

Patient Name	MR.CHAKKARALAPPA M	Requested By	EHP
MRN	201500000000144	Procedure DateTime	20-04-2023 10:41
Age/Sex	59Y 10M/Male	Hospital	NH-JAYANAGAR

### **CHEST RADIOGRAPH (PA VIEW)**

**CLINICAL DETAILS:** For executive health checkup.

### FINDINGS:

- The lung fields and bronchovascular markings appear normal.
- · The cardiac size is within normal limits.
- Mediastinum and great vessels are within normal limits.
- Trachea is normal and is central. The hilar shadows are unremarkable.
- The costo-phrenic angles are clear. No evidence of pleural effusion or pneumothorax.
- The visualized bones and soft tissue structures appear normal.
- Both the diaphragmatic domes appear normal.

### **IMPRESSION:**

· No significant abnormality detected.

1

Dr. Tanuj Gupta MBBS, DMRD, DNB Lead and Senior Consultant Radiologist

\* This is a digitally signed valid document.Reported Date/Time: 20-04-2023 10:48

This report has been generated from **NH Teler**adiology **24/7**, a service of Narayana Health
-- End of Report -Page 1 of 1



Narayana Multispeciality Clinic JAYANAGAR BANGALORE Station Telephone:

# **EXERCISE STRESS TEST REPORT**

Race:

DOB: 05.06.1963

Referring Physician: EHP

Attending Physician: DR.PRIYA S

Technician: MS.VISHALAKASHI H R

Age: 59yrs

Gender: Male

Patient Name:	MR.CHAKKARALAPPA M	ł
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Patient ID: 2015-144 Height: 165 cm Weight: 74 kg

Study Date: 20.04.2023

Test Type: Treadmill Stress Test

Protocol: BRUCE

Medications:

Medical History:

-

Reason for Exercise Test:

Screening for CAD

### **Exercise Test Summary**

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:22	0.00	0.00	75	160/100	
	STANDING	00:01	0.00	0.00	75	160/100	
	HYPERV.	00:02	0.00	0.00	75	160/100	
	WARM-UP	01:02	1.20	0.00	84	160/100	
EXERCISE	STAGE 1	03:00	1.70	10.00	126	160/100	
	STAGE 2	01:47	2.50	12.00	131		
RECOVERY		05:03	0.00	0.00	84	150/100	

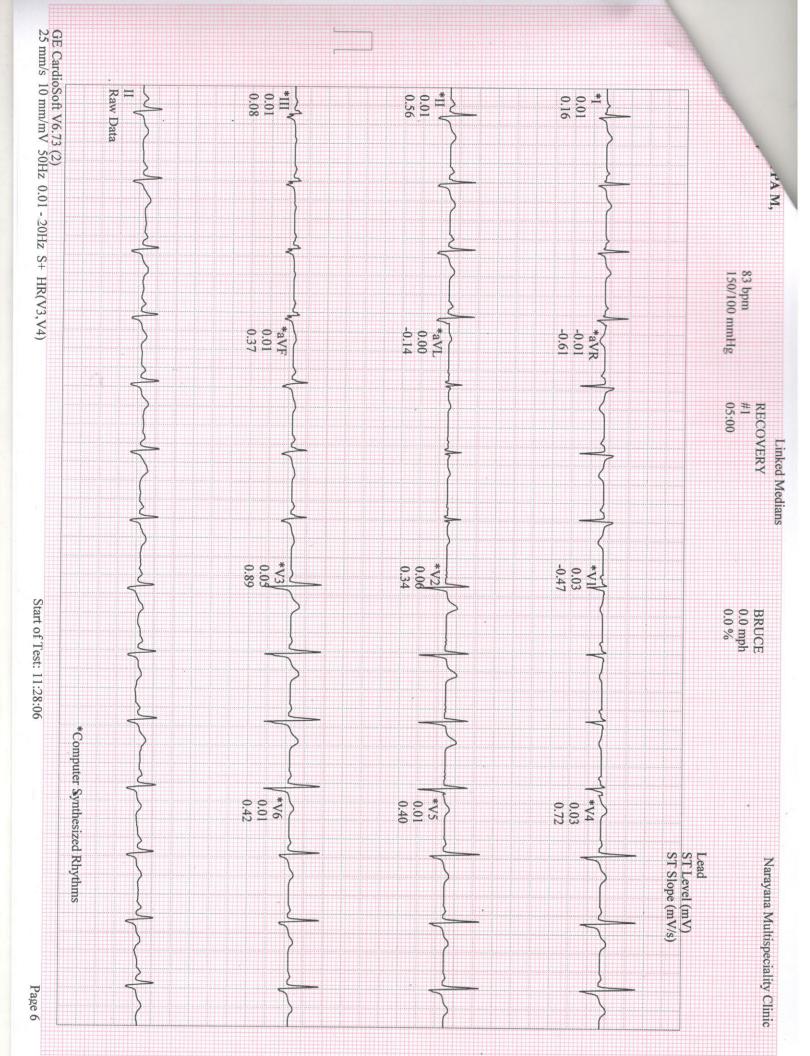
The patient exercised according to the BRUCE for 4:46 min:s, achieving a work level of Max. METS: 6.70. The resting heart rate of 78 bpm rose to a maximal heart rate of 141 bpm. This value represents 87 % of the maximal, age-predicted heart rate. The resting blood pressure of 160/100 mmHg, rose to a maximum blood pressure of 160/100 mmHg. The exercise test was stopped due to Fatigue.

