

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	POONAM KUMARI
DATE OF BIRTH	12-10-1999
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	25-03-2023
BOOKING REFERENCE NO.	22M188547100049846S
SPOUSE DETAILS	
EMPLOYEE NAME	MR. CHAUDHARY SANTOSH KUMAR
EMPLOYEE EC NO.	188547
EMPLOYEE DESIGNATION	WEALTH EXECUTIVE
EMPLOYEE PLACE OF WORK	DHANBAD
EMPLOYEE BIRTHDATE	04-05-1988

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **17-03-2023** till **31-03-2023**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

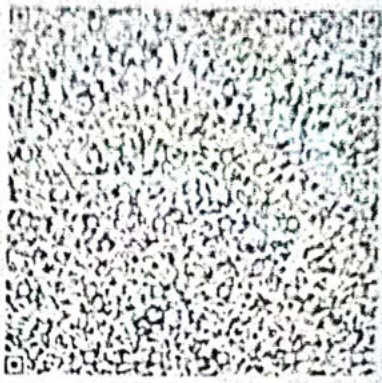
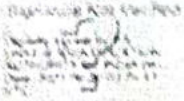
(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



Valid Date: 20/04/2021

Poonam Kumari
D/O Bhimal Choudhary
Thana Barhi
Gauna Karma
Geonakarma
Hazanbagh Jharkhand - 825405
7033555462

Issue Date: 03/02/2021



आपका आधार क्रमांक / Your Aadhaar No. :

6439 0965 2346

VID : 9130 1500 3886 2498

मेरा आधार, मेरी पहचान



भारत सरकार
Government of India



Download Date: 20/04/2021



पूनम कुमारी
Poonam Kumari
जन्म तिथि/DOB: 12/10/1999
महिला/ FEMALE

Issue Date: 03/02/2021

पता:
D/O भीम
हजारीबाग
झारखण्ड
Address
D/O B
Karma
Jharkh

6439 0965 2346

VID : 9130 1500 3886 2498

मेरा आधार, मेरी पहचान



बैंक ऑफ बड़ोदा
Bank of Baroda

नाम : सतोष कुमार चौधरी
Name : SANTOSH KUMAR CHAUDHARY

कर्मचारी कूट नं : 188547
E.C. No. : 188547

[Signature]

[Signature]

Bank of Baroda Ltd. 1908
Banyan Building, 61, Dalal Bazaar, Baroda

Bank of Baroda Ltd.
Banyan Building, 61, Dalal Bazaar, Baroda

If found, please return to:
Dy General Manager
Bank of Baroda, Baroda Surya Bhawan, Main Road Bistupur
Jamshedpur - 831001, Jharkhand
Phone +91 657 2249410

