



PID NO.	: CJA0701	Reference :	Reg. Date
		Sample Collected At :	10-Oct-2024 /12:11 pm
Name	: MANGESH RAJU WAGHMARE	Sea Bird Medicare	I
		A-101-102, Heritage Plaza,	Coll Date
Sex / Age	: Male / 25 Years	Telli Cross Lane, Andheri East (Nr.Station).	10-Oct-2024 /12:16 pm
bex / lige		Processing Location: - Seabird Medicare Pvt Ltd	io occuour, iurio più
		Office no A/302, Vertex Vikas, Opposite Andheri	Report Date
Ref By	: DR.MUKUL ARTE	Station, Near Madhavbag Bldg, Andheri (East).	Report Date
		Mumbai - 400069	10-Oct-2024 / 3:52 pm

BIOCHEMISTRY				
<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL	
Serum S.G.P.T. (Serum,Method- IFCC without/with PDP)	32.18	U/L	0 - 41	
Bilirubin (Total) (Serum ,Method-Diazo- End point)	0.42	mg/dl	0.0 - 1.20	
Bilirubin (Direct) (Serum,Method-Diazo-End point)	0.1	mg/dl	0.0 - 0.40	
Bilirubin (Indirect) Calculated	0.32	mg/dl	0.0 - 0.90	
Serum Creatinine (Serum,Method- Kinetic Jaffe's)	1.12	mg/dl	0.62 - 1.17	

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

----- End of Report ------



DR.RITESH KHARCHE MBBS, MD PATHOLOGY Pathologist MMC Reg No.2006031680

Kochi: 0484- 2322022 / 4032022

Lab Technician

Page 1 of 10



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HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704



Biochemistry Report				
<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL	
BUN (Blood Urea Nitrogen) Serum, Method: Urease	10.38	mg/dl	6.0 - 20.0	
Creatinine Serum, Method-Kinetic Jaffes	1.12	mg / dL	0.62 - 1.17 mg/dl	
BUN/Creatinine Ratio	8.51		10 - 20.1	
Urea (Serum, Method-Urease)	22.22	mg/dl	16.6 - 48.5	

----- End of Report ------



DR.RITESH KHARCHE MBBS, MD PATHOLOGY Pathologist MMC Reg No.2006031680

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Page 2 of 10



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HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704







PIE	O NO.	: CJA0701	Reference :	Reg. Date
			Sample Collected At :	10-Oct-2024 /12:11 pm
Na	me	: MANGESH RAJU WAGHMARE	Sea Bird Medicare	r i i i i i i i i i
			A-101-102, Heritage Plaza,	Coll Date
Sei	x / Age	: Male / 25 Years	Telli Cross Lane, Andheri East (Nr.Station).	10-Oct-2024 /12:16 pm
ber	a / nge		Processing Location: - Seabird Medicare Pvt Ltd	10 000 #0#17 1#110 pm
			Office no A/302, Vertex Vikas, Opposite Andheri	Report Date
Ret	f By	: DR.MUKUL ARTE	Station, Near Madhavbag Bldg, Andheri (East).	Report Date
			Mumbai - 400069	10-Oct-2024 / 3:52 pm

	BL	OOD GLUCOSI	E
<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL
Blood Glucose (Fasting), plasma (Plasma,Method- Hexokinase) Interpretation: NORMAL : 70 - 100 mg/dl Pre-Diabetic : 100 - 125 mg/dl Diabetic : >125 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association g	82.43 guidelines 2022	mg/dl	70.00 - 100.00 mg/dl
Urine Glucose (Fasting)	Absent		Absent
Urine Ketones (Fasting)	Absent		Absent
Blood Glucose (PP) plasma (Plasma,Method- Hexokinase) Interpretation: Non-Diabetic : 70 - 140 mg/dl Pre-Diabetic : 140 - 199 mg/dl Diabetic : >200 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association g	98.24 guidelines 2022	mg/dl	70.00 - 140.00
Urine Glucose (PP)	Absent		Absent
Urine Ketones (PP)	Absent		Absent
Test Done on Fully Automated Mispa CXL P	RO PLUS Biochemisti	ry Analyser.	

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.



