma Glutamyl Transferase (GGT) | 14 | U/L | 5 - 55 |
| <i>(Done by Multipoint Rate - L-γ³-glutamyl-p-nitroanilide on Vitros 5600)</i> | | | |
| Total Protein | | | |
| Total Proteins | 8.03 | gm/dL | 6.4 - 8.2 |
| Albumin | 5.08 | gm/dL | 3.4 - 5 |
| Globulin | 2.95 | gm/dL | 3 - 3.2 |
| A : G Ratio | 1.72 | | 1.1 - 1.6 |
| <i>(Done by Biuret endpoint and Bromocresol green method on vitros 5600.)</i> | | | |

---- End of Report ----

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MD (Path), DCP.



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Urine routine analysis (Auto)

| Test | Result | Units | Biological Ref. Range |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------|-------|-----------------------|
| Physical Examination | | | |
| Quantity | 20 | mL | |
| Colour | Pale Yellow | | |
| Appearance | Clear | | |
| Chemical Examination (By Reagent strip method) | | | |
| pH | 7.0 | | 4.6 - 8.0 |
| Specific Gravity | 1.005 | | 1.005 - 1.030 |
| Protein | Negative | | Negative |
| Glucose | Negative | | Negative |
| Ketones | Negative | | Negative |
| Bilirubin | Negative | | Negative |
| Urobilinogen | Negative | | Negative (upto 1) |
| Blood | Negative | | Negative |
| Leucocytes | Negative | | Negative |
| Nitrite | Negative | | Negative |
| Microscopic Examination (by Microscopy after Centrifugation at 2000 rpm for 10 min or on fully automated Sysmex urine sedimentation analyzer UF4000) | | | |
| Red Blood Cells | 0 - 1 | /hpf | 0 - 2 |
| Leucocytes | 0 - 1 | /hpf | 0 - 5 |
| Epithelial Cells | 0 - 1 | /hpf | 0 - 5 |
| Casts | Nil | /hpf | Nil |
| Crystals | Nil | /hpf | Nil |
| Mucus | Absent | /hpf | Absent |
| Organism | Absent | | |

Reference : Wallach`s Interpretation to laboratory test, 10th edition

---- End of Report ----

Dr. Rakesh Vaidya
MD (Path). DCP.



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ADVANCED DIGITAL SOLUTIONS

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Mammography

Interventional Radiology

Digital Subtraction Angiography (DSA)

Foetal Echocardiography

Echocardiography

4D USG & Doppler

DEPARTMENT OF DIAGNOSTIC RADIOLOGY

Patient No. : 23230303 Report Date : 09/03/2024

Request No. : 190106991 09/03/2024 9.01 AM

Patient Name : **Ms. AKANKSHA SINGH**

Gender / Age : Female / 35 Years 1 Months 29 Days

X-Ray Chest AP

Both lung fields are clear.
Both costophrenic sinuses appear clear.
Heart size is normal.
Hilar shadows show no obvious abnormality.
Aorta is normal.

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES
• NOT VALID FOR MEDICO-LEGAL PURPOSES
• CLINICAL CORRELATION RECOMMENDED

Dr. Priyanka Patel, MD.

Consultant Radiologist



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DEPARTMENT OF DIAGNOSTIC RADIOLOGY

Patient No. : 23230303 Report Date : 09/03/2024

Request No. : 190106945 09/03/2024 9.01 AM

Patient Name : Ms. AKANKSHA SINGH

Gender / Age : Female / 35 Years 1 Months 29 Days

USG : Abdomen (Excluding Pelvis) Or Upper Abdomen

Liver is normal in size and increased in echopattern. No mass lesion identified. The hepaticveins are clear and patent. PV patent. No dilated IHBR.

Gall bladder is not seen h/o cholecystectomy. Common bile duct is not dilated.

Pancreas shows no obvious abnormality. Tail obscured.
Spleen is normal size and echopattern.

Both kidneys are normal in shape and position. Normal echogenicity and cortico medullary differentiation is noted. No hydronephrosis or mass lesion seen.

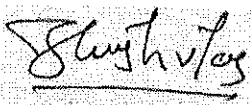
No ascites.

COMMENT:

- Mild fatty liver.

Kindly correlate clinically

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES
• NOT VALID FOR MEDICO-LEGAL PURPOSES
• CLINICAL CORRELATION RECOMMENDED



Dr. Harsh Sanjay Vyas,
Consultant Radiologist



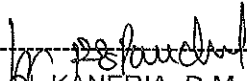
Patient No. : 23230303 Report Date : 09/03/2024
Request No. : 190107059 09/03/2024 9.01 AM
Patient Name : **Ms. AKANKSHA SINGH**
Gender / Age : Female / 35 Years 1 Months 29 Days

Echo Doppler Screening

MITRAL VALVE : NORMAL, NO MR, NO MS
AORTIC VALVE : NORMAL, NO AR, NO AS
TRICUSPID VALVE : NORMAL, NO TR, NO PAH
PULMONARY VALVE : NORMAL
LEFT ATRIUM : NORMAL
AORTA : NORMAL
LEFT VENTRICLE : NORMAL LV SIZE AND SYSTOLIC FUNCTION LVEF -- 65%, NO
RESTING REGIONAL WALL MOTION ABNORMALITY
RIGHT ATRIUM : NORMAL
RIGHT VENTRICLE : NORMAL
I.V.S. : INTACT
I.A.S. : INTACT
PULMONARY ARTERY : NORMAL
PERICARDIUM : NORMAL
COLOUR/DOPPLER FLOW MAPPING : NO MR, NO AR // TR, NO PAH

