

Name : Mr. PRIYA RANJAN DAS (42 /M)

Date : 20/04/2023

Address :

Examined by: Dr .SUCHISMITA BHAUMIK

UHID : AMHL.0002127794

Package : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH172446



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension,  
Dyslipidemia, Thyroid  
disorder, Heart disease,  
Stroke, Asthma  
Fatty liver Since - 3 yrs ago



## DRUG ALLERGY

NO KNOWN ALLERGY

:20/04/2023



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Gastrointestinal system

Appetite - normal; Dyspepsia - no; Bowel habits -  
regular, constipation; Piles - no; Hernia - no

### Genitourinary system

Calculi - right kidney; Since - 2 yrs ago, had  
spontaneous expulsion

### Eyes

Vision - normal with glasses; Glasses - yes

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints  
- Nil Significant

### Skin

- Nil Significant



## Present medications

- Nil



## Past medical history

Do you have any - No  
allergies?

Do you have any drug - No  
allergies?

Covid 19 - No



## Surgical history

Others

- Renal calculus,  
spontaneous expulsion



## Personal history

Marital status

- Married

Diet

- Non Vegetarian

Alcohol

- consumes alcohol  
occasionally

Frequency

- occasional

Smoking

- No

Chews tobacco

- No

Physical activity

- Mild



## Family history

Father

- has expired

Cause

- cancer

Mother

- alive

Brothers

- 2

Sisters

- 3

Coronary artery  
disease

- none

Cancer

- father

Type

- lungs

## PHYSICAL EXAMINATION



## General

Build

- obese

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Height - 158  
Weight - 83  
BMI - 33.25  
Pallor - No  
Oedema - no

 **Cardiovascular system**

Heart rate (Per minute) - 83  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 140  
Diastolic(mm of Hg) - 84  
Heart sounds - S1S2+

**Respiratory system**

Breath sounds - Normal vesicular breath sounds

 **Abdomen**

Organomegaly - No  
Tenderness - No

 **Skin**

- No significant finding

**Ophthalmology consultation**

Ophthalmology findings - PGVA:RE:6/6P LE:6/6P  
BCVA:RE:N6 LE:N6  
OCULAR MOVEMENT:WNL  
ANT.SEG:WNL  
ADVICE: \*To continue  
present glass Rx\*Detail  
dilated Funduscopy\*Review  
after 1yr/SOS

Printed By : Benazir Begaum

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**COMPLETE HAEMOGRAM PROFILE**

| Test Name                                  | Result                        | Unit           | Level | Range      |
|--|-------------------------------|----------------|-------|------------|
| Hemoglobin                                 | 13.3                          | g/dl           | ●     | 13.0-17.0  |
| RBC COUNT                                  | 4.91                          | Million/<br>ul | ●     | 4.5-5.5    |
| Hematocrit - Hct:                          | 40.8 *                        | %              | ●     | 41-53      |
| MCV  | 83.0                          | fl             | ●     | 83-101     |
| MCH  | 27.1                          | pg             | ●     | 27-32      |
| MCHC                                       | 32.7                          | %              | ●     | 31.5-34.5  |
| RDW  | 15.1 *                        | %              | ●     | 11.8-14.0  |
| WBC Count                                  | 7100                          | /cu mm         | ●     | 4000-10000 |
| Platelet Count                             | 1.44 *                        | lacs/cu<br>mm  | ●     | 1.5-4.0    |
| Neutrophils                                | 62                            | %              | ●     | 40-80      |
| Lymphocytes                                | 26                            | %              | ●     | 20-40      |
| Monocytes                                  | 08                            | %              | ●     | 2-10       |
| Eosinophils                                | 04                            | %              | ●     | 01-06      |
| Basophils                                  | 00                            | %              | ●     | 0-0        |
| RBC:                                       | Normocytic Normochromic cells |                |       |            |
| Platelets:                                 | Adequate.                     |                |       |            |
| ERYTHROCYTE<br>SEDIMENTATION<br>RATE (ESR) | 19 *                          | mm/1st<br>hr   | ●     | 0-15       |

