



भारत सरकार  
Government of India

नाम  
Shubhankar  
जन्म तिथि / DOB : 02/03/1990  
लिंग / Male

4545 1400 2239



आज - आज आदमी का अधिकार

Dr. Manasce Kulkarni  
M.B.B.S  
2008/09/3439

**PHYSICAL EXAMINATION REPORT**

Patient Name	Shubhankar	Sex/Age	M / 32
Date	28/01/23	Location	Kolshet Road, Thane

**History and Complaints**

Chronic  
C/o - Cough (Dust Allergy)

**EXAMINATION FINDINGS:**

Height (cms):	171	Temp (0c):	⊖
Weight (kg):	73.3	Skin:	
Blood Pressure	120/80	Nails:	NAD.
Pulse	72/min	Lymph Node:	

**Systems :**

Cardiovascular:	NAD
Respiratory:	
Genitourinary:	
GI System:	
CNS:	

**Impression:**

- ↑ ESR (40)
- BSL (f) - mild Impaired.
- ↓ HDL.



**Advice:**

- Low sugar Diet .  
- Reg. Exercise .

1)	Hypertension:	
2)	IHD	
3)	Arrhythmia	
4)	Diabetes Mellitus	Nil
5)	Tuberculosis	
6)	Asthama	
7)	Pulmonary Disease	
8)	Thyroid/ Endocrine disorders	
9)	Nervous disorders	
10)	GI system	Nil
11)	Genital urinary disorder	
12)	Rheumatic joint diseases or symptoms	
13)	Blood disease or disorder	
14)	Cancer/lump growth/cyst	
15)	Congenital disease	
16)	Surgeries	Nil
17)	Musculoskeletal System	

**PERSONAL HISTORY:**

1)	Alcohol	
2)	Smoking	occ. No
3)	Diet	Mixed
4)	Medication	No



**Dr. Manasee Kulkarni**  
M.B.B.S.

2008/09/3439

Date:- 28/12/23

CID:

Name:- *Shubhankar*

Sex / Age: M / 32

**EYE CHECK UP**

Chief complaints: R CV.

Systemic Diseases: *HD*

Past history: *Well*

Unaided Vision: *R2 E16 NV100 N16*

Aided Vision:

Refraction:

	(Right Eye)				(Left Eye)			
	Sph	Cyl	Axis	Vn	Sph	Cyl	Axis	Vn
Distance								
Near								

Colour Vision: Normal / Abnormal

Remark: *Good Vision*

**MR. PRAKASH KUDVA**  
*[Signature]*  
**SR. OPTOMETRIST**





Use a QR Code Scanner  
Application To Scan the Code

CID : 2302819530

Name : MR.SHUBHANKAR .

Age / Gender : 32 Years / Male

Consulting Dr. : -

Reg. Location : G B Road, Thane West (Main Centre)

Collected : 28-Jan-2023 / 09:54

Reported : 28-Jan-2023 / 11:39

**AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**

**CBC (Complete Blood Count), Blood**

<u>PARAMETER</u>	<u>RESULTS</u>	<u>BIOLOGICAL REF RANGE</u>	<u>METHOD</u>
<b><u>RBC PARAMETERS</u></b>			
Haemoglobin	13.5	13.0-17.0 g/dL	Spectrophotometric
RBC	4.09	4.5-5.5 mil/cmm	Elect. Impedance
PCV	39.7	40-50 %	Measured
MCV	97	80-100 fl	Calculated
MCH	33.0	27-32 pg	Calculated
MCHC	34.0	31.5-34.5 g/dL	Calculated
RDW	14.8	11.6-14.0 %	Calculated
<b><u>WBC PARAMETERS</u></b>			
WBC Total Count	6200	4000-10000 /cmm	Elect. Impedance
<b><u>WBC DIFFERENTIAL AND ABSOLUTE COUNTS</u></b>			
Lymphocytes	33.1	20-40 %	
Absolute Lymphocytes	2052.2	1000-3000 /cmm	Calculated
Monocytes	7.9	2-10 %	
Absolute Monocytes	489.8	200-1000 /cmm	Calculated
Neutrophils	55.9	40-80 %	
Absolute Neutrophils	3465.8	2000-7000 /cmm	Calculated
Eosinophils	3.1	1-6 %	
Absolute Eosinophils	192.2	20-500 /cmm	Calculated
Basophils	0.0	0.1-2 %	
Absolute Basophils	0.0	20-100 /cmm	Calculated
Immature Leukocytes	-		
WBC Differential Count by Absorbance & Impedance method/Microscopy.			
<b><u>PLATELET PARAMETERS</u></b>			
Platelet Count	191000	150000-400000 /cmm	Elect. Impedance
MPV	10.5	6-11 fl	Calculated
PDW	19.3	11-18 %	Calculated

