

SIMIRA DIAGNOSTICS

PATIENT ID : 35 HEIGHT : 175 Cm WEIGHT : 90.00 Kg

PATIENT NAME : AKSHAY BHATANKAR 35/M

PROTOCOL : BRUCE

STAGE : Pre-Test

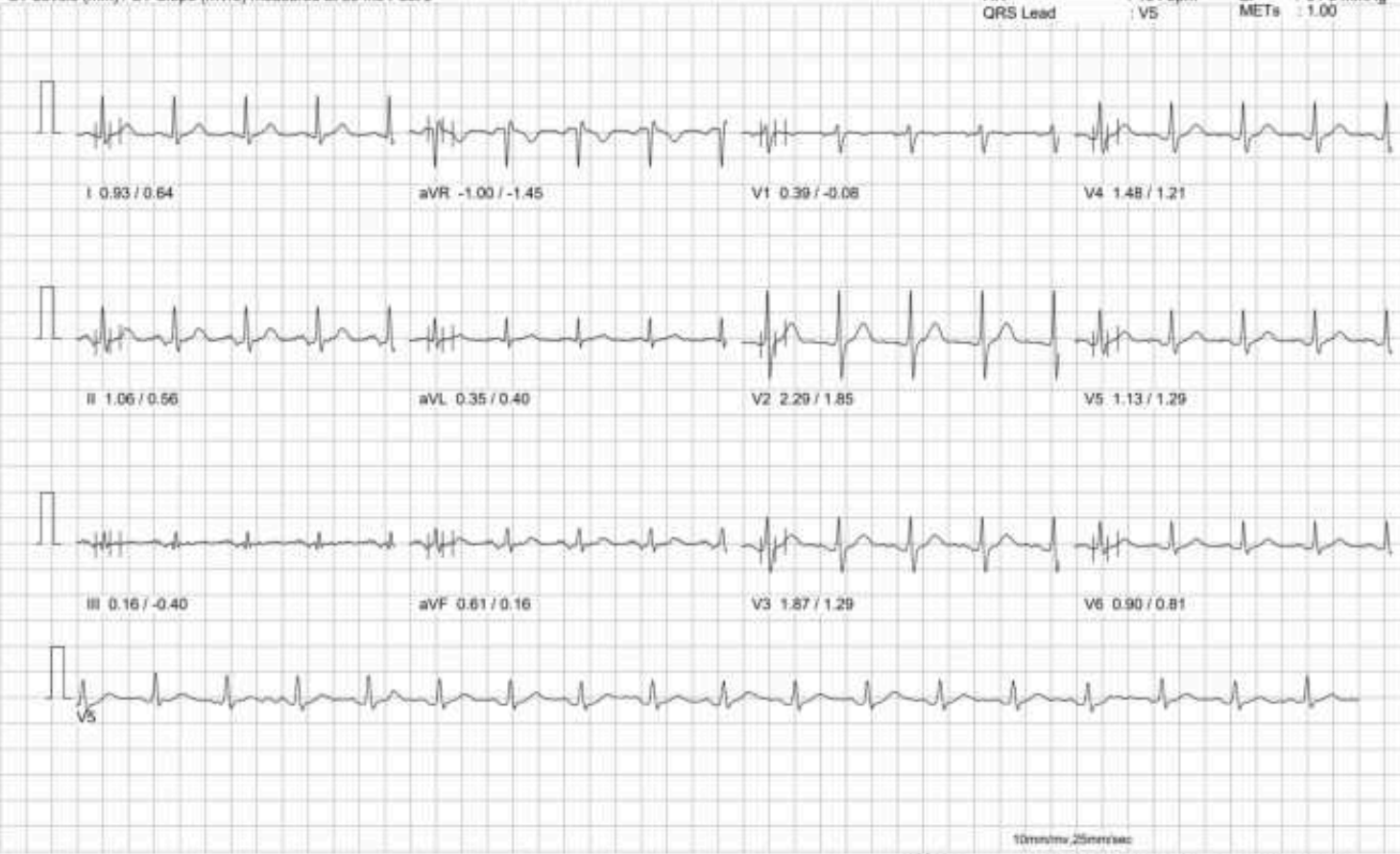
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

Linked Median Report

July 27, 2024 06:40 pm

Report time : 06:40 pm

PHASE TIME	: 00:08	SPEED	: 0.0 kmph
STAGE DURATION	: 00:00	GRADE	: 0.0
HR	: 104 bpm	BP	: 0 / 0 mmHg
QRS Lead	: V5	METs	: 1.00