### Interpretation

\*Conclusions

MODERATE EFFORT TOLERANCE
NORMAL HR AND BP RESPONSE
NO ANGINA OR ARRHYTHMIAS
NO SIGNIFICANT ST-T CHANGES NOTED DURING EXERCISE AND RECOVERY
IMP:STRESS TEST IS NEGATIVE FOR INDUCIBLE ISCHEMIA

Physician	Technician





# ADULT TRANS-THORACIC ECHO REPORT

: MR.CHAKKRALAPPA NAME

AGE/SEX: 59YRS/MALE

MRN NO: 20150000000144

: 20.04.2023 DATE

# FINAL DIAGNOSIS:

NORMAL CHAMBER DIMENSIONS

NO RWMA

**NORMAL VALVES** 

MR-MILD

NORMAL PA PRESSURE

NORMAL RV/LV FUNCTION

LVEF- 60 %

## **MEASUREMENTS**

AO: 29 MM

LVID (d): 36 MM

IVS (d): 10 MM

RA: 33 MM

LA: 34 MM

LVID(s): 24 MM

PW (d): 10 MM

**RV:27 MM** 

EF: 60 %

### **VALVES**

MITRAL VALVE

: NORMAL

**AORTIC VALVE** 

: NORMAL

TRICUSPID VALVE

: NORMAI

PULMONARY VALVE: NORMAL

# **CHAMBERS**

LEFT ATRIUM

: NORMAL

RIGHT ATRIUM

: NORMAL

LEFT VENTRICLE

: NORMAL, NORMAL LV FUNCTION

RIGHT VENTRICLE

: NORMAL, TAPSE-19 MM, NORMAL RV FUNCTION

RVOT/LVOT

: NORMAL



# Narayana Multispeciality Clinic

### **SEPTAE**

IVS

: INTACT

IAS

: INTACT

### **GREAT ARTERIES**

**AORTA** 

: NORMAL, AORTIC ANNULUS-20 MM, LEFT ARCH

**PULMONARY ARTERY** 

: NORMAL

### DOPPLER DATA

MITRAL VALVE

: E/A - 1.0/0.5M/S,MR-MILD

**AORTIC VALVE** 

: PG- 5 MMHG

TRICUSPID VALVE

: TR-TRIVIAL , PASP- 24 MMHG

PULMONARY VALVE

: PG- 3 MMHG

