

**ECHO REPORT**

Name: ATHIRA.K	Age/Sex:28Y/F	Date:28/10/2023
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**Left Ventricle:-**

	Diastole	Systole
IVS	1.09cm	1.20cm
LV	4.24cm	2.99cm
LVPW	1.16cm	1.24cm

EF - 68% FS - 35%

AO	LA
3.28cm	3.65cm

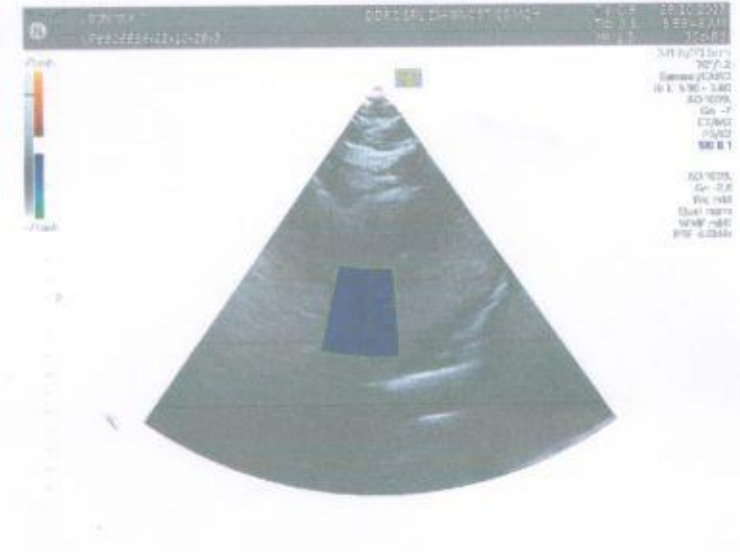
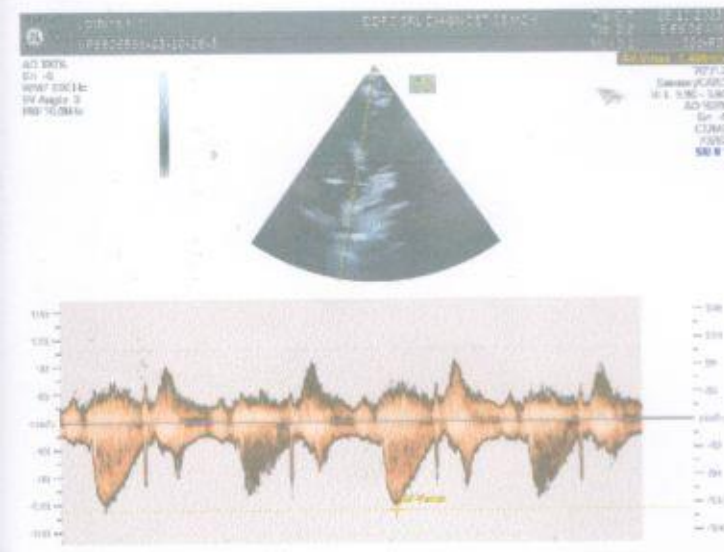
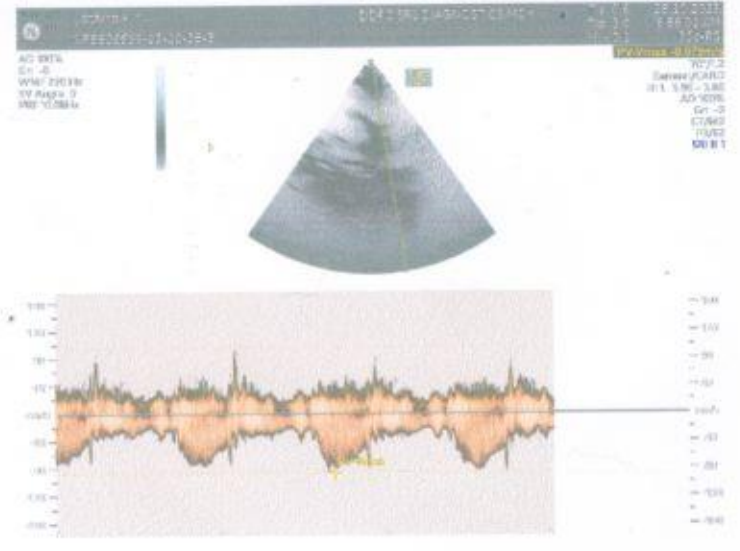
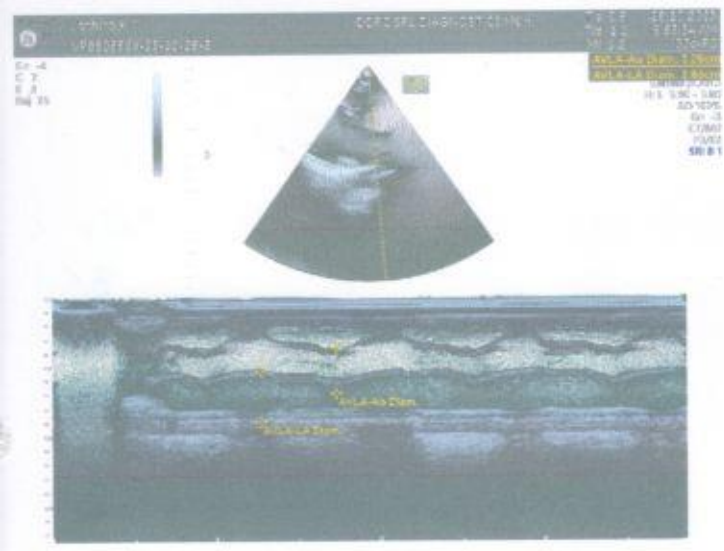
PV - 0.98m/s  
AV - 1.46m/s  
MVE - 1.04m/s  
MVA - 0.44m/s  
E/A - 2.36

