

PHYSICAL EXAMINATION REPORT

Patient Name	Mival Warade	Sex/Age	F/36
Date	7/4/23	Location	Thane

History and Complaints

(Lower)
C/O - Leg Pain

EXAMINATION FINDINGS:

Height (cms):	155	Temp (0c):	⊙
Weight (kg):	74.2	Skin:	NAD.
Blood Pressure	120/80	Nails:	
Pulse	72/min	Lymph Node:	

Systems :

Cardiovascular:

Respiratory:

Genitourinary:

GI System:

CNS:

Impression:

- ↑ ESR (36.) USG - R7. Renal simple cyst.
 - ↓ HDL.
 - ECG - Non-specific ST/T wave changes.
 Urine - Pus cells (20-25/hpf), Bactera (+)

Advice:

Regular Exercise
 - Drink plenty of liquids.
 - Wt. Reduction
 - Treatment of Urine infection.

1)	Hypertension:	
2)	IHD	
3)	Arrhythmia	
4)	Diabetes Mellitus	
5)	Tuberculosis	
6)	Asthama	
7)	Pulmonary Disease	
8)	Thyroid/ Endocrine disorders	
9)	Nervous disorders	
10)	GI system	
11)	Genital urinary disorder	
12)	Rheumatic joint diseases or symptoms	
13)	Blood disease or disorder	
14)	Cancer/lump growth/cyst	
15)	Congenital disease	
16)	Surgeries	
17)	Musculoskeletal System	

Nil

Nil

Lower lg Paun

PERSONAL HISTORY:

1)	Alcohol	No
2)	Smoking	No
3)	Diet	Veg
4)	Medication	No

(Handwritten signature)

Dr. Manasee Kulkarni
 M.B.B.S
 2005/09/3439

Date:- 1/4/23
Name:- *Minal Wade*

CID:
Sex / Age: F 36

EYE CHECK UP

Chief complaints: *RCV*

Systemic Diseases: *Nil*

Past history: *Nil*

Unaided Vision: *BC 6/6 NRB 2 M'6*

Aided Vision:

Refraction:

	(Right Eye)				(Left Eye)			
	Sph	Cyl	Axis	Vn	Sph	Cyl	Axis	Vn
Distance								
Near								

Colour Vision: Normal / Abnormal

Remark: *Good Vision*

MR. PRAKASH KUDVA
Prakash
SR. OPTOMETRIST



CID : 2309718253
Name : MRS. MINAL RAJESH WARADE
Age / Gender : 36 Years / Female
Consulting Dr. : -
Reg. Location : G B Road, Thane West (Main Centre)

Collected : 07-Apr-2023 / 10:58
Reported : 07-Apr-2023 / 14:08

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE

PARAMETER	RESULTS	CBC (Complete Blood Count), Blood BIOLOGICAL REF RANGE	METHOD
RBC PARAMETERS			
Haemoglobin	13.2	12.0-15.0 g/dL	Spectrophotometric
RBC	4.58	3.8-4.8 mil/cmm	Elect. Impedance
PCV	38.9	36-46 %	Measured
MCV	84.9	80-100 fl	Calculated
MCH	28.9	27-32 pg	Calculated
MCHC	34.0	31.5-34.5 g/dL	Calculated
RDW	14.3	11.6-14.0 %	Calculated
WBC PARAMETERS			
WBC Total Count	7290	4000-10000 /cmm	Elect. Impedance
WBC DIFFERENTIAL AND ABSOLUTE COUNTS			
Lymphocytes	30.1	20-40 %	Calculated
Absolute Lymphocytes	2194.3	1000-3000 /cmm	Calculated
Monocytes	6.0	2-10 %	Calculated
Absolute Monocytes	437.4	200-1000 /cmm	Calculated
Neutrophils	62.9	40-80 %	Calculated
Absolute Neutrophils	4585.4	2000-7000 /cmm	Calculated
Eosinophils	0.7	1-6 %	Calculated
Absolute Eosinophils	51.0	20-500 /cmm	Calculated
Basophils	0.3	0.1-2 %	Calculated
Absolute Basophils	21.9	20-100 /cmm	Calculated
Immature Leukocytes	-		
WBC Differential Count by Absorbance & Impedance method/Microscopy.			
PLATELET PARAMETERS			
Platelet Count	158000	150000-400000 /cmm	Elect. Impedance
MPV	10.7	6-11 fl	Calculated
PDW	16.9	11-18 %	Calculated
RBC MORPHOLOGY			



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Reported : 07-Apr-2023 / 12:54

Hypochromia -
Microcytosis -
Macrocytosis -
Anisocytosis -
Poikilocytosis -
Polychromasia -
Target Cells -
Basophilic Stippling -
Normoblasts -
Others Normocytic, Normochromic
WBC MORPHOLOGY -
PLATELET MORPHOLOGY -
COMMENT -

Specimen: EDTA Whole Blood

ESR, EDTA WB-ESR 36 2-20 mm at 1 hr. Sedimentation

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD G B Road Lab, Thane West
*** End Of Report ***



J. Mujawar
Dr. IMRAN MUJAWAR
M.D (Path)
Pathologist

Authenticity Check



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AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
GLUCOSE (SUGAR) FASTING, Fluoride Plasma	81.7	Non-Diabetic: < 100 mg/dl Impaired Fasting Glucose: 100-125 mg/dl Diabetic: >= 126 mg/dl	Hexokinase
GLUCOSE (SUGAR) PP, Fluoride Plasma PP/R	77.0	Non-Diabetic: < 140 mg/dl Impaired Glucose Tolerance: 140-199 mg/dl Diabetic: >= 200 mg/dl	Hexokinase
BILIRUBIN (TOTAL), Serum	0.65	0.1-1.2 mg/dl	Diazo
BILIRUBIN (DIRECT), Serum	0.24	0-0.3 mg/dl	Diazo
BILIRUBIN (INDIRECT), Serum	0.41	0.1-1.0 mg/dl	Calculated
TOTAL PROTEINS, Serum	7.2	6.4-8.3 g/dL	Biuret
ALBUMIN, Serum	4.5	3.5-5.2 g/dL	BCG
GLOBULIN, Serum	2.7	2.3-3.5 g/dL	Calculated
A/G RATIO, Serum	1.7	1 - 2	Calculated
SGOT (AST), Serum	14.5	5-32 U/L	IFCC without pyridoxal phosphate activation
SGPT (ALT), Serum	13.0	5-33 U/L	IFCC without pyridoxal phosphate activation
GAMMA GT, Serum	20.3	3-40 U/L	IFCC
ALKALINE PHOSPHATASE, Serum	76.1	35-105 U/L	PNPP
BLOOD UREA, Serum	9.9	12.8-42.8 mg/dl	Urease & GLDH
BUN, Serum	4.6	6-20 mg/dl	Calculated

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Collected : 07-Apr-2023 / 10:58
Reported : 07-Apr-2023 / 18:07

CREATININE, Serum	0.54	0.51-0.95 mg/dl	Enzymatic
eGFR, Serum	136	>60 ml/min/1.73sqm	Calculated
Note: eGFR estimation is calculated using MDRD (Modification of diet in renal disease study group) equation			
URIC ACID, Serum	4.6	2.4-5.7 mg/dl	Uricase
Urine Sugar (Fasting)	Absent	Absent	
Urine Ketones (Fasting)	Absent	Absent	
Urine Sugar (PP)	Absent	Absent	
Urine Ketones (PP)	Absent	Absent	

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD G B Road Lab, Thane West
*** End Of Report ***



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Reported : 07-Apr-2023 / 13:08

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE
GLYCOSYLATED HEMOGLOBIN (HbA1c)

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
Glycosylated Hemoglobin (HbA1c), EDTA WB - CC	4.8	Non-Diabetic Level: < 5.7 % Prediabetic Level: 5.7-6.4 % Diabetic Level: >/= 6.5 %	HPLC
Estimated Average Glucose (eAG), EDTA WB - CC	91.1	mg/dl	Calculated

Intended use:

- In patients who are meeting treatment goals, HbA1c test should be performed at least 2 times a year
- In patients whose therapy has changed or who are not meeting glycemic goals, it should be performed quarterly
- For microvascular disease prevention, the HbA1c goal for non pregnant adults in general is Less than 7%.

Clinical Significance:

- HbA1c, Glycosylated hemoglobin or glycated hemoglobin, is hemoglobin with glucose molecule attached to it.
- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of glycosylated hemoglobin in the blood.

