



Name : Mr. BIRENDRA KUMAR GUPTA (48 /M)

Address : AHMEDABAD, AHMEDABAD, AHMEDABAD, GUJARAT, INDIA

Examined by : Dr .BHAWANA DAGA

Package : MEDIWHEEL-FULL BODY CHK-ABOVE40-MALE

Date : 20/09/2022



UHID : AHCC.0000124490

AHC No : AHCCA1037

## CHIEF COMPLAINTS

For general health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

### Present known illness

No history of : - Hypertension, Dyslipidemia, Thyroid disorder, Heart disease, Stroke, Asthma, COPD, Cancer, Impaired Glycemia  
Diabetes mellitus : Since - 2 YRS; Medication - regular

## DRUG ALLERGY

NO KNOWN ALLERGY :22/09/2022

## SYSTEMIC REVIEW

### Cardiovascular system

Nil Significant

### Present medications

Names not known

### Past medical history

Do you have any allergies? - No

COVID 19 - No

### Surgical history

Fracture - RT RADIUS

### Immunization history

- Covid Dose1, Covid Dose2, Precaution Dose

## Personal history

Marital status - Married  
Male - 1  
Diet - Mixed Diet  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Moderate

## Family history

Father - has expired  
Aged - IN 2020  
Cause - diabetes mellitus  
Mother - has expired  
Aged - 2017  
Cause - not known  
Brothers - 2  
Sisters - 1  
Diabetes - father, sister  
Coronary artery disease - none  
Cancer - None  
Thyroid/other endocrine disorder - mother





Name : **Mr. BIRENDRA KUMAR GUPTA (48 /M)**

UHID : **AHCC.0000124490**

Date : **20/08/2022**



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AHC No : **AHCCA11037**

## PHYSICAL EXAMINATION

### General

General appearance - normal  
Height - 174  
Weight - 96.3  
BMI - 31.81  
Pallor - No  
Oedema - no

### Cardiovascular system

Heart rate (Per minute) - 93  
Rhythm - Regular  
Systolic(mm of Hg) - 120  
Diastolic(mm of Hg) - 80  
Heart sounds - S1S2+

### Respiratory system

Rate of respiration(per minute) - 14  
Breath sounds - Normal vesicular breath sounds

### Abdomen

Hepatomegaly - No  
Tenderness - No

Reported By : **BHAWANA DAGA**





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### STOOL ROUTINE

Test Name	Result	Unit	Level	Range
Colour:	Brown			
Consistency :	Semi Solid			
Mucus:	Absent			
Blood:	Negative			
Reaction	Acidic			
Occult Blood	Negative			
Pus:	Nil		2-3	
RBC	Nil	/hpf	0-5/hpf	
Epithelial Cells	Nil			
Yeast Cells	Nil			
Vegetable Matter	Present			
Neutral Fat	Absent			
Starch Granules	Absent			
Trophozoite	Absent			
Ova:	Absent			
Cysts:	Absent			

Epithelial Cells	Occasional
Casts:	Absent
Crystals:	Absent
Crystals.	Absent

### COMPLETE BLOOD COUNT WITH ESR

Test Name	Result	Unit	Level	Range
Hemoglobin (Photometric Measurement)	11.5 *	gm%	●	13.0-17.0
Packed cell volume(Calculated)	35.6 *	%	●	40-50
RBC COUNT (Impedance)	4.81	Million/ul	●	4.5-5.9
MCV (From RBC Histogram)	73.9 *	fl	●	80-100
MCH(Calculated)	24 *	pg	●	27-32
MCHC(Calculated)	32.4	%	●	31-36
RDW(Calculated)	16.4 *	%	●	11.5-14.5
WBC Count (Impedance)	5800	/cu mm	●	4000-11000
Neutrophils	55	%	●	40-75
Lymphocytes	36	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	04	%	●	01-06
Basophils	00	%	●	0-1
Platelet Count (Impedance)	211000	/cu mm	●	150000-450000
MPV (Calculated)	9.5	fl	●	7-11
RBC:	Anemia noted.Presence of Microcytic ++ with Ovalocytic + seen.Anisopoikilocytosis + seen.			
WBC:	As mentioned.			
Platelets:	Few giant platelets noted.			
Parasite	No Parasites Seen			

### URINE FOR ROUTINE EXAMINATION

Test Name	Result	Unit	Level	Range
Specific Gravity	1.020			
Colour:	Pale-Yellow			
Transparency:	Clear			
pH	6			
Protein :	Nil			
Sugar:	Nil			
Blood:	Negative			
Ketone	Absent			
Bile Pigments:	Absent			
Urobilinogen	Normal	E.U./dL		
Nitrite	Negative			
Pus Cells	Occasional		0-5	
RBC	Nil	/hpf	0-5/hpf	