# **WALL MOTION ABNORMALITIES:** NO RWMA

PERICARDIUM

: NORMAL

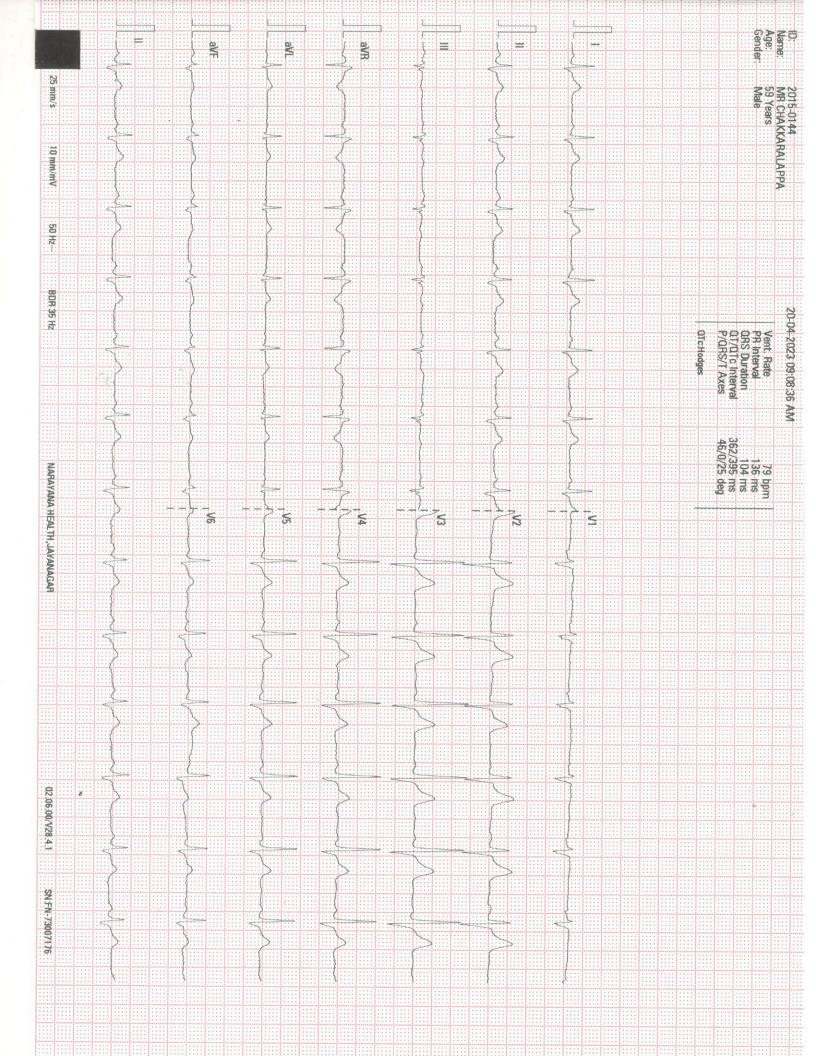
VEGETATION/THROMBUS: ABSENT

### **OTHER FINDINGS**

IVC- 14 MM, NORMAL SIZED, COLLAPSIBILITY >50%, RAP -3 MM

SINUS RHYTHM/ HR- 69 BPM

**CARDIAC SONOGRAPHER** 





**Patient Name** 

: Mr.Chakkaralappa M

Patient ID : 201

: 20150000000144

Age

: 59Years

Sex

: Male

Referring Doctor: EHP

Date

: 20.04.2023

### **ULTRASOUND ABDOMEN AND PELVIS**

### FINDINGS:

Liver is normal in size and shows diffuse increased echopattern. No intra or extra hepatic biliary duct dilatation. No focal lesions.

Portal vein is normal in size, course and caliber. CBD is not dilated.

Gall bladder is not seen H/o Surgery.

Pancreas to the extent visualized, appears normal in size, contour and echogenicity.

Spleen is normal in size, shape, contour and echogenicity. No evidence of mass or focal lesions.

**Right Kidney** is normal in size (measures 10.5cm in length & 1.6cm in parenchymal thickness), position, shape and echopattern. Corticomedullary differentiation is maintained. No evidence of calculi or hydronephrosis.

**Left Kidney** is normal in size (measures 9.8cm in length & 1.3cm in parenchymal thickness), position, shape and echopattern. Corticomedullary differentiation is maintained. No evidence of calculi or hydronephrosis.

