



TEST REPORT

Reg. No. : 40701011840 **Reg. Date** : 20-Jul-2024 13:02 **Collected On** : 20-Jul-2024 13:02
Name : Mr. JAY SUKHADIA **Approved On** : 20-Jul-2024 13:53
Age : 38 Years **Gender** : Male **Ref. No.** : **Dispatch At** :
Ref. By : **Tele No.** :
Location : SAMANVAY HOSPITAL UNIT OF SAMANVAY SPARSH @ VADODARA

Test Name	Results	Units	Bio. Ref. Interval
PSA	1.610	ng/mL	0 - 4

Method:CLIA

Sample Type:Serum

Useful For

- Evaluating patients with documented prostate problems in whom multiple prostate-specific antigen tests may be necessary per year
- Monitoring patients with a history of prostate cancer as an early indicator of recurrence and response to treatment.
- Prostate cancer screening.

Comments

-Prostate-specific antigen (PSA) is a glycoprotein that is produced by the prostate gland, the lining of the urethra, and the bulbourethral gland. Normally, very little PSA is secreted in the blood. Increases in glandular size and tissue damage caused by benign prostatic hypertrophy, prostatitis, or prostate cancer may increase circulating PSA levels.
-Digital rectal examination generally does not increase normal prostate-specific antigen (PSA) values. However, cystoscopy, urethral instrumentation, and prostate biopsy may increase PSA levels.

----- End Of Report -----


This is an electronically authenticated report. "Please verify the authenticity of this report by scanning the QR code to ensure data integrity."

Test done from collected sample.

Printed On: 20-Jul-2024 13:54

Dr. Vishal Jhaveri
M.B.B.S, D.C.P
Reg. G-13041

Patient Name : MR. JAY SUKHADIA
Age / Sex : 38Y/Male
IP/Req.No/UHID : Req-11639 /UHID11639
Lab No : LA24005617
Referred By : Dr.SAMANVAY HOSPITAL
Bedcategory/Bed :
Mobile No : 9979867584
UHID : UHID11639
Consultant : Mr. Samanvay Hospital
Sponsor : **MEDIWHEEL**
Barcode No. : **28747.28748.28749.28750**

Bill No : OPB/1/24/5379
Sample Collected : Jul 20 2024 11:40AM
Sample Received : Jul 20 2024 11:42AM
Report On : Jul 20 2024 11:42AM
Bill Creation Date: Jul 20 2024 11:34AM
Bar Code : 
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IPNo :
Passport No. :
Verified On : **Jul 20 2024 6:20PM**

Test Name

Results

Units

Biological Reference

BIOCHEMISTRY

POST BLOOD GLUCOSE(PP2)

Test Name	Results	Units	Biological Reference
PP2 BLOOD GLUCOSE(GOD-POD)	113.4	mg/dl	70.0 - 140.0
PP2 URINE GLUCOSE	NIL		
BUN CREATININE RATIO(CALCULATED)	↓ 7.83	mg/dl	10.0 - 20
SGOT/SGPT RATIO(CALCULATED)	0.49	U/L	0.0 - 2.0
CALCIUM (TOTAL)(ARSENAZO)	9.5	mg/dl	8.6 - 10.2
PHOSPHOROUS	4.41	mg/dl	2.5 - 4.5

MICRO

URINE ANALYSIS

PHYSICAL EXAMINATION

VOLUME	30 ML
COLOUR	PALE YELLOW
APPEARANCE	CLEAR

CHEMICAL EXAMINATION

PH	6.0	4.5 - 8.0
SPECIFIC GRAVITY	1.020	1.000 - 1.030
PROTEIN	Negative	
GLUCOSE	Negative	
KETONE	Negative	
BLOOD	Negative	
UROBILINOGEN	Negative	
BILE PIGMENTS	Negative	
BILE SALT	Negative	
NITRITE	Negative	



Mrs. Neena Ravi Patel

Dr. Sweta Patel
MD (Pathology)

Prepared by

Verified By

Nr. St. Kabir School, Opp. Raneshwar Temple, Vasna Road, Vadodara-15

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Test Name	Results	Units	Biological Reference
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LEUKOCYTE ESTERASE

Negative

MICROSCOPIC EXAMINATION

PUS CELLS

0-1

CELLS/HPF

0 - 5

RBC

NIL

RBC'S/HPF

0 - 2

EPITHELIAL CELLS

0-1

OCC/HPF

0 - 5

CASTS

NIL

CRYSTALS

NIL

BIOCHEMISTRY

FASTING BLOOD GLUCOSE*

FASTING BLOOD GLUCOSE(FBS)(GOD-POD)

89.7

mg/dl

74.0 - 100.0

FASTING URINE GLUCOSE

NIL

HPLC

HBA1C/ GLYOCO HB

GLYCOCYLATED HAEMOGLOBIN(HBA1C)(HPLC)

5.6

%

4.0 - 6.0

AVERAGE BLOOD SUGAR

114.02

mg/dl

0 - 140.0

IMMUNOLOGY

T3 T4 TSH

TOTAL T3(CHEMILUMINESCENCE / CLIA)

1.80

ng/ml

0.19 - 6.51

TOTAL T4(CHEMILUMINESCENCE / CLIA)

<7.0

ug/dl

4.5 - 12.7

TSH(CHEMILUMINESCENCE / CLIA)

1.50

μIU/mL

0.35 - 4.78

- Interpretation :
1. TSH results between 4.5 to 15.0 show considerable physiologic and seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
 2. TSH results between 0.1 to 0.45 requires correlation with patient age and clinical symptoms. As with increasing age, there are marked changes in thyroid hormone production, metabolism and its action resulting in an increase prevalence of sub-clinical thyroid disease.
 3. TSH values may be transiently altered because of non- thyroidal illness like severe infections, liver diseases, renal and heart failure, severe burns, trauma and surgery etc.
 4. Drugs that decreased TSH values e.g. L-dopa, glucocorticoid. Drugs that increase TSH values e.g. Iodine, Lithium and amiodarone.



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Test Name

Results

Units

Biological Reference

BIOCHEMISTRY


LIPID PROFILE

Test Name	Results	Units	Biological Reference
CHOLESTROL (TOTAL)(CHOD-PAP)	192.0	mg/dl	0.0 - 200.0 Desirable blood cholesterol : <200 mg/dl Borderline high blood cholesterol : 200-239 mg/dl High blood cholesterol : >239 mg/dl
TRIGLYCERIDE(GPO-METHOD)	126.5	mg/dl	0 - 161.0 NORMAL : <161 MG/DL HIGH : 161-199 MG/DL HYPERTRIGLYCERIDEMIC : 200-499 MG/DL
HDL CHOLESTEROL(DIRECT METHOD)	44.5	mg/dl	35.3 - 79.5
CHOLESTROL (TOTAL)/HDL RATIO(CALCULATED)	4.31		3.30 - 4.40
VLDL	25.30		0 - 30.0
LDL CHOLESTEROL(CALCULATED)	↑ 147.5		0 - 130.0
URIC ACID	6.1	mg/dl	3.5 - 7.2
BUN(UREASE-GLDH)	8.22	mg/dl	5.0 - 21.0
CREATININE (BLOOD)(ENZYMATIC)	1.05	mg/dl	0.7 - 1.3

LIVER FUNCTION TEST

Test Name	Results	Units	Biological Reference
BILIRUBIN-TOTAL(DIAZO)	0.46	mg/dl	0.00 - 2.0
BILIRUBIN-DIRECT(DIAZO)	0.22	mg/dl	0.00 - 0.4
BILIRUBIN-INDIRECT(DIAZO)	0.24	mg/dl	0.00 - 1.10
SGOT(IFCC WITHOUT PYRIDOXAL PHOSPHATE)	34.9	U/L	0 - 35
SGPT(IFCC WITHOUT PYRIDOXAL PHOSPHATE)	↑ 70.5	U/mL	0 - 45

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Test Name	Results	Units	Biological Reference
ALKALINE PHOSPHATASE(ALKP04)* (AMP-METHOD)	63.0	U/L	53 - 128
PROTEIN (SERUM)(BIURET)	↓ 6.28	g/dl	6.4 - 8.3
ALBUMIN(BCG)	3.97	g/dl	3.5 - 5.2
GLOBULIN(CALCULATED)	2.31	g/dl	2.3 - 3.7
A/G RATIO(CALCULATED)	1.72	Ratio	1.0 - 2.0
GAMMA GT(GLUPA C METHOD)	56.7	U/L	0.0 - 58.0

IMMUNOLOGY

VITAMIN D (25 HYDROXYCHOLECALCIFEROL) (CHEMILUMINESCENCE / CLIA)	10.64	ng/ml	9.0 - 45.0
VITAMIN B 12(CHEMILUMINESCENCE / CLIA)	↓ 179.5	pg/mL	180.0 - 914.0

- Interpretation :
- Vitamin B12 levels are decreased in megaloblastic anemia, partial/total gastrectomy, pernicious anemia, peripheral neuropathy , chronic alcoholism, senile dementia and treated epilepsy.
 - An associated increase in homocysteine level in an independent risk marker for cardio vascular disease and deep vein thrombosis.
 - Holo transcobalamin II levels are more accurate marker of active Vitamin B 12 component.

