



HEALTH CHECK-UP SUMMARY

Race Course Road, Vadodara

Name: EKTA SHARMA	
SII No: 300601	Date: 09/11/2024
Age: 31	Gender: FEMALE

ASSESSMENT:

- o OVER WEIGHT (BMI: 25.96)
- o C/O: OCCASIONAL HEADACHE, SWOLLEN THROAT GLANDS, B/L CALF PAIN DUE TO FATIGUE, OCCASIONAL FLATUS
- o O/E-B.P: 120/50
- o P/H/O OPERATION: LSCS (2023)
- o F/H/O: HYPERTENSION (MOTHER, FATHER), DIABETES (MOTHER, FATHER)
- o DENTAL ASSESSMENT: CHRONIC GENERALISED GINGIVITIS
- o LOW MCHC (31.7)
- o HIGH ESR (42)
- o LOW HDL CHOLESTEROL (36), NEAR TO ABOVE OPTIMAL DIRECT LDL (113)
- o LOW A/G RATIO (1.26)
- o URINE R/M: LOW SPECIFIC GRAVITY (1)
- o ECG: LOW VOLTAGE

ADVISED:

- o AVOID OUT SIDE FOOD AND WATER
- o REGULAR EXERCISE.
- o REPEAT LIPID PROFILE AFTER 3 MONTH
- o OPHTHALMOLOGIST ADVICE: FOLLOW ADVICE
- o DENTAL ADVICE: POLISHING, SCALING, RESTORATION OF 26 & FOLLOW ADVICE
- o PHYSICIAN CONSULTATION

Sterling Adlife India Limited
Unit-Sterling Hospital Vadodara
Race Course Road, (West)
VADODARA - 390 007.
DR. JAY S PANDIT

Prevention & Rehabilitation Dept

Hospital Address: Sterling Hospitals, Race Course Road, Opp. Inox Cinema Hari Nagar, Circle West, Vadodara - 390007, Gujarat, India | Call: 0265-6144111, 0265-2354455, 98 98 98 78 78 | www.sterlinghospitals.com | info@sterlinghospitals.com

Registered Office: Sterling Adlife India Private Limited | CIN: U05110GJ2000PTC039121 | Sterling Hospital, Sterling Hospital Road, Mominagar, Ahmedabad-380052, Gujarat, India





HEALTH CHECK UP MEDICAL EXAMINATION

Name: Ekta Sharma Employee ID: _____
Company Name: _____ Age: 31 Sex: M/F
Height: 156 cms. Weight: 63.2 Kgs BMI: 25.96 Blood Group: _____
Name of HO / Registrar taking History: Dr. Jay S. Pandit

Allergies: <input checked="" type="checkbox"/> None <input type="checkbox"/> Yes (If Yes, describe)	
Drugs/Food/Latex/Dyes/Contrast/Other	Reaction
1.	
2.	
3.	

Chief Complaints :
.....
.....

Physical Examination :

Vital Signs:
Temp: Afebrile F SPO₂: 99 Pulse 75 /min R/R: 18 /min B.P.: 120/50 mm Hg

Past History :

If Hypertension, since On Medication 1) 2) 3)	If Diabetes, since On Medication 1) 2) 3)
If Ischaemic Heart Disease since On Medication 1) 2) 3)	Under Treatment Dr.
Under Treatment of Dr. Any Intervention done	If Tuberculosis, When Any Other P/H <u>PC2 ment. (SOS)</u>
P/H of Operation Diagnosis: <u>LSCS</u> Name of Operation: Year of Operation: <u>2023</u>	Any Other Medication
Others	P/H of Hospitalization Diagnosis: Year: Duration: Blood Transfusion History: Yes / No <input checked="" type="checkbox"/> Year:

Family History : (Specify : F-Father, M-Mother, B-Brother, S-Sister)

(Pl. Circle whichever is applicable e.g. If Father has h/o 10 yrs then, Yes / No F/10 yrs)

Hypertension	Yes/No <u>M, F</u>	Asthma	Yes/No
Heart Disease	Yes/No	Stroke	Yes/No
Diabetes	Yes/No <u>M, F</u>	Arthritis/Gout	Yes/No
Tuberculosis	Yes/No	Cancer	Yes/No
Epilepsy	Yes/No	Other Chronic disease	Yes/No

Personal History :

Diet	<u>Veg.</u>	Smoking	Yes/No	since / per day
Appetite	} <u>NAD</u>	Alcohol	Yes/No	since / (freq.)
Sleep		Drugs	Yes/No	since / (freq.)
Micturition		Tobacco	Yes/No	since / (freq.)
Bowel Habits		Any other habit		

FOR FEMALES :

 Obstetric History : L.D. h.m.p. 1/11/2029
 Abortion :
 Others :

General Examination :
 Anemia
 Cyanosis
 Jaundice
 Generalized lymphadenopathy
 Pedal oedema

General Examination :
Head : NSF occ. Headache.

Injuries (Specify if any) :

Eyes : NSF eyes for distant vision, proptosis.

