Name : Mr. SHIB SANKAR DAS (47 /M) Date : 13/02/2024

Address : VILL MALANCHA CHANDIPUR PS KHARAGPUR LOCAL, PO RAKHAJUNGLE

PASCHIM MEDINIPUR, KHARAGPUR, PASCHIM MEDINIPUR, WEST BENGAL,

INDIA

Examined by: UHID : AMHL.0002295699

Package: MEDIWHEEL - FULL BODY ANNUAL PLUS WITH TMT MALE HCK AHC No: AMHLAH196211



For corporate health checkup

C/O Restricted mobility, bilateral avascular necrosis head of femur

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,

Dyslipidemia, Thyroid disorder, Heart disease,

Stroke, Asthma

Hypertension Since - 4 yrs; Medication -

regular



NO KNOWN ALLERGY :13/02/2024



Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Eyes

Vision - normal with glasses; Glasses - yes

ENT

- Nil Significant

Musculoskeletal system

Spine and joints

Hip (bilateral) - deformity, restriction of movement; -

Avascular necrosis of heads of femur

Skin

- Nil Significant



Present medications

- T Telvas AM

Past medical history

Do you have any - No

allergies?

Do you have any drug - No

allergies?

Covid 19 - No



Open reduction and internal fixation

- bilateral heads of femur in

2000



Marital status - Married

No. of children - 2

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No
Chews tobacco - No
Physical activity - Mild

Family history

Father - has expired Mother - has expired

Brothers - 1
Sisters - 2
Diabetes - father
Hypertension - mother
Coronary artery - father

disease

Cancer - None CVA - mother

Renal disease - mother, brother

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PHYSICAL EXAMINATION



🕰 General

 Build
 - obese

 Height
 - 171

 Weight
 - 88

 BMI
 - 30.09

 Pallor
 - No

 Oedema
 - no



Cardiovascular system

Heart rate (Per minute) - 82
Rhythm - Regular

- B.P. Sitting

Systolic(mm of Hg) - 124
Diastolic(mm of Hg) - 86
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath

sounds



Organomegaly - No Tenderness - No



- No significant finding

Opthalmology consultation

Opthalmology findings - PGVA:RE:6/6 LE:6/6

BCVA:RE:N6 LE:N6

OCULAR MOVEMENT:WNL

ANT.SEG:WNL ADVICE:*To continue present glass Rx*Review

after 1yr/SOS

Printed By: Benazir Begaum

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COMPLETE HAEMO	OGRAM PE	ROFIL	E		Epithelial Cells	Occasio	ona (hpf		
Test Name	Result	Unit	Level	Range	Casts:	Not Fou	ınd		
Hemoglobin	13.2	g/dl		13.0-17.0	Crystals:	Not Fou	ınd		
RBC COUNT	6.14 *	Millio ul	n/ 🛑	4.5-5.5	·				
Hematocrit - Hct:	45.9	%		41-53	URINE SUGAR - POS	T PRAN	DIAL		
MCV	74.7 *	fl		83-101	(QUALITATIVE) Test Name	Result	Unit	Level	Range
MCH	21.5 *	pg		27-32	URINE	Nil	•		
MCHC	28.8 *	Р9 %	•	31.5-34.5	GLUCOSE(POST				
RDW	15.3 *	%		11.8-14.0	PRANDIAL)				
WBC Count			ım •		URINE SUGAR- FAST	ING(QU	ALITA	TIVE)	
	7400		_	4000-10000	Test Name	Result	Unit	Level	Range
Platelet Count	1.83	mm	cu 🗨	1.5-4.0	URINE GLUCOSE(FASTING)	Nil			
Neutrophils	73	%		40-80					
Lymphocytes	18 *	%		20-40	BLOOD GROUPING A		•		
Monocytes	05	%		2-10	Test Name	Result	Unit	Level	Range
Eosinophils	04	%		01-06	ABO Group:	0			
Basophils	00	%		0-0	Rh (D) Type:	POSITI	VE		
RBC:	Density Hypochi		ed, Mic	rocytic	LIVER FUNCTION TEST Name	•		•	Danas
Platelets:	Adequa		e smea	r	ALT(SGPT) - SERUM	Result 30	U/L	Level	Range 0-50
r idioloto.	7 taoqua		o omou	•	ALT(OOLT) - OLIVOINI	30	0/2		0-30
ERYTHROCYTE SEDIMENTATION RATE (ESR)	07	mm/1 hr	Ist •	0-15	ALBUMIN - SERUM	4.5	g/dL	•	3.5-5.1
TOTIL (LOIK)					ALKALINE PHOSPHATASE -	65	U/L		43-115
JRINE ROUTINE AI	ND MICRO	SCOP	Υ		SERUM				
Test Name	Result	Unit	Level	Range					
Volume:	30	mL			AST (SGOT) - SERUM	25	U/L		0-50
Colour:	Pale Str	aw							
Appearance	Clear				BILIRUBIN TOTAL - SERUM	8.0	mg/dl	_	0.3-1.2
Specific Gravity	1.005				521.to				
pH:	6.5				LIPID PROFILE TEST	•	•		
Albumin:	Not Det	ected			Test Name	Result		_	Range
Glucose	Not Det	ected			CHOLESTEROL - SERUM	172	mg/dl	_ •	0-200
Ketone:	Not Det	ected							
Bile Pigments	Not Det	ected			CREATININE - SERUM				
RBC	Nil	/hpf			Test Name	Result			Range
Pus Cells	Occasio	nalhof			CREATININE - SERUM	0.9	mg/dl	_	0.9-1.3