HEMATOLOGY

CBC WITH ESR

RBCS PARAMETER

HAEMOGLOBIN(SLS METHOD)	14.0	g/dl	13.0 - 17.0
RBC COUNT(IMPEDENCE)	↑ 5.58	10 ⁶ /uL	4.50 - 5.50
PCV (HEMATOCRIT)(IMPEDENCE)	45.6	%	40.0 - 50.0
MCV(CALCULATED)	81.7	fl	80.0 - 100.0
MCH(CALCULATED)	↓ 25.1	pg	27.0 - 33.0
MCHC(CALCULATED)	↓ 30.7	g/dl	32.0 - 36.0
RDW-CV(PARTICLE COUNTER(CALCULATED))	14.0	%	11.6 - 14.0
RDW-SD(PARTICLE COUNTER(CALCULATED))	41.9	fl	39 - 46

WBCS PARAMETER



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Test Name	Results	Units	Biological Reference
TOTAL COUNT(FLOW CYTOMETRY)	5420	/uL	4000 - 10000
DLC			
NEUTROPHILS(FLOW CYTOMETRY)	54	%	40 - 70
LYMPHOCYTES(FLOW CYTOMETRY)	40	%	20 - 40
MONOCYTES(FLOW CYTOMETRY)	04	%	2 - 8
EOSINOPHILS(FLOW CYTOMETRY)	02	%	1 - 4
BASOPHILS(FLOW CYTOMETRY)	00	%	0.0 - 1.0
ABSOLUTE NEUTROPHIL COUNT(CALCULATED)	2950.0	10 ³ /uL	2000.0 - 7000.0
ABSOLUTE LYMPHOCYTE COUNT(CALCULATED)	2130.0	10 ³ /uL	1000.0 - 3000.0
ABSOLUTE MONOCYTE COUNT(CALCULATED)	220.0	10 ³ /uL	200.0 - 1000.0
ABSOLUTE EOSINOPHIL COUNT(CALCULATED)	108.4	10 ³ /uL	20.0 - 500.0
PLATELETS PARAMETER			
PLATELET COUNT(IMPEDENCE)	340000	/uL	150000 - 450000
MPV(IMPEDENCE)	9.5	fl	8.0 - 13.0
PDW(IMPEDENCE)	10.3	fl	9.0 - 17.0
ESR	12	mm/hr	0 - 20
BLOOD GROUP RH	"B" POSITIVE		

-----End of the Report-----

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 MD (Pathology)

Prepared by

Verified By

NAME : MR. JAY SUKHADIYA	AGE : 39 YRS/ MALE
DATE : 20-Jul-24	

USG OF WHOLE ABDOMEN

Liver – appears mild enlarge in size (span \approx 16.0 cm), normal shape and shows mild increase reflectivity-often seen in fatty infiltration, No obvious mass lesion detected. Intrahepatic biliary radicles show no dilatation.

Portal vein is patent and normal in size. Visualized part of CBD is normal in diameter.

Gall bladder is partially distended and reveals isoechoic foci within, largest measures 3.5 mm-polyp likely. No calculus or wall thickening.

Spleen appears normal in size and normal echotexture, no evidence of focal lesion.

Pancreas – visualized part of pancreas appears normal in size and echotexture .no obvious bulky or hypoechoic echotexture seen. No peri pancreatic fluid. Pancreatic duct is not dilated.

Right Kidney : 9.0 x 3.8 cm in size

Left Kidney : 10.3 x 4.9 cm in size

Small calculus measuring around 3.3 mm seen in the right kidney. No hydronephrosis.

Few calculi seen in the left kidney. At least three in number. Largest measures 4.5 mm.

Mild fullness seen left pelvicalyceal system.

Both kidneys show normal size, position and cortical echogenicity.

Corticomedullary differentiation is preserved bilaterally.

Urinary bladder is partially distended and appears normal, No calculus or diverticulum noted. No urinary bladder wall thickening.

Prostate: Appears normal in size and appearance. Normal in volume.

No evidence of obvious small bowel loop dilatation. Large bowel loops are gaseous.

No evidence of pre or para aortic abnormal lymphadenopathy.

No omental thickening, free fluid or abnormal morphology mesenteric lymph nodes seen in right iliac fossa.

No evidence of intraperitoneal free fluid seen. No evidence of pleural effusion.

Kindly correlate clinically.

IMPRESSION:

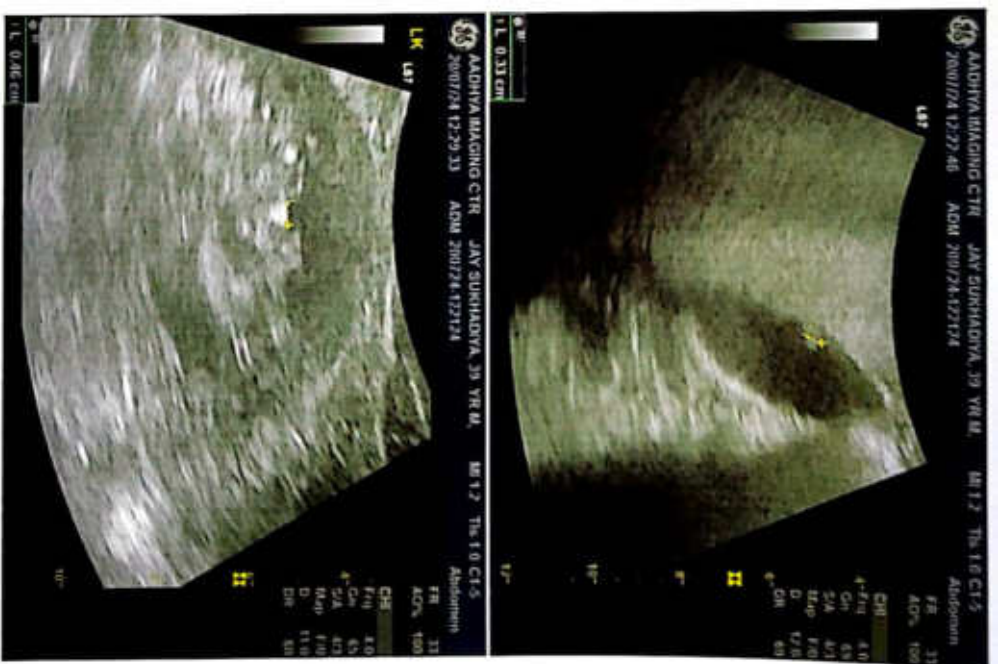
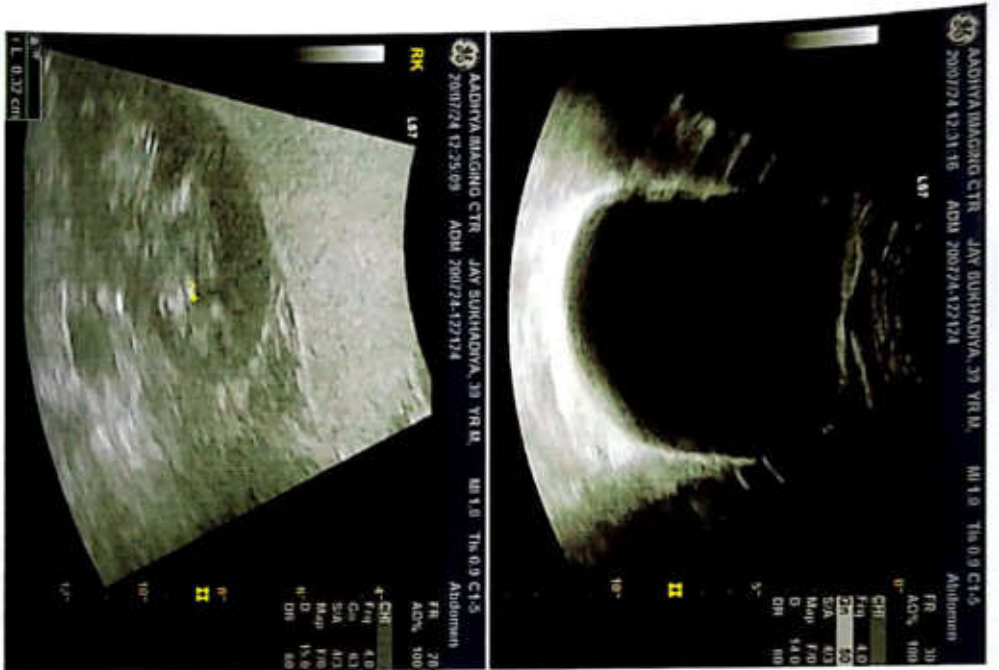
Mild hepatomegaly with fatty infiltration.

