

DEPT. OF APOLLO HEALTH CHECK



CASE RECORD

Name :	Age :	Sex : M/F
Age :		UHID :

Physical Examination

General : Build _____ Height 152.5 cm Weight 79 kg BMI : _____

Anaemia _____ Icterus _____ Cyanosis _____ Clubbing _____

Oedema _____ Glands _____

HEAD & NECK :

ENT :

CVS : Heart Rate & Rhythm 84 bpm SpO2 97%

B.P. : Supine _____ Sitting _____ Standing _____

131/90

Chest shape _____

Heart Sounds _____

Murmurs _____

Thrills _____

RS : Rate & Type _____

Breath Sounds _____

mmHg. Echo Screening report
 - Normal LV function
 - No RWMA
 - LVEF 60%

118
 abdo: - ~~118~~

(con)

117098

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QF400AHB.pf.8203

DEPT. OF APOLLO HEALTH CHECK



GYNAECOLOGY CONSULT

HB.0001127593

S. JOYSHREE MONDOL GH

Name:	OSH	UHID:	Date: 6-2-23
Age:	Age: 34 Year(s) Year(s)	Consultant Gynaecologist:	Dr. Baby Anurag

DRUG ALLERGIES :

NIL

Complaints (related to Gynaec) - NIL SPECIFIC / YES

Known to have Diabetes / Hypertension / IHD / Asthma / Thyroid / Others NIL

Past Medical / Surgical History : dhscs

Braut - fibroadenoma - (h) - 2017

Family History : NIL

OTHER SYSTEMS :

WNL

GYNAEC HISTORY :

- Marital Status - SM Others
- Children - 2
- Deliveries - 60k nscs
- L.C.B. - 1/2 yn.
- Abortion - 1
- Periods - Regular 3-4/28-30d
- L.M.P. - 8-1-23
- Menopause - -
- Contraception - sterilized

Present Medication :

NIL

GYNAEC EXAMINATION :

- P/A - soft
- P/V - ut. erect size not measured
- S/E - Vagina Normal
- P/R -

GENERAL EXAMINATION :

- Weight : _____ Kgs, Height : _____ cm
- General Condition :
- Blood Pressure :
- Thyroid - NAD
- Others :

BREASTS : No obvious masses palpable

PAP SMEAR (Taken / Not Taken (Reason))

OPINION & ADVICE :

lab - Negative
USG - uterine normal

REVIEW DETAILS : (with date)
With Patient / With reports only

→ lab smear - yearly
→ B/L mammography yearly

Signature with Date & Time

[Signature] 6-2-23
11-30 AM

P.T.O. For more space

Dr. MEHTA Y
 MBBS, DNB (Family Medicine)
 Senior Consultant
 Reg. No. : ANP20010000845KTK

AHB - 1127593

Place Label Here
 MR - JOYSHRUB MONDOL GHOSH

Age - 34
 If label not available, write Pt. Name, UHID No., Age, Sex, Date, Name of Treating Physician



Allergies : NIL	Fall Risk Assessment		Wt: 79	Ht: 152.5	T: 84	BP: 131/90	
	H/o fall (within 1 year)	Yes No	Pain 0 / 10				<input checked="" type="checkbox"/> Psychological & Social Assessment done
	Mobility Aid	Yes No					
	Gait	Dep. Indep.					

