

Name : MR.VIVEK RANJAN

Age / Gender : 34 Years / Male

Consulting Dr. : -

Reg. Location : Lulla Nagar, Pune (Main Centre)



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Collected : 28-Sep-2024 / 10:06 Reported : 28-Sep-2024 / 12:44

# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE

CBC (	(Com	<u>plete</u>	Blood	Count)	, Bloo	d

<u>PARAMETER</u>	RESULTS	BIOLOGICAL REF RANGE	<u>METHOD</u>
RBC PARAMETERS			
Haemoglobin	14.9	13.0-17.0 g/dL	Spectrophotometric
RBC	5.24	4.5-5.5 mil/cmm	Elect. Impedance
PCV	46.2	40-50 %	Calculated
MCV	88.3	80-100 fl	Calculated
MCH	28.5	27-32 pg	Calculated
MCHC	32.3	31.5-34.5 g/dL	Calculated
RDW	13.5	11.6-14.0 %	Calculated
WBC PARAMETERS			
WBC Total Count	5730	4000-10000 /cmm	Elect. Impedance
WBC DIFFERENTIAL AND A	BSOLUTE COUNTS		
Lymphocytes	31.2	20-40 %	
Absolute Lymphocytes	1787.8	1000-3000 /cmm	Calculated
Monocytes	6.8	2-10 %	
Absolute Monocytes	389.6	200-1000 /cmm	Calculated
Neutrophils	59.4	40-80 %	
Absolute Neutrophils	3403.6	2000-7000 /cmm	Calculated
Eosinophils	1.7	1-6 %	
Absolute Eosinophils	97.4	20-500 /cmm	Calculated
Basophils	0.9	0.1-2 %	
Absolute Basophils	51.6	20-100 /cmm	Calculated
Immature Leukocytes	-		

WBC Differential Count by Absorbance & Impedance method/Microscopy.

## **PLATELET PARAMETERS**

Platelet Count	250000	150000-400000 /cmm	Elect. Impedance
MPV	11.3	6-11 fl	Calculated
PDW	24.8	11-18 %	Calculated

## **RBC MORPHOLOGY**

Hypochromia -Microcytosis -

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Macrocytosis

Anisocytosis

Poikilocytosis

Polychromasia

**Target Cells** 

Basophilic Stippling

Normoblasts

Others Normocytic, Normochromic

WBC MORPHOLOGY

PLATELET MORPHOLOGY

COMMENT

Specimen: EDTA Whole Blood

ESR, EDTA WB-ESR 3 2-15 mm at 1 hr. Sedimentation

Clinical Significance: The erythrocyte sedimentation rate (ESR), also called a sedimentation rate is the rate red blood cells sediment in a period of time.

#### Interpretation:

Factors that increase ESR: Old age, Pregnancy, Anemia

Factors that decrease ESR: Extreme leukocytosis, Polycythemia, Red cell abnormalities- Sickle cell disease

#### Limitations:

- It is a non-specific measure of inflammation.
- The use of the ESR as a screening test in asymptomatic persons is limited by its low sensitivity and specificity.

Reflex Test: C-Reactive Protein (CRP) is the recommended test in acute inflammatory conditions.

#### Reference:

- Brigden ML. Clinical utility of the erythrocyte sedimentation rate. American family physician. 1999 Oct 1;60(5):1443-50.

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Pune Lab, Pune Swargate \*\*\* End Of Report \*\*\*





went Dr.CHANDRAKANT PAWAR M.D.(PATH) **Pathologist** 

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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE

<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
GLUCOSE (SUGAR) FASTING, Fluoride Plasma Fasting	97.3	Non-Diabetic: < 100 mg/dl Impaired Fasting Glucose: 100-125 mg/dl Diabetic: >/= 126 mg/dl	Hexokinase
GLUCOSE (SUGAR) PP, Fluoride Plasma PP	91.1	Non-Diabetic: < 140 mg/dl Impaired Glucose Tolerance: 140-199 mg/dl Diabetic: >/= 200 mg/dl	Hexokinase
BILIRUBIN (TOTAL), Serum	0.51	0.1-1.2 mg/dl	Colorimetric
BILIRUBIN (DIRECT), Serum	0.24	0-0.3 mg/dl	Diazo
BILIRUBIN (INDIRECT), Serum	0.27	0.1-1.0 mg/dl	Calculated
TOTAL PROTEINS, Serum	7.7	6.4-8.3 g/dL	Biuret
ALBUMIN, Serum	4.7	3.5-5.2 g/dL	BCG
GLOBULIN, Serum	2.9	2.3-3.5 g/dL	Calculated
A/G RATIO, Serum	1.6	1 - 2	Calculated
SGOT (AST), Serum	29.6	5-40 U/L	NADH (w/o P-5-P)
SGPT (ALT), Serum	55.6	5-45 U/L	NADH (w/o P-5-P)
GAMMA GT, Serum	39.9	3-60 U/L	Enzymatic
ALKALINE PHOSPHATASE, Serum	109	40-130 U/L	Colorimetric
BLOOD UREA, Serum	24.1	12.8-42.8 mg/dl	Kinetic
BUN, Serum	11.3	6-20 mg/dl	Calculated
CREATININE, Serum	0.98	0.67-1.17 mg/dl	Enzymatic
	GLUCOSE (SUGAR) FASTING, Fluoride Plasma Fasting  GLUCOSE (SUGAR) PP, Fluoride Plasma PP  BILIRUBIN (TOTAL), Serum BILIRUBIN (DIRECT), Serum BILIRUBIN (INDIRECT), Serum ALBUMIN, Serum GLOBULIN, Serum A/G RATIO, Serum SGOT (AST), Serum SGPT (ALT), Serum GAMMA GT, Serum ALKALINE PHOSPHATASE, Serum BLOOD UREA, Serum BUN, Serum	GLUCOSE (SUGAR) FASTING, Fluoride Plasma Fasting  GLUCOSE (SUGAR) PP, Fluoride Plasma PP  BILIRUBIN (TOTAL), Serum 0.51 BILIRUBIN (DIRECT), Serum 0.24 BILIRUBIN (INDIRECT), Serum 0.27  TOTAL PROTEINS, Serum 7.7 ALBUMIN, Serum 4.7 GLOBULIN, Serum 2.9 A/G RATIO, Serum 1.6  SGOT (AST), Serum 29.6  SGPT (ALT), Serum 39.9  ALKALINE PHOSPHATASE, Serum 39.9  BLOOD UREA, Serum 24.1 BUN, Serum 11.3	GLUCOSE (SUGAR) FASTING, Fluoride Plasma Fasting       97.3       Non-Diabetic: < 100 mg/dl Impaired Fasting Glucose: 100-125 mg/dl Diabetic: >/= 126 mg/dl         GLUCOSE (SUGAR) PP, Fluoride Plasma PP       91.1       Non-Diabetic: < 140 mg/dl Impaired Glucose Tolerance: 140-199 mg/dl Diabetic: >/= 200 mg/dl         BILIRUBIN (TOTAL), Serum       0.51       0.1-1.2 mg/dl         BILIRUBIN (DIRECT), Serum       0.24       0-0.3 mg/dl         BILIRUBIN (INDIRECT), Serum       0.27       0.1-1.0 mg/dl         TOTAL PROTEINS, Serum       7.7       6.4-8.3 g/dL         ALBUMIN, Serum       4.7       3.5-5.2 g/dL         GLOBULIN, Serum       2.9       2.3-3.5 g/dL         A/G RATIO, Serum       1.6       1 - 2         SGOT (AST), Serum       29.6       5-40 U/L         SGPT (ALT), Serum       39.9       3-60 U/L         ALKALINE PHOSPHATASE, Serum       109       40-130 U/L         BLOOD UREA, Serum       24.1       12.8-42.8 mg/dl         BUN, Serum       11.3       6-20 mg/dl



Name : MR. VIVEK RANJAN

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eGFR, Serum

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(ml/min/1.73sqm)