Retroperitoneum - Obscured by bowel gas.

**Urinary Bladder** is partially distended. Wall thickness is normal. No evidence of calculi, mass or mural lesion.

Pre Void - 50cc

Post Void - 6cc

**Prostate** is normal in echopattern and **mildly enlarged** in size, measures 3.5x3.4x3.9cm, Volume - 24cc.

Fluid - There is no ascites or pleural effusion.

### IMPRESSION:

- Grade I fatty Liver.
- Grade I Prostatomegaly.

Dr B S Ramkumar 35772 Consultant Radiologist

Disclaimer:

Note: Investigations have their limitations. Solitary pathological/Radiological and other investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. Please interpret accordingly. This Report is not for Medico - Legal Purposes.



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### **DEPARTMENT OF LABORATORY MEDICINE**

Final Report

Patient Name: Mr Chakkaralappa M MRN: 20150000000144 Gender/Age: MALE, 59y (05/06/1963)

Collected On: 20/04/2023 08:07 AM Received On: 20/04/2023 01:11 PM Reported On: 20/04/2023 02:23 PM

Barcode: 032304200067 Specimen: Stool Consultant: EXTERNAL(EXTERNAL)

Sample adequacy: Satisfactory Visit No: OP-001 Patient Mobile No: 8095393296

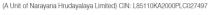
#### **CLINICAL PATHOLOGY**

Test	Result	Unit	Biological Reference Interval
STOOL ROUTINE EXAMINATION			
PHYSICAL EXAMINATION			
Colour	Yellowish	-	-
Consistency	Semi Solid	-	-
Mucus	Absent	-	-
CHEMICAL EXAMINATION			
Stool For Occult Blood (Standard Guaiac Method)	Negative	-	-
Reaction	Alkaline	-	-
MICROSCOPE EXAMINATION			
Ova	Not Seen	-	-
Cyst Of Protozoa	Not Seen	-	-
Pus Cells	3-4/hpf	/hpf	0-5
<b>Urine For Sugar (Fasting)</b> (Enzyme Method (GOD POD))	Not Present	-	-
Urine For Sugar (Post Prandial) (Enzyme Method (GOD POD))	Not Present	-	_

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**Appointments** 







Emergencies 97384 97384

1800-309-0309



Patient Name: Mr Chakkaralappa M MRN: 20150000000144 Gender/Age: MALE, 59y (05/06/1963)



Dr. Hema S MD, DNB, Pathology Associate Consultant

### **BIOCHEMISTRY**

Test	Result	Unit	Biological Reference Interval
Fasting Blood Sugar (FBS) (Colorimetric - Glucose Oxidase Peroxidase)	108 H	mg/dL	70 to 99 : Normal 100 to 125 : Pre-diabetes =>126 : Diabetes ADA standards 2020
<b>Post Prandial Blood Sugar (PPBS)</b> (Colorimetric - Glucose Oxidase Peroxidase)	68 L	mg/dL	70 to 139 : Normal 140 to 199 : Pre-diabetes =>200 : Diabetes ADA standards 2020
SERUM CREATININE			
Serum Creatinine (Two Point Rate - Creatinine Aminohydrolase)	0.85	mg/dL	0.66-1.25
eGFR (Calculated)	92.3	mL/min/1.73m <sup>2</sup>	Indicative of renal impairment < 60 Note:eGFR is inaccurate for Hemodyamically unstable patients eGFR is not applicable for less than 18 years of age.
Blood Urea Nitrogen (BUN) (Endpoint /Colorimetric – Urease)	12	mg/dL	9.0-20.0
Serum Uric Acid (Colorimetric - Uricase,Peroxidase)	5.8	mg/dL	3.5-8.5
LIPID PROFILE (CHOL,TRIG,HDL,LDL,VLDL)			
Cholesterol Total (Colorimetric - Cholesterol Oxidase)	170	mg/dL	Desirable: < 200 Borderline High: 200-239 High: > 240
Triglycerides (Colorimetric - Lip/Glycerol Kinase)	63	mg/dL	Normal: < 150 Borderline: 150-199 High: 200-499 Very High: > 500

