

Health Check up Booking Confirmed Request(bobE15548),Package Code-PKG10000250,
Beneficiary Code-66529

Mediwheel <customercare@policywheel.com>

Tue 30-08-2022 11:59

To: JAYAKUMAR PILLAI R <JAYAKUMAR.R@bankofbaroda.com>

Cc: Mediwheel CC <customercare@mediwheel.in>;Mediwheel CC <mediwheelwellness@gmail.com>

****सावधान:** यह मेल बैंक डोमेन के बाहर से आया है. अगर आप प्रेषक को नहीं जानते तो मेल में दी गयी
लिंक पर क्लिक ना करें या अटैचमेंट ना खोलें.

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011-41195959
Email:wellness@mediwheel.in

Dear **JAYAKUMAR PILLAI,**

Please find the confirmation for following request.

Booking Date : 26-08-2022

Package Name : Mediwheel Metro Full Body Health Checkup Male Above 40

Name of Diagnostic/Hospital : Narayana Hrudayalaya

Address of Diagnostic/Hospital : Building No. 9,Langford Town,Civil Station, Hosur Road,Langford
Town, Shanti Nagar-560025

Contact Details : 9742096633

City : Bangalore

State : Karnataka

Pincode : 560025

Appointment Date : 03-09-2022

Confirmation Status : Confirmed

Preferred Time : 09:00:AM

Comment : APPOINTMENT TIME 8:00AM

Instructions to undergo Health Check:



1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

For Women:

बैंक ऑफ बड़ोदा
Bank of Baroda

नाम
 Name **जयकुमार पिल्लै आर**
Jayakumar Pillai R

E.C. No. **155912**

आयकर विभाग
 Issuing Authority

धारक के हस्ताक्षर
 Signature of Holder




N H Longford Town

आयकर विभाग
 INCOME TAX DEPARTMENT

भारत सरकार
 GOVT. OF INDIA

ANJANA JAYAKUMAR
 NARENDRAN NAIR

30/05/1971
 Permanent Account Number
AHJPJ6312Q

30102006

Signature

आयकर विभाग
 INCOME TAX DEPARTMENT

भारत सरकार
 GOVT. OF INDIA

JAYA KUMAR PILLAI
 RAGHAVAN PILLAI

08/10/1964
 Permanent Account Number
ABLPP7991B





05092014

Signature

Health check up.

NARAYANA MEDICAL CENTRE
 (A Unit of NHL)
 # 9, Old No. 18, Civil Station,
 Hosur Road, Bangalore - 560 025

OP CASESHEET



Langford Road

Unit of Narayana Health

Patient MRN : 40010000021984
 Patient Name : Mr Jayakumar Pillai
 Sex/Age : Male, 57y 10m
 Address : Bengaluru, Bangalore Urban, Karnataka, India, 560025
 Visit Number : OP-001
 Consultation Type : OP, New Visit
 Mobile Number : 9823613273

Date : 03/09/2022 10:00 AM
 Department : GENERAL MEDICINE
 Consultant : Dr. Patil Himali Bhupendrakumar
 Ref. Hospital : -
 Ref. Doctor : -
 Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

VITALS

BP (mmHg) : 120/80
 Height (cm) : 166cm
 Respiratory Rate(brpm) :
 Heart Rate(bpm) :
 Weight (kg) : 65kg
 Fall Score :
 Temp (*F) :
 BMI :
 Pain Score :

CHIEF COMPLAINTS AND HPI

Routine health package
 no complaint

GENERAL EXAMINATION

Allergies :
 Body Habitus : → Kynmedic Tablet x 20 yr
 Pertinent Family History : Known/Unknown for DM
 Psychological Assessment : Cachectic/ Thin Built/ Average Built/ Obese/ Normal
 : Negative/ Unknown
 : Normal/Any Psychological Problem