10mm/25mm/sec

100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.30

SIMIRA DIAGNOSTICS

PATIENT ID : 35 HEIGHT : 175 Cm WEIGHT : 90.00 Kg

Linked Median Report

July 27, 2024 06:40 pm

PATIENT NAME : AKSHAY BHATANKAR 35/M

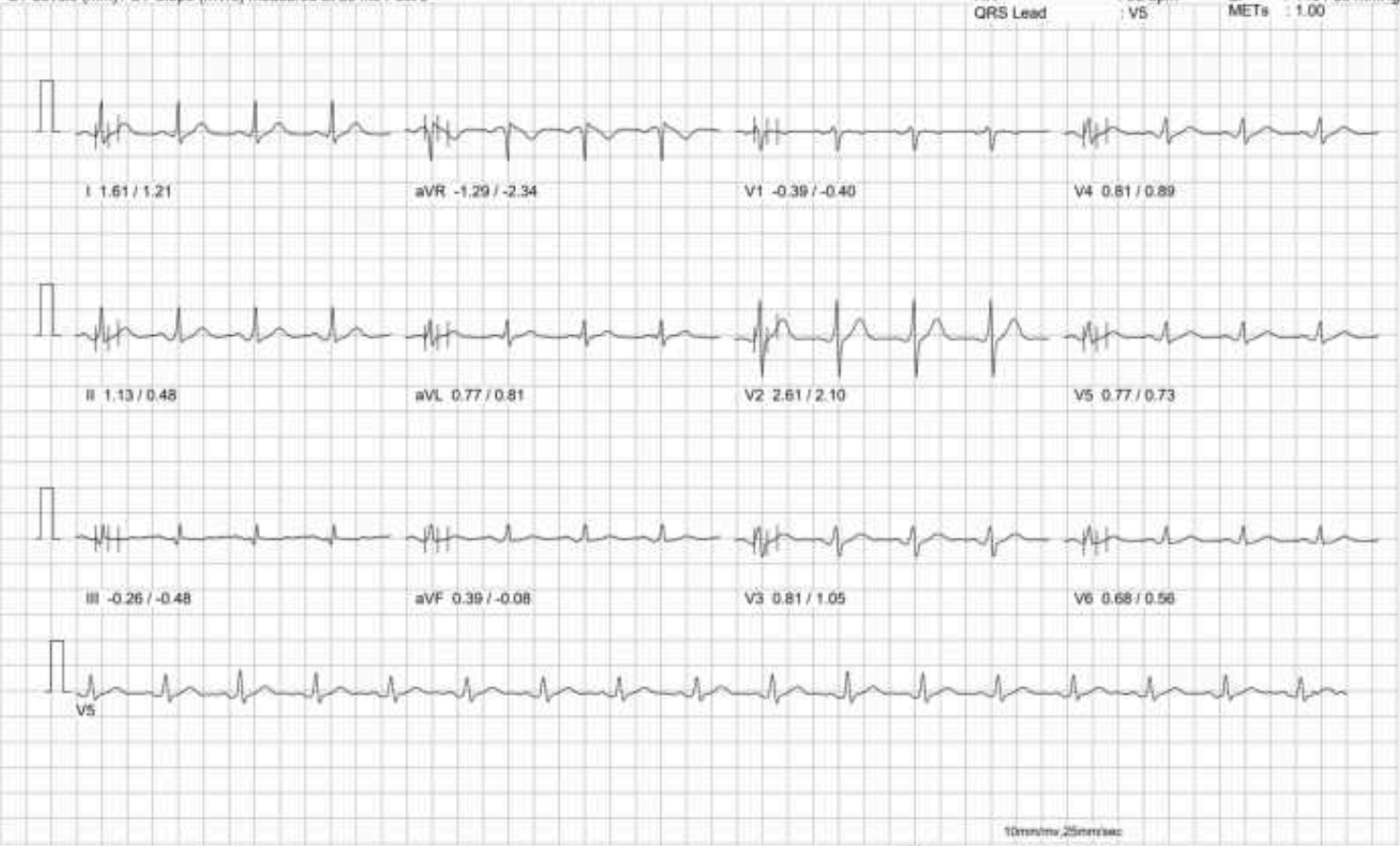
Report time : 06:41 pm

PROTOCOL : BRUCE

STAGE : Pre-Test

PHASE TIME : 01:12 SPEED: 0.0 kmph
STAGE DURATION : 00:00 GRADE: 0.0
HR : 93 bpm BP : 110 / 80 mmHg
QRS Lead : V5 METs : 1.00

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J



100 Hz

10mm/mV, 25mm/sec

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.30

SIMIRA DIAGNOSTICS

PATIENT ID : 35 HEIGHT : 175 Cm WEIGHT : 90.00 Kg

PATIENT NAME : AKSHAY BHATANKAR 35/M

PROTOCOL : BRUCE

STAGE : Supine

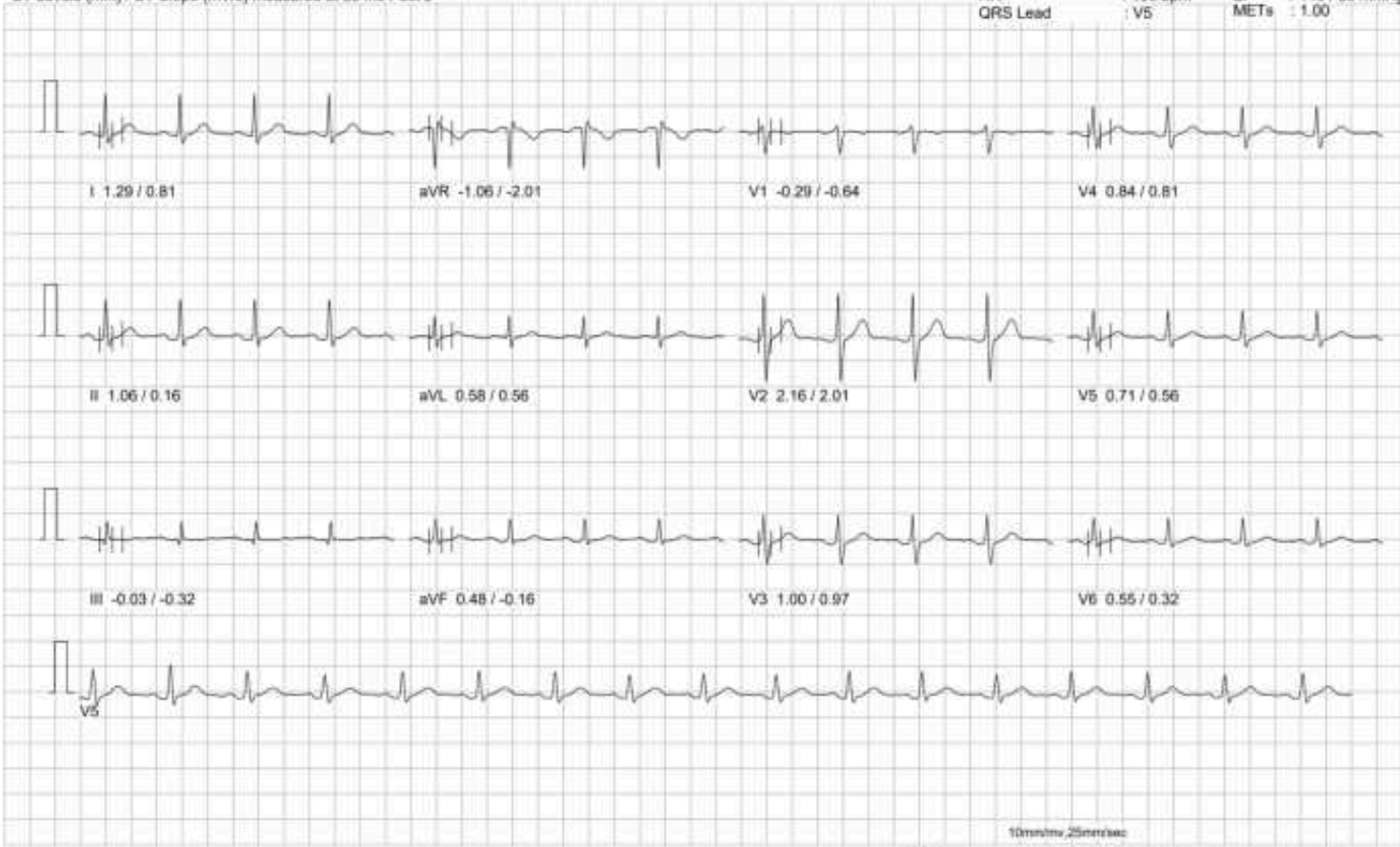
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

