

DEPT. OF APOLLO HEALTH CHECK

QF400AHB.pf.8202



CASE RECORD

Name: **IRS. CHANDRAMMA**  
 Age: **40 Year(s) Female**  
 Date: **2 Oct 2022 8:04:13 AM**  
 ID: **HB.0000735178**

Age: \_\_\_\_\_ Sex: **M/F**  
 UHID: \_\_\_\_\_



Physical Examination

**General:** Build \_\_\_\_\_  
 Height **147 cm** Weight **111.5 kg** BMI: \_\_\_\_\_  
 Anaemia \_\_\_\_\_ Icterus \_\_\_\_\_  
 Oedema \_\_\_\_\_ Glands \_\_\_\_\_  
 Clubbing \_\_\_\_\_  
 Cyanosis \_\_\_\_\_

HEAD & NECK:

ENT:

CVS:

Heart Rate & Rhythm **100 bpm**  
 B.P.: Supine \_\_\_\_\_  
 Sitting \_\_\_\_\_  
 Standing \_\_\_\_\_  
 SpO2 **92% / 6pm**

Chest shape \_\_\_\_\_  
 Heart Sounds **156/104 mmHg**

Echo Screening  
 Normal (vs) systolic function  
 Normal  
 AF = 60!

Murmurs

Thrills

Rate & Type

Breath Sounds



MC-2647

DEPARTMENT OF BIOCHEMISTRY



Name : Mrs. CHANDRAMMA .

UHID : AHB.0000735178

/AHBHC110430

Age : 40Yr 9Mth 17Days Gender : Female

SIN \ LRN : 8135938 \ 3563217

W/BNo/RefNo : AHC

Specimen : Blood

Ref Doctor : Dr. MHC



Collected on : 22-OCT-2022 08:39:38 AM

Received on : 22-OCT-2022 09:18:29 AM

Reported on : 22-OCT-2022 01:46:26 PM

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE ABOVE 40 YEARS

TEST NAME

THYROID STIMULATING HORMONE [TSH]  
(CLIA)

RESULT

6.61 \*

BIOLOGICAL REFERENCE INTERVALS

0.34 - 5.6

UNITS

µIU/mL

Report Status: Final

\* - Abnormal Value

\* END OF REPORT \*

GOVINDARAJU N L Dr. SABHARI PRIYA S  
Clinical Biochemist Registrar

CHECKED BY 723076  
723076

Printed On : 22-OCT-2022 01:48:41 PM

**Dr. Jyoti Jain**

MBBS, DNB (Family Medicine), PGDGM

(Dip in Geriatric Medicine)

Senior Consultant - Dept. of Apollo Health Check

Place Label Here

Chandramma 40

If label not available, write Pt. Name, UHID No., Age, Sex, Date, Name of Treating Physician

Form # OP1



Allergies: NKDA	<b>Fall Risk Assessment</b>		Wt: 115	Ht: 147	T: 1	P: 100	BP: 156/104
	H/o fall (within 1 year)	Yes No	Pain _____/10 <input type="checkbox"/> Psychological & Social Assessment done				
	Mobility Aid	Yes No					
	Gait	Dep. Indep.					

HTN - Not on Rx

Hypothyroid since 3y.

(Eltroxin) TSH - 6.61.  
Thyroxin 75mcg 100.

DM - (Boedaline) Type II

HbA<sub>1c</sub> - 7.67. FBS - 124

Gd II fatty liver

Advise:

Regular Exercise.

Salt restriction.

Tab. THYRONORM/ELTROXIN  $\left\{ \begin{array}{l} 75mcg \\ 100mcg \end{array} \right\}$  Alternate days  
early mng.

Tab. CILACAR - <sup>40mg</sup>~~40~~ 100 (A.F)

Tab. Glycomet SR 500  $\frac{100}{2}$  (A.F)

After lunch  $\rightarrow$  S.TSH.

Kindly get this document scanned at the counter for the record purpose

After 3mths - HbA<sub>1c</sub>, FBS, PPBS.