DR.RITESH KHARCHE MBBS, MD PATHOLOGY Pathologist MMC Reg No.2006031680

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HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Sea Bird Medica	EL TONT PARTY AND	
PID NO. : CJA0701	Reference : Sample Collected At :	Reg. Date
Name : MANGESH RAJU WAGHMARE	Sea Bird Medicare A-101-102, Heritage Plaza,	10-Oct-2024 /12:11 pm Coll Date
Sex / Age : Male / 25 Years	Telli Cross Lane, Andheri East (Nr.Station). Processing Location: - Seabird Medicare Pvt Ltd	10-Oct-2024 /12:16 pm
Ref By : DR.MUKUL ARTE	Office no A/302, Vertex Vikas, Opposite Andheri Station, Near Madhavbag Bldg, Andheri (East). Mumbai - 400069	Report Date 10-Oct-2024 / 4:27 pm

BLOOD GLUCOSE Test Result Units BIOLOGICAL REFERENCE INTERVAL

----- End of Report ------



DR.RITESH KHARCHE MBBS, MD PATHOLOGY Pathologist MMC Reg No.2006031680

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Page 4 of 10



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Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

Sea Bird Medicar	10/ 9001-2016 /2/	
PID NO. : CJA0701	Reference : Sample Collected At :	Reg. Date 10-Oct-2024 /12:11 pm
Name : MANGESH RAJU WAGHMARE	Sea Bird Medicare A-101-102, Heritage Plaza,	Coll Date
Sex / Age : Male / 25 Years	Telli Cross Lane, Andheri East (Nr.Station). Processing Location: - Seabird Medicare Pvt Ltd	10-Oct-2024 /12:16 pm
Ref By : DR.MUKUL ARTE	Office no A/302, Vertex Vikas, Opposite Andheri Station, Near Madhavbag Bldg, Andheri (East). Mumbai - 400069	Report Date 10-Oct-2024 / 3:51 pm

Blood Group				
<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL	
BLOOD GROUP				
ABO Group	"B"			
RH (D)	Positive			
Method : Cell (Forward) grouping	g by Manual Slide Method.			

Sample: Whole Blood (EDTA)

----- End of Report ------



SONALI ADELKAR Lab Technician

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DR.RITESH KHARCHE MBBS, MD PATHOLOGY Pathologist MMC Reg No.2006031680

Kochi: 0484- 2322022 / 4032022

Page 5 of 10



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Sea Bird Medicar	14 0001-000 JUL	
PID NO. : CJA0701	Reference : Sample Collected At :	Reg. Date 10-Oct-2024 /12:11 pm
Name : MANGESH RAJU WAGHMARE	Sea Bird Medicare A-101-102, Heritage Plaza,	Coll Date
Sex / Age : Male / 25 Years	Telli Cross Lane, Andheri East (Nr.Station). Processing Location: - Seabird Medicare Pvt Ltd	10-Oct-2024 /12:16 pm
Ref By : DR.MUKUL ARTE	Office no A/302, Vertex Vikas, Opposite Andheri Station, Near Madhavbag Bldg, Andheri (East). Mumbai - 400069	Report Date 10-Oct-2024 / 3:52 pm

Complete Blood Count				
	Test	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL
	Hemoglobin	15.5	gm/dl	13.0 -17.0
	RED BLOOD CELLS			
	R.B.C. Count	5.22	million / cumm	4.5- 5.5
	НСТ	45.8	%	40- 50
	MCV	87.8	fL	83 - 101
	MCH	29.6	pg	27 - 32
	MCHC	33.8	gm / dl	31.5 - 34.5
	RDW (CV)	12.6	%	11.6- 14.0
	Total W.B.C. Count	6320	/cu.mm.	4000 - 10000
	DIFFERENTIAL COUNT			
	Neutrophils	55	%	40 - 80
	Lymphocytes	40	%	20 - 40
	Eosinophils	02	%	1 - 6



SONALI ADELKAR Lab Technician

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DR.RITESH KHARCHE MBBS, MD PATHOLOGY Pathologist MMC Reg No.2006031680

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Page 6 of 10



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HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Sea Bird Medicare C	2001-045 /2/	
PID NO. : CJA0701	Reference : Sample Collected At :	Reg. Date 10-Oct-2024 /12:11 pm
Name : MANGESH RAJU WAGHMARE	Sea Bird Medicare A-101-102, Heritage Plaza,	Coll Date
Sex / Age : Male / 25 Years	Telli Cross Lane, Andheri East (Nr.Station). Processing Location: - Seabird Medicare Pvt Ltd	10-Oct-2024 /12:16 pm
Ref By : DR.MUKUL ARTE	Office no A/302, Vertex Vikas, Opposite Andheri Station, Near Madhavbag Bldg, Andheri (East). Mumbai - 400069	Report Date 10-Oct-2024 / 3:52 pm