FINAL CONCLUSION:

1. NORMAL SIZED ALL CARDIAC CHAMBERS, NO LVH
2. NORMAL LV SYSTOLIC FUNCTION, LVEF -- 65%
3. NO RESTING REGIONAL WALL MOTION ABNORMALITY
4. NORMAL DIASTOLIC FUNCTION
5. NORMAL RIGHT HEART SIZE AND RV PRESSURES
6. NORMAL CARDIAC VALVES, NO MITRAL // AORTIC STENOSIS
7. NO PERICARDIAL EFFUSION, CLOT OR VEGETATION SEEN, SR+.



Dr. KILLOL KANERIA, D.M., CARD.

Name: Ms. Akanksha Singh -
Patient ID: ECU/23230303

09:03:2024 13:03:29
Standard 12-Lead

BHAJAL AMIN GENERAL HOSPITAL

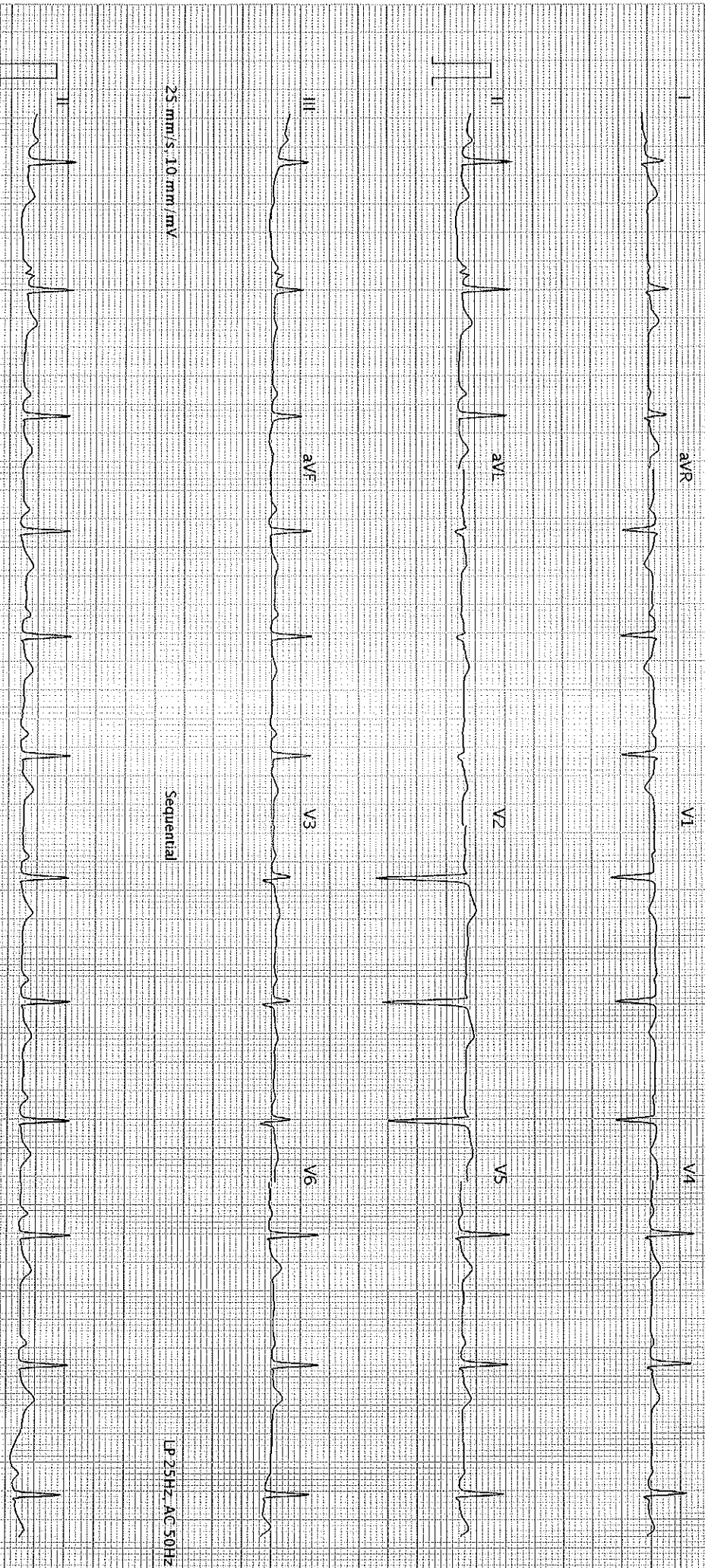
Age: 035Y
Gender: Female
Pacemaker: Unknown

Ref: phys.

HR: 71 bpm
RR: 844 ms
P axis: 65°
QRS axis: 73°
T axis: 27°
PR: 165 ms
QR: 177 ms
QT: 340 ms
QTcB: 370 ms

Unconfirmed report

Remark:



25 mm/s, 10 mm/mV

Sequential

LP 25Hz, AC 50Hz

25 mm/s, 10 mm/mV

LP 25Hz, AC 50Hz

AT-102 (2.1.2.0) (0.089.011.030)

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