



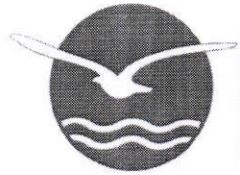
# SEA BIRD MEDICARE CENTRE

## MER- MEDICAL EXAMINATION REPORT

DATE OF EXAMINATION	9/9/24.		
NAME	Sachin Chavan		
AGE	26 yrs.	GENDER	male
HEIGHT (CM)	157 cm.	WEIGHT (KG)	60 kg
B.P.	140 / 100 mmHg.		
ECG	Normal		
X Ray	NAD		
Vision Checkup	Color Vision:	Normal.	
	Far Vision Ratio:	6/6 } Unaided	
	Near Vision Ratio:	N5 } Unaided	
Present Ailments	Nil		
Details of Past ailments (If Any)	① H/O Migraine in childhood ② Injury scar on B/L elbows - RTA - 2wks ago. ③ ④ forearm bone # in childhood. Rec'd POP.		
Comments / Advice:	↓ No. with SPT		

**Dr. MUKUL ARTE** MBBS, DNB  
 Regn. No: 44293 (MMC)  
 Approved By DG Shipping (DD)  
 Consultant In Marine Medicine & Aviation Medicine  
 A-101-102, Heritage Plaza, Teli Cross Lane,  
 Andheri East, Mumbai-400 069  
**SEA BIRD MEDICARE CENTRE**

Signature with Stamp of Medical Examiner



# SEA BIRD MEDICARE CENTRE

## CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination of

Sachin Chavan on 21/04/20

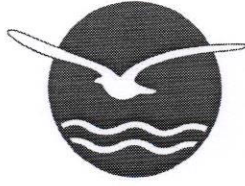
After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> <li>Medically Fit</li> </ul>	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"> <li>Fit with <del>restrictions</del>/recommendations</li> </ul> <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1. _____</p> <p>2. <u>Monitor SGPT</u></p> <p>3. _____</p> <p>However, the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	<input type="checkbox"/>
<ul style="list-style-type: none"> <li>Currently Unfit. Review after _____ recommended</li> </ul>	<input type="checkbox"/>
<ul style="list-style-type: none"> <li>Unfit</li> </ul>	<input type="checkbox"/>

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**SEA BIRD MEDICARE CENTRE**

Dr. \_\_\_\_\_  
**Medical Officer**

*This certificate is not meant for medico-legal purposes*



# SEA BIRD MEDICARE CENTRE

Report ID : **SMCM99165315**  
Patient Name : **Mr. SACHIN MAHADEV CHAVAN**  
Rank :  
Ref By : **DR. MUKUL ARTE**  
Reg. : **09-Sep-2024**  
Report Date : **10-Sep-2024**  
Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**  
Age/Sex : **26 Year / Male**

## CHEST X RAY REPORT

X-Ray No : 7669

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

### **Impression :**

**Normal Chest X-Ray.**

  
Dr. Jacob  
Mathew MD

**Proudly... Caring For You**

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

Website: [www.seabirdhf.com](http://www.seabirdhf.com) | Email: [seabird@seabirdhf.com](mailto:seabird@seabirdhf.com)

*Sachin*

THE UNION OF INDIA  
MAHARASHTRA STATE MOTOR DRIVING LICENCE

DL No: MH47 20190040134      DOI: 03-12-2019  
Valid Till: 26-10-2037 (NT)      03-12-2019

AUTHORISATION TO DRIVE FOLLOWING CLASS  
OF VEHICLES THROUGHOUT INDIA  
COV      DOI  
MCWG      03-12-2019




FORM 7  
RULE 16 (2)

DOB: 27-10-1997      BG: O+

Name: SACHIN M CHAVAN  
S/D/W of: MAHADEV CHAVAN  
Add: TRIMURTI CHAWL ROOM NO-5 NEAR SAIBAB MANDIR  
BHABREKAR NAGAR CHARKOP KANDIVALI WEST  
MUMBAI  
PIN: 400067

