

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. SINGH MAHKAR SINGH
EC NO.	96591
DESIGNATION	SPECIAL ASSISTANT
PLACE OF WORK	GHAZIABAD,RAJNAGAR
BIRTHDATE	01-07-1966
PROPOSED DATE OF HEALTH CHECKUP	11-06-2022
BOOKING REFERENCE NO.	22J96591100019580E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **02-06-2022** till **31-03-2023**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

Health Check up Booking Confirmed Request(bobE12378),Package Code-PKG10000242, Beneficiary Code-16146

Mediwheel <customercare@policywheel.com>

Fri 6/3/2022 3:38 PM

To: Insurance Ghaziabad <insurance.ghaziabad@manipalhospitals.com>

Cc: Mediwheel CC <customercare@mediwheel.in>; Mediwheel CC <mediwheelwellness@gmail.com>

011-41195959

Email:wellness@mediwheel.in

Hi Manipal Hospitals,

Diagnostic/Hospital Location :NH-24 Hapur Road,Oppo. Bahmeta Village, Near Lancroft Golf Links Apartment,City:Ghaziabad

We have received the confirmation for the following booking .

Beneficiary Name : PKG10000242

Beneficiary Name : MR. SINGH MAHKAR SINGH

Member Age : 54

Member Gender : Male

Member Relation: Employee

Package Name : Medi-Wheel Metro Full Body Health Checkup Male Above 40

Location : GHAZIABAD,Uttar Pradesh-201001

Contact Details : 9582238989

Booking Date : 31-05-2022

Appointment Date : 11-06-2022

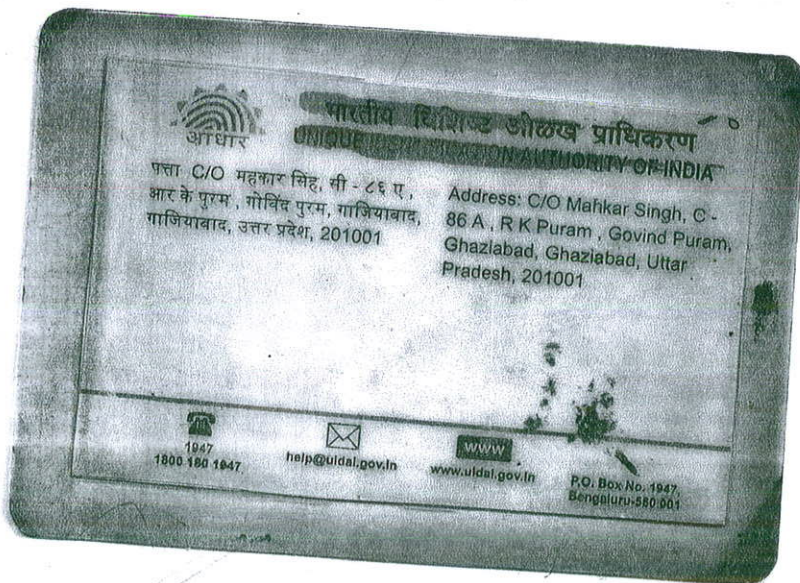
Instructions to undergo Health Check:

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

For Women:

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.

We request you to facilitate the employee on priority.





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LIFE'S ON



Name : MR MAHKAR SINGH · Age : 55 Yr(s) Sex : Male
Registration No : MH010165670 RefHosp No. : ghzb-0000174485 Lab No : 32220604976
Patient Episode : R03000038726 Collection Date : 14 Jun 2022 20:56
Referred By : MANIPAL HOSPITALS GHAZIABAD Reporting Date : 15 Jun 2022 09:47
Receiving Date : 14 Jun 2022 21:06

BIOCHEMISTRY

Glycosylated Hemoglobin

Specimen: EDTA

HbA1c (Glycosylated Hemoglobin) 5.5

As per American Diabetes Association (ADA)
% [4.0-6.5] HbA1c in %
Non diabetic adults \geq 18years $<$ 5.7
Prediabetes (At Risk) 5.7-6.4
Diagnosing Diabetes \geq 6.5

Methodology Turbidimetric inhibition immunoassay (TINIA)

Estimated Average Glucose (eAG) 111 mg/dl

Comments : HbA1c provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glyceemic control.