● Within Normal Range    ● Borderline High/Low    ● Out of Range



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<b>ERYTHROCYTE SEDIMENTATION RATE (ESR)</b> (Automated/ optic-electronic)	11	mm/1st hr	●	0-15	<b>Indirect Bilirubin</b>	0.21	mg/dL	●	1 Day ≤5.1 mg/dL 2 Days ≤7.2 mg/dL 3-5 Days ≤10.3 mg/dL 6-7 Days ≤8.4 mg/dL 8-9 Days ≤6.5 mg/dL 10-11 Days ≤4.6 mg/dL 12-13 Days ≤2.7 mg/dL 14 Days - 9 Years 0.2-0.8 mg/dL 10-19 Years 0.2-1.1 mg/dL ≥20 Years 0.2-1.2 mg/dL
Note	1) Serum Iron Profile. 2) Serum Ferritin.								
SUGGEST :	Please correlate clinically								
<b>BLOOD GROUPING AND TYPING (ABO and Rh)</b>									
Test Name	Result	Unit	Level	Range					
BLOOD GROUP:	A Positive								
<b>LFT (LIVER FUNCTION TEST)</b>									
Test Name	Result	Unit	Level	Range					
ALT(SGPT) - SERUM / PLASMA	25	U/L	●	0-50					
ALKALINE PHOSPHATASE - SERUM/PLASMA	84	U/L	●	Adult(Male): 40 - 129					
AST (SGOT) - SERUM	22	U/L	●	> 1 year Male : <40					
Total Bilirubin	0.331	mg/dL	●	0.300-1.200					
Direct Bilirubin	0.118	mg/dL	●	Upto 0.3 mg/dl					

**CREATININE - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	1.03	mg/dL	●	Adult Male: 0.6 - 1.3

**LFT (LIVER FUNCTION TEST)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	22	U/L	●	Male : 10 - 71 Female : 6 - 42

**GLUCOSE - SERUM / PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	103 *	mg/dL	●	70 - 100 : Normal 100 - 125 : Impaired Glucose Tolerance ≥ 126 : Diabetes Mellitus

**GLUCOSE - SERUM / PLASMA (POST PRANDIAL) - PPBS**

● Within Normal Range      ● Borderline High/Low      ● Out of Range



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Test Name	Result	Unit	Level	Range	Test Name	Result	Unit	Level	Range
Glucose - Plasma (Post Prandial)	134	mg/dL	●	70-140	TOTAL T3: TRI IODOTHYRONINE - SERUM	0.994	ng/mL	●	0.8 - 2.0
<b>GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD</b>					TOTAL T4: THYROXINE - SERUM	5.07 *	ug/dL	●	5.1 - 14.1
Glycosylated Hemoglobin (HbA1c)	6.07 *	%	●	Normal < 5.7	TSH: THYROID STIMULATING HORMONE - SERUM	5.17 *	μIU/mL	●	14-120 years : 0.27 - 4.20
				%Increased risk for Diabetes 5.7 - 6.4%	<b>URIC ACID - SERUM</b>				
				Diabetes >= 6.5%	Test Name	Result	Unit	Level	Range
				Monitoring criteria for Diabetes Mellitus <7.0 : Well Controlled Diabetes 7.1 - 8.0 : Unsatisfactory Control > 8.0 : Poor Control & Needs Immediate Treatment	URIC ACID - SERUM	6.9	mg/dL	●	Male : 3.4-7.0 Female : 2.4-5.7
Mean Blood Sugar	128				<b>PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM</b>				
					Test Name	Result	Unit	Level	Range
					PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM	0.506	ng/mL	●	0.0-4.0
					<b>BUN (BLOOD UREA NITROGEN)</b>				
					Test Name	Result	Unit	Level	Range
					BUN (BLOOD UREA NITROGEN)	9	mg/dL	●	6-20
					UREA - SERUM / PLASMA	20	mg/dL	●	15 - 50
					<b>LIPID PROFILE - SERUM</b>				
					Test Name	Result	Unit	Level	Range
					Total Cholesterol	174	mg/dl	●	0 - 200 : Desirable 200 - 240 : Borderline High 240 - 280 : High > 280 : Very High
					Triglycerides - Serum	129	mg/dL	●	0-150
					<b>FT (LIVER FUNCTION TEST)</b>				
Test Name	Result	Unit	Level	Range					
PROTEIN TOTAL - SERUM / PLASMA	7.28	g/dL	●	6.00-8.00					
ALBUMIN - SERUM	4.22	g/dL	●	Adult(18 - 60 Yr): 3.5 - 5.2					
Globulin-Serum/Plasma	3.1		●	2.20-4.20					
A/G ratio	1.4		●	1.00-2.00					
					<b>THYROID PROFILE (T3,T4 AND TSH)</b>				
Test Name	Result	Unit	Level	Range					