Jyoti Jain  
22/10/22  
Signature and Date



## YOUR CLINICAL TEST RESULTS

**Mrs. CHANDRAMMA .**

FEMALE / 40 Yrs / AHB.0000735178 / AHBHC110430

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE ABOVE 40 YEARS

Date : 22/10/2022

### HEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin :Oxyhemoglobin method(Photometric measurement)	13.5	g/dL	●	11.5 - 15.5
RBC Count (Impedance)	5.29 *	x(10) <sup>12</sup> /l	●	3.7 - 4.8
Packed cell volume (Calculated)	41	%	●	34 - 46
Hematocrit (Derived from RBC histogram)	77 *	fl	●	83 - 101
MCH (Calculated)	26 *	pg	●	27 - 32
MCHC (Calculated)	33	g/dl	●	31.5 - 34.5
RDW (Calculated)	13.9	%	●	11.60-14.00
Platelet Count (Impedance)	341	x(10) <sup>9</sup> /l	●	150 - 450
WBC Count (Impedance)	7.64	x(10) <sup>9</sup> /l	●	4 - 11
Neutrophils	62	%	●	40 - 80
Lymphocytes	30	%	●	8.6 -23.8
Monocytes	6	%	●	2 - 10
Eosinophils	2	%	●	1 - 6
Basophils	0	%	●	0 - 2
RBC:	Predominantly Normocytic Normochromic RBCs are seen with few Microcytic hypochromic RBCs.			
WBC:	Differentials within normal limits.			
Platelets:	Adequate			
Impression	Normal study.			
ERYTHROCYTE SEDIMENTATION	41 *	mm/1st	●	Adult Female- 0 - 20

● Within Normal Range    ● Boderline High/Low    ● Outside Range

## YOUR CLINICAL TEST RESULTS

**Mrs. CHANDRAMMA .**

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2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE ABOVE 40 YEARS

Date : 22/10/2022

RATE (ESR) (Teflon Capillary  
Photometry)

hr

### URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Color :	Yellow			Yellow
Appearance	Clear			Clear
Volume :	30	ml		
pH	6.0			
Specific Gravity	1.015 *		●	1.016 - 1.022
Protein :	NEGATIVE			NEGATIVE
Glucose:	NEGATIVE			NEGATIVE
Ketone	NEGATIVE			NEGATIVE
Bile Salts :	NEGATIVE			NEGATIVE
Bile Pigments:	NEGATIVE			NEGATIVE
Urobilinogen	0.2	E.U./dL	●	0.2 - 1.0
Urobilinogen	NEGATIVE			NEGATIVE
Nitrate:	NEGATIVE			NEGATIVE
Leucocyte Esterases	NEGATIVE			NEGATIVE
RBC	Nil	Cells/hpf		0 - 2
Pus Cells	1-2 /h.p.f	/HPF		0 - 5
Epithelial Cells	Occasional			Occasional - Few

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Date : 22/10/2022

### BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
Blood Group:	B			
Rh (D) Type:	POSITIVE			
Method:	COLUMN AGGLUTINATION			

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	14	U/L	●	<= 35

Test Name	Result	Unit	Level	Range
GLOBULIN - SERUM - CALCULATED	3.9	g/dL	●	Adult 2.0 - 4.0
ALBUMIN:GLOBULIN (RATIO) - CALCULATED	1.0		●	0.8 - 2.0
ALBUMIN - SERUM	3.8	g/dL	●	Adult- 3.5-5.2

Test Name	Result	Unit	Level	Range
ALKALINE PHOSPHATASE - SERUM	86	U/L	●	Adult: 30 - 120

Test Name	Result	Unit	Level	Range
AST (SGOT) - SERUM	16	U/L	●	<= 35

● Within Normal Range    ● Boderline High/Low    ● Outside Range

## YOUR CLINICAL TEST RESULTS

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Date : 22/10/2022

Test Name	Result	Unit	Level	Range
BILIRUBIN, TOTAL - SERUM	0.45	mg/dL	●	0.30-1.20

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CHLORIDE - SERUM	105	mmol/L	●	98 - 107

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	200	mg/dL	●	"Desirable : <200 Borderline : 200 - 239 High Risk : >239 "

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.84	mg/dL	●	Female: 0.6 -1.1

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	21	U/L	●	<= 38

### GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
			● Within Normal Range	
			● Boderline High/Low	
			● Outside Range	