PHI - (DM) - Pathe sibling
 T1D - Pathe

SYSTEMIC EXAMINATION

NUTRITIONAL ASSESSMENT

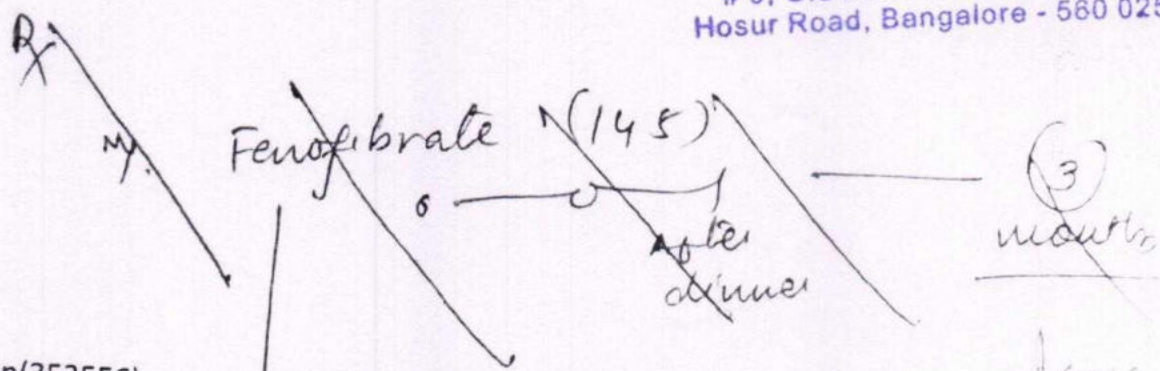
NAD

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INVESTIGATIONS

TREATMENT SUGGESTED

VIEW ON



Generated By : Gundiga Kiran(353556)

Generated On : 03/09/2022 08:48 AM

One free consultation with the same doctor within next 6 days

→ Hall → get done SAPT



Patient Name	Mr . JAYAKUMAR PILLAI	Patient ID	40010000021984
Age	57 Years	Sex	Male
Referring Doctor	PKG	DATE	03/09/22

ULTRASOUND ABDOMEN AND PELVIS

FINDINGS:

Liver is normal in size and shows diffuse increased echopattern. No intra or extra hepatic biliary duct dilatation. No focal lesions.

Portal vein is normal in size, course and caliber. CBD is not dilated.

→ Gall bladder Post cholecystectomy status.

Pancreas Persistently obscured by gaseous bowel.

Spleen is normal in size, shape, contour and echopattern. No evidence of mass or focal lesions.

Kidneys Both Kidneys are normal in size , shape , and position. RK- 91 x 11 mm ,LK – 104 x 10 mm . Left kidney shows a thin wall clear cortical cyst in the lower pole measuring approximately 10 x 10 mm. Corticomedullary differentiation is maintained. No evidence of calculi or hydronephrosis at the time of scan.

Retroperitoneum – Obscured by bowel gas.

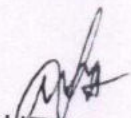
Urinary Bladder is well distended. Wall thickness is normal. No evidence of calculi, mass or mural lesion.

Prostate is normal in size , measuring 27 x 43 x 35 mm (Volume = 22 cc).

Gaseous abdomen.

IMPRESSION:

- Fatty liver-Grade I-For LFT and clinical correlation.


 Dr. AHETASHAM MD
 Consultant Radiologist

Note: Investigations have their limitations. Solitary pathological/Radiological and other investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. Please interpret accordingly. This Report is not for Medico - Legal purposes.

NARAYANA MEDICAL CENTRE

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9, Old No. 18, Civil Station,
 Hosur Road, Bangalore - 560 025



PATIENT HELPLINE

186-0208-0208

Narayana Medical Centre

Medical Centre
Unit of Narayana Health
COLOUR DOPPLER ECHOCARDIOGRAPHY

Patient Name	Mr JAYAKUMAR PILLAI	Reg No	40010000021984
Age	57 YRS	Sex	MALE
Ref by	PKG	Date	03/09/22

2D / M MODE MEASUREMENTS

AO : 27 mm LVID(d) : 47 mm IVS(d) : 09 mm
LA : 35 mm LVID (s) : 30 mm PW(d) : 09 mm
EF : 60%

VALVES

MITRAL VALVE : Normal
AORTIC VALVE : Normal
TRICUSPID VALVE : Normal
PULMONARY VALVE : Normal

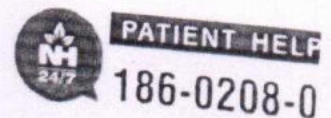
CHAMBERS

LEFT ATRIUM : Normal
RIGHT ATRIUM : Normal sized
LEFT VENTRICLE : Normal , Normal LV systolic function
RIGHT VENTRICLE : Normal sized , TAPSE – 20 mm , Normal RV Function

