

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MS. GUPTA HINA
EC NO.	97650
DESIGNATION	SINGLE WINDOW OPERATOR A
PLACE OF WORK	DELHI,SAVITRI PLAZA
BIRTHDATE	22-07-1991
PROPOSED DATE OF HEALTH CHECKUP	10-06-2023
BOOKING REFERENCE NO.	23J97650100061284E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **06-06-2023** till **31-03-2024** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

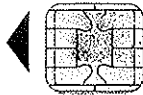
(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



Indian Union Driving Licence
Issued by Uttar Pradesh



UP16 20210005591



Issue Date 15-02-2021 Validity (NT) 21-07-2031 Validity (TR) _____



Holder's Signature

Date of First Issue (15-02-2021)

Name: **HINA GUPTA**
Date of Birth: **22-07-1991** Blood Group: **B+ VE** Organ Donor: **N**
Son/Daughter/Wife of: **DEEPEE KUMAR**
Address:
48 MELE MAIDAN DWARIKAPURI BHATNAGAR
COLONY Lakhimpur, Lakhimpur Kheri, UP
262701

DL No: UP16 20210005591

UPDL000005051789



Invalid Carriage (Regn Numbers)*

Hazardous Validity* Hill Validity*

Class of Vehicle	Code	Issued By	Date of Issue	Vehicle Category	Badge Number	Badge Issued Date	Badge Issued By
MCWG	MCWG	UPI6	15-02-2021	NT			
LMV	LMV	UPI6	15-02-2021	NT			
MVSD							

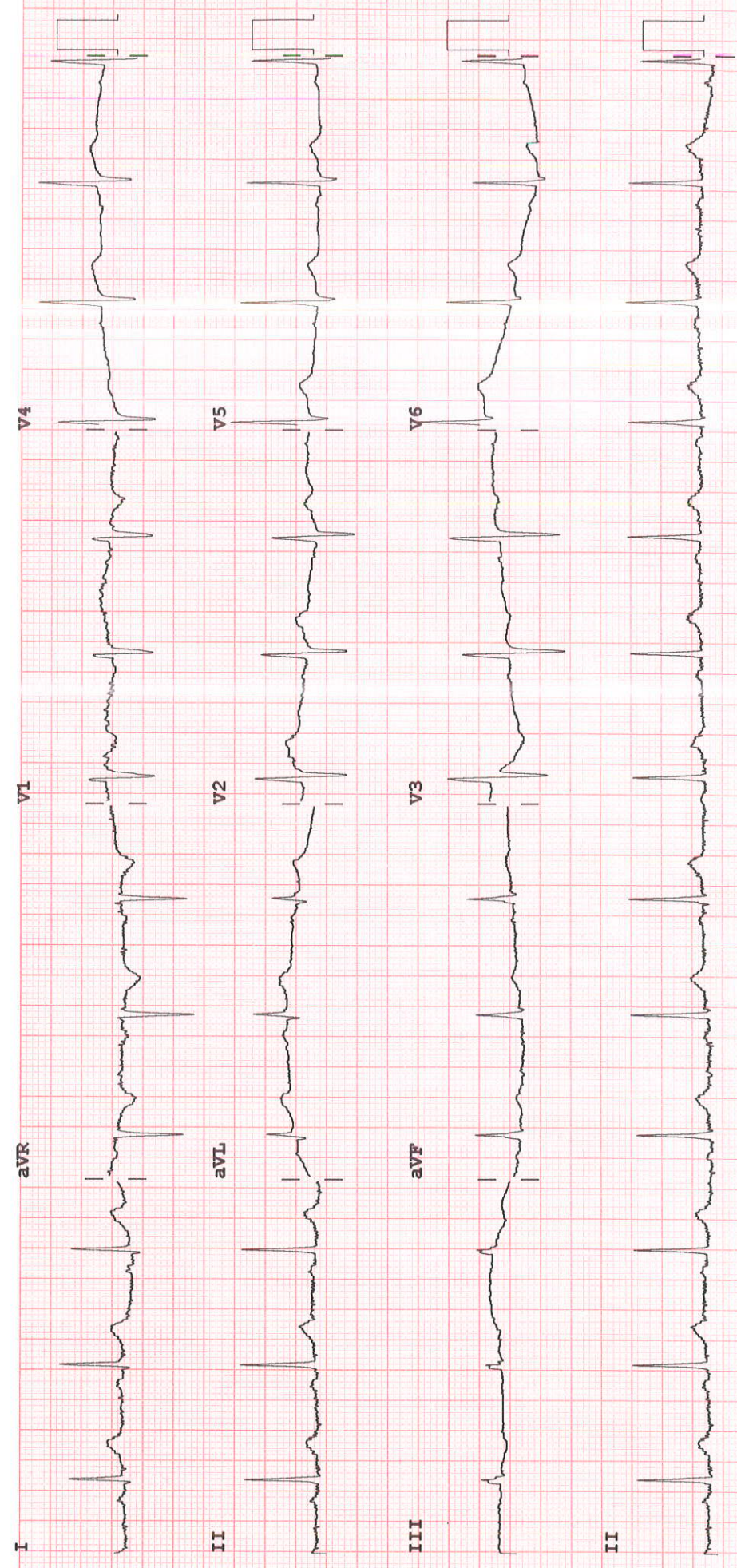
Form 7 Rule 16(2)