- Vision : Normal Blurred Double Colour Blind
- Pupils : Normal Abnormal
- Other : Inflammation Pain Itching Discharge No complaint

Remarks (if any) :

Ears : NSF

- Deaf Yes No • Pain Yes No • Discharge Yes No
- Dizziness Yes No

Nose : NSF

- Nosebleed Yes No • Congestion Yes No • Sinus problem Yes No

Mouth : NSF

- Lesion Yes No
- Dental Hygiene Good Poor Bleeding gums Yes No
- Sense of taste Yes No

Throat/Neck : NSF

- Swollen glands Yes No Stiffness Yes No Dysphagia Yes No

SYSTEMIC EXAMINATION

Neurological : NSF

- Headache Yes No • Memory changes Yes No • Dizziness Yes No
 • Syncope Yes No • Seizures Yes No • Paralysis Yes No if Yes R L
 • Cooperative Yes No • Anxiety Yes No • Depression Yes No
 • Suicidal attempt Yes No Any psychiatric illness NO
 • Oriented Yes No if disoriented, to Person Place Time
 • Reaction: Brisk Sluggish No response
 • LOC: Alert Confused Sedated
 • Speech: Clear Slurred

Respiratory : NSF

- Lung sounds: DEBCLAW
 • Dyspnoea: None With activity At rest Lying down Retractions
 • Cough: None Non-productive Productive - colour
 • Hemoptysis: Yes No
 • Night Sweats: Yes No
 • Cyanosis: Yes No Where

Cardiovascular : NSF

- Chest discomfort Yes No
 • Oedema Yes No Location : Pitting Non-pitting

Extremities-Musculoskeletal : NSF

- Skin: Warm Cool Dry Firm Flaccid Colour
 • Extremities: Tingling Yes No • Weakness Yes No Deformity Yes No
 • Joints: Pain Yes No • Stiffness Yes No
 • Uses: Walker Wheelchair None Extremely Painful due to osteoarthritis.

Gastrointestinal : NSF

- Appetite Good Poor • Nausea Yes No • Vomiting Yes No
 • Distension Yes No • Heartburn Yes No • Flatus Yes No
 • Pain Yes No • Rectal Bleeding Yes No
 • Colostomy Yes No • Ileostomy Yes No

Bowel

- Diarrhoea Constipation Incontinence Blood in stool None
 Pain Yes No Place Hemorrhoids Yes No 3-4 AD
 Frequency of stool 1 time/day
 Interventions: None • Laxatives Yes No Type Frequency

Genitorurinary : NA NSF

 Colour of Urine Pale yellow Frequency 3-4 times / day
 Pain Yes No Burning Yes No Itching Yes No
 Urgency Yes No Incontinence Yes No
 Nocturia Yes No Urostomy Yes No
 History of calculi Yes No History of UTI Yes No
 Foleys Catheter Yes No Date of Insertion _____

Reproductive : NA NSF

 LMP 11/11/2024 Regular / Irregular _____
 Dysmenorrhea Yes No Amenorrhoea Yes No if yes, Duration _____
 Menopausal Yes No if yes, Duration _____
 Vaginal discharge Yes No Itching Yes No
Breasts NA NSF
 Breast Feeding Yes No Lumps Yes No

Positive Finding & Advice


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 Unit - Sterling Hospital Vadodara
 Racecourse, Vadodra, (West)
 Vadodra - 390 007.

Sign and Stamp of Medical Officer

Sterling Hospital
 Racecourse Road

EMERGENCY HELPLINE

 992 444 9972
 0265 - 61 44 111

Sterling Hospital
 Bhayli

EMERGENCY HELPLINE

 908 1000 557
 0265 - 61 23 333


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OPHTHALMIC CHECK-UP

SIGNIFICANT HISTORY:

PAST HISTORY:

Refractive Error: *Yes*

Any Surgery:

Color Blind:

Diabetes:

Hypertension:

Any Treatment:

EXAMINATION OF EYES:

	<u>Right Eye:</u>	<u>Left Eye:</u>
Distant Vision without Glasses:	<i>1</i>	<i>1</i>
Distant Vision with Glasses:	<i>5/6</i>	<i>5/6</i>
Near Vision without Glasses:	<i>1</i>	<i>1</i>
Near Vision with Glasses:	<i>20/20</i>	<i>20/20</i>
Intraocular Pressure:	<i>12</i>	<i>12</i>
Anterior Segment:	<i>NS</i>	<i>NS</i>
Fundus:	<i>NS</i>	<i>NS</i>

PRESCRIPTION OF GLASSES:

	RIGHT			LEFT		
	Sphere	Cylinder	Axis	Sphere	Cylinder	Axis
Distant	<i>-4.75</i>	<i>-0.5</i>	<i>180</i>	<i>-4.75</i>	<i>-0.5</i>	<i>180</i>
Near						

Type of glass: *Progressive*

ADVICE:

Sterling Addlife India Limited
 Unit-Sterling Hospital Vadodara
 Race Course Circle, (West)
VADODARA - 390 007,
DR MAYA PATEL
 (OPHTHALMOLOGIST)



Dr. Sonica Peshin

Senior Cosmetic dentist and Implantologist

A-6966

Email: thespeakingtooth@gmail.com

Phone: 9586867301



Race Course Road, Vadodara
09/11/2024

Dental Assessment Form

Name: Ekta Shrama

Age/Sex: 31 years/Female

UHID No: 300601

Patient has come for a regular check up.

On examination:

- Calculus++ stains+
- Deep decayed tooth with respect to 26
- Mild recession, sensitivity seen

Provisional diagnosis:

- Chronic generalized gingivitis

Treatment plan:

- Scaling and polishing
- Restoration of 26

Advise:

- Follow vertical brushing technique.
- Salt water rinses atleast once a day.
- Brush your teeth twice daily.
- Clean your tongue twice daily.