SEPTAE

IVS : Intact
IAS : Intact

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NH NarayanaTM

Medical Centre

Unit of Narayana Health

Langford Road

GREAT ARTERIES

AORTA : Normal sized , Normal arch

PULMONARY ARTERY : Normal

DOPPLER DATA

MITRAL VALVE : E : 0.5 m/s , A : 0.6 m/s, MR – Mild

AORTIC VALVE : Pgr – 5 mmHg

TRICUSPID VALVE : TR – Trivial , PASP – 25 mmHg

PULMONARY VALVE : Pgr – 4 mmHg

WALL MOTION ABNORMALITIES : NO RWMA

PERICARDIUM : Nil

VEGETATION/THROMBUS : Nil

OTHER FINDINGS :

HR : 72 bpm (Sinus Bradycardia)

IVC : 14 mm , Normal Sized, Collapsing, Normal RA pressure

FINAL DIAGNOSIS

NORMAL CHAMBER DIMENSIONS

NORMAL VALVES

MR - MILD

NORMAL PA PRESSURE

NO RWMA

NORMAL RV AND LV FUNCTION

LVEF- 60%

Done by : SHABRIN TAJ

CARDIAC SONOGRAPHER

Shabrin T
Signature

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9, Old No. 18, Civil Station,
Hosur Road, Bangalore 560 026

PATIENT HELPLINE



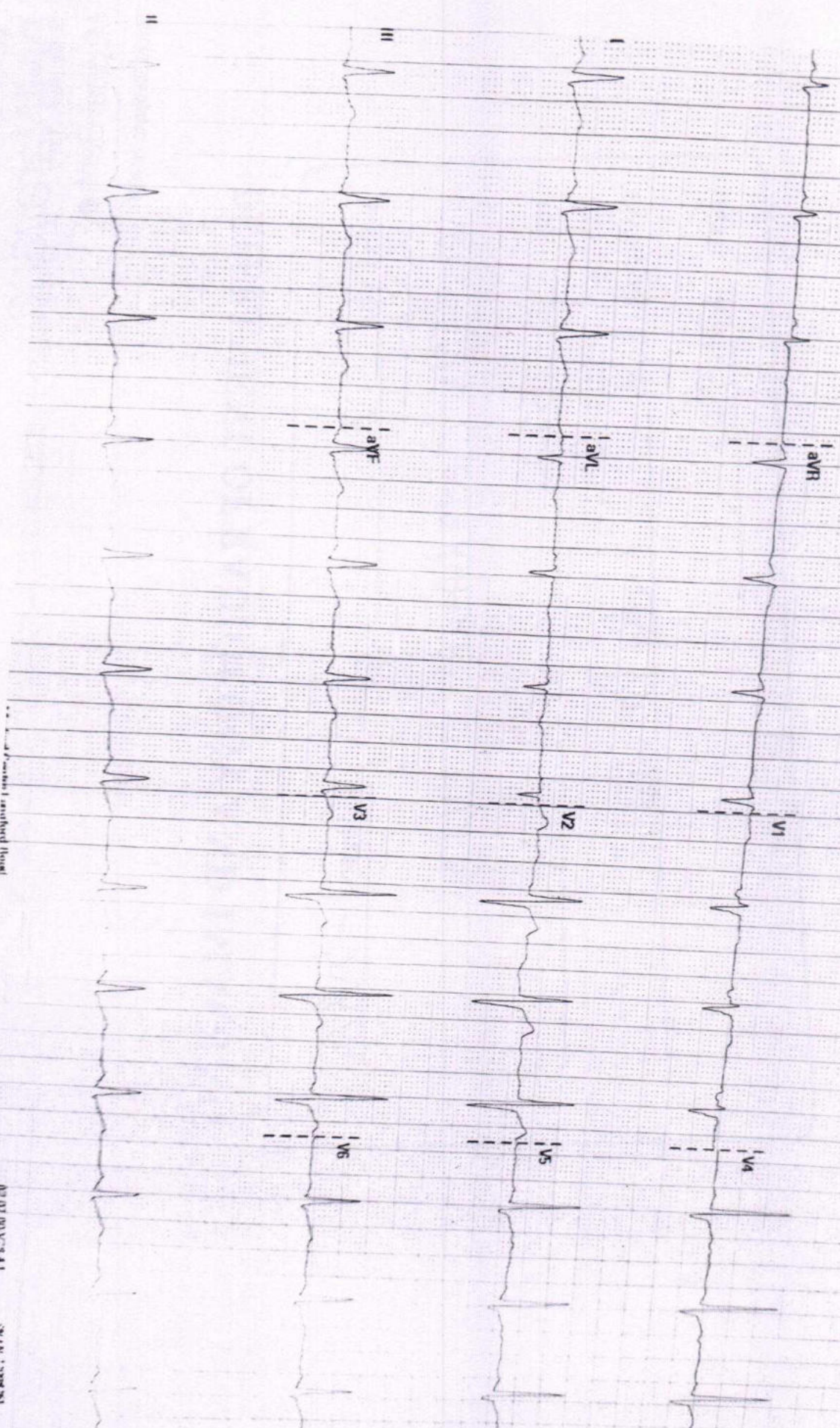
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RT Interval
QRS Duration
QT/QTc Interval
P/QRS/T Axes
QTc/Hodges