Emergency Contact Number

Issuing Authority
UP16 GAUTAMBUDHINAGAR

- NORMAL ECG -

Unconfirmed Diagnosis



Dev:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 60~ 0.15-100 Hz

PH100B CL P?



INVESTIGATION REPORT

Patient Name : Mrs Hina GUPTA	Location	Ghaziabad
Age/Sex 31 Year(s)/Female	Visit No	: V00000000001-GHZB
MRN No MH010697249	Order Date	:10/06/2023
Ref. Doctor HCP	Report Date	: 10/06/2023

EchocardiographyFinal Interpretation

1. No RWMA, LVEF=60%.
2. Normal cardiac chambers size
3. Trace MR, Trace AR.
4. Trace TR, No PAH.
5. No intracardiac clot/mass/pericardial pathology.

Chambers & valves:

- **Left Ventricle:** It is normal sized.
- **Left Atrium:** It is normal sized.
- **Right Atrium:** It is normal sized.
- **Right Ventricle:** It is normal sized.
- **Aortic Valve:** It appears normal.
- **Mitral Valve:** Opens normally. Subvalvular apparatus appear normal.
- **Tricuspid Valve:** It appears normal.
- **Pulmonic Valve:** It appears normal.
- **Main Pulmonary artery & its branches:** Appear normal.
- **Pericardium:** There is no pericardial effusion.

Description:

- LV is normal size with normal contractility.

Manipal Hospital, Ghaziabad

NH - 24, Hapur Road, Ghaziabad, Uttar Pradesh - 201 002

P : 0120-616 5666

Manipal Health Enterprises Private Limited

CIN:U85110KA2003PTC033055

Regd. Off. The Annexe, #98/2, Rustom Bagh, Off. HAL Airport Road, Bengaluru 560 017

P +91 80 4936 0300 Einfo@manihospitals.com www.manipalhospitals.com



INVESTIGATION REPORT

Patient Name : Mrs.Hina GUPTA	Location	Ghaziabad
Age/Sex 31Year(s)/Female	Visit No	: V0000000001-GHZB
MRN No MH010697249	Order Date	10/06/2023
Ref. Doctor : HCP	Report Date	10/06/2023

Echocardiography

Measurements (mm):

	Observed values	Normal values
Aortic root diameter	31	20-36 (22mm/M ²)
Aortic valve opening	19	15-26
Left atrium size	30	19-40