120/80 mm Hg

- ① LDL-C - 168 mg/dl.
- ② Fatty liver
- ③ TMT - Negative

Rx

1. Tab. ROSEDAY 10 0-0-1 x 3 months
2. Cap. NURONZ-D 1-0-0 x 2 months

Lipid profile after 3 months

Kindly get this document scanned at the counter for the record purpose

[Signature]
 Signature and Date

YOUR CLINICAL TEST RESULTS

Ms. JOYSHREE MONDOL GHOSH

FEMALE / 34 Yrs / AHB.0001127593 / AHBHC117098

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 06/02/2023

HEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin :Oxyhemoglobin method(Photometric measurement)	12.2	g/dL	●	11.5 - 15.5
RBC Count (Impedance)	4.23	x(10) ¹² /l	●	3.7 - 4.8
Packed cell volume (Calculated)	38	%	●	34 - 46
MCV (Derived from RBC histogram)	91	fl	●	83 - 101
MCH (Calculated)	29	pg	●	27 - 32
RDW (Calculated)	14	%	●	11.60-14.00
MCHC (Calculated)	32	g/dl	●	31.5 - 34.5
Platelet Count (Impedance)	160	x(10) ⁹ /l	●	150 - 450
WBC Count (Impedance)	5.41	x(10) ⁹ /l	●	4 - 11
Neutrophils	61	%	●	40 - 80
Lymphocytes	31	%	●	8.6 -23.8
Monocytes	7	%	●	2 - 10
Eosinophils	1	%	●	1 - 6
Basophils	0	%	●	0 - 2
LEUKOCYTE SEDIMENTATION RATE (ESR) (Teflon Capillary Photometry)	42 *	mm/1st hr	●	Adult Female- 0 - 20

URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Color :	Yellow			Yellow
Volume :	30	ml		
Appearance	Clear			Clear
pH	6.0			
Specific Gravity	1.010 *		●	1.016 - 1.022

● Within Normal Range ● Boderline High/Low ● Outside Range

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Date : 06/02/2023

Protein :	NEGATIVE			NEGATIVE
Glucose:	NEGATIVE			NEGATIVE
Ketone	NEGATIVE			NEGATIVE
Bile Salts :	NEGATIVE			NEGATIVE
Bile Pigments:	NEGATIVE			NEGATIVE
Bilirubinogen	0.2	E.U./dL	●	0.2 - 1.0
Blood :	NEGATIVE			NEGATIVE
Nitrate:	NEGATIVE			NEGATIVE
Leucocyte Esterases	NEGATIVE			NEGATIVE
RBC	Nil	Cells/hpf		0 - 2
Pus Cells	1-2 /h.p.f	/HPF		0 - 5
Epithelial Cells	Occasional			Occasional - Few

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
Blood Group:	A			
Rh (D) Type:	POSITIVE			
Method:	COLUMN AGGLUTINATION			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	32	U/L	●	<= 35
GLOBULIN - SERUM - CALCULATED	3.4	g/dL	●	Adult 2.0 - 4.0
ALBUMIN:GLOBULIN (RATIO) - CALCULATED	1.3		●	0.8 - 2.0
ALBUMIN - SERUM	4.4	g/dL	●	Adult- 3.5-5.2
ALKALINE PHOSPHATASE - SERUM	65	U/L	●	Adult: 30 - 120
AST (SGOT) - SERUM	29	U/L	●	<= 35

Within Normal Range
 Borderline High/Low
 Outside Range

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BILIRUBIN, TOTAL - SERUM	0.61	mg/dL	●	0.30-1.20
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NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CHLORIDE - SERUM	105	mmol/L	●	98 - 107

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	240 *	mg/dL	●	"Desirable : <200 Borderline : 200 – 239 High Risk : >239"

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.66	mg/dL	●	Female: 0.6 -1.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	16	U/L	●	<= 38

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	100	mg/dL	●	"Non-Diabetic :<= 100 Impaired Fasting Glucose:100-125 Diabetic :>= 126 "

GLYCATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	5.2	%	●	"NON-DIABETICS<=5.6 PRE-DIABETIC: 5.7-6.4 DIABETIC>=6.5"

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	58	mg/dL	●	"Low : <40 High: >59"

● Within Normal Range ● Boderline High/Low ● Outside Range

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2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 06/02/2023