78 bpm
152 ms
108 ms
384/416 ms
66/80/98 deg

Sinus rhythm
Lateral T wave abnormality is nonspecific
Borderline ECG

Unconfirmed Diagnosis



DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr Jayakumar Pillai MRN : 40010000021984 Gender/Age : MALE , 57y (08/10/1964)

Collected On : 03/09/2022 08:59 AM Received On : 03/09/2022 09:30 AM Reported On : 03/09/2022 11:01 AM

Barcode : N12209030007 Specimen : Serum Consultant : -

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9823613273

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
Fasting Blood Sugar (FBS) (Colorimetric - Glucose Oxidase Peroxidase)	100 H	mg/dL	ADA standards 2020 >126 : Diabetes 70 to 99 : Normal 100 to 125 : Pre-diabetes
SERUM CREATININE Serum Creatinine (Enzymatic Method (hydrolase, Oxidase, Peroxidase))	0.67 L	mg/dL	0.7-1.3
eGFR (Calculated)	122.3	-	-
Blood Urea Nitrogen (BUN) (Endpoint /Colorimetric – Urease)	8.5 L	mg/dL	9.0-20.0
Serum Uric Acid (Colorimetric - Uricase, Peroxidase)	6.8	mg/dL	3.5-8.5
LIPID PROFILE (CHOL, TRIG, HDL, LDL, VLDL)			
Cholesterol Total	219	mg/dL	Both: Desirable: < 200 Both: Borderline High: 200-239 Both: High: > 240
Triglycerides (LPL/GK)	236 H	-	0.0-150.0
HDL Cholesterol (HDLC) (Colorimetric: Non HDL Precipitation Phosphotungstic Acid Method)	42	mg/dL	40.0-60.0
Non-HDL Cholesterol	177	-	-
LDL Cholesterol (Colorimetric)	129.8 L	mg/dL	Both: Optimal: < 100 Both: Near to above optimal: 100-129 Both: Borderline High: 130-159 Both: High: 160-189 Both: Very High: > 190
VLDL Cholesterol (Calculated)	47.2 H	mg/dL	<40.0
Cholesterol /HDL Ratio (Calculated)	5.2 H	-	0.0-5.0
THYROID PROFILE (T3, T4, TSH)			
Tri Iodo Thyronine (T3) (Chemiluminescence)	1.47	ng/mL	0.97-1.69

Patient Name : Mr Jayakumar Pillai MRN : 40010000021984 Gender/Age : MALE , 57y (1964-10-08)

Immuno Assay (CLIA))

Interpretations:

Thyroid hormone binding protein can profoundly affect total T3 and total T4 levels especially in pregnancy and in patients on steroid therapy.
Unbound fractions of T3 and T4(FT3, FT4) of thyroid hormones are biologically active forms and correlate more closely with clinical status of the patient.

Thyroxine (T4) (Chemiluminescence Immuno Assay (CLIA))	6.49	ug/dl	5.53-11.0
TSH (Thyroid Stimulating Hormone) (Chemiluminescence Immuno Assay (CLIA))	4.32 H	μIU/mL	0.4-4.049

Interpretations:

TSH levels are subject to circadian variation, reaching peak levels between 2-4 a.m. and minimum between 6-10 p.m. The variation is of the order of 50%, hence time of the day has influence on the measured serum TSH concentration.

