

HEALTH CHECK UP

Name : Himanshu Kumar Nienra

Date : 22/3/24

Age : 47y

Sex : Male / Female

Marital status : Married / Single

PERSONAL HISTORY

Habits : Smoking / Tobacco & Snuff / Alcohol NO

Drug allergy if any :

Medical : NO

Surgical :

Height 171 cm Weight 82 Kg. BP 120/80 Pulse 74/ml

Vision : Rt 6/12 Lt 6/12P With Spectacles Rt 6/6 Lt 6/6

Colour Vision : Normal / Abnormal Near Vision +1.50 R NS

Dr. MOUSUMI MALAKAR
 MBBS, MS (Ophthalmology)
 Consultant Eye Surgeon
 DMC 42420

FAMILY HISTORY

Father Mother Siblings

CVS : Heart Sound Normal Murmurs Absent Thrills Absent

RS : Rate /mt Breath sounds Normal Adventitious Absent

ABDOMEN : Tenderness Absent Rigidity Absent Bowel sound Normal

Liver NAD Kidney NAD Hernia Absent

CNS : Cranial Nerves NAD Sensory System NAD Motor System NAD

ENT NAD

Remarks

Dr. Bharti Jeswani
MBBS

Dr. Seema Kale
MBBS, MD

Dr. S. K. Suri
MBBS

Dr. Meenakshi
MBBS

HOME SAMPLE COLLECTION FACILITY AVAILABLE

Licensee : Bharti Medicare Pvt. Ltd. The Apollo Clinic, C-70, Major Sudesh Kumar Marg, Opp. Madhav Park, Near Main Market, Rajouri Garden, New Delhi-110 027
 Phone : (011) 2591 8222 / 8333 / 8444, 9811061009, E-mail : rajourigarden@theapolloclicin.com, Website : www.apolloclicinrajourigarden.com

MSME UAM NO. : DL11E0021531

Health checkup at tie-up Ctr

Health Checkup Authorisation letter



Union Bank of India

RO - NEW DELHI
FIRST FLOOR, NO.1, MGF
AUTOMOBILES LTD, FAIZ ROAD,
JHANDEWALAN,, NEW DELHI 110005, -
0

To,

The Chief Medical Officer

M/S Mediwheel
<https://mediwheel.in/signup011-41195959>(A brand name of
Arcofemi Healthcare Ltd),
Mumbai400021

Dear Sir,

Tie-up arrangement for Health Checkup under Health Checkup

Executive Male 35+

Shri/Smt./Kum. HIMANSHU KUMAR MISHRA..

P.F. No. 634267

Designation : Chief Manager(RLP Incharge)

Checkup for Financial Year 2023-2024 Approved Charges Rs. 4000.00

The above mentioned staff member of our Branch/Office desires to undergo Health Checkup(for Executives) at your Hospital/Centre/Clinic, under the tie-up arrangement entered into with you, by our bank

Please send the receipt of the above payment and the relevant reports to our above address.

Thanking you,

Yours Faithfully,


(Signature of the Employee)




BRANCH MANAGER/SENIOR MANAGER

PS. : Status of the application: Sanctioned



Health Check up Booking Confirmed Request(UBOIE4615),Package Code-PKG10000476, Beneficiary Code-311854

1 message

Mediwheel <wellness@mediwheel.in>
To: hkm260314@gmail.com
Cc: customercare@mediwheel.in

Thu, 21 Mar, 2024 at 20:11



011-41195959

Dear **HIMANSHU KUMAR MISHRA,**

We are pleased to confirm your health checkup booking request with the following details.

Hospital Package Name : Mediwheel Full Body Health Checkup Male Above 40

Patient Package Name : Executive Health Checkup Male

Name of Diagnostic/Hospital : Apollo Bharti Apollo Bharti Medicare Pvt. Ltd.