Test Interpretation:

- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of Glycosylated hemoglobin in the blood.
- HbA1c test may be used to screen for and diagnose diabetes or risk of developing diabetes.
- To monitor compliance and long term blood glucose level control in patients with diabetes.
- Index of diabetic control, predicting development and progression of diabetic micro vascular complications.

Factors affecting HbA1c results:

Increased in: High fetal hemoglobin, Chronic renal failure, Iron deficiency anemia, Splenectomy, Increased serum triglycerides, Alcohol ingestion, Lead/opiate poisoning and Salicylate treatment.

Decreased in: Shortened RBC lifespan (Hemolytic anemia, blood loss), following transfusions, pregnancy, ingestion of large amount of Vitamin E or Vitamin C and Hemoglobinopathies

Reflex tests: Blood glucose levels, CGM (Continuous Glucose monitoring)

References: ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition.

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*** End Of Report ***



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Collected : 07-Apr-2023 / 10:58
Reported : 07-Apr-2023 / 13:28

**AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE
BLOOD GROUPING & Rh TYPING**

PARAMETER	RESULTS
ABO GROUP	O
Rh TYPING	Positive

NOTE: Test performed by Semi- automated column agglutination technology (CAT)

Note : This Sample has also been tested for Bombay group/Bombay phenotype /Oh using anti H lectin

Specimen: EDTA Whole Blood and/or serum

Clinical significance:
ABO system is most important of all blood group in transfusion medicine

Limitations:

- ABO blood group of new born is performed only by cell (forward) grouping because allo antibodies in cord blood are of maternal origin.
- Since A & B antigens are not fully developed at birth, both Anti-A & Anti-B antibodies appear after the first 4 to 6 months of life. As a result, weaker reactions may occur with red cells of newborns than of adults.
- Confirmation of newborn's blood group is indicated when A & B antigen expression and the isoagglutinins are fully developed at 2 to 4 years of age & remains constant throughout life.
- Cord blood is contaminated with Wharton's jelly that causes red cell aggregation leading to false positive result
- The Hh blood group also known as Oh or Bombay blood group is rare blood group type. The term Bombay is used to refer the phenotype that lacks normal expression of ABH antigens because of inheritance of hh genotype.

References:

1. Denise M Harmening, Modern Blood Banking and Transfusion Practices- 6th Edition 2012. F.A. Davis company. Philadelphia
2. AABB technical manual

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*** End Of Report ***



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Reported : 07-Apr-2023 / 13:36

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE
LIPID PROFILE

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
CHOLESTEROL, Serum	135.2	Desirable: <200 mg/dl Borderline High: 200-239mg/dl High: >=240 mg/dl	CHOD-POD
TRIGLYCERIDES, Serum	111.4	Normal: <150 mg/dl Borderline-high: 150 - 199 mg/dl High: 200 - 499 mg/dl Very high: >=500 mg/dl	GPO-POD
HDL CHOLESTEROL, Serum	36.6	Desirable: >60 mg/dl Borderline: 40 - 60 mg/dl Low (High risk): <40 mg/dl	Homogeneous enzymatic colorimetric assay
NON HDL CHOLESTEROL, Serum	98.6	Desirable: <130 mg/dl Borderline-high: 130 - 159 mg/dl High: 160 - 189 mg/dl Very high: >=190 mg/dl	Calculated
LDL CHOLESTEROL, Serum	77.0	Optimal: <100 mg/dl Near Optimal: 100 - 129 mg/dl Borderline High: 130 - 159 mg/dl High: 160 - 189 mg/dl Very High: >= 190 mg/dl	Calculated
VLDL CHOLESTEROL, Serum	21.6	< /= 30 mg/dl	Calculated
CHOL / HDL CHOL RATIO, Serum	3.7	0-4.5 Ratio	Calculated
LDL CHOL / HDL CHOL RATIO, Serum	2.1	0-3.5 Ratio	Calculated

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD G B Road Lab, Thane West
*** End Of Report ***



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AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE
THYROID FUNCTION TESTS

<u>PARAMETER</u>	<u>RESULTS</u>	<u>BIOLOGICAL REF RANGE</u>	<u>METHOD</u>
Free T3, Serum	4.8	3.5-6.5 pmol/L	ECLIA
Free T4, Serum	13.4	11.5-22.7 pmol/L First Trimester:9.0-24.7 Second Trimester:6.4-20.59 Third Trimester:6.4-20.59	ECLIA
sensitiveTSH, Serum	1.35	0.35-5.5 microIU/ml First Trimester:0.1-2.5 Second Trimester:0.2-3.0 Third Trimester:0.3-3.0	ECLIA

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Consulting Dr. : -
Reg. Location : G B Road, Thane West (Main Centre)

Collected : 07-Apr-2023 / 10:58
Reported : 07-Apr-2023 / 12:56

Interpretation:
A thyroid panel is used to evaluate thyroid function and/or help diagnose various thyroid disorders.

Clinical Significance:

- 1) TSH Values between high abnormal upto 15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors can give falsely high TSH.
- 2) TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart severe burns, trauma and surgery etc.

TSH	FT4 / T4	FT3 / T3	Interpretation
High	Normal	Normal	Subclinical hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of non-thyroidal illness, TSH Resistance.
High	Low	Low	Hypothyroidism, Autoimmune thyroiditis, post radio iodine Rx, post thyroidectomy, Anti thyroid drugs, tyrosine kinase inhibitors & amiodarone, amyloid deposits in thyroid, thyroid tumors & congenital hypothyroidism.
Low	High	High	Hyperthyroidism, Graves disease, toxic multinodular goiter, toxic adenoma, excess iodine or thyroxine intake, pregnancy related (hyperemesis gravidarum, hydatiform mole)
Low	Normal	Normal	Subclinical Hyperthyroidism, recent Rx for Hyperthyroidism, drugs like steroids & dopamine, Non thyroidal illness.
Low	Low	Low	Central Hypothyroidism, Non Thyroidal Illness, Recent Rx for Hyperthyroidism.
High	High	High	Interfering anti TPO antibodies, Drug interference: Amiodarone, Heparin, Beta Blockers, steroids & anti epileptics.

Diurnal Variation: TSH follows a diurnal rhythm and is at maximum between 2 am and 4 am, and is at a minimum between 6 pm and 10 pm. The variation is on the order of 50 to 206%. Biological variation: 19.7% (with in subject variation)

Reflex Tests: Anti thyroid Antibodies, USG Thyroid, TSH receptor Antibody, Thyroglobulin, Calcitonin

Limitations:

1. Samples should not be taken from patients receiving therapy with high biotin doses (i.e. >5 mg/day) until atleast 8 hours following the last biotin administration.
2. Patient samples may contain heterophilic antibodies that could react in immunoassays to give falsely elevated or depressed results. this assay is designed to minimize interference from heterophilic antibodies.

Reference:

1. O. Koulouri et al. / Best Practice and Research clinical Endocrinology and Metabolism 27(2013)
 2. Interpretation of the thyroid function tests, Dayan et al. THE LANCET. Vol 357
 3. Tietz, Text Book of Clinical Chemistry and Molecular Biology - 5th Edition
 4. Biological Variation: From principles to Practice - Callum G Fraser (AACC-Press)
- *Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD G B Road Lab, Thane West
*** End Of Report ***



J. Mujawar

Dr. IMRAN MUJAWAR
M.D (Path)
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Collected : 07-Apr-2023 / 10:58
Reported : 07-Apr-2023 / 19:13

CID : 2309718253
Name : MRS.MINAL RAJESH WARADE
Age / Gender : 36 Years / Female
Consulting Dr. : -
Reg. Location : G B Road, Thane West (Main Centre)

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AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE
URINE EXAMINATION REPORT

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
PHYSICAL EXAMINATION			
Color	Pale yellow	Pale Yellow	-
Reaction (pH)	Acidic (6.0)	4.5 - 8.0	Chemical Indicator
Specific Gravity	1.015	1.010-1.030	Chemical Indicator
Transparency	Slight hazy	Clear	-
Volume (ml)	40	-	-
CHEMICAL EXAMINATION			
Proteins	Absent	Absent	pH Indicator
Glucose	Absent	Absent	GOD-POD
Ketones	Absent	Absent	Legals Test
Blood	Absent	Absent	Peroxidase
Bilirubin	Absent	Absent	Diazonium Salt
Urobilinogen	Normal	Normal	Diazonium Salt
Nitrite	Absent	Absent	Griess Test
MICROSCOPIC EXAMINATION			
Leukocytes(Pus cells)/hpf	20-25	0-5/hpf	
Red Blood Cells / hpf	Absent	0-2/hpf	
Epithelial Cells / hpf	6-8		
Casts	Absent	Absent	
Crystals	Absent	Absent	
Amorphous debris	Absent	Absent	
Bacteria / hpf	+(>20/hpf)	Less than 20/hpf	
Others	-		