LIVER FUNCTION TEST(LFT)

Bilirubin Total (Colorimetric -Diazo Method)	0.8	mg/dL	0.2-1.3
Conjugated Bilirubin (Direct) (Dual Wavelength - Reflectance Spectrophotometry)	0.2	mg/dL	0.0-0.4
Unconjugated Bilirubin (Indirect) (Calculated)	0.6	-	-
Total Protein (Colorimetric - Biuret Method)	8.3 H	gm/dL	6.3-8.2
Serum Albumin (Colorimetric - Bromo-Cresol Green)	4.6	gm/dL	3.5-5.0
Serum Globulin (Calculated)	3.7 H	gm/dL	2.0-3.5
Albumin To Globulin (A/G)Ratio (Calculated)	1.24	-	1.0-2.1
SGOT (AST) (Multipoint-Rate With P-5-P (pyridoxal-5-phosphate))	22	U/L	17.0-59.0
SGPT (ALT) (Multipoint-Rate With P-5-P (pyridoxal-5-phosphate))	20	U/L	<50.0
Alkaline Phosphatase (ALP) (Multipoint-Rate - P-nitro Phenyl Phosphate, AMP Buffer)	106	U/L	38.0-126.0
Gamma Glutamyl Transferase (GGT) (Multipoint Rate - L-glutamyl-p-nitroanilide (Szasz Method))	55.00	U/L	15.0-73.0

--End of Report--

NARAYANA MEDICAL CENTRE

(A Unit of NHL)

9, Old No. 18, Civil Station,
Hosur Road, Bangalore - 560 025

DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr Jayakumar Pillai MRN : 40010000021984 Gender/Age : MALE , 57y (08/10/1964)

Collected On : 03/09/2022 08:59 AM Received On : 03/09/2022 09:30 AM Reported On : 03/09/2022 10:38 AM

Barcode : N12209030008 Specimen : Whole Blood Consultant : -

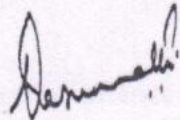
Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9823613273

Test	BIOCHEMISTRY		Biological Reference Interval
	Result	Unit	
HbA1c	6.2	%	Normal: 4.0-5.6 Prediabetes:5.7-6.4 Diabetes:>6.5 (ADA Recommendation 2017)
Estimated Average Glucose	131.24	%	

Interpretation:

- HbA1c above 6.5% can be used to diagnose diabetes provided the patient has symptoms. If the patient does not have symptoms with HbA1c>6.5%, repeat measurement on further sample. If the repeat test result is <6.5%, consider as diabetes high risk and repeat measurement after 6 months.
- HbA1c measurement is not appropriate in diagnosing diabetes in children, suspicion of type 1 diabetes, symptoms of diabetes for less than 2 months, pregnancy, hemoglobinopathies, medications that may result sudden increase in glucose, anemia, renal failure, HIV infection, malignancies, severe chronic hepatic, and renal disease.
- Any sample with >15% should be suspected of having a haemoglobin variant.

--End of Report--



Dr. Vasumathi Kishore
MBBS, DCP
CONSULTANT PATHOLOGIST

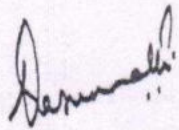
Note

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.



NARAYANA MEDICAL CENTRE
(A Unit of NHL)
9, Old No. 18, Civil Station,
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Patient Name : Mr Jayakumar Pillai MRN : 40010000021984 Gender/Age : MALE , 57y (1964-10-08)



Dr. Vasumathi Kishore
MBBS, DCP
CONSULTANT PATHOLOGIST

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NARAYANA MEDICAL CENTRE
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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr Jayakumar Pillai MRN : 40010000021984 Gender/Age : MALE , 57y (08/10/1964)
 Collected On : 03/09/2022 08:59 AM Received On : 03/09/2022 09:30 AM Reported On : 03/09/2022 10:41 AM
 Barcode : N22209030004 Specimen : Whole Blood Consultant :-