Address of Diagnostic/Hospital- : C70, Opp. Madhav Park, Major Sudesh Kumar Marg -110027

City : Delhi

State :

Pincode : 110027

Appointment Date : 23-03-2024

Confirmation Status : Booking Confirmed

Preferred Time : 9:00am

Booking Status : Booking Confirmed

Member Information		
Booked Member Name	Age	Gender
HIMANSHU KUMAR MISHRA	47 year	Male

Note - Please note to not pay any amount at the center.

Instructions to undergo Health Check:

- Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
- During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
- Bring urine sample in a container if possible (containers are available at the Health Check centre).
- Please bring all your medical prescriptions and previous health medical records with you.
- Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

For Women:

- Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
- It is advisable not to undergo any Health Check during menstrual cycle.

Request you to reach half an hour before the scheduled time.

In case of further assistance, Please reach out to Team Mediwheel.

Thanks,
Mediwheel Team

Please Download Mediwheel App



You have received this mail because your e-mail ID is registered with **Arcofemi Healthcare Limited** This is a system-generated e-mail please don't reply to this message.

Please visit to our [Terms & Conditions](#) for more informaion. [Click here to unsubscribe.](#)

@ 2024 - 25, Arcofemi Healthcare Pvt Limited.(Mediwheel)

Patient Name : Mr. Himanshu Kumar Mishra
UHID/MR No. : FRAJ.0000244449
Visit Date : 23-03-2024 11:36
Sample Collected on : 23-03-2024 11:54
Ref Doctor : SELF
Emp/Auth/TPA ID : 34344
Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 47Y/Male
OP Visit No : FRAJOPV120004
Reported on : 24-03-2024 11:39
Specimen : Whole Blood (Edta)
Pres Doctor: :


DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
COMPLETE BLOOD COUNT			
Hb (Haemoglobin) Method: Non Cyanide	13.2	13 - 18	gm/dl
PCV/Haematocrit Method: RBC pulse height detect	40.2	40 - 50	%
ESR. Method: Westergren's Method	15	0 - 20	mm/1st Hr
TLC Method: DC Detection Method	6000	4000 - 10000	/cumm.
RBC COUNT. Method: DC Detection Method	4.4*	5 - 6	Million/cmm
PLATELET COUNT Method: DC Detection Method	1.80	1.5 - 4.1	lakh/cumm.
MCV Method: Derived	90.2	77 - 98	fl
MCH Method: Derived	29.6	27 - 32	pg
MCHC Method: Derived	32.8	31.5 - 34.5	gm/dl
NEUTROPHIL Method: Microscopy	80*	40 - 70	%
LYMPHOCYTE Method: Microscopy	14*	20 - 40	%
EOSINOPHIL Method: Microscopy	03	1.0 - 6.0	%
MONOCYTE Method: Microscopy	03	2.0 - 10.0	%
BLOOD GROUP AND RH TYPE			
ABO Group	O		
RH	Positive		

End of the report

Results are to be correlated clinically

Lab Technician / Technologist
Dr. Prashant


Dr. Prashant Purwar
MBBS, DCP
Consultant Pathologist

• CLINICAL CORRELATION IS ESSENTIAL FOR FINAL DIAGNOSIS. • IF THE TESTS RESULTS ARE UNEXPECTED PLEASE CONTACT THE LABORATORY.
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MSME UAM NO. : DL11E0021531

Patient Name : Mr. Himanshu Kumar Mishra
UHID/MR No. : FRAJ.0000244449
Visit Date : 23-03-2024 11:36
Sample Collected on : 23-03-2024 11:54
Sample No : PLF1325554
Ref Doctor : SELF
Emp/Auth/TPA ID : 34344
Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 47Y/Male
OP Visit No : FRAJOPV120004
Reported on : 26-03-2024 10:43
Specimen : Plasma(Fluoride)

Pres Doctor: :


DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLUCOSE - (FASTING)			
GLUCOSE - (FASTING) Method: (GOD-POD).	89	70 - 110	mg/dL
GLYCOSYLATED HEMOGLOBIN (HBA1C)			
GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD Method: BORONATE AFFINITY	5.7	4.2 - 6.0	%
LIPID PROFILE TEST (PACKAGE)			
CHOLESTEROL Method: CHOD - PAP	188	Desirable < 200 Borderline High : 200-239 High : > 240	mg/dl
Triglyceride Method: GPO-PAP	119	50-200	mg/dl
HDL Method: DIRECT	45.9	30 - 50	mg/dl
LDL Method: DIRECT	108.3*	60 - 100	mg/dl
VLDL Method: Calculated	33.8	<40	mg/dl
CHOLESTEROL / HDL RATIO Method: Calculated.	4.0	0 - 4.5	
Thyroid Profile 2(Free T4, Free T3 And TSH)			
Serum FT3	4.2	3.2 - 5.9	pmol/l
Serum FT4	13.8	10.6 - 21.0	pmol/l
Serum TSH	2.0	0.38 - 5.0	uIU/ml

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MSME UAM NO. : DL11E0021531

Patient Name : Mr. Himanshu Kumar Mishra
UHID/MR No. : FRAJ.0000244449
Visit Date : 23-03-2024 11:36
Sample Collected on : 23-03-2024 11:54
Sample No : SR01883544
Ref Doctor : SELF
Emp/Auth/TPA ID : 34344
Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 47Y/Male
OP Visit No : FRAJOPV120004
Reported on : 24-03-2024 14:27
Specimen : Serum
Pres Doctor: :


DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
LIVER FUNCTION TEST (PACKAGE)			
BILIRUBIN - TOTAL. Method: Jendrassik	0.98	0.1 - 1.3	mg/dl
Bilirubin (Direct)-Serum Method: Diazo.	0.27	0 - 0.3	mg/dl
A/G Method: Calculated	1.3	1.0 - 2.0	
BILIRUBIN - INDIRECT. Method: Calculated.	0.71	<1.1	
SGOT /AST Method: IFCC (With P5P)	34.7	0 - 35	U/L
SGPT/ALT Method: IFCC (With P5P)	37.5	0 - 45	U/L
ALKALINE PHOSPHATE Method: AMP BUFFER	75.1	30 - 117	U/L
GGT. Method: SZAZ	28.1	10 - 50	U/L
TOTAL PROTEIN Method: Biuret	6.9	5.8-8.0	g/dl
ALBUMIN Method: BCG	4.0	3.7-5.2	g/dl
GLOBULIN Method: Calculated	2.9	2.5 - 3.5	mg/dL

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Patient Name : Mr. Himanshu Kumar Mishra
UHID/MR No. : FRAJ.0000244449
Visit Date : 23-03-2024 11:36
Sample Collected on : 23-03-2024 11:54
Sample No : SR01883544
Ref Doctor : SELF
Emp/Auth/TPA ID : 34344
Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 47Y/Male
OP Visit No : FRAJOPV120004
Reported on : 24-03-2024 14:28
Specimen : Serum
Pres Doctor: :


DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
KFT - RENAL PROFILE-SERUM			
UREA Method: Urease	23.4	10-50	mg/dl
Creatinine Method: Jaffe	0.96	0.5 - 1.3	mg/dl
Uric Acid Method: Uricase	3.9	3.5 - 7.2	mg/dl
Sodium(Na) Method: ISE	139.8	136 - 142	mmol/L
Potassium(K) Method: ISE	4.4	3.8 - 5.0	mmol/L
Chloride(Cl) Method: ISE	100.7	95 - 103	mmol/L
Calcium. Method: OCPC	9.4	9.2 - 11.0	mg/dl
Phosphorus Method: Molybdate UV	2.8	2.3 - 4.7	mg/dl