● Within Normal Range    ● Borderline High/Low    ● Out of Range



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HDL CHOLESTEROL - SERUM / PLASMA (Direct Enzymatic Colorimetric)	36 *	mg/dL ●	< 40 : Major risk factor for heart disease 40 - 59 : The higher The better. >=60 : Considered protective against heart disease	Liver appears normal in size and shows grade I-II fatty changes. No evidence of focal pathology seen. Intra and extra hepatic biliary radicles are not dilated. Portal vein is normal in calibre. Intrahepatic portal radicles appear normal.  Gall bladder appears normal with no evidence of calculus. Wall thickness appears normal. No evidence of pericholecystic collection.
LDL Cholesterol (Direct LDL)	106	mg/dL ●	100 : Optimal 100-129 : Near Optimal 130-159 : Borderline High 160-189 : High >=190 : Very High	Head, body and tail of pancreas appear normal in size and echotexture. No focal lesions identified. Pancreatic duct appears normal in caliber.  Spleen measures 9.9 cms and shows uniform echotexture.
VLDL CHOLESTEROL C/H RATIO	26 4.8 *	● ●	< 40 mg/dl 0-4.5	Both kidneys are normal in size and show normal echopattern with good corticomedullary differentiation. Cortical outlines appear smooth. No evidence of calculi. Pelvicalyceal system on both sides appear normal. 3.1 x 3.0 x 3.4 cm sized simple para pelvic cyst is seen in left kidney.

USG WHOLE ABDOMEN

No evidence of ascites or lymphadenopathy.  
  
Urinary bladder is normal in contour and outline. Wall thickness appears normal. No evidence of any intraluminal pathology seen.  
Prostate measures normal in size and echopattern.

IMPRESSION:

grade I-II fatty changes in liver.  
  
Simple parapelvic cyst in left kidney.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

URINE GLUCOSE(FASTING)  
URINE GLUCOSE(POST PRANDIAL)

● Within Normal Range      ● Borderline High/Low      ● Out of Range



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**CARDIOLOGY**  
**ECHO/TMT**  
**ECG**

● **Within Normal Range**      ● **Borderline High/Low**      ● **Out of Range**



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### Executive Summary

- MILD HYPOTHYROID
- ANEMIA
- MILDLY DERANGED BLOOD GLUCOSE LEVELS.
- GRADE 1-2 FATTY LIVER

### Wellness Prescription

#### Advice On Diet :-

- LOW CARB DIET, LOW FAT DIET
- INCREASE INTAKE OF GREEN LEAFY VEGETABLES.

#### Advice On Physical Activity :-

- REGULAR EXERCISE

### Other Lifestyle Changes & Recommendations :-

NO MEDICATION NEEDED.

### Recommended Follow-up Tests

Test Name	Test Schedule	Repeat Frequency	Remarks
THYROID PROFILE (T3,T4 AND TSH)	3 Month(s)		
GLUCOSE - SERUM / PLASMA (FASTING)	3 Month(s)		
GLUCOSE - SERUM / PLASMA (POST PRANDIAL) - PPBS	3 Month(s)		
GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD	3 Month(s)		
COMPLETE BLOOD COUNT (CBC)	3 Month(s)		





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AHC No : AHCCA1037

Printed By : BHAWANA DAGA

  
**Dr. BHAWANA DAGA**  
 Op. Doctor House  
 AHC Physician / Consultant Internal Medicine  


te :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.



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DEPARTMENT OF CLINICAL PATHOLOGY

Name : Mr. BIRENDRA KUMAR GUPTA  
 UHID : AHCC.0000124490 / AHCCA1037  
 SIN \LRN : 3391285 \ 1462216  
 Specimen : Stool  
 Ref Doctor : DR. BHAWANA DAGA

Age : 48Yr 6Mth 10Days Gender : Male  
 W/BNo/RefNo : AHC



Collected on : 21-SEP-2022 12:05:47 PM Received on : 21-SEP-2022 02:31:47 PM Reported on : 21-SEP-2022 03:12:00 PM

21/09/2022

Report Status:Final

\* END OF REPORT \*

CHECKED BY : 1010782  
 717755

Printed On : 21-SEP-2022 05:38:23 PM

Dr.SANJAY SAXENA  
 MD,DCP, PGDHM, MBA  
 SR. CONSULTANT HAEMATOLOGIST AND  
 LAB DIRECTOR



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DEPARTMENT OF CLINICAL PATHOLOGY