PERMANENT ADDRESS : At- Gunjra, P.O- Jhurjhuri, Barhi, Hazaribagh- 825405

EMERGENCY CONTACT NO. : 9576151431

रक्त समूह / Blood Group : A+

चिह्नित निशान / Identification Marks : Cut Mark On The Nose



23 Years

MRS POONAM KUMARI
Female

25-Mar-23 13:49:06

MEDICA DEHAZAD

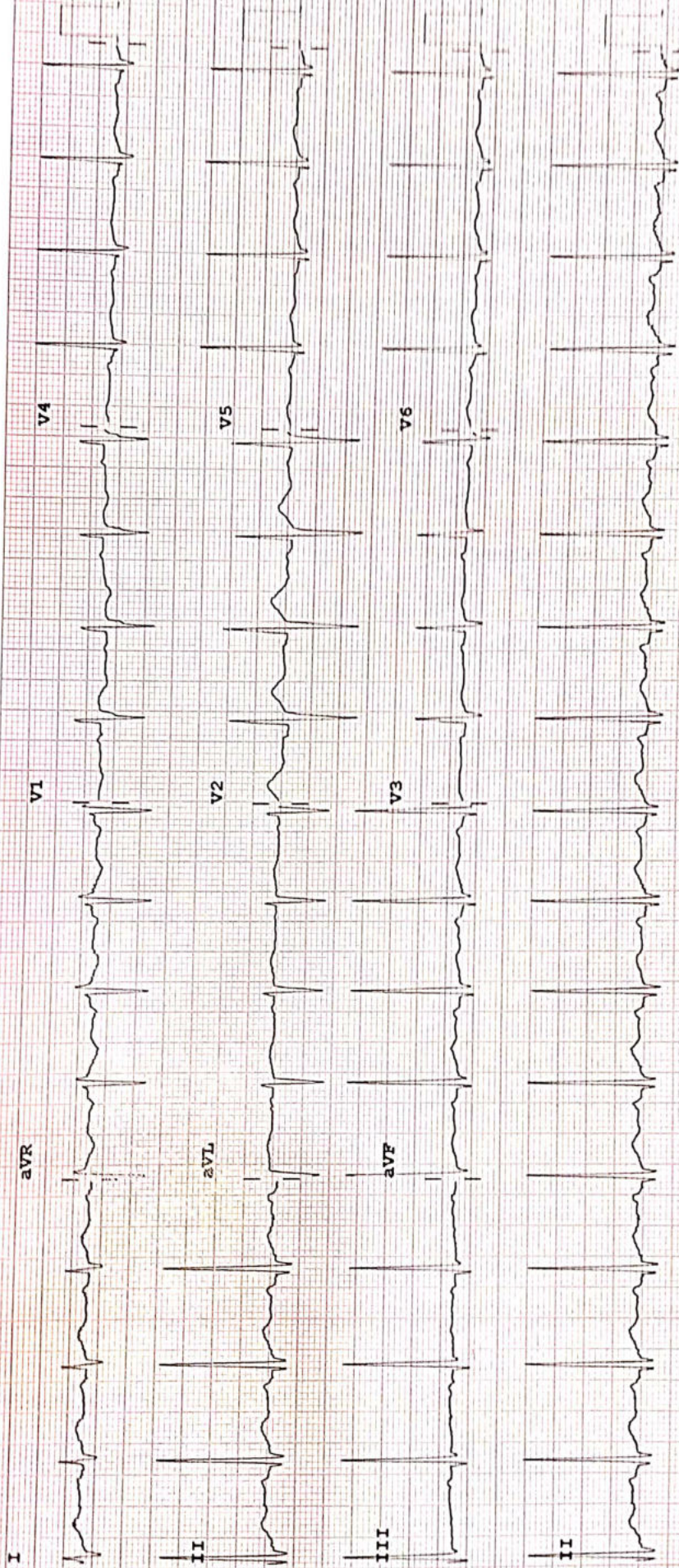
Rate 98 . Sinus rhythm.
 PR 140 . Borderline Q waves in lateral leads.
 QRS 92 . Borderline T wave abnormalities.
 QT 333
 QTc 426

--AXIS--
 P 44
 QRS 87
 T 26

12 Lead; Standard Placement

- BORDERLINE ECG -

Unconfirmed Diagnosis



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

F 50~ 0.50-100 Hz W

PHI00B CL P?

RADIOLOGY REPORT

Patient Information			
Patient Name	MRS POONAM KUMARI	Patient ID	44288
Age Gender	23 YRS /FEMALE	Scan Date	MAR 25 2023
Referring Doctor	SELF	Report Date	MAR 25 2023

CHEST X-RAY

Trachea and mediastinum central.
Cardio thoracic ratio normal.
Both hilar shadows prominent.
Both diaphragm are of equal height and normal in shape and position.
Both lungs field show increased bronchovascular markings suggesting Bronchitis.
Non homogeneous opacity Rt lower zone.Resolving PNEUMONITIS.
Both Cp angles clear.
Soft tissue shadow normal.

