

Name : Ms. RUPANJALI KUMARI SAH (33 /F)

Date : 19/10/2024

Address : 1/2R,RAKRISHNA NASKAR LANE,BELEGHATA, KOLKATA, KOLKATA, WEST BENGAL, INDIA

Examined by: Dr .SUCHISMITA BHAUMIK

UHID : AMHL.0001935854

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH222512



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension,
Dyslipidemia, Thyroid
disorder, Heart disease,
Asthma



DRUG ALLERGY

NO KNOWN ALLERGY :10/02/2024



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Gynaec history

Last menstrual period - 23/9/2024; Periods - regular;
No of Children - 1; Deliveries - LSCS

Eyes

- Nil Significant

ENT

- Throat Irritation

Musculoskeletal system

Spine and joints
- Nil Significant

Skin

- dandruff, hypopigmentation



Present medications

- Nil



Past medical history

Past medical history - nil significant



Surgical history

Caesarian section - 2019
Open reduction and
internal fixation - Left leg in 2022



Personal history

Marital status - Married
No. of children - 1
Diet - Non Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Mild



Family history

Father - alive
Mother - alive
Diabetes - mother
Coronary artery
disease - father
Cancer - None

PHYSICAL EXAMINATION



General

Build - over weight
Height - 160
Weight - 76
BMI - 29.69
Pallor - No

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Oedema - no



Cardiovascular system

Heart rate (Per minute) - 67
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 105
Diastolic(mm of Hg) - 68
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Organomegaly - No
Tenderness - No



Skin

Hypopigmentation - Yes
Hypopigmentation - patches

Printed By : Suchismita Bhaumik

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COMPLETE HAEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin	12.0	g/dl	●	12.0-15.0
RBC COUNT	4.53	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	37.2	%	●	36-46
MCV	82.1 *	fl	●	83-101
MCH	26.5 *	pg	●	27-32
MCHC	32.3	%	●	31.5-34.5
RDW	14.7 *	%	●	11.8-14.0
WBC Count	7800	/cu mm	●	4000-10000
Platelet Count	1.76	lacs/cu mm	●	1.5-4.0
Neutrophils	63	%	●	40-80
Lymphocytes	28	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	04	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			

ERYTHROCYTE SEDIMENTATION RATE (ESR)

Test Name	Result	Unit	Level	Range
ERYTHROCYTE SEDIMENTATION RATE (ESR)	18	mm/1st hr	●	0-20

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	20	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.010			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	1-2	/hpf		
Pus Cells	8-10	/hpf		

Epithelial Cells	3-5
Casts:	Not Found
Crystals:	Not Found

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	NEGATIVE			

ALT(SGPT) - SERUM

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	10	U/L	●	0-35

ALBUMIN - SERUM

Test Name	Result	Unit	Level	Range
ALBUMIN - SERUM	3.8	g/dL	●	3.5-5.1

ALKALINE PHOSPHATASE - SERUM

Test Name	Result	Unit	Level	Range
ALKALINE PHOSPHATASE - SERUM	106 *	U/L	●	33-98

AST (SGOT) - SERUM

Test Name	Result	Unit	Level	Range
AST (SGOT) - SERUM	19	U/L	●	0-35

BILIRUBIN, TOTAL - SERUM

Test Name	Result	Unit	Level	Range
BILIRUBIN TOTAL - SERUM	0.5	mg/dL	●	0.3-1.2

CHOLESTEROL - SERUM

Test Name	Result	Unit	Level	Range

● Within Normal Range ● Borderline High/Low ● Out of Range

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CHOLESTEROL - SERUM 195 mg/dL ● 0-200

Non-HDL Cholesterol 148

LDL CHOLESTEROL -SERUM 132 * mg/dL ● 0-100

VLDL CHOLESTEROL - SERUM (Calculated) 16 mg/dL ● 0-35

CREATININE - SERUM

Test Name Result Unit Level Range
CREATININE - SERUM 0.9 mg/dL ● 0.6-1.1

GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM

Test Name Result Unit Level Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 18 U/L ● 0-38

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (FASTING) 95 mg/dL ● 70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 87 mg/dL ● 70-140

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 5.0 % ●
Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >= 6.5%
ADA
Therapeutic goal : <7%

HDL CHOLESTEROL - SERUM

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 47 mg/dL ● 30-70
TC/HDL-C ratio serum 4 * ● Optimal<3.5

LDL CHOLESTEROL -SERUM

Test Name Result Unit Level Range

PROTEIN TOTAL - SERUM

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 7.5 g/dL ● 6.4-8.3
Albumin/Globulin Ratio 1.0 ● 1.0-2.0
GLOBULIN: (CALCULATED) - SERUM 3.7 * g/dL ● 1.8-3.6

TOTAL T3: TRI IODOTHYRONINE - SERUM

Test Name Result Unit Level Range
TOTAL T3: TRI IODOTHYRONINE - SERUM (Chemiliminescence) 0.86 * ng/ml ● 0.87-1.78

TOTAL T4: THYROXINE - SERUM

Test Name Result Unit Level Range
TOTAL T4: THYROXINE - SERUM (Chemiliminescence) 9.95 µg/dL ● 5.48-14.28

TRIGLYCERIDES - SERUM

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 75 mg/dL ● 0-150

TSH: THYROID STIMULATING HORMONE - SERUM

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM (Chemiliminescence) 6.52 * µIU/mL ● 0.38-5.33

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 6.4 * mg/dL ● 2.4-5.7

BILIRUBIN CONJUGATED (DIRECT) - SERUM

Test Name Result Unit Level Range

● Within Normal Range ● Borderline High/Low ● Out of Range

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BILIRUBIN 0.1 mg/dL ● 0.0-0.2
CONJUGATED
(DIRECT) - SERUM

* Hepatomegaly with grade I fatty liver.
* Non visualized right kidney.

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	12.1	mg/dL	●	7.0-18.0

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

BUN/CREATININE RATIO

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	13.4			

Dr. KHWAJA KAMRUDDIN
DMRD, DNB RESIDENT
Reg. No. 62704 (WBMC)

DR. DEBASISH DATTA
DMRD (RADIODIAGNOSIS) CONSULTANT
RADIOLOGIST Reg. No. 42727 (WBMC)

PAP SMEAR /CERVICAL SMEAR

Ref No:
AG01.C2408352
SPECIMEN TYPE:
Conventional cervical smear (Papanicolaou stain) x 1
SPECIMEN ADEQUACY:
Satisfactory for evaluation with endocervical cells and Metaplastic cells
INTERPRETATION/RESULT:
Negative for intraepithelial lesion or malignancy, with no organism
*
Dense mixed inflammation is present.

ECG

SINUS RHYTHM.
LOW VOLTAGE QRS.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Biochemistry

A/G - RATIO

X-RAY CHEST PA

* Chest skiagram does not reveal any significant abnormality.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

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AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

Low Risk

YOUR SCORE

2

ACCEPTABLE SCORE

3

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515