Interpretation: The concentration values of Chemical analytes corresponding to the grading given in the report are as follows:

- Protein:(1+ -25 mg/dl, 2+ -75 mg/dl, 3+ - 150 mg/dl, 4+ - 500 mg/dl)
- Glucose:(1+ - 50 mg/dl, 2+ -100 mg/dl, 3+ -300 mg/dl,4+ -1000 mg/dl)
- Ketone:(1+ -5 mg/dl, 2+ -15 mg/dl, 3+ - 50 mg/dl, 4+ - 150 mg/dl)

Reference: Pack insert

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD G B Road Lab, Thane West



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Collected :
Reported :

*** End Of Report ***

CID : 2309718253
Name : Mrs MINAL RAJESH WARADE
Age / Sex : 36 Years/Female
Ref. Dr :
Reg. Location : G B Road, Thane West Main Centre
Reg. Date : 07-Apr-2023
Reported : 07-Apr-2023 / 13:30

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USG ABDOMEN AND PELVIS

LIVER: Liver appears normal in size and echotexture. There is no intra-hepatic biliary radical dilatation. No evidence of any focal lesion.

GALL BLADDER: Gall bladder is distended and appears normal. Wall thickness is within normal limits. There is no evidence of any calculus.

PORTAL VEIN: Portal vein is normal. **CBD:** CBD is normal.

PANCREAS: Pancreas appears normal in echotexture. There is no evidence of any focal lesion or calcification. Pancreatic duct is not dilated.

KIDNEYS: Right kidney measures 9.7 x 4.5 cm. **Simple cyst is noted in upper pole of right kidney, measuring 15 mm.** Left kidney measures 10.8 x 4.4 cm. Both kidneys are normal in size, shape and echotexture. Corticomedullary differentiation is maintained. There is no evidence of any hydronephrosis, hydroureter or calculus.

SPLEEN: Spleen is normal in size, shape and echotexture. No focal lesion is seen.

URINARY BLADDER: Urinary bladder is distended and normal. Wall thickness is within normal limits.

UTERUS: Uterus is anteverted and measures 6.0 x 2.9 x 4.8 cm. Uterine myometrium shows homogenous echotexture. Endometrial echo is in midline and measures 6.5 mm. Cervix appears normal.

OVARIES : Both ovaries are normal. Bilateral adnexa are clear.

No free fluid or significant lymphadenopathy is seen.

Click here to view images <<ImageLink>>

022-6170-0000

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Reported : 07-Apr-2023 / 13:30

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IMPRESSION:

RIGHT RENAL SIMPLE CYST.

Advice: Clinical co-relation.

Note: Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. USG is known to have inter-observer variations. Further/follow-up imaging may be needed in some cases for confirmation / exclusion of diagnosis.

-----End of Report-----



Dr Gauri Varma
Consultant Radiologist
MBBS / DMRE
MMC- 2007/12/4113

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Age / Sex : 36 Years/Female
Ref. Dr :
Reg. Location : G B Road, Thane West Main Centre
Reg. Date : 07-Apr-2023
Reported : 07-Apr-2023 / 13:52

X-RAY CHEST PA VIEW

Both lung fields are clear.
Both costo-phrenic angles are clear.
The cardiac size and shape are within normal limits.
The domes of diaphragm are normal in position and outlines.
The skeleton under review appears normal.

IMPRESSION:
NO SIGNIFICANT ABNORMALITY IS DETECTED.

-----End of Report-----

Dr Gauri Varma
Consultant Radiologist
MBBS / DMRE
MMC- 2007/12/4113

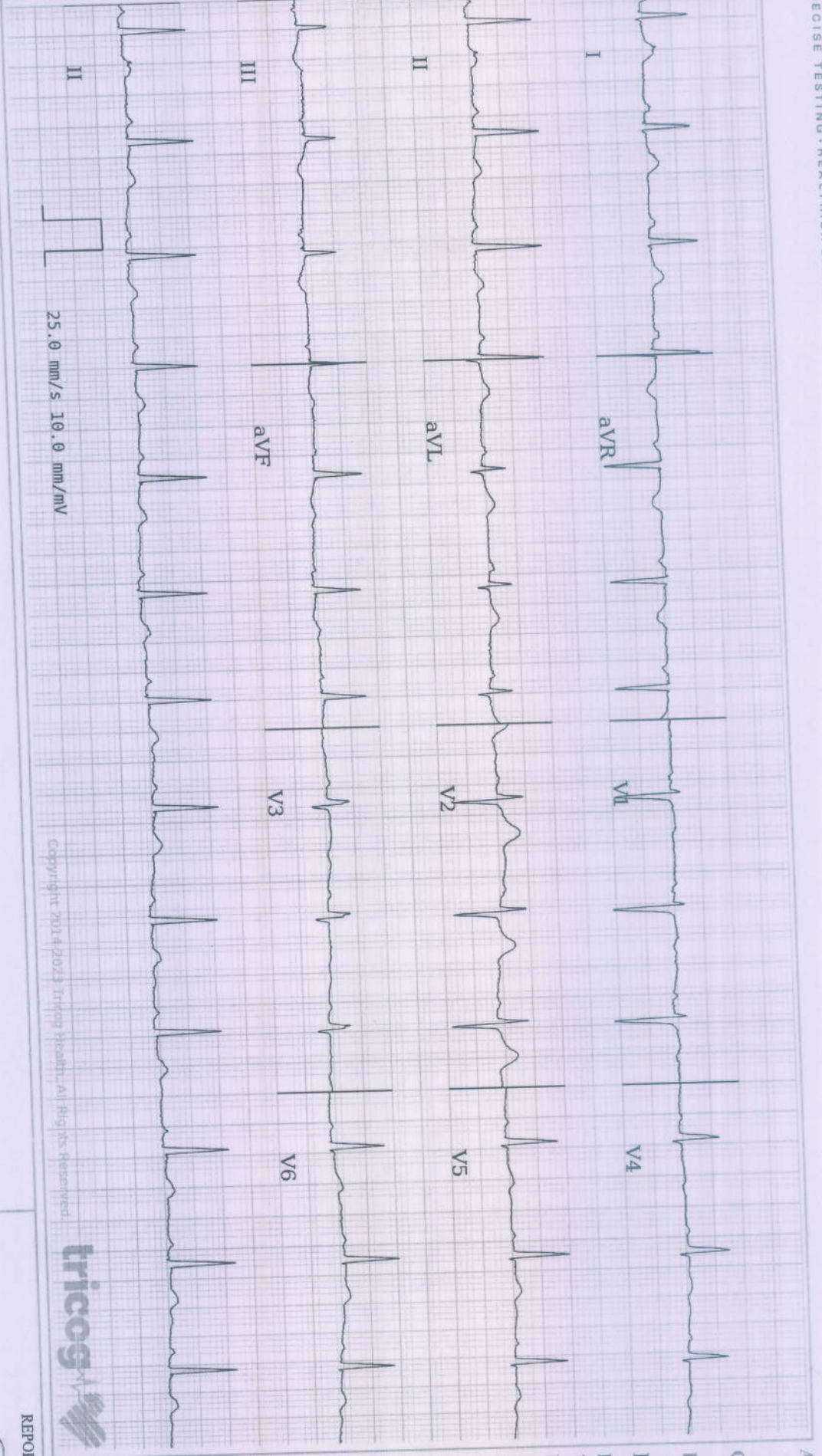
Click here to view images <http://3.111.232.119/iRISViewer/NeoradViewer?AccessionNo=2023040710520765>

Page no 1 of 1

Patient Name: **MINAL RAJESH WARADE**

Date and Time: **7th Apr 23 12:45 PM**

Patient ID: **2309718253**



25.0 mm/s 10.0 mm/mV

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Age **36** 7 **10**
years months days

Gender **Female**

Heart Rate **81bpm**

Patient Vitals

BP: 120/80 mmHg
Weight: 74 kg
Height: 155 cm
Pulse: NA
Spo2: NA
Resp: NA
Others:

Measurements

QRSD: 74ms
QT: 364ms
QTcB: 422ms
PR: 144ms
P-R-T: 14° 53° 10°

REPORTED BY

DR SHAIJAJA PILLAI
MBBS, MD Physician
MD Physician
49972

Sinus Rhythm, Non-specific ST/T Wave Changes. Please correlate clinically.