Normal or High: Above 90 Mild decrease: 60-89

Mild to moderate decrease: 45-

Collected

59

Moderate to severe decrease:30

-44

Severe decrease: 15-29 Kidney failure: <15

Note: eGFR estimation is calculated using 2021 CKD-EPI GFR equation

URIC ACID, Serum 5.6 3.5-7.2 mg/dl Enzymatic

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Pune Lab, Pune Swargate
\*\*\* End Of Report \*\*\*



Dr.CHANDRAKANT PAWAR M.D.(PATH) Pathologist

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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE GLYCOSYLATED HEMOGLOBIN (HbA1c)

PARAMETER RESULTS BIOLOGICAL REF RANGE METHOD

Glycosylated Hemoglobin 5.6 Non-Diabetic Level: < 5.7 % HPLC (HbA1c), EDTA WB - CC Prediabetic Level: 5.7-6.4 %

Prediabetic Level: 5.7-6.4 % Diabetic Level: >/= 6.5 %

Collected

Estimated Average Glucose 114.0 mg/dl Calculated (eAG), EDTA WB - CC

Intended use:

• In patients who are meeting treatment goals, HbA1c test should be performed at least 2 times a year

· In patients whose therapy has changed or who are not meeting glycemic goals, it should be performed quarterly

• For microvascular disease prevention, the HbA1C goal for non pregnant adults in general is Less than 7%.

Clinical Significance:

HbA1c, Glycosylated hemoglobin or glycated hemoglobin, is hemoglobin with glucose molecule attached to it.

• The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of glycosylated hemoglobin in the blood.

Test Interpretation:

• The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of Glycosylated hemoglobin in the blood.

• HbA1c test may be used to screen for and diagnose diabetes or risk of developing diabetes.

To monitor compliance and long term blood glucose level control in patients with diabetes.

• Index of diabetic control, predicting development and progression of diabetic micro vascular complications.

Factors affecting HbA1c results:

Increased in: High fetal hemoglobin, Chronic renal failure, Iron deficiency anemia, Splenectomy, Increased serum triglycerides, Alcohol ingestion, Lead/opiate poisoning and Salicylate treatment.

Decreased in: Shortened RBC lifespan (Hemolytic anemia, blood loss), following transfusions, pregnancy, ingestion of large amount of Vitamin E or Vitamin C and Hemoglobinopathies

Reflex tests: Blood glucose levels, CGM (Continuous Glucose monitoring)

References: ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition.

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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE URINE EXAMINATION REPORT

<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
PHYSICAL EXAMINATION			
Color	Yellow	Pale Yellow	-
Transparency	Clear	Clear	-
<b>CHEMICAL EXAMINATION</b>			
Specific Gravity	1.005	1.001-1.030	Chemical Indicator
Reaction (pH)	Neutral (7.0)	4.5 - 8.0	Chemical Indicator
Proteins	Absent	Absent	pH Indicator
Glucose	Absent	Absent	GOD-POD
Ketones	Absent	Absent	Legals Test
Blood	Absent	Absent	Peroxidase
Bilirubin	Absent	Absent	Diazonium Salt
Urobilinogen	Normal	Normal	Diazonium Salt
Nitrite	Absent	Absent	Griess Test
MICROSCOPIC EXAMINATION			
(WBC)Pus cells / hpf	4-5	0-5/hpf	
Red Blood Cells / hpf	Absent	0-2/hpf	
Epithelial Cells / hpf	0-1	0-5/hpf	
Hyaline Casts	Absent	Absent	
Pathological cast	Absent	Absent	
Calcium oxalate monohydrate crystals	Absent	Absent	
Calcium oxalate dihydrate crystals	Absent	Absent	
Triple phosphate crystals	Absent	Absent	
Uric acid crystals	Absent	Absent	
Amorphous debris	Absent	Absent	
Bacteria / hpf	6-8	0-20/hpf	

<sup>\*</sup>Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Pune Lab, Pune Swargate
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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE **BLOOD GROUPING & Rh TYPING**

**PARAMETER RESULTS** 

**ABO GROUP** 0

Rh TYPING Positive

NOTE: Test performed by Semi- automated column agglutination technology (CAT)

This sample has been tested for bombay group/ bombay phenotype/ OH using anti H letin.