Linked Median Report

July 27, 2024 06:40 pm

Report time : 06:42 pm

PHASE TIME : 02:16 SPEED: 0.0 kmph
STAGE DURATION : 00:00 GRADE: 0.0
HR : 100 bpm BP : 110 / 80 mmHg
QRS Lead : V5 METs : 1.00



10mm/mV, 25mm/sec

100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.20

SIMIRA DIAGNOSTICS

PATIENT ID : 35 HEIGHT : 175 Cm WEIGHT : 90.00 Kg

PATIENT NAME : AKSHAY BHATANKAR 35/M

PROTOCOL : BRUCE

STAGE : Standing

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

Linked Median Report

July 27, 2024 06:40 pm

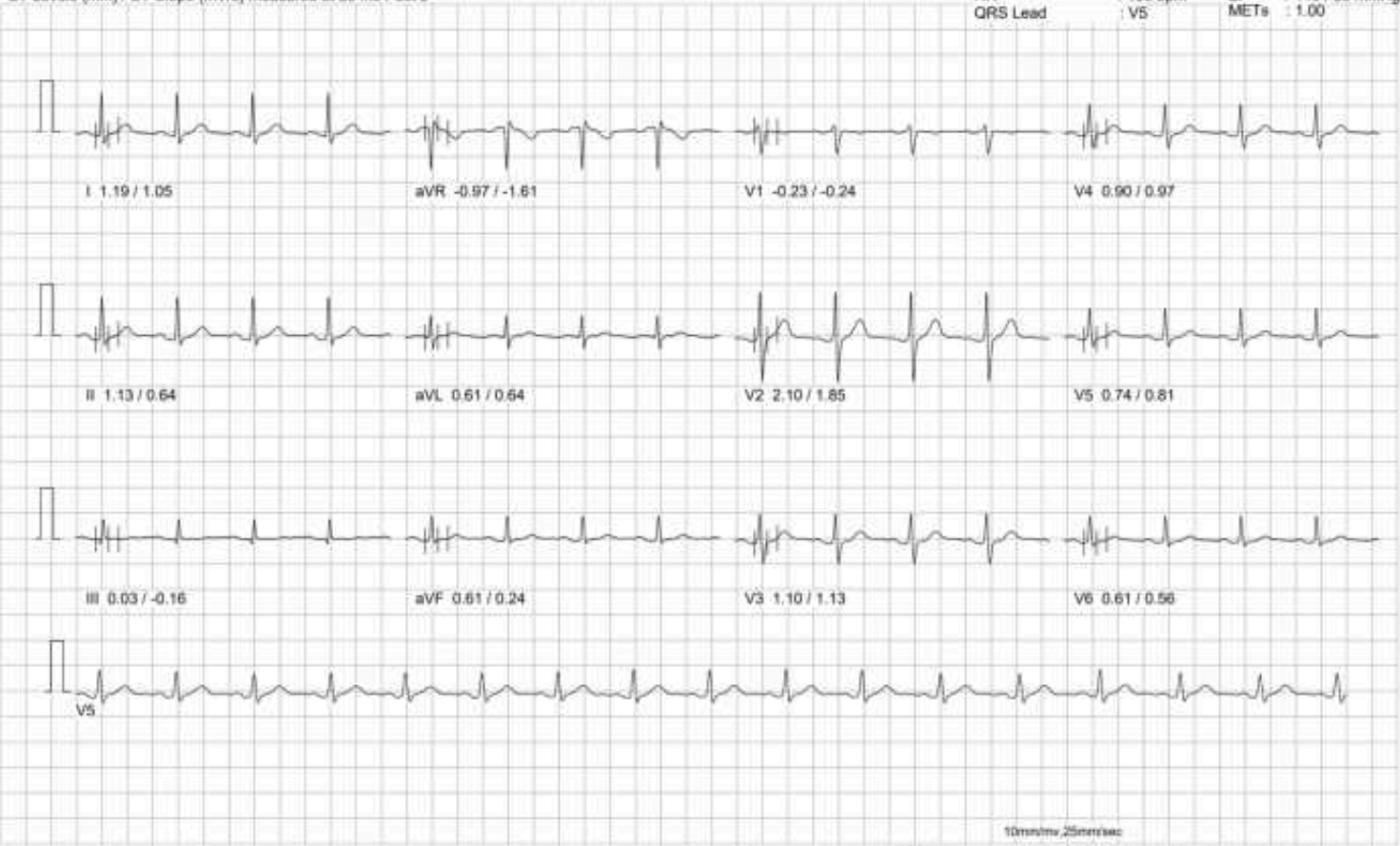
Report time : 06:43 pm

PHASE TIME : 03:12 SPEED: 0.0 kmph

STAGE DURATION : 00:00 GRADE: 0.0

HR : 100 bpm BP : 110 / 80 mmHg

QRS Lead : V5 METs : 1.00



10mm/mv, 25mm/sec

100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.30