Disclaimer: 1) Analysis in this report is based on ECG alone and should be used as an adjunct to clinical history, symptoms, and results of other invasive and non-invasive tests and must be interpreted by a qualified physician. 2) Patient vitals are as entered by the clinician and not derived from the ECG.

Email:

861 (2309718253) / MINAL WARADE / 36 Yrs / F / 155 Cms / 74 Kg
 Date: 07 / 04 / 2023 01:36:09 PM

Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:54	0:54	00.0	00.0	01.0	105	57%	120/80	125	00	
Standing	01:04	0:10	00.0	00.0	01.0	086	47%	120/80	103	00	
HV	01:14	0:10	00.0	00.0	01.0	100	54%	120/80	120	00	
ExStart	01:24	0:10	00.0	00.0	01.0	090	49%	120/80	108	00	
BRUCE Stage 1	04:24	3:00	01.7	10.0	04.7	140	76%	130/80	182	00	
PeakEX	05:55	1:31	02.5	12.0	05.9	156	85%	150/80	233	00	
Recovery	06:55	1:00	00.0	00.0	01.0	119	65%	150/80	178	00	
Recovery	07:55	2:00	00.0	00.0	01.0	106	58%	130/80	137	00	
Recovery	09:55	4:00	00.0	00.0	01.0	099	54%	120/80	118	00	
Recovery	10:12				00.0	000	0%	---/---	000	00	

FINDINGS :

Exercise Time : 04:31
 Initial HR (ExStrt) : 90 bpm 49% of Target 184
 Initial BP (ExStrt) : 120/80 (mm/Hg)
 Max Workload Attained : 5.9 Fair response to induced stress
 Max ST Dep Lead & Avg ST Value : II & -2.6 mm in Stage 1
 Test End Reasons : , Heart Rate Achieved, Fatigue,

Max HR Attained 156 bpm 85% of Target 184
 Max BP Attained 150/80 (mm/Hg)

Dr. SHAILAJA PILLAI
 M.D. (GEN.MED)
 R.NO. 49972

Doctor : DR SHAILAJA PILLAI



EM^{Male} / MINIAL VARADE / 36 Yrs / F / 155 Cms / 74 Kg Date: 07 / 04 / 2023 01:36:09 PM

REPORT :

PROCEDURE DONE: Graded exercise treadmill stress test.

STRESS ECG RESULTS: The initial HR was recorded as 86.0 bpm, and the maximum predicted Target Heart Rate 184.0. The BP increased at the time of generating report as 150.0/80.0 mmHg. The Max Dep went upto 0.2. 0.0 Ectopic Beats were observed during the Test. The Test was completed because of, Heart Rate Achieved, Fatigue..

CONCLUSIONS:

1. TMT is negative for exercise induced ischemia.
2. Normal chronotropic and Normal inotropic response.
3. No significant ST T changes seen.

Dr. SHAILAJA PILLAI

M.D. (GEN. MED)

P. NO. 48972

Doctor : DR SHAILAJA PILLAI

SUBURBAN DIAGNOSTICS (THANE GB ROAD)

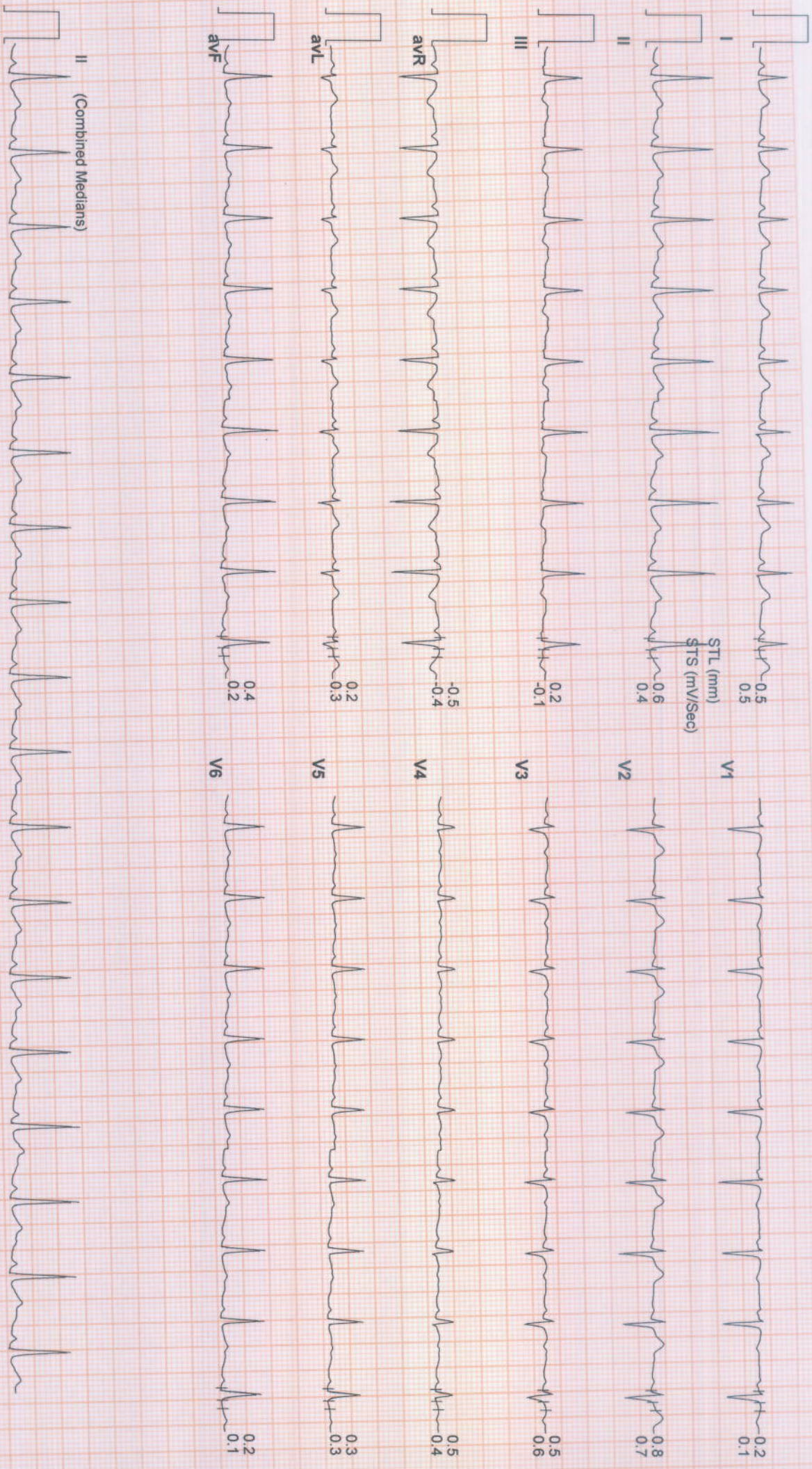
861 / MINAL WARADE / 36 Yrs / Female / 155 Cm / 74 Kg

6X2 Combine Medians + 1 Rhythm
SUPINE (00:01)



Date: 07 / 04 / 2023 01:36:09 PM METS : 1.0 HR : 105 Target HR : 57% of 184 BP : 120/80 Post J @80mSec

EXTime: 00:00 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



SUBURBAN DIAGNOSTICS (THANE GB ROAD)