**URINE ROUTINE AND MICROSCOPY**

| Test Name        | Result         | Unit | Level | Range |
|------------------|----------------|------|-------|-------|
| Volume:          | 40             | mL   |       |       |
| Colour:          | Pale Straw     |      |       |       |
| Appearance       | Clear          |      |       |       |
| Specific Gravity | 1.005          |      |       |       |
| pH:              | 6.0            |      |       |       |
| Albumin:         | Not Detected   |      |       |       |
| Glucose          | Not Detected   |      |       |       |
| Ketone:          | Not Detected   |      |       |       |
| Bile Pigments    | Not Detected   |      |       |       |
| RBC              | Nil            | /hpf |       |       |
| Pus Cells        | Occasional/hpf |      |       |       |
| Epithelial Cells | Occasional/hpf |      |       |       |

Casts: Not Found  
 Crystals: Not Found  
 Note: Biological reference interval  
 RBC- 0-2/hpf  
 Pus Cell - 0-5/hpf.

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

| Test Name                          | Result | Unit | Level | Range |
|------------------------------------|--------|------|-------|-------|
| URINE<br>GLUCOSE(POST<br>PRANDIAL) | Nil    |      |       |       |

**URINE SUGAR- FASTING(QUALITATIVE)**

| Test Name                 | Result | Unit | Level | Range |
|---------------------------|--------|------|-------|-------|
| URINE<br>GLUCOSE(FASTING) | Nil    |      |       |       |

**BLOOD GROUPING AND TYPING (ABO AND RH)**

| Test Name    | Result   | Unit | Level | Range |
|--------------|----------|------|-------|-------|
| ABO Group:   | O        |      |       |       |
| Rh (D) Type: | POSITIVE |      |       |       |

**LIVER FUNCTION TEST (PACKAGE)**

| Test Name                          | Result | Unit  | Level | Range   |
|------------------------------------|--------|-------|-------|---------|
| ALT(SGPT) - SERUM                  | 50 *   | U/L   | ●     | 10-40   |
| ALBUMIN - SERUM                    | 4.2    | g/dL  | ●     | 3.5-5.1 |
| ALKALINE<br>PHOSPHATASE -<br>SERUM | 72     | U/L   | ●     | 53-128  |
| AST (SGOT) - SERUM                 | 33     | U/L   | ●     | 10-42   |
| BILIRUBIN TOTAL -<br>SERUM         | 0.5    | mg/dL | ●     | 0.0-1.0 |

**LIPID PROFILE TEST (PACKAGE)**

| Test Name              | Result | Unit  | Level | Range |
|------------------------|--------|-------|-------|-------|
| CHOLESTEROL -<br>SERUM | 180    | mg/dL | ●     | 0-200 |

**CREATININE - SERUM**

| Test Name          | Result | Unit  | Level | Range   |
|--------------------|--------|-------|-------|---------|
| CREATININE - SERUM | 0.9    | mg/dL | ●     | 0.9-1.3 |

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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**LIVER FUNCTION TEST (PACKAGE)**

| Test Name                                   | Result | Unit | Level | Range |
|---|--------|------|-------|-------|
| GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM | 28     | U/L  | ●     | 7-64  |

**GLUCOSE - PLASMA (FASTING)**

| Test Name                  | Result | Unit  | Level | Range |
|----------------------------|--------|-------|-------|-------|
| GLUCOSE - PLASMA (FASTING) | 84     | mg/dL | ●     | 70-99 |

**GLUCOSE - PLASMA (POST PRANDIAL)**

| Test Name                        | Result | Unit  | Level | Range  |
|----------------------------------|--------|-------|-------|--------|
| GLUCOSE - PLASMA (POST PRANDIAL) | 130    | mg/dL | ●     | 70-140 |

