



Swaminarayan Nagar, Off Mumbai-Agra Highway,
Panchvati, Nashik - 422 003.

+91- 253 - 2510250 / 350 / 450 / 550 / 750

apollonashik@apollohospitals.com

www.askapollo.com

QFAHN/BILL/003/V1



Name : Mr. SAGAR P SHIRSATH (38 /M)

Date : 05/12/2022

Address : BANK OF BARODA BRAHMANGAON NASHIK, NASHIK, NASHIK, MAHARASHTRA,
INDIA

Examined by :

UHID : MHN1.0000129684

Package : MediWheel Full Body Health Checkup Male Below 40
Package

AHC No : NSKAH28442



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

Present known illness

No history of : - Hypertension, Thyroid disorder, Heart disease, Stroke, Asthma, COPD, Cancer
Diabetes mellitus : Since - 5 yrs; Medication - regular



DRUG ALLERGY

NO KNOWN ALLERGY

:05/12/2022



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant



Past medical history

Do you have any allergies? - No

Do you have any drug allergies? - No

Past medical history - nil significant

Covid 19 - No



Surgical history

Surgical history - Nil

Immunization history

- Covid Dose1,Covid Dose2



Personal history

Marital status - Married

No. of children - 01
Diet - Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Active
- level ground walking

Family history

Family history - Nil significant
Coronary artery disease - none
Cancer - None

PHYSICAL EXAMINATION

General

General appearance - normal
Build - normal
Height - 165
Weight - 59
BMI - 21.67
Pallor - No
Oedema - no
Temperature - 94
SpO2 - 99



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Cardiovascular system

Heart rate (Per minute) - 70
Rhythm - Regular
- B.P. Supine
Systolic(mm of Hg) - 130 ✓
Diastolic(mm of Hg) - 80
Heart sounds - S1S2+

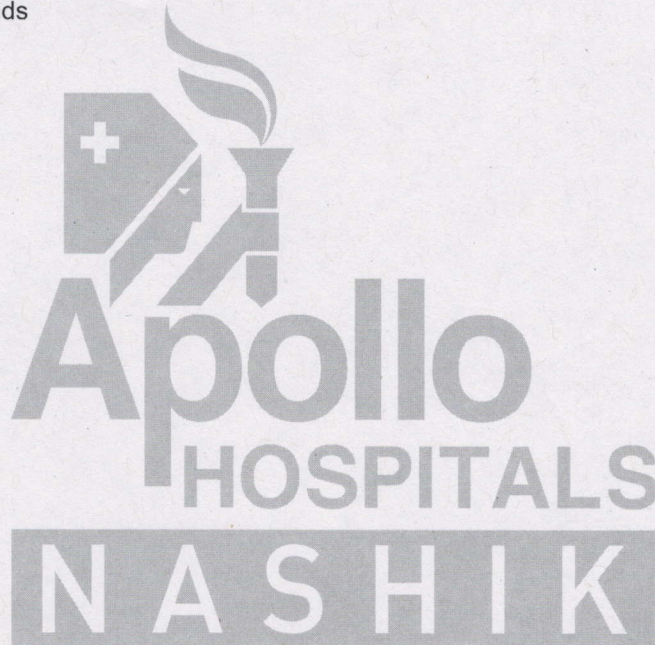
Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Organomegaly - No
Tenderness - No





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Name : Mr. SAGAR P SHIRSATH Age : 38Yr 2Mth 3Days Gender : Male
 UHID : MHN1.0000129684 / NSKAH28442 W/BNo/RefNo : AHC
 SIN \ LRN : 11546650 \ 682000
 Specimen : Serum
 Ref Doctor : Dr. SHEETAL KRIPLANI GUPTA



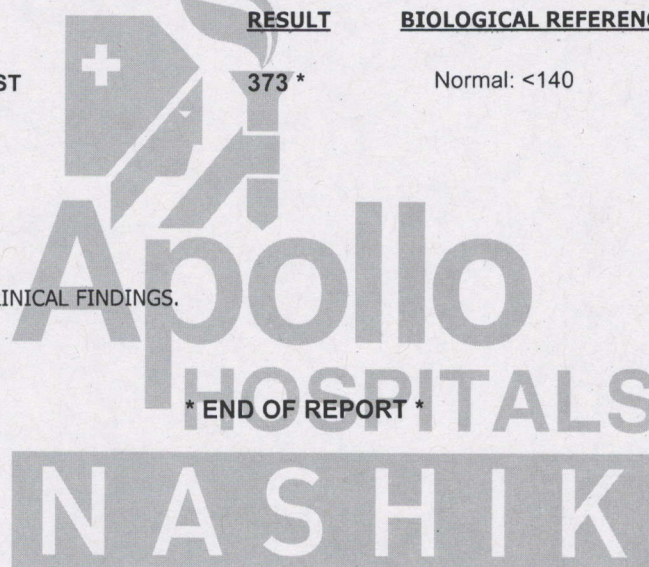
Collected on : 05-DEC-2022 12:59:32 PM Received on : 05-DEC-2022 02:01:11 PM Reported on : 05-DEC-2022 02:18:41 PM