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9823613273

Test	HAEMATOLOGY		
	Result	Unit	Biological Reference Interval
COMPLETE BLOOD COUNT (CBC)			
Haemoglobin (Hb%) (Photometric Measurement)	13.98	g/dL	13.0-17.0
Red Blood Cell Count (Electrical Impedance)	4.62	Million/ul	4.5-5.5
PCV (Packed Cell Volume) / Hematocrit (Calculated)	40.7	%	40.0-50.0
MCV (Mean Corpuscular Volume) (Derived)	88.0	fL	80.0-100.0
MCH (Mean Corpuscular Haemoglobin) (Calculated)	30.3	pg	27.0-32.0
MCHC (Mean Corpuscular Haemoglobin Concentration) (Calculated)	34.3	%	31.5-34.5
Red Cell Distribution Width (RDW) (Derived)	14.6 H	%	11.6-14.0
Platelet Count (Electrical Impedance Plus Microscopy)	200.5	Thous/ μ L	150.0-450.0
Total Leucocyte Count(WBC) (Electrical Impedance)	4.60	Thous/ μ L	4.0-10.0
DIFFERENTIAL COUNT (DC)			
Neutrophils (VCS Technology Plus Microscopy)	64.05	%	40.0-75.0
Lymphocytes (VCS Technology Plus Microscopy)	24.01	%	20.0-40.0
Monocytes (VCS Technology Plus Microscopy)	9.82	%	2.0-10.0
Eosinophils (VCS Technology Plus Microscopy)	1.60	%	1.0-6.0
Basophils (VCS Technology Plus Microscopy)	0.52	%	0.0-2.0
Absolute Neutrophil Count	2.9 L	-	1800.0-8000.0
Absolute Lymphocyte Count	1.1 L	-	1000.0-3330.0
Absolute Monocyte Count	0.5	-	-

Patient Name : Mr Jayakumar Pillai MRN : 40010000021984 Gender/Age : MALE , 57y (1964-10-08)

Absolute Eosinophil Count

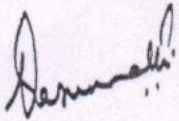
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BLOOD GROUP & RH TYPING

Blood Group (Slide Technique And Tube Technique) "A"

RH Typing (Slide Technique And Tube Technique) POSITIVE

--End of Report--



Dr. Vasumathi Kishore
MBBS, DCP
CONSULTANT PATHOLOGIST

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- Kindly correlate clinically.



MARAYANA MEDICAL CENTRE
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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr Jayakumar Pillai MRN : 40010000021984 Gender/Age : MALE , 57y (08/10/1964)

Collected On : 03/09/2022 08:59 AM Received On : 03/09/2022 03:17 PM Reported On : 03/09/2022 03:51 PM

Barcode : N12209030009 Specimen : Serum Consultant : -

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9823613273

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
Prostate Specific Antigen (PSA) (Enhanced Chemiluminescence)	1.53	ng/mL	0.0-3.5

--End of Report--

Mrs. Latha B S
MSc, Mphil, Biochemistry
Incharge, Consultant Biochemistry

Dr. Anushre Prasad
MBBS,MD, Biochemistry
Consultant Biochemistry

Note

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 - Kindly correlate clinically.
- (Prostate Specific Antigen (Psa) -> autoAuthorised)



DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr Jayakumar Pillai MRN : 40010000021984 Gender/Age : MALE , 57y (08/10/1964)

Collected On : 03/09/2022 08:59 AM Received On : 03/09/2022 09:30 AM Reported On : 03/09/2022 10:37 AM

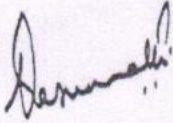
Barcode : N22209030003 Specimen : Whole Blood - ESR Consultant : -

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9823613273

HAEMATOLOGY

Test	Result	Unit	Biological Reference Interval
Erythrocyte Sedimentation Rate (ESR) (Westergren Method)	8	mm/1hr	0.0-12.0

--End of Report--



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CONSULTANT PATHOLOGIST

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NARAYANA MEDICAL CENTRE
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9, Old No. 18, Civil Station,
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Patient Name	MR.JAYAKUMAR PILLAI	Requested By	PKG
MRN	40010000021984	Procedure DateTime	03-09-2022 11:10
Age/Sex	57Y/Male	Hospital	NH-LANGFORD

CHEST RADIOGRAPH (PA VIEW)

CLINICAL DETAILS: For health checkup.

FINDINGS:

- The lung fields and bronchovascular markings appear normal.
- The cardiac size is within normal limits.
- Mediastinum and great vessels are within normal limits.
- Trachea is normal and is central. The hilar shadows are unremarkable.
- The costo-phrenic angles are clear. No evidence of pleural effusion or pneumothorax.
- Diffuse osteopenia is noted.
- Both the diaphragmatic domes appear normal.

IMPRESSION:

- No significant abnormality detected.



Dr. Banu Prasad .S P
Senior Registrar

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-- End of Report --

Page 1 of 1

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