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

| Test Name                                    | Result | Unit | Level | Range  |
|--|--------|------|-------|--|
| HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD | 5.5    | %    | ●     | Nondiabetic : 4 - 5.6 %<br>Prediabetics : 5.7 - 6.4%<br>Diabetes : >= 6.5%<br>ADA Therapeutic goal : <7% |

**LIPID PROFILE TEST (PACKAGE)**

| Test Name                             | Result | Unit  | Level | Range         |
|---------------------------------------|--------|-------|-------|---------------|
| HDL CHOLESTEROL - SERUM               | 50     | mg/dL | ●     | 30-70         |
| LDL CHOLESTEROL -SERUM                | 117    | mg/dL | ●     | Optimal: <100 |
| VLDL CHOLESTEROL - SERUM (Calculated) | 13     | mg/dL | ●     | 0-35          |

**LIVER FUNCTION TEST (PACKAGE)**

| Test Name                      | Result | Unit | Level | Range   |
|--------------------------------|--------|------|-------|---------|
| PROTEIN TOTAL - SERUM          | 7.8    | g/dL | ●     | 6.4-8.3 |
| GLOBULIN: (CALCULATED) - SERUM | 3.6    | g/dL | ●     | 1.8-3.6 |

**THYROID PROFILE - I(T3,T4 AND TSH)**

| Test Name                           | Result | Unit  | Level | Range    |
|-------------------------------------|--------|-------|-------|----------|
| TOTAL T3: TRI IODOTHYRONINE - SERUM | 1.0    | ng/ml | ●     | 0.8-2    |
| TOTAL T4: THYROXINE - SERUM         | 8.4    | µg/dL | ●     | 5.1-14.1 |

**LIPID PROFILE TEST (PACKAGE)**

| Test Name             | Result | Unit  | Level | Range |
|-----------------------|--------|-------|-------|-------|
| TRIGLYCERIDES - SERUM | 69     | mg/dL | ●     | 0-150 |

**THYROID PROFILE - I(T3,T4 AND TSH)**

| Test Name                                | Result | Unit   | Level | Range       |
|--|--------|--------|-------|-------------|
| TSH: THYROID STIMULATING HORMONE - SERUM | 1.7    | µIU/mL | ●     | 0.270-4.200 |

**URIC ACID - SERUM**

| Test Name         | Result | Unit  | Level | Range   |
|-------------------|--------|-------|-------|---------|
| URIC ACID - SERUM | 5.6    | mg/dL | ●     | 3.5-7.2 |

**LIVER FUNCTION TEST (PACKAGE)**

| Test Name                             | Result | Unit  | Level | Range   |
|---------------------------------------|--------|-------|-------|---------|
| BILIRUBIN CONJUGATED (DIRECT) - SERUM | 0.1    | mg/dL | ●     | 0.0-0.2 |

**PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM**

| Test Name                                      | Result | Unit  | Level | Range     |
|--|--------|-------|-------|-----------|
| PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM | 1.1    | ng/mL | ●     | 0.00-6.50 |

**BUN (BLOOD UREA NITROGEN)**

| Test Name                 | Result | Unit  | Level | Range    |
|---------------------------|--------|-------|-------|----------|
| BUN (BLOOD UREA NITROGEN) | 8.4    | mg/dL | ●     | 7.0-18.0 |

**LIVER FUNCTION TEST (PACKAGE)**

| Test Name   | Result | Unit | Level | Range   |
|-------------|--------|------|-------|---------|
| A/G - RATIO | 1.2    |      | ●     | 1.0-2.0 |

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## ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

## TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

## ULTRASOUND SCREENING WHOLE ABDOMEN

- \* Grade-II fatty liver.
  - \* Cholesterolosis.
  - \* A tiny echogenic focus along gall bladder wall, likely ?
- Polyp.  
- Suggested Follow-up.

Dr. HENA PARVIN  
DNB RESIDENT  
In consultation with

## X-RAY CHEST PA

Descriptive.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

## Haematology

STOOL ROUTINE



Within Normal Range



Borderline High/Low



Out of Range

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**Printed By** :

**Dr.SUCHISMITA BHAUMIK**  
AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.