End of the report

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Dr_Prashant


Dr. Prashant Purwar
MBBS, DCP
Consultant Pathologist

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MSME UAM NO. : DL11E0021531

Patient Name : Mr. Himanshu Kumar Mishra
UHID/MR No. : FRAJ.0000244449
Visit Date : 23-03-2024 11:36
Sample Collected on : 23-03-2024 11:54
Ref Doctor : SELF
Package Name : MEDIWHEEL AHC MALE ABOVE 40 YRS RJG
Emp/Auth/TPA ID : 34344
Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 47Y/Male
OP Visit No : FRAJOPV120004
Reported on : 24-03-2024 14:31
Specimen : Serum(Spl)
Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
PSA TOTAL			
PSA TOTAL Method: Immunofluorescence	1.1	0.0 - 4.0	ng/mL

Interpretation :

Serum prostate specific antigen (PSA) concentrations are elevated above 4.0 ng/ml in 28% of men with benign prostatic hyperplasia, 58% of men with organ confined prostate cancer and 80% of men with extensive prostate cancer, but in less than 8% of normal healthy men over 50 yrs of age. After radical prostatectomy, serum PSA levels are (< 0.2 ng/ml), 93% of patients with undetectable serum PSA concentrations have no clinical tumour recurrence.

Free PSA as a percent of Total PSA Probability of carcinoma prostate when Total PSA is 4.1 - 10 ng / ml

- >	26	8 %
20 -	25	16 %
15 -	20	20 %
10 -	15	28 %
0 -	0 -	56 %


Comments:-

- 1 False negative / positive results are observed in patients receiving mouse monoclonal antibodies for diagnosis or therapy.
- 2 PSA total and free levels may appear consistently elevated / depressed due to the interference by heterophilic antibodies and nonspecific protein binding.
- 3 Results obtained with different assay kits cannot be used interchangeably.
- 4 All results should be correlated with clinical findings and results of other investigations.

End of the report

Results are to be correlated clinically

Lab Technician / Technologist
Surinder


 Dr. Prashant Purwar
 MBBS, DCP
 Consultant Pathologist

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MSME UAM NO. : DL11E0021531

Patient Name : Mr. Himanshu Kumar Mishra
UHID/MR No. : FRAJ.0000244449
Visit Date : 23-03-2024 11:36
Sample Collected on : 23-03-2024 11:54
Ref Doctor : SELF
Emp/Auth/TPA ID : 34344
Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 47Y/Male
OP Visit No : FRAJOPV120004
Reported on : 24-03-2024 10:04
Specimen : Urine
Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

URINE ROUTINE EXAMINATION


URINE EXAMINATION TEST REPORT

Test Name	Observed Value	Unit	Reference Range
Urine R/M Examination			
Quantity	30	ml.	
Colour	Pale Yellow		Pale Yellow
Transparency	Clear		Clear
Urine Specific Gravity	1.020		1.005 - 1.030
Dipstick			
pH	6.5		5.5 - 7.5
Dipstick / pH paper			
Chemical Examination			
Protein	Nil		Nil
Dipstick/Heat & acetic acid			Nil
Sugar	Nil		Nil
Dipstick/Benedicts reagent			Nil
Microscopic Examination			
Pus Cells	2-3	/HPF	1-2
RBC'S	Nil	/HPF	Nil
Casts	Nil	/HPF	Nil
Crystals	Nil	/HPF	Nil
Epithelial Cells	0-1	/HPF	Nil
Bacteria	Nil	/HPF	1-2
		/HPF	Nil

End of the report

Results are to be correlated clinically

Lab Technician / Technologist
 Dr. Prashant


 Dr. Prashant Purwar
 MBBS, DCP
 Consultant Pathologist

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MSME UAM NO. : DL11E0021531

1014ZA
RAJOURI GARDEN

Mr. HIMANSHU KUMAR MISHRA
Age/Sex : 47/M

ID : 81
HWT : /

Recorded : 23-3-2024 12:11

TREADMILL TEST SUMMARY REPORT

Protocol: BRUCE

History:
Medication1:
Medication2:
Medication3:

PHASE	PHASE TIME	STAGE TIME	SPEED (Km./Hr.)	GRADE (%)	H.R. (BPM)	B.P. (mmHg)	RPP X100	II	ST LEVEL (mm) V2	V5	METS
SUPINE											
HYPERVENT	0:04	0:04			79	120/80	94	0.9	3.6	0.9	
					82	120/80	98	0.5	3.5	0.7	
STAGE 1	1:15	1:15	2.70	10.00	84	120/80	100	0.4	3.1	0.7	2.01
STAGE 2	3:03	1:45	4.00	12.00	98	130/80	127	0.4	3.4	0.7	6.15
STAGE 3	3:56	0:48	5.40	14.00	112	136/80	152	0.4	3.1	0.7	7.88
STAGE 4	5:18	1:19	6.70	16.00	130	140/80	182	0.4	3.1	0.7	11.77
STAGE 5	6:05	0:44	8.00	18.00	146	150/80	219	-0.4	2.5	0.1	15.47
PEAK EXER	6:16	0:55			153	150/80	229	-0.3	2.6	0.0	15.84

RESULTS

Exercise Duration : 6:16 Minutes
 Max Heart Rate : 153 bpm 88 % of target heart rate 173 bpm
 Max Blood Pressure : 150/80 mmHg
 Max Work Load : 15.84 METS
 Reason of Termination :

IMPRESSIONS

GOOD EFFORT TOLERANCE. NORMAL IONOTROPIC AND CHRONOTROPIC RESPONSE.
 NO ANGINA/ARRYTHMIA/SLV DYSFUNCTION. NO SIGNIFICANT ST CHANGES AT PEAK OF TEST.
 TEST IS NEGATIVE FOR EXERCISE INDUCED REVERSABLE ISCHEMIA.

THE APOLLO CLINIC
 Rajouri Garden
 Dr. Seema MD
 MBBS No-14927
 DMC Reg No-

DR SEEMA KALE

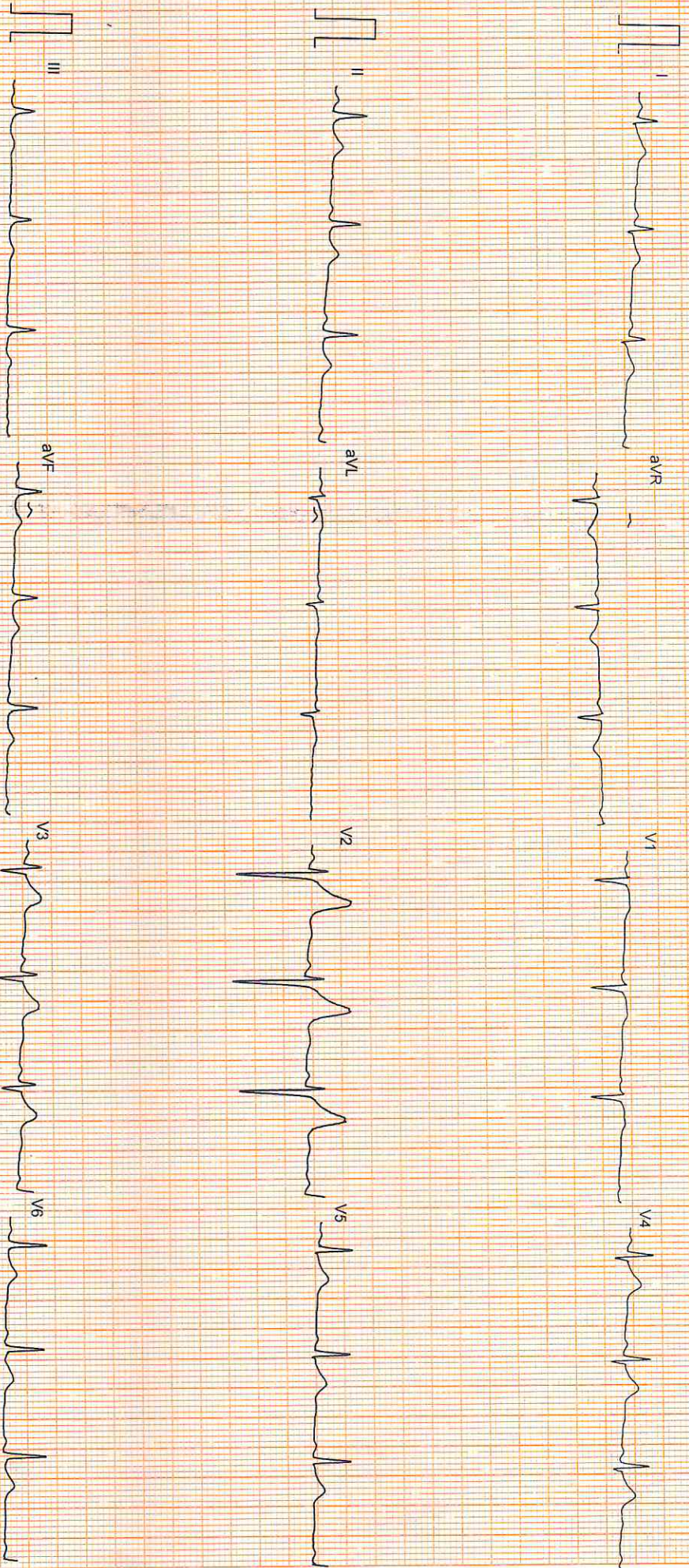
Mr. HIMANSHU KUMAR MISHRA
I.D. : 81
AGE/SEX : 47/M
RECORDED : 23-3-2024 12:11

