PID No.
 : MED1111149234
 Register On
 : 25/11/2023 8:45 AM

 SID No.
 : 522318270
 Collection On
 : 25/11/2023 11:25 AM

 Age / Sex
 : 35 Year(s) / Female
 Report On
 : 25/11/2023 3:50 PM

 Type
 : OP
 Printed On
 : 26/11/2023 12:12 PM

Ref. Dr : MediWheel

| Investigation | <u>Observed</u><br><u>Value</u> | <u>Unit</u> | <u>Biological</u><br><u>Reference Interval</u> |
|---------------|---------------------------------|-------------|--|
|               |                                 |             |  |

'B' 'Positive'

BLOOD GROUPING AND Rh

**TYPING** 

 $({\rm EDTA~Blood} Agglutination)$ 

INTERPRETATION: Note: Slide method is screening method. Kindly confirm with Tube method for transfusion.

## Complete Blood Count With - ESR

| 10.0  | g/dL  | 12.5 - 16.0  |
|-------|---|--|
| 31.0  | %   | 37 - 47  |
| 3.96  | mill/cu.mm                                    | 4.2 - 5.4  |
| 78.2  | fL  | 78 - 100   |
| 25.2  | pg  | 27 - 32  |
| 32.2  | g/dL  | 32 - 36  |
| 16.7  | %   | 11.5 - 16.0  |
| 45.71 | fL  | 39 - 46  |
| 6400  | cells/cu.m<br>m                               | 4000 - 11000   |
| 57.7  | %   | 40 - 75  |
| 27.5  | %   | 20 - 45  |
| 5.0   | %   | 01 - 06  |
|       | 3.96 78.2 25.2 32.2 16.7 45.71 6400 57.7 27.5 | 31.0 %  3.96 mill/cu.mm  78.2 fL  25.2 pg  32.2 g/dL  16.7 %  45.71 fL  6400 cells/cu.m m 57.7 %  27.5 % |





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The results pertain to sample tested.

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|---|--------------------------|----------------------|--|
| Monocytes<br>(Blood)                                  | 8.8                      | %                    | 01 - 10  |
| Basophils<br>(Blood)                                  | 1.0                      | %                    | 00 - 02  |
| INTERPRETATION: Tests done on Automated Fiv           | e Part cell counter. All | abnormal results are | reviewed and confirmed microscopically.                      |
| Absolute Neutrophil count (EDTA Blood)                | 3.69                     | 10^3 / µl            | 1.5 - 6.6  |
| Absolute Lymphocyte Count (EDTA Blood)                | 1.76                     | 10^3 / µl            | 1.5 - 3.5  |
| Absolute Eosinophil Count (AEC) (EDTA Blood)          | 0.32                     | 10^3 / μ1            | 0.04 - 0.44  |
| Absolute Monocyte Count (EDTA Blood)                  | 0.56                     | 10^3 / µl            | < 1.0  |
| Absolute Basophil count (EDTA Blood)                  | 0.06                     | 10^3 / μ1            | < 0.2  |
| Platelet Count<br>(EDTA Blood)                        | 378                      | $10^3 / \mu l$       | 150 - 450  |
| MPV<br>(Blood)  | 9.4                      | fL                   | 8.0 - 13.3   |
| PCT (Automated Blood cell Counter)                    | 0.36                     | %                    | 0.18 - 0.28  |
| ESR (Erythrocyte Sedimentation Rate) (Citrated Blood) | 13                       | mm/hr                | < 20   |
| BUN / Creatinine Ratio                                | 10.6                     |                      | 6.0 - 22.0   |
| Glucose Fasting (FBS)<br>(Plasma - F/GOD-PAP)         | 84.98                    | mg/dL                | Normal: < 100<br>Pre Diabetic: 100 - 125<br>Diabetic: >= 126 |

**INTERPRETATION:** Factors such as type, quantity and time of food intake, Physical activity, Psychological stress, and drugs can influence blood glucose level.