# YOUR CLINICAL TEST RESULTS

**Mrs. CHANDRAMMA .**

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Date : 22/10/2022

Glucose - Plasma (Fasting)	124 *	mg/dL	●	"Non-Diabetic : <= 100 Impaired Fasting Glucose: 100-125 Diabetic : >= 126 "
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## GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	115	mg/dL	●	"Non-Diabetic : <=140 Impaired Glucose Tolerance : 140-199 Diabetic : >=200 "

## GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	7.6 *	%	●	"NON-DIABETICS <=5.6 PRE-DIABETIC: 5.7-6.4 DIABETIC >=6.5"

## LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	46	mg/dL	●	"Low : <40 High : >59"

Test Name	Result	Unit	Level	Range
LDL Cholesterol (Direct LDL)	147 *	mg/dL	●	"Optimal : <100 Near/Above Optimal: 100 - 129 Borderline High: 130 - 159 High: 160 - 189 Very High: > 189"

## NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
	● Within Normal Range		● Boderline High/Low	● Outside Range



# YOUR CLINICAL TEST RESULTS

**Mrs. CHANDRAMMA .**

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2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE ABOVE 40 YEARS

Date : 22/10/2022

POTASSIUM - SERUM	4.8	mmol/L	●	3.5-5.1
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### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.7	g/dL	●	ADULT: 6.0 - 8.5

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
SODIUM - SERUM	135 *	mmol/L	●	135 - 145

### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	79.27 *	ng/dL	●	Adults: 87 - 178

Test Name	Result	Unit	Level	Range
TOTAL T4: THYROXINE - SERUM	13.5 *	µg/dL	●	5.93 - 13.29

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	92	mg/dL	●	"Normal: < 150 Borderline High: 150 - 199 High: 200 - 499 Very High: > 499"
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	4.3		●	< 5.0

Within Normal Range
  Boderline High/Low
  Outside Range

# YOUR CLINICAL TEST RESULTS

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## NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
UREA - SERUM	19	mg/dL	●	15 - 45

Name	Result	Unit	Level	Range
URIC ACID - SERUM	6.0	mg/dL	●	Adult Female: 2.5 - 6.0

## LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
VLDL CHOLESTEROL - SERUM	18	mg/dl	●	Desirable: <30

## LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN DIRECT - SERUM	0.08	mg/dL	●	upto 0.4
BILIRUBIN INDIRECT - SERUM - CALCULATED	0.37	mg/dL	●	0.1 - 1.0

## NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
BICARBONATE (HCO3) - SERUM	24		●	Healthy Adults: 22 - 29

● Within Normal Range    ● Boderline High/Low    ● Outside Range

# YOUR CLINICAL TEST RESULTS

**Mrs. CHANDRAMMA .**

FEMALE / 40 Yrs / AHB.0000735178 / AHBHC110430

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE ABOVE 40 YEARS

Date : 22/10/2022

**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)**

**Haematology**

STOOL ROUTINE

**Histopathology**

PAP SMEAR (CONVENTIONAL METHOD)

**Biochemistry**

✓ UCOSE - SERUM / PLASMA (RANDOM)

**CARDIOLOGY**

ECHO/TMT - OPTIONAL

**Ultrasound Radiology**

ULTRASOUND - WHOLE ABDOMEN

**CARDIOLOGY**

ECG

**Ultrasound Radiology**

ULTRASOUND BREAST

**X Ray**

X-RAY CHEST PA



Within Normal Range



Boderline High/Low



Outside Range

## DEPARTMENT OF RADIOLOGY

<b>Patient's Details</b>	: Mrs. CHANDRAMMA .	F   040Y
<b>UHID</b>	: AHB.0000735178	<b>Ward/Bed No.</b> : AHC /
<b>I.P.No./Bill No.</b>	: AHBHC110430	<b>Scanned on</b> : 22-Oct-2022 09:57
<b>Accession Number</b>	: 10601.222092393	<b>Reported On</b> :
<b>Referring Doctor</b>	: Dr. MHC	

### ULTRASOUND WHOLE ABDOMEN

**Clinical Information: General health checkup**

*Liver appears normal in size, shows diffuse increase in parenchymal echogenicity with loss of periportal echogenicity. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.*

Gall bladder moderately distended. No definite calculi identified. No evidence of abnormal wall thickening noted.