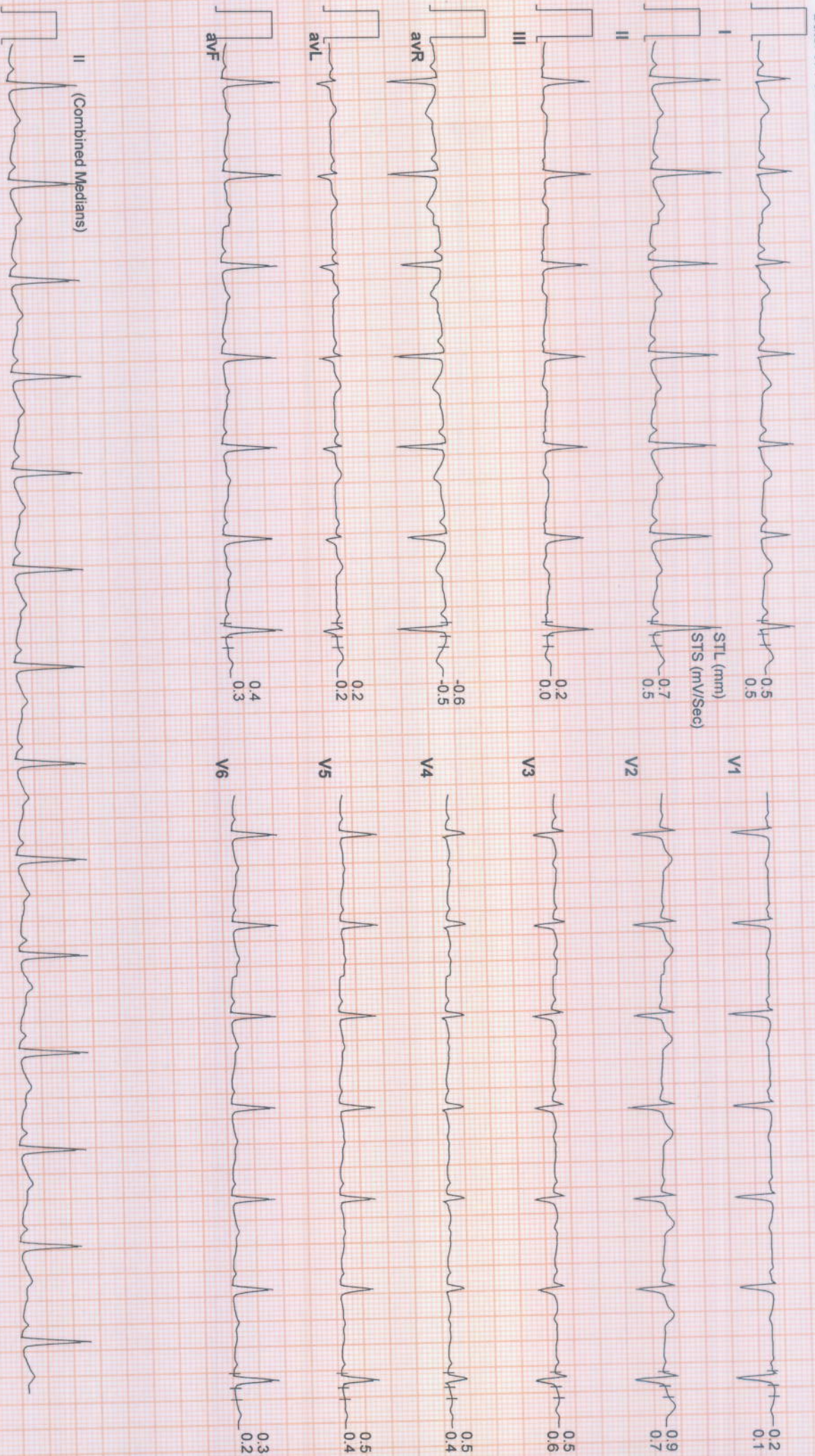
861 / MINAL WARADE / 36 Yrs / Female / 155 Cm / 74 Kg

6X2 Combine Medians + 1 Rhythm STANDING (00:00)



Date: 07 / 04 / 2023 01:36:09 PM METs : 1.0 HR : 86 Target HR : 47% of 184 BP : 120/80 Post J @80mSec

ExTime: 00:00 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



SUBURBAN DIAGNOSTICS (THANE GB ROAD)

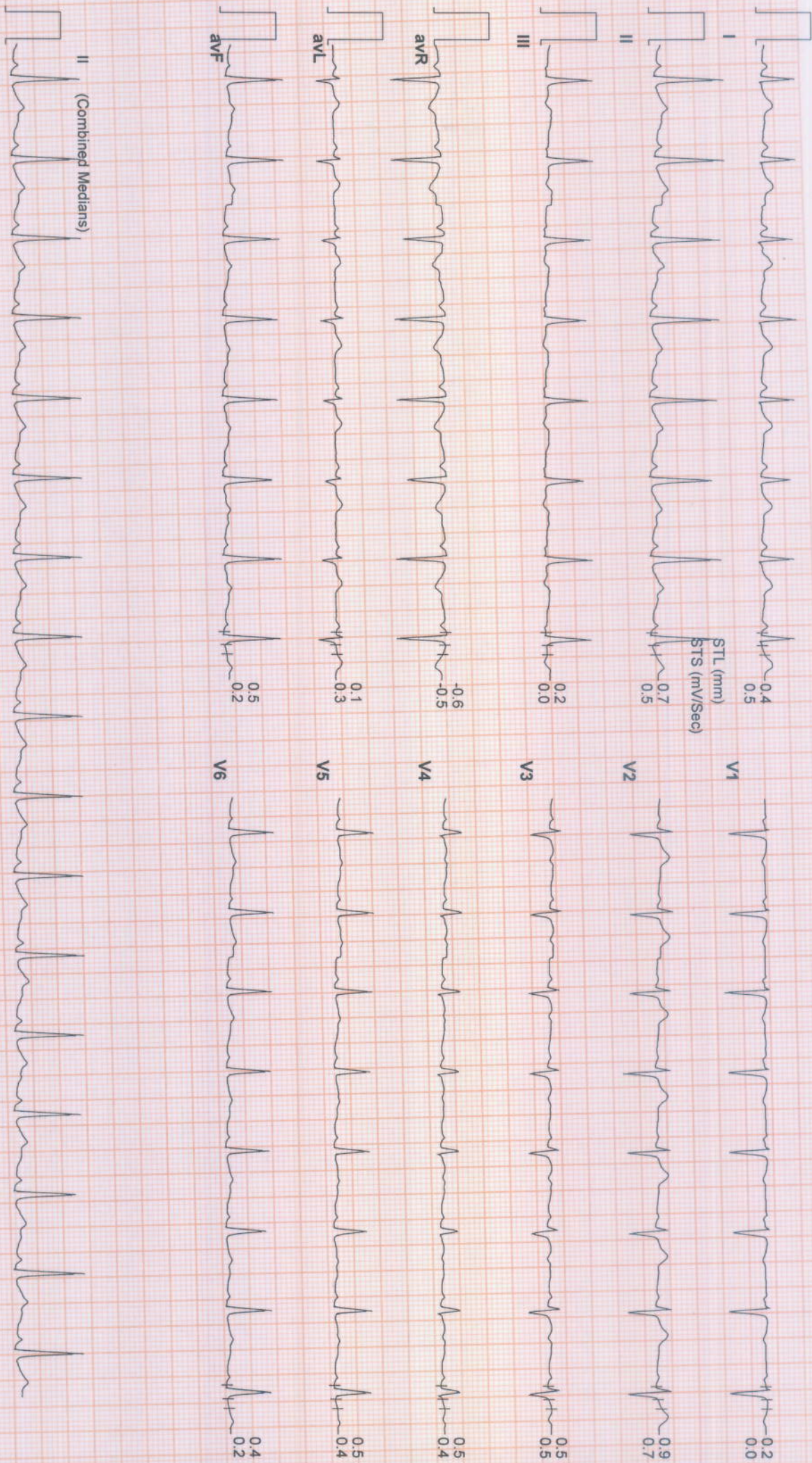
861 / MINAL WARADE / 36 Yrs / Female / 155 Cm / 74 Kg

6X2 Combine Medians + 1 Rhythm
HV (00:00)



Date: 07 / 04 / 2023 01:36:09 PM METs : 1.0 HR : 100 Target HR : 54% of 184 BP : 120/80 Post J @80mSec

ExtTime: 00:00 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



SUBURBAN DIAGNOSTICS (THANE GB ROAD)

