

MR SHAKLESH JHA  
 ID : 100  
 DATE : 16/03/2022  
 AGE/SEX : 29 /M  
 HT/WT : 172 / 79  
 REF. BY : MEDIWHEEL

TREADMILL TEST REPORT  
 PROTOCOL : Bruce  
 HISTORY : Checkup/Physical fitness,  
 INDICATION : CARDIAC EVALUATION  
 MEDICATION : NONE

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			METTS
								IT	V1	V5	
SUPINE					78	120 / 70	93	1.5	0.7	1.5	
STANDING		0:20			80	120 / 70	96	1.2	0.8	1.5	
HYPERVENT					83	120 / 70	99	1.5	0.6	1.6	
Stage 1	2:55	2:55	2.7	10	113	130 / 70	146	1.5	0.4	1.7	4.67
Stage 2	5:55	2:55	4	12	135	140 / 70	189	0.6	0.2	1	7.04
Stage 3	8:55	2:55	5.4	14	160	150 / 80	240	0.4	0.4	0.5	9.92
PK-EXERCISE	9:26	0:26	6.7	16	168	150 / 80	252	0.3	0.1	0	10.58
RECOVERY	10:41	1:5			121	150 / 80	181	2.1	0.6	1.8	
RECOVERY	11:41	2:5			106	140 / 80	148	1.3	0.6	1.2	
RECOVERY	12:31	2:55			100	130 / 80	130	1.2	0.6	1.2	

**RESULTS**

EXERCISE DURATION : 9:26  
 MAX HEART RATE : 168 bpm  
 MAX BLOOD PRESSURE : 150 / 80 mm Hg  
 REASON OF TERMINATION : Achieved THR,  
 BP RESPONSE : Normal,  
 ARRYTHMIA : None,  
 H.R. RESPONSE : Normal Chronotropic Response,

MAX WORK LOAD : 10.58 METTS

**IMPRESSIONS**

Good effort tolerance  
 No angina,  
 No arrythmia,  
 Normal HR, BP response  
 No significant ST changes noted during Test as compared to baseline ECG,  
 Stress test negative for inducible ischemia,

Technician : 1

**HEALTHCARE**  
 Medical Centre and Diagnostics  
 Yogi Anand, Yogi Nagar,  
 Borivali (West), Mumbai 400 092  
 Tel : 28962065

Dr. NUPUR RAI  
 MBBS, DIPLOMA CARDIOLOGY (MCCO)  
 Reg. No. 2018155643 (MD)