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Sterling Addlife India Pvt. Ltd. Regd Off: Marnagar, Ahmedabad- 380052, Gujarat, India
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Passport No :

LABORATORY TEST REPORT


Patient Information	Sample Information	Location Information
Name : Mrs. Ekta . Sharma	Lab Id : 112407500801	Pt. Type : Sterling Hospital Vadodara Health Checkup
Sex/Age : Female / 31 Y 01-Sep-1993	Registration on : 09-Nov-2024 09:52	Location : Main
Ref. Id : 300601 / 2817544	Collected at : SAWPL	Location : BNo./
Ref. By : Dr. RMO . STERLING...	Collected on : 09-Nov-2024 11:10	Approved on : 09-Nov-2024 14:10 Status : Interim
	Sample Type : EDTA blood	Printed On : 09-Nov-2024 17:41
		Process At : 75 - Sterling Hospital, Race course (Vadodra)

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE
Complete Blood Count

Test	Result	Unit	Biological Ref. Interval
Hemoglobin <small>(Calculated)</small>	12.7	g/dL	12.0 - 16.0
RBC Count <small>(Calculated)</small>	4.66	million/cmm	3.8 - 4.8
Hematocrit <small>(Calculated)</small>	40.2	%	36 - 48
MCV <small>(Calculated)</small>	86.1	fL	83 - 101
MCH <small>(Calculated)</small>	27.3	pg	26.4 - 33.2
MCHC <small>(Calculated)</small>	L 31.7	g/dL	31.8 - 35.9
RDW CV <small>(Calculated)</small>	13.30	%	11.6 - 14

Total WBC and Differential Count

WBC count <small>(WBC Count)</small>	6750	/cmm	4000 - 10000
--------------------------------------	------	------	--------------

Differential Count

Cell Type	Result	Unit	Ref. Interval	Absolute Count	Ref. Interval
Neutrophils <small>(Microscopic)</small>	67	%	40 - 80	4523	/cmm 2000 - 6700
Lymphocytes <small>(Microscopic)</small>	23	%	20 - 40	1553	/cmm 1000 - 3000
Eosinophils <small>(Microscopic)</small>	04	%	1 - 6	270	/cmm 20 - 500
Monocytes <small>(Microscopic)</small>	06	%	2 - 10	405	/cmm 200 - 1000
Basophils <small>(Microscopic)</small>	00	%	0 - 2	0	/cmm 0 - 100

Platelet Count

Platelet Count <small>(Electron Microscopic)</small>	265000	/cmm	150000 - 410000
MPV <small>(Calculated)</small>	12.20	fL	7.5 - 10.3

Platelets Morphology : Platelets are adequate on Smear

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 M.D (Pathology) [G-18341]
 Consultant Pathologist

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Sex/Age : Female / 31 Y 01-Sep-1993	Registration on : 09-Nov-2024 09:52	Main Location : BNo.1
Ref. Id : 300601 / 2817544	Collected at : SAWPL	Approved on : 09-Nov-2024 14:10 Status : Interim
Ref. By : Dr. RMO . STERLING...	Collected on : 09-Nov-2024 11:10	Printed On : 09-Nov-2024 17:41
	Sample Type : EDTA blood	Process At : 75 - Sterling Hospital, Race course (Vadodar

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE
Complete Blood Count

Test	Result	Unit	Biological Ref. Interval
Erythrocytes Sedimentation Rate			
ESR	H 42	mm/hr	0 - 21

Differential Count
Absolute Count

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 Consultant Pathologist

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Sterling Hospital, Opp. Race Course, Race Course Circle (West), Vadodara - 390 007.

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Patient Information		Sample Information		Location Information	
Name	: Mrs. Ekta . Sharma	Lab Id	: 112407500801	PL Type	: Sterling Hospital Vadodra Health Checkup
Sex/Age	: Female / 31 Y 01-Sep-1993	Registration on	: 08-Nov-2024 09:52	Location	: Main BNo7
Ref. Id	: 300601 / 2817544	Collected at	: SAWPL	Approved on	: 09-Nov-2024 13:05 Status: Interim
Ref. By	: Dr. RMO . STERLING	Collected on	: 09-Nov-2024 11:10	Printed On	: 09-Nov-2024 17:41
		Sample Type	: EDTA blood	Process At	: 75 - Sterling Hospital, Race course (Vadodra)

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE
Blood Group

Test	Result	Unit	Biological Ref. Interval
ABO Type <small>Thin Agglutination</small>	*AB*		
Rh (D) Type	Positive		


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Consultant Pathologist

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Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodra - 390 007.

Ph: 0265-6144210

Email: pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingdiagnostics.com

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Sex/Age : Female / 31 Y 01-Sep-1993	Registration on : 09-Nov-2024 09:52	Location : Main
Ref. Id : 300601 / 2817544	Collected at : SAWPL	Location : B.No./
Ref. By : Dr. RMO . STERLING..	Collected on : 09-Nov-2024 11:10	Approved on : 09-Nov-2024 12:51 Status : Interim
	Sample Type : Serum, Urine	Printed On : 09-Nov-2024 17:41
		Process At : 75 - Sterling Hospital, Race course (Vadodra)

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE

Test	Result	Unit	Biological Ref. Interval
Fasting Blood Glucose <small>GLU-PCD</small>	88.0	mg/dL	74 - 100
Fasting Urine Glucose <small>GLU-POU</small>	Absent		Absent
Fasting Urine Ketone <small>KETONES-UC</small>	Absent		Absent

	Fasting Blood Glucose*	Postprandial Blood Glucose †	Random Blood Glucose
Normal	< 100 mg/dL	< 140 mg/dL	< 140 mg/dL
Prediabetic	100 - 125 mg/dL	140 - 199 mg/dL	140 - 199 mg/dL
Diabetic	≥ 126 mg/dL	≥ 200 mg/dL	≥ 200 mg/dL

* Fasting is defined as no caloric intake for more than 8 hours

† The test should be performed as described by the WHO, using a glucose load containing the equivalent of 75 g anhydrous glucose dissolved in water.