LDL Cholesterol (Direct LDL)	168 *	mg/dL	●	*Optimal : <100 Near/Above Optimal: 100 – 129 Borderline High: 130 – 159 High: 160 – 189 Very High: > 189*
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NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
POTASSIUM - SERUM	4.7	mmol/L	●	3.5-5.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.8	g/dL	●	ADULT: 6.0 - 8.5

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
SODIUM - SERUM	139	mmol/L	●	135 - 145

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	94.07	ng/dL	●	Adults: 87 - 178
TOTAL T4: THYROXINE - SERUM	10.00	µg/dL	●	5.93 - 13.29

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	109	mg/dL	●	*Normal: < 150 Borderline High: 150 – 199 High: 200 – 499 Very High: > 499*
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	4.1		●	< 5.0

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
THYROID STIMULATING HORMONE [TSH]	2.35	µIU/mL	●	0.34 - 5.6

NEPHROLOGY RENAL PROFILE (RANDOM)

Level	Range
● Within Normal Range	
● Boderline High/Low	
● Outside Range	

YOUR CLINICAL TEST RESULTS

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FEMALE / 34 Yrs / AHB.0001127593 / AHBHC117098

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 06/02/2023

Test Name	Result	Unit	Level	Range
UREA - SERUM	23	mg/dL	●	15 - 45
URIC ACID - SERUM	6.1 *	mg/dL	●	Adult Female: 2.5 - 6.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
LDL CHOLESTEROL - SERUM	22	mg/dl	●	Desirable: <30

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN DIRECT - SERUM	0.08	mg/dL	●	upto 0.4
BILIRUBIN INDIRECT - SERUM - CALCULATED	0.53	mg/dL	●	0.1 - 1.0

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
BICARBONATE (HCO ₃) - SERUM	25		●	Healthy Adults: 22 - 29

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

Ms. JOYSHREE MONDOL GHOSH

FEMALE / 34 Yrs / AHB.0001127593 / AHBHC117098

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 06/02/2023

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

Histopathology

PAP SMEAR (CONVENTIONAL METHOD)

Biochemistry

GLUCOSE - SERUM / PLASMA (RANDOM)

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

CARDIOLOGY

ECHO/TMT - OPTIONAL

Ultrasound Radiology

ULTRASOUND - WHOLE ABDOMEN

CARDIOLOGY

ECG

X Ray

X-RAY CHEST PA

● Within Normal Range ● Boderline High/Low ● Outside Range



MC-2047

DEPARTMENT OF BIOCHEMISTRY

Name : Ms. JOYSHREE MONDOL GHOSH Age : 34Yr 5Mth 27Days Gender : Female
 UHID : AHB.0001127593 / AHBHC117098 W/BNo/RefNo : AHC
 SIN \ LRN : 8474550 \ 3702114
 Specimen : Plasma
 Ref Doctor : Dr. MHC



Collected on : 06-FEB-2023 12:04:56 PM Received on : 06-FEB-2023 01:10:19 PM Reported on : 06-FEB-2023 01:32:29 PM

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

<u>TEST NAME</u>	<u>RESULT</u>	<u>BIOLOGICAL REFERENCE INTERVALS</u>	<u>UNITS</u>
GLUCOSE - SERUM / PLASMA (POST PRANDIAL) (HEXO KINASE)	123	Non-Diabetic : <=140	mg/dL
GLUCOSE - PLASMA (POST PRANDIAL)		Impaired Glucose Tolerance : 140-199	
	Diabetic : >=200		

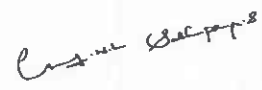
Report Status:Final

* - Abnormal Value

* END OF REPORT *

CHECKED BY 138762
723076

Printed On : 06-FEB-2023 02:34:19 PM



GOVINDARAJU N L Dr.SABHARI PRIYA S
Clinical Biochemist Registrar

AH-QF-RD-04

DEPARTMENT OF RADIOLOGY

Patient's Details :	Ms. JOYSHREE MONDOL GHOSH	F	034Y
UHID :	AHB.0001127593	Ward/Bed No. :	AHC / AHC
I.P.No./Bill No. :	AHBHC117098	Scanned on :	06-Feb-2023 10:56
Accession Number :	10601.123015039	Reported On :	06-Feb-2023 11:19:12
Referring Doctor :	null		

X-RAY CHEST PA VIEW

Lung fields appear clear bilaterally with normal bronchovascular markings.
Mild prominent cardia. Costophrenic angles appear normal on both sides.
Domes of the diaphragm appear normal.
Underlying bony and soft tissue shadows appear normal.