	End Diastole	End Systole	Normal Values
Left ventricle size	40	28	(ED=37-56:Es=22-40)
Interventricular septum	10	14	(ED=6-12)
Posterior wall thickness	09	13	(ED=5-10)

LV Ejection Fraction (%)	60%	55%-80%
HR		

Color & Doppler evaluation:

Valve	Velocity(cm/s)	Regurgitation
Mitral	E/A-103/78 DT-	Trace
Aortic	119	Trace
Tricuspid	55	Trace
Pulmonary	106	Nil


Dr. Bhupendra Singh
 MD, DM (CARDIOLOGY),FACC
 Sr. Consultant Cardiology

Dr. Abhishek Singh
 MD, DNB (CARDIOLOGY),MNAMS
 Sr. Consultant Cardiology

Dr. Sudhanshu Mishra
 Cardiology Registrar

Manipal Hospital, Ghaziabad

NH - 24, Hapur Road, Ghaziabad,Uttar Pradesh - 201 002

P :0120-616 5666

Page 2 of 2

Manipal Health Enterprises Private Limited

CIN:U85110KA2003PTC033055

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P +91 80 4936 0300 Einfo@manihospitals.com www.manipalhospitals.com

RADIOLOGY REPORT

NAME	MRS Hina GUPTA	STUDY DATE	10/06/2023 10:26AM
AGE / SEX	31 y / F	HOSPITAL NO.	MH010697249
ACCESSION NO.	R5653745	MODALITY	US
REPORTED ON	10/06/2023 10:47AM	REFERRED BY	HEALTH CHECK MGD

USG ABDOMEN & PELVIS**FINDINGS**

LIVER: appears normal in size (measures 137 mm) and shape but shows diffuse increase in liver echotexture, in keeping with diffuse grade I fatty infiltration. Rest normal.

SPLEEN: Spleen is normal in size (measures 103 mm), shape and echotexture. A small splenunculus is seen near the lower pole of spleen measuring 13 x 12 mm. Rest normal.

PORTAL VEIN: Appears normal in size and measures 10.7 mm.

COMMON BILE DUCT: Appears normal in size and measures 3.5 mm.

IVC, HEPATIC VEINS: Normal.

BILIARY SYSTEM: Normal.

GALL BLADDER: Well distended with normal walls (~2.0mm). Its lumen demonstrates multiple small mobile calculi within with the largest one measuring ~ 5.2 mm. Rest normal.

PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.

KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained. Rest normal.

Right Kidney: measures 103 x 35 mm.

Left Kidney: measures 103 x 42 mm. It shows a concretion measuring 3.2 mm at lower calyx.

PELVI-CALYCEAL SYSTEMS: Compact.

NODES: Not enlarged.

FLUID: Nil significant.

URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

UTERUS: Uterus is gravid and shows a single live fetus within. FHR=147 BPM.

BOWEL: Visualized bowel loops appear normal.

IMPRESSION

- Cholelithiasis.
- Diffuse grade I fatty infiltration in liver.
- Small splenunculus seen in lower pole of spleen.
- Left renal concretion.

ADV:NT/NB USG SCAN for further evaluation.

I, Dr. Monica Shekhawat, declare that while conducting Ultrasonography on Mrs. Hina Gupta, have neither detected nor disclosed the sex of her fetus to anybody in any manner.

Recommend clinical correlation.