MR SHAKLISH JHA  
I.D. 100  
Age 29/M  
Date 16/03/2022

RATE 78bpm  
B.P. 120/70

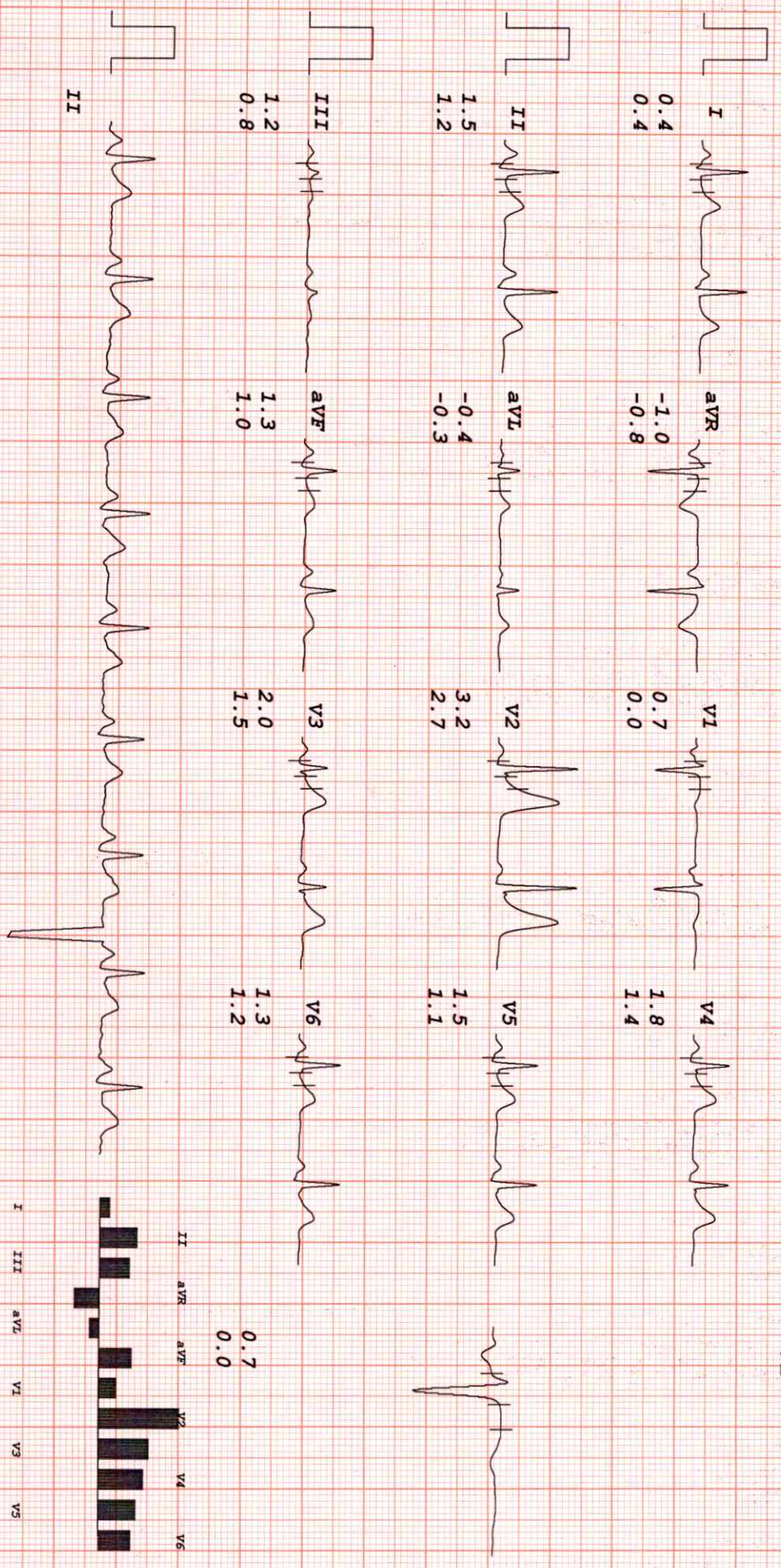
# HEALTHCARE BORIVALLI

PRETEST  
SUPINE

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAN

Mag. X 2



**HEALTHCARE BORIVALLI**

MR SHAKLISH JHA  
 I. D. 100  
 Age 29/M  
 Date 16/03/2022

RATE 80bpm  
 B.P. 120/70

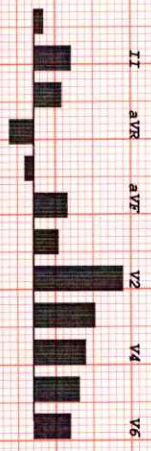
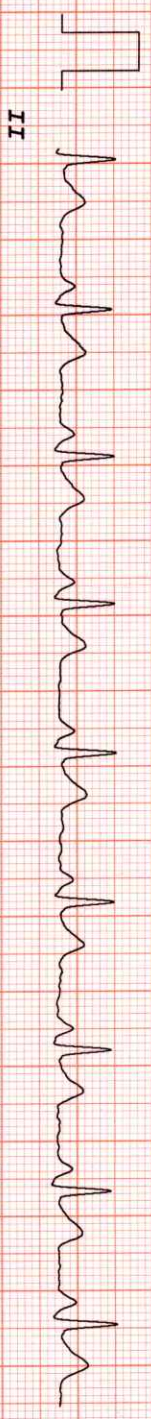
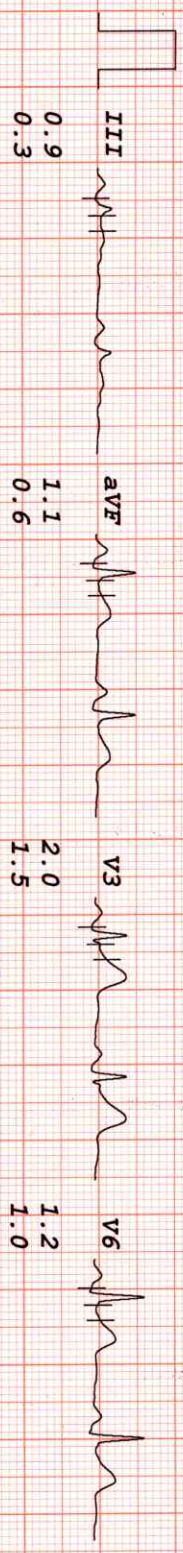
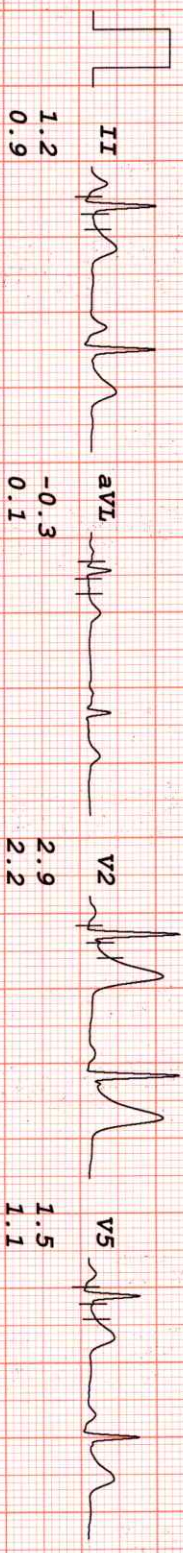
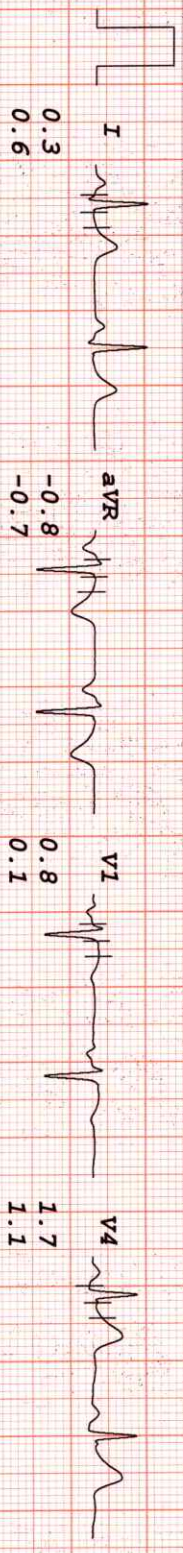
PRETEST  
 STANDING