SIMIRA DIAGNOSTICS

PATIENT ID : 35 HEIGHT : 175 Cm WEIGHT : 90.00 Kg

PATIENT NAME : AKSHAY BHATANKAR 35/M

PROTOCOL : BRUCE

STAGE : HyperVentilation

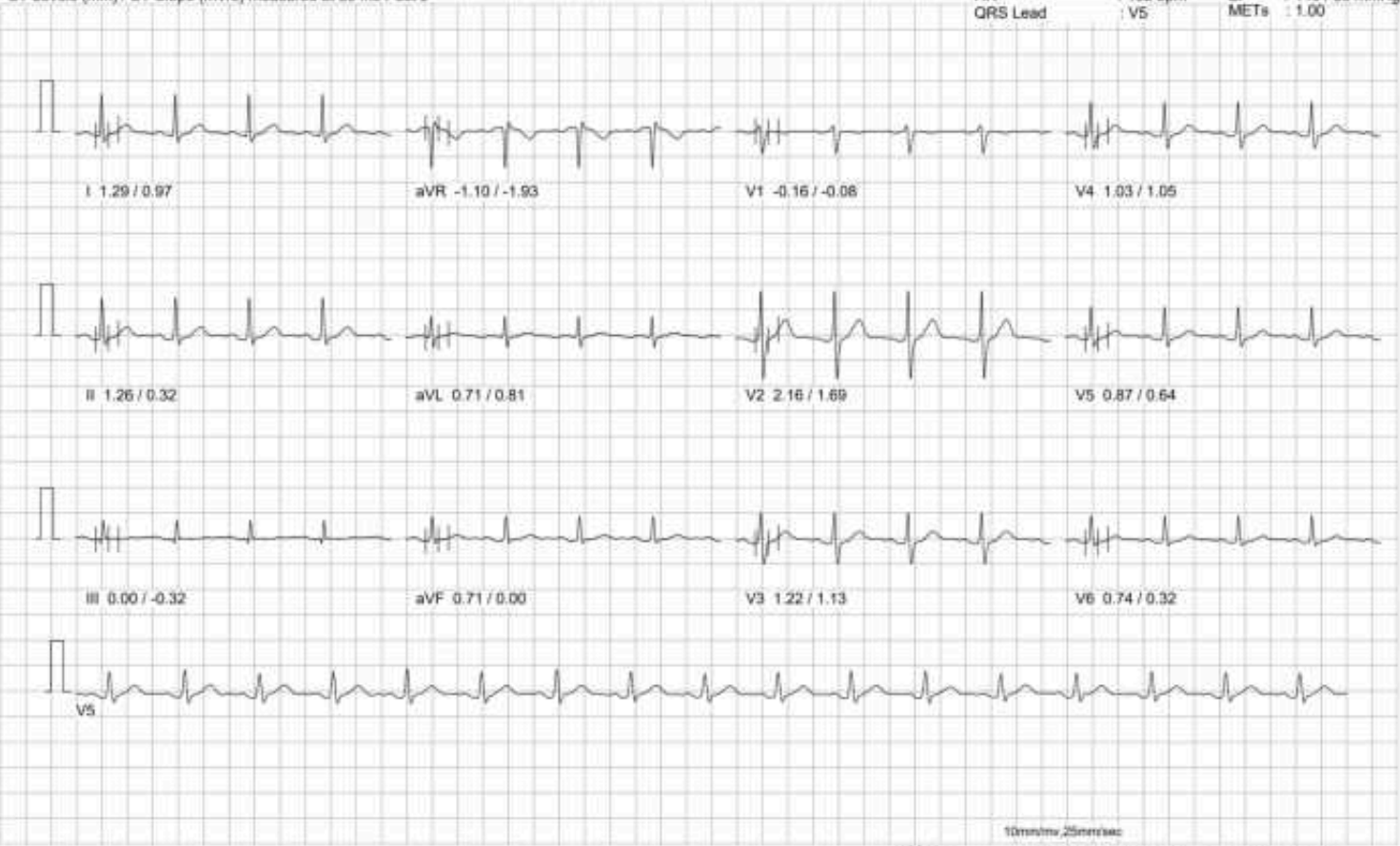
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

Linked Median Report

July 27, 2024 06:40 pm

Report time : 06:44 pm

PHASE TIME : 04:16 SPEED: 0.0 kmph
STAGE DURATION : 00:00 GRADE: 0.0
HR : 102 bpm BP : 110 / 80 mmHg
QRS Lead : V5 METs : 1.00



100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.30

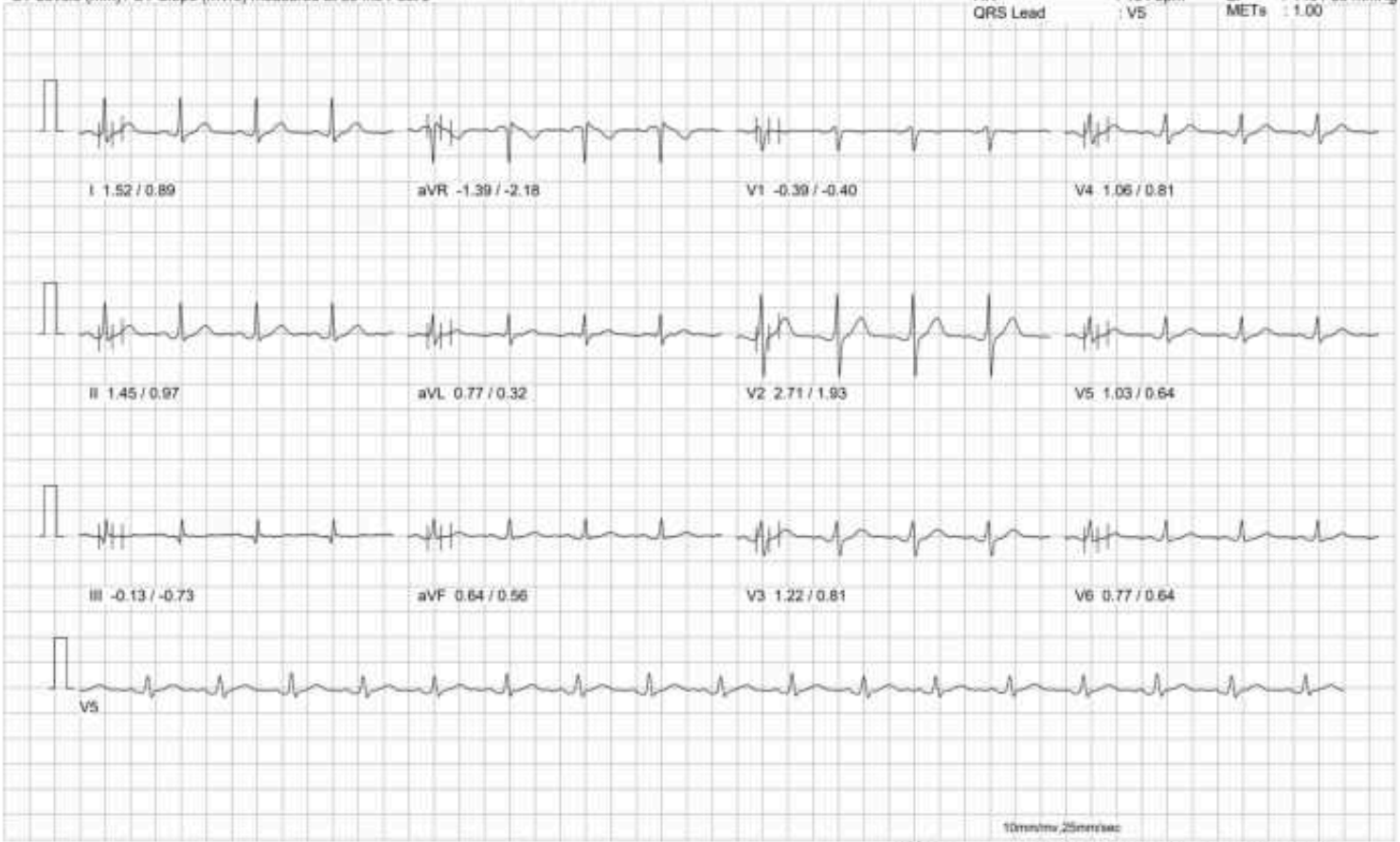
SIMIRA DIAGNOSTICS

PATIENT ID : 35 HEIGHT : 175 Cm WEIGHT : 90.00 Kg
PATIENT NAME : AKSHAY BHATANKAR 35/M
PROTOCOL : BRUCE
STAGE : Wait For Exercise
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