Criteria for Diagnosis of Diabetes:

1. Fasting blood glucose (FPG) ≥ 126 mg/dL
2. Two-hour blood glucose (2-h OGTT) = 200 mg/dL
3. HbA1c values (A1c) ≥ 6.5%
4. Random plasma glucose ≥ 200 mg/dL

(With symptoms of hyperglycemia or hyperglycemic crisis)

In the absence of unequivocal hyperglycemia, diagnosis of DM using A1C, FPG or 2-h OGTT requires two abnormal test results from the same sample or in two separate samples.

References:

1. American diabetes association. Standards of medical care in diabetes 2024
2. National Library of Medicine - National Institute of Health (NIH) - Diabetes Mellitus
3. World Health Organization - FactSheet on Diabetes - Prevention and treatment



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 Consultant Pathologist

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Sterling Hospital, Opp. Inox Dharma, Race Course Circle (West), Vadodra - 390 001.

Ph: 0261-6144230

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Name	: Mrs. Ekta . Sharma	Lab Id	: 112407500801	PL Type	: Sterling Hospital Vadodara Health Checkup
Sex/Age	: Female / 31 Y 01-Sep-1993	Registration on	: 08-Nov-2024 00:52	Location	: Main BNo.1
Ref. Id	: 300601 / 2817544	Collected at	: SAWPL	Approved on	: 08-Nov-2024 16:10 Status: Interim
Ref. By	: Dr. RMO STERLING...	Collected on	: 09-Nov-2024 13:50	Printed On	: 09-Nov-2024 17:41
		Sample Type	: Fluoride	Process At	: 75 - Sterling Hospital, Race course (Vadodra

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE

Test	Result	Unit	Biological Ref. Interval
Post-breakfast Blood Glucose <small>GGU-POD</small>	104	mg/dL	70 - 140
Post-breakfast Urine Glucose <small>GGU-POD</small>	Absent		Absent
Post Breakfast Urine Ketone <small>MWCPUS00</small>	Absent		Absent


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 Consultant Pathologist

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Sterling Hospital, Opp. Inda Chemia, Race Course Circle (West), Vadodra - 390 002

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Sex/Age	: Female / 31 Y 01-Sep-1993	Registration on	: 09-Nov-2024 09:52	Location	: Main
Ref. Id	: 300601 / 2817564	Collected at	: SAWPL	Approved on	: 09-Nov-2024 14:09 Status : Interim
Ref. By	: Dr. RMD...STERLING...	Collected on	: 09-Nov-2024 11:10	Printed On	: 09-Nov-2024 17:41
		Sample Type	: EDTA blood	Process At	: 75 - Sterling Hospital, Race course (Vadodra)

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE
HbA1c (Glycosylated Hemoglobin) by HPLC

Test	Result	Unit	Biological Ref. Interval
HbA1c	5.30	%	For Screening: Diabetes: $\geq 6.5\%$; Pre-Diabetes: 5.7 - 6.4%; Non-Diabetes: $< 5.7\%$
Mean Blood Glucose	105.41	mg/dL	For Diabetic Patient: Poor Control : $> 7.0\%$; Good Control : 6.0-7.0%

Description:

- Total haemoglobin A1c is continuously synthesized in the red blood cell through its 120 days lifespan. The concentration of HbA1c in the s/w reflects the average blood glucose concentration it encounters.
- The level of HbA1c increases proportionately in patients with uncontrolled diabetes. It reflects the average blood glucose concentration over an extended time period and remains unaffected by short-term fluctuations in blood glucose levels.
- The measurement of HbA1c can serve as a convenient test for evaluating the adequacy of diabetic control and in preventing various diabetic complications. Because the average half life of a red blood cell is sixty days, HbA1c has been accepted as a measurement which reflects the mean daily blood glucose concentration, better than fasting blood glucose determination, and the degree of carbohydrate imbalance over the preceding two months.
- It may also provide a better index of control of the diabetic patient without resorting to glucose loading procedures.

HbA1c assay Interferences:

Erroneous values might be obtained from samples with abnormally elevated quantities of other Haemoglobins as a result of either their simultaneous elution with HbA1c (HbF) or differences in their glycation from that of HbA (HbS).

Reference: American diabetes association. *Standards of medical care in diabetes 2024*



Dr. C. Shrinivasan.,

M.D (Pathology) [G-18341]
 Consultant Pathologist

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Sterling Hospital, Opp. Inna Cinema, Race Course Circle (West), Vadodra - 390 007.