Name : Mr. BIRENDRA KUMAR GUPTA Age : 48Yr 6Mth 10Days Gender : Male  
 UHID : AHCC.0000124490 / AHCCA1037 W/BNo/RefNo : AHC  
 SIN \LRN : 3391285 \ 1462216  
 Specimen : Stool  
 Ref Doctor : DR. BHAWANA DAGA



Collected on : 21-SEP-2022 12:05:47 PM Received on : 21-SEP-2022 02:31:47 PM Reported on : 21-SEP-2022 03:12:00 PM

MEDIWHEEL-FULL BODY CHK-ABOVE40-MALE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
STOOL ROUTINE : (Supra Vital Staining)			
PHYSICAL EXAMINATION			
Colour:	Brown		
Consistency :	Semi Solid		
Mucus:	Absent		
Blood:	Negative		
CHEMICAL EXAMINATION			
Reaction	Acidic		
Occult Blood	Negative		
Cells:			
Pus:	Nil		
RBC	Nil	0-5/hpf	/hpf
Epithelial Cells	Nil		
Yeast Cells	Nil		
Vegetable Matter	Present		
Neutral Fat	Absent		
Starch Granules	Absent		
Trophozoite	Absent		
Ova:	Absent		
Cysts:	Absent		



DEPARTMENT OF BIOCHEMISTRY AND IMMUNOLOGY



Organization Accredited  
by International Commission for Accreditation of Medical Laboratories

Name : Mr. BIRENDRA KUMAR GUPTA  
UHID : AHCC.0000124490 / AHCCA1037  
SIN \ LRN : 3391276 \ 3391278 \ 3391283 \ 3391279 \  
Specimen : 1462216 Serum  
Ref Doctor : DR. BHAWANA DAGA

Age : 48Yr 6Mth 9Days Gender : Male  
W/BNo/RefNo : AHC



Collected on : 20-SEP-2022 09:38:45 AM Received on : 20-SEP-2022 10:09:41 AM Reported on : 20-SEP-2022 03:07:42 PM

Report Status:Final

\* END OF REPORT \*

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717755

First Report Printed On : 20-SEP-2022 03:33:22 PM  
Printed On : 20-SEP-2022 04:15:46 PM

Dr. SANJAY SAXENA  
MD, DCP, PGDHM, MBA  
SR. CONSULTANT HAEMATOLOGIST AND  
LAB DIRECTOR





Organization Accredited by Joint Commission International

Name : Mr. BIRENDRA KUMAR GUPTA  
UHID : AHCC.0000124490 / AHCCAH1037  
SIN \ LRN : 3391276 \ 3391278 \ 3391283 \ 3391279 \  
Specimen : Serum  
Ref Doctor : DR. BHAWANA DAGA

Age : 48Yr 6Mth 9Days Gender : Male  
W/BNo/RefNo : AHC



Collected on : 20-SEP-2022 09:38:45 AM Received on : 20-SEP-2022 10:09:41 AM Reported on : 20-SEP-2022 03:07:42 PM

TRIGLYCERIDES - SERUM (Enzymatic Endpoint)	129	200 - 240 : Borderline High 240 - 280 : High > 280 : Very High Normal: <150 High: 150 - 199 Hypertriglyceridemic: 200 - 499	mg/dL
HDL CHOLESTEROL - SERUM / PLASMA (Direct Enzymatic Colorimetric)	36 *	Very High: >=500 < 40 : Major risk factor for heart disease 40 - 59 : The higher The better. >=60 : Considered protective against heart disease	mg/dL
LDL CHOLESTEROL - SERUM / PLASMA (Direct LDL)	106	< 100 : Optimal 100-129 : Near Optimal 130-159 : Borderline High 160-189 : High >=190 : Very High	mg/dL
VLDL CHOLESTEROL (Calculated)	26	< 40 mg/dl	
C/H RATIO (Calculated)	4.8 *	&lt; 4.5	

20/09/2022



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**UHID** : AHCC.0000124490 / AHCCAH1037  
**SIN \ LRN** : 3391276 \ 3391278 \ 3391283 \ 3391279 \ 1462216  
**Specimen** : Serum  
**Ref Doctor** : DR. BHAWANA DAGA

