Name : Mr. HIRAMAN DATTU GHADGE (57 /M) Date : 08/07/2023

Address : MEDIWHEEL NASHIK, NASHIK, NASHIK, MAHARASHTRA, INDIA

Examined by: Dr.SAGAR SATISH PATEL UHID : MHN1.0000147981

Package: MediWheel Full Body: Health Checkup Male Above 40 AHC No: NSKAH34056



For corporate health checkup No specific complaints

### PRESENT KNOWN ILLNESS

No history of - Thyroid disorder, Heart

disease, Stroke, Asthma, COPD, Cancer, Impaired

Glycemia

Diabetes mellitus Since - 2 YEAR;

Medication - regular; -

TAB-CARDIVAS-6.25MG

Hypertension Since - 2 YEAR;

Medication - regular; - TAB-GLYCOMET GP



NO KNOWN ALLERGY :08/07/2023



## Cardiovascular system

- Nil Significant

## Past medical history

Do you have any - No allergies?



Others - PO-PTCA-3 YEAR

### Immunization history

- Covid Dose1, Covid Dose2



Marital status - Married
No. of children - 2

Diet - Mixed Diet

Alcohol - does not consume alcohol

Smoking - No
Chews tobacco - No
Physical activity - Active

# Family history

Father - has expired

Aged - 45
Mother - alive
Aged - 75
Sisters - 3
Coronary artery - none

disease

Cancer - None

## PHYSICAL EXAMINATION

## General

 Height
 - 172

 Weight
 - 89

 BMI
 - 30.08

 Pallor
 - No

 Oedema
 - no

 Temperature
 - 97.2

 SpO2
 - 98

# (T)

## Cardiovascular system

Heart rate (Per minute) - 91
Rhythm - Regular
Systolic(mm of Hg) - 140
Diastolic(mm of Hg) - 80
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



Organomegaly - No Tenderness - No

Printed By: Ajay Murlidhar Bachhav

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<b>URINE ROUTINE (CUI</b>	Ε)				Monocytes	08	%		1-10
Test Name	Result	Unit	Level	Range	Basophils	00	%	•	0-1
Specific Gravity	1.020		•	1.016-1.026	ERYTHROCYTE	04		et	0-10
Color,:	PALE YELLOW			SEDIMENTATION	04	mm/1st  hr		0-10	
Transparency:	Clear				RATE (ESR)				
Reaction:	Acidic			7.2-7.8	BLOOD GROUPING A	ND TYP	PING (A	ABO aı	nd Rh)
Protein :	Negative	9			Test Name	Result	•		Range
Sugar:	Negative	<b>e</b>			ABO Group:	AB			
pН	5.0		•	4.6-8	Rh (D) Type:	POSITI	VΕ		
Blood:	Negative			LIVER FUNCTION TEST (PACKAGE)					
Ketone	Negative	<b>Э</b>			Test Name	Result		Level	Range
Bile Pigments:	Negative	9			ALT(SGPT) - SERUM /	21 *	U/L	•	30-65
Bile Salts :	Negative	9			PLASMA				
Urobilinogen	Normal				ALDUMINI CEDUM	4.4	a/dl		255
Nitrite	Negative	<b>e</b>			ALBUMIN - SERUM	4.4	g/dL		3.5-5
RBC	0	/hpf	•	0-2	GLOBULIN - SERUM: (Calculated)	3.8 *	g/dL		1.8-3.6
WBC/Pus Cells	0-2/HPF	/hpf			ALBUMIN:GLOBULIN -	1.2		•	1.1-1.8
Tc/Sqc(Transitional/Squ amous epithelial cells)	3-6/HPF	/hpf			SERUM(RATIO) (Calculated)				
C B C WITH ESR (AUT	TOMATIO	ON + S	TAND	ARD	ALKALINE	44	U/L	•	0-100
METHOD)				PHOSPHATASE -					
Test Name	Result	Unit	Level	Range	SERUM/PLASMA				
Hemoglobin	16.6	g/dl		13.0-18.0	AST (SGOT) - SERUM	22	U/L	•	15-37
Haematocrit	49.8	%		39.0-54.0	( ',				
-	49.8 6.02	% Millior ul	n/ •	39.0-54.0 4.2-6.5	BILIRUBIN, TOTAL - SERUM	1.4 *	mg/dl	L	0.0-1.0
Haematocrit		Millior	n/ •		BILIRUBIN, TOTAL - SERUM		-	L •	0.0-1.0
Haematocrit RBC COUNT	6.02	Millior ul	•	4.2-6.5	BILIRUBIN, TOTAL - SERUM LIPID PROFILE TEST	(PACKA	AGE)		
Haematocrit RBC COUNT MCV	6.02 83.3	Millior ul fl	•	4.2-6.5 75.0-95.0	BILIRUBIN, TOTAL - SERUM  LIPID PROFILE TEST Test Name	(PACKA	AGE) Unit	Level	Range
Haematocrit RBC COUNT MCV MCH	6.02 83.3 27.5	Millior ul fl pg	•	4.2-6.5 75.0-95.0 26.0-32.0	BILIRUBIN, TOTAL - SERUM  LIPID PROFILE TEST Test Name Total Cholesterol	(PACKA Result 119	AGE) Unit mg/dl	Level	
Haematocrit RBC COUNT  MCV MCH MCHC RDW Platelet Count(Optical/Impedanc	6.02 83.3 27.5 33.0	Millior ul fl pg g/dl	•	4.2-6.5 75.0-95.0 26.0-32.0 31.0-36.0	BILIRUBIN, TOTAL - SERUM  LIPID PROFILE TEST Test Name	(PACKA Result 119	AGE) Unit mg/dl	Level	Range
Haematocrit RBC COUNT  MCV MCH MCHC RDW Platelet	6.02 83.3 27.5 33.0 15.7	Millior ul fl pg g/dl % 10³/m m³	•	4.2-6.5 75.0-95.0 26.0-32.0 31.0-36.0 11-16	BILIRUBIN, TOTAL - SERUM  LIPID PROFILE TEST Test Name Total Cholesterol  CREATININE - SERUM	(PACKA Result 119	AGE) Unit mg/dl	Level	<b>Range</b> 0-200
Haematocrit RBC COUNT  MCV MCH MCHC RDW Platelet Count(Optical/Impedance) TLC Count	6.02 83.3 27.5 33.0 15.7 242	Millior ul fl pg g/dl % 10³/m m³	•	4.2-6.5 75.0-95.0 26.0-32.0 31.0-36.0 11-16 140-440 4.0-11.0	BILIRUBIN, TOTAL - SERUM  LIPID PROFILE TEST Test Name Total Cholesterol  CREATININE - SERUM Test Name CREATININE - SERUM	(PACKA Result 119 // / PLAS Result 1.0	MGE) Unit mg/dl  6MA Unit mg/dl	Level Level	Range 0-200
Haematocrit RBC COUNT  MCV MCH MCHC RDW Platelet Count(Optical/Impedance)	6.02 83.3 27.5 33.0 15.7 242	Millior ul fl pg g/dl % 10³/m m³	•	4.2-6.5 75.0-95.0 26.0-32.0 31.0-36.0 11-16 140-440	BILIRUBIN, TOTAL - SERUM  LIPID PROFILE TEST Test Name Total Cholesterol  CREATININE - SERUM Test Name CREATININE - SERUM / PLASMA	(PACKA Result 119 // PLAS Result 1.0	AGE) Unit mg/dl  SMA Unit mg/dl	Level	Range 0-200