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**RBC MORPHOLOGY**

Hypochromia -  
Microcytosis -  
Macrocytosis -  
Anisocytosis -  
Poikilocytosis -  
Polychromasia -  
Target Cells -  
Basophilic Stippling -  
Normoblasts -  
Others Normocytic, Normochromic  
WBC MORPHOLOGY -  
PLATELET MORPHOLOGY -  
COMMENT -

Specimen: EDTA Whole Blood

ESR, EDTA WB, EDTA WB-ESR 40 2-15 mm at 1 hr. Sedimentation

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD G B Road Lab, Thane West  
\*\*\* End Of Report \*\*\*

AREAS OF SPECIAL EXPERTISE

OUR PRESENCE



*Amit Taori*

Dr.AMIT TAORI  
M.D ( Path )  
Pathologist





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Name : MR.SHUBHANKAR .

Age / Gender : 32 Years / Male

Consulting Dr. : -

Reg. Location : G B Road, Thane West (Main Centre)

Collected : 28-Jan-2023 / 09:54

Reported : 28-Jan-2023 / 12:00

**AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**

<u>PARAMETER</u>	<u>RESULTS</u>	<u>BIOLOGICAL REF RANGE</u>	<u>METHOD</u>
GLUCOSE (SUGAR) FASTING, Fluoride Plasma	100.7	Non-Diabetic: < 100 mg/dl Impaired Fasting Glucose: 100-125 mg/dl Diabetic: >= 126 mg/dl	Hexokinase
GLUCOSE (SUGAR) PP, Fluoride Plasma PP/R	74.0	Non-Diabetic: < 140 mg/dl Impaired Glucose Tolerance: 140-199 mg/dl Diabetic: >= 200 mg/dl	Hexokinase
BILIRUBIN (TOTAL), Serum	0.86	0.1-1.2 mg/dl	Diazo
BILIRUBIN (DIRECT), Serum	0.35	0-0.3 mg/dl	Diazo
BILIRUBIN (INDIRECT), Serum	0.51	0.1-1.0 mg/dl	Calculated
TOTAL PROTEINS, Serum	7.3	6.4-8.3 g/dL	Biuret
ALBUMIN, Serum	4.7	3.5-5.2 g/dL	BCG
GLOBULIN, Serum	2.6	2.3-3.5 g/dL	Calculated
A/G RATIO, Serum	1.8	1 - 2	Calculated
SGOT (AST), Serum	28.1	5-40 U/L	IFCC without pyridoxal phosphate activation
SGPT (ALT), Serum	36.9	5-45 U/L	IFCC without pyridoxal phosphate activation
GAMMA GT, Serum	17.1	3-60 U/L	IFCC
ALKALINE PHOSPHATASE, Serum	43.1	40-130 U/L	PNPP
BLOOD UREA, Serum	16.9	12.8-42.8 mg/dl	Urease & GLDH
BUN, Serum	7.9	6-20 mg/dl	Calculated

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Name : MR.SHUBHANKAR .  
Age / Gender : 32 Years / Male  
Consulting Dr. : -  
Reg. Location : G B Road, Thane West (Main Centre)

Collected : 28-Jan-2023 / 13:20  
Reported : 28-Jan-2023 / 15:35

CREATININE, Serum	0.85	0.67-1.17 mg/dl	Enzymatic
eGFR, Serum	111	>60 ml/min/1.73sqm	Calculated
URIC ACID, Serum	4.7	3.5-7.2 mg/dl	Uricase
Urine Sugar (Fasting)	Absent	Absent	
Urine Ketones (Fasting)	Absent	Absent	
Urine Sugar (PP)	Absent	Absent	
Urine Ketones (PP)	Absent	Absent	

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD G B Road Lab, Thane West  
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M.D ( Path )  
Pathologist