Impression..Bronchitis with Resolving PNEUMONITIS Rt

R. K. Airon

Dr. R. K. Airon
MD Radiodiagnosis (HN-008701/77)
Consultant Radiologist

MRS POONAM KUMARI 23Y DR SELF | 1



24 HOUR EMERGENCY

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ECHOCARDIOGRAPHY REPORT

Name: MRS POONAM KUMARI

Age: 23

Sex: Female

Date: 25/03/2023

2D & M-MODE MEASUREMENTS

LA Diam	2.7 cm
Ao Diam	2.5 cm
IVSd	1.0 cm
LVIDd	4.2 cm
LVPWd	0.8 cm
IVSs	1.1 cm
LVIDs	2.7 cm

2D & M-MODE CALCULATIONS

EDV(Teich)	79 ml
ESV(Teich)	27 ml
EF(Teich)	65 %
%FS	35 %
SV(Teich)	51 ml
LVd Mass	138.42 g
RWT	0.39

MITRAL VALVE

MV E Vel	0.74 m/s
MV DecT	107 ms
MV Dec Slope	6.9 m/s ²
MV A Vel	0.64 m/s
MV E/A Ratio	1.15
E'	0.08 m/s
E/E'	9.23

AORTIC VALVE

TRICUSPID VALVE

PULMONARY VALVE

COMMENTS:

- NORMAL SIZE CARDIAC CHAMBERS
- NO LVRWMA
- NORMAL LV SYSTOLIC FUNCTION (EF-63%)
- NO MR, NO AR, NO TR
- IAS, IVS INTACT
- NO CLOT, PE
- IVC NORMAL

IMPRESSION:

- NORMAL SIZE CARDIAC CHAMBERS
- NO LVRWMA
- NORMAL LV SYSTOLIC FUNCTION (EF-63%)

DR. UDAY SHANKAR
(NON-INVASIVE CARDIOLOGIST)

TECH. SIG



Asarfi Hospital Limited

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Baramuri, P.O. - Bishunpur Polytechnic, Dhanbad - 828130 CIN : U85110JH2005PLC011673
Branch Office : Dhaiya Khatal Road, ISM, Dhanbad. Regd. Office : Phularitand, Kharkharee, Dhanbad - 828130
Ph.: 9234302735, 9234651512, 9234681514 Email : info@asarfihospital.com / www.asarfihospital.com

RADIOLOGY REPORT



Reg. No.	44288	Ref. Dr.	SELF
Name	MRS. POONAM KUMAI	Study	USG WHOLE ABDOMEN
Age & Sex	23Y /F	Reporting Date	25.03.2023

USG WHOLE ABDOMEN

- LIVER** : Liver is normal in size, shape & echotexture. No obvious focal lesion is seen. IHBR are not dilated.
- GALL BLADDER** : GB is well distended. A calculus measuring 12.5mm is seen in the lumen. The wall thickness is normal.
- CBD** : CBD is normal in course & caliber.
- PV** : PV is normal in course & caliber.
- PANCREAS** : Pancreas is normal in size, shape & echotexture. Peripancreatic soft tissues appear normal. MPD is not dilated.
- SPLEEN** : Spleen is normal in shape, size & echotexture. It measures 5.9 cm in size.
- KIDNEYS** : The right kidney measures 10.3 x 3.8cm. The left kidney measures 10.5 x 4.9cm. Both kidneys are normal in shape, size & position. The pelvicalyceal system is normal. Corticomedullary differentiation is maintained. No focal lesion is seen.
- URINARY BLADDER** : Urinary bladder is well distended. No obvious calculus or mass lesion is seen. The wall thickness is normal.
- UTERUS** : Uterus is normal in size, shape & echotexture. It measures 8.5 x 3.4 x 5.6cm. Endometrium is central and measures 5mm.
- OVARIES** : The right ovary measures 2 x 1.4cm. The left ovary measures 2.7 x 1.8cm. Both ovaries are normal in shape, size & position.
- OTHERS** : No ascites or retroperitoneal lymphadenopathy is seen.
- IMPRESSION** : • Cholelithiasis.

Dr. VAISHALI PATEL
MBBS, DNB (Radio-diagnosis)
Consultant Radiologist



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असर्फी हॉस्पिटल
सबके लिए स्वास्थ्य

ASARFI HOSPITAL LABORATORY

(A Unit of Asarfi Hospital Ltd.)