Page 1 of 1

-----END OF REPORT-----

Dr. Neelam Singal
CONSULTANT BIOCHEMISTRY





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LIFE'S ON



Name : MR MAHKAR SINGH Age : 55 Yr(s) Sex : Male
Registration No : MH010165670 RefHosp No. : ghzb-0000174485 Lab No : 32220604003
Patient Episode : R03000038590 Collection Date : 11 Jun 2022 20:41
Reporting Date : 12 Jun 2022 12:39
Referred By : MANIPAL HOSPITALS GHAZLABAD
Receiving Date : 11 Jun 2022 20:56

BIOCHEMISTRY

THYROID PROFILE, Serum

			Adult > 20 yrs
T3 - Triiodothyronine (ECLIA)	0.83	ng/ml	[0.70-2.04]
T4 - Thyroxine (ECLIA)	7.08	micg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	3.450	µIU/mL	[0.340-4.250]

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4 a.m. and at a minimum between 6-10 pm. Factors such as change of seasons, hormonal fluctuations, Ca or Fe supplements, high fibre diet, stress and illness affect TSH results.

* References ranges recommended by the American Thyroid Association

1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128

2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>

Page 1 of 1

-----END OF REPORT-----

Dr. Neelam Singal
CONSULTANT BIOCHEMISTRY



Human Care Medical Charitable Trust

NABH Accredited Hospital, Main Road, Sector-6, Dwarka, New Delhi-110075
H-2019-0640/09/06/2019-08/06/2022 MC/3228/04/09/2019-03/09/2021 E-2019-0026/27/07/2019-26/07/2021
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Human Care Medical Charitable Trust



Registered Office : Sector-6, Dwarka, New Delhi- 110075

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LIFE'S ON



Name : MR MAHKAR SINGH Age : 55 Yr(s) Sex : Male
Registration No : MH010165670 RefHosp No. : ghzb-0000174485 Lab No : 32220604003
Patient Episode : R03000038590 Collection Date : 11 Jun 2022 20:41
Referred By : MANIPAL HOSPITALS GHAZIABAD Reporting Date : 12 Jun 2022 12:39
Receiving Date : 11 Jun 2022 20:56

BIOCHEMISTRY

Test Name	Result	Unit	Biological Ref. Interval
TOTAL PSA, Serum (ECLIA)	0.293	ng/mL	[<3.500]

Note : PSA is a glycoprotein that is produced by the prostate gland. Normally, very little PSA is secreted in the blood. Increases in glandular size and tissue damage caused by BPH, prostatitis, or prostate cancer may increase circulating PSA levels.

Caution : Serum markers are not specific for malignancy, and values may vary by method.

Immediate PSA testing following digital rectal examination, ejaculation, prostate massage urethral instrumentation, prostate biopsy may increase PSA levels.

Some patients who have been exposed to animal antigens, may have circulating anti-animal antibodies present. These antibodies may interfere with the assay reagents to produce unreliable results.

Page 1 of 1

-----END OF REPORT-----

Dr. Neelam Singal
CONSULTANT BIOCHEMISTRY



Human Care Medical Charitable Trust

NABH Accredited Hospital, Adjoining MHL Building, Main Road, Sector-6, Dwarka, New Delhi-110075
H-2019-0640/09/06/2019-08/06/2022 MC/3228/04/09/2019-03/09/2021 E-2019-0026/27/07/2019-26/07/2021
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Home sample collection: +91 74 2876 9482 Pharmacy Home Delivery: +91 84 4848 6472

LABORATORY REPORT

Name	MAHKAR SINGH	Age	55y 11m 11d	Gender	MALE
MRN	GHZB-0000174485	Visit No	V0000000001-GHZB		
Lab No	G000319316	Collected On	11/06/2022 2:37PM	Received On	11/06/2022 2:38PM
Referred By	Deepak Verma	Reported On	11/06/2022 4:32PM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
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GLUCOSE, POST PRANDIAL (PP), 2 HOURS (Serum Post Prandial)