Specimen: EDTA Whole Blood and/or serum

#### Clinical significance:

ABO system is most important of all blood group in transfusion medicine

#### Limitations:

- ABO blood group of new born is performed only by cell (forward) grouping because allo antibodies in cord blood are of maternal origin.
- Since A & B antigens are not fully developed at birth, both Anti-A & Anti-B antibodies appear after the first 4 to 6 months of life. As a result, weaker reactions may occur with red cells of newborns than of adults.
- Confirmation of newborn's blood group is indicated when A & B antigen expression and the isoagglutinins are fully developed at 2 to 4 years of age & remains constant throughout life.
- Cord blood is contaminated with Wharton's jelly that causes red cell aggregation leading to false positive result
- The Hh blood group also known as Oh or Bombay blood group is rare blood group type. The term Bombay is used to refer the phenotype that lacks normal expression of ABH antigens because of inheritance of hh genotype.

#### Refernces:

- Denise M Harmening, Modern Blood Banking and Transfusion Practices- 6th Edition 2012. F.A. Davis company. Philadelphia
- AABB technical manual

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Pune Lab, Pune Swargate \*\*\* End Of Report \*



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REGD. OFFICE: Suburban Diagnostics (India) Pvt. Ltd., Aston, 2<sup>rd</sup> Floor, Sundervan Complex, Above Mercedes Showroom, Andheri West, Mumbai - 400053.



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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE LIPID PROFILE

<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
CHOLESTEROL, Serum	207	Desirable: <200 mg/dl Borderline High: 200-239mg/dl High: >/=240 mg/dl	CHOD-POD
TRIGLYCERIDES, Serum	156	Normal: <150 mg/dl Borderline-high: 150 - 199 mg/dl High: 200 - 499 mg/dl Very high:>/=500 mg/dl	GPO-POD
HDL CHOLESTEROL, Serum	42.3	Desirable: >60 mg/dl Borderline: 40 - 60 mg/dl Low (High risk): <40 mg/dl	Homogeneous enzymatic colorimetric assay
NON HDL CHOLESTEROL, Serum	164.7	Desirable: <130 mg/dl Borderline-high:130 - 159 mg/dl High:160 - 189 mg/dl Very high: >/=190 mg/dl	Calculated
LDL CHOLESTEROL, Serum	134	Optimal: <100 mg/dl Near Optimal: 100 - 129 mg/dl Borderline High: 130 - 159 mg/dl High: 160 - 189 mg/dl Very High: >/= 190 mg/dl	Calculated
VLDL CHOLESTEROL, Serum	30.7	< /= 30 mg/dl	Calculated
CHOL / HDL CHOL RATIO, Serum	4.9	0-4.5 Ratio	Calculated
LDL CHOL / HDL CHOL RATIO, Serum	3.2	0-3.5 Ratio	Calculated

<sup>\*</sup>Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Pune Lab, Pune Swargate 
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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE THYROID FUNCTION TESTS

<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
Free T3, Serum	5.3	3.10-6.80 pmol/L	ECLIA
Free T4, Serum	18.2	12-22 pmol/L	ECLIA
sensitiveTSH, Serum	3.36	0.270-4.20 mIU/ml microU/ml	ECLIA

Note: TSH values between 5.5 to 15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors can give falsely high TSH. 2) TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal & heart failure, severe burns, trauma & surgery etc.



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#### Interpretation:

A thyroid panel is used to evaluate thyroid function and/or help diagnose various thyroid disorders.

#### Clinical Significance:

- 1)TSH Values between high abnormal upto15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors
- can give falsely high TSH.
- 2)TSH values may be trasiently altered becuase of non thyroidal illness like severe infections, liver disease, renal and heart severe burns, trauma and surgery etc.