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	ST (PAC	KAGE)		THYROID PROFILE -	(T3,T4 /	AND TS	SH)	
Test Name	Result	Unit	Level	Range	Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	14	U/L	•	0-55	TOTAL T3: TRI IODOTHYRONINE - SERUM	1.77	ng/ml	•	0.87-1.78
GLUCOSE - PLASMA	(FASTII	NG)			TOTAL T4: THYROXINE - SERUM	8.83	μg/dL	•	5.48-14.2
Test Name	Result	Unit	Level	Range	TTTTOAINE - GEROW				
GLUCOSE - PLASMA	89	mg/dL	•	70-99	LIPID PROFILE TEST	(PACKA	AGE)		
(FASTING)					Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)			TRIGLYCERIDES - SERUM	167 *	mg/dL	•	0-150		
Test Name	Result	Unit	Level	Range	SEITOW				
GLUCOSE - PLASMA	_		•	70-140	THYROID PROFILE - I(T3,T4 AND TSI				
(POST PRANDIAL)		-			Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLA ⁻ HAEMOGLOBIN)-WHO		OOD			TSH: THYROID STIMULATING HORMONE - SERUM	2.92	μIU/m	L	0.38-5.33
Test Name	Result	Unit	Level	Range					
HBA1C	5.7 *	%		Nondiadetic : 4	URIC ACID - SERUM				
(GLYCOSYLATED				- 5.6 % Prediabetics :	Test Name	Result	Unit	Level	Range
HAEMOGLOBIN)-WHO LE BLOOD				5.7 - 6.4%	URIC ACID - SERUM	6.1	mg/dL	•	2.6-7.2
				Diabetes : >/= 6.5%	LIVER FUNCTION TEST (PACKAGE)				
				ADA	Test Name	Result	Unit	Level	Range
				Theraputic goal : <7%	BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	•	0.0-0.2
LIPID PROFILE TEST	(PACKA	∖GE)			(=:::==::)				
Test Name	Result	Unit	Level	Range	PROSTATIC SPECIFIC	CANTIG	EN (PS	SA TO	TAL) -
HDL CHOLESTEROL - SERUM	37	mg/dL	•	30-70	SERUM Test Name	Result	Unit	Level	Range
LDL CHOLESTEROL -SERUM	123	mg/dL	•	Optimal: <100	PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM	0.88	ng/mL	•	0.00-6.50
VLDL CHOLESTEROL -	12	mg/dL	•	0-35	BUN (BLOOD UREA N	IITROG	EN)		
SEDLIM (Calaulatad)					Test Name	Result	Unit	Level	Range
SERUM (Calculated)	T (DAG	KAGE)		BUN (BLOOD UREA	9.0	mg/dL	•	7.0-18.0
,	DAC) IC		•	_	NITROGEN)				
,	Result	Unit	Level	Range	,				
LIVER FUNCTION TES	•	Unit g/dL	Level	Range 6.4-8.3	,	et (DAG	· KAOF		
LIVER FUNCTION TES	Result			3	LIVER FUNCTION TE	•			Danses
LIVER FUNCTION TES Test Name PROTEIN TOTAL -	Result			3	,	•			Range 1.0-2.0

Borderline High/Low

Out of Range

Within Normal Range

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Test Name Result Unit Level Range

BUN/CREATININE

RATIO

10.4

ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Grade I fatty liver.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.

X-RAY CHEST PA

* Chest skiagram does not reveal any significant abnormality.

CARDIOLOGY

TREADMILL TEST / STRESS TEST

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Printed By: AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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AICVD RISK SCORE REPORT

RISK STATUS	YOUR SCORE	ACCEPTABLE SCORE
Moderate Risk	9	6

Your likelihood of developing cardiovascular disease in the next ten years is 1.3 times higher than the people of your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician.Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- · Follow your physician's advice regarding follow up tests, consults and annual health assessment
- It is recommended that you visit your physician every 6 months if you have:
 - o Uncontrolled high blood pressure, Diabetes, Dyslipidemia, Coronary heart disease

DISCLAIMER

- 1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
- This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
- 3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
- 4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
- 5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical Al Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515