Signature & ID Of Issuing Authority: MH47

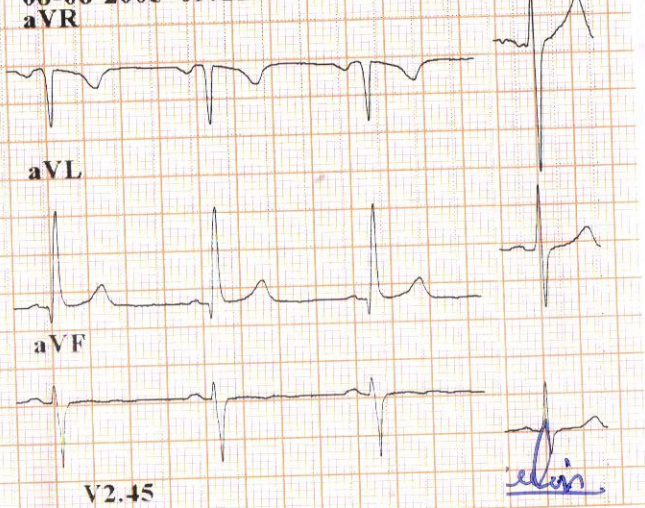
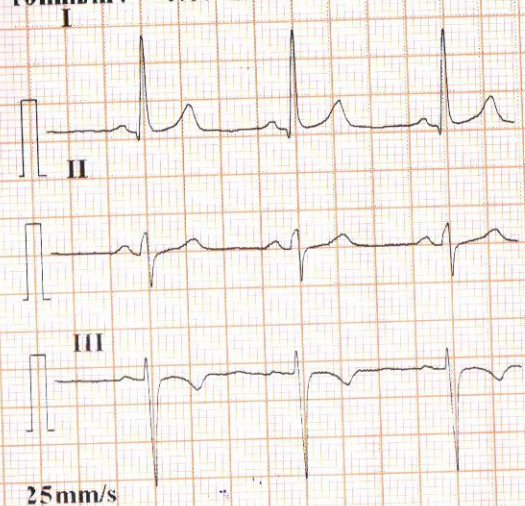
Signature/Thumb Impression of Holder





10mm/mV 0.67~25Hz AC50

08-06-2005 09:15:32



PROMPTCARE

10mm/mV 0.67~25Hz

10mm/mV 0.67~25Hz AC50



Seelin



### E. C. G. REPORT

RATE 70 / min Q. WAVE N  
RHYTHM Regular QRS COMPLEX N  
VOLTAGE NO ST. SEGMENT iso. of cspine  
P. WAVE N T. WAVE \_\_\_\_\_  
PR. INTERVAL N

REMARKS

well

Dr. MUKUNDA R. MBBS, DNB  
Regn. No: 44208 (MMA)  
Approved By DG Shipping (COA)  
Consultant in Marine Medicine & Aviation Medicine  
A-101-102, Heritage Plaza, Telli Cross Lane,  
Andheri East, Mumbai-400 069  
SEA BIRD MEDICARE CENTRE

### ELECTROCARDIOGRAPHIC REPORT



**SEA BIRD**  
MEDICARE CENTRE

NAME Sachin Chavan  
AGE 26 DATE 09/09/24

- A-101-102, Heritage Plaza, Telli Cross Lane, Andheri East (Nr. Station), Mumbai - 400069.  
Tel.: 022-4603 2704 / 81046 06813
- 102-103-104, Gateway Plaza, Central Avenue Road, Hiranandani Gardens, Powai, Mumbai - 400076.  
Tel.: 2570 4157 / 2570 1053



PID NO. : CIA0490

Name : SACHIN CHAVAN

Sex / Age : Male / 26 Years

Ref By : APOLLO HEALTH AND LIFESTYLE  
LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Reg. Date

09-Sep-2024 / 10:40 am

Coll Date

09-Sep-2024 / 10:45 am

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10-Sep-2024 / 9:43 am

## REPORT

### BIOCHEMISTRY

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Serum S.G.P.T. (Serum, Method- IFCC without/with PDP)	134.57	U/L	0 - 41
Bilirubin (Total) (Serum, Method-Diazo- End point)	0.79	mg/dl	0.0 - 1.20
Bilirubin (Direct) (Serum, Method-Diazo-End point)	0.22	mg/dl	0.0 - 0.40
Bilirubin (Indirect) Calculated	0.57	mg/dl	0.0 - 0.90
Serum Creatinine (Serum, Method- Kinetic Jaffe's)	0.73	mg/dl	0.62 - 1.17
BUN (Blood Urea Nitrogen), serum Method: Urease	7.72	mg/dl	6.0 - 20.0

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

----- End of Report -----

Pritam Dhanawade  
Lab Technician

DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No.2006031680



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## REPORT

### Biochemistry Report

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
BUN (Blood Urea Nitrogen) Serum, Method: Urease	7.72	mg/dl	6.0 - 20.0
Creatinine Serum, Method-Kinetic Jaffes	0.73	mg / dL	0.62 - 1.17 mg/dl
BUN/Creatinine Ratio Calculated	10.5		10 - 20.1
Urea (Serum, Method-Urease)	<b>16.54</b>	mg/dl	16.6 - 48.5