MediWheel Full Body Health Checkup Male Below 40 Package

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLUCOSE - SERUM / PLASMA (POST PRANDIAL) (GOD-PAP)	373 *	Normal: <140	mg/dL

Report Status:Final

KINDLY CORRELATE RESULTS WITH CLINICAL FINDINGS.



* END OF REPORT *

CHECKED BY 1207552
721947

Printed On : 05-DEC-2022 02:28:49 PM

Dr. KISHOR KHODKE



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AHC No : NSKAH28442

C B C WITH ESR (AUTOMATION + STANDARD METHOD)

Test Name	Result	Unit	Level	Range
Hemoglobin	16.0 ✓	g/dl	●	13.0-18.0
Haematocrit	44.0	%	●	39.0-54.0
RBC COUNT	5.05	Million/ ul	●	4.2-6.5
MCV	87.0	fl	●	75.0-95.0
MCH	31.7	pg	●	26.0-32.0
MCHC	36	g/dl	●	31.0-36.0
HbW	12.5	%	●	11-16
Platelet Count(Optical/Impedance)	328 ✓	10 ³ /m ³	●	140-440
TLC Count	4.09 ✓	10 ⁹ /m ³	●	4.0-11.0
Neutrophils	57	%	●	45-75
Lymphocytes	32	%	●	20-45
Eosinophils	06	%	●	1-6
Monocytes	05	%	●	1-10
Basophils	00	%	●	0-1
ERYTHROCYTE SEDIMENTATION RATE (ESR)	3.0	mm/1st hr	●	0-10

ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated) 1.4 ● 1.1-1.8

ALKALINE PHOSPHATASE - SERUM/PLASMA 146 * U/L ● 0-100

AST (SGOT) - SERUM 24 U/L ● 15-37

BILIRUBIN, TOTAL - SERUM 0.6 mg/dL ● 0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	171	mg/dL	●	0-200

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.6 *	mg/dL	●	0.8-1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	27	U/L	●	0-50

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	241 *	mg/dL	●	70-100
URINE GLUCOSE(FASTING): (Strip Method)	3+			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	35 ✓	U/L	●	30-65
ALBUMIN - SERUM	4.3	g/dL	●	3.5-5
GLOBULIN - SERUM: (Calculated)	3.1 ✓	g/dL	●	1.8-3.6

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM / PLASMA	42	mg/dL	●	40-60
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	4.1		●	0.0-4.5

● Within Normal Range ● Borderline High/Low ● Out of Range



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Date : 05/12/2022

Package : MediWheel Full Body Health Checkup Male Below 40 Package

AHC No : NSKAH28442

LDL Cholesterol (Direct LDL) 105 mg/dL

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN, TOTAL - SERUM / PLASMA	7.4 ✓	g/dL	●	6.4-8.2
PROTEIN, TOTAL - SERUM / PLASMA	7.4	g/dL	●	6.4-8.2

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	159	ng/dL	●	Healthy Adults: 69 - 215
TOTAL T4: THYROXINE - SERUM	9.8	µg/dL	●	Healthy Adults:5.2-12.7

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	165 *	mg/dL	●	0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	2.6 ✓	uIU/mL	●	Euthyroid: 0.3 - 4.5 Hypothyroid: 7.1 ->75

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	3.2 * ✓	mg/dL	●	3.5-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2 ✓	mg/dL	●	0.0-0.3
BILIRUBIN UNCONJUGATED - SERUM(Calculated)	0.4	mg/dL	●	0.0-0.7

CARDIAC STRESS TEST - (TMT)

ECG

ULTRASOUND - WHOLE ABDOMEN

No significant abnormality is detected. ✓

X-RAY CHEST PA

No significant abnormality is detected. ✓

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE ✓

Biochemistry

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

● Within Normal Range ● Borderline High/Low ● Out of Range



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UHID : MHN1.0000129684

Date : 05/12/2022

Package : MediWheel Full Body Health Checkup Male Below 40 Package

AHC No : NSKAH28442

5/12/22

SIB Dr. Dhulal

K/c DM ... 5 yr.