**IMPRESSION:-**

- Normal chambers dimensions
- No RWMA
- Good LV systolic function
- No diastolic dysfunction
- No AS,AR,MR,MS,TR,PAH
- No Vegetation/clot/effusion
- IAS/IVS intact



*for*  
*Dr* **SHASHIKANTH Y.S**  
MBBS,MD,DM(Cardiology)  
Consultant Cardiologist  
TCMC Reg No: 73538



If the examinee is suffering from an acute life threatening situation, you may be obliged to disclose the result of the medical examination to the examinee.

1. Name of the examinee : Mr./Mrs./Ms. **Alina K.**
2. Mark of Identification : (Mole/Scar/any other (specify location)):
3. Age/Date of Birth : **28/Female** Gender: F/M
4. Photo ID Checked : (Passport/Election Card/PAN Card/Driving Licence/Company ID)

### PHYSICAL DETAILS:

a. Height <b>163</b> (cms)	b. Weight <b>56.3</b> (Kgs)	c. Girth of Abdomen <b>85</b> (cms)
d. Pulse Rate <b>84/min</b> (Min)	e. Blood Pressure:                      Systolic                      Diastolic	
	1 <sup>st</sup> Reading	
	2 <sup>nd</sup> Reading	

### FAMILY HISTORY:

Relation	Age if Living	Health Status	If deceased, age at the time and cause
Father	<b>63</b>	<b>DM,</b>	
Mother	<b>53</b>		
Brother(s)			
Sister(s)			

### HABITS & ADDICTIONS: Does the examinee consume any of the following?

Tobacco in any form	Sedative	Alcohol
-	-	-

### PERSONAL HISTORY

- |   |   |
|---|---|
| <p>a. Are you presently in good health and entirely free from any mental or Physical impairment or deformity. If No, please attach details. <b>N/Y</b></p> <p>b. Have you undergone/been advised any surgical procedure? <b>N/Y</b></p> | <p>c. During the last 5 years have you been medically examined, received any advice or treatment or admitted to any hospital? <b>N/Y</b></p> <p>d. Have you lost or gained weight in past 12 months? <b>N/Y</b></p> |
|---|---|

### Have you ever suffered from any of the following?

- |   |   |
|---|---|
| <ul style="list-style-type: none"> <li>• Psychological Disorders or any kind of disorders of the Nervous System? <b>N/Y</b></li> <li>• Any disorders of Respiratory system? <b>N/Y</b></li> <li>• Any Cardiac or Circulatory Disorders? <b>N/Y</b></li> <li>• Enlarged glands or any form of Cancer/Tumour? <b>N/Y</b></li> <li>• Any Musculoskeletal disorder? <b>N/Y</b></li> </ul> | <ul style="list-style-type: none"> <li>• Any disorder of Gastrointestinal System? <b>N/Y</b></li> <li>• Unexplained recurrent or persistent fever, and/or weight loss <b>N/Y</b></li> <li>• Have you been tested for HIV/HBsAg / HCV before? If yes attach reports <b>N/Y</b></li> <li>• Are you presently taking medication of any kind? <b>N/Y</b></li> </ul> |
|---|---|