159 mg/dl

80 -140 mg/dl

..... END OF REPORT

Processed by :- DEEPTI KUMARI

MST-39093
DR ALKA DIXIT VATS
CONSULTANT PATHOLOGIST
PATHOLOGIST

Report Printed On: 13/6/2022 10:23AM

Page 1 of 1

LABORATORY REPORT

Name	MAHKAR SINGH	Age	55y 11m 11d	Gender	MALE
MRN	GHZB-0000174485	Visit No	V0000000001-GHZB		
Lab No	G000319292	Collected On	11/06/2022 12:12PM	Received On	11/06/2022 12:14PM
Referred By	Deepak Verma	Reported On	11/06/2022 3:04PM		

Test Name	Result	Criticality Factor	Biological Reference Interval
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URINE EXAMINATION, ROUTINE (Urine)

PHYSICAL EXAMINATION

Colour	Pale Yellow
Appearance	Clear
pH	6.0
Specific gravity	1.015

CHEMICAL EXAMINATION

Glucose	Nil
Protein	Absent
Ketone bodies	Absent
Urobilinogen	Absent

MICROSCOPIC EXAMINATION

Leukocytes	1-2 /HPF
Erythrocytes	NIL
Epithelial Cells	0-1 /HPF
Casts	NIL
Crystals	NIL
Others	NIL

..... END OF REPORT

Processed by :- DEEPTI KUMARI

MSX-39093
DR ALKA DIXIT VATS
CONSULTANT PATHOLOGIST
PATHOLOGIST

Report Printed On: 13/6/2022 10:22AM

Page 1 of 1

LABORATORY REPORT

Name	MAHKAR SINGH	Age	55y 11m 11d	Gender	MALE
MRN	GHZB-0000174485	Visit No	V0000000001-GHZB		
Lab No	G000319264	Collected On	11/06/2022 10:38AM	Received On	11/06/2022 10:38AM
Referred By	Deepal Verma	Reported On	11/06/2022 5:23PM		

Test Name	Result	Criticality Factor	Biological Reference Interval
BLOOD GROUP (A, B, O) AND RH FACTOR WITH REVERSE GROUPING (Whole Blood)			
BLOOD GROUPING	"O"		
RH TYPING	POSITIVE		

..... END OF REPORT

Processed by :- SHAHID SAIFI

DR ALKA DIXIT VATS
CONSULTANT PATHOLOGIST
PATHOLOGIST

Report Printed On: 13/6/2022 10:24AM

Page 1 of 4

LABORATORY REPORT

Name	MAHKAR SINGH	Age	55y 11m 11d	Gender	MALE
MRN	GHZB-0000174485	Visit No	V0000000001-GHZB		
Lab No	G000319264	Collected On	11/06/2022 10:38AM	Received On	11/06/2022 10:38AM
Referred By	Deepak Verma	Reported On	11/06/2022 12:48PM		

Test Name	Result	Criticality Factor	Biological Reference Interval
ESR (WESTERGREIN),AUTOMATED ERYTHROCYTE SEDIMENTATION RATE	10 mm/1st hour		0 - 15 mm/Hr
HEMOGLOBIN, HB	15.6 g/dl		12 - 16 gm/ dl
MEAN CORPUSCULAR HAEMOGLOBIN CONCENTRATION, MCHC	33.5 g/dl		33 - 36%
MEAN CORPUSCULAR HAEMOGLOBIN, MCH	32.0 pg		26 -34 pg
MEAN CORPUSCULAR VOLUME, MCV	95.5 fl		77 - 97 fl
PLATELET COUNT	187 x10 ³ cells/ Cumm		150x10 ³ - 400x10 ³ cells/cumm
RED BLOOD CELLS, RBC COUNT	4.87 million/cu mm		3.8 - 5.3 millions /cumm
RED CELL DISTRIBUTION WIDTH, RDW	14.3 %		11.5 - 14.5 %
LEUCOCYTE COUNT, TOTAL (TLC), AUTOMATED	4.43 x10 ³ cells/ Cumm		4x10 ³ - 11x10 ³ cells/cumm
HEMATOCRIT (HCT)	46.5 %		34 -45%
BASOPHILS	00 %		0 - 2%
EOSINOPHILS	04 %		2 - 7 %
LYMPHOCYTES	41 %		17 - 45 %
MONOCYTES	07 %		4 -13%
NEUTROPHILS	48 %		40 - 80%

