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**Arcofemi Healthcare Pvt Ltd**

(Formerly known as Arcofemi Healthcare Ltd)

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Tel: +91-11-41195959, Fax: +91-11-29523020

CIN: U24240DL2011PTC216307

## MEDICAL FITNESS CERTIFICATE

(To be signed by a registered medical practitioner holding a Medical degree)

This is to certify that **Mr. GAURAV SAXENA** aged 44yr. Based on the examination, I certify that he is in good mental and physical health and it is free from any physical defects such as deafness, colour blindness, and any chronic or contagious diseases.

Place: Lucknow

Date: 23/05/2024

*Dr. Anil Saxena*  
*M. Saxena*  
MBBS  
BCMR 47093

Name & Signature of

Medical officer



UHID : OP:2024/002104  
 Name : Mr. GAURAV SAXENA Age : 44 Y , Sex - M  
 Patient Type : Normal Aadhaar No: 498661081615  
 Bill Date : 23/05/2024  
 Referred By. : MEDICINE DEPT.,  
 Collection Date/Time : 23/05/2024 9:24:09 AM Lab Refno : LB:2024/004107  
 Reporting Date/Time : 23/05/2024 12:44:45 PM

### HAEMATOLOGY Report

Test Description	Result	Unit	Biological Reference Interval
<b>ESR - WINTROBE</b> Sample Type : Whole Blood (K2 EDTA WB) ESR (WHOLE BLOOD)	45 MM		(M) 0 -10 (F) 0 - 20
<b>CBC</b>			
<b>HAEMOGLOBIN(HB)</b> Method : CALORIMETRIC /CYNAMETH HAEMOGLOBIN	14.1	gm/dl	(M:13-17) (F:12-15)
<b>RBC COUNT</b> Method : FLOW CYTOMETRY	4.58*	million/cumm	(M) 4.5 - 5.5 (F) 3.8 - 4.8 (AT BIRTH) 5 - 7 ( 1 YR) 3.9 - 5.1 (2 - 12 YR) 4.0 - 5.2
<b>HCT</b> Method : CALCULATED	<b>41.2</b>	%	M :45 - 5% F: 41 - 5%
<b>MCV</b> Method : AUTOMATED ELECTRICAL RESISTANCE IMPEDANCE/ MANUAL	90.1	fl	83-101 fl
<b>MCH</b> Method : AUTOMATED ELECTRICAL RESISTANCE IMPEDANCE/ MANUAL	30.9	pg	27-32 pg
<b>MCHC</b> Method : AUTOMATED ELECTRICAL RESISTANCE IMPEDANCE/ MANUAL	34.3	gm/dl	31.5 - 34.5 gm
<b>TOTAL LEUKOCYTE COUNT (TLC) (1390)</b> Method : AUTOMATED ELECTRICAL RESISTANCE IMPEDANCE/ MANUAL Sample Type : Whole Blood (K2 EDTA WB)	8000	/cmm	Adult (4000-10000) At birth (10000-26000) 1 Year (6000-16000) 2-7 years (6000-15000) 6-12Years (5000-13500)



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### HAEMATOLOGY Report

Test Description	Result	Unit	Biological Reference Interval
<b>DIFFERENTIAL LEUCOCYTE COUNT (DLC)</b>			
Method : MANUAL / MICROSCOPIC			
Sample Type : Whole Blood (K2 EDTA WB)			
POLYMORPHS	55	%	40-70
LYMPHOCYTES	38	%	20-40
MONOCYTES	05	%	2-10
EOSINOPHILS	02	%	1-6
BASOPHILS	00	%	1-2
<b>PLATELET COUNT</b>	<b>1,45,000</b>	<b>/cumm</b>	1.5 - 4.5 Lacs
Method : AUTOMATED ELECTRICAL RESISTANCE IMPEDANCE/ MANUAL			
Sample Type : Whole Blood (K2 EDTA WB)			

**Machines Used:** HAEMAT ANALYSER, Mindray BC 5150

**Checked By:** Shashank Srivastava



DR. ANKITA KATARA  
PANDEY  
MD, PATHOLOGY

\* Indicates Critical Values. ■ Indicates Out of TAT.