- Any disorders of Urinary System?  Y/N
- Any disorder of the Eyes, Ears, Nose, Throat or Mouth & Skin  Y/N

**FOR FEMALE CANDIDATES ONLY**

- a. Is there any history of diseases of breast/genital organs?  Y/N
- b. Is there any history of abnormal PAP Smear/Mammogram/USG of Pelvis or any other tests? (If yes attach reports)  Y/N
- c. Do you suspect any disease of Uterus, Cervix or Ovaries?  Y/N
- d. Do you have any history of miscarriage/abortion or MTP  Y/N
- e. For Parous Women, were there any complication during pregnancy such as gestational diabetes, hypertension etc  Y/N
- f. Are you now pregnant? If yes, how many months?  Y/N

**CONFIDENTIAL COMMENTS FROM MEDICAL EXAMINER**

- Was the examinee co-operative?  Y/N
- Is there anything about the examinee's health, lifestyle that might affect him/her in the near future with regard to his/her job?  Y/N
- Are there any points on which you suggest further information be obtained?  Y/N
- Based on your clinical impression, please provide your suggestions and recommendations below;

*Abdominal & Gynaecology*

- Do you think he/she is MEDICALLY FIT or UNFIT for employment.

**MEDICAL EXAMINER'S DECLARATION**

I hereby confirm that I have examined the above individual after verification of his/her identity and the findings stated above are true and correct to the best of my knowledge.

Name & Signature of the Medical Examiner : 

Seal of Medical Examiner : 

Name & Seal of DDRC SRL Branch :

Date & Time : *28/10/2023*



V1

V2

V3

V4

ID: 010572

Diagnosis Information:

Female / mmHg  
28Y ears cm kg

*Mm . Asthira . S .*

HR : 64 bpm  
P : 104 ms  
PR : 146 ms  
QRS : 83 ms  
QT/QTc : 402/415 ms  
P/QRS/T : 68/36/-39 °  
RV5/SV1 : 0.891/0.460 mV

Arrow CE

Report Confirmed by:



V6

Standard

*[Signature]*  
**DR. SERIN LOPEZ. MBBS**  
 MEDICAL OFFICER  
 DDRC AGILUS PATHLABS LTD.  
 Aster Square, Medical College, PO, TUM

Standard	L1	L II	L III	L III Inspiration
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ID: 010572 28-10-2023 07:49:44 AM



0.5~35Hz AC50 25mm/s 10mm/mV ♡66 V1.0 SEMIP V1.7 DDR-C-AGILUS  
AUGW CE



L

DDRC AGILUS  
ATHIRA K 28Y F 10/28/2023 CHEST- PA WJ010572 SU

NAME : MRS ATHIRA K

AGE:28/F

DATE: 28/10/2023

CHEST X-RAY REPORT

CHEST X-RAY PA VIEW : Trachea central  
 No cardiomegaly  
 Normal vascularity  
 No parenchymal lesion.  
 Costophrenic and cardiophrenic angles clear

➤ IMPRESSION : Normal Chest Xray

ELECTRO CARDIOGRAM : NSR: 64/minute  
 No evidence of ischaemia.

➤ IMPRESSION : Normal Ecg.

Company name: BOB

*(Signature)*  
**Dr. SERIN LOPEZ. MBBS**  
 Reg. No. 77656  
 MEDICAL OFFICER  
 DDRC AGILUS PATHLABS LTD.  
 Aster Square, Medical College. P.O, TVM

DR SERIN LOPEZ MBBS

Reg No 77656

DDRC AGILUS PATHLABS LTD





**PATIENT NAME : MRS ATHIRA K**
**REF. DOCTOR : SELF**
**CODE/NAME & ADDRESS : CA00010147 -**

 MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED  
 F701A, LADO SARAI, NEW DELHI, SOUTH DELHI,  
 DELHI,  
 SOUTH DELHI 110030  
 8800465156

