

Name : Mrs. PAYAL BAKSHI (29 /F)

Date : 25/02/2022

Address : 86, GOKULPUR,PO-KATAGANJ,PS-KALYANI, NADIAD(WB), NADIA, WEST BENGAL, INDIA

Examined by:

UHID : AMHL.0001921733

Package : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH142816



CHIEF COMPLAINTS

For corporate health checkup

No specific complaints

PRESENT KNOWN ILLNESS:-

H/O Hypothyroidism x 8 years - on medication.

No H/O HTN/DM/TB/Asthma/Heart Disease.



DRUG ALLERGY

NO KNOWN ALLERGY

:28/02/2022



SYSTEMIC REVIEW

Cardiovascular system

Nil significant.

Respiratory system

Nil significant.

Gastrointestinal system

APPETITE – Normal.

BOWEL HABITS - Regular.

Genitourinary system

FREQUENCY - Normal.

Gynaec history

P0+0 (MF-1 year), Cycle - Regular, Flow - Normal, H/O PCOD.

Central nervous system

MEMORY & CONCENTRATION - Normal.

SLEEP – Normal.

Eyes

VISION - Normal.

ENT

HEARING - Normal.

Skin

Nil significant.

Weight

Steady.



Present medications

Tab. Eltroxin (25mcg) - once daily.



Past medical history

Past medical history - nil significant



Surgical history

Surgical history - Nil



Personal history

Marital status - Married

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Sedentary



Family history

Father - alive

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Mother - alive
Diabetes - father
Hypertension - mother
Coronary artery disease - none
Cancer - None

Spine - No Significant finding.

Ophthalmology consultation

Ophthalmology findings - Distance vision with glass 6/6 (both eyes).

Near vision N6 (both eyes).

PHYSICAL EXAMINATION



General

Build - over weight
Height (in cms) - 154
Weight (in Kgs) - 70
BMI - 29.52
Pallor - no
Oedema - no



Cardiovascular system

Heart rate(Per minute) - 83
Rhythm - Normal
Systolic(mm of Hg) - 120
Diastolic(mm of Hg) - 90
Heart sounds - S1S2+



Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Appearance - Normal
Organomegaly - No
Tenderness - No
Bowel sounds - Present.



Central nervous system

No neurological deficit



Skin

No significant finding



Musculo Skeletal System

Extremities - No Significant finding.

Printed By : AVIJIT DAS

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	13.4	g/dl	●	12.0-15.0
RBC COUNT	4.49	Million/ul	●	3.8-4.8
Hematocrit - Hct:	38.3	%	●	36-46
MCV	85.2	fl	●	83-101
MCH	29.9	pg	●	27-32
MCHC	35.1 *	%	●	31.5-34.5
RDW	12.6	%	●	11.8-14.0
WBC Count	7200	/cu mm	●	4000-10000
Platelet Count	2.72	lacs/cu mm	●	1.5-4.0
Neutrophils	59	%	●	40-80
Lymphocytes	30	%	●	20-40
Monocytes	07	%	●	2-10
Eosinophils	04	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	19	mm/1st hr	●	0-20

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	50	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.015			
pH:	6.0			
Albumin:	Not Detected			
Glucose	+++			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Occasional/hpf			
Pus Cells	Occasional/hpf			

Epithelial Cells	1-3
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.
NOTE : -	Urine glucose rechecked and confirmed by Benedict's test

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	+++			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	37	U/L	●	10-40
ALBUMIN - SERUM	4.2	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	46	U/L	●	42-98
AST (SGOT) - SERUM	23	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.6	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	184	mg/dL	●	0-200

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.7	mg/dL	●	0.6-1.1

● Within Normal Range ● Borderline High/Low ● Out of Range

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LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	29	U/L	●	7-64

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	143 *	mg/dL	●	70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	196 *	mg/dL	●	70-140

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	7.0 *	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	32	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	132 *	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	20	mg/dL	●	0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.5	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.2	g/dL	●	1.8-3.6

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	7.3	µg/dL	●	5.1-14.1

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	110	mg/dL	●	0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	4.2	µIU/mL	●	0.270-4.200

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	3.5	mg/dL	●	2.6-6.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	9.6	mg/dL	●	7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.3:1.0			1.0-2.0

PAP SMEAR /CERVICAL SMEAR

Ref No: AG01.C2200808
 SPECIMEN TYPE: Conventional cervical smear (Pap) x 1
 SPECIMEN ADEQUACY: Satisfactory for evaluation without endocervical cells.
 INTERPRETATION/RESULT: Negative for intraepithelial lesion or malignancy,with no organism

ECG

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SINUS RHYTHM.
NON SPECIFIC ST-T CHANGES.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

- * Fatty changes in liver (Grade I).
- * Multiple peripherally arranged follicles in bilateral ovaries -? polycystic ovarian diseases.

Advised hormonal assay.

Dr. SHWETA KHANNA
CONSULTANT RADIOLOGIST
Reg – 72134 (WBMC)

X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

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INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE



Within Normal Range



Borderline High/Low



Out of Range

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Other Lifestyle Changes & Recommendations :-

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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