Dr. Monica Shekhawat MBBS, DNB
CONSULTANT RADIOLOGIST

*****End Of Report*****

MANIPAL HOSPITALS

NH-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad - 201002

www.manipalhospitals.com

LABORATORY REPORT

Name	: MRS HINA GUPTA	Age	: 31 Yr(s) Sex :Female
Registration No	: MH010697249	Lab No	: 202306001118
Patient Episode	: H1800000624	Collection Date	: 10 Jun 2023 09:56
Referred By	: HEALTH CHECK MGD	Reporting Date	: 10 Jun 2023 12:48
Receiving Date	: 10 Jun 2023 09:56		

HAEMATOLOGY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
COMPLETE BLOOD COUNT (AUTOMATED)			
SPECIMEN-EDTA Whole Blood			
RBC COUNT (IMPEDEANCE)	4.33	millions/cumm	[3.80-4.80]
HEMOGLOBIN	11.7 #	g/dl	[12.0-16.0]
Method:cyanide free SLS-colorimetry			
HEMATOCRIT (CALCULATED)	35.3 #	%	[36.0-46.0]
MCV (DERIVED)	81.5 #	fL	[83.0-101.0]
MCH (CALCULATED)	27.0	pg	[27.0-32.0]
MCHC (CALCULATED)	33.1	g/dl	[31.5-34.5]
RDW CV% (DERIVED)	14.6 #	%	[11.6-14.0]
Platelet count	255	x 10 ³ cells/cumm	[150-400]
MPV (DERIVED)	10.7		
WBC COUNT (TC) (IMPEDEANCE)	8.13	x 10 ³ cells/cumm	[4.00-10.00]
DIFFERENTIAL COUNT (VCS TECHNOLOGY/MICROSCOPY)			
Neutrophils	72.0	%	[40.0-80.0]
Lymphocytes	22.0	%	[17.0-45.0]
Monocytes	5.0	%	[2.0-10.0]
Eosinophils	1.0 #	%	[2.0-7.0]
Basophils	0.0	%	[0.0-2.0]
ESR	32.0 #	mm/1sthour	[0.0-

LABORATORY REPORT

Name	: MRS HINA GUPTA	Age	: 31 Yr(s) Sex :Female
Registration No	: MH010697249	Lab No	: 202306001118
Patient Episode	: H18000000624	Collection Date	: 10 Jun 2023 09:56
Referred By	: HEALTH CHECK MGD	Reporting Date	: 10 Jun 2023 17:27
Receiving Date	: 10 Jun 2023 09:56		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
Glycosylated Hemoglobin			
Specimen: EDTA			
HbA1c (Glycosylated Hemoglobin)	5.3	%	[0.0-5.6]
Method: HPLC			
As per American Diabetes Association (ADA)			
HbA1c in %			
Non diabetic adults ≥ 18 years < 5.7			
Prediabetes (At Risk) 5.7-6.4			
Diagnosing Diabetes ≥ 6.5			
Estimated Average Glucose (eAG)	105	mg/dl	

Comments : HbA1c provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.

ROUTINE URINE ANALYSIS (Semi Automated) Specimen-Urine

MACROSCOPIC DESCRIPTION

Colour	PALE YELLOW	(Pale Yellow - Yellow)
Appearance	CLEAR	
Reaction[pH]	7.0	(4.6-8.0)
Specific Gravity	1.010	(1.003-1.035)

CHEMICAL EXAMINATION

Protein/Albumin	+	(NEGATIVE)
Glucose	NIL	(NIL)
Ketone Bodies	Negative	(NEGATIVE)
Urobilinogen	Normal	(NORMAL)

LABORATORY REPORT

Name	: MRS HINA GUPTA	Age	: 31 Yr(s) Sex :Female
Registration No	: MH010697249	Lab No	: 202306001118
Patient Episode	: H18000000624	Collection Date	: 10 Jun 2023 10:24
Referred By	: HEALTH CHECK MGD	Reporting Date	: 10 Jun 2023 15:46
Receiving Date	: 10 Jun 2023 10:24		

CLINICAL PATHOLOGY

MICROSCOPIC EXAMINATION (Automated/Manual)

Pus Cells	1-2 /hpf	(0-5/hpf)
RBC	NIL	(0-2/hpf)
Epithelial Cells	4-6 /hpf	
CASTS	nil	
Crystals	nil	
OTHERS	nil	