ST @ 10mm/mV  
 80ms PostJ

**LINKED MEDIAN**

Mag. X 2

V1



# HEALTHCARE BORIVALLI

MR SHAKLISH JHA  
I.D. 100  
Age 29/M  
Date 16/03/2022

RATE 83bpm  
B.P. 120/70

PRETEST  
HYPERVENT

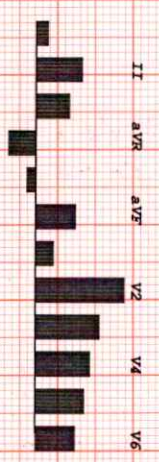
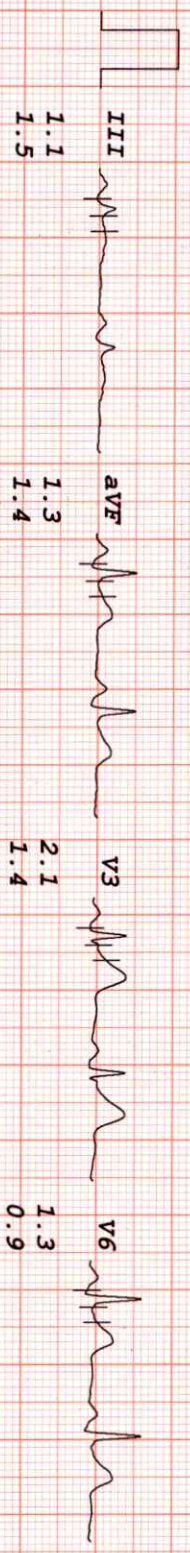
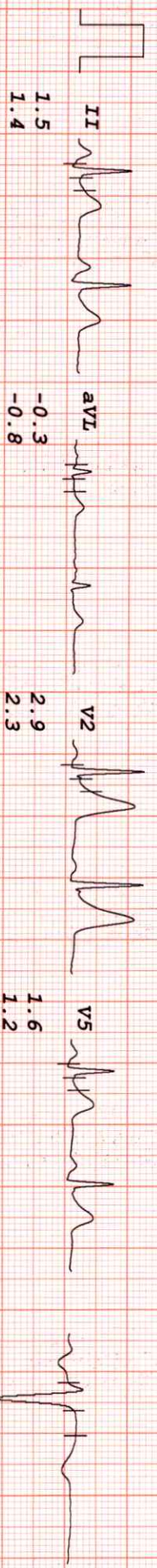
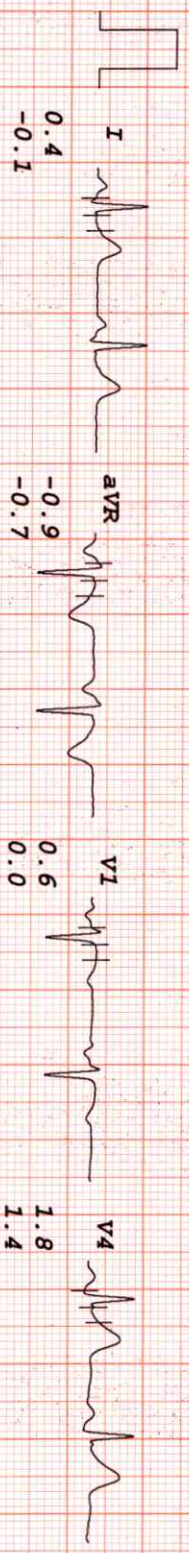
PHASE TIME 0:20