**ACCESSION NO : 4182WJ010572**
**PATIENT ID : MRSAF2810954182**
**CLIENT PATIENT ID:**
**ABHA NO :**
**AGE/SEX : 28 Years Female**
**DRAWN :**
**RECEIVED : 28/10/2023 07:27:57**
**REPORTED : 28/10/2023 16:51:04**

Test Report Status	<u>Preliminary</u>	Results	Biological Reference Interval	Units
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**MEDIWHEEL HEALTH CHECKUP BELOW 40(F)2DECHO**
**PHYSICAL EXAMINATION**

PHYSICAL EXAMINATION

Report given


**DR NISHA UNNI, MBBS,MD**  
**(RD),DNB (Reg.No:50162)**  
**Consultant Radiologist**

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 KERALA, INDIA  
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 Email : customercare.ddrc@agilus.in

**Patient Ref. No. 66600006511419**

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**MEDIWHEEL HEALTH CHECKUP BELOW 40(F)2DECHO****ECG WITH REPORT****REPORT**

REPORT GIVEN

**USG ABDOMEN AND PELVIS****REPORT**

REPORT GIVEN

**CHEST X-RAY WITH REPORT****REPORT**

REPORT GIVEN

**2D - ECHO WITH COLOR DOPPLER****REPORT**

REPORT GIVEN

**HAEMATOLOGY****MEDIWHEEL HEALTH CHECKUP BELOW 40(F)2DECHO****GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD**

HBA1C	5.2	Non-diabetic Adult < 5.7 Pre-diabetes 5.7 - 6.4 Diabetes diagnosis: > or = 6.5 Therapeutic goals: < 7.0 Action suggested : > 8.0 (ADA Guideline 2021)	%
MEAN PLASMA GLUCOSE	102.5	< 116.0	mg/dL

*Nisha*DR NISHA UNNI, MBBS,MD  
(RD),DNB (Reg.No:50162)  
Consultant Radiologist*Vaishali*DR.VAISHALI RAJAN, MBBS DCP  
(Pathology)  
(Reg No - TCC 27150)  
HOD - HAEMATOLOGY*Astha Yadav*DR. ASTHA YADAV, MD  
Biochemistry  
(Reg No - DMC/R/20690)  
CONSULTANT BIOCHEMIST

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**BLOOD COUNTS, EDTA WHOLE BLOOD**

HEMOGLOBIN	13.0	12.0 - 15.0	g/dL
RED BLOOD CELL COUNT	4.45	3.80 - 4.80	mil/ $\mu$ L
WHITE BLOOD CELL COUNT	7.93	4.0 - 10.0	thou/ $\mu$ L
PLATELET COUNT	216	150 - 410	thou/ $\mu$ L

**RBC AND PLATELET INDICES**

HEMATOCRIT	38.2	36.0 - 46.0	%
MEAN CORPUSCULAR VOL	85.8	83.0 - 101	fL
MEAN CORPUSCULAR HGB.	29.2	27.0 - 32.0	pg
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION	34.0	31.50 - 34.50	g/dL
RED CELL DISTRIBUTION WIDTH	12.6	11.60 - 14.0	%
MENTZER INDEX	19.3		
MEAN PLATELET VOLUME	9.2	6.80 - 10.90	fL

**WBC DIFFERENTIAL COUNT**

SEGMENTED NEUTROPHILS	57	40.0 - 80.0	%
LYMPHOCYTES	32	20.0 - 40.0	%
MONOCYTES	8	2.0 - 10.0	%
EOSINOPHILS	3	1.0 - 6.0	%
BASOPHILS	0	0.0 - 1.0	%
ABSOLUTE NEUTROPHIL COUNT	4.55	2.0 - 7.0	thou/ $\mu$ L
ABSOLUTE LYMPHOCYTE COUNT	2.54	1.0 - 3.0	thou/ $\mu$ L
ABSOLUTE MONOCYTE COUNT	0.61	0.20 - 1.0	thou/ $\mu$ L
ABSOLUTE EOSINOPHIL COUNT	0.22	0.02 - 0.50	thou/ $\mu$ L
ABSOLUTE BASOPHIL COUNT	0		thou/ $\mu$ L
NEUTROPHIL LYMPHOCYTE RATIO (NLR)	1.8		