DR. MEDIPALLY MADHUKAR
REGISTRAR

---END OF THE REPORT---

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

DEPARTMENT OF RADIOLOGY

Patient's Details	: Ms. JOYSHREE MONDOL GHOSH	F 034Y
UHID	: AHB.0001127593	Ward/Bed No. : AHC / AHC
I.P.No./Bill No.	: AHBHC117098	Scanned on : 06-Feb-2023 12:16
Accession Number	: 10601.223011645	Reported On :
Referring Doctor	: null	

ULTRASOUND WHOLE ABDOMEN

Clinical Information: - General health checkup.

Liver appears normal in size, shape and shows diffuse increase in echogenicity. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

Gall bladder is contracted.

Spleen appears normal in size, shape and echopattern. No focal parenchymal lesions identified.

Pancreas head appears normal. Rest obscured by bowel gases.

Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No evidence of calculi or hydronephrosis seen on either side.

Urinary bladder is distended and appears normal. No evidence of abnormal wall thickening noted.

Uterus appears normal in size. Myometrial echoes appear normal. Endometrial thickness measures ~ 3 mm.

Both ovaries appear normal in size and echopattern.

No evidence of ascites or pleural effusion seen.

IMPRESSION:

Fatty liver.

- Suggested clinical correlation.

(Enclosed report) M

DR. ANJITHA S
RESIDENT

DR. SHANTHALA Y.
DMRD, DNB
CONSULTANT RADIOLOGIST

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

APOLLO HOSPITALS
BANNERGATTA ROAD
BANGALORE

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: JOYSHREE MONDOL GHOSH,
Patient ID: AHB/1127593
Height: 152 cm
Weight: 79 kg

DOB: 01.08.1988
Age: 34yrs
Gender: Female
Race: Indian

Study Date: 06.02.2023
Test Type: Treadmill Stress Test
Protocol: BRUCE

Referring Physician: AHC
Attending Physician: DR K M NAIR
Technician: Grace

Medications:
NONE

Medical History:
NONE

Reason for Exercise Test:
Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:45	0.00	0.00	108	130/80	
	STANDING	00:02	0.00	0.00	108	130/80	
	HYPERV.	00:04	0.00	0.00	105	130/80	
	WARM-UP	00:12	1.00	0.00	112	130/80	
EXERCISE	STAGE 1	03:00	1.70	10.00	127	130/80	
	STAGE 2	03:00	2.50	12.00	141	140/80	
	STAGE 3	01:14	3.40	14.00	162	150/80	
RECOVERY		03:14	0.00	0.00	110	140/80	

The patient exercised according to the BRUCE for 7:13 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 103 bpm rose to a maximal heart rate of 162 bpm. This value represents 87 % of the maximal, age-predicted heart rate. The resting blood pressure of 130/80 mmHg, rose to a maximum blood pressure of 160/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: none.

Conclusions

IMP:- STRESS TEST IS NEGATIVE FOR INDUCIBLE ISCHEMIA.

