

Name : Mrs. JAYATI DUTTA (47 /F)

Date : 09/08/2024

Address : BARASAT, BANAMALIPUR, DR MANILAL MUKHERJEE SARANI, NORTH 24 PARGANAS, NORTH 24 PARGANAS, WEST BENGAL, INDIA

Examined by: Dr .JHUMA BAGCHI

UHID : AGHL.0001471656

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCE FEMALE HCK

AHC No : AMHLAH214335



CHIEF COMPLAINTS

For corporate health checkup

Dyspepsia, Bloating

Back pain, Knee pain

Sweating

PRESENT KNOWN ILLNESS

No history of

- Diabetes mellitus,

Hypertension, Dyslipidemia

Thyroid disease

- hypothyroidism;

Medication - regular; -

ELTROXIN 88



DRUG ALLERGY

NO KNOWN ALLERGY

:05/01/2023



SYSTEMIC REVIEW

Cardiovascular system

Breathing difficulty - yes; Exacerbated by - moderate exertion

Respiratory system

- Nil Significant

Gastrointestinal system

Dyspepsia - yes; Nature - intermittent; Symptoms - bloating

Genitourinary system

- Nil Significant

Gynaec history

Last menstrual period - 9/7/24; Periods - regular; No of Children - 2; Deliveries - LSCS

Central nervous system

- Nil Significant

Eyes

- Nil Significant

ENT

- Nil Significant

Skin

- Nil Significant



Past medical history

Past medical history

- nil significant



Surgical history

Caesarian section

- yes



Personal history

Marital status

- Married

Diet

- Non Vegetarian

Alcohol

- does not consume alcohol

Smoking

- No

Chews tobacco

- No

Physical activity

- Mild



Family history

Father

- has expired

Mother

- alive

Coronary artery disease

- none

Cancer

- None

PHYSICAL EXAMINATION



General

Build

- obese

Height

- 159

Weight

- 77

BMI

- 30.46

Pallor

- No

Oedema

- no



Cardiovascular system

Heart rate (Per minute)

- 68

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Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 102
Diastolic(mm of Hg) - 71
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds

Abdomen

Organomegaly - No
Tenderness - No

Ophthalmology consultation

Ophthalmology findings - PGVA:RE:6/6 LE:6/6
BCVA:RE:N6 LE:N6
OCULAR MOVEMENT:WNL
ANT.SEG:WNL
ADVICE:*To continue
present glass Rx*Detail
dilated Funduscopy*Review
after 1yr/SOS

Printed By : Benazir Begaum

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	12.5	g/dl	●	12.0-15.0
RBC COUNT	4.37	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	39.2	%	●	36-46
MCV	89.8	fl	●	83-101
MCH	28.5	pg	●	27-32
MCHC	31.8	%	●	31.5-34.5
RDW	16.0 *	%	●	11.8-14.0
WBC Count	10900 *	/cu mm	●	4000-10000
Platelet Count	1.42 *	lacs/cu mm	●	1.5-4.0
Neutrophils	65	%	●	40-80
Lymphocytes	29	%	●	20-40
Monocytes	04	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	52 *	mm/1st hr	●	0-20

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	50	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			
Epithelial Cells	1-2 /h.p.f /hpf			

Casts: Not Found
Crystals: Not Found

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	18	U/L	●	0-35
ALBUMIN - SERUM	4.2	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	84	U/L	●	33-98
AST (SGOT) - SERUM	24	U/L	●	0-35
BILIRUBIN TOTAL - SERUM	0.8	mg/dL	●	0.3-1.2

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	170	mg/dL	●	0-200
Non-HDL Cholesterol	134			

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.9	mg/dL	●	0.6-1.1

● Within Normal Range ● Borderline High/Low ● Out of Range

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Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	20	U/L	●	0-38

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	82	mg/dL	●	70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	112	mg/dL	●	70-140

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.1	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	36	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	112 *	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	22	mg/dL	●	0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.8	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.7 *	g/dL	●	1.8-3.6

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.06	ng/ml	●	0.87-1.78
TOTAL T4: THYROXINE - SERUM	11.03	µg/dL	●	5.48-14.28

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	121	mg/dL	●	0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	6.00 *	µIU/mL	●	0.38-5.33

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	6.1 *	mg/dL	●	2.4-5.7

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	9.8	mg/dL	●	7.0-18.0
UREA - SERUM	21	mg/dL	●	13-43

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.1		●	1.0-2.0

BUN/CREATININE RATIO

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	10.8			

PAP SMEAR /CERVICAL SMEAR

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AG01.C2406575

SPECIMEN TYPE:

Conventional cervical smear (Papanicolaou stain) x 1

SPECIMEN ADEQUACY:

Satisfactory for evaluation with endocervical cells and Metaplastic cells

INTERPRETATION/RESULT:

Negative for intraepithelial lesion or malignancy, with no organism

CARDIOLOGY

TREADMILL TEST / STRESS TEST

ECG

SINUS BRADYCARDIA.

SHORT PR INTERVAL (116ms).

LOW "QRS" AMPLITUDES.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Grade I fatty liver.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

Dr. ARJUN ROY

DNB RESIDENT

In consultation with

DR. DEBASISH DATTA

DMRD (RADIODIAGNOSIS) CONSULTANT

RADIOLOGIST Reg. No. 42727 (WBMC)

X-RAY CHEST PA

*Chest skiagram does not reveal any significant abnormality.

X-RAY MAMMOGRAPHY BILATERAL (MHC)

* Irregular lobulated high density lesion in upper outer quadrant of right breast in mid portion.- BIRADS 4.

BIRADS Category:

0. Requires additional evaluation

1. Negative

2. Benign findings

3. Intermediate

4. Suspicious malignancy

5. Highly suggestive of malignancy

6. Histologically proven malignancy)



Within Normal Range



Borderline High/Low



Out of Range

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Dr.JHUMA BAGCHI

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

High Risk

YOUR SCORE

7

ACCEPTABLE SCORE

4

Your likelihood of developing cardiovascular disease in the next ten years is 1.6 times higher than the people of your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**
- **It is recommended that you visit your physician every 3 months** if you have:
 - o Uncontrolled high blood pressure
 - o Diabetes
 - o Dyslipidemia
 - o Coronary heart disease
- You will be referred to a **cardiologist**.

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515