..... END OF REPORT

Processed by :- DEEPTI KUMARI

Report Printed On: 13/6/2022 10:24AM

DR CHARU AGARWAL
 CONSULTANT PATHOLOGIST
 Pathologist

LABORATORY REPORT

Name	MAHKAR SINGH	Age	55y 11m 11d	Gender	MALE
MRN	GHZB-0000174485	Visit No	V0000000001-GHZB		
Lab No	G000319271	Collected On	11/06/2022 10:52AM	Received On	11/06/2022 10:52AM
Referred By	Deepak Verma	Reported On	11/06/2022 2:52PM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
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GLUCOSE, FASTING (F) (Serum Fasting)	97 mg/dl		70 - 110 mg/dl	
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..... END OF REPORT

Processed by :- DEEPTI KUMARI

mct-39093
DR ALKA DIXIT VATS
CONSULTANT PATHOLOGIST
PATHOLOGIST

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Page 1 of 1

LABORATORY REPORT

Name	MAHKAR SINGH	Age	55y 11m 11d	Gender	MALE
MRN	GHZB-0000174485	Visit No	V0000000001-GHZB		
Lab No	G000319264	Collected On	11/06/2022 10:38AM	Received On	11/06/2022 10:38AM
Referred By	Deepak Verma	Reported On	11/06/2022 12:48PM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
KIDNEY FUNCTION TESTS (Serum)				
<input type="radio"/> UREA	16.1 mg/dl		15 - 40 mg/dl	
CREATININE, SERUM	0.95 mg/dl		0.7 - 1.2 mg/dl	
URIC ACID	7.1 mg/dl		4 - 8.5 mg/dl	
SODIUM, SERUM	143.8 mmol/L		136 - 144 mmol/ L	
POTASSIUM, SERUM	4.54 mmol/L		3.6 - 5.1 mmol/L	
CHLORIDE, SERUM	107.4 mmol/L		101 - 111 mmol/L	
LIPID PROFILE (Serum)				
CHOLESTEROL, TOTAL	150 mg/dl		Upto 200 mg/dl	
TRIGLYCERIDES, SERUM	97 mg/dl		Upto 150 mg/dl	
<input type="radio"/> CHOLESTEROL, HDL, DIRECT	43 mg/dl		35 - 65 mg/dl	
CHOLESTEROL, LDL, DIRECT	88 mg/dl		0 - 120 mg/dl	
Cholesterol, VLDL	19 mg/dl		0 - 35 mg/dl	
LIVER FUNCTION TESTS (Serum)				
BILIRUBIN, TOTAL	1.59 mg/dl		0.3 - 1.2 mg/dl	
BILIRUBIN, DIRECT	0.32 mg/dl		0 - 0.3 mg/dl	
Report Printed On:	13/6/2022	10:24AM		

LABORATORY REPORT

Name	MAHKAR SINGH	Age	55y 11m 11d	Gender	MALE
MRN	GHZB-0000174485	Visit No	V0000000001-GHZB		
Lab No	G000319264	Collected On	11/06/2022 10:38AM	Received On	11/06/2022 10:38AM
Referred By	Deepak Verma	Reported On	11/06/2022 12:48PM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
Indirect Bilirubin	1.27		0.1 - 0.3 mg/dl	
TOTAL PROTEIN, SERUM	7.6 g/dl		6.6 - 8.7 g/dl	
ALBUMIN, SERUM	4.69 g/dl		3.5 - 5.2 gm/dl	
A/G RATIO (ALBUMIN / GLOBULIN RATIO)	1.61		1:1 - 2.5:1	
GLOBULIN, SERUM	2.9			
SGPT	55 IU/L		17 - 63 IU/L	
SGOT	47 IU/L		0 - 40 IU/L	
GGTP, GGT, GAMMA GT, GAMMA GLUTAMYL TRANSPEPTIDASE	31 IU/L		7 -50 U/L	
ALKALINE PHOSPHATASE, ALP	86 IU/L		32 -91 IU/L	