Polyps in gallbladder.

Bilateral renal calculi.

Consultant Radiologist. Samanvay hospital





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Age & Sex. : 38Y /M
Bill Date : 20/07/2024 11:34 AM

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X-RAY CHEST PA

Both the lung fields appear normal.

Both costophrenic angles appear clear.

Cardiac silhouette appear normal.

Both hila appears normal.

Bony thorax appears normal.

No evidence of free gas seen under dome of diaphragm.

COMMENTS:

- NORMAL BOTH LUNG FIELDS.
- NORMAL CARDIAC SIZE.

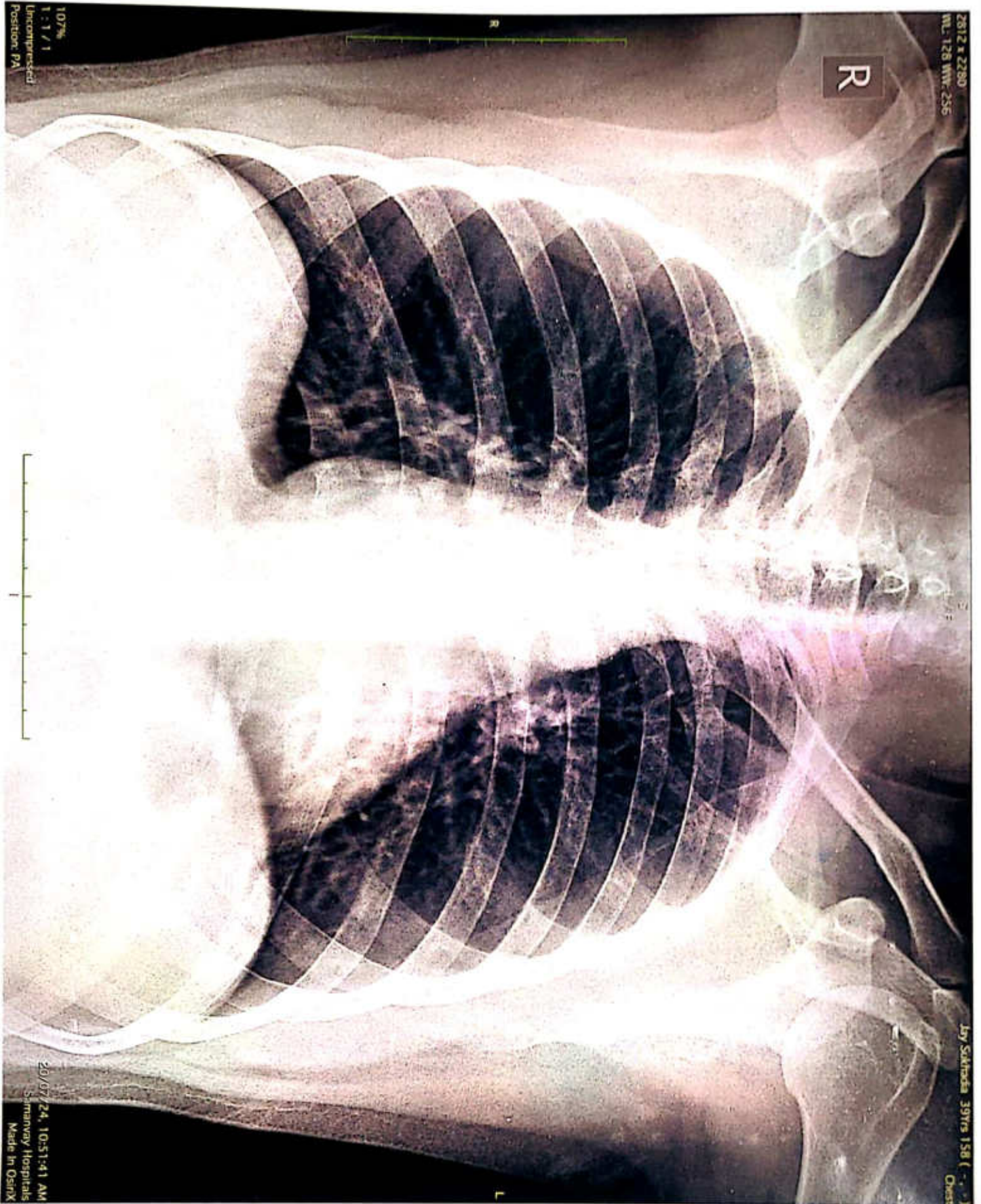
DR SARJAN VASAVA
M.B.B.S. & M.R.D.
Reg No. G-26527
SAMANVAY HOSPITALS
Radiology
(Reg No-G-26527)
(Doctor Name)



Jay Sukhadia

m/39y

20-07-24



SAMANVAY HOSPITAL. VADODARA

Best Report

JAY SUKHADIA (39 M)

ID: 80316

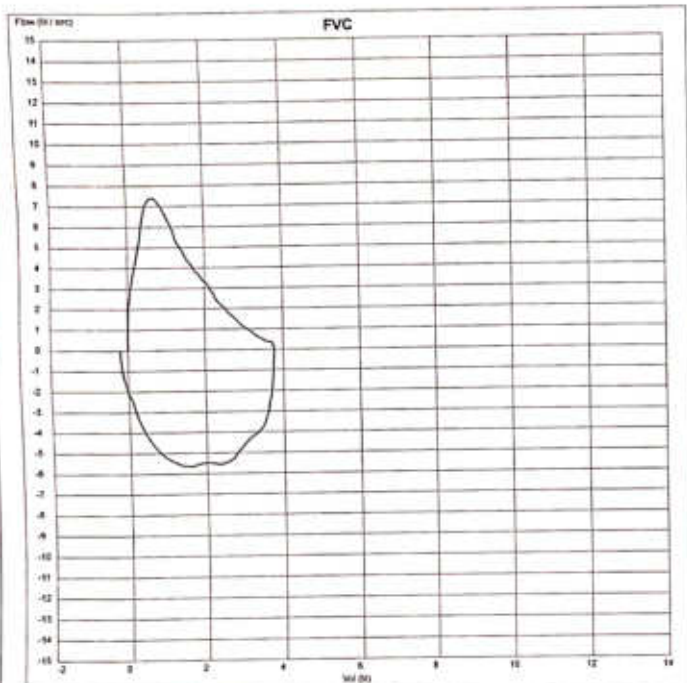
Date: 20-07-2024
Time: 10:30:11

Height: 172 cms
Weight: 76 Kgs

Ethnic: Asian
Norm: Indian

Clinical History :

Medications :



Params	Pred	Pre		
		Best Effort	Best Value	% Pred
FVC (L)	3.75	3.77	4	100.5
FEV 0.5 (L)	—	2.24	2.24	—
FEV 1.0 (L)	2.86	3.06	3.31	107.0
FEV 3.0 (L)	3.49	3.77	3.77	108.0
FEV 0.5 / FVC (%)	—	59.35	59.35	—
FEV 1.0 / FVC (%)	79.56	81.02	81.02	101.8
FEV 3.0 / FVC (%)	—	100	100	—
FEF 25% - 75% (L/s)	3	3.13	3.13	104.3
FEF 75% - 85% (L/s)	—	1.1	1.1	—
FEF 25% (L/s)	—	6.92	6.92	—
FEF 50% (L/s)	3.67	3.61	3.61	98.4
FEF 75% (L/s)	1.38	1.43	1.43	103.6
FEF 0.2 - 1.2 (L/s)	—	6.36	6.36	—
PEF (L/s)	7.68	7.4	7.4	96.4
FMFT (s)	—	0.62	0.62	—
FIVC (L)	—	4.27	4.27	—
FIV1 (L)	—	4.15	4.15	—
FIV1/FVC (%)	—	97.27	97.27	—
FIV1/FVC (%)	—	110.04	110.04	—
PIF (L/s)	—	5.66	5.66	—
FIF 50% (L/s)	—	5.55	5.55	—

Pre Post

Interpretation : *Normal PFT*

Dr. Parth S. Shah
MBBS, MD (Respi. Med.)
Chest Physician
DR. ASHISH KUMAR MALA
G-18840
Ref By: SELF