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| <u>Investigation</u>                              | <u>Observed</u><br><u>Value</u> | <u>Unit</u> | <u>Biological</u><br><u>Reference Interval</u> |
|---|---------------------------------|-------------|--|
| Glucose, Fasting (Urine)<br>(Urine - F/GOD - POD) | Negative                        |             | Negative                                       |
| Glucose Postprandial (PPBS)                       | 90.91                           | mg/dL       | 70 - 140                                       |

#### INTERPRETATION:

Factors such as type, quantity and time of food intake, Physical activity, Psychological stress, and drugs can influence blood glucose level. Fasting blood glucose level may be higher than Postprandial glucose, because of physiological surge in Postprandial Insulin secretion, Insulin resistance, Exercise or Stress, Dawn Phenomenon, Somogyi Phenomenon, Anti- diabetic medication during treatment for Diabetes.

| Blood Urea Nitrogen (BUN)   | 6.5  | mg/dL | 7.0 - 21  |
|-----------------------------|------|-------|-----------|
| (Serum/Urease UV / derived) |      |       |           |
| Creatinine                  | 0.61 | mg/dL | 0.6 - 1.1 |

(Serum/Modified Jaffe)

INTERPRETATION: Elevated Creatinine values are encountered in increased muscle mass, severe dehydration, Pre-eclampsia, increased ingestion of cooked meat, consuming Protein/ Creatine supplements, Diabetic Ketoacidosis, prolonged fasting, renal dysfunction and drugs such as cefoxitin ,cefazolin, ACE inhibitors ,angiotensin II receptor antagonists,N-acetylcyteine , chemotherapeutic agent such as flucytosine etc.

| Uric Acid (Serum/Enzymatic)  Liver Function Test                  | 4.35  | mg/dL | 2.6 - 6.0 |
|---|-------|-------|-----------|
| <u> </u>  |       |       |           |
| Bilirubin(Total) (Serum/DCA with ATCS)                            | 0.28  | mg/dL | 0.1 - 1.2 |
| Bilirubin(Direct) (Serum/Diazotized Sulfanilic Acid)              | 0.11  | mg/dL | 0.0 - 0.3 |
| Bilirubin(Indirect) (Serum/Derived)                               | 0.17  | mg/dL | 0.1 - 1.0 |
| SGOT/AST (Aspartate<br>Aminotransferase)<br>(Serum/Modified IFCC) | 8.64  | U/L   | 5 - 40    |
| SGPT/ALT (Alanine Aminotransferase) (Serum/Modified IFCC)         | 5.99  | U/L   | 5 - 41    |
| GGT(Gamma Glutamyl Transpeptidase)<br>(Serum/IFCC / Kinetic)      | 13.76 | U/L   | < 38      |





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| Investigation                                    | <u>Observed</u><br><u>Value</u> | <u>Unit</u> | <u>Biological</u><br><u>Reference Interval</u>                                  |
|--|---------------------------------|-------------|---|
| Alkaline Phosphatase (SAP) (Serum/Modified IFCC) | 54.6                            | U/L         | 42 - 98   |
| Total Protein (Serum/Biuret)                     | 7.32                            | gm/dl       | 6.0 - 8.0   |
| Albumin (Serum/Bromocresol green)                | 4.45                            | gm/dl       | 3.5 - 5.2   |
| Globulin<br>(Serum/Derived)                      | 2.87                            | gm/dL       | 2.3 - 3.6   |
| A: GRATIO (Serum/Derived)                        | 1.55                            |             | 1.1 - 2.2   |
| <u>Lipid Profile</u>                             |                                 |             |   |
| Cholesterol Total<br>(Serum/CHOD-PAP with ATCS)  | 146.28                          | mg/dL       | Optimal: < 200<br>Borderline: 200 - 239<br>High Risk: >= 240                    |
| Triglycerides (Serum/GPO-PAP with ATCS)          | 80.51                           | mg/dL       | Optimal: < 150<br>Borderline: 150 - 199<br>High: 200 - 499<br>Very High: >= 500 |

**INTERPRETATION:** The reference ranges are based on fasting condition. Triglyceride levels change drastically in response to food, increasing as much as 5 to 10 times the fasting levels, just a few hours after eating. Fasting triglyceride levels show considerable diurnal variation too. There is evidence recommending triglycerides estimation in non-fasting condition for evaluating the risk of heart disease and screening for metabolic syndrome, as non-fasting sample is more representative of the õusualö "circulating level of triglycerides during most part of the day.

 $\begin{array}{lll} \mbox{HDL Cholesterol} & \mbox{44.54} & \mbox{mg/dL} & \mbox{Optimal(Negative Risk Factor):} >= 60 \\ \mbox{(Serum/Immunoinhibition)} & \mbox{Borderline: } 50 - 59 \\ \end{array}$ 







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| Investigation                          | <u>Observed</u><br><u>Value</u> | <u>Unit</u> | <u>Biological</u><br><u>Reference Interval</u>   |
|--|---------------------------------|-------------|--|
| LDL Cholesterol (Serum/Calculated)     | 85.6                            | mg/dL       | Optimal: < 100<br>Above Optimal: 100 - 129<br>Borderline: 130 - 159<br>High: 160 - 189<br>Very High: >= 190      |
| VLDL Cholesterol (Serum/Calculated)    | 16.1                            | mg/dL       | < 30   |
| Non HDL Cholesterol (Serum/Calculated) | 101.7                           | mg/dL       | Optimal: < 130<br>Above Optimal: 130 - 159<br>Borderline High: 160 - 189<br>High: 190 - 219<br>Very High: >= 220 |