..... END OF REPORT

Processed by :- DEEPTI KUMARI

Charu Agarwal
Registration No: 118402
DR CHARU AGARWAL
CONSULTANT PATHOLOGIST
Pathologist

Report Printed On: 13/6/2022 10:24AM

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RADIOLOGY REPORT

Name	MAHKAR SINGH	Modality	US
Patient ID	GHZB-0000174485	Accession No	1105085
Gender/Age	M / 55Y 11M 11D	Scan Date	11-06-2022 11:47:34
Ref. Phys	Dr. Deepak Verma	Report Date	11-06-2022 14:19:01

MANIPAL HOSPITALS

NH-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad - 201002

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RADIOLOGY REPORT

Name	MAHKAR SINGH	Modality	US
Patient ID	GHZB-0000174485	Accession No	1105085
Gender/Age	M / 55Y 11M 11D	Scan Date	11-06-2022 11:47:34
Ref. Phys	Dr. Deepak Verma	Report Date	11-06-2022 14:19:01

**USG ABDOMEN & PELVIS
FINDINGS**

LIVER: appears normal in size (measures 145 mm) and shape but shows diffuse increase in liver echotexture, in keeping with diffuse grade I fatty infiltration. Rest normal.

SPLEEN: Spleen is normal in size (measures 95 mm), shape and echotexture. Rest normal.

PORTAL VEIN: Appears normal in size and measures 9.4 mm.

COMMON BILE DUCT: Appears normal in size and measures 3.6 mm.

IVC, HEPATIC VEINS: Normal.

BILIARY SYSTEM: Normal.

GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.

KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained. Rest normal.

Right Kidney: measures 107 x 46 mm. It shows a concretion measuring 2.0 mm at upper calyx.

Left Kidney: measures 109 x 53 mm.

PELVI-CALYCEAL SYSTEMS: Compact.

NODES: Not enlarged.

FLUID: Nil significant.

URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PROSTATE: Prostate is normal in size, shape and echotexture. It measures 38 x 30 x 28 mm with volume 17 cc. Rest normal.

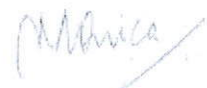
SEMINAL VESICLES: Normal.

BOWEL: Visualized bowel loops appear normal.

IMPRESSION

- Diffuse grade I fatty infiltration in liver.
- Right renal concretion.

Recommend clinical correlation.



Dr. Monica Shekhawat, MBBS, DNB,
Consultant Radiologist, Reg No MCI 11 10887

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RADIOLOGY REPORT

Name	MAHKAR SINGH	Modality	DX
Patient ID	GHZB-0000174485	Accession No	1105084
Gender / Age	M / 55Y 11M 11D	Scan Date	11-06-2022 10:47:04
Ref. Phys	Dr. Deepak Verma	Report Date	11-06-2022 15:03:09

XR- CHEST PA VIEW

FINDINGS:

LUNGS: Normal.
 TRACHEA: Normal.
 CARINA: Normal.
 RIGHT AND LEFT MAIN BRONCHI: Normal.
 PLEURA: Normal.
 HEART: Normal.
 RIGHT HEART BORDER: Normal.
 LEFT HEART BORDER: Normal.
 PULMONARY BAY: Normal.
 PULMONARY HILA: Normal.
 AORTA: Normal.
 THORACIC SPINE: Normal.
 OTHER VISUALIZED BONES: Normal.
 VISUALIZED SOFT TISSUES: Normal.
 DIAPHRAGM: Normal.
 VISUALIZED ABDOMEN: Normal.
 VISUALIZED NECK: Normal.

IMPRESSION:

No significant abnormality noted.

Recommend clinical correlation .