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Collected : 28-Jan-2023 / 09:54

Reported : 28-Jan-2023 / 13:07

**AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**  
**GLYCOSYLATED HEMOGLOBIN (HbA1c)**

<u>PARAMETER</u>	<u>RESULTS</u>	<u>BIOLOGICAL REF RANGE</u>	<u>METHOD</u>
Glycosylated Hemoglobin (HbA1c), EDTA WB - CC	5.1	Non-Diabetic Level: < 5.7 % Prediabetic Level: 5.7-6.4 % Diabetic Level: >/= 6.5 %	HPLC
Estimated Average Glucose (eAG), EDTA WB - CC	99.7	mg/dl	Calculated

**Intended use:**

- In patients who are meeting treatment goals, HbA1c test should be performed at least 2 times a year
- In patients whose therapy has changed or who are not meeting glycemic goals, it should be performed quarterly
- For microvascular disease prevention, the HbA1c goal for non pregnant adults in general is Less than 7%.

**Clinical Significance:**

- HbA1c, Glycosylated hemoglobin or glycated hemoglobin, is hemoglobin with glucose molecule attached to it.
- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of glycosylated hemoglobin in the blood.

**Test Interpretation:**

- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of Glycosylated hemoglobin in the blood.
- HbA1c test may be used to screen for and diagnose diabetes or risk of developing diabetes.
- To monitor compliance and long term blood glucose level control in patients with diabetes.
- Index of diabetic control, predicting development and progression of diabetic micro vascular complications.

**Factors affecting HbA1c results:**

**Increased in:** High fetal hemoglobin, Chronic renal failure, Iron deficiency anemia, Splenectomy, Increased serum triglycerides, Alcohol ingestion, Lead/opiate poisoning and Salicylate treatment.

**Decreased in:** Shortened RBC lifespan (Hemolytic anemia, blood loss), following transfusions, pregnancy, ingestion of large amount of Vitamin E or Vitamin C and Hemoglobinopathies

**Reflex tests:** Blood glucose levels, CGM (Continuous Glucose monitoring)

**References:** ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition.

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD G B Road Lab, Thane West  
\*\*\* End Of Report \*\*\*



*Dr. Amit Taori*

**Dr.AMIT TAORI**  
M.D ( Path )  
Pathologist





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Reg. Location : G B Road, Thane West (Main Centre)

Collected : 28-Jan-2023 / 09:54  
Reported : 28-Jan-2023 / 16:47

**AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**  
**URINE EXAMINATION REPORT**

<u>PARAMETER</u>	<u>RESULTS</u>	<u>BIOLOGICAL REF RANGE</u>	<u>METHOD</u>
<b><u>PHYSICAL EXAMINATION</u></b>			
Color	Pale yellow	Pale Yellow	-
Reaction (pH)	Acidic (6.0)	4.5 - 8.0	Chemical Indicator
Specific Gravity	1.010	1.010-1.030	Chemical Indicator
Transparency	Clear	Clear	-
Volume (ml)	50	-	-
<b><u>CHEMICAL EXAMINATION</u></b>			
Proteins	Absent	Absent	pH Indicator
Glucose	Absent	Absent	GOD-POD
Ketones	Absent	Absent	Legals Test
Blood	Absent	Absent	Peroxidase
Bilirubin	Absent	Absent	Diazonium Salt
Urobilinogen	Normal	Normal	Diazonium Salt
Nitrite	Absent	Absent	Griess Test
<b><u>MICROSCOPIC EXAMINATION</u></b>			
Leukocytes(Pus cells)/hpf	1-2	0-5/hpf	
Red Blood Cells / hpf	Absent	0-2/hpf	
Epithelial Cells / hpf	1-2		
Casts	Absent	Absent	
Crystals	Absent	Absent	
Amorphous debris	Absent	Absent	
Bacteria / hpf	4-5	Less than 20/hpf	

Interpretation: The concentration values of Chemical analytes corresponding to the grading given in the report are as follows:

- Protein:(1+ -25 mg/dl, 2+ -75 mg/dl, 3+ - 150 mg/dl, 4+ - 500 mg/dl)
- Glucose:(1+ - 50 mg/dl, 2+ -100 mg/dl, 3+ -300 mg/dl,4+ -1000 mg/dl)
- Ketone:(1+ -5 mg/dl, 2+ -15 mg/dl, 3+ - 50 mg/dl, 4+ - 150 mg/dl)