Linked Median Report

July 27, 2024 06:40 pm
Report time : 06:45 pm

PHASE TIME : 05:24 SPEED: 0.0 kmph
STAGE DURATION : 00:00 GRADE: 0.0
HR : 104 bpm BP : 110 / 80 mmHg
QRS Lead : V5 METs : 1.00



10mm/mv, 25mm/sec

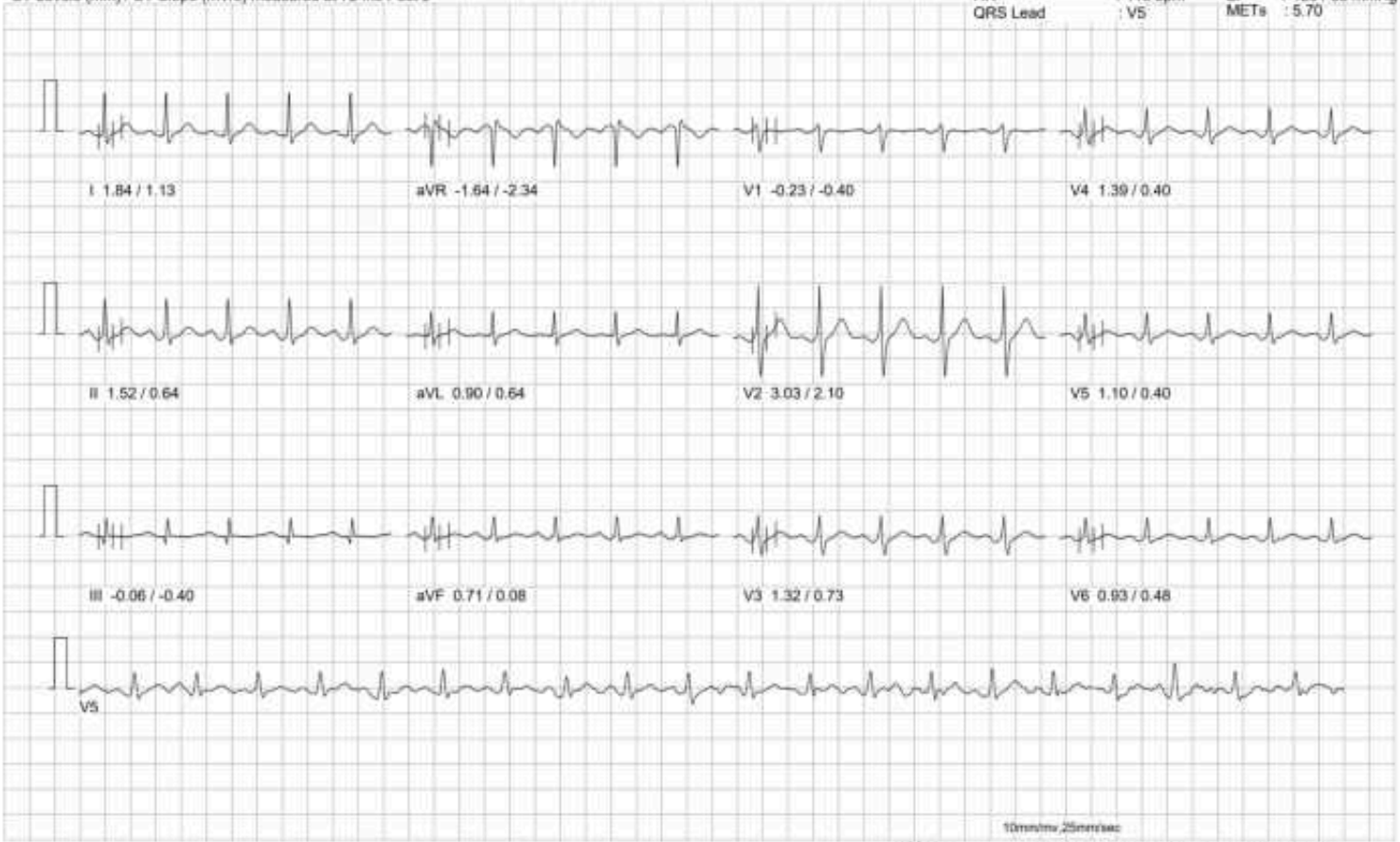
SIMIRA DIAGNOSTICS

PATIENT ID : 35 HEIGHT : 175 Cm WEIGHT : 90.00 Kg
PATIENT NAME : AKSHAY BHATANKAR 35/M
PROTOCOL : BRUCE
STAGE : Exercise Stage 1
ST Levels (mm) / ST Slope (mV/s) measured at 72 ms Post J

Linked Median Report

July 27, 2024 06:40 pm
Report time : 06:49 pm

PHASE TIME : 03:00 SPEED: 2.7 kmph
STAGE DURATION : 03:04 GRADE: 10.0
HR : 116 bpm BP : 120 / 85 mmHg
QRS Lead : V5 METs : 5.70