Dr. Monica Shekhawat, MBBS, DNB,
 Consultant Radiologist, Reg No MCI 11 10887

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mahkar singh

55 years
Male
Caucasian

Vent. rate	81 bpm
PR interval	124 ms
QRS duration	78 ms
QT/QTc	382/408 ms
P-R-T axes	72 74 66

ID: 000174485

Normal sinus rhythm
Normal ECG

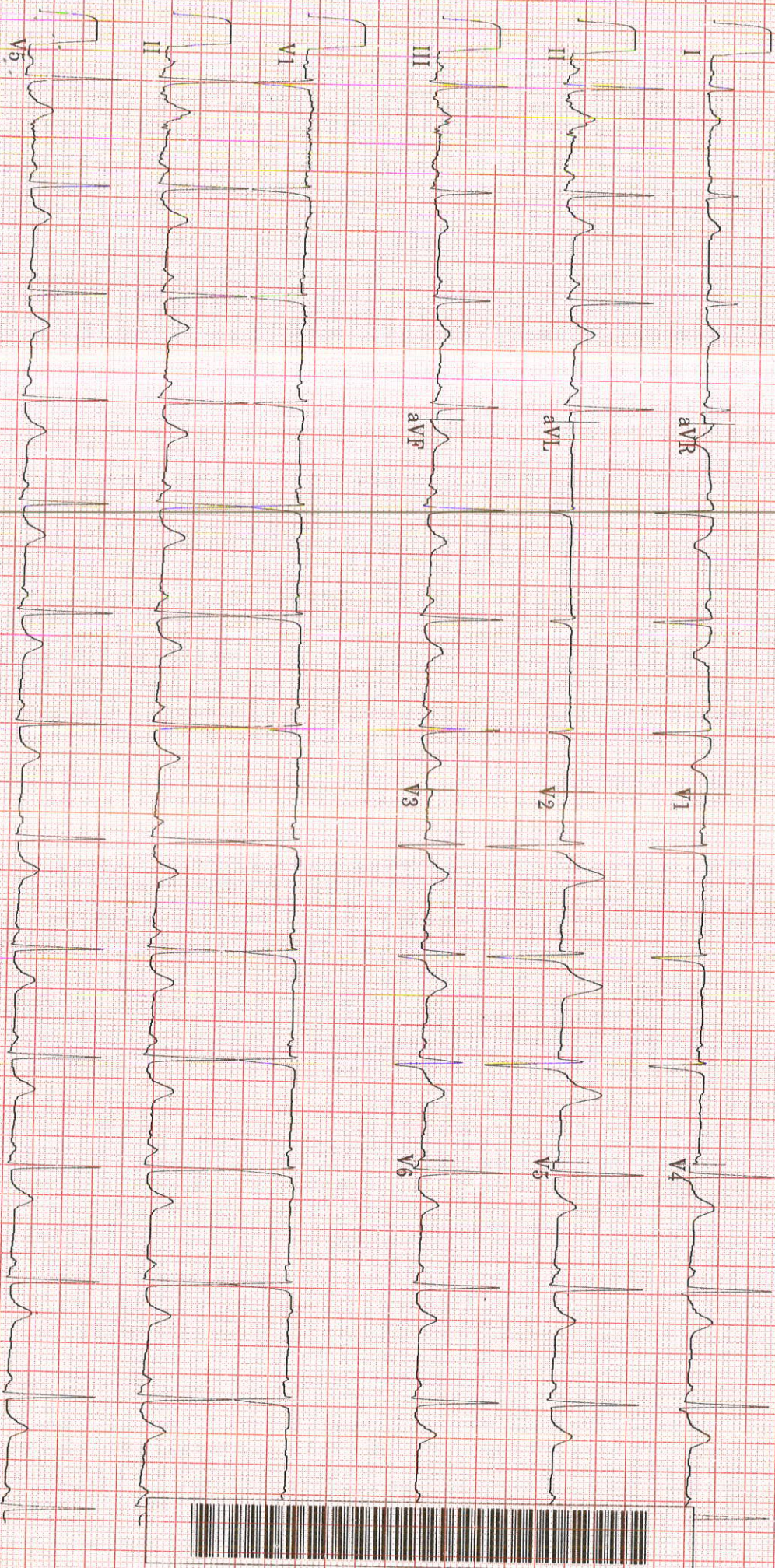
11-Jun-2022 13:53:19

Manipal Hospitals, Ghaziabad

Technician:
Test ind:

Referred by:

Unconfirmed



20 Hz 25.0 mm/s 10.0 mm/mV

4 hr 2 Sec 1 3 studies 13