Complete Blood Count				
	Test	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL
	Monocytes	03	%	2 - 10
	Basophils	00	%	0 - 1
	Platelet Count	380000	/cumm	150000 - 410000
	MORPHOLOGY			
	RBC Morphology	Predominantly Normocytic and Normochromic.		
	WBC Morphology	Normal Morphology.		
	Platelets on Smear	Adequate on smear		

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy and DLC is done manually by the Pathologist.)

----- End of Report ------

SONALI ADELKAR

Lab Technician



DR.RITESH KHARCHE MBBS, MD PATHOLOGY Pathologist MMC Reg No.2006031680

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Page 7 of 10



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PID NO.	: CJA0701	Reference :	Reg. Date
		Sample Collected At :	10-Oct-2024 /12:11 pm
Name	: MANGESH RAJU WAGHMARE	Sea Bird Medicare	
		A-101-102, Heritage Plaza,	Coll Date
Sex / Age	: Male / 25 Years	Telli Cross Lane, Andheri East (Nr.Station).	10-Oct-2024 /12:16 pm
ben / nge		Processing Location: - Seabird Medicare Pvt Ltd	
		Office no A/302, Vertex Vikas, Opposite Andheri	Report Date
Ref By	: DR.MUKUL ARTE	Station, Near Madhavbag Bldg, Andheri (East).	heport Date
		Mumbai - 400069	10-Oct-2024 / 3:52 pm

Erythrocyte Sedimentation Rate (ESR)				
<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL	
E.S.R	21	mm at 1hr	0 - 15	

Method: Westergren. Sample: Whole Blood (EDTA)

----- End of Report ------

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Pritam Dhanawade Lab Technician

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DR.RITESH KHARCHE MBBS, MD PATHOLOGY Pathologist MMC Reg No.2006031680

Kochi: 0484- 2322022 / 4032022

Page 8 of 10



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URINE ANALYSIS					
<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL		
PHYSICAL EXAMINATION					
Colour	Pale Yellow		Pale Yellow		
Quantity	30 ml	ml	20 - 50		
Appearance	Clear		Clear		
Reaction (pH)	5.0		5.0 - 9.0		
Specific Gravity	1.010		1.000 - 1.030		
CHEMICAL EXAMINATION					
Proteins	Absent		Absent		
Sugar	Absent		Absent		
Ketone Bodies	Absent		Absent		
Bilirubin	Absent		Absent		
Nitrite	Absent		Absent		
Urobilinogen	Normal	mg/dl	Normal (0.1 - 1.0 mg/dl)		

PRIYA PANDEY Lab Technician

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Page 9 of 10

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Sea Bird Medicare	A 9001-2045 / 2/	
PID NO. : CJA0701 Name : MANGESH RAJU WAGHMARE	Reference : Sample Collected At : Sea Bird Medicare	Reg. Date 10-Oct-2024 /12:11 pm
Sex / Age : Male / 25 Years	A-101-102, Heritage Plaza, Telli Cross Lane, Andheri East (Nr.Station). Processing Location: - Seabird Medicare Pvt Ltd	Coll Date 10-Oct-2024 /12:16 pm
Ref By : DR.MUKUL ARTE	Office no A/302, Vertex Vikas, Opposite Andheri Station, Near Madhavbag Bldg, Andheri (East). Mumbai - 400069	Report Date 10-Oct-2024 / 3:52 pm

URINE ANALYSIS					
<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL		
Ocult Blood	Absent		Absent		
MICROSCOPIC EXAMINATION					
Pus Cells	1 - 2 / hpf		2 - 3 / hpf		
Red Blood Cells	Absent		Absent		
Epithelial cells	1 - 2 / hpf		2 - 3 / hpf		
Casts	Absent		Absent		
Crystals	Absent		Absent		
Other Findings	Absent				

METHOD:

Physical Examination : Visual Strip Method.

Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/peroxidase reaction), Ketone(Rothera's test), Leukocytes(Reflectance Photometer(Leucocyte esterase)), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich). Microscopy Examination : Automation/Manual Microscopy

----- End of Report ------

PRIYA PANDEY Lab Technician

DR.RITESH KHARCHE MBBS, MD PATHOLOGY Pathologist MMC Reg No.2006031680

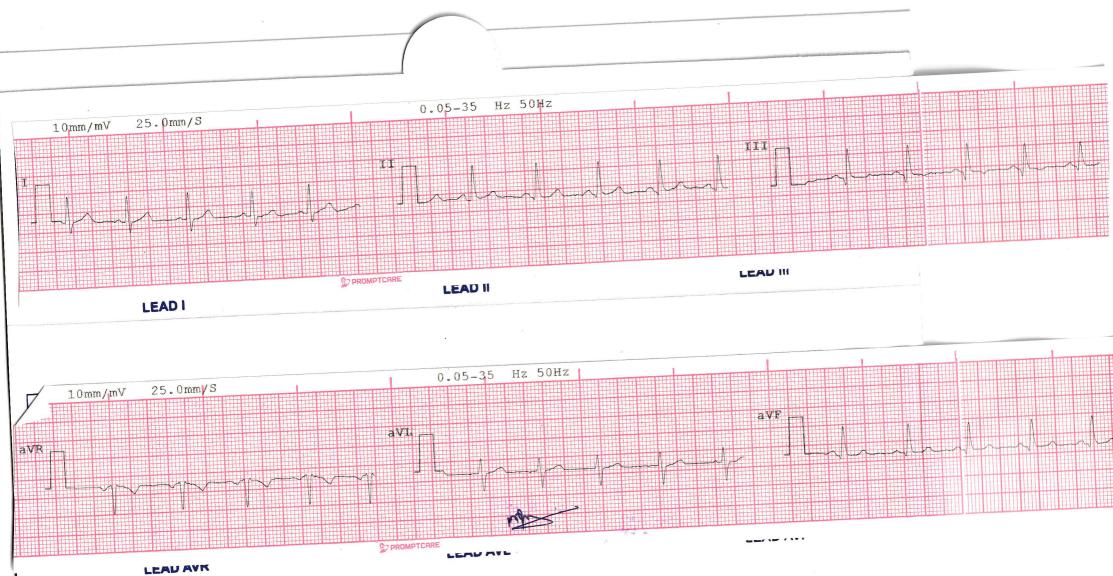
Kochi: 0484- 2322022 / 4032022

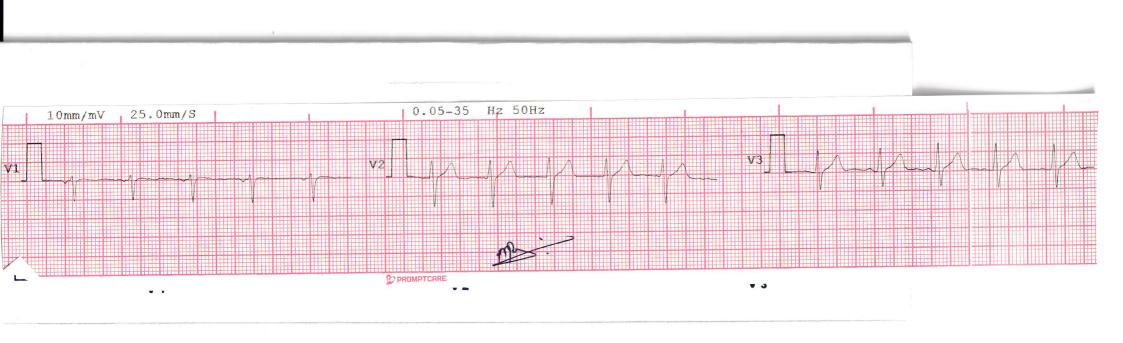
Page 10 of 10

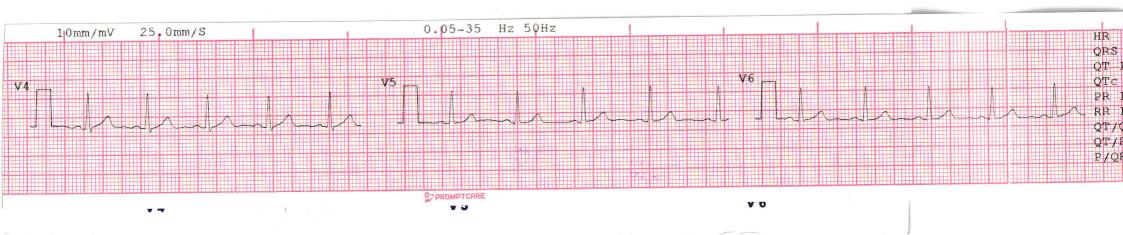


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Sea	ELECTROC Bea Bird		RAPHIC REI 101-102, Heri 102-103-104, Gatew Webs	tage Plaza, Telli Mumbai - 4000 vay Plaza, Centra Powai, Mumbai	69. Tel.: 022-4603 al Avenue Road, H - 400076. Tel.: 25	2704 / 81046 06813 iranandani Gardens,
Sea	ELECTROC Bird Medicare Centre 9001 - 2015)		RAPHIC REI 101-102, Heri 102-103-104, Gatew Webs	itage Plaza, Telli Mumbai - 4000 vay Plaza, Centra Powai, Mumbai ite: <u>www.seabird</u>	69. Tel.: 022-4603 al Avenue Road, H - 400076. Tel.: 25 hf.com / Email: sea	2704 / 81046 06813 iranandani Gardens, 70 4157 / 2570 1053



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CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination of Manges wayher on <u>dliof</u>29

After reviewing the medical history and on clinical examination it has been found that he/she is

		Tick
	cally Fit	V
• Fit w	ith restrictions/recommendations	
	hough following restrictions have been revealed, in my pinion, these are not impediments to the job.	
1		
2		
3	· · · · · · · · · · · · · · · · · · ·	
ac hi	owever, the employee should follow the dvice/medication that has been communicated to im/her. eview after	
	ently Unfit.	
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	Dr. Niedical Officer DR. MUKULARTE WBS.DN: Reg. No:44293 (MMC) Approved By DG ShippingGOI) This certificate is not meant for medico-learst prose stedicine & Aviation N Another the Aviation of Shipping Constant Another the Aviation of Shipping Constant Aviation	ledicine