Printed By :

(not on reg medicⁿ) AHC Physician / Consultant Internal Medicine

Thin build (+)

ADU

HBAIC

BSL-f. 241

PP-373

T. Chiyalure m (50/1800)

1-0 * 10 dep.

fw ajin ~~comer~~ 5 dep.

BSL-f
-PP.
HBAIC

2

ADU

Rnt far 2 dep.

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

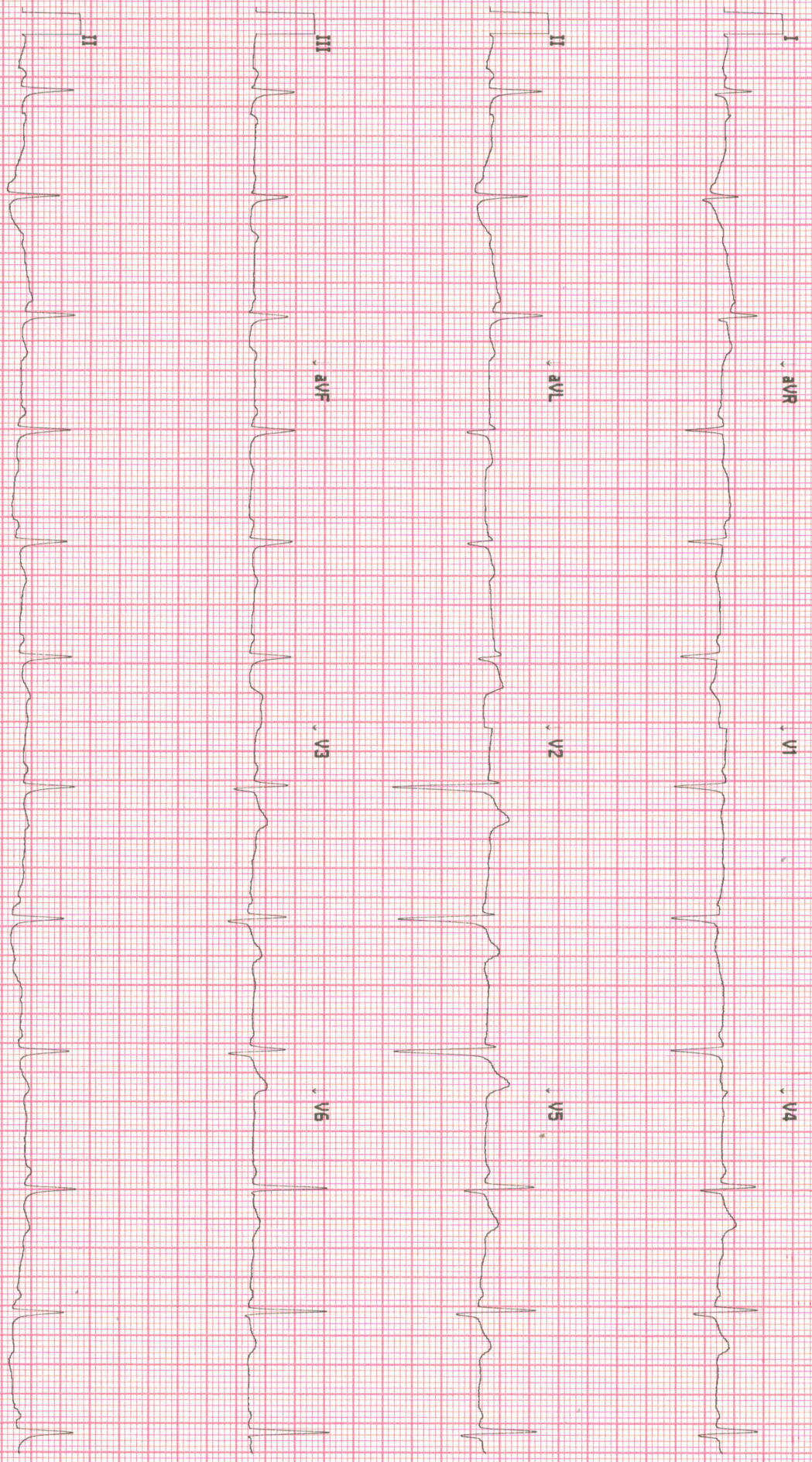
Shinath, Igar
DOB
37y Male

5-Dec-2022 10:39:36

Vent rate: 70 BPM
PR int: 121 ms
QRS dur: 90 ms
QT/QTc: 353/373 ms
P-R-T axes: 61 70 53