RATE : 79 BPM
B.P. : 120/80 mmHg

1014ZA,
SUPINE
PRETEST

ST @ 10mm/mV
80ms PostJ

RAW E.C.G.



Filtered
KARDIO SURGICARE 361058518

25mm/sec 10mm/mV

CardiCom, INDIA

Patient Name : Mr Himanshu Mishra	MR No	: FRAI0000
Age/Sex : 47Y/M	Visit No	: FRAJOPV
Pres Doctor :	Bill Date	: 23.03.2024
Ref.by :	Report Date	: 23.03.2024

X-RAY CHEST PA VIEW

- Both lungs fields do not show any active parenchymal lesion.
- Both costophrenic angles are normal.
- B/L hila appear normal in size & density.
- Both domes of diaphragm are normal.
- Cardiac silhouette appears normal.
- Visualised soft tissues and bony cage appear normal.

IMPRESSION:- NORMAL STUDY.

To be correlate clinically.


Dr. Rahul Gera
Consultant Radiologist.

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MSME UAM NO. : DL11E0021531

Patient Name : HIMANSHU KUMAR MISHRA	MR No	: FRAJ0000
Age/Sex : 47Y/M	Visit No	: FRAJOPV
Pres Doctor :	Bill Date	: 23.03.2024
Ref.by :	Report Date	: 23.03.2024

ULTRASOUND WHOLE ABDOMEN

LIVER: Liver is normal in size with increased parenchymal echogenicity s/o grade I fatty liver No focal intra-hepatic lesion detected. Intra-hepatic biliary radicals are not dilated. Portal vein is normal in calibre.

GALL BLADDER: Gall bladder is well visualized. Its wall thickness is normal. No calculus or mass lesion is seen in gall bladder. Common bile duct is normal (not dilated).

PANCREAS: Pancreas appears normal in size and echopattern.

SPLEEN: Spleen appears normal in size and echopattern.

KIDNEYS: Both kidneys are normal in position, size and outline. Cortico-medullary differentiation of both kidneys is maintained. Central sinus echoes are compact. No calculus / hydronephrosis seen.

Visualised parts of retroperitoneum do not show any lymphadenopathy.

URINARY BLADDER: Urinary bladder is well distended and shows clear contents.

PROSTATE: Prostate is normal in shape, size and echotexture.

No free fluid detected.

IMPRESSION:- FATTY LIVER GRADE I

To be correlate clinically.


Dr. Shailza Minocha
Consultant Radiologist.

Disclaimer: Renal calculi less than 5mm could be missed on an Ultrasound. NCCT KUB is the modality of choice for the same.

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