**DR. VAISHALI RAJAN, MBBS DCP**  
(Pathology)  
(Reg No - TCC 27150)  
HOD - HAEMATOLOGY



**DR. ASTHA YADAV, MD**  
Biochemistry  
(Reg No - DMC/R/20690)  
CONSULTANT BIOCHEMIST

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**ERYTHROCYTE SEDIMENTATION RATE (ESR), WHOLE BLOOD**

SEDIMENTATION RATE (ESR)	10	0 - 20	mm at 1 hr
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**SUGAR URINE - POST PRANDIAL**

SUGAR URINE - POST PRANDIAL	NOT DETECTED	NOT DETECTED	
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**SUGAR URINE - FASTING**

SUGAR URINE - FASTING	NOT DETECTED	NOT DETECTED	
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**IMMUNOHAEMATOLOGY****MEDIWHEEL HEALTH CHECKUP BELOW 40(F)2DECHO****ABO GROUP & RH TYPE, EDTA WHOLE BLOOD**

ABO GROUP	TYPE O
RH TYPE	NEGATIVE

METHOD : COLUMN AGGLUTINATION TECHNOLOGY

**BIO CHEMISTRY****MEDIWHEEL HEALTH CHECKUP BELOW 40(F)2DECHO****BLOOD UREA NITROGEN (BUN), SERUM**

BLOOD UREA NITROGEN	7	Adult(<60 yrs) : 6 to 20	mg/dL
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**DR. ASTHA YADAV, MD**  
Biochemistry  
(Reg No - DMC/R/20690)  
CONSULTANT BIOCHEMIST



**DR. VAISHALI RAJAN, MBBS DCP**  
(Pathology)  
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HOD - HAEMATOLOGY

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**BUN/CREAT RATIO**

BUN/CREAT RATIO 12.96

**CREATININE, SERUM**

CREATININE 0.54 18 - 60 yrs : 0.6 - 1.1 mg/dL

**GLUCOSE, POST-PRANDIAL, PLASMA**

GLUCOSE, POST-PRANDIAL, PLASMA 98  
 Diabetes Mellitus : > or = 200. mg/dL  
 Impaired Glucose tolerance/  
 Prediabetes : 140 - 199.  
 Hypoglycemia : < 55.

**GLUCOSE FASTING,FLUORIDE PLASMA**

FBS (FASTING BLOOD SUGAR) 89  
 Diabetes Mellitus : > or = 126. mg/dL  
 Impaired fasting Glucose/  
 Prediabetes : 101 - 125.  
 Hypoglycemia : < 55.

**LIVER FUNCTION TEST WITH GGT**

BILIRUBIN, TOTAL 0.24 General Range : < 1.1 mg/dL  
 BILIRUBIN, DIRECT 0.11 General Range : < 0.3 mg/dL  
 BILIRUBIN, INDIRECT 0.13 General Range : <0.85 mg/dL  
 TOTAL PROTEIN 6.6 Ambulatory : 6.4 - 8.3 g/dL  
 Recumbant : 6 - 7.8  
 ALBUMIN 4.0 20-60yrs : 3.5 - 5.2 g/dL

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**Biochemistry**  
**(Reg No - DMC/R/20690)**  
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GLOBULIN	2.6	General Range : 2 - 3.5 Premature Neonates : 0.29 - 1.04	g/dL
ALBUMIN/GLOBULIN RATIO	1.5	General Range : 1.1 - 2.5	RATIO
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	19	Adults : < 33	U/L
ALANINE AMINOTRANSFERASE (ALT/SGPT)	13	Adults : < 34	U/L
ALKALINE PHOSPHATASE	61	Adult (<60yrs) : 35 - 105	U/L
GAMMA GLUTAMYL TRANSFERASE (GGT)	8	Adult (female) : < 40	U/L

**TOTAL PROTEIN, SERUM**

TOTAL PROTEIN	6.6	Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8	g/dL
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**URIC ACID, SERUM**

URIC ACID	5.0	Adults : 2.4-5.7	mg/dL
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**BIOCHEMISTRY - LIPID**