10mm/mv, 25mm/sec

100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.30

SIMIRA DIAGNOSTICS

PATIENT ID : 35 HEIGHT : 175 Cm WEIGHT : 90.00 Kg

PATIENT NAME : AKSHAY BHATANKAR 35/M

PROTOCOL : BRUCE

STAGE : Exercise Stage 3

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

Linked Median Report

July 27, 2024 06:40 pm

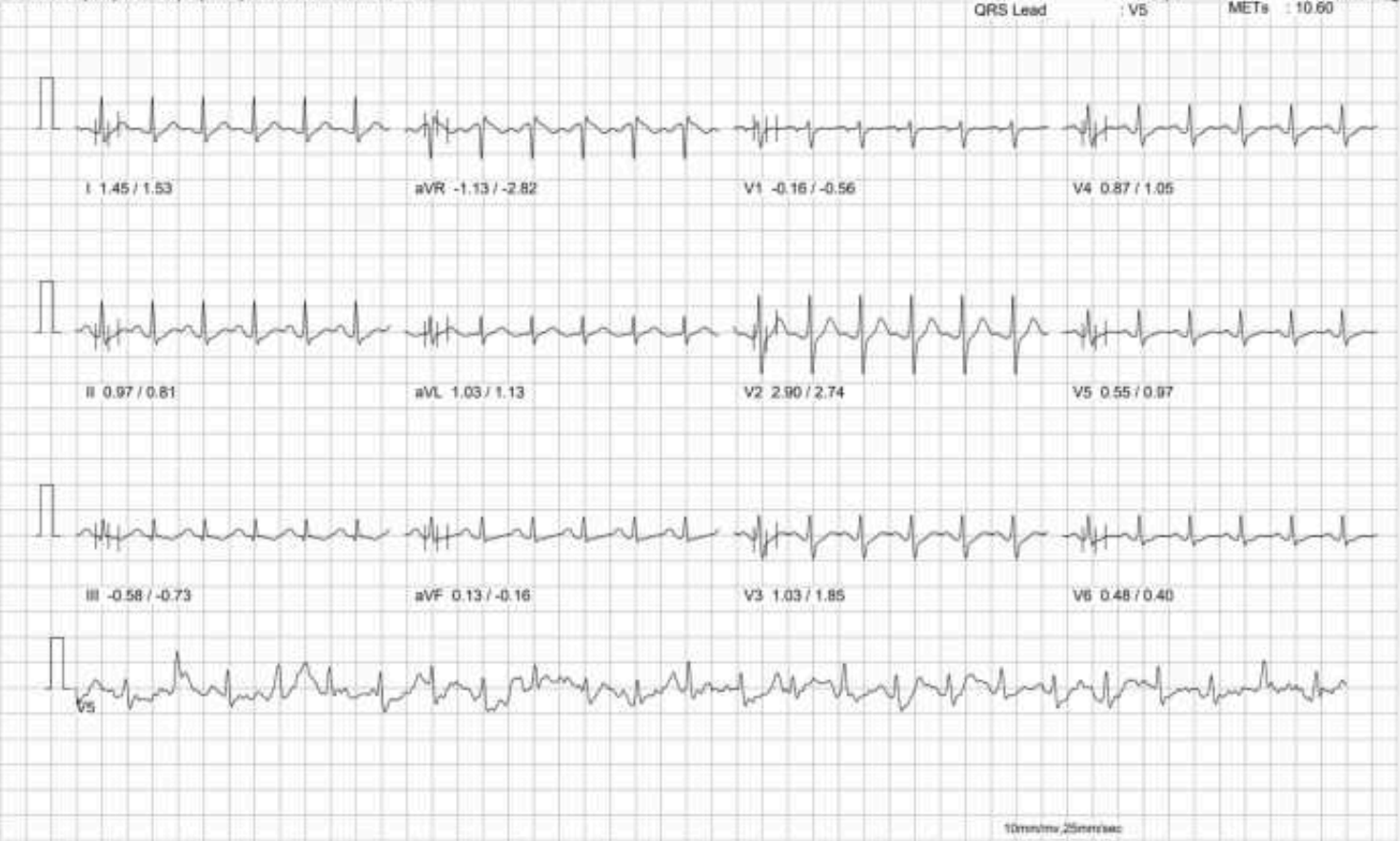
Report time : 06:55 pm

PHASE TIME : 09:00 SPEED: 5.5 kmph

STAGE DURATION : 03:04 GRADE: 14.0

HR : 151 bpm BP : 136 / 95 mmHg

QRS Lead : V5 METs : 10.60



100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.30

SIMIRA DIAGNOSTICS

PATIENT ID : 35 HEIGHT : 175 Cm WEIGHT : 90.00 Kg

PATIENT NAME : AKSHAY BHATANKAR 35/M

PROTOCOL : BRUCE

STAGE : Exercise Stage 2

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