Jay
Sukhadia
.....
..... Male
Age:
..... cm / kg

HR 63/min
Rst: P 45 *
Intervals: QRS 26 *
RR 946 ms T 52 *
P 188 ms
PR 116 ms P (III) 0.27 mV
QRS 88 ms S (V1) -0.65 mV
QT 384 ms R (V5) 0.99 mV
QTc 396 ms Sokol. 1.99 mV

SINUS RHYTHM
LOW LIMB LEAD VOLTAGE
NON SPECIFIC ST-T ABNORMALITY (ELEVATION)

S.79
DR. PAVAN ROY
MD, DM (CARDIOLOGY)
CONSULTANT CARDIOLOGIST
REG. NO. G-23380
M No 4305888158

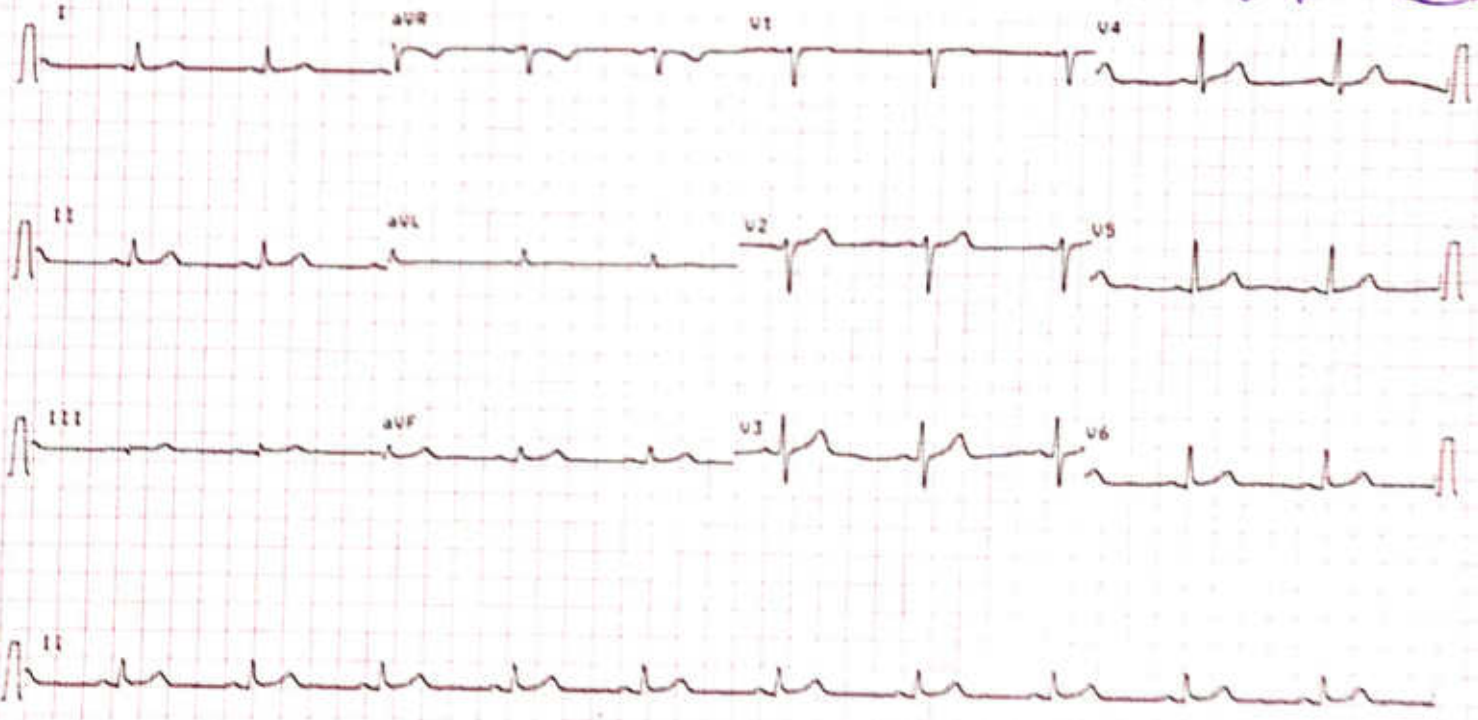
UNCONFIRMED REPORT

*Abnormalities
not report
is Normal
C.R.*



10 mm/mV

10 mm/mV



10 mm/mV

SAMANVAY HOSPITAL VADODARA

JAY SUKHADIA (39 M)

ID: 9589

Date: 20-07-2024

Exec Time : 0:00:00

Stage Time: 03:02

HR: 91 bpm

BP: 120/80 mmHg

STLevel(mm) STSlope(mV/s)

STLevel(mm) STSlope(mV/s)

Stage: Standing

Speed: 0 kmph

Grade: 0%

THR: 153 bpm

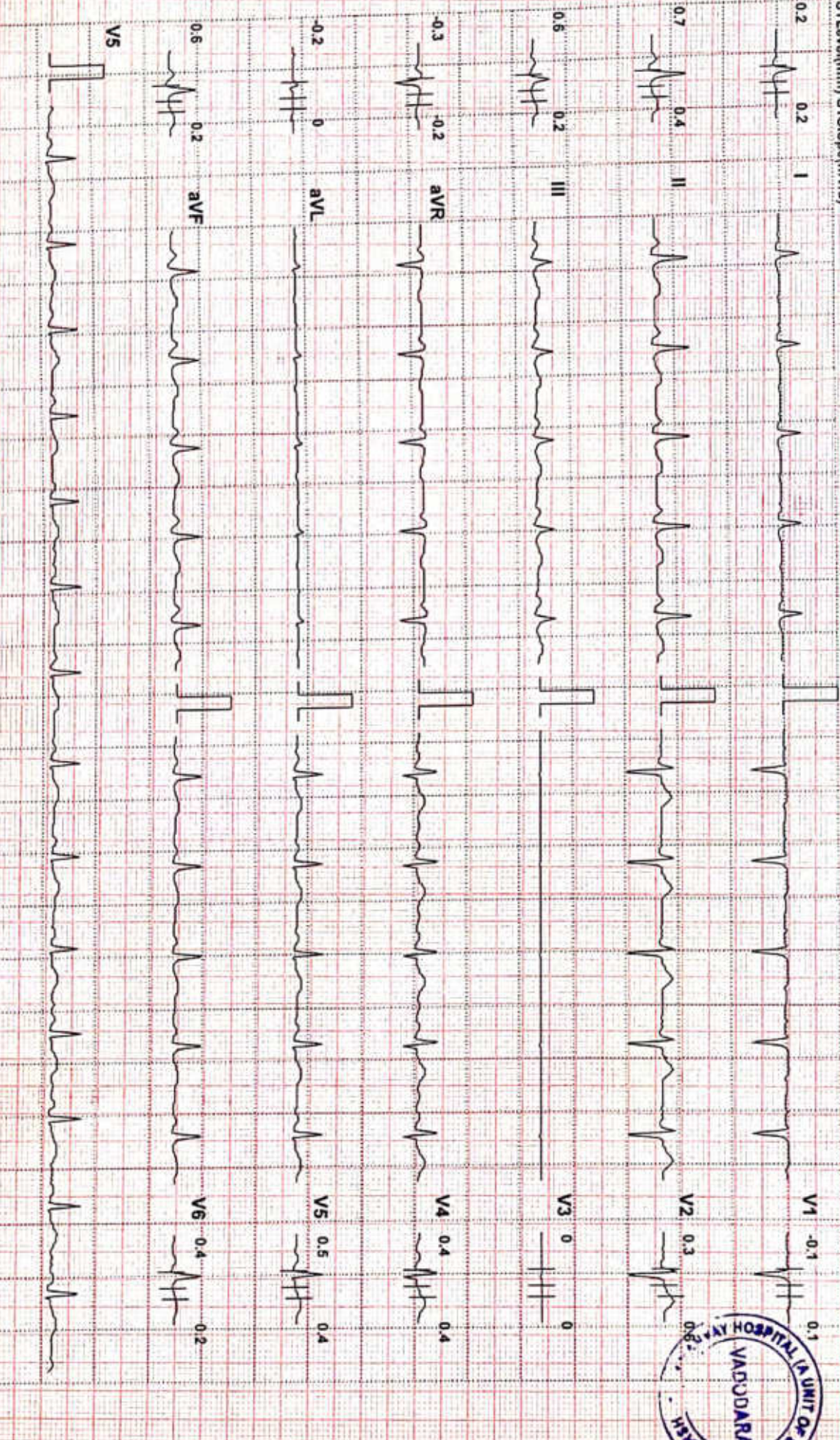


Chart Speed: 25 mm/sec Amplitude: 10mm/mV Filter: 25 Hz Mains Filter: ON ISO = R - 50 ms, J = R + 60 ms, Post J = J + 80 ms Schiller Cardiofil CS-10 Version:3.4