Baramuri, Bishnupur Polytechnic, Dhanbad 828 130
Ph. No.: 7808368888,9297862282,9234681514



Name : MRS. POONAM KUMARI
Age / Sex : 23 Yrs / Female
Doctor :
Reg. No. : MAR23-44288
Pat. Type : Mediwheel



Collection Time: 25-03-2023 12:12 pm
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Reporting Time: 25-03-2023 1:51 pm
Publish Time : 25-03-2023 2:24 pm

Test Name	Result	Flag	Unit	Reference Range
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Biochemistry

Creatinine, Serum

Method: Enzymatic

Machine Name: XL640

Creatinine, Serum	0.6		mg/dl	0.6-1.4
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Uric Acid, Serum

Method: Enzymatic

Machine Name: XL640

Uric Acid, Serum	4.3		mg/dl	3.4-7.0
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Blood Urea Nitrogen (BUN)

Method: Calculated

Machine Name: XL640

Blood Urea Nitrogen (BUN)	7.2		mg/dl	07-21
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Fasting Blood Glucose, Plasma

Method: GOD-POD

Machine Name: XL640

Fasting Blood Glucose, Plasma	89.1		mg/dl	70-110
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LIPID PROFILE, SERUM

Method: Spectrophotometry

Machine Name: XL640

Cholesterol, Total (CHOD/PAP)	169.0		mg/dl	0-200
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Triglycerides (Enzymatic)	80.0		mg/dl	0-150
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HDL Cholesterol (Enzymatic)	57.0	H	mg/dl	0-50
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LDL Cholesterol (Calculated)	96.0		mg/dl	0-100
------------------------------	------	--	-------	-------

VLDL Cholesterol (Calculated)	16.0		mg/dl	0-30
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GLYCOCYLATED HEMOGLOBIN (HbA1C), BLOOD

Method: HPLC / Nephelometry

Machine Name: BIO-RAD, D-10 / MISPA

HbA1C	5.0		%	4.4-6.2
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Estimated average glucose (eAG)	96.8		mg/dl	
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DR N N SINGH
(PATHOLOGIST)

Page 1 of 6

Condition of Laboratory Testing & Reporting
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Age / Sex : 23 Yrs / Female
Doctor :
Reg. No. : MAR23-44288
Pat. Type : Mediwheel



Collection Time: 25-03-2023 12:12 pm
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Test Name	Result	Flag	Unit	Reference Range
Biochemistry				
Creatinine, Serum				<i>Machine Name:</i> XL640
<i>Method:</i> Enzymatic				
Creatinine, Serum	0.6		mg/dl	0.6-1.4
Uric Acid, Serum				<i>Machine Name:</i> XL640
<i>Method:</i> Enzymatic				
Uric Acid, Serum	4.3		mg/dl	3.4-7.0
Blood Urea Nitrogen (BUN)				<i>Machine Name:</i> XL640
<i>Method:</i> Calculated				
Blood Urea Nitrogen (BUN)	7.2		mg/dl	07-21
Fasting Blood Glucose, Plasma				<i>Machine Name:</i> XL640
<i>Method:</i> GOD-POD				
Fasting Blood Glucose, Plasma	89.1		mg/dl	70-110
LIPID PROFILE, SERUM				
<i>Method:</i> Spectrophotometry				<i>Machine Name:</i> XL640
Cholesterol, Total (CHOD/PAP)	169.0		mg/dl	0-200
Triglycerides (Enzymatic)	80.0		mg/dl	0-150
HDL Cholesterol (Enzymatic)	57.0	H	mg/dl	0-50
LDL Cholesterol (Calculated)	96.0		mg/dl	0-100
VLDL Cholesterol (Calculated)	16.0		mg/dl	0-30
GLYCOCYLATED HEMOGLOBIN (HbA1C), BLOOD				
<i>Method:</i> HPLC / Nephelometry				<i>Machine Name:</i> BIO-RAD, D-10 / MISPA
HbA1C	5.0		%	4.4-6.2
Estimated average glucose (eAG)	96.8		mg/dl	

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(PATHOLOGIST)

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Name : MRS. POONAM KUMARI
Age / Sex : 23 Yrs / Female
Doctor :
Reg. No. : MAR23-44288
Pat. Type : Mediwheel



Collection Time : 25-03-2023 12:12 pm
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Test Name	Result	Flag	Unit	Reference Range
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Interpretation:

HbA1c result is suggestive of at risk for Diabetes (Prediabetes)/ well controlled Diabetes in a known Diabetic.
Note: Presence of Hemoglobin variants and/or conditions that affect red cell turnover must be considered, particularly when the HbA1C result does not correlate with the patient's blood glucose levels.