Spleen appears normal in size, shape and echopattern. No focal parenchymal lesions identified.  
Pancreas appears normal in size, shape and echopattern. No definite calcification or ductal dilatation noted.

Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No evidence of calculi / hydronephrosis seen on either side.

Urinary bladder distended and appears normal. No evidence of abnormal wall thickening noted.  
Uterus anteverted and appears normal in size. Myometrial echoes appear normal with no focal lesions identified.  
Endometrial thickness measures ~ 5mm.  
Both ovaries appear normal in echotexture.

No evidence of ascites or pleural effusion seen.

*Fat containing umbilical hernia with defect measuring ~ 22 mm.*

**IMPRESSION:**

Grade II fatty liver  
Ventral hernia.

(Enclose reports) Mn

*DR. APURVA A J*  
**RESIDENT**

**DR. SHRIVALLIN**  
**MBBS, DMRD, DNB**  
**CONSULTANT RADIOLOGIST**

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.



**DEPARTMENT OF RADIOLOGY**

AH-QF-RD-04

Patient's Details :	CHANDRAMMA	Ward/Bed No. :	F	40 Years
UHID :	AHB.0000735178	Scanned on :	/	
I.P.No./Bill No. :		Reported On :	22-Oct-2022	
Accession Number :			10:57	
Referring Doctor :			22-Oct-2022	

**X-RAY CHEST PA VIEW**

**Clinical Information: health check up**

*Positional rotation present.*

Lung fields appear clear bilaterally with normal bronchovascular markings.

Cardiac silhouette and cardiothoracic ratio appear normal.

Costophrenic angles appear normal on both sides.

Domes of the diaphragm appear normal.

Underlying bony and soft tissue shadows appear normal.

**IMPRESSION:**

*No definite abnormality noted on the chest radiograph.*

*Suggested clinical correlation.*

Dr Salim Shaikh  
Sr Resident

---END OF THE REPORT---

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.



APOLLO HOSPITALS  
BANNERGATTA ROAD  
BANGALORE

Station  
Telephone:

## EXERCISE STRESS TEST REPORT

Patient Name: CHANDRAMMA,  
Patient ID: AHB/735178  
Height: 150 cm  
Weight: 111 kg

DOB: 01.05.1982  
Age: 40yrs  
Gender: Female  
Race: Indian

Study Date: 22.10.2022  
Test Type: Treadmill Stress Test  
Protocol: BRUCE

Referring Physician: AHC  
Attending Physician: DR K M NAIR  
Technician: Jagadeesha A B

Medications:  
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Medical History:  
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Reason for Exercise Test:  
Screening for CAD

### Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:23	0.00	0.00	90	140/90	
	STANDING	00:01	0.00	0.00	90	140/90	
	HYPERV.	00:01	0.00	0.00	90	140/90	
EXERCISE	STAGE 1	03:00	1.70	10.00	148	150/90	
	STAGE 2	02:26	2.50	12.00	155	160/90	
RECOVERY		06:59	0.00	0.00	106	150/90	

The patient exercised according to the BRUCE for 5:25 min:s, achieving a work level of Max. METS: 7.00. The resting heart rate of 90 bpm rose to a maximal heart rate of 240 bpm. This value represents 133 % of the maximal, age-predicted heart rate. The resting blood pressure of 140/90 mmHg, rose to a maximum blood pressure of 160/90 mmHg. The exercise test was stopped due to Fatigue, Dyspnea.

### Interpretation

Summary: Functional Capacity: moderate.  
HR Response to Exercise: appropriate.  
BP Response to Exercise: normal resting BP - appropriate response.  
Chest Pain: none.  
Arrhythmias: none.  
ST Changes: BASELINE ECG SHOWS ST-T CHANGES, NO FURTHER CHANGES NOTED.

### Conclusions

IMP:- STRESS TEST IS NEGATIVE FOR INDUCIBLE ISCHEMIA.