**Age** : 48Yr 6Mth 9Days  
**Gender** : Male  
**W/BNo/RefNo** : AHC



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(IFCC) <b>PROTEIN TOTAL - SERUM / PLASMA</b> (Biuret)	<b>7.28</b>	>2 Year: 6.0 - 8.0	g/dL
<b>ALBUMIN - SERUM</b> Globulin-Serum/Plasma	<b>4.22</b>	Adult(18 - 60 Yr): 3.5 - 5.2	g/dL
<b>A/G ratio</b>	<b>3.1</b>	2.2 - 4.2	g/dL
<b>TOTAL T3: TRI IODOTHYRONINE - SERUM</b> (Electrochemiluminescence:ECLIA)	<b>1.4</b>	1.00 - 2.00	ng/mL
<b>TOTAL T4: THYROXINE - SERUM</b> (Electrochemiluminescence:ECLIA)	<b>0.994</b>	0.8 - 2.0	ng/mL
<b>TSH: THYROID STIMULATING HORMONE - SERUM</b> (Electrochemiluminescence:ECLIA)	<b>5.07 *</b>	5.1 - 14.1	ug/dL
<b>URIC ACID - SERUM</b> (Uricase, colorimetric)	<b>5.17 *</b>	14-120 years : 0.27 - 4.20	μIU/mL
<b>PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM</b> (Electrochemiluminescence:ECLIA)	<b>6.9</b>	Male : 3.4-7.0 Female : 2.4-5.7 Healthy Men: <= 4.0	ng/mL
<b>BUN (BLOOD UREA NITROGEN)</b> (Histology)	<b>0.506</b>	Males: 40-49 yrs: 0 - 2.5 50-59 yrs: 0 - 3.5 60-69 yrs: 0 - 4.5 70-79 Yrs: 0 - 6.5 Adult : 6 - 20	mg/dL
<b>UREA - SERUM / PLASMA</b>	<b>9</b>	15 - 50	mg/dL
<b>LIPID PROFILE - SERUM</b>	<b>20</b>	0 - 200 : Desirable	mg/dl
<b>TOTAL CHOLESTEROL (CHOD POD)</b>	<b>174</b>		mg/dl



DEPARTMENT OF BIOCHEMISTRY AND IMMUNOLOGY



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SIN \ LRN : 3391276 \ 3391278 \ 3391283 \ 3391279 \ 1462216
Specimen : Serum
Ref Doctor : DR. BHAWANA DAGA

Age : 48Yr 6Mth 9Days Gender : Male
W/BNo/RefNo : AHC



Collected on : 20-SEP-2022 09:38:45 AM Received on : 20-SEP-2022 10:09:41 AM Reported on : 20-SEP-2022 03:07:42 PM

Table with 4 columns: Test Name, Result, Reference Range, and Unit. Rows include ALKALINE PHOSPHATASE - SERUM/PLASMA (84 U/L), AST (SGOT) - SERUM (22 U/L), BILIRUBIN (DIRECT/INDIRECT/TOTAL) - SERUM (0.331 mg/dL), Direct Bilirubin (0.118 mg/dL), Indirect Bilirubin (0.21 mg/dL), CREATININE - SERUM / PLASMA (1.03 mg/dL), and GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM (22 U/L).



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UHID : AHCC.0000124490 / AHCCA1037
SIN \ LRN : 3391276 \ 3391278 \ 3391283 \ 3391279 \
Specimen : Serum
Ref Doctor : DR. BHAWANA DAGA

Age : 48Yr 6Mth 9Days Gender : Male
W/BNo/RefNo : AHC



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MEDIWHEEL-FULL BODY CHK-ABOVE40-MALE

TEST NAME

RESULT

BIOLOGICAL REFERENCE INTERVALS

UNITS

GLUCOSE - SERUM / PLASMA (POST PRANDIAL) - PPBS
(Hexokinase)

134

70 - 140

mg/dL

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

103 \*

70 - 100 : Normal
100 - 125 : Impaired Glucose Tolerance

mg/dL

GLUCOSE - SERUM / PLASMA (FASTING)
(Hexokinase)

6.07 \*

>= 126 : Diabetes Mellitus
Normal < 5.7%

%

GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

(Immunoturbidimetric)

Increased risk for Diabetes 5.7 - 6.4%

Diabetes >= 6.5%

Monitoring criteria for Diabetes Mellitus

<7.0 : Well Controlled Diabetes

7.1 - 8.0 : Unsatisfactory Control

> 8.0 : Poor Control & Needs Immediate Treatment

Mean Blood Sugar

128

ALT(SGPT) - SERUM / PLASMA

25

Adult Male : < 45

U/L





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Age : 48Yr 6Mth 9Days Gender : Male

UHID : AHCC.0000124490 / AHCCA1037

W/BNo/RefNo : AHC

SIN ILRN : 3391281 \ 1462216

Specimen : Blood

Ref Doctor : DR. BHAWANA DAGA



Collected on : 20-SEP-2022 09:38:45 AM Received on : 20-SEP-2022 04:31:13 PM Reported on : 20-SEP-2022 05:14:19 PM

**MEDIWHEEL-FULL BODY CHK-ABOVE40-MALE**

TEST NAME	RESULT
BLOOD GROUPING AND TYPING (ABO and Rh)	
BLOOD GROUP:	A Positive
Report Status:Final	