Linked Median

SAMANVAY HOSPITAL VADODARA

JAY SUKHADIA (39 M)

ID: 9589

Date: 20-07-2024

Exec Time : 0:00:00

Stage Time: 03:07

HR: 93 bpm

BP: 120/80 mmHg

STLevel(mm) STSlope(mV/s)

Stage: PreTest

Speed: 1.6 kmph

Grade: 0%

THR: 153 bpm

STLevel(mm) STSlope(mV/s)

0 0.3 1

ECG trace for leads I, II, III, aVR, aVL, aVF, V1, V2, V3, V4, V5, V6

0.3 0.5

0.2 0.2

0.1 0.1

0.2 0.2

0.3 0.5

ECG trace for leads I, II, III, aVR, aVL, aVF, V1, V2, V3, V4, V5, V6

0.3 0.5

0.2 0.2

0.1 0.1

0.2 0.2

0.2 0.2

ECG trace for leads I, II, III, aVR, aVL, aVF, V1, V2, V3, V4, V5, V6

0.2 0.2

0.1 0.1

0.1 0.1

0.2 0.2

0.1 0.4

ECG trace for leads I, II, III, aVR, aVL, aVF, V1, V2, V3, V4, V5, V6

0.1 0.4

0.2 0.2

0.2 0.2

0.2 0.2

0.1 0.1

ECG trace for leads I, II, III, aVR, aVL, aVF, V1, V2, V3, V4, V5, V6

0.1 0.1

0.1 0.1

0.3 0.3

0.2 0.2

0.2 0.3

ECG trace for leads I, II, III, aVR, aVL, aVF, V1, V2, V3, V4, V5, V6

0.2 0.3

0.3 0.3

0.3 0.3

0.4 0.4

0.2 0.3

ECG trace for leads I, II, III, aVR, aVL, aVF, V1, V2, V3, V4, V5, V6

0.2 0.3

0.3 0.3

0.3 0.3

0.4 0.4



SAMANVAY HOSPITAL VADODARA

JAY SUKHADIA (39 M)

Bruce Protocol

ID: 9589

Date: 20-07-2024

Exec Time : 0:03:00

Stage Time: 03:00

HR: 124 bpm

BP: 140/80 mmHg

STLevel(mm) STSlope(mV/s)

Stage: 1

Speed: 2.7 kmph

Grade: 10%

THR: 153 bpm

STLevel(mm) STSlope(mV/s)

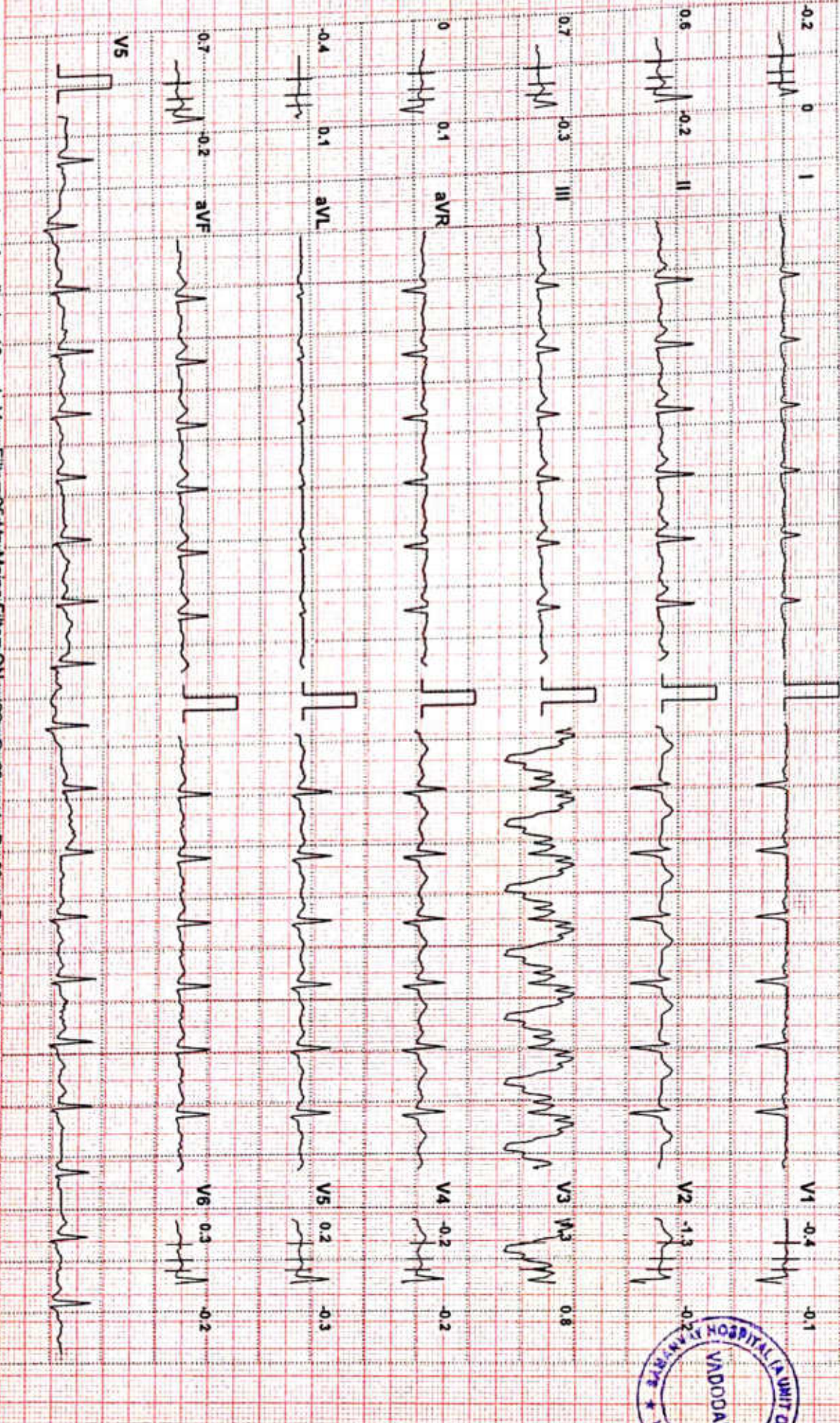


Chart Speed: 25 mm/sec Amplitude: 10mm/mV

Filter: 25 Hz Mains Filter ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Cardioit CS-10 Version 3.4

Linked Median

SAMANYAY HOSPITAL VADODARA

JAY SUKHADIA (39 M)

Bruce Protocol

ID: 9589

Date: 20-07-2024

Exec Time : 0:06:00

Stage Time: 03:00

HR: 135 bpm

STLevel(mm) STSlope(mV/s)

Stage: 2

Speed: 4 kmph

Grade: 12%

THR: 153 bpm

BP: 160/90 mmHg

STLevel(mm) STSlope(mV/s)