\* CORRELATE CLINICALLY\*

Physician

Technician

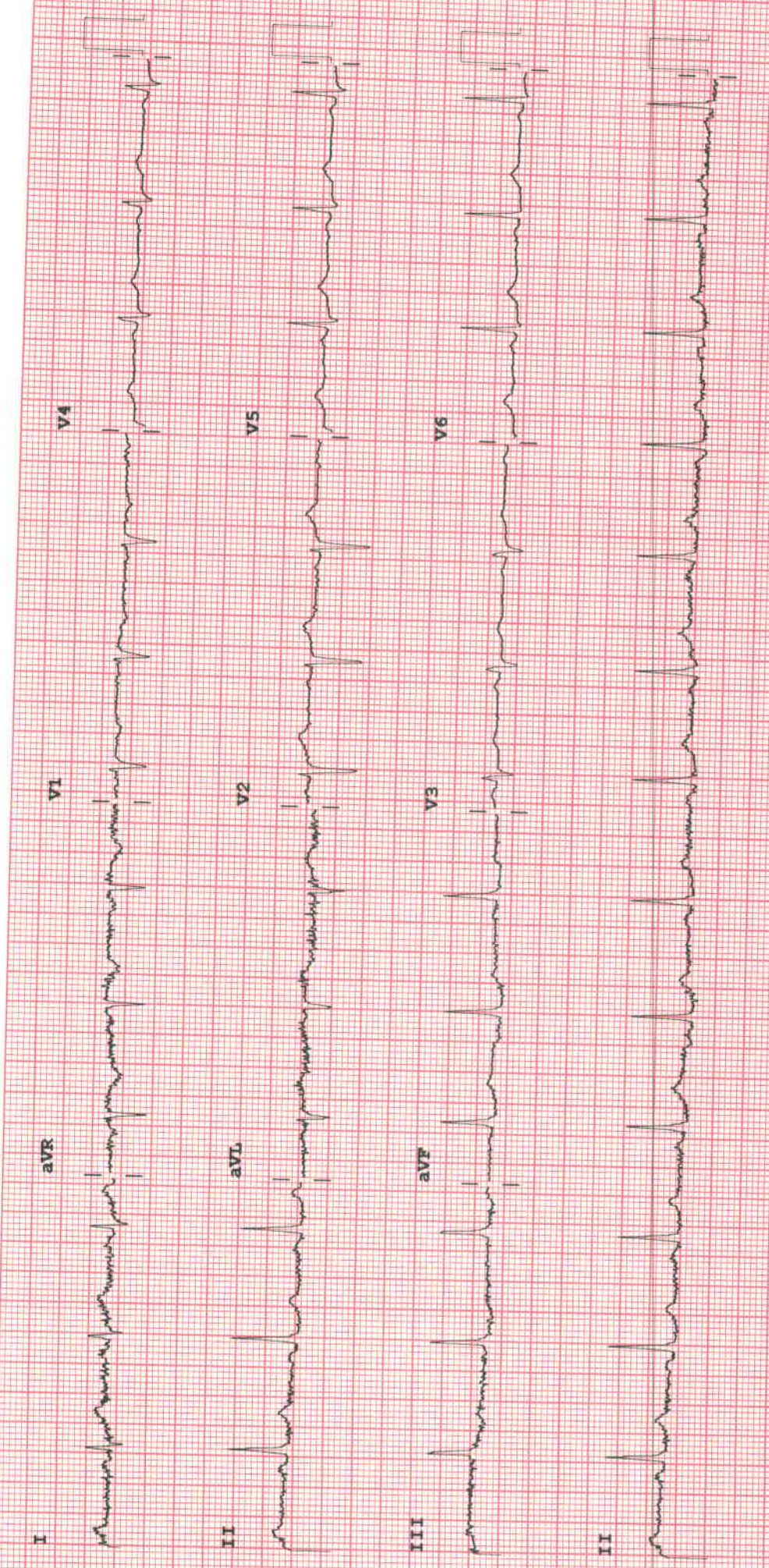


Rate 79  
 PR 147  
 QRSD 103  
 QT 364  
 QTC 418  
 --AXIS--  
 P 32  
 QRS 83  
 T 9

4HB.0000736178  
 IRS. CHANDRAMMA  
 Age: 40Year(s) Year(s)/Female  
 2 Oct 2022 8:04:12 AM



12 Lead; Standard Placement



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV  
 F 50~ 0.15~100 Hz 100B CL P?