**INTERPRETATION:** 1. Non-HDL Cholesterol is now proven to be a better cardiovascular risk marker than LDL Cholesterol. 2. It is the sum of all potentially atherogenic proteins including LDL, IDL, VLDL and chylomicrons and it is the "new bad cholesterol" and is a co-primary target for cholesterol lowering therapy.

| Total Cholesterol/HDL Cholesterol<br>Ratio<br>(Serum/Calculated) | 3.3 | Optimal: < 3.3<br>Low Risk: 3.4 - 4.4<br>Average Risk: 4.5 - 7.1<br>Moderate Risk: 7.2 - 11.0<br>High Risk: > 11.0 |
|--|-----|--|
| Triglyceride/HDL Cholesterol Ratio (TG/HDL) (Serum/Calculated)   | 1.8 | Optimal: < 2.5 Mild to moderate risk: 2.5 - 5.0 High Risk: > 5.0   |
| LDL/HDL Cholesterol Ratio (Serum/Calculated)                     | 1.9 | Optimal: 0.5 - 3.0<br>Borderline: 3.1 - 6.0<br>High Risk: > 6.0  |

## Glycosylated Haemoglobin (HbA1c)





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|--------------------------------------|---------------------------------|-------------|---|
| HbA1C<br>(Whole Blood/ <i>HPLC</i> ) | 5.6                             | %           | Normal: 4.5 - 5.6<br>Prediabetes: 5.7 - 6.4<br>Diabetic: >= 6.5 |

INTERPRETATION: If Diabetes - Good control: 6.1 - 7.0 %, Fair control: 7.1 - 8.0 %, Poor control >= 8.1 %

Estimated Average Glucose 114.02 mg/dL

(Whole Blood)

#### **INTERPRETATION: Comments**

HbA1c provides an index of Average Blood Glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

Conditions that prolong RBC life span like Iron deficiency anemia, Vitamin B12 & Folate deficiency,

hypertriglyceridemia, hyperbilirubinemia, Drugs, Alcohol, Lead Poisoning, Asplenia can give falsely elevated HbAlC values.

Conditions that shorten RBC survival like acute or chronic blood loss, hemolytic anemia, Hemoglobinopathies, Splenomegaly, Vitamin E ingestion, Pregnancy, End stage Renal disease can cause falsely low HbA1c.

### THYROID PROFILE / TFT

T3 (Triiodothyronine) - Total 0.948 ng/ml 0.7 - 2.04

(Serum/ECLIA)

#### INTERPRETATION:

#### **Comment:**

Total T3 variation can be seen in other condition like pregnancy, drugs, nephrosis etc. In such cases, Free T3 is recommended as it is Metabolically active.

T4 (Tyroxine) - Total 9.47  $\mu$ g/dl 4.2 - 12.0

(Serum/ECLIA)

#### INTERPRETATION:

#### **Comment:**

Total T4 variation can be seen in other condition like pregnancy, drugs, nephrosis etc. In such cases, Free T4 is recommended as it is Metabolically active.

TSH (Thyroid Stimulating Hormone) 3.89 μIU/mL 0.35 - 5.50

(Serum/ECLIA)





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InvestigationObserved<br/>ValueUnit<br/>ValueBiological<br/>Reference Interval

### INTERPRETATION:

Reference range for cord blood - upto 20

1 st trimester: 0.1-2.5 2 nd trimester 0.2-3.0 3 rd trimester : 0.3-3.0

(Indian Thyroid Society Guidelines)

**Comment:** 

Colour

1.TSH reference range during pregnancy depends on Iodine intake, TPO status, Serum HCG concentration, race, Ethnicity and BMI.

Yellow

- 2.TSH Levels are subject to circadian variation, reaching peak levels between 2-4am and at a minimum between 6-10PM. The variation can be of the order of 50%, hence time of the day has influence on the measured serum TSH concentrations.
- 3. Values & amplt 0.03 µIU/mL need to be clinically correlated due to presence of rare TSH variant in some individuals.