Serum LIPID PROFILE

Serum TOTAL CHOLESTEROL	168	mg/dl	[<200] Moderate risk:200-239 High risk:>240
TRIGLYCERIDES (GPO/POD)	98	mg/dl	[<150] Borderline high:151-199 High: 200 - 499 Very high:>500
HDL- CHOLESTEROL	59.0	mg/dl	[35.0-65.0]
Method : Enzymatic Immunoimhibition			
VLDL- CHOLESTEROL (Calculated)	20	mg/dl	[0-35]
CHOLESTEROL, LDL, CALCULATED	89.0	mg/dl	[<120.0] Near/ Borderline High:130-159 High Risk:160-189
Above optimal-100-129			<4.0 Optimal 4.0-5.0 Borderline >6 High Risk
T.Chol/HDL.Chol ratio (Calculated)	2.8		
LDL.CHOL/HDL.CHOL Ratio (Calculated)	1.5		<3 Optimal 3-4 Borderline >6 High Risk

Note:

LABORATORY REPORT

Name	: MRS HINA GUPTA	Age	: 31 Yr(s) Sex :Female
Registration No	: MH010697249	Lab No	: 202306001118
Patient Episode	: H18000000624	Collection Date	: 10 Jun 2023 09:56
Referred By	: HEALTH CHECK MGD	Reporting Date	: 10 Jun 2023 12:47
Receiving Date	: 10 Jun 2023 09:56		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
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Reference ranges based on ATP III Classifications.

KIDNEY PROFILE

Specimen: Serum

UREA	13.5 #	mg/dl	[15.0-40.0]
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Method: GLDH, Kinatic assay

BUN, BLOOD UREA NITROGEN	6.3 #	mg/dl	[8.0-20.0]
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Method: Calculated

CREATININE, SERUM	0.43 #	mg/dl	[0.70-1.20]
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Method: Jaffe rate-IDMS Standardization

URIC ACID	3.5 #	mg/dl	[4.0-8.5]
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Method:uricase PAP

SODIUM, SERUM	134.60 #	mmol/L	[136.00-144.00]
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POTASSIUM, SERUM	3.96	mmol/L	[3.60-5.10]
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SERUM CHLORIDE	103.3	mmol/l	[101.0-111.0]
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Method: ISE Indirect

eGFR (calculated)	136.0	ml/min/1.73sq.m	[>60.0]
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Technical Note

eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to 1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis Icterus / Lipemia.

LABORATORY REPORT

Name	: MRS HINA GUPTA	Age	: 31 Yr(s) Sex :Female
Registration No	: MH010697249	Lab No	: 202306001118
Patient Episode	: H18000000624	Collection Date	: 10 Jun 2023 09:56
Referred By	: HEALTH CHECK MGD	Reporting Date	: 10 Jun 2023 12:48
Receiving Date	: 10 Jun 2023 09:56		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
LIVER FUNCTION TEST			
BILIRUBIN - TOTAL <i>Method: D P D</i>	0.36	mg/dl	[0.30-1.20]
BILIRUBIN - DIRECT <i>Method: DPD</i>	0.07	mg/dl	[0.00-0.30]
INDIRECT BILIRUBIN (SERUM) <i>Method: Calculation</i>	0.29	mg/dl	[0.10-0.90]
TOTAL PROTEINS (SERUM) <i>Method: BIURET</i>	7.00	gm/dl	[6.60-8.70]
ALBUMIN (SERUM) <i>Method: BCG</i>	3.90	g/dl	[3.50-5.20]
GLOBULINS (SERUM) <i>Method: Calculation</i>	3.10	gm/dl	[1.80-3.40]
PROTEIN SERUM (A-G) RATIO <i>Method: Calculation</i>	1.26		[1.00-2.50]
AST (SGOT) (SERUM) <i>Method: IFCC W/O P5P</i>	21.00	U/L	[0.00-40.00]
ALT (SGPT) (SERUM) <i>Method: IFCC W/O P5P</i>	23.20	U/L	[14.00-54.00]
Serum Alkaline Phosphatase <i>Method: AMP BUFFER IFCC</i>	49.0	IU/L	[40.0-98.0]
GGT	13.0		[7.0-50.0]