TSH	FT4 / T4	FT3 / T3	Interpretation
High	Normal	Normal	Subclinical hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of non-thyroidal illness, TSH Resistance.
High	Low	Low	Hypothyroidism, Autoimmune thyroiditis, post radio iodine Rx, post thyroidectomy, Anti thyroid drugs, tyrosine kinase inhibitors & amiodarone, amyloid deposits in thyroid, thyroid tumors & congenital hypothyroidism.
Low	High	High	Hyperthyroidism, Graves disease, toxic multinodular goiter, toxic adenoma, excess iodine or thyroxine intake, pregnancy related (hyperemesis gravidarum, hydatiform mole)
Low	Normal	Normal	Subclinical Hyperthyroidism, recent Rx for Hyperthyroidism, drugs like steroids & dopamine), Non thyroidal illness.
Low	Low	Low	Central Hypothyroidism, Non Thyroidal Illness, Recent Rx for Hyperthyroidism.
High	High	High	Interfering anti TPO antibodies, Drug interference: Amiodarone, Heparin, Beta Blockers, steroids & anti epileptics.

**Diurnal Variation:**TSH follows a diurnal rhythm and is at maximum between 2 am and 4 am, and is at a minimum between 6 pm and 10 pm. The variation is on the order of 50 to 206%. Biological variation:19.7%(with in subject variation)

Reflex Tests: Anti thyroid Antibodies, USG Thyroid , TSH receptor Antibody. Thyroglobulin, Calcitonin

#### Limitations:

- 1. Samples should not be taken from patients receiving therapy with high biotin doses (i.e. >5 mg/day) until atleast 8 hours following the last biotin administration.
- 2. Patient samples may contain heterophilic antibodies that could react in immunoassays to give falsely elevated or depressed results. this assay is designed to minimize interference from heterophilic antibodies.

#### Reference:

- 1.O.koulouri et al. / Best Practice and Research clinical Endocrinology and Metabolism 27(2013)
- 2.Interpretation of the thyroid function tests, Dayan et al. THE LANCET . Vol 357
- 3. Tietz , Text Book of Clinical Chemistry and Molecular Biology -5th Edition
- 4.Biological Variation:From principles to Practice-Callum G Fraser (AACC Press)

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Pune Lab, Pune Swargate
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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE **PPUS and KETONES**

**RESULTS BIOLOGICAL REF RANGE** METHOD **PARAMETER** 

Urine Sugar (PP) Absent Urine Ketones (PP) Absent Absent

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CID# TESTING - HEA 2427223768

: MR. VIVEK RANJAN Name

Age / Gender : 34 Years/Male

Consulting Dr. :

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# PHYSICAL EXAMINATION REPORT

**History and Complaints:** 

No

**EXAMINATION FINDINGS:** 

Height (cms):177 Temp (0c): Afebrile

Skin: Normal

Nails: Healthy

Weight (kg):78

Blood Pressure (mm/hg):120/80

Pulse:68/min

Lymph Node: Not Palpable

Systems

Cardiovascular: S1,S2 Normal No Murmurs Respiratory: Air Entry Bilaterally Equal

Genitourinary: Normal

GI System: Soft non tender No Organomegaly

CNS: Normal

CHIEF COMPLAINTS:

Since 9 years Hypertension: 1)

IHD: 2)

No

Arrhythmia: 3)

No

Diabetes Mellitus: 4)

No

Tuberculosis: 5)

No

Asthama: 6)

No

Pulmonary Disease: 7)

No

Thyroid/ Endocrine disorders: 8)

No

Nervous disorders: 9)

No

GI system: 10)

No

Genital urinary disorder: 11)

No

CID# TESTING-HE-2427223768

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	· · · · · · · · · · · · · · · · · · ·	No
12)	Rheumatic joint diseases or symptoms :	140

No Blood disease or disorder: 13)

No Cancer/lump growth/cyst: 14)

No Congenital disease: 15)

No Surgeries: 16)

# PERSONAL HISTORY:

No Alcohol 1)

No Smoking 2)

Veg Diet 3)

Antihypertensive Medication 4)

\*\*\* End Of Report \*\*\*

**Dr.Milind Shinde** 

PUNE

MBBS, DNB, Consuling Physician, Diabetologist & Echocardiologist

Chilcopen (:20)

Moltcender: 156

Ost Atp: Grah (F) feitly

liver

Ret to primary physician

Dr. MILLIND SHINDE



R F O R T

Date: 28 09 2024

Name:-Mr. vevek Ranjan

CID: 2427223768 Sex/Age:M/34 Years.