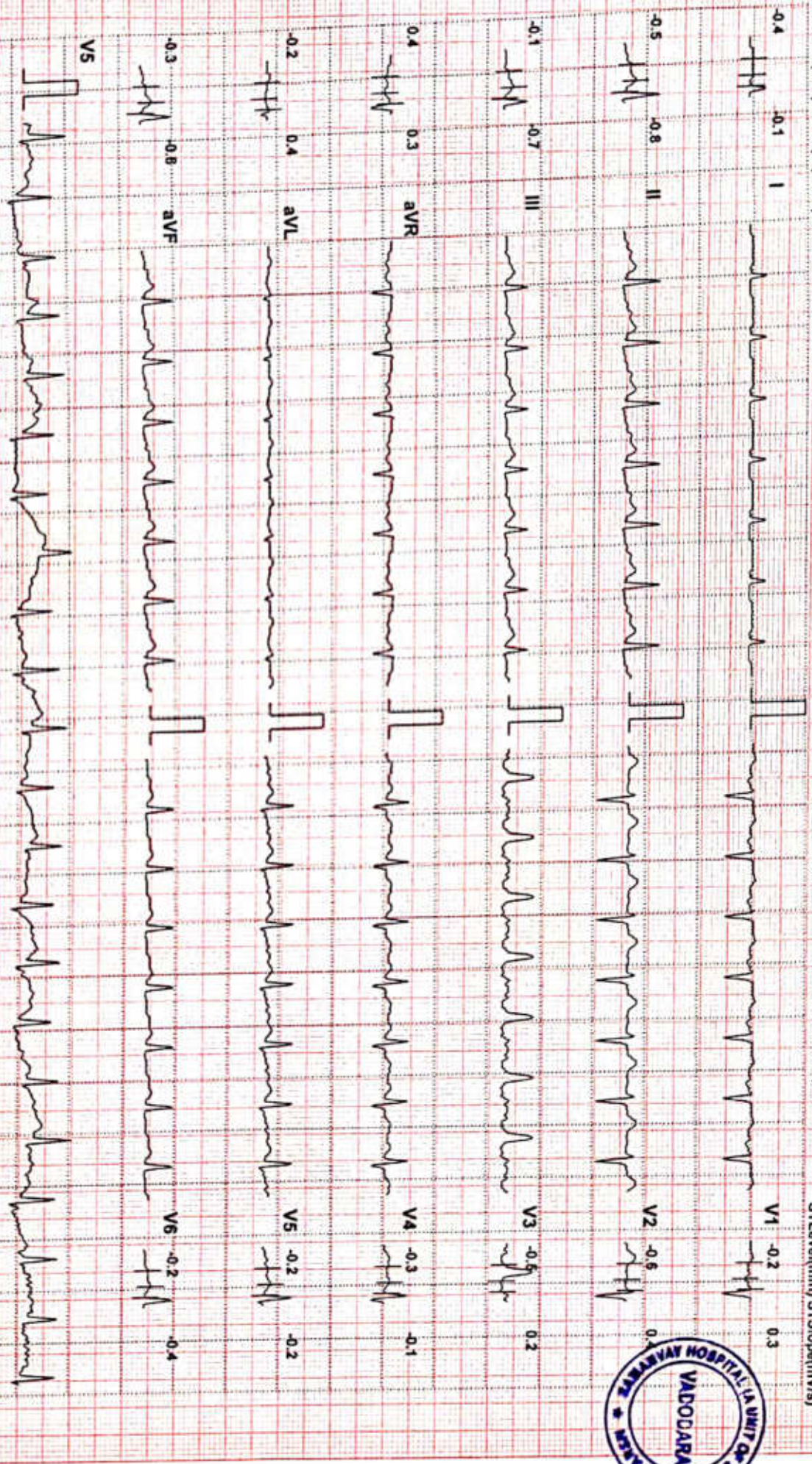


Chart Speed: 25 mm/sec Amplitude: 10mm/mV Filter: 25 Hz Mains Filter: ON ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms Schiller Cardiovit CS-10 Version: 3.4

Linked Median

SAMANVAY HOSPITAL VADODARA

JAY SUKHADIA (39 M)

Bruce Protocol

ID: 9589

Date: 20-07-2024

Exec Time: 0:08:45

Stage Time: 02:45

STLevel(mm) STSlope(mV/s)

Stage: Peak Exercise Speed: 5.5 kmph

Grade: 14%

THR: 153 bpm

HR: 156 bpm

BP: 180/90 mmHg

STLevel(mm) STSlope(mV/s)

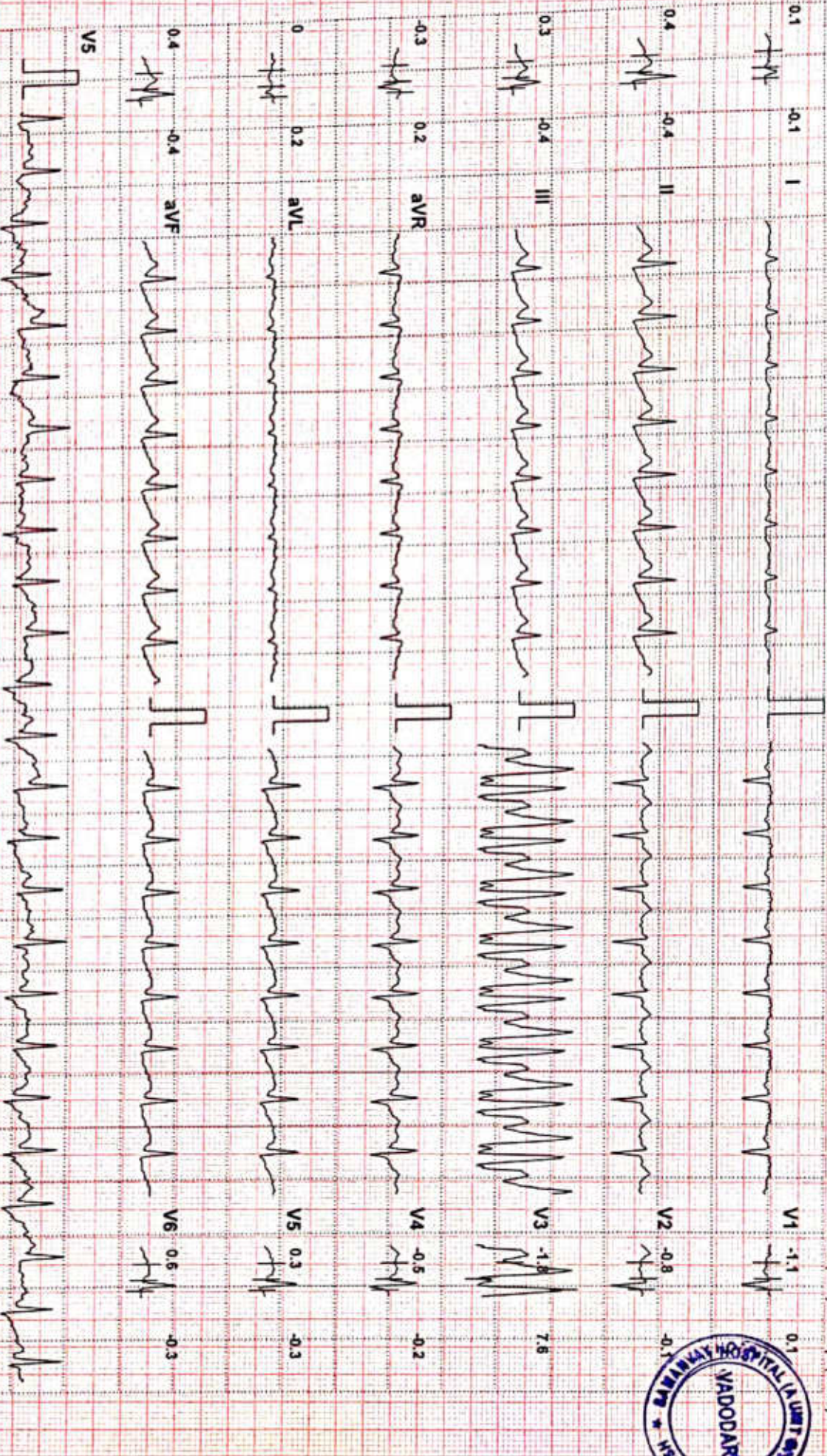


Chart Speed: 25 mm/sec Amplitude: 10mm/mV

Filter: 25 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Cardiovit CS-10 Version:3.4

Linked Median

SAMANVAY HOSPITAL VADODARA

JAY SUKHADIA (39 M)

ID: 9588

Date: 20-07-2024

Exec Time : 0:09:45

Stage Time: 01:00

HR: 133 bpm

Bruce Protocol

STLevel(mm) STSlope(mV/s)

Stage: Recovery1

Speed: 0 kmph

Grade: 0%

THR: 153 bpm

BP: 180/90 mmHg

STLevel(mm) STSlope(mV/s)