LABORATORY REPORT

Name : MRS HINA GUPTA Age : 31 Yr(s) Sex :Female
Registration No : MH010697249 Lab No : 202306001118
Patient Episode : H18000000624 Collection Date : 10 Jun 2023 09:56
Referred By : HEALTH CHECK MGD Reporting Date : 10 Jun 2023 17:33
Receiving Date : 10 Jun 2023 09:56

BLOOD BANK

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
Blood Group & Rh Typing (Agglutination by gel/tube technique)			Specimen-Blood
Blood Group & Rh typing	B Rh(D) Positive		

Technical note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique.

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-----END OF REPORT-----



Dr. Charu Agarwal
Consultant Pathologist

LABORATORY REPORT

Name	: MRS HINA GUPTA	Age	: 31 Yr(s) Sex :Female
Registration No	: MH010697249	Lab No	: 202306001119
Patient Episode	: H18000000624	Collection Date	: 10 Jun 2023 09:56
Referred By	: HEALTH CHECK MGD	Reporting Date	: 10 Jun 2023 12:48
Receiving Date	: 10 Jun 2023 09:56		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
GLUCOSE-Fasting Specimen: Plasma			
GLUCOSE, FASTING (F) Method: Hexokinase	85.0	mg/dl	[70.0-110.0]

Page 7 of 8

-----END OF REPORT-----



Dr. Charu Agarwal
Consultant Pathologist

LABORATORY REPORT

Name	: MRS HINA GUPTA	Age	: 31 Yr(s) Sex :Female
Registration No	: MH010697249	Lab No	: 202306001120
Patient Episode	: H18000000624	Collection Date	: 10 Jun 2023 12:42
Referred By	: HEALTH CHECK MGD	Reporting Date	: 10 Jun 2023 15:44
Receiving Date	: 10 Jun 2023 12:42		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
PLASMA GLUCOSE			
Specimen:Plasma			
GLUCOSE, POST PRANDIAL (PP), 2 HOURS	113.0	mg/dl	[80.0-140.0]
Method: Hexokinase			

Note:

Conditions which can lead to lower postprandial glucose levels as compared to fasting glucose are excessive insulin release, rapid gastric emptying, brisk glucose absorption , post exercise

-----END OF REPORT-----



Dr. Alka Dixit Vats
Consultant Pathologist

LABORATORY REPORT

Patient Name : MRS HINA GUPTA Age : 31 Yr(s) Sex : Female
 Registration No : MH010697249 Lab No : 32230603339
 Admission Episode : O03001089613 Collection Date : 10 Jun 2023 20:37
 Referred By : REFERRAL DOCTOR Reporting Date : 11 Jun 2023 08:14
 Receiving Date : 10 Jun 2023 20:51

BIOCHEMISTRY

TEST RESULT UNIT BIOLOGICAL REFERENCE INTERVAL

Specimen Type : Serum


THYROID PROFILE, Serum

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
T3 - Triiodothyronine (ECLIA)	2.51 #	ng/ml	[0.70-2.04]
T4 - Thyroxine (ECLIA)	15.22 #	µg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	2.860	µIU/mL	[0.340-4.250]
1st Trimester:	0.6 - 3.4	micIU/mL	
2nd Trimester:	0.37 - 3.6	micIU/mL	
3rd Trimester:	0.38 - 4.04	micIU/mL	

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations,Ca or Fe supplements,high fibre diet,stress and illness affect TSH results.

- * References ranges recommended by the American Thyroid Association
- 1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128
- 2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>

-----END OF REPORT-----



Dr. Neelam Singal
CONSULTANT BIOCHEMISTRY