Linked Median Report

July 27, 2024

06:40 pm

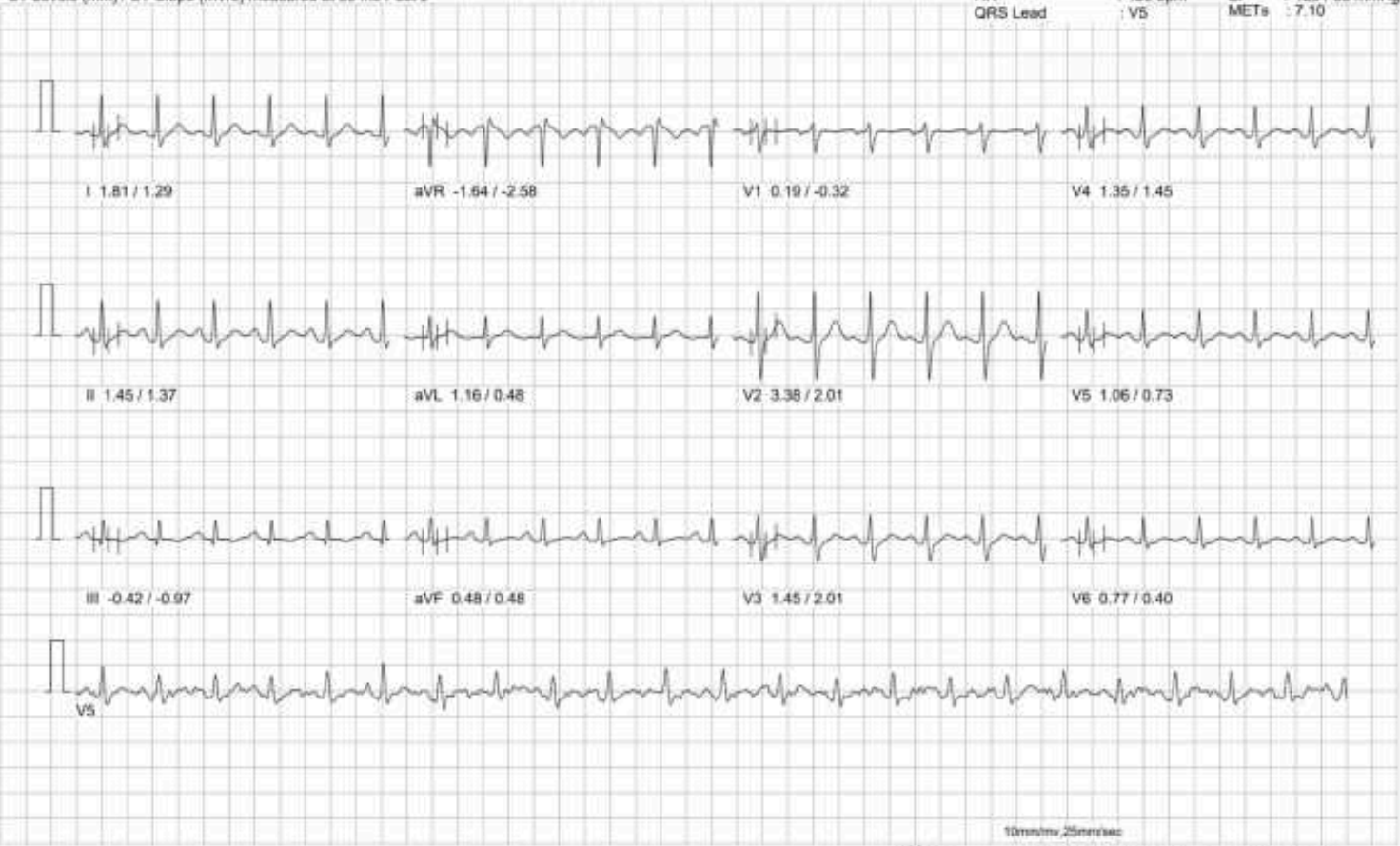
Report time : 06:51 pm

PHASE TIME : 06:00 SPEED: 4.0 kmph

STAGE DURATION : 02:56 GRADE: 12.0

HR : 129 bpm BP : 129 / 88 mmHg

QRS Lead : V5 METs : 7.10



10mm/mv, 25mm/sec

100 Hz

NASAP (C) ST-Win Standard BL 6.91, Unit Ver 4.30

SIMIRA DIAGNOSTICS

PATIENT ID : 35 HEIGHT : 175 Cm WEIGHT : 90.00 Kg

PATIENT NAME : AKSHAY BHATANKAR 35/M

PROTOCOL : BRUCE

STAGE : Recovery

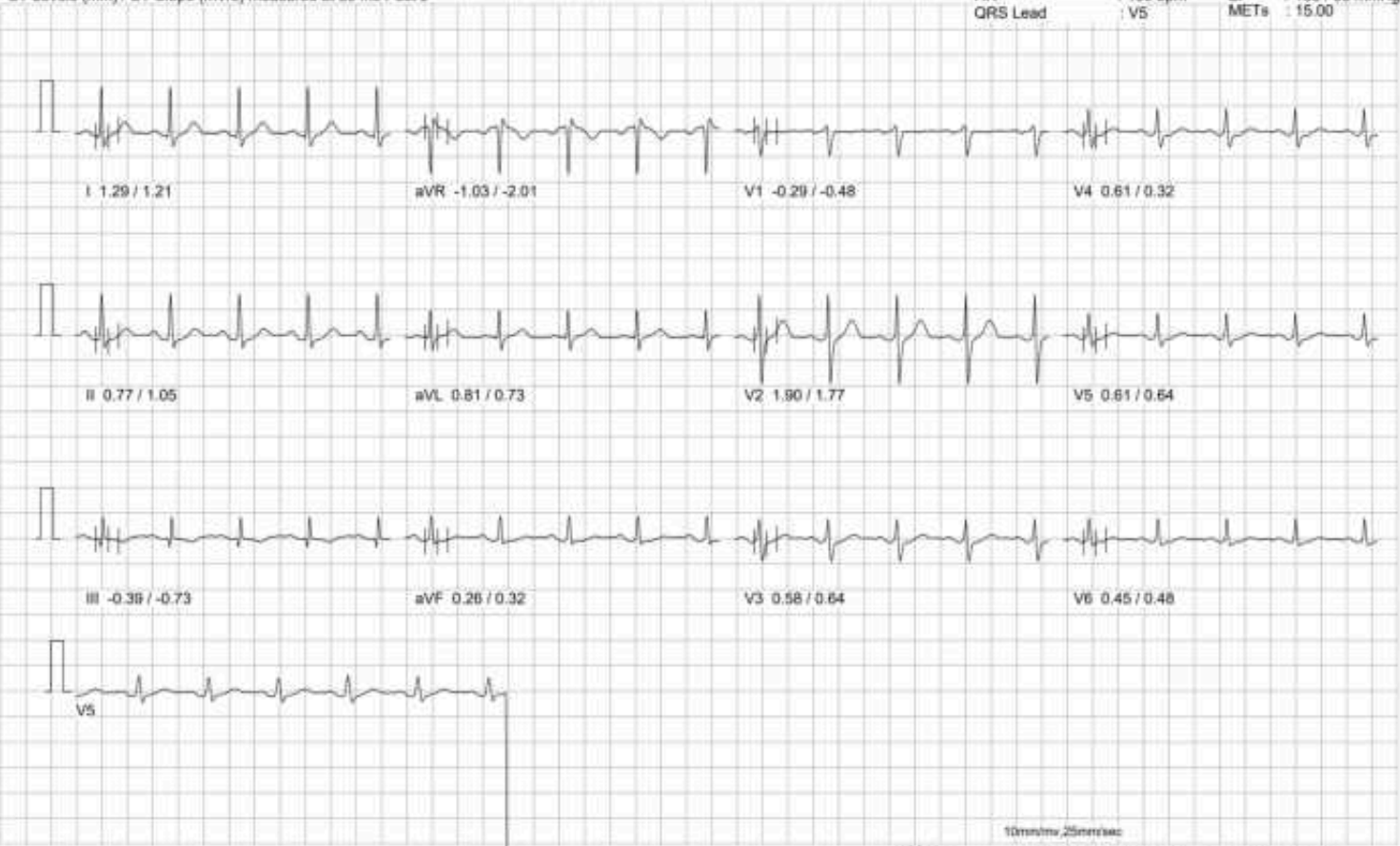
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

Linked Median Report

July 27, 2024 06:40 pm

Report time : 06:59 pm

PHASE TIME : 13:03 SPEED: 0.0 kmph
STAGE DURATION : 04:00 GRADE: 0.0
HR : 109 bpm BP : 135 / 95 mmHg
QRS Lead : V5 METs : 15.00