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Appointments

1800-309-0309

Emergencies **97384 97384** 

Narayana Institute of Cardiac Sciences





Patient Name: Mr Chakkaralappa M MRN:	20150000000144	Gender/Age : MALE ,	59y (05/06/1963)
HDL Cholesterol (HDLC) (Colorimetric: Non Precipitation Phosphotungstic Acid Method)	HDL 29 L	mg/dL	40.0-60.0
Non-HDL Cholesterol (Calculated)	141.0 H	mg/dL	Desirable: < 130 Above Desirable: 130-159 Borderline High: 160-189 High: 190-219 Very High: => 220
LDL Cholesterol (Colorimetric)	123 L	mg/dL	Optimal: < 100 Near to above optimal: 100-129 Borderline High: 130-159 High: 160-189 Very High: > 190
VLDL Cholesterol (Calculated)	12.6	mg/dL	0.0-40.0
Cholesterol /HDL Ratio (Calculated)	5.9 H	-	0.0-5.0
Prostate Specific Antigen (PSA) (Enhanced Chemiluminesence)	0.632	ng/mL	0.0-3.5

#### **Interpretation Notes**

 PSA is a recommended test for detection of prostate cancer along with Digital Rectal Examination (DRE) in males above 50 years of age.

PSA levels are increased in Prostate cancer, Benign Prostatic Hyperplasia, Prostitits, Genitourinary infections. False negative/positive results are observed in patients receiving mouse monoclonal antibodies for diagnosis or therapy. All values should be correlated with clinical findings and results of other investigations.

Note: Patient results determined by assay using different manufacturers or methods may not be comparable.

### **THYROID PROFILE (T3, T4, TSH)**

Tri lodo Thyronine (T3) (Enhanced Chemiluminesence)	1.53	ng/mL	0.97-1.69
Thyroxine (T4) (Enhanced Chemiluminesence)	8.93	μg/dl	5.53-11.0
TSH (Thyroid Stimulating Hormone) (Enhanced Chemiluminesence)	4.082 H	μIU/mL	0.4-4.049

#### **Interpretation Notes**

• TSH levels are subjected to circadian variation, reaching peak levels between 2 - 4.a.m. and at a minimum between 6-10 pm . The variation is of the order of 50%, hence time of the day has influence on the measured serum TSH concentrations. Alteration in concentration of Thyroid hormone binding protein can profoundly affect Total T3 and/or Total T4 levels especially in pregnancy and in patients on steroid therapy. Unbound fraction (Free,T4 /Free,T3) of thyroid hormone is biologically active form and correlate more closely with clinical status of the patient than total T4/T3 concentration.

### LIVER FUNCTION TEST(LFT)

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Appointments

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97384 97384

Email: info.nics@narayanahealth.org | www.narayanahealth.org

1800-309-0309 Emergencies



Patient Name: Mr Chakkaralappa M MRN: 201500	00000144 Ge	ender/Age : MALE , 59y (05/0	06/1963)
Bilirubin Total (Colorimetric - Diazo Method)	0.60	mg/dL	0.2-1.3
Conjugated Bilirubin (Direct) (Dual Wavelength - Reflectance Spectrophotometry)	0.10	mg/dL	0.0-0.3
Unconjugated Bilirubin (Indirect) (Calculated)	0.5	mg/dL	0.0-1.1
Total Protein (Colorimetric - Biuret Method)	7.20	gm/dL	6.3-8.2
Serum Albumin (Colorimetric - Bromo-Cresol Green)	4.40	gm/dL	3.5-5.0
Serum Globulin (Calculated)	2.8	gm/dL	2.0-3.5
Albumin To Globulin (A/G)Ratio (Calculated)	1.58	-	1.0-2.1
SGOT (AST) (Multipoint-Rate With P-5-P (pyridoxal-5-phosphate))	27	U/L	17.0-59.0
<b>SGPT (ALT)</b> (Multipoint-Rate With P-5-P (pyridoxal-5-phosphate))	19	U/L	<50.0
Alkaline Phosphatase (ALP) (Multipoint-Rate - P- nitro Phenyl Phosphate, AMP Buffer)	85	U/L	38.0-126.0
Gamma Glutamyl Transferase (GGT) (Multipoint Rate - L-glutamyl-p-nitroanilide ( Szasz Method))	16	U/L	15.0-73.0