## **URINE ROUTINE**

# PHYSICAL EXAMINATION (URINE COMPLETE)

| (Urine)   | TCHOW     | Tellow to Amber |
|---|-----------|-----------------|
| Appearance (Urine)                                    | Clear     | Clear           |
| Volume(CLU)<br>(Urine)                                | 20        |                 |
| <u>CHEMICAL EXAMINATION (URIN</u><br><u>COMPLETE)</u> | <u>'E</u> |                 |
| pH<br>(Urine)   | 5.5       | 4.5 - 8.0       |
| Specific Gravity (Urine)                              | 1.017     | 1.002 - 1.035   |
| Ketone<br>(Urine)                                     | Negative  | Negative        |
| Urobilinogen<br>(Urine)                               | Normal    | Normal          |





Yellow to Amber

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|---|---------------------------------|---------------------|--|
| Blood<br>(Urine)  | Negative                        |                     | Negative                                       |
| Nitrite (Urine)   | Negative                        |                     | Negative                                       |
| Bilirubin<br>(Urine)  | Negative                        |                     | Negative                                       |
| Protein<br>(Urine)  | Negative                        |                     | Negative                                       |
| Glucose<br>(Urine/GOD - POD)  | Negative                        |                     | Negative                                       |
| Leukocytes(CP) (Urine)  | Negative                        |                     |  |
| MICROSCOPIC EXAMINATION<br>(URINE COMPLETE)                                       |                                 |                     |  |
| Pus Cells<br>(Urine)  | 0-1                             | /hpf                | NIL  |
| Epithelial Cells (Urine)  | 1-3                             | /hpf                | NIL  |
| RBCs<br>(Urine)   | NIL                             | /HPF                | NIL  |
| Others<br>(Urine)   | NIL                             |                     |  |
| <b>INTERPRETATION:</b> Note: Done with Autreviewed and confirmed microscopically. | omated Urine Analyser & Auto    | omated urine sedime | ntation analyser. All abnormal reports are     |
| Casts<br>(Urine)  | NIL                             | /hpf                | NIL  |
| Crystals<br>(Urine)   | NIL                             | /hpf                | NIL  |





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-- End of Report --

The results pertain to sample tested.

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| Name            | MS.KUSHBU N K | ID         | MED111149234 |
|-----------------|---------------|------------|--------------|
| Age & Gender    | 35Y/FEMALE    | Visit Date | 25 Nov 2023  |
| Ref Doctor Name | MediWheel     | -          |              |

## ABDOMINO-PELVIC ULTRASONOGRAPHY

**LIVER** is normal in shape, size (13.1 cm) and has uniform echopattern. No evidence of focal lesion or intrahepatic biliary ductal dilatation. Hepatic and portal vein radicals are normal.

**GALL BLADDER** is partially distended and shows few polyps largest measuring 2.8 mm. CBD is of normal calibre.

**PANCREAS** has normal shape, size and uniform echopattern. No evidence of ductal dilatation or calcification.

**SPLEEN** show normal shape, size and echopattern.

## **KIDNEYS**

**Right kidney:** Normal in shape, size and echopattern. Cortico-medullary differentiation is well madeout. No evidence of calculus or hydronephrosis.

**Left kidney:** Normal in shape, size and echopattern. Cortico-medullary differentiation is well madeout. No evidence of calculus or hydronephrosis.

The kidney measures as follows:

|              | Bipolar length (cms)  | Parenchymal thickness (cms) |
|--------------|-----------------------|-----------------------------|
|              | Diporar length (chis) | Farenchymai unickness (cms) |
| Right Kidney | 10.6                  | 1.4                         |
| Left Kidney  | 10.9                  | 1.6                         |

**URINARY BLADDER** show normal shape and wall thickness. It has clear contents. No evidence of diverticula.

**UTERUS** shows arcuate morphology and is heterogeneous in echotexture, predominantly hyperechoic - Early adenomyosis.

Endometrial echo is of normal thickness - 5.3 mm.

Uterus measures LS: 7.1 cms AP: 3.2 cms TS: 6.5 cms.

**OVARIES** are normal in size, shape and echotexture

Right ovary measures 2.7 x 1.5 cm

Left ovary measures 2.6 x 1.7 cm and shows dominant follicle.

POD & adnexa are free.

No evidence of ascites.