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAN

Mag. X 2

V1



# HEALTHCARE BORIVALI

MR. SHAKLISH JHA  
 I.D. 100  
 Age 29/M  
 Date 16/03/2022

RATE 113bpm  
 B.P. 130/70

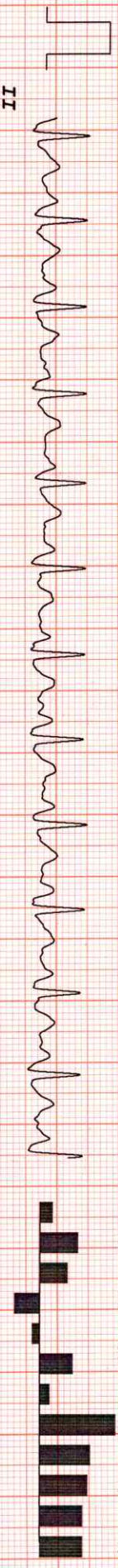
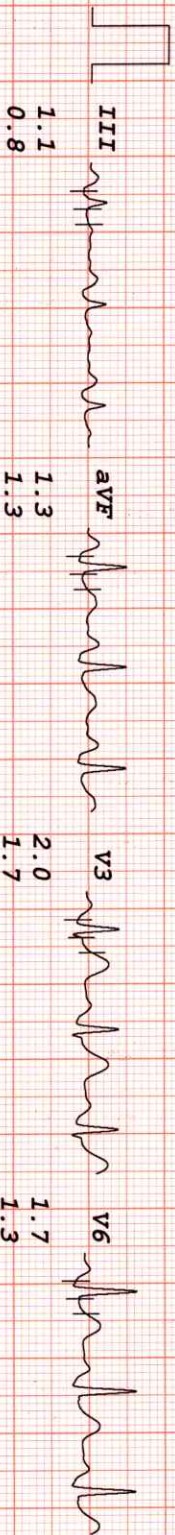
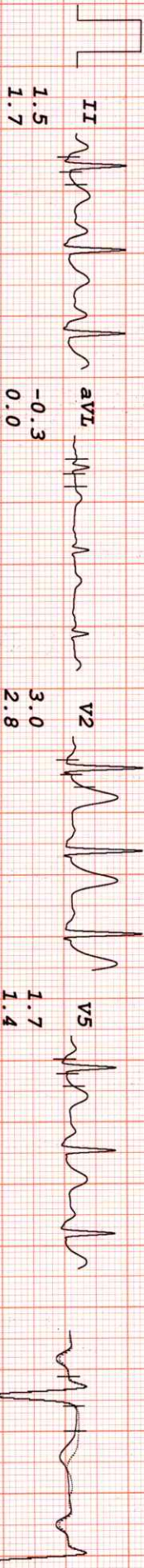
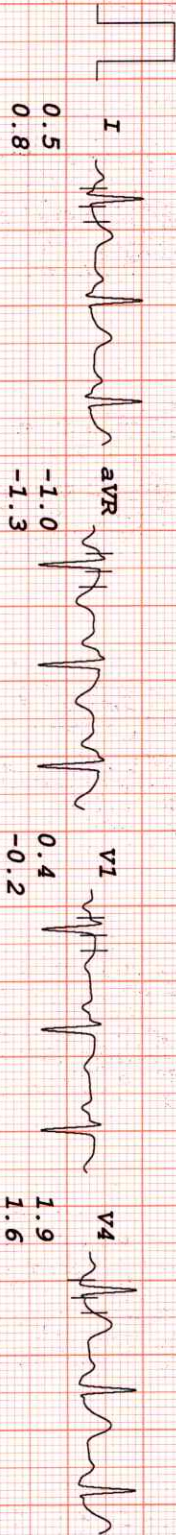
Bruce  
 Stage 1  
 TOTAL TIME 2:55  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms PostJ  
 Speed 2.7 km/hr  
 SLOPE 10 &