Physician

Technician

Rate 85

PR 140

QRSD 86

QT 372

QTc 443

--AXIS--

P 56

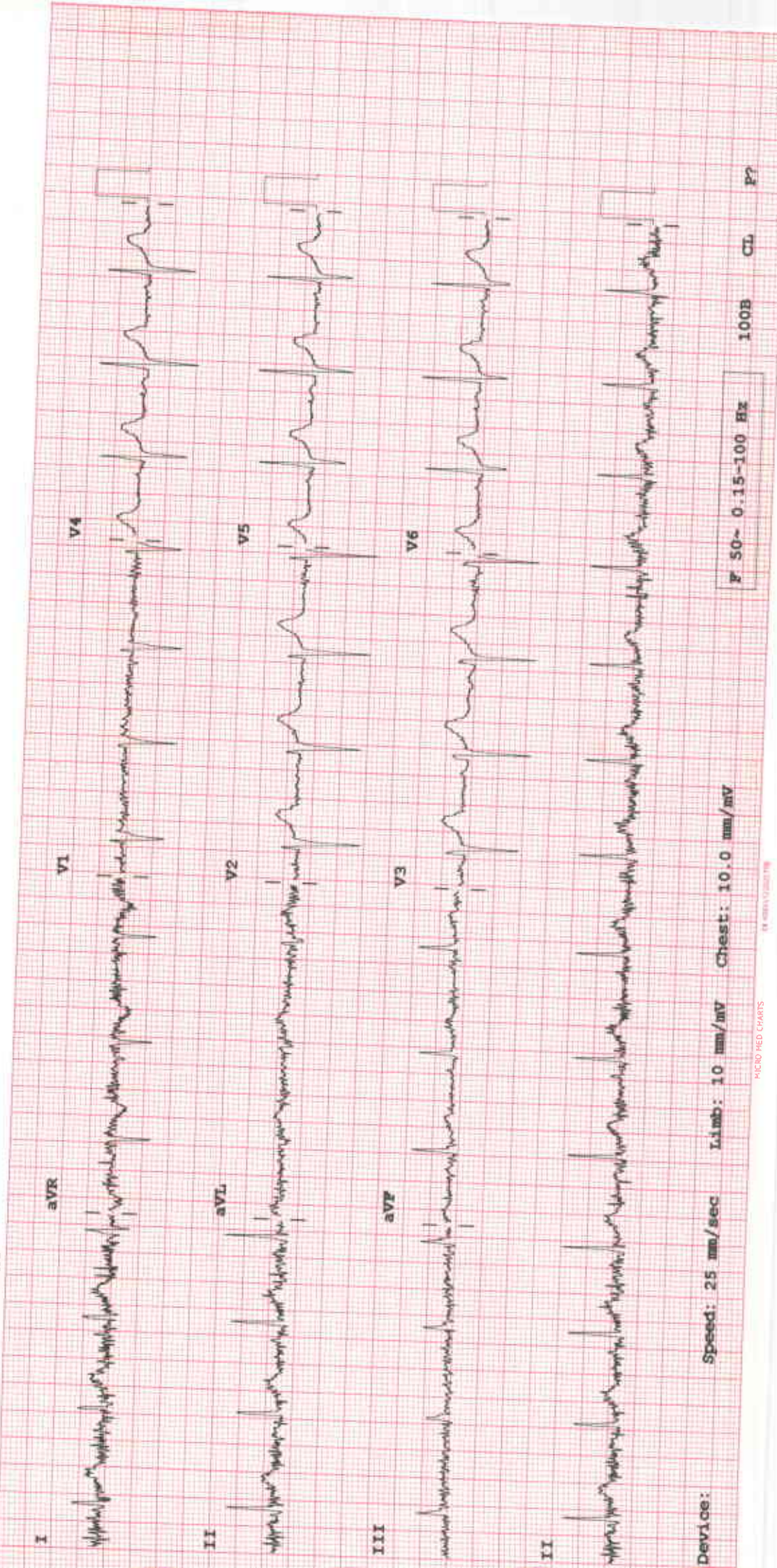
QRS 72

T 40

12 Lead; Standard Placement

HB0001127583
S. JOYSHREE MONDOL GH

OSH
Age: 34 Year(s) Year(s)/



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50~ 0.15-100 Hz

100B CL P?