Ph: 9265-6144210

perh3b@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com

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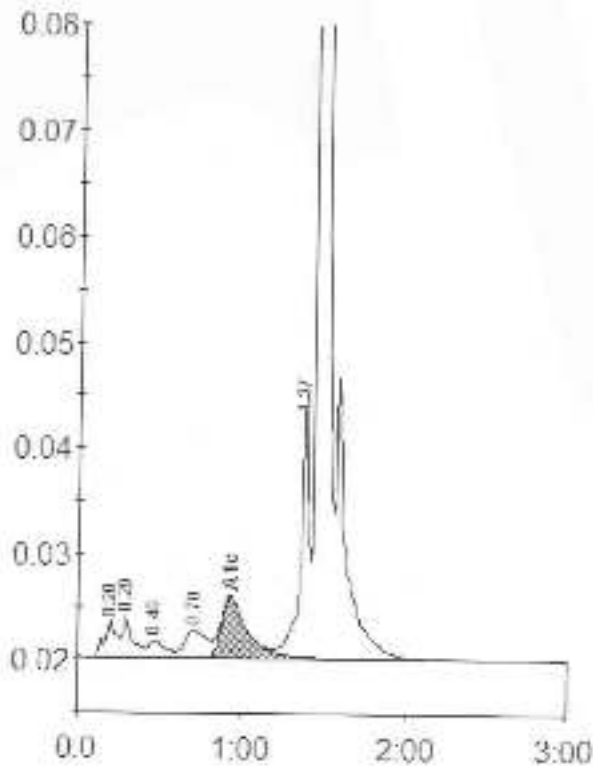


Patient report

Sterling HOSPITALS

ID: Bro-Rad DATE: 09/11/2024
 ID: 10 TIME: 01:30 PM
 S/N: #DJ8G550303 Software version: 4.30-2
 Sample ID: I12407500801
 Injection date: 09/11/2024 01:29 PM
 Injection #: 19 Method: HbA1c
 Rack #: --- Rack position: 2

sterling
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Peak table - ID: I12407500801

Peak	R.time	Height	Area	Area %
A1a	0.20	3608	18430	1.2
A1b	0.29	3913	15851	1.0
F	0.46	1643	11074	0.7
LA1c/CHb-1	0.70	2563	24298	1.6
A1c	0.93	5757	61790	5.3
P3	1.37	24994	89351	5.9
A0	1.45	460731	1299207	85.5
Total Area:			1520000	

Concentration:	%
A1c	5.3





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Ref. Id : 300601 / 2817544	Collected at : SAWPL	Approved on : 09-Nov-2024 12:51 Status : Interim
Ref. By : Dr. RMO : STERLING..	Collected on : 09-Nov-2024 11:10	Printed On : 09-Nov-2024 17:41
	Sample Type : Serum	Process At : 75 - Sterling Hospital, Race course (Vadodara)

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE
Lipid Profile

Test	Result	Unit	Biological Ref. Interval
Cholesterol <small>Cholesterol (cholesterol) - Fasting</small>	166.0	mg/dL	Desirable : <200 Borderline High : 200-239 High : >240
Triglyceride <small>Triglyceride (triglyceride) - Fasting</small>	89.0	mg/dL	Normal : <150 Borderline : 150-199 High : 200-499 Very High : >500
HDL Cholesterol <small>HDL Cholesterol (HDL) - Fasting</small>	L 36.0	mg/dL	Low: <40.0 High: >60.0
Direct LDL <small>Direct LDL Cholesterol (LDL) - Fasting</small>	H 113.00	mg/dL	Optimal: <100 Near to above Optimal: 100-129 Borderline High: 130-159 High: 160-189 Very High: =190
VLDL <small>VLDL Cholesterol (VLDL) - Fasting</small>	17.80	mg/dL	15 - 35
CHOL/HDL Ratio <small>Cholesterol/HDL Ratio</small>	4.6		Up to 5.0
dLDL/HDL Ratio <small>dLDL/HDL Ratio</small>	3.1		Up to 3.5


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 Consultant Pathologist

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Ph: 0265-6144210

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	Sample Type : Serum	Process At : 75 - Sterling Hospital, Race course (Vadodar

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE

Test	Result	Unit	Biological Ref. Interval
Uric Acid <small>Uricase</small>	4.00	mg/dL	2.5 - 6.2
Blood Urea Nitrogen <small>Calculation</small>	8.41	mg/dL	7.0 - 17.0
Urea <small>Urea, Creatinemia</small>	18.0	mg/dL	15.0 - 36.4
Creatinine, serum <small>Creatinine, Anabolyamitase</small>	0.70	mg/dL	0.52 - 1.04
BUN Creatinine Ratio <small>Calculation</small>	12.01		
Urea Creatinine Ratio <small>Calculation</small>	25.71		



Dr. C. Shrinivasan.,
M.D (Pathology)(G-18341)
Consultant Pathologist

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Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 007.

Ph: 0265-6144210

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LABORATORY TEST REPORT


Patient Information	Sample Information	Location Information
Name : Mrs. Ekta . Sharma	Lab Id : 112407500801	Pl. Type : Sterling Hospital Vadodara Health Checkup
Sex/Age : Female / 31 Y 01-Sep-1993	Registration on : 09-Nov-2024 09:52	Location : Main BNo.7
Ref. id : 200601 / 2817544	Collected at : SAWPL	Approved on : 09-Nov-2024 12:52 Status : Interim
Ref. By : Dr. RMO , STERLING...	Collected on : 09-Nov-2024 11:10	Printed On : 09-Nov-2024 17:41
	Sample Type : Serum	Process At : 75 - Sterling Hospital, Race course (Vadodara)