LINKED MEDIAN

Mag. X 2

V1



MR SHAKLISH JHA  
 I.D. 100  
 Age 29/M  
 Date 16/03/2022

RATE 135bpm  
 B.P. 140/70

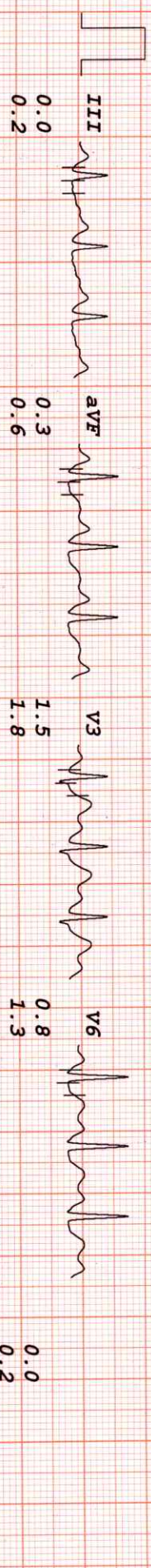
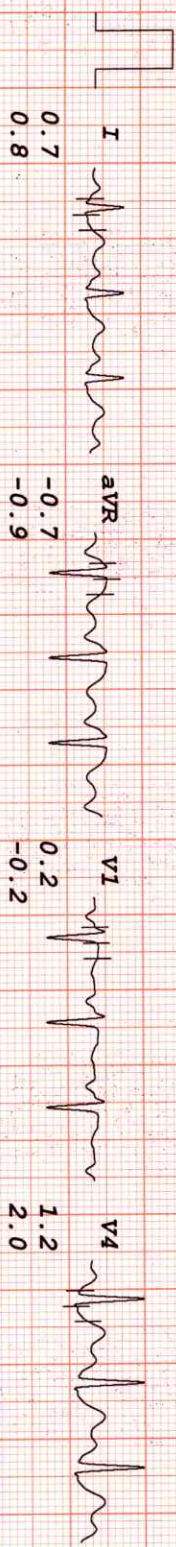
HEALTHCARE BORIVALI

Bruce  
 Stage 2  
 TOTAL TIME 5:55  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms PostJ  
 Speed 4 km/hr  
 SLOPE 12 %

LINKED MEDIAN

Mag. X 2



# HEALTHCARE BORIVALLI

MR SHAKESH JHA  
I.D. 100  
Age 29/M  
Date 16/03/2022

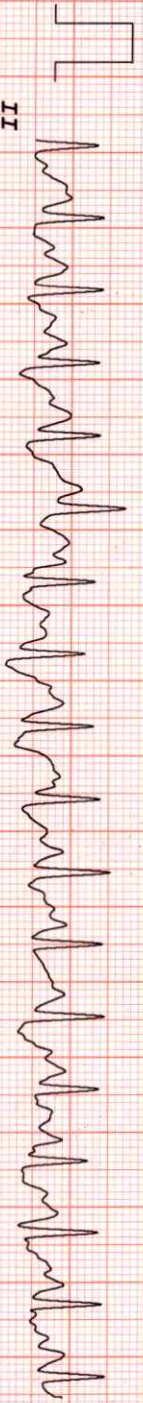
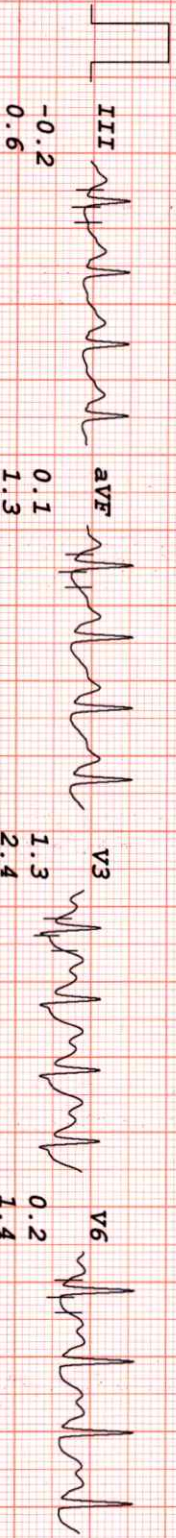
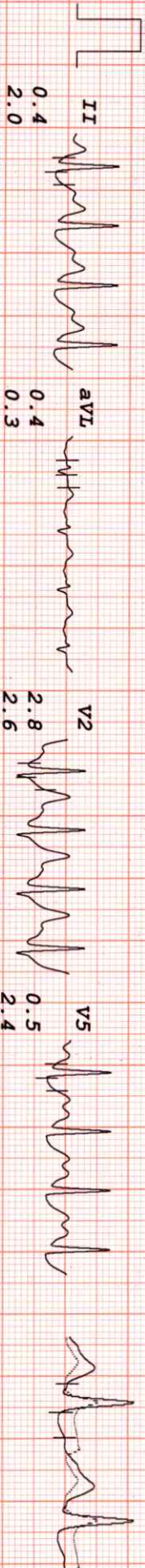
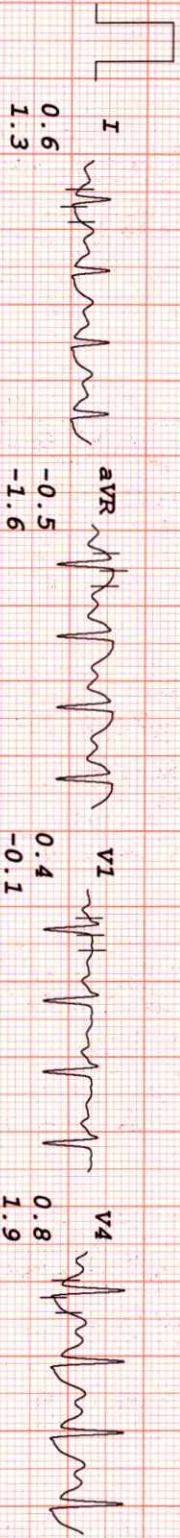
RATE 160bpm  
B.P. 150/80