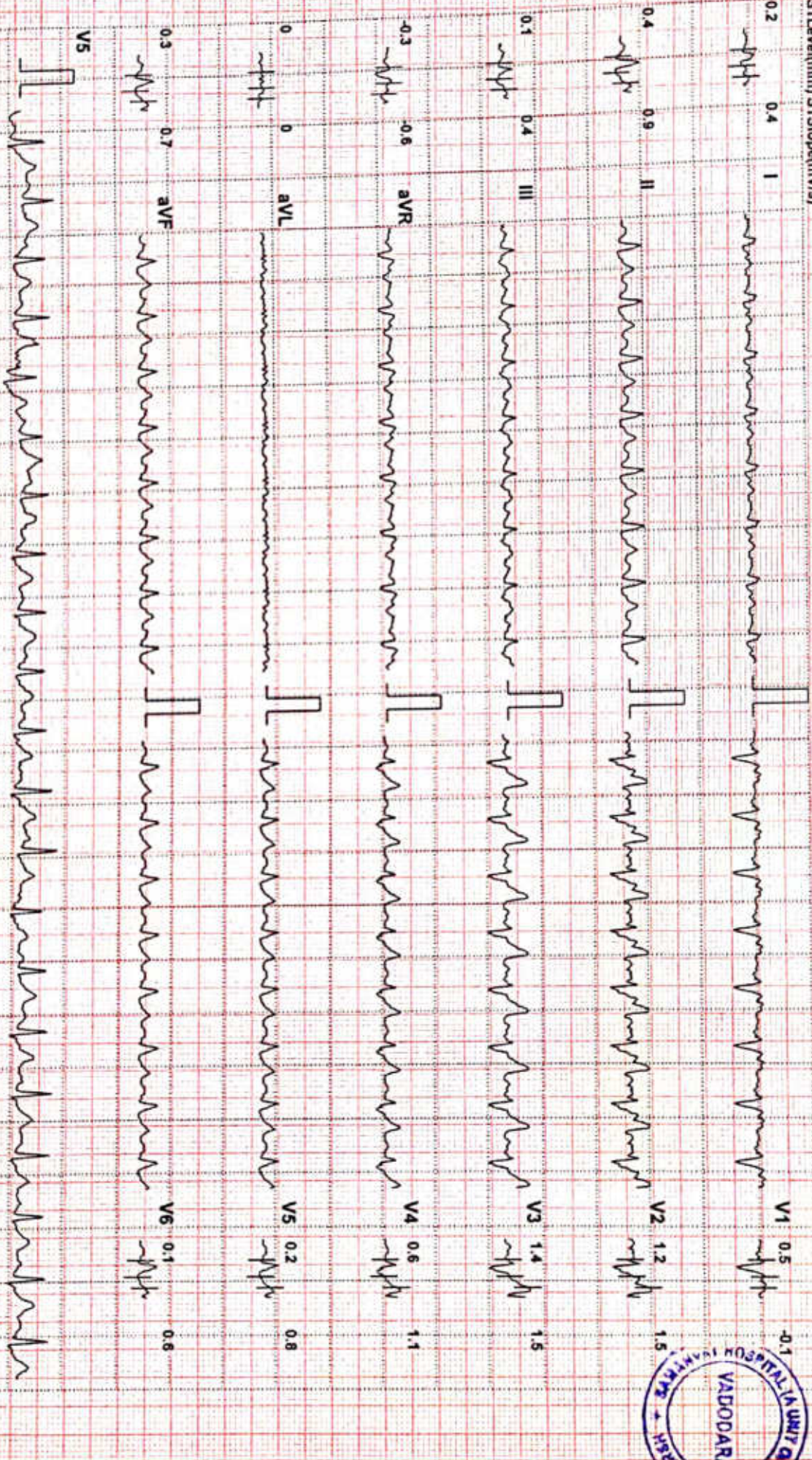


Chart Speed: 25 mm/sec Amplitude: 10mm/mV Filter: 25 Hz Mains Filter: ON ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms Schiller Cardiovit CS-10 Version:3.4

Linked Median

SAMANVAY HOSPITAL VADODARA

JAY SUKHADIA (39 M)

HR: 120 bpm

Bruce Protocol

ID: 9589

Date: 20-07-2024

Exec Time: 0:10:45

Stage Time: 01:00

BP: 140/80 mmHg

STLevel(mm) STSlope(mV/s)

Stage: Recovery2

Speed: 0 kmph

Grade: 0%

THR: 153 bpm

STLevel(mm) STSlope(mV/s)

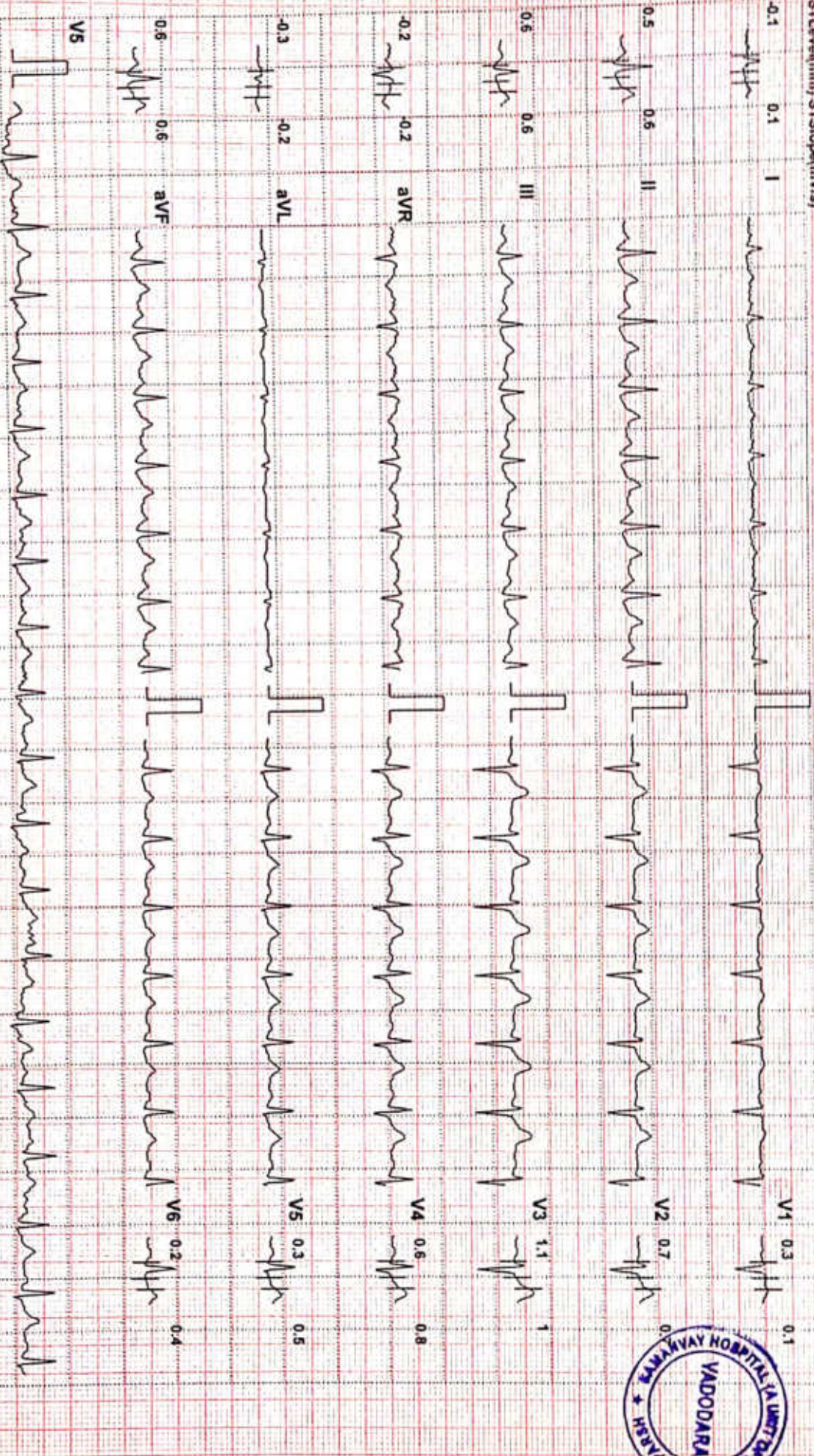


Chart Speed: 25 mm/sec Amplitude: 10mm/mV

Filter: 25 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Posi J = J + 80 ms

Schiller Cardiovit CS-10 Version:3.4

SAMANVAY HOSPITAL VADODARA

JAY SUKHADIA (39 M)

Bruce Protocol
STLevel(mm) STSlope(mV/s)

ID: 9589
Stage: Recovery3

Date: 20-07-2024
Speed: 0 kmph

Exec Time: 0:11:45
Grade: 0%

Stage Time: 01:00
THR: 153 bpm

HR: 111 bpm

BP: 110/80 mmHg
STLevel(mm) STSlope(mV/s)