EYE CHECK UP

Chief complaints:

Systemic Diseases:

Past history:

3(0

Unaided Vision:

Aided Vision:

Refraction:

1-10

(Right Eye)

(Left Eye)

	Sph	Cyl	Axis		Vn	Sph	Cyl	Axis	Vn
Distance				8	6	-			4(6
Near				H	(6	_			1,160

Colour Vision: Normal / Abnormal

Remark:

Dr. MHLIND SHINDE MBBS, DNB Medicine Reg. No. 2011/05/1544





# SUBURBAN DIAGNOSTICS - LULLANAGAR, PUNE

Date and Time: 28th Sep 24 11:49 AM

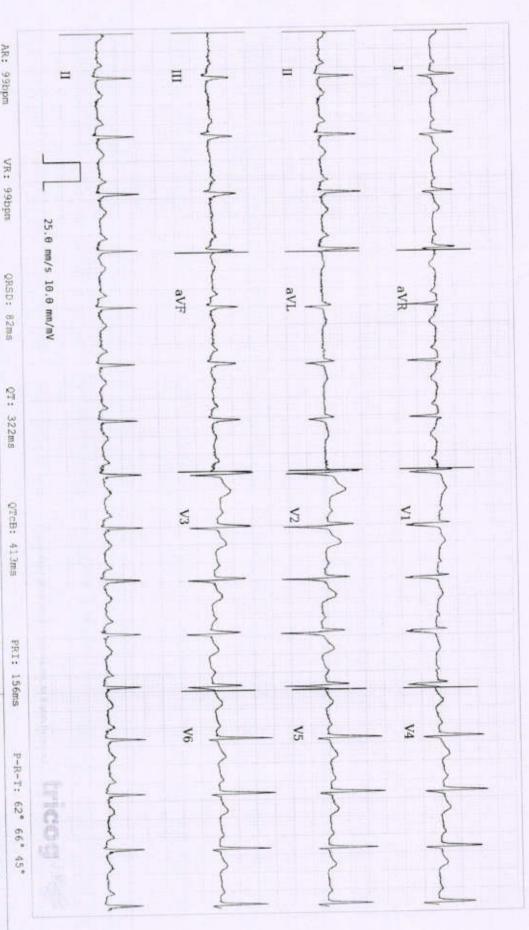
Age / Gender:

34/Male

Patient ID: Patient Name:

2427223768

VIVEK RANJAN



ECG Within Normal Limits: Sinus Rhythm. Please correlate clinically.

Dr. H. P. DEXIT M.B.B.S. MID(MEDICINE) REPORTED BY 44768



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CID

: 2427223768

Name

: Mr VIVEK RANJAN

Age / Sex

: 34 Years/Male

Ref. Dr

Reg. Location

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: Lulla Nagar, Pune Main Centre

Reg. Date

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## USG WHOLE ABDOMEN

<u>LIVER:</u> The liver is normal in size, shape and smooth margins. It shows raised parenchymal echo pattern. The intra hepatic biliary and portal radical appear normal. No evidence of any intra hepatic cystic or solid lesion seen. The main portal vein and CBD appears normal.

GALL BLADDER: The gall bladder is physiologically distended and appears normal. No evidence of gall stones or mass lesions seen

PANCREAS: The pancreas is well visualised and appears normal. No evidence of solid or cystic mass lesion.

<u>KIDNEYS:</u> Both the kidneys are normal in size shape and echotexture. No evidence of any calculus, hydronephrosis or mass lesion seen.

**SPLEEN:** The spleen is normal in size and echotexture. No evidence of focal lesion is noted. There is no evidence of any lymphadenopathy or ascites.

URINARY BLADDER: The urinary bladder is well distended and reveal no intraluminal abnormality.

PROSTATE: The prostate is normal in size.

IMPRESSION:

Grade I fatty liver.

---End of Report-----

DR. ANUPRIYA BATRA

MD Radiology

Reg. No. 2021/12/8725

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