**MEDIWHEEL HEALTH CHECKUP BELOW 40(F)2DECHO**

**LIPID PROFILE, SERUM**

CHOLESTEROL	181	Desirable : < 200 Borderline : 200-239 High : >or= 240	mg/dL
TRIGLYCERIDES	113	Normal : < 150 High : 150-199 Hypertriglyceridemia : 200-499 Very High : > 499	mg/dL
HDL CHOLESTEROL	56	General range : 40-60	mg/dL
LDL CHOLESTEROL, DIRECT	109	Optimum : < 100 Above Optimum : 100-139	mg/dL

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NON HDL CHOLESTEROL		125	mg/dL
			Borderline High : 130-159 High : 160-189 Very High : >or= 190 Desirable : < 130 Above Desirable : 130 -159 Borderline High : 160 - 189 High : 190 - 219 Very high : > / = 220
VERY LOW DENSITY LIPOPROTEIN CHOL/HDL RATIO		22.6	mg/dL
			</= 30.0
LDL/HDL RATIO		2.0	
			Low Risk : 3.3 - 4.4 Average Risk : 4.5 - 7.0 Moderate Risk : 7.1 - 11.0 High Risk : > 11.0 Desirable/Low Risk - 0.5-3 Borderline/Moderate Risk- 3.1-6 High Risk- >6.0

**SPECIALISED CHEMISTRY - HORMONE**

**MEDIWHEEL HEALTH CHECKUP BELOW 40(F)2DDECHO**

**THYROID PANEL, SERUM**

T3	127.00	Non-Pregnant : 80-200	ng/dL
		Pregnant Trimester-wise	
		1st : 81-190	
		2nd : 100-260	
		3rd : 100-260	
T4	9.38	Adults : 4.5-12.1	µg/dl
TSH 3RD GENERATION	1.980	Non-Pregnant : 0.4-4.2	µIU/mL
		Pregnant Trimester-wise :	
		1st : 0.1 - 2.5	
		2nd : 0.2 - 3	
		3rd : 0.3 - 3	

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SOUTH DELHI 110030  
8800465156

ACCESSION NO : **4182WJ010572**

PATIENT ID : MRSAF2810954182

CLIENT PATIENT ID:

ABHA NO :

AGE/SEX : 28 Years Female

DRAWN :

RECEIVED : 28/10/2023 07:27:57

REPORTED : 28/10/2023 16:51:04

Test Report Status	Preliminary	Results	Units
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### CLINICAL PATH - URINALYSIS

#### MEDIWHEEL HEALTH CHECKUP BELOW 40(F)2DECHO

##### PHYSICAL EXAMINATION, URINE

COLOR	amber
APPEARANCE	CLEAR

##### CHEMICAL EXAMINATION, URINE

PH	6.0	4.8 - 7.4
SPECIFIC GRAVITY	1.020	1.015 - 1.030
PROTEIN	NOT DETECTED	NOT DETECTED
GLUCOSE	NOT DETECTED	NOT DETECTED
KETONES	NOT DETECTED	NOT DETECTED
BLOOD	NOT DETECTED	NOT DETECTED
BILIRUBIN	NOT DETECTED	NOT DETECTED
UROBILINOGEN	NORMAL	NORMAL
NITRITE	NOT DETECTED	NOT DETECTED

##### MICROSCOPIC EXAMINATION, URINE

RED BLOOD CELLS	<b>DETECTED (OCCASIONAL)</b>	NOT DETECTED	/HPF
WBC	1-2	0-5	/HPF
EPITHELIAL CELLS	<b>8-10</b>	0-5	/HPF
CASTS	NEGATIVE		
CRYSTALS	NEGATIVE		
REMARKS	NIL		

METHOD : AUTOMATED ANALYSER, MICROSCOPY



**DR. ASTHA YADAV, MD**  
Biochemistry  
(Reg No - DMC/R/20690)  
CONSULTANT BIOCHEMIST



**DR. VAISHALI RAJAN, MBBS DCP**  
(Pathology)  
(Reg No - TCC 27150)  
HOD - HAEMATOLOGY



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##### PERFORMED AT :

DDRC AGILUS PATHLABS LIMITED  
ASTER SQUARE BUILDING, ULLOOR,  
MEDICAL COLLEGE P.O  
TRIVANDRUM, 695011  
KERALA, INDIA  
Tel : 93334 93334, Fax : CIN - U85190MH2006PTC161480  
Email : customercare.ddrc@agilus.in