861 / MINAL WARADE / 36 Yrs / Female / 155 Cm / 74 Kg

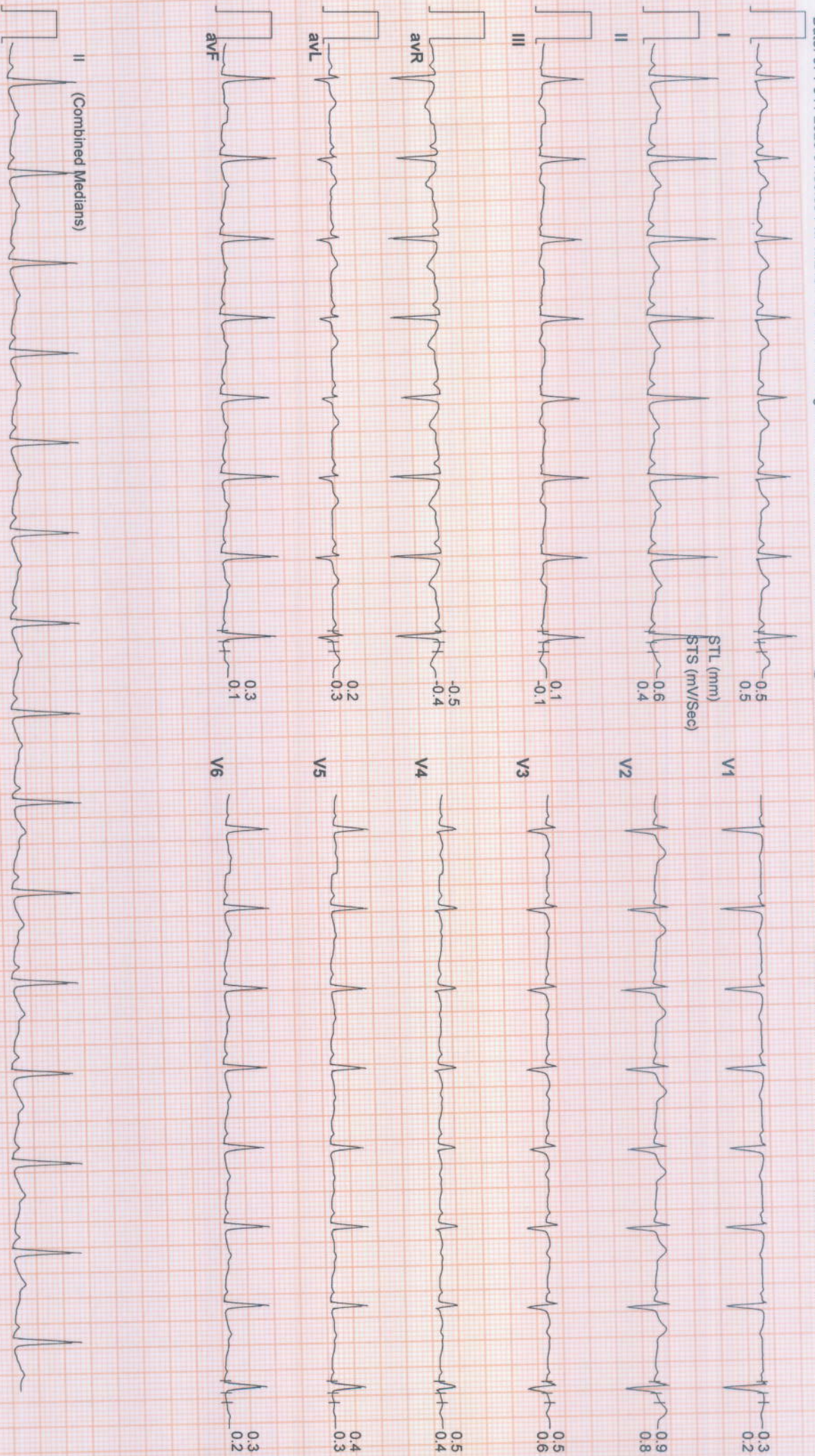
6X2 Combine Medians + 1 Rhythm

EXSt1



Date: 07 / 04 / 2023 01:36:09 PM METs : 1.0 HR : 90 Target HR : 49% of 184 BP : 120/80 Post J @80mSec

ExTime: 00:00 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec: 1.0 Cm/mV



SUBURBAN DIAGNOSTICS (THANE GB ROAD)

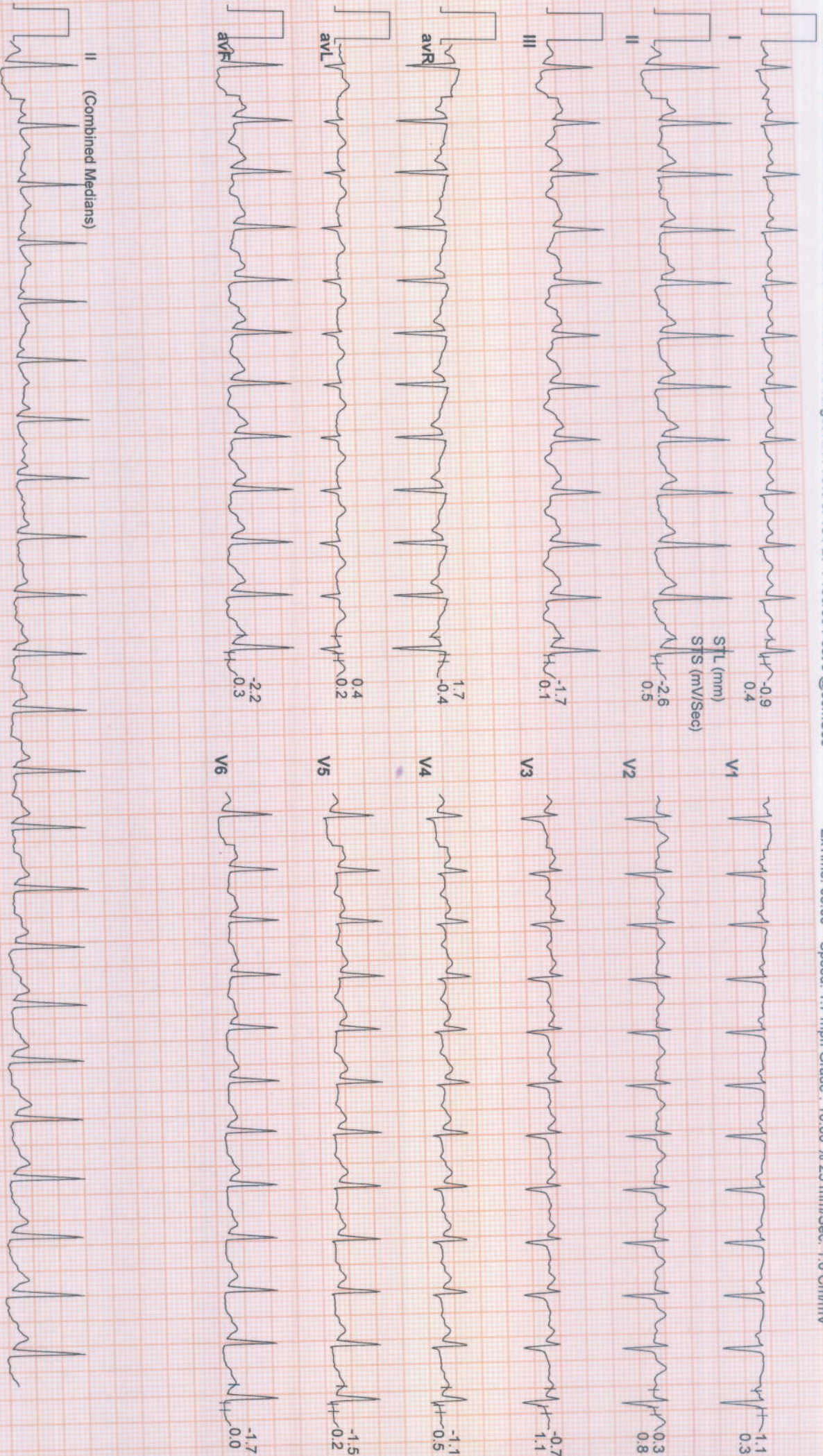
861 / MINAL WARADE / 36 Yrs / Female / 155 Cm / 74 Kg

6X2 Combine Medians + 1 Rhythm
BRUCE : Stage 1 (03:00)



Date: 07 / 04 / 2023 01:36:09 PM METs : 4.7 HR : 140 Target HR : 76% of 184 BP : 130/80 Post J @60mSec