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE
Liver Function Test

Test	Result	Unit	Biological Ref. Interval
ALT (SGPT) <i>UV with PFC, IFT</i>	24.0	U/L	0 - 35
AST (SGOT) <i>UV with PFC</i>	28.0	U/L	14 - 36
GGT (Gamma Glutamyl Transferase) <i>L-P-S (Glyoxalase-oximantase)</i>	17.0	U/L	12 - 43
Alkaline Phosphatase <i>CMPP, AMI, Buser, IPSC</i>	89.0	U/L	38 - 126
Total Bilirubin <i>Amo/Noch colorimetric</i>	0.50	mg/dL	0.2 - 1.3
Conjugated Bilirubin <i>Caloric Vanilind Method</i>	0.10	mg/dL	0.0 - 0.3
Unconjugated Bilirubin <i>Caloric Mordan Method</i>	0.20	mg/dL	0.0 - 1.1
Delta Bilirubin <i>Caloric</i>	0.20	mg/dL	0.0 - 0.2
Total Protein <i>Colorimetric to colorimetric</i>	7.00	g/dL	6.3 - 8.2
Albumin <i>Bromocresol Green Method</i>	3.90	g/dL	3.5 - 5.0
Globulin <i>Caloric</i>	3.10	g/dL	2.3 - 3.5
A/G Ratio <i>Caloric</i>	L 1.26		1.3 - 1.7


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 Consultant Pathologist

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 Sterling Hospital, Opp. Ims Dharma, Race Course Circle (West), Vadodara - 390 011.
 Ph: 0261-0944210

Email: pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com

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Passport No :

LABORATORY TEST REPORT


Patient Information	Sample Information	Location Information
Name : Mrs. Ekta . Sharma	Lab Id : 112407500801	PL Type : Sterling Hospital Vadodara Health Checkup
Sex/Age : Female / 31 Y 01-Sep-1993	Registration on : 09-Nov-2024 09:52	Location : Main
Ref. Id : 308901 / 2817544	Collected at : SAWPL	Location : BNo.7
Ref. By : Dr. RMD . STERLING...	Collected on : 09-Nov-2024 11:10	Approved on : 09-Nov-2024 12:51 Status : Interim
	Sample Type : Serum	Printed On : 09-Nov-2024 17:41
		Process At : 75 - Sterling Hospital, Race course (Vadodar

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE
Thyroid Function Tests

Test	Result	Unit	Biological Ref. Interval
T3, total (Triiodothyronine) CLM	1.44	ng/mL	0.59 - 1.69
T4, total (Thyroxine) DIA	9.76	µg/dl	4.87 - 11.72
TSH (3rd Gen.) Chemiluminescence	0.9935	µIU/mL	Non-Pregnant Woman: 0.4001-4.049; Pregnant Woman: 1st Trimester: 0.1298-3.120; 2nd Trimester: 0.2749-2.662; 3rd Trimester : 0.3127-2.947


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M.D (Pathology) [G-18341]
 Consultant Pathologist

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 Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 007
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Pasaport No :

LABORATORY TEST REPORT


Patient Information		Sample Information		Location Information	
Name	: Mrs. Ekta . Sharma	Lab Id	: 112407500801	Pt. Type	: Sterling Hospital Vadodara Health Checkup Man
Sex/Age	: Female / 31 Y 01-Sep-1993	Registration on	: 09-Nov-2024 09:52	Location	: BNo.1
Ref. Id	: 30D601 / 2817544	Collected at	: SAWPL	Approved on	: 09-Nov-2024 12:51 Status: Interim
Ref. By	: Dr. RMD . STERLING	Collected on	: 09-Nov-2024 11:10	Printed On	: 09-Nov-2024 17:41
		Sample Type	: Serum	Process At	: 75 - Sterling Hospital, Race course (Vadodra)

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE

Levels of TSH in pregnancy (µIU/ml): First Trimester 0.1 - 2.5; Second Trimester 0.2 - 3.0; Third Trimester 0.3 - 3.0

NOTE: TSH concentrations in apparently normal euthyroid subjects are known to be highly skewed, with a strong tailed distribution towards higher TSH values. This is well documented in the pediatric population including the infant age group.

TSH	T3/FT3	T4/FT4	Suggested interpretation of Thyroid function tests pattern
Within range	Decreased	Within range	Isolated low T3 often seen in elderly & associated Non-Thyroid illness. In elderly the drop in T3 level can be up to 25%.
Raised	Within Range	Within Range	Isolated high TSH Especially in the range of 5.7 to 15 mIU/ml is commonly associated with physiological & Biological TSH Variability; Subclinical Autoimmune Hypothyroidism; Intermediate T4 therapy for hypothyroidism; Recovery phase after Non-Thyroidal illness.
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis; Post thyroidectomy; post-radiation; Hypothyroid phase of transient thyroiditis.
Raised or within range	Raised	Raised or within range	Interfering antibodies to thyroid hormones (anti-TPO antibodies); Intermediate T4 therapy of T4 overdose; Drug Interference-Amiodarone, Heparin, Beta blockers, steroids; and epileptics.
Decreased	Raised or within range	Raised or within range	Isolated Low TSH - Especially in the range of 0.1 to 0.4 often seen in elderly & associated with Non-Thyroidal illness; Subclinical Hyperthyroidism; Thyroxine ingestion.
Decreased	Decreased	Decreased	Central Hypothyroidism; Non-Thyroidal illness; Recent treatment for Hypothyroidism (TSH remains suppressed).
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease), Multinodular goitre, toxic nodules, Transient thyroiditis: postpartum, silent (painless). Post viral (granulomatous, subacute, DeQuervain's) Gestational thyrotoxicosis hyperemesis gravidarum.
Decreased or within range	Raised	Within range	T3 toxicosis; Non-Thyroidal illness

 Reference: *Wolach's Interpretation of Diagnostic* by Mary Wilkinson, 10th edition, 2015.