Borderline High/Low

Out of Range

Within Normal Range

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GGTP: GAMMA 31 U/L ● 0-50 GLUTAMYL

TRANSPEPTIDASE -

**SERUM** 

GLUCOSE - SERUM / PLASMA (FASTING)

Test NameResultUnitLevelRangeGlucose - Plasma101 \*mg/dL●70-100(Fasting)

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test NameResultUnitLevelRangeGlucose - Plasma116mg/dL●70-140(POST PRANDIAL)

GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD

Test NameResultUnitLevelRangeGlycosylated<br/>Hemoglobin (HbA1c)5.8%0.0-6.0Mean Plasma Glucose<br/>(MPG) Estimate:129.18mg/dL

LIPID PROFILE TEST (PACKAGE)

**Test Name** Result Unit Level Range HDL CHOLESTEROL -34 \* mg/dL 40-60 SERUM / PLASMA TOTAL 3.5 0.0 - 4.5CHOLESTEROL/HDL **CHOLESTEROL** RATIO(Calculated) LDL Cholesterol (Direct 81 mg/dL LDL)

LIVER FUNCTION TEST (PACKAGE)

Test NameResultUnitLevelRangePROTEIN, TOTAL -<br/>SERUM / PLASMA8.2g/dL●6.4-8.2

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range

TOTAL T3: TRI 124 ng/dL ● Healthy Adults: 10DOTHYRONINE - 69 - 215

SERUM

TOTAL T4: 7.1 μg/dL Healthy
THYROXINE - SERUM Adults:5.2-12.7

AHC No: NSKAH34056

LIPID PROFILE TEST (PACKAGE)

Test NameResultUnitLevelRangeTriglycerides - Serum116mg/dL●0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test NameResultUnitLevelRangeTSH: THYROID1.3uIU/mL■Euthyroid: 0.3 -STIMULATING4.5Hypothyroid: 7.1 - >75

**UREA - SERUM / PLASMA** 

**Test Name** Result Unit Level Range UREA - SERUM / 24 mg/dL 15-38 **PLASMA UREA NITROGEN** 11 mg/dL 7-18 SERUM/PLASMA: (Calculated)

**URIC ACID - SERUM** 

Test Name Result Unit Level Range
URIC ACID - SERUM 5.6 mg/dL ■ 3.5-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN 0.3 mg/dL 0.0-0.3
CONJUGATED
(DIRECT) - SERUM

BILIRUBIN 1.1 \* mg/dL 0.0-0.7
UNCONJUGATED SERUM(Calculated)

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL)

Test NameResultUnitLevelRangePROSTATIC SPECIFIC<br/>ANTIGEN (PSA TOTAL)1.36ng/mL●0.24-3

**CARDIAC STRESS TEST - (TMT)** 

**ECG** 

**ULTRASOUND - WHOLE ABDOMEN** 

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(Suboptimal study due to excessively gaseous abdomen).

Gaseous abdomen ++.

No other significant abnormality is detected.

Suggest: Clinical correlation.

## X-RAY CHEST PA

No significant abnormality is detected.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

### Haematology

STOOL ROUTINE

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Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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## **AICVD RISK SCORE REPORT**

RISK STATUS	YOUR SCORE	ACCEPTABLE SCORE
Moderate Risk	10	9

Your likelihood of developing cardiovascular disease in the next ten years is 1.3 times higher than the people of your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

#### Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.</li>
- Continue with medications for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.</li>
- · Follow your physician's advice regarding follow up tests, consults and annual health assessment
- It is recommended that you visit your physician every 6 months if you have:
  - Uncontrolled high blood pressure, Diabetes, Dyslipidemia, Coronary heart disease

#### DISCLAIMER

- 1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
- 2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
- 3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
- 4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
- 5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical Al Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515