#### **Interpretation Notes**

Indirect Bilirubin result is a calculated parameter (Indirect Bilirubin = Total Bilirubin - Direct Bilirubin).
 Indirect bilirubin result includes the delta bilirubin fraction also. Delta Bilirubin is the bilirubin which is covalently bound to albumin.
 Delta Bilirubin is not expected to be present in healthy adults or neonates.

Dr. Anushre Prasad MBBS,MD, Biochemistry Consultant Biochemistry Mrs. Latha B S
MSc, Mphil, Biochemistry
Incharge, Consultant Biochemistry

**HEMATOLOGY** 

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Email: info.nics@narayanahealth.org | www.narayanahealth.org



Patient Name: Mr Chakkaralappa M MRN: 201500	00000144	Gender/Age : MALE , 59y (	
Test	Result	Unit	Biological Reference Interval
COMPLETE BLOOD COUNT (CBC)			
Haemoglobin (Hb%) (Photometric Measurement)	16.4	g/dL	13.0-17.0
Red Blood Cell Count (Electrical Impedance)	5.62 H	million/μl	4.5-5.5
PCV (Packed Cell Volume) / Hematocrit (Calculated)	48.3	%	40.0-50.0
MCV (Mean Corpuscular Volume) (Derived)	86.0	fL	83.0-101.0
MCH (Mean Corpuscular Haemoglobin) (Calculated)	29.1	pg	27.0-32.0
MCHC (Mean Corpuscular Haemoglobin Concentration) (Calculated)	33.9	%	31.5-34.5
Red Cell Distribution Width (RDW) (Derived)	13.3	%	11.6-14.0
Platelet Count (Electrical Impedance Plus Microscopy)	196	$10^3/\mu$ L	150.0-450.0
Total Leucocyte Count(WBC) (Electrical Impedance)	6.3	10 <sup>3</sup> /μL	4.0-10.0
DIFFERENTIAL COUNT (DC)			
Neutrophils (VCS Technology Plus Microscopy)	54.6	%	40.0-75.0
Lymphocytes (VCS Technology Plus Microscopy)	32.4	%	20.0-40.0
Monocytes (VCS Technology Plus Microscopy)	9.0	%	2.0-10.0
Eosinophils (VCS Technology Plus Microscopy)	3.2	%	1.0-6.0
Basophils (VCS Technology Plus Microscopy)	0.8	%	0.0-2.0
Absolute Neutrophil Count (Calculated)	3.44	x10 <sup>3</sup> cells/μl	2.0-7.0
Absolute Lympocyte Count (Calculated)	2.05	x10 <sup>3</sup> cells/μl	1.0-3.0
Absolute Monocyte Count (Calculated)	0.57	x10 <sup>3</sup> cells/μl	0.2-1.0
Absolute Eosinophil Count (Calculated)	0.21	x10 <sup>3</sup> cells/μl	0.02-0.5

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Patient Name: Mr Chakkaralappa M MRN: 20150000000144 Gender/Age: MALE, 59y (05/06/1963)

Absolute Basophil Count (Calculated)

0.06

As per the recommendation of International Council for Standardization in Hematology, the differential counts are additionally being reported as absolute numbers.

#### **Interpretation Notes**

Haemoglobin, RBC Count and PCV: If below reference range, indicates Anemia. Further evaluation is suggested.
 RBC Indices aid in typing of anemia.

WBC Count: If below reference range, susceptibility to infection.

If above reference range- Infection\*

If very high in lakhs-Leukemia

Neutrophils -If above reference range-acute infection, mostly bacterial

Lymphocytes -If above reference range-chronic infection/ viral infection

Monocytes -If above reference range- TB, Typhoid, UTI

Eosinophils -If above reference range -Allergy, cough, Common cold, Asthma & worms

Basophils - If above reference range, Leukemia, allergy

Platelets: If below reference range- bleeding disorder, Dengue, drug- induced, malignancies

\* In bacterial infection with fever total WBC count increases.