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End of Report



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Reporting Date/Time: 23/05/2024 12:45:54 PM

### BIO - CHEMISTRY Report

Test Description	Result	Unit	Biological Reference Interval
<b>BLOOD SUGAR FASTING</b> Method : GOD-POD METHOD Sample Type : Flouride Plasma	<b>141.0</b>	mg/dl	70-110
<b>BLOOD UREA</b> Method : ENZYMATIC - KINETIC METHOD			
BLOOD UREA	<b>10.9</b>	mg/dl	5-21
<b>CHOLESTROL(TOTAL) (SERUM)</b> Method : ENZYMATIC METHOD Sample Type : SERUM			
CHOLESTROL(TOTAL)	169.0	mg/dl	Normal < 200 Borderline high 200 - 239 High >240
<b>CREATININE</b> Method : JAFFE KINETIC METHOD Sample Type : SERUM	0.79	mg/dl	0.5 - 1.4
<b>SGPT (ALT)</b> Method : IFCC METHOD Sample Type : SERUM			
SGPT	35.0	IU/L	Upto 49

**Machines Used:** AUTO - ANALYSER OPTIMA - 1, Rayto 240, Fully Autometed

**Checked By:** Shashank Srivastava



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**SHEKHAR  
HOSPITAL**

*Committed to excellence*



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Reporting Date/Time : 23/05/2024 12:45:09 PM

### HAEMATOLOGY Report

BLOOD GROUPING	"AB"
RH TYPING	Positive (as per sample collection)

Checked By: Shashank Srivastava



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Reporting Date/Time : 23/05/2024 3:21:32 PM ■

**CLINICAL PATHOLOGY Report**

**STOOL FOR ROUTINE EXAMINATION**

Sample Type : Stool

<u>TEST</u>	<u>VALUE</u>	<u>UNIT</u>
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**PHYSICAL EXAMINATION**

APPEARANCE/ COLOUR	YELLOWISH	
CONSISTENCY	SEMI SOLID	
PUS	ABSENT	
MUCOUS	<b>PRESENT</b>	
BLOOD	ABSENT	
PARASITE	ABSENT	

**CHEMICAL EXAMINATION**

REACTION	ALKALINE	
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**MICROSCOPIC EXAMINATION**

PUS CELLS	NIL	/HPF
RBC	NIL	/HPF
OVA	NIL	
CYSTS	NIL	
OTHER	UNDIGESTED FOOD PARTICLES & BACTERIA SEEN	



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## CLINICAL PATHOLOGY Report

Sample Type : Urine

TEST VALUE	VALUE	UNIT	NORMAL
<b>PHYSICAL EXAMINATION</b>			
APPEARANCE	CLEAR		CLEAR
COLOUR	LIGHT YELLOW		PALE
PH	6.0 (ACIDIC)		4.8-7.4
SPECIFIC GRAVITY	1.030		1.010-
1.022			
<b>CHEMICAL EXAMINATION</b>			
ALBUMIN	+		NEGATIVE
GLUCOSE	+++		NEGATIVE
BLOOD	NIL		NEGATIVE
LEUCOCYTE ESTERASE	+		NEGATIVE
NITRITE	NIL		NEGATIVE
<b>MICROSCOPIC EXAMINATION</b>			
RBCs	NIL	/HPF	0-5
DYSMORPHIC RBCs	ABSENT		
PUS CELLS	4-5	/HPF	0-5
EPITHELIAL CELLS	1-2	/HPF	<5
CASTS	NIL		ABS
CRYSTALS	CALCIUM OXALATE CRYSTALS SEEN		ABS
BACTERIA	NIL		ABS
OTHERS	NIL		

Checked By: SATYAM PATHAK

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 MD, PATHOLOGY

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