Dr. C. Shrinivasan,
M.D (Pathology) [G-18341]
Consultant Pathologist

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Ph: 0265-6944310

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 Email: pct@lab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com


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Passport No :

LABORATORY TEST REPORT


Patient Information	Sample Information	Location Information
Name : Mrs. Ekta . Sharma	Lab Id : 112407500801	Pl. Type : Sterling Hospital Vadodara Health Checkup
Sex/Age : Female / 31 Y 01-Sep-1993	Registration on : 09-Nov-2024 09:52	Location : Main
Ref. Id : 300601 / 2817544	Collected at : SAWPL	Approved on : 09-Nov-2024 12:51 Status : Interim
Ref. By : Dr. RMO . STERLING...	Collected on : 09-Nov-2024 11:10	Printed On : 09-Nov-2024 17:41
	Sample Type : Urine	Process At : 75 - Sterling Hospital, Race course (Vadodra)

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE
URINE ROUTINE EXAMINATION

Test	Result	Unit	Biological Ref. Interval
Physical & Chemical (Dip strip) examination			
Colour	Pale Yellow		Pale Yellow
pH <small>Droble indicator</small>	7.0		5.5 - 7.0
Specific Gravity <small>Polyethylene glycol based reagent</small>	L 1.000		1.015 - 1.025
Protein <small>Protein error of indicator</small>	Absent		Absent
Glucose <small>GDH-POD</small>	Absent		Absent
Ketone <small>Nitroprusside</small>	Absent		Absent
Blood <small>Peroxidase like reaction</small>	Absent		Absent
Bilirubin <small>Diazot reaction</small>	Absent		Absent
Leucocytes <small>Esterase reaction</small>	Absent		Absent
Nitrite <small>Diazotization with to diazotizable compound</small>	Absent		Absent
Microscopic Examination			
Erythrocytes (RBCs)	Absent	/hpf	0 - 2
Pus Cells	2-3	/hpf	0 - 5
Epithelial Cells	Scanty	/hpf	
Crystals	Absent		Absent
Casts	Absent		Absent
Bacteria	Absent		Absent
Amorphous Material	Absent		Absent
Yeast	Absent		Absent

----- End Of Report -----



Dr. C. Shrinivasan.,
M.D (Pathology) [G-18341]
Consultant Pathologist

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Sterling Accuris Pathology Laboratory

Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodra - 390 002.

Ph: 0265-6144210

Email: pathlab@sterlinghospitals.com

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Report Date: 11 Nov 2024 - 12:41 PM

Patient Id	: RCR-300601	Patient Name	: SHARMA EKTA .
Age	: 31Y 2M 8D	Sex	: Female
Ref. Doctor	: DR. RMO , STERLING	Study Date	: 09 Nov 2024 - 12:46 PM

RADIOGRAPH CHEST PA

Both lungs and CP angles appear clear.
Mediastinal shadow and hilar region appear normal.
Cardiac shadow appears normal.
Both domes of diaphragm show normal position and contour.
Any thorax under vision appears normal.

IMPRESSION

No significant abnormality detected.