FACTORS THAT INTERFERE WITH HbA1C | FACTORS THAT AFFECT INTERPRETATION |
MEASUREMENT	OF HBA1C RESULTS
Hemoglobin variants,elevated fetal	Any condition that shortens erythrocyte
hemoglobin (HbF) and chemically	survival or decreases mean erythrocyte
modified derivatives of hemoglobin	age (e.g.,recovery from acute blood loss,
(e.g. carbamylated Hb in patients	hemolytic anemia, HbSS, HbCC, and HbSC)
with renal failure) can affect the	will falsely lower HbA1c test results
accuracy of HbA1c measurements	regardless of the assay method used.Iron
deficiency anemia is associated with	
higher HbA1c	




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Age / Sex : 23 Yrs / Female
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Test Name	Result	Flag	Unit	Reference Range
Liver Function Test (LFT)				<i>Machine Name:</i> XL-640
<i>Method:</i> Spectrophotometry				
Bilirububin Total (Diazo)	0.9		mg/dl	0.3-1.2
Bilirububin Direct (Diazo)	0.4	H	mg/dl	0.00-0.2
Bilirububin Indirect (Calculated)	0.5		mg/dl	0.00-1.0
SGPT (IFCC without PDP)	19.1		U/L	7-50
SGOT (IFCC without PDP)	18.4		U/L	5-45
Alkaline Phosphate (PNP AMP Kinetic)	235.0		U/L	70-306
GGT (Enzymatic)	20.3		U/L	0-55
Protein Total (Biuret)	7.0		g/dl	6.4-8.3
Albumin (BCG)	4.3		g/dl	3.5-5.2
Globulin (Calculated)	2.7		g/dl	2.3-3.5
A : G Ratio (Calculated)	1.5			0.8-2.0

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Test Name	Result	Flag	Unit	Reference Range
Haematology				
BLOOD GROUP, ABO & RH TYPING				
<i>Method: Agglutination</i>				
ABO GROUP	O	.	.	0-0
RH TYPING	POSITIVE	.	.	0-0
ESR (Erythrocyte Sedimentaion Rate)				
<i>Method: Westergren</i>				
ESR	35	H	mm/hr	0-10
			<i>Machine Name:</i>	VES-MATIC 20




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Test Name	Result	Flag	Unit	Reference Range
Complete Blood Count (CBC)				
				<i>Machine Name:</i> Sysmex 6 part
<i>Method:</i> Electronical Impedence				
Hemoglobin	12.2	L	g/dl	13-18
Total Leukocyte Count (TLC)	6,500		/cu-mm	4000-11000
PCV	37.4	L	%	40-50
MCH	28.0		Pg	27-31
MCHC	32.6		g/dl	31.5-35.5
Red Cell Distribution Width (RDW)	13.7		%	11.6-14
Neutrophils	60		%	55-75
Lymphocytes	33	H	%	15-30
Eosinophils	03		%	1-6
Monocytes	04		%	2-10
Basophils	00		%	0-1
RBC Count	4.34	L	million/mm ³	4.5-5.5
Mean Corpuscular Volume (MCV)	86.2		fL	83-101
Platelet Count	0.95	L	lakhs/cumm	1.5-4.5




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Reporting Time: 25-03-2023 1:51 pm
Publish Time : 25-03-2023 2:04 pm

Test Name	Result	Flag	Unit	Reference Range
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Immunology and Serology

THYROID PROFILE, TOTAL, SERUM

Method: ECLIA

Machine Name: Vitros ECI

T3, Total	1.33		ng/ml	0.8-2.0
T4, Total	9.28		µg/dL	5.10-14.10
TSH (Ultrasensitive)	1.60		mIU/mL	0.27-4.2

Interpretation:

1. TSH levels are subject to circadian variation, reaching peak levels between 2 - 4.a.m. and at a minimum between 6-10 pm . The variation is of the order of 50% . hence time of the day has influence on the measured serum TSH concentrations.
2. Alteration in concentration of Thyroid hormone binding protein can profoundly affect Total T3 and/or Total T4 levels especially in pregnancy and in patients on steroid therapy.
3. Unbound fraction (Free,T4 /Free,T3) of thyroid hormone is biologically active form and correlate more closely with clinical status of the patient than total T4/T3 concentration
4. Values <0.03 uIU/mL need to be clinically correlated due to presence of a rare TSH variant in some individuals.