Brucce  
Stage 3  
TOTAL TIME 8:55  
PHASE TIME 2:55  
ST @ 10mm/mV  
80ms PostJ  
Speed 5.4 km/hr  
SLOPE 14 %

LINKED MEDIAN

Mag. X 2

III



-0.2  
0.6

II aVR aVF V2 V4 V6

I III aVL V1 V3 V5

# HEALTHCARE BORIVALLI

MR SHAKLISH JHA  
I.D. 100  
Age 29/M  
Date 16/03/2022

RATE 168bpm  
B.P. 150/80

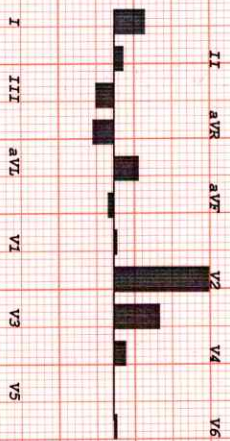
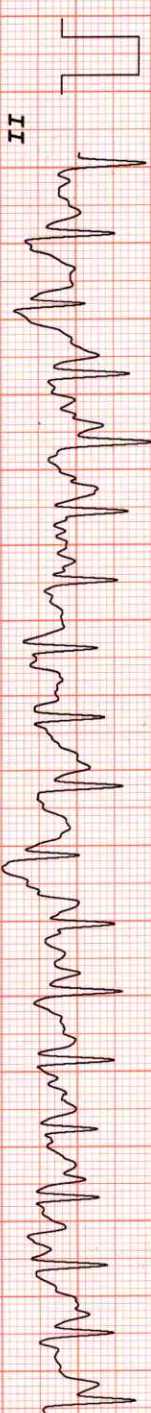
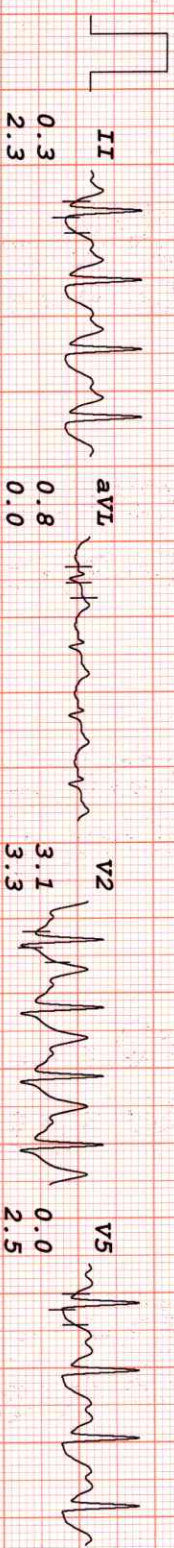
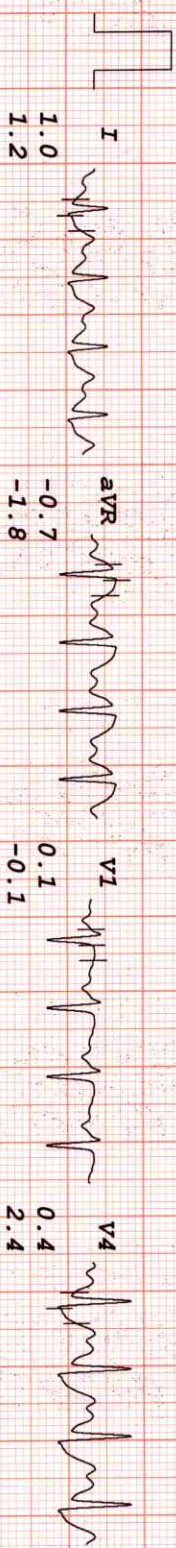
Bruce  
PK-EXERCISE  
TOTAL TIME 9:26  
PHASE TIME 0:26