SINUS RHYTHM WITH SINUS ARRHYTHMIA
NONSPECIFIC T-WAVE ABNORMALITY
BORDERLINE ECG

UNCONFIRMED REPORT



1133018813

Site Name

Site # 0 Cart # 2 Version 2.0.4.0 Sequence #21101 25mm/s 10mm/mV 0.05-40 Hz



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QFAHN/BILL/003/V1



MD (Radiology)

Patient Details : Mr. SAGAR P SHIRSATH | Male | 38Yr 2Mth 3Days
UHID : MHN1.0000129684 **Patient Location:** AHC
Patient Identifier: NSKAH28442 
DRN : 222029761 **Completed on :** 05-DEC-2022 12:22
Ref Doctor : Dr. SHEETAL KRIPLANI GUPTA

ULTRASOUND - WHOLE ABDOMEN

LIVER : Normal in size. Echotexture is uniform and normal.
No I.H.B.D./ focal lesions.

PORTAL VEIN: Normal in size.

GALL BLADDER: Well distended with normal walls and lumen.
No calculi/pericholecystic fluid.

COMMON BILE DUCT: Normal in size.

PANCREAS : Visualized portion of head and body of pancreas appears normal in size and echotexture. Rest of the pancreas is obscured due to bowel gases.

AORTA, IVC and para aortic areas are normal.

SPLEEN : Normal in size and echotexture.

KIDNEYS: Both kidneys are normal in site, size and echotexture.

No evidence of calculi/ hydronephrosis.

Right kidney measures: 9.4 x 4.3 cm.

Left kidney measures : 9.4 x 6.0 cm.

URINARY BLADDER: Well distended with normal walls.

No evidence of calculi/ growth/ diverticula .

PROSTATE : Normal in size with homogenous echogenicity. No evidence of calcification within.

Prostate measures :12.4cc.



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QFAHN/BILL/003/V1



Mr. SAGAR P SHIRSATH

MHN1.0000129684

NSKAH28442

ULTRASOUND - WHOLE ABDOMEN

Seminal vesicles are normal.

Visualized bowel loops appear grossly normal.

No evidence of any free fluid in the peritoneal cavity.

Impression

No significant abnormality is detected.

--- END OF THE REPORT ---

Kunal Kalyanrao Patil

Consultant - MD (Radiodiagnosis)






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QFAHN/BILL/003/V1



MD (Radiology)

Patient Details : Mr. SAGAR P SHIRSATH | Male | 38Yr 2Mth 3Days
UHID : MHN1.0000129684 **Patient Location:** AHC
Patient Identifier: NSKAH28442 
DRN : 122048351 **Completed on :** 05-DEC-2022 11:36
Ref Doctor : Dr. SHEETAL KRIPLANI GUPTA

X-RAY CHEST PA

Both lung fields are clear.

Both hila are normal in size and position.

Costophrenic and cardiophrenic angles are clear.

Cardiac size and contour are within normal limits.

Rib cage is normal.

Soft tissues are normal.

Impression

No significant abnormality is detected.

--- END OF THE REPORT ---

Kunal Kalyanrao Patil

Consultant - MD (Radiodiagnosis)



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QFAHN/BILL/003/V1



Ms. Sagar. Shirsath.
38/M.

OPD PATIENT RECORD

Place Pt. Label Here
If label not available, write
Pt. Name, UHID. No., Age, Sex

Date: 5 / 12 / 22 .

Allergy: No Known Allergies If yes, Mention _____

Nutritional Status: Normal / Obese / Thin/ Cachectic Functional Status: Independent/Need Assistance/Dependent

Psychological Status: Normal /Anxious/Depressed Psychological History: Nil/Smoking/Tobacco/Alcohol

Present Complaints:

H/O DM .

Supra & Subgingival plaque .

Past History:

occlusal caries seen

Family History:

Clinical Findings: (General, Physical Systemic Examination)

Fractured $\bar{c} - \frac{4}{9}$

Provisional / Final Diagnosis:

Advised Plan:

Exth $\bar{c} - \frac{4}{9}$, Scaling Req .

Follow-up Instruction

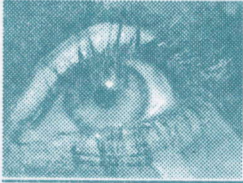
[Signature]

P.T.O.