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East, Mumbai- 400069 Tel: 022-46032704 / 8104606813

Website: www.seabirdhf.com | Email: admin@seabirdhf.com



MER- MEDICAL EXAMINATION REPORT

DATE OF EXAMINATION	10 10 2024.
NAME Mangest Roto wothm	
AGE () 25	GENDER - Male
HEIGHT (CM) 165 cm	WEIGHT (KG) fo kg-
B.P.	120/80 minlig.
ECG	when
X Ray	NAD
Vision Checkup	Color Vision: Normal
	Far Vision Ratio: 66
	Near Vision Ratio: N5 Junaided
Present Ailments	NIL
Details of Past ailments (If Any)	wil.
Comments / Advice:	pr pr

Signature with Stamp of Medical Examiner WILL OF TE WEBS, DNB C. Reg. Ivo. 93 (MMC) Approved By DG Shipping(GOI) Consultant in Marine Medicine & Aviation Medicine A-101-102, Heritage Plaza, Teli Cross Lans Andheri East. Mumbal-400 069.

SEA BIRD MEDINA ... JENTRE

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East, Mumbai- 400069 Tel: 022-46032704 / 8104606813

Website: www.seabirdhf.com | Email: admin@seabirdhf.com



Report ID: MRWM1010123921Patient Name: Mr. MANGESH RAJU WAGHMARERank:Ref By: DR. MUKUL ARTE

Reg.: 10-Oct-2024Report Date: 10-Oct-2024Company Name: M/S. APOLLO HEALTH AND LIFESTYLEAge/Sex: 25 Year / Male

CHEST X RAY REPORT

X-Ray No: 8869

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

Impression :

Normal Chest X-Ray.

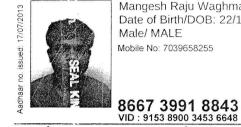


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आरत सरकार Government of India

al



Mangesh Raju Waghmare Date of Birth/DOB: 22/10/1999 Male/ MALE Mobile No: 7039658255

मेर आधार, मेरी पहचान

भारतीय विशिष्ट पहचान प्राधिकरण :a)); Unique Identification Authority of India Address: C/O: Raju Waghmare, Room No 505 Nalanda \$RA Society, Jawahar Road, Ghatkopar East, Mumbai, PO: Rajawadi, DIST: Mumbai Suburban, Maharashtra - 400077 Details as on: 8667 3991 8843 VID : 9153 8900 3453 6648 🕋 1947 🛛 🖂 help@uidai.gov.in ∰ www.uidai.gov.in