# **IMPRESSION:**

- Gall bladder polyps.
- No other significant abnormality detected.

| Name            | MS.KUSHBU N K | ID         | MED111149234 |
|-----------------|---------------|------------|--------------|
| Age & Gender    | 35Y/FEMALE    | Visit Date | 25 Nov 2023  |
| Ref Doctor Name | MediWheel     | -          |              |

DR. HEMANANDINI V.N CONSULTANT RADIOLOGIST Hn/Mi

| Name            | MS.KUSHBU N K | ID         | MED111149234 |
|-----------------|---------------|------------|--------------|
| Age & Gender    | 35Y/FEMALE    | Visit Date | 25 Nov 2023  |
| Ref Doctor Name | MediWheel     |            |              |

## **2D ECHOCARDIOGRAPHIC STUDY**

# **M-mode measurement:**

**AORTA** 2.12 cms. LEFT ATRIUM 2.32 cms. **AVS** 1.47 cms. LEFT VENTRICLE (DIASTOLE) 3.74 cms. (SYSTOLE) 2.16 cms. **VENTRICULAR SEPTUM** (DIASTOLE) 0.66 cms. (SYSTOLE) 1.00 cms. POSTERIOR WALL (DIASTOLE) 1.16 cms. (SYSTOLE) 1.27 cms. **EDV** 69 ml. **ESV** ml. 15 % FRACTIONAL SHORTENING 42 **EJECTION FRACTION** % 60 **EPSS** cms. **RVID** 1.80 cms.

## **DOPPLER MEASUREMENTS:**

MITRAL VALVE: E - 0.8 m/s A - 0.4 m/s NO MR.

AORTIC VALVE: 1.1 m/s NO AR.

TRICUSPID VALVE: E - 0.4 m/s A - 0.2 m/s NO TR.

PULMONARY VALVE: 0.8 m/s NO PR.

| Name            | MS.KUSHBU N K | ID         | MED111149234 |
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| Age & Gender    | 35Y/FEMALE    | Visit Date | 25 Nov 2023  |
| Ref Doctor Name | MediWheel     | -          |              |

## **2D ECHOCARDIOGRAPHY FINDINGS:**

Left Ventricle : Normal size, Normal systolic function.

: No regional wall motion abnormalities.

Left Atrium : Normal.

Right Ventricle : Normal.

Right Atrium : Normal.

Mitral Valve : Normal. No mitral valve prolapsed.

Aortic Valve : Normal.Trileaflet.

Tricuspid Valve : Normal.

Pulmonary Valve : Normal.

IAS : Intact.

IVS : Intact.

Pericardium : No pericardial effusion.

# **IMPRESSION:**

- NORMAL SIZED CARDIAC CHAMBERS.
- NORMAL LV SYSTOLIC FUNCTION. EF: 60 %.
- NO REGIONAL WALL MOTION ABNORMALITIES.
- NORMAL VALVES.
- NO CLOTS / PERICARDIAL EFFUSION / VEGETATION.

DR. YASHODA RAVI CONSULTANT CARDIOLOGIST

| Name            | MS.KUSHBU N K | ID         | MED111149234 |
|-----------------|---------------|------------|--------------|
| Age & Gender    | 35Y/FEMALE    | Visit Date | 25 Nov 2023  |
| Ref Doctor Name | MediWheel     | -          |              |

| Name         | Ms. KUSHBU N K | Customer ID | MED111149234       |
|--------------|----------------|-------------|--------------------|
| Age & Gender | 35Y/F          | Visit Date  | Nov 25 2023 8:45AM |
| Ref Doctor   | MediWheel      |             |                    |

# X - RAY CHEST PA VIEW

Bilateral lung fields appear normal.

Cardiac size is within normal limits.

Bilateral hilar regions appear normal.

Bilateral domes of diaphragm and costophrenic angles are normal.

Visualised bones and soft tissues appear normal.

<u>Impression:</u> No significant abnormality detected.

DR KARTHIK VIJAY DATTANI. MD., PDCC CONSULTANT RADIOLOGIST



| Patient<br>Name | Kushbu | Date            | 25/11/2023 |
|-----------------|--------|-----------------|------------|
| Age             | 35422  | Visit<br>Number | 52231827   |
| Sex             | Female | Corporate       | Medi wheel |

# GENERAL PHYSICAL EXAMINATION

Identification Mark:

Height: 159 am

cms

kgs

Weight: 51 cg
Pulse: 73 mm

/minute

Blood Pressure: 110) to way

mm of Hg

BM : 21.12

**BM** INTERPRETATION

Underweight = <18.5

Normal weight = 18.5-24.9

Overweight = 25-29.9

Chest:

Expiration: 85 Cm

cms

Inspiration: 86 Co-

cms

Abdomen Measurement : 84 km

Ears:

NAD

Throat: NAD

Neck nodes : NAD

cvs: S, S, S

No abnormality is detected. His /'Her general physical examination is within normal limits.

NOTE: MEDICAL FIT FOR EMPLOYMENT YES / NO

RITESH RAJ, MBBS General Physician & Diabetologies

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