ST @ 10mm/mV  
80ms PostJ  
Speed 6.7 km/hr  
SLOPE 16 %

LINKED MEDIAN

Mag. X 2

III





MR SHAKLISH JHA  
I.D. 100  
Age 29/M  
Date 16/03/2022

RATE 121bpm  
B.P. 150/80

# HEALTHCARE BORIVALI

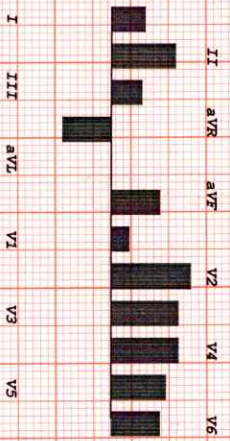
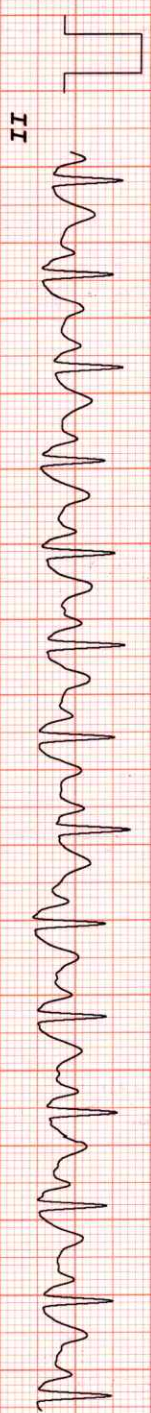
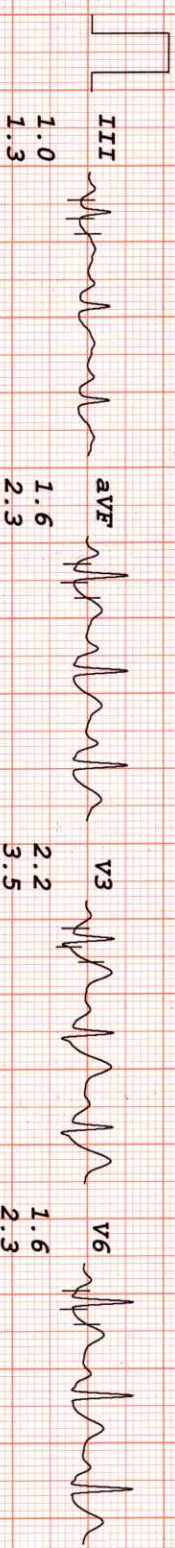
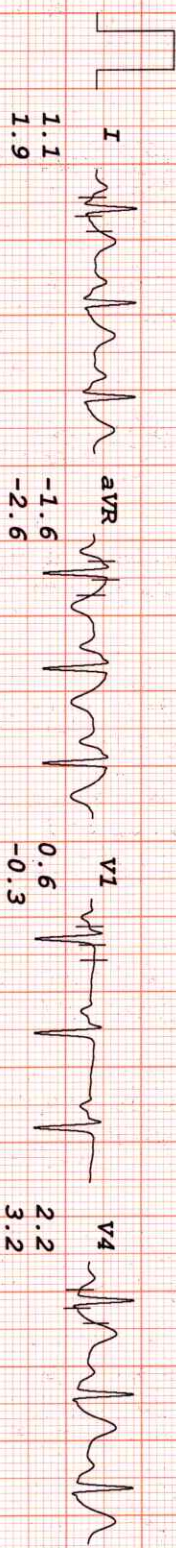
Bruce  
RECOVERY  
TOTAL TIME 10:41  
PHASE TIME 1:05