100 Hz

10mm/mV, 25mm/sec

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.20

SIMIRA DIAGNOSTICS

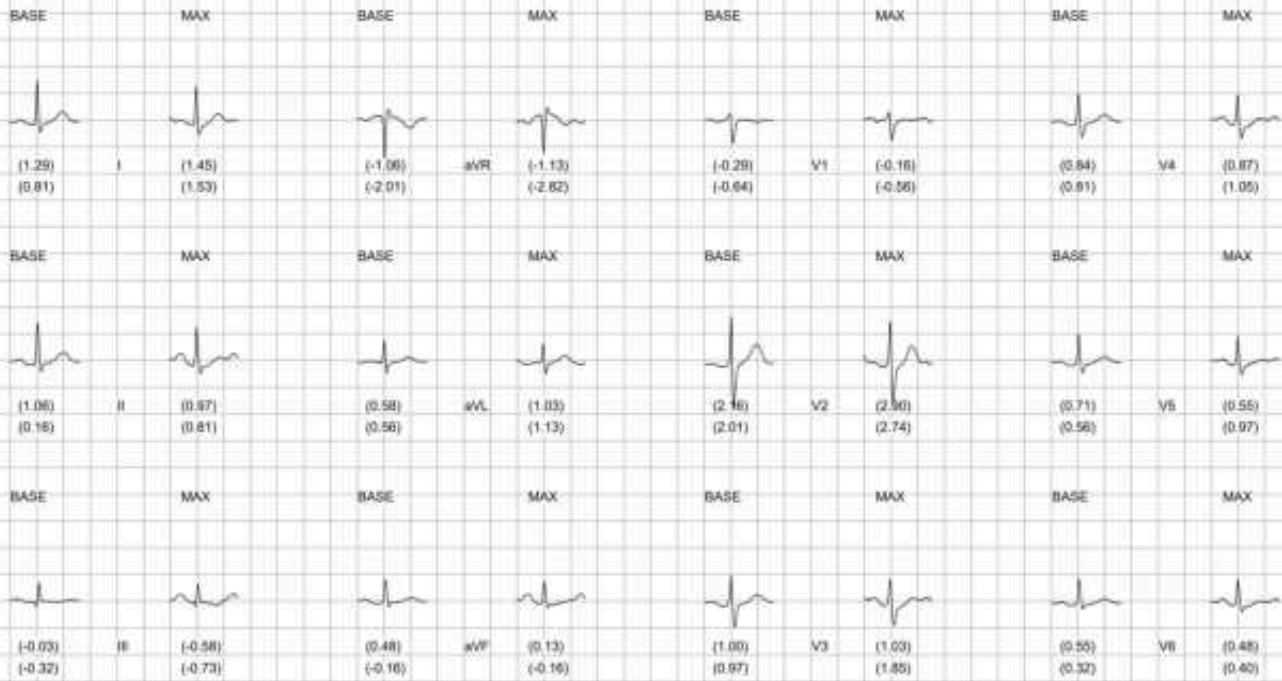
PATIENT ID : 35 HEIGHT : 175 Cm WEIGHT : 90.00 Kg
 PATIENT NAME : AKSHAY BHATANKAR 35/M

Brief Summary Report

July 27, 2024 06:40 pm
 Report time : 06:59 pm

BASE STAGE : Supine 100 bpm 0.00 METS 80 ms Post J PROTOCOL
 00:59 110 / 80 BRUCE

MAX STAGE : Exercise Stage 3 151 bpm 1.00 METS 80 ms Post J
 03:00 135 / 95



10mm/mv, 25mm/sec

100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.30

PATIENT ID : 35
PATIENT NAME : AKSHAY BHATANKAR 35/M

001/1 Madhu Apartment plot no 1 sector 11 new parvel

Summary Report

Report time : 06:59 pm
July 27, 2024 06:40 pm

PROTOCOL : BRUCE
PATIENT HEIGHT : 175 Cm
PATIENT WEIGHT : 90.00 Kg
PATIENT ADD. :

Ref. By : Not Applicable
(Not Applicable)

OBJECT OF TEST : Routine check up
RISK FACTOR : Male
ACTIVITY : Sedentary
MEDICATION :
BRIEF HISTORY :
OTHER INVESTIGATION : X-Ray
REASON FOR TERMINATION : Max HR
EXERCISE TOLERANCE : Good
EXERCISE INDUCED ARRHYTHMIA : No
HAEMO RESPONSE : Normal
CHRONO RESPONSE : Normal
FINAL IMPRESSION :

Dr. Avinash Shok Guthe
DM Cardiology- MD Medicine
M.D. Cardiologist
Reg. No./2011051437

PATIENT ID : 35
PATIENT NAME : AKSHAY BHATANKAR 35/M

001/1 Madhu Apartment plot no 1 sector 11 new parvel
Summary Report

Report time : 06:59 pm
July 27, 2024 06:40 pm

PROTOCOL : BRUCE
PATIENT HEIGHT : 175 Cm
PATIENT WEIGHT : 90.00 Kg
PATIENT ADD.:

Ref. By : Not Applicable
(Not Applicable)

Stage	Stage Speed (Kmph) / Time	Grade (%)	HR bpm	BP mmHg	R.P.P. X 1000	METS	ST Level I	Stage Comments
Pre-Test	01:17	0.00 / 0.00	93	110 / 80	10	1.00	1.61	
Supine	00:59	0.00 / 0.00	100	110 / 80	11	1.00	1.29	
Standing	00:59	0.00 / 0.00	100	110 / 80	11	1.00	1.19	
Hyper-Ventilation	01:05	0.00 / 0.00	102	110 / 80	11	1.00	1.29	
Wait For Exercise	01:01	0.00 / 0.00	104	110 / 80	11	1.00	1.52	
Exercise Stage 1	03:00	2.70 / 10.00	116	120 / 85	13	5.70	1.84	
Exercise Stage 2	03:00	4.00 / 12.00	129	129 / 88	16	8.00	1.81	
Exercise Stage 3	03:00	5.50 / 14.00	151	135 / 95	20	10.60	1.45	
Peak Exercise	00:01	6.80 / 16.00	151	135 / 95	20	10.60	1.45	
Recovery	04:01	0.00 / 0.00	109	135 / 95	14	15.00	1.29	

TOTAL EXER TIME : 13 : 2 min
MAX WORKLOAD : 15.00

MAX HR : 151 bpm (81.62 % of 185 bpm)
DISTANCE COVERED : 0.61 Km

MAX BP : 135 / 95 mmHg
DOUBLE PRODUCT : 20385.00

- METS Workload Achieved.
- Adequate Ion tropic And Chronotropic Response.
- No Symptom's Noted.
- 81.62 % Target Heart Rate Achieved.
- No Arrhythmias Noted.

Dr. Avinash Ashok Guthe
DM Cardiology MD Medicine
Reg. No. 20411051437
M.D. Cardiologist