\* END OF REPORT \*

CHECKED BY : 1130023  
717844

Printed On : 21-SEP-2022 09:20:49 AM

Dr. SANJAY GUPTA  
MBBS, DIHBT,  
CONSULTANT, BLOOD BANK



Name : Mr. BIRENDRA KUMAR GUPTA  
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by Joint Commission International

UHID : AHCC.0000124490 / AHCCA1037

Age : 48Yr 6Mth 9Days Gender : Male

SIN \LRN : 3391284 \ 1462216

W/BNo/RefNo : AHC

Specimen : Whole Blood ( EDTA )

Ref Doctor : DR. BHAWANA DAGA



Collected on : 20-SEP-2022 09:38:45 AM

Received on : 20-SEP-2022 10:09:06 AM

Reported on : 20-SEP-2022 03:14:06 PM

ERYTHROCYTE SEDIMENTATION  
RATE (ESR) (Automated/ optic-  
electronic) 11

0 - 15

mm/1st hr

Note

- 1) Serum Iron Profile.
  - 2) Serum Ferritin.
- Please correlate clinically

SUGGEST :

'20/09/2022

Report Status:Final

\* END OF REPORT \*

CHECKED BY : 1010782

717755

First Report Printed On : 20-SEP-2022 03:34:43 PM

Printed On : 20-SEP-2022 04:18:24 PM

Dr.SANJAY SAXENA  
MD,DCP, PGDHM, MBA  
SR. CONSULTANT HAEMATOLOGIST AND  
LAB DIRECTOR





Organization is Accredited by Joint Commission International

Name : **Mr. BIRENDRA KUMAR GUPTA**

UHID : AHCC.0000124490 / AHCCA1037

SIN \LRN : 3391284 \ 1462216

Specimen : Whole Blood ( EDTA )

Ref Doctor : DR. BHAWANA DAGA

Age : **48Yr 6Mth 9Days** Gender : **Male**

W/BNo/RefNo : **AHC**



Collected on : 20-SEP-2022 09:38:45 AM Received on : 20-SEP-2022 10:09:06 AM Reported on : 20-SEP-2022 03:14:06 PM

**MEDIWHEEL-FULL BODY CHK-ABOVE40-MALE**

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>COMPLETE BLOOD COUNT WITH ESR</b>			
Hemoglobin (Photometric Measurement)	11.5 *	13.0 - 17.0	gm%
Packed cell volume(Calculated)	35.6 *		
RBC COUNT (Impedance)	4.81	40 - 50	%
MCV (From RBC Histogram)	73.9 *	4.5 - 5.9	Million/ul
MCH(Calculated)	24 *	80 - 100	fl
MCHC(Calculated)	32.4	27 - 32	pg
RDW(Calculated)	16.4 *	31 - 36	%
WBC Count (Impedance)	5800	11.5 - 14.5	%
<b>Differential Count (VCS Technology and Microscopy)</b>			
Neutrophils	55	4000 - 11000	/cu mm
Lymphocytes	36	40 - 75	%
Monocytes	05	20 - 40	%
Eosinophils	04	2 - 10	%
Basophils	00	01 - 06	%
Platelet Count (Impedance)	211000	0 - 1	%
MPV (Calculated)	9.5	150000 - 450000	/cu mm
<b>PERIPHERAL SMEAR(Microscopy)</b>			
RBC:	Anemia noted.Presence of Microcytic ++ with Ovalocytic + seen.Anisopoikilocytosis + seen.		
WBC:	As mentioned.		
Platelets:	Few giant platelets noted.		
Parasite	No Parasites Seen		





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## Radiology

**Patient Details** : Mr. BIRENDRA KUMAR GUPTA | Male | 48Yr 6Mth 9Days  
**UHID** : AHCC.0000124490 **Patient Location:** AHC  
**Patient Identifier:** AHCCA1037   
**DRN** : 222047739 **Completed on :** 20-SEP-2022 09:17  
**Ref Doctor** : DR. BHAWANA DAGA

### USG WHOLE ABDOMEN

#### IMPRESSION

Liver appears normal in size and shows grade I-II fatty changes. No evidence of focal pathology seen. Intra and extra hepatic biliary radicles are not dilated. Portal vein is normal in calibre. Intrahepatic portal radicles appear normal.

Gall bladder appears normal with no evidence of calculus. Wall thickness appears normal. No evidence of pericholecystic collection.

Head, body and tail of pancreas appear normal in size and echotexture. No focal lesions identified. Pancreatic duct appears normal in caliber.

Spleen measures 9.9 cms and shows uniform echotexture.

Both kidneys are normal in size and show normal echopattern with good corticomedullary differentiation. Cortical outlines appear smooth. No evidence of calculi. Pelvicalyceal system on both sides appear normal. 3.1 x 3.0 x 3.4 cm sized simple para pelvic cyst is seen in left kidney.