Dr. Palak Nandolia
Consultant Radiologist



Edda sharma

09/11/2024 10:15:21

67 bpm

mmHg

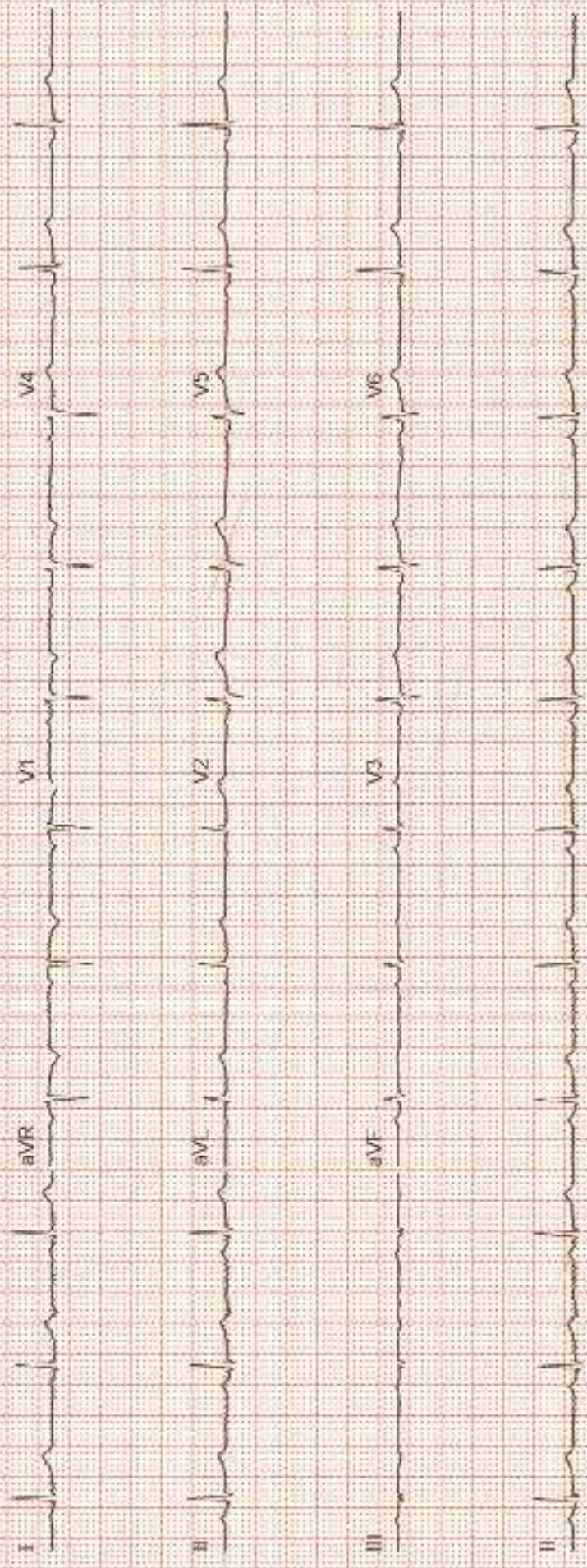
Female

STERLING HOSPI
HCP
VADODIARA

31 years

QT / QTc Baz 394 / 415 ms
 PR p 140 ms
 RR / PP 890 / 895 ms
 P / QRS / T 62 / 13 / 24 degrees

low voltage
 low voltage





2D ECHOCARDIOGRAPHY REPORT



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HOSPITALS

Race Course Road, Vadodara

Name: Mrs. EKTA SHARMA
Age: 31 Years
Sex: F
Date: 09-Nov-2024

Ref By: HCP
Study: 2D Echo

M-MODE:

IVS	10mm	LVDD	49mm
PW	10mm	LVDS	28mm
LA	35mm	LV EF	60 %

DOPPLER STUDY:

MITRAL	E 1.18	A 0.59
AORTIC	1.56	
TRICUSPID	N	
PULMONARY	N	

CONCLUSION :

- NORMAL SIZED CHAMBERS
- NORMAL LV SYSTOLIC FUNCTION LVEF 60 %
- NO RWMA AT REST
- NO DIASTOLIC DYSFUNCTION
- NORMAL RV SIZE AND FUNCTION
- ALL VALVES ARE NORMAL
- NO CLOT OR VEGETATION
- NO PERICARDIAL EFFUSION
- NORMAL IVC


Dr. KAUSHIK TRIVEDI MD
Consultant interventional Cardiologist

Hospital Address: Sterling Hospitals, Race Course Road, Opp. Inox Cinema Hari Nagar Circle West,
Vadodara - 390007, Gujarat, India | Call: 0265-6146111, 0265-2354455, 98 98 98 78 78
www.sterlinghospitals.com | info@sterlinghospitals.com

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Sterling Hospital, Sterling Hospital Road, Memnagar, Ahmedabad-380052, Gujarat, India
SUNDOc 91-20-25443913





Report Date: 09 Nov 2024 - 11:07 AM

Patient Id	: RCR-300601	Patient Name	: SHARMA EKTA .
Age	: 31Y 2M 8D	Sex	: Female
Ref. Doctor	: DR.RMO.STERLING	Study Date	: 09 Nov 2024 - 10:55 AM

SONOGRAPHY OF WHOLE ABDOMEN: -

LIVER: Liver appears normal in size and shows normal parenchymal echoes. No evidence of focal or diffuse lesion is seen. No evidence of dilated IHBR is seen. Intrahepatic portal radicals appear normal. Portal vein is normal in caliber at porta & shows hepatopetal blood flow.

GALL BLADDER: Gall bladder is partially distended. No definite evidence of calculus or changes of cholecystitis are seen. CBD appears normal.

PANCREAS: Pancreas is partially visualized and visualized portion is normal in size & shows normal parenchymal echoes.

SPLEEN: Spleen is normal in size & shows normal parenchymal echoes. No evidence of focal or diffuse lesion is seen.

BOTH KIDNEYS: Both kidneys are normal in size, shape, position and contour. Cortical thickness & echo appear normal. No evidence of renal calculus, hydronephrosis or mass lesion is seen on either side.

Right kidney measures 10.1 x 3.9 cm

Left kidney measures 10.2 x 3.9 cm

No evidence of suprarenal mass lesion is seen on either side.

URINARY BLADDER: Bladder is normally distended and appears unremarkable.

UTERUS: Uterus is anteverted & appears normal in size (7.5 x 5.0 x 3.9 cm), shape and position. Endometrial and myometrial echoes appear normal. Endometrial thickness measures about 6.0 mm. No evidence of intrauterine pregnancy or uterine mass lesion is seen.

OVARIES: Both ovaries appear normal in size, shape and position. No evidence of solid or cystic ovarian mass lesion is seen on either side.

No evidence of ascites, lymphadenopathy is seen.

Mild gaseous distention of bowel loops is seen.

CONCLUSION:

No significant abdominal abnormality detected.

Dr. Shilpi Gupta MD
Sr. Consultant Radiologist

Hospital Address: Sterling Hospitals, Race Course Road, Opp. Inox Cinema Has Nagar, Circle West, Vadodara - 390007, Gujarat, India | Call: 0265-6144111, 0265-2354455, 98 98 98 78 78 | www.sterlinghospitals.com | info@sterlinghospitals.com

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Sterling Hospital, Sterling Hospital Road, Memnagar, Ahmedabad-380052, Gujarat, India