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAN

Mag. X 2

V1



# HEALTHCARE BORIVALI

MR SHAKESH JHA  
 I.D. 100  
 Age 29/M  
 Date 16/03/2022

RATE 106bpm  
 B.P. 140/80

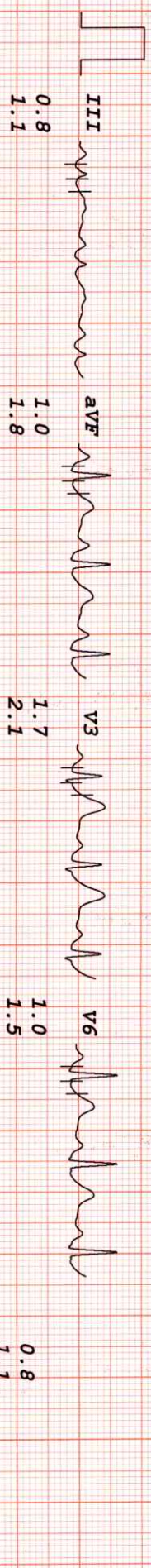
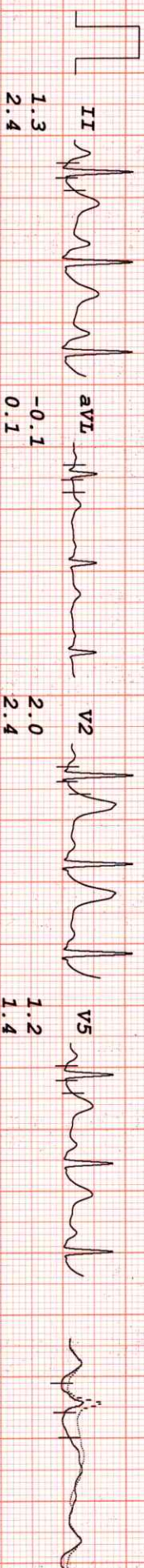
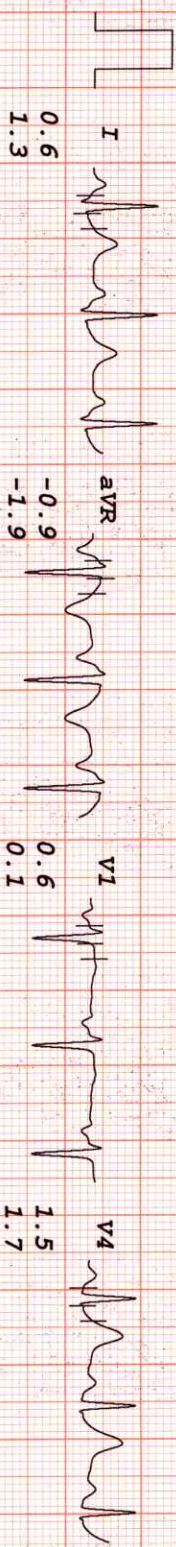
Bruce  
 RECOVERY  
 TOTAL TIME 11:41  
 PHASE TIME 2:05

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2

III



MR SHAKTIKESH JHA  
I.D. 100  
Age 29/M  
Date 16/03/2022

RATE 100bpm  
B.P. 130/80

# HEALTHCARE BORIVALI

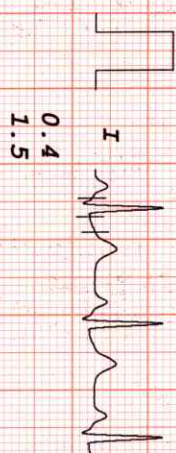
Brice  
RECOVERY  
TOTAL TIME 12:31  
PHASE TIME 2:55

ST @ 10mm/mV  
80ms PostJ

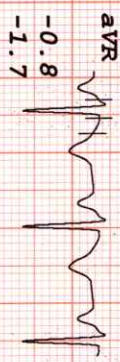
LINKED MEDIAN

Mag. X 2

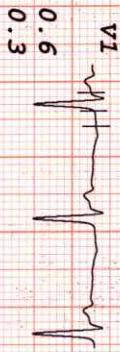
III



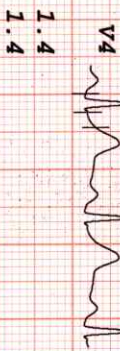
I  
0.4  
1.5



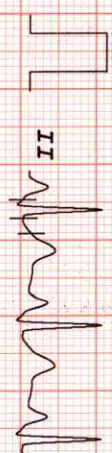
aVR  
-0.8  
-1.7



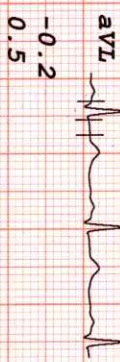
V1  
0.6  
0.3



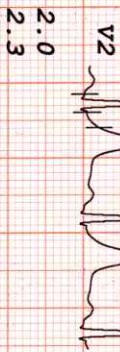
V4  
1.4  
1.4



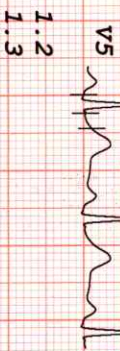
II  
1.2  
2.0



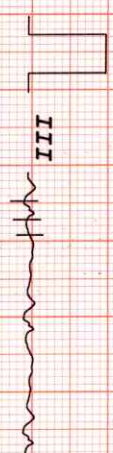
aVL  
-0.2  
0.5



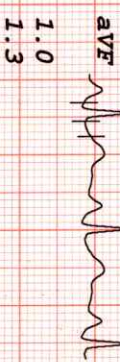
V2  
2.0  
2.3



V5  
1.2  
1.3



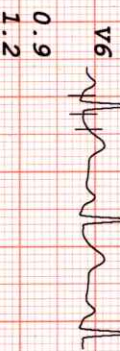
III  
0.8  
0.5



aVF  
1.0  
1.3



V3  
1.6  
1.7



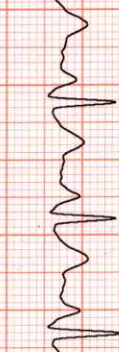
V6  
0.9  
1.2



II



aVL  
1.0  
1.3



V1  
0.6  
0.3



V4  
1.4  
1.4