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(PATHOLOGIST)

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Name : MRS. POONAM KUMARI
Age / Sex : 23 Yrs / Female
Doctor :
Reg. No. : MAR23-44288
Pat. Type : Mediwheel



Collection Time: 25-03-2023 12:12 pm
Receiving Time : 25-03-2023 12:21 pm
Reporting Time: 26-03-2023 4:36 pm
Publish Time : 26-03-2023 4:39 pm

Test Name	Result	Flag	Unit	Reference Range
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Interpretation:

HbA1c result is suggestive of at risk for Diabetes (Prediabetes)/ well controlled Diabetes in a known Diabetic.

Note: Presence of Hemoglobin variants and/or conditions that affect red cell turnover must be considered, particularly when the HbA1C result does not correlate with the patient's blood glucose levels.

FACTORS THAT INTERFERE WITH HbA1C | FACTORS THAT AFFECT INTERPRETATION | MEASUREMENT | OF HbA1C RESULTS |

-----|-----
| Hemoglobin variants,elevated fetal | Any condition that shortens erythrocyte |
| hemoglobin (HbF) and chemically | survival or decreases mean erythrocyte |
| modified derivatives of hemoglobin | age (e.g.,recovery from acute blood loss, |
| (c.g. carbamylated Hb in patients | hemolytic anemia, HbSS, HbCC, and HbSC) |
| with renal failure) can affect the | will falsely lower HbA1c test results |
| accuracy of HbA1c measurements | regardless of the assay method used.Iron |
| | deficiency anemia is associated with |
| | higher HbA1c |

Glucose, PP

Method : GOD-POD

Glucose, PP	103.5		mg/dl	70-140
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Note: Additional tests available for Diabetic control are Glycated Hemoglobin (HbA1c), Fructosamine



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Collection Time : 25-03-2023 12:12 pm
Receiving Time : 25-03-2023 12:21 pm
Reporting Time : 27-03-2023 10:57 am
Publish Time : 27-03-2023 11:53 am

Name : MRS. POONAM KUMARI
Age / Sex : 23 Yrs / Female
Doctor :
Reg. No. : MAR23-44288
Pat. Type : Mediwheel

Test Name	Result	Flag	Unit	Reference Range
Routine Urine Examination; Urine				
<i>Method : Microscopic</i>				
Appearance	CLEAR	.		
Colour	STRAW	.		
Volume	15	.	ml.	
Protiens	NIL	.		
Glucose	NIL	.		
PH	6.5	.		
Specific Gravity	1.010	.		
Bilirubin	NEGATIVE	.		
Ketone Bodies	XX	.		
Bile Salts	XX	.		
Bile Pigments	XX	.		
Nitrite	NEGATIVE	.		
Pus Cells	2-3	.	/hpf.	
Epithelial Cells	6-7	.	/hpf.	
R.B.C.	1-2	.	/hpf.	
Casts	NOT SEEN	.	/hpf.	
Crystals	NOT SEEN	.	/hpf.	
others	NOT SEEN	.		


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Test Name	Result	Flag	Unit	Reference Range
Protein:Creatinine Ratio; Urine				
<i>Method : Immunoturbidimetry, Spectrophotometry</i>				
Protein	19.0		mg/L	
Creatinine	100.0		mg/dl	
PCR	0.19		mg/g	0-0.5

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(PATHOLOGIST)

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Test Name	Result	Flag	Unit	Reference Range
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Microbiology

Culture & Sensitivity (Urine)

Method: vitek 2 compact

Machine Name: vitek 2 compact

Organism Isolated
NO GROWTH OF ANY ORGANISM

Note:

In view of developing antibiotics resistance in india. It is advisalbe to use anitbiotics belonging to Group B & C only if the patient is resistant to antibiotics.

* Insturment used Bact/Alert 3D 60 & vitek 2 compact.

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