----- End of Report -----

Pritam Dhanawade  
Lab Technician

DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
**Pathologist**  
MMC Reg No.2006031680





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## REPORT

### BLOOD GLUCOSE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Glucose (Fasting), plasma (Plasma, Method- Hexokinase) Interpretation: NORMAL : 70 - 100 mg/dl Pre-Diabetic : 100 - 125 mg/dl Diabetic : >125 mg/dl (ON MORE THAN ONE OCCASION ) Reference : American diabetes association guidelines 2022	101.00	mg/dl	70.00 - 100.00 mg/dl
Urine Glucose (Fasting)	Absent		Absent
Urine Ketones (Fasting)	Absent		Absent
Blood Glucose (PP) plasma (Plasma, Method- Hexokinase) Interpretation: Non-Diabetic : 70 - 140 mg/dl Pre-Diabetic : 140 - 199 mg/dl Diabetic : >200 mg/dl (ON MORE THAN ONE OCCASION ) Reference : American diabetes association guidelines 2022	99.48	mg/dl	70.00 - 140.00
Urine Glucose (PP)	Absent		Absent
Urine Ketones (PP)	Absent		Absent

Test Done on Fully Automated Mispal CXL PRO PLUS Biochemistry Analyser.

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Pathologist  
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## REPORT

### BLOOD GLUCOSE

Test

Result

Units

BIOLOGICAL REFERENCE INTERVAL

----- End of Report -----

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This is computer generated medical diagnostics report that has been validated by an Authorized Medical Practitioner/Doctor. The report does not need physical signature. Results relate only to the sample as received. Refer to conditions of reporting overleaf.

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

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## REPORT

### Blood Group

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<u>BLOOD GROUP</u>			
ABO Group	"O"		
RH (D)	Positive		

Method : Cell (Forward) grouping by Manual Slide Method.  
Sample: Whole Blood (EDTA)

----- End of Report -----

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## REPORT

### Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Hemoglobin	14.7	gm/dl	13.0 - 17.0
<u>RED BLOOD CELLS</u>			
R.B.C. Count	5.14	million / cumm	4.5 - 5.5
HCT	42.6	%	40 - 50
MCV	83	fL	83 - 101
MCH	28.6	pg	27 - 32
MCHC	34.5	gm / dl	31.5 - 34.5
RDW (CV)	15.1	%	11.6 - 14.0
Total W.B.C. Count	9420	/cu.mm.	4000 - 10000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	70	%	40 - 80
Lymphocytes	25	%	20 - 40
Eosinophils	02	%	1 - 6

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### Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Monocytes	03	%	2 - 10
Basophils	00	%	0 - 1
Platelet Count	310000	/cumm	150000 - 410000

#### MORPHOLOGY

RBC Morphology Predominantly Normocytic and Normochromic.

WBC Morphology Normal Morphology.

Platelets on Smear Adequate on smear

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy and DLC is done manually by the Pathologist.)

----- End of Report -----

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## REPORT

### Erythrocyte Sedimentation Rate (ESR)

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
E.S.R	15	mm at 1hr	0 - 15

Method: Westergren.  
Sample: Whole Blood (EDTA)

----- End of Report -----

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## REPORT

### URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<u>PHYSICAL EXAMINATION</u>			
Colour	Pale Yellow		Pale Yellow
Quantity	30 ml	ml	20 - 50
Appearance	Clear		Clear
Reaction (pH)	6.5		5.0 - 9.0
Specific Gravity	1.010		1.000 - 1.030
<u>CHEMICAL EXAMINATION</u>			
Proteins	Absent		Absent
Sugar	Absent		Absent
Ketone Bodies	Absent		Absent
Bilirubin	Absent		Absent
Nitrite	Absent		Absent
Urobilinogen	Normal	mg/dl	Normal (0.1 - 1.0 mg/dl)

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## REPORT

### URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Ocult Blood	Absent		Absent
<u>MICROSCOPIC EXAMINATION</u>			
Pus Cells	1 - 2 / hpf		2 - 3 / hpf
Red Blood Cells	Absent		Absent
Epithelial cells	1 - 2 / hpf		2 - 3 / hpf
Casts	Absent		Absent
Crystals	Absent		Absent
Other Findings	Absent		

**METHOD:**

Physical Examination : Visual Strip Method.

Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/oxidase reaction), Ketone(Rothera's test), Leukocytes(Reflectance Photometer(Leucocyte esterase)), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich).

Microscopy Examination : Automation/Manual Microscopy.

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