ExTime: 03:00 Speed: 1.7 mph Grade : 10.00 % 25 mm/Sec. 1.0 Cm/mV

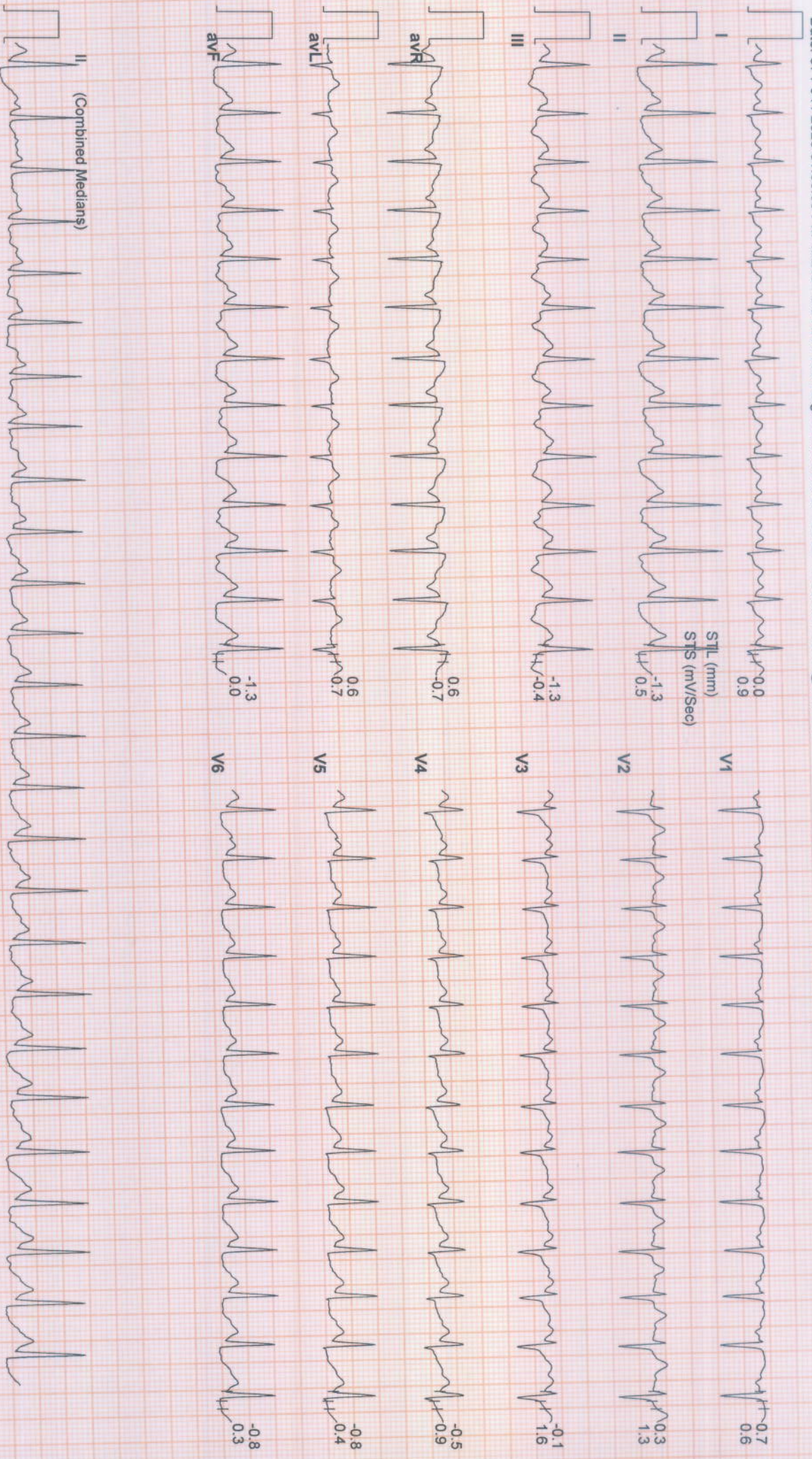


SUBURBAN DIAGNOSTICS (THANE GB ROAD)

861 / MINAL WARADE / 36 Yrs / Female / 155 Cm / 74 Kg

Date: 07 / 04 / 2023 01:36:09 PM METs : 5.9 HR : 156 Target HR : 85% of 184 BP : 150/80 Post J @60mSec

EXTime: 04:31 Speed: 2.5 mph Grade : 12.00 % 25 mm/Sec. 1.0 Cm/mV



6X2 Combine Medians + 1 Rhythm PeakEX



SUBURBAN DIAGNOSTICS (THANE GB ROAD)

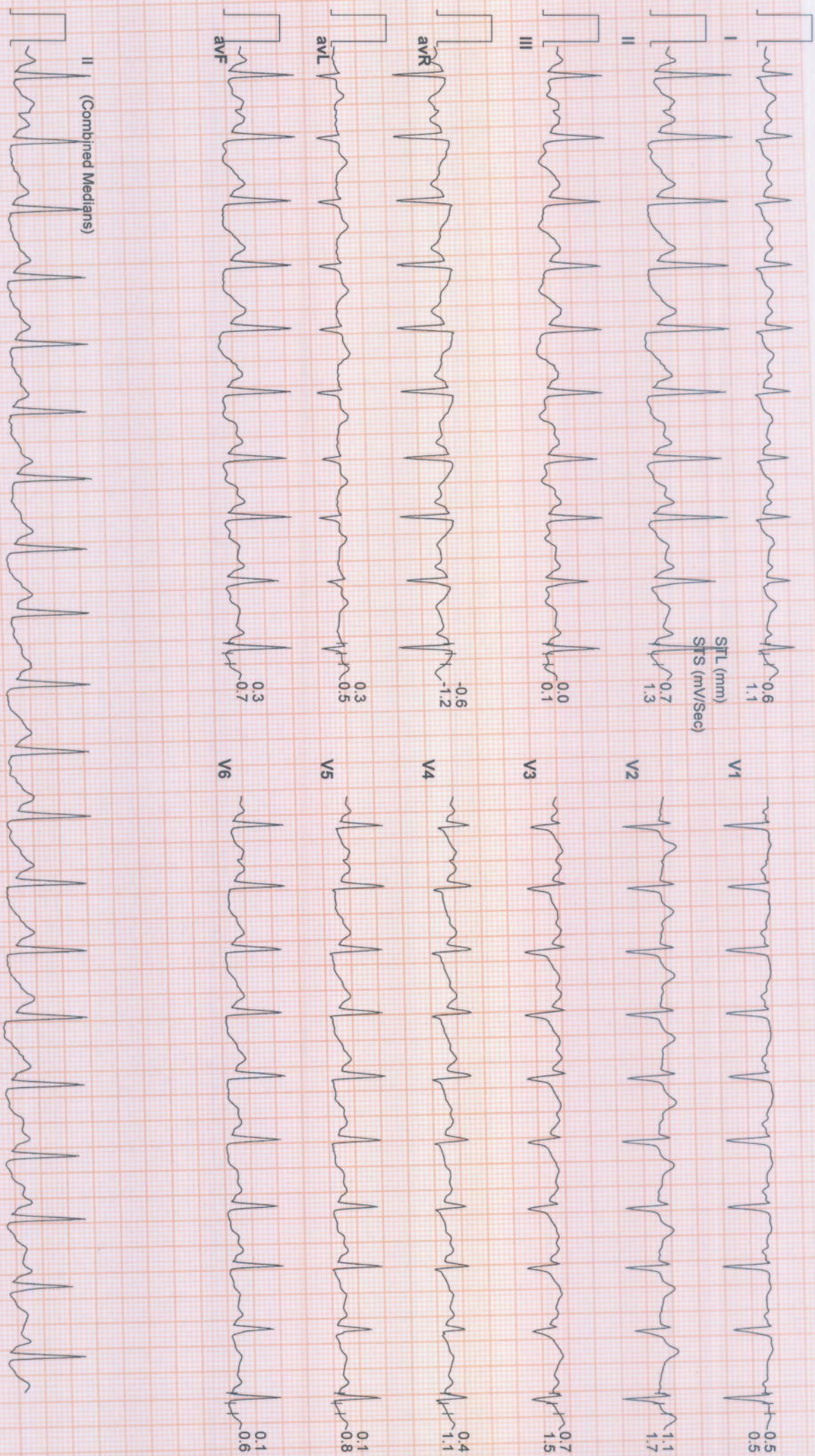
861 / MINAL WARADE / 36 Yrs / Female / 155 Cm / 74 Kg

Date: 07 / 04 / 2023 01:36:09 PM METs : 1.0 HR : 119 Target HR : 65% of 164 BP : 150/80 Post J @80mSec

6X2 Combine Medians + 1 Rhythm Recovery : (01:00)



ExTime: 04:31 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



SUBURBAN DIAGNOSTICS (THANE GB ROAD)