Patient Ref. No. 66600006511419



**PATIENT NAME : MRS ATHIRA K**

**REF. DOCTOR : SELF**

<b>CODE/NAME &amp; ADDRESS :</b> CA00010147 - MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED F701A, LADO SARAI, NEW DELHI,SOUTH DELHI, DELHI, SOUTH DELHI 110030 8800465156	<b>ACCESSION NO :</b> <b>4182WJ010572</b> <b>PATIENT ID :</b> MRSAF2810954182 <b>CLIENT PATIENT ID:</b> <b>ABHA NO :</b>	<b>AGE/SEX :</b> 28 Years Female <b>DRAWN :</b> <b>RECEIVED :</b> 28/10/2023 07:27:57 <b>REPORTED :</b> 28/10/2023 16:51:04
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Test Report Status	<u>Preliminary</u>	Results	Units
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**CLINICAL PATH - STOOL ANALYSIS**

<b>MEDIWHEEL HEALTH CHECKUP BELOW 40(F)2DECRD</b>	RESULT PENDING
<b>PHYSICAL EXAMINATION,STOOL</b>	RESULT PENDING
<b>CHEMICAL EXAMINATION,STOOL</b>	RESULT PENDING
<b>MICROSCOPIC EXAMINATION,STOOL</b>	RESULT PENDING



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**Patient Ref. No. 66600006511419**

Acc no: <b>4182WJ010572</b>	Name: <b>Mrs. Athira K</b>	Age: <b>28 y</b>	<b>RADIOLOGY DIVISION</b>
		Sex: <b>Female</b>	Date: <b>28.10.23</b>

**US SCAN WHOLE ABDOMEN (TAS ONLY)**

**LIVER** is normal in size (12.5 cm). Margins are regular. Hepatic parenchyma shows normal echogenicity. No focal lesions seen. No dilatation of intrahepatic biliary radicles. CBD is not dilated. Portal vein is normal in caliber (9.8 mm).

**GALL BLADDER** is minimally distended. No pericholecystic fluid seen.

**SPLEEN** is normal in size (8.8 cm) and parenchymal echotexture. No focal lesion seen.

**PANCREAS** Head and body visualized, appears normal in size and parenchymal echotexture. Pancreatic duct is not dilated.

**RIGHT KIDNEY** is normal in size (9.1 x 3.5 cm) and shows normal parenchymal echotexture. Cortico medullary differentiation is maintained. Parenchymal thickness is normal. No echogenic focus with shadowing suggestive of renal calculi seen. **Tiny cortical cysts noted, largest measuring 9.8 x 3.8 mm at upper third and it is exophytic too.** No dilatation of pelvicalyceal system seen. Ureter is not dilated. Perinephric spaces are normal.

**LEFT KIDNEY** is normal in size (8.9 x 4.1 cm) and shows normal parenchymal echotexture. Cortico medullary differentiation is maintained. Parenchymal thickness is normal. No echogenic focus with shadowing suggestive of renal calculi seen. No dilatation of pelvicalyceal system seen. Ureter is not dilated. Perinephric spaces are normal.

**PARAAORTIC AREA** No retroperitoneal lymphadenopathy or mass seen.

**URINARY BLADDER** is partially distended, normal in wall thickness, lumen clear.

**UTERUS** measures 7.2 x 3.3 x 4.5 cm, myometrial echopattern normal. No focal lesions seen. Endometrial thickness is 8.8 mm.

Both ovaries are normal. *Right ovary measures 3.7 x 2.5 cm and shows dominant follicle measuring 1.3 x 0.8 cm.* Left ovary measures 3.2 x 1.5 cm. No adnexal mass seen. No fluid in pouch of Douglas. No ascites or pleural effusion.

***Gaseous distension of bowel loops noted. No obvious bowel wall thickening seen sonologically.***

**CONCLUSION:-**

- **Small right renal cysts.**
- **No other significant abnormality detected in present study.**

  
**Dr. Nisha Unni MD, DNB (RD)**  
Consultant radiologist.

*Thanks for referral. Your feedback will be appreciated.*

*(Please bring relevant investigation reports during all visits)*

*Because of technical and technological limitations complete accuracy cannot be assured on imaging.*

*Suggested correlation with clinical findings and other relevant investigations consultations, and if required repeat imaging recommended in the event of controversies.*

**(For appointments / any clarification of report please contact 9496005190 between 9 am – 5.30 pm).**

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