No evidence of ascites or lymphadenopathy.

Urinary bladder is normal in contour and outline. Wall thickness appears normal. No evidence of any intraluminal pathology seen.

Prostate measures normal in size and echopattern.

#### IMPRESSION:

grade I-II fatty changes in liver.

Simple parapelvic cyst in left kidney.



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by Joint Commission International



Mr. BIRENDRA KUMAR GUPTA

AHCC.0000124490

AHCCA1037

**USG WHOLE ABDOMEN**

---- END OF THE REPORT ----

*Harsh Vyas*

Dr. HARSH S VYAS

DNB Resident



EYE CHECK UP

NAME *Mo Bimendau*

Date

*20 10/22*

VA

*6/6*  
*6/6*

*57/m*

BCVA(Distance & Near)

RE

*6/6*

LE

*6/6*

*Asym*

Colour Vision

*Normal*

Advice:

Checked By

Anterior Segment



Fundus

Advice:

Diagnosis

Checked By



# ELECTROCARDIOGRAM REPORT

AHCC.0000124490  
 MR. BIRENDRA KUMAR GUP  
 TA  
 Age: 48 Year(s) Year(s)/Male  
 20 Sep 2022 9:07:00 AM



Name: \_\_\_\_\_ Age/Sex: \_\_\_\_\_ Date: \_\_\_\_\_  
 Ref. By: \_\_\_\_\_ ECG No. \_\_\_\_\_ UHID/IP: \_\_\_\_\_

Referral Diagnosis:

Atria - Rate:

Rhythm:

Axis:

PR Interval:

P Wave:

Voltage:

Q Wave:

S-T Changes:

Final Impression: *NSR/WNL*

Reported By:

Ventricular Rate:

QRS:

QTc:

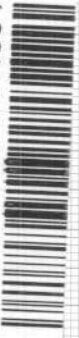
	V <sub>4R</sub>	V <sub>1</sub>	V <sub>2</sub>	V <sub>5</sub>	V <sub>6</sub>
R/S					



**\*Caution:** Please get the ECG photocopied for future reference.



AHCC.0000124490  
 MR. BIRENDRA KUMAR GUP  
 TA  
 Age: 48 Year(s) Year(s)/Male  
 20 Sep 2022 9:07:00 AM



Unconfirmed Report  
 Reviewed by:

1100 Sinus rhythm  
 9110 \*\* normal ECG \*\*

Sex: / Birth date: / mmHg  
 cm kg years

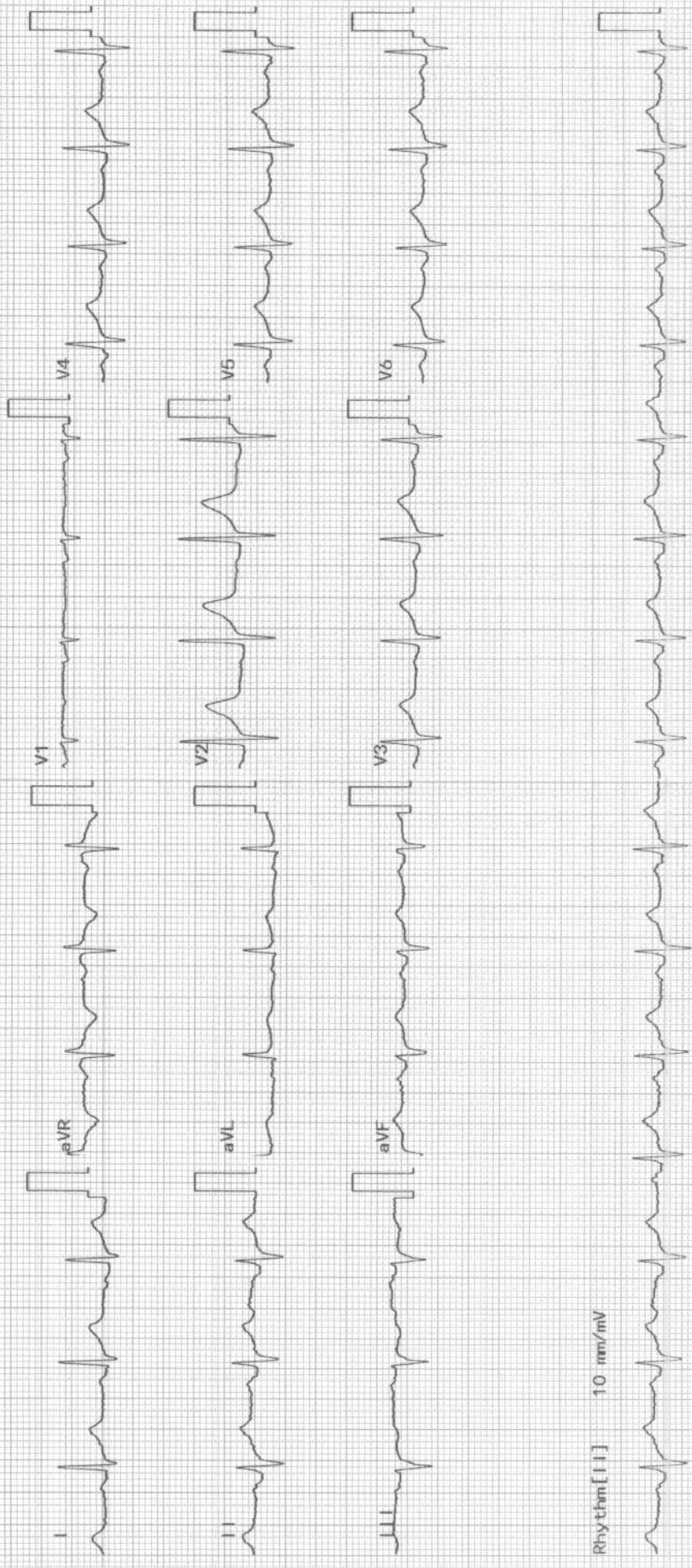
Medication:  
 Symptoms:  
 History:

Vent. rate	91	bpm
PR int	128	ms
QRS dur	84	ms
QT/QTc(E) int	348/ 397	ms
P/QRS/T axis	30/ -17/ 34	.
RV5/SV1 amp	0.82/ 0.27	mV
RV5+SV1 amp	1.10	mV

10 mm/mV 25 mm/s Filter: H50 D 35 Hz 10 mm/mV

10 mm/mV

10 mm/mV



# APOLLO HOSPITAL - CITY CENTER

OPP. DOCTOR HOUSE, ELLISBRIDGE, AHMEDABAD

Dr. MR BIRENDRAKUMAR GUPTA  
 Age/Sex : 48/M  
 Ref by : MEDIWHEEL  
 Indication1 : CVS EVALUATION  
 Indication2 : TECH. JAYESH N SHAH  
 Indication3 :

ID : 124490  
 Ht/Wt : 174/96  
 Recorded : 20-9-2022 11:12

TREADMILL TEST SUMMARY REPORT  
 Protocol: BRUCE PROCTOCAL  
 History: Routine Check Up.  
 Medication1 :  
 Medication2 :  
 Medication3 :

PHASE	PHASE TIME	STAGE TIME	SPEED (Km./Hr.)	GRADE (%)	H.R. (BPM)	B.P. (mmHg)	RPP X100	II	ST LEVEL (mm) V2	V5	METS
SUPINE					116	120/80	139	1.2	0.6	0.8	
STAGE 1	2:59	2:59	2.70	10.00	120	122/82	146	0.9	0.7	0.7	4.80
STAGE 2	5:59	2:59	5.40	14.00	138	128/84	176	0.6	0.4	0.4	7.10
STAGE 3	8:59	2:59	7.40	18.00	175	134/86	234	0.5	0.2	0.4	10.00
STAGE 4	9:14	0:14	9.70	22.00	179	148/88	264	0.5	-0.1	0.0	10.31
PEAK EXER	9:15	0:15			179	148/88	264	0.5	-0.1	0.0	10.34
RECOVERY	2:59	2:59	0.00	0.00	115	136/86	156	1.3	0.2	0.8	

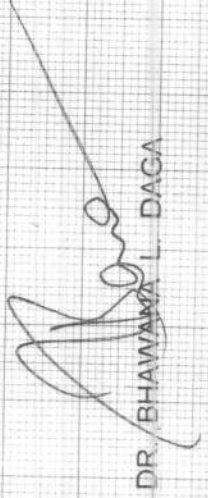
## RESULTS

Exercise Duration : 9:15 Minutes  
 Max Heart Rate : 179 bpm 104 % of target heart rate 172 bpm  
 Max Blood Pressure : 148/88 mmHg  
 Max Work Load : 10.34 METS

Reason of Termination :

## PRESSIONS

TEST IS NEGATIVE AT HIGH WORK LOAD.  
 NO ANGINA OR ARRHYTHMIA PROVOKED.  
 NORMAL HEAMODYNAMIC RESPONSE.  
 NO GALLOP OR MURMUR HEART AT PEAK EXERCISE.  
 TEST TERMINATED DUE TO MHR ACHIEVED.  
 TACHYCARDIA PRESENT.  
 GOOD EFFORT TOLERANCE.

  
 DR. BHAWANA L. DAGA