861 / MINAL WARADE / 36 Yrs / Female / 155 Cm / 74 Kg

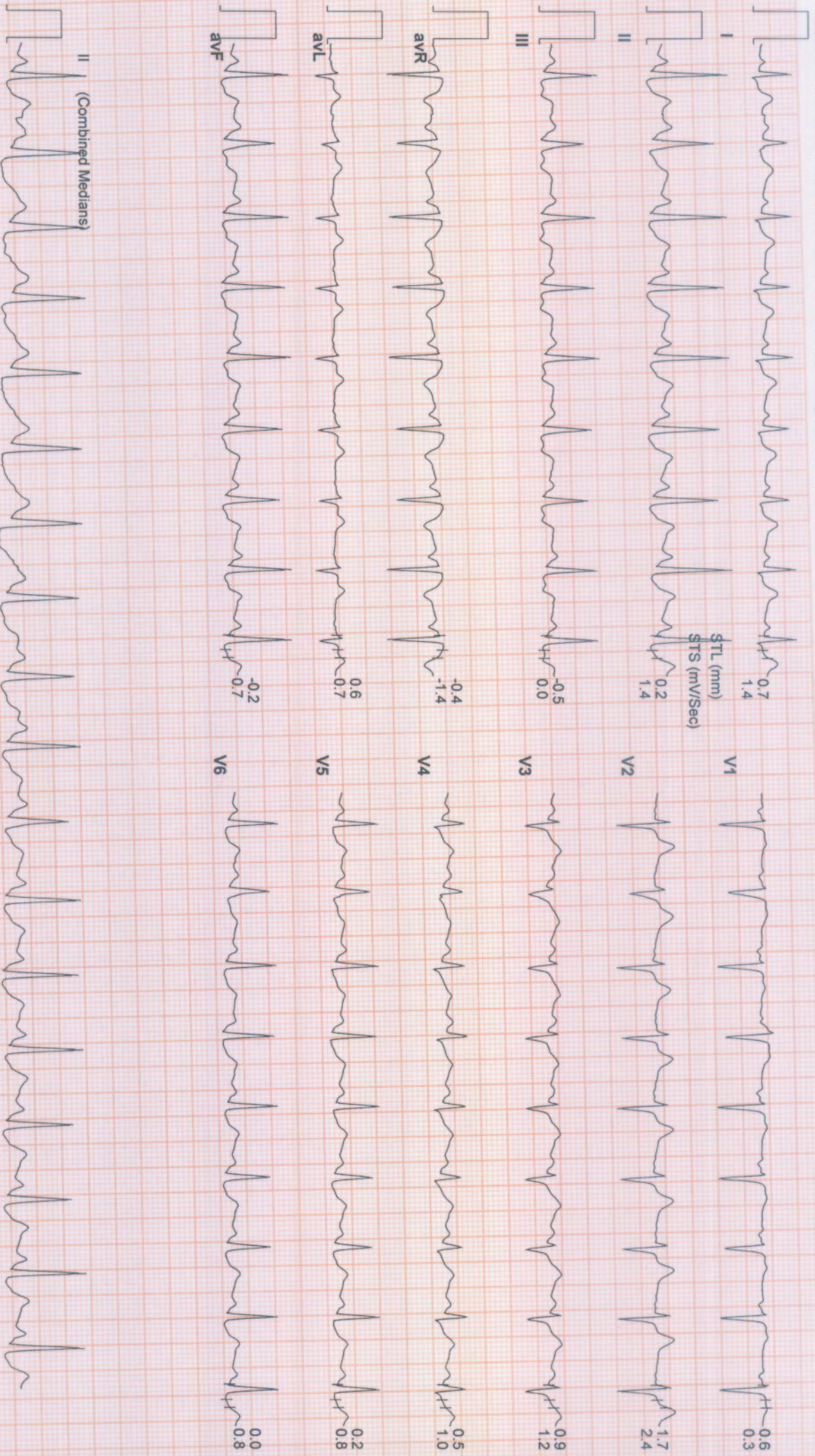
6X2 Combine Medians + 1 Rhythm

Recovery : (02:00)



Date: 07 / 04 / 2023 01:36:09 PM METS : 1.0 HR : 106 Target HR : 58% of 184 BP : 130/80 Post J @60mSec

EXTime: 04:31 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec: 1.0 Cm/mV



II (Combined Medians)

SUBURBAN DIAGNOSTICS (THANE GB ROAD)

861 / MINAL WARADE / 36 Yrs / Female / 155 Cm / 74 Kg

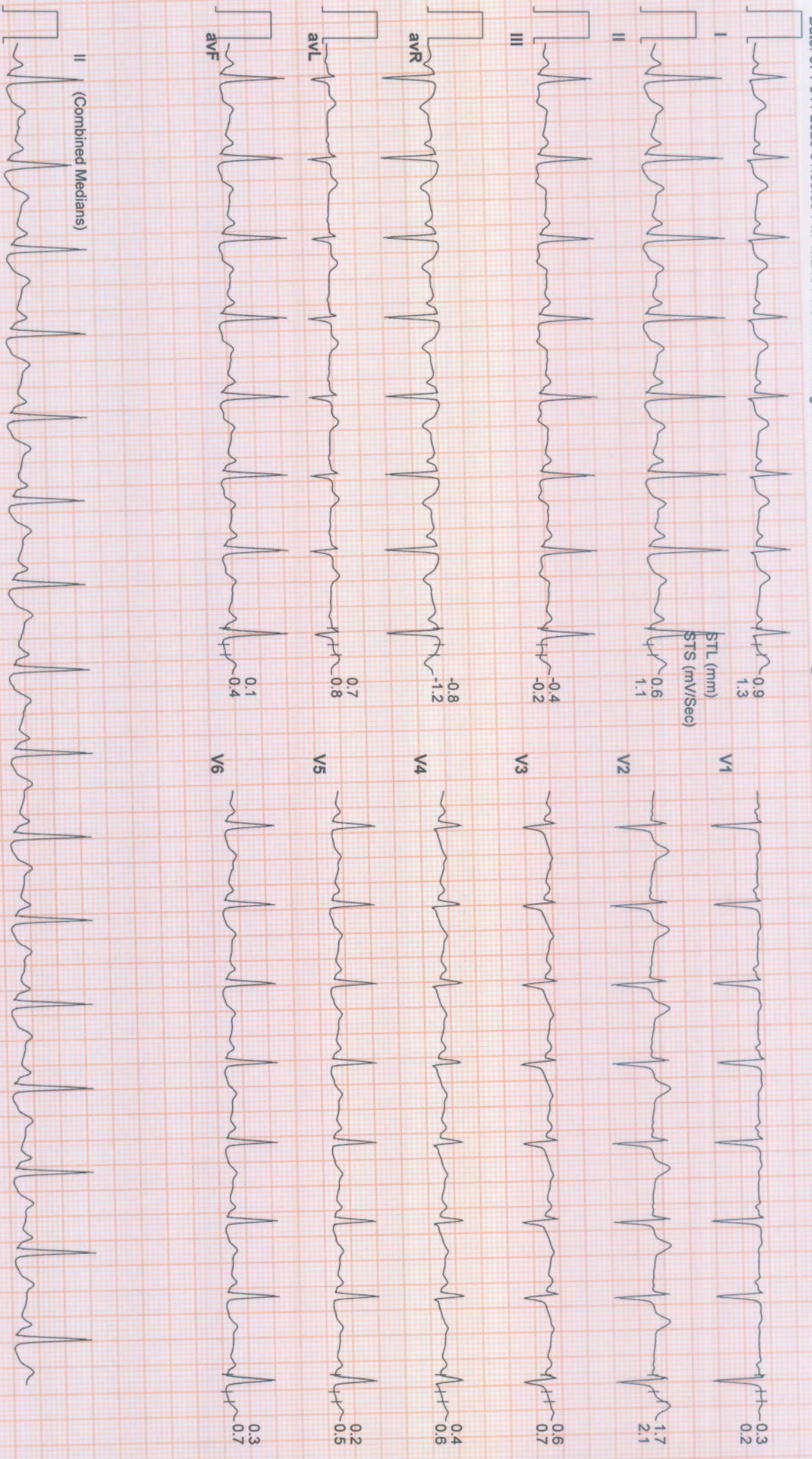
6X2 Combine Medians + 1 Rhythm

Recovery : (04:00)



Date: 07 / 04 / 2023 01:36:09 PM METs : 1.0 HR : 99 Target HR : 54% of 184 BP : 120/80 Post J @80mSec

ExTime: 04:31 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



SUBURBAN DIAGNOSTICS (THANE GB ROAD)

861 / MINAL WARADE / 36 Yrs / Female / 155 Cm / 74 Kg

6X2 Combine Medians + 1 Rhythm
Recovery : (04:17)



Date: 07 / 04 / 2023 01:36:09 PM METs : 1.0 HR : 99 Target HR : 54% of 184 BP : 120/80 Post J @80mSec

EXTime: 04:31 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec: 1.0 Cm/mV