APOLLO HOSPITALS ENTERPRISE LIMITED

Regd. Office: Apollo Hospitals Enterprise Limited,
No. 19, Bishop Gardens, Raja Annamalaipuram,
Chennai - 600 028.
CIN: L85110TN1979PLC008035

Regd. Office: No. 287, Swaminarayan Nagar, Off
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Email : apollonashik@apollohospitals.com
Web.: www.apollohospitals.com



OPHTHALMOLOGY



Name : Mr. Sagar Shirsath
 Occupation : _____
 Age : 38 Sex : Male Female S/M/W/D
 Address : Nashik
 Tel. No. _____

Date 5/12/22 UNIT _____
 Room No. _____ Out Patient
 Ref. Physician : _____
 Copies to : _____

REPORT ON OPHTHALMIC EXAMINATION

HISTORY : _____

PRESENT COMPLAINT : Blurry vision

PAST HISTORY : DM / HTN / ALLERGY

ON EXAMINATION 5/12/22

RE
6/18p

LE
6/12p

VISION :

	RIGHT				LEFT			
PGP	SPH	CYL	AXIS	VA	SPH	CYL	AXIS	VA
DIST	_____				_____			
NEAR	_____				_____			

R / Retinoscopy :

RIGHT			LEFT		
SPH	CYL	AXIS	SPH	CYL	AXIS
<u>+0.25</u>	<u>-2.00</u>	<u>80</u>	<u>R</u>	<u>-1.5</u>	<u>105</u>

Refraction or Acceptance :

	RIGHT				LEFT			
	SPH	CYL	AXIS	VA	SPH	CYL	AXIS	VA
DIST	<u>+0.25</u>	<u>-1.75</u>	<u>80</u>	<u>6/18p</u>	<u>L</u>	<u>-1.25</u>	<u>110</u>	<u>6/12</u>
NEAR	_____				_____			

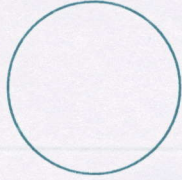
Con 5/12/22

Anterior Segment :

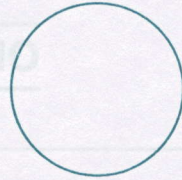
RE

Ⓟ Pupils normal

LE



Ⓟ clear



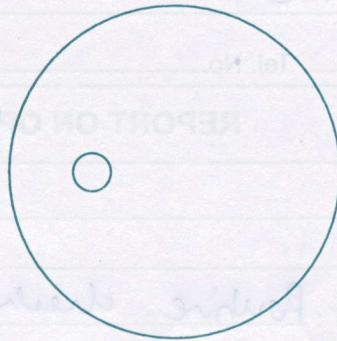
Fundus :

RE



Ⓟ glow

LE



Diagnosis :

Ⓟ Astigmatism

Advise / Rx:

STRICT DM CONTROL

Ⓟ eyeglasses

Refer for fundus exam in Melegan

CONSULTANT OPHTHALMOLOGIST

ID: 000129684

Visit:

5-Dec-2022

11:21:44

38years

Asian

Male

BRUCE

Max HR: 173bpm 98% of max predicted 175bpm

Max BP: 130/70 Maximum workload: 10.1METS

Reason for Termination: Max HR attained

Comments:

Total Exercise time: 8:44

25.0 mm/s

10.0 mm/mV

100hz

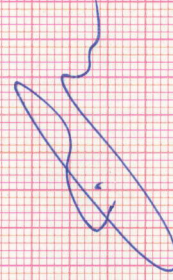
Referred by:

Test ind:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	WorkLoad (METS)	HR (bpm)	BP (mmHg)	RPP (x100)
PRETEST	SUPINE	1:17	***	***	1.0	86	110/70	95
	STANDING	0:12	***	***	1.0	83	110/70	91
	HYPERTENT	0:08	0.8	0.0	1.0	87	110/70	96
EXERCISE	STAGE 1	3:00	1.7	10.0	4.6	117	120/70	140
	STAGE 2	3:00	2.5	12.0	7.0	141		
	STAGE 3	2:44	3.4	14.0	10.1	173	130/70	225
RECOVERY	Post	3:44	***	***	1.0	99	130/70	129

Baseline ST-T change ⊕

TEXT

Nonspecific h/s II
+ve


Technician: MEGHA

APOLLO HOSPITAL NASIK

Unconfirmed

MAC55 010B