Reference: Pack insert

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD G B Road Lab, Thane West



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Reg. Location : G B Road, Thane West (Main Centre)

Collected :  
Reported :

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Reported : 28-Jan-2023 / 13:18

**AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**  
**BLOOD GROUPING & Rh TYPING**

PARAMETER	RESULTS
ABO GROUP	AB
Rh TYPING	Positive

NOTE: Test performed by Semi- automated column agglutination technology (CAT)

Specimen: EDTA Whole Blood and/or serum

Clinical significance:  
ABO system is most important of all blood group in transfusion medicine

**Limitations:**

- ABO blood group of new born is performed only by cell (forward) grouping because allo antibodies in cord blood are of maternal origin.
- Since A & B antigens are not fully developed at birth, both Anti-A & Anti-B antibodies appear after the first 4 to 6 months of life. As a result, weaker reactions may occur with red cells of newborns than of adults.
- Confirmation of newborn's blood group is indicated when A & B antigen expression and the isoagglutinins are fully developed at 2 to 4 years of age & remains constant throughout life.
- Cord blood is contaminated with Wharton's jelly that causes red cell aggregation leading to false positive result
- The Hh blood group also known as Oh or Bombay blood group is rare blood group type. The term Bombay is used to refer the phenotype that lacks normal expression of ABH antigens because of inheritance of hh genotype.

**References:**

1. Denise M Harmening, Modern Blood Banking and Transfusion Practices- 6th Edition 2012. F.A. Davis company. Philadelphia
2. AABB technical manual

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*Ami Taori*

Dr. AMIT TAORI  
M.D ( Path )  
Pathologist





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Name : MR.SHUBHANKAR .  
Age / Gender : 32 Years / Male  
Consulting Dr. : -  
Reg. Location : G B Road, Thane West (Main Centre)

Collected : 28-Jan-2023 / 09:54  
Reported : 28-Jan-2023 / 12:12

**AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**  
**LIPID PROFILE**

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
CHOLESTEROL, Serum	134.9	Desirable: <200 mg/dl Borderline High: 200-239mg/dl High: >/=240 mg/dl	CHOD-POD
TRIGLYCERIDES, Serum	85.3	Normal: <150 mg/dl Borderline-high: 150 - 199 mg/dl High: 200 - 499 mg/dl Very high:>/=500 mg/dl	GPO-POD
HDL CHOLESTEROL, Serum	29.8	Desirable: >60 mg/dl Borderline: 40 - 60 mg/dl Low (High risk): <40 mg/dl	Homogeneous enzymatic colorimetric assay
NON HDL CHOLESTEROL, Serum	105.1	Desirable: <130 mg/dl Borderline-high:130 - 159 mg/dl High:160 - 189 mg/dl Very high: >/=190 mg/dl	Calculated
LDL CHOLESTEROL, Serum	88.0	Optimal: <100 mg/dl Near Optimal: 100 - 129 mg/dl Borderline High: 130 - 159 mg/dl High: 160 - 189 mg/dl Very High: >/= 190 mg/dl	Calculated
VLDL CHOLESTEROL, Serum	17.1	< /= 30 mg/dl	Calculated
CHOL / HDL CHOL RATIO, Serum	4.5	0-4.5 Ratio	Calculated
LDL CHOL / HDL CHOL RATIO, Serum	3.0	0-3.5 Ratio	Calculated

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD G B Road Lab, Thane West  
\*\*\* End Of Report \*\*\*



*Ami Taori*

Dr.AMIT TAORI  
M.D ( Path )  
Pathologist

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Consulting Dr. : -  
Reg. Location : G B Road, Thane West (Main Centre)

Collected : 28-Jan-2023 / 09:54  
Reported : 28-Jan-2023 / 11:51

**AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**  
**THYROID FUNCTION TESTS**

<u>PARAMETER</u>	<u>RESULTS</u>	<u>BIOLOGICAL REF RANGE</u>	<u>METHOD</u>
Free T3, Serum	4.2	3.5-6.5 pmol/L	ECLIA
Free T4, Serum	16.2	11.5-22.7 pmol/L	ECLIA
sensitiveTSH, Serum	2.8	0.35-5.5 