Eg Tonsillitis, Sinusitis, Bronchitis, Pneumonia, Appendicitis, UTI-12000-25000 cells/cumm.

In typhoid and viral fever WBC may be normal.

DISCLAIMER: All the laboratory findings should mandatorily interpreted in correlation with clinical findings by a medical expert.

-- End of Report-



Dr. Hema S MD, DNB, Pathology Associate Consultant

### Note

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.

(Post Prandial Blood Sugar (PPBS), -> Auto Authorized)

(Lipid Profile, -> Auto Authorized)

(CR, -> Auto Authorized)

(LFT, -> Auto Authorized)

(Uric Acid, -> Auto Authorized)







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Patient Name: Mr Chakkaralappa M MRN: 20150000000144 Gender/Age: MALE, 59y (05/06/1963)

(Blood Urea Nitrogen (Bun), -> Auto Authorized) (Prostate Specific Antigen (Psa), -> Auto Authorized) (Fasting Blood Sugar (FBS) -> Auto Authorized)

(A Unit of Narayana Hrudayalaya Limited) CIN: L85110KA2000PLC027497





### **DEPARTMENT OF LABORATORY MEDICINE**

Final Report

Patient Name: Mr Chakkaralappa M MRN: 20150000000144 Gender/Age: MALE, 59y (05/06/1963)

Collected On: 20/04/2023 08:07 AM Received On: 20/04/2023 01:11 PM Reported On: 20/04/2023 01:45 PM

Barcode: 032304200066 Specimen: Urine Consultant: EXTERNAL(EXTERNAL)

Sample adequacy: Satisfactory Visit No: OP-001 Patient Mobile No: 8095393296

	CLINICAL PAT	HOLOGY	
Test	Result	Unit	Biological Reference Interval
URINE ROUTINE & MICROSCOPY			
PHYSICAL EXAMINATION			
Colour	STRAW	-	-
Appearance	Clear	-	-
CHEMICAL EXAMINATION			
pH(Reaction) (pH Indicator Method)	5.5	-	4.5-7.5
Sp. Gravity (Refractive Index)	1.022	-	1.002 - 1.030
Protein (Automated Protein Error Or Ph Indicator)	Not Present	-	Not Present
Urine Glucose (Enzyme Method (GOD POD))	Not Present	-	Not Present
Ketone Bodies (Nitroprusside Method)	Not Present	-	Not Present
Bile Salts (Azo Coupling Method)	Not Present	-	Not Present
Bile Pigment (Bilirubin) (Azo Coupling Method)	Not Present	-	Not Present
Urobilinogen (Azo Coupling Method)	Normal	-	Normal
Urine Leucocyte Esterase (Measurement Of Leukocyte Esterase Activity)	Not Present	-	Not Present
Blood Urine (Peroxidase Reaction)	Trace	-	Not Present
Nitrite (Gries Method)	Not Present	-	Not Present
MICROSCOPIC EXAMINATION			
Pus Cells	0.3	/hpf	0-5

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Patient Name : Mr Chakkaralappa M	MRN: 2015000000144	Gender/Age : MALE	, 59y (05/06/1963)	
RBC	2.5	/hpf	0-4	
Epithelial Cells	0.1	/hpf	0-6	
Crystals	0.0	/hpf	0-2	
Casts	0.04	/hpf	0-1	
Bacteria	0.6	/hpf	0-200	
Yeast Cells	0.0	/hpf	0-1	
Mucus	Not Pres	ent -	Not Present	

### **Interpretation Notes**

Since the analytical methodology of Urine Microscopy is Flow cytometry based and FDA approved the results of automated urine
microscopy which includes RBCs, WBCs Epithelial cells etc are being reported in decimal fraction. Rounding off the value to
nearest whole number is suggested.

-- End of Report-



Dr. Hema S MD, DNB, Pathology Associate Consultant

#### Note

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.



Page 2 of 2