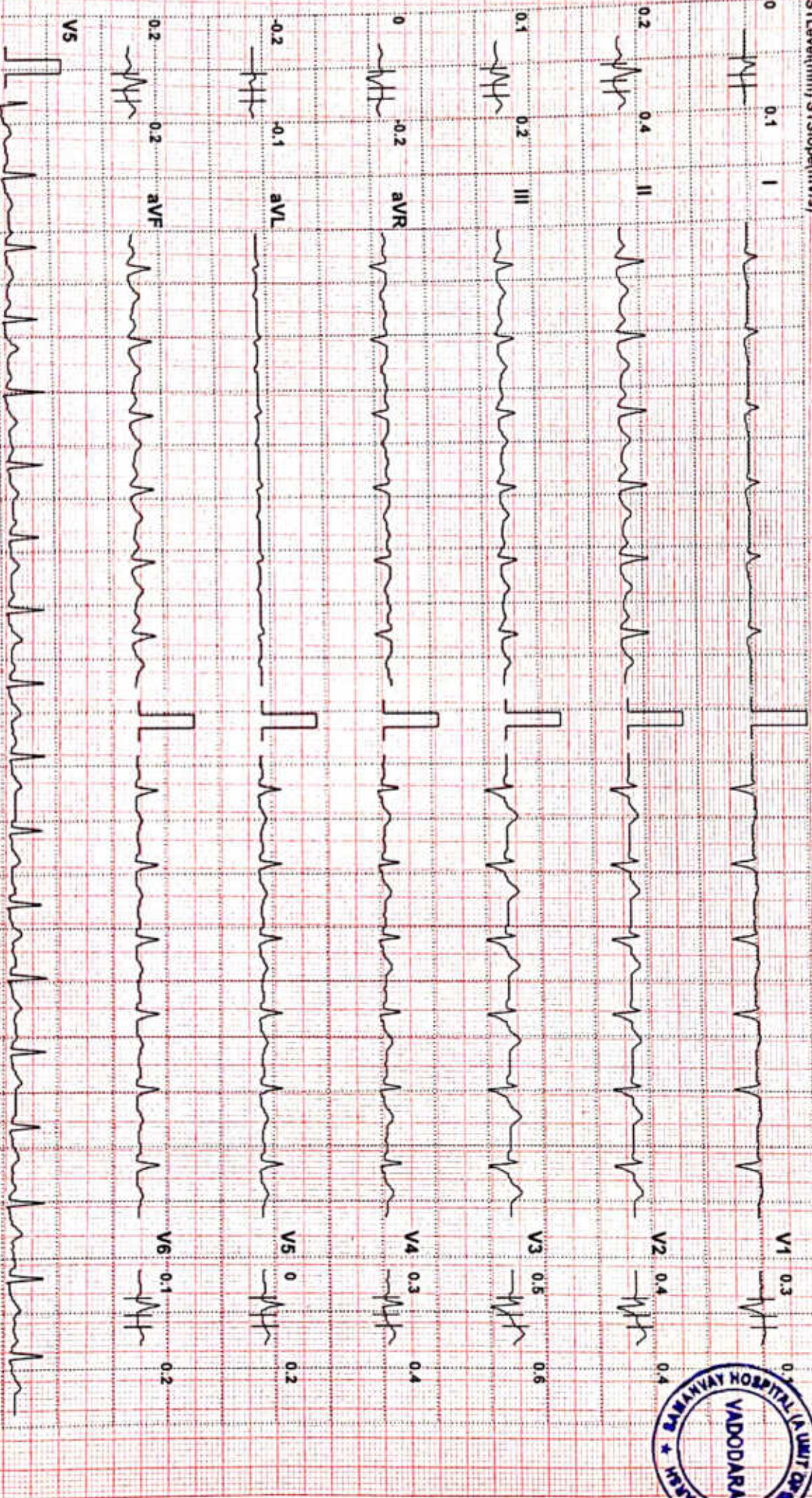



Chart Speed: 25 mm/sec Amplitude: 10mm/mV Filter: 25 Hz Mains Filter: ON ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms Schiller CardioVIT CS-10 Version: 3.4
Linked Median


SAMANVAY HOSPITALS
EYE CHECK UP

Reg. No. : _____ Date : 20/7/24

Name : Mr. Jay Sukhadija Age / Sex : 39/M

	RIGHT EYE	LEFT EYE
DISTANCE : (With / Without Glasses)	6/6	6/6
NEAR VISION : (With / Without Glasses)	N-6	N-6
ANTERIOR SEGMENT :	mid cor ^m and disjunctur	well
I O P (MM of Hg)	16.0	15.0
FUNDUS :	well	well
COLOR VISION :	well	well
CLINICAL IMPRESSION :		
ADVICE :	Re- Mosi end	1-1-7

Doctor's Signature : 



DENTAL

20/7/24

Op: Routine dental check-up.

O/E: stains +++.

Adv: Scaling.





SAMANVAY HOSPITAL VADODARA

Name: JAY SUKHADIA

Date: 20-07-2024 **Time:** 15:07

Age: 39 **Gender:** M

Height: 172 cms

Weight: 76 Kg

ID: 9589

Clinical History:

Medications:

Test Details:

Protocol: Bruce

Predicted Max HR: 181

Target HR: 153 (85% of Pr. MHR)

Exercise Time: 0:08:45

Achieved Max HR: 156 (86% of Pr. MHR)

Max BP: 180/90

Max BP x HR: 28080

Max Mets: 9.8

Test Termination Criteria:

Protocol Details:

Stage Name	Stage Time	METS	Speed kmph	Grade %	Heart Rate bpm	BP mmHg	RPP	ST Level mm	ST Slope mV/S
Standing	03:02	1	0	0	91	120/80	10920	0.7 II	0.6 V2
PreTest	03:07	1	1.6	0	93	120/80	11160	-1.4 V3	0.5 II
Stage: 1	03:00	4.7	2.7	10	124	140/80	17360	-1.3 V2	0.8 V3
Stage: 2	03:00	7	4	12	135	160/90	21600	-0.6 V2	-0.8 II
Peak Exercise	02:45	9.8	5.5	14	156	180/90	28080	-1.8 V3	7.6 V3
Recovery1	01:00	1	0	0	133	180/90	23940	1.7 V3	1.7 V3
Recovery2	01:00	1	0	0	120	140/80	16800	1.1 V3	1.1 V3
Recovery3	01:00	1	0	0	111	110/80	12210	0.6 V3	0.6 V3
Recovery4	00:02	1	0	0	111	110/80	12210	0.6 V3	0.6 V3

Interpretation

The Patient Exercised according to Bruce Protocol for 0:08:45 achieving a work level of 9.8 METS. Resting Heart Rate, initially 91 bpm rose to a max. heart rate of 156bpm (86% of Predicted Maximum Heart Rate). Resting Blood Pressure of 120/80 mmHg, rose to a maximum Blood Pressure of 180/90 mmHg

- Ath Rest noted in stage-1 to till 7 min. Recovery
- moderate efforts tolerance / 9.8 METS with 86% THA.
- NO ST-T shift during exercise OR Recovery
- NO Angina OR Nausea OR Headaches
- The stress test is negative for induced Ischemia

Advised
DR. PAVAN ROY
MD, DM (CARDIOLOGY)
CONSULTANT CARDIOLOGIST
Date: 20/07/2024



SCHILLER

COMPREHENSIVE HEALTH CHECK UP

Case No. : _____ # _____ Date : 20-07-2024
 Name : Jay Sukhadia Age/Sex : M / 38

MEDICAL HISTORY : _____

PERSONAL HISTORY : _____

Appetite : (N) Smoking : _____
 Sleep : (N) H/O Alcohol : _____
 Bladder : (N) Lifestyle : _____
 Bowel : (N) Exercise : Walking

DRUG HISTORY : _____

PAST HISTORY : _____

FAMILY HISTORY : _____

GENERAL PHYSICAL EXAMINATION :



Built and Nourishment :

Height : _____
 B. P. : _____ mm of Hg Weight : _____ Kg
 Character : (N) Pulse : _____ / Min
 Nails : (N) Odema : _____
 Tonsils : (N) Skin : _____
 Tongue : (N) Sclera : _____
 Eat. & Joints : (N) Glands : _____

AAV:-

- Tb Urine. - (10)fung



ENT CHECK UP

Case No: _____ Date: _____

Name: Jay Aravind Age: 10/3/2008

GENERAL EXAMINATION: _____

EAR: Bilateral TMJ

NOSE: NAD

THROAT: NAD

ADVICE: _____



Doctor's Signature: _____

20000

20000

HT - 17/20/2019
wt - 71 kg
Crea - 25.7
BUN - 18.8 mg/dl

At Home - try diet changes

- Every morning empty stomach. Take in the week coconut water & half lime juice
- Always in a week empty stomach - soak papaya leaf in 1 glass of water in 1 spoon (and overnight)
- Breakfast 1 cup milk (7-8 AM - Robert Darnal soaked dry fruits (3 Almonds + 2 cashews + 1 fig + 1 date) / khakhra + mawa
- Lunch (1-1:30 pm) - 3-4 Poha
Sobji - 1 big bowl
Salade (avoid raw tomato)
Buttermilk - 1 glass
- Dinner (7-7:30 pm) - khudhi khudhi / Poha + pulses / Poha green leafy veg
Dhokhe / Hardva / Dosa / Jalebi / Sumbhar

Should be Avoid

- Avoid Spinach, Brinjal, Tomato
- Avoid Raw milk
- Avoid Fried Food items
- Avoid Masala
- Avoid Junk food

- Avoid cold drinks
- Avoid Soft drinks
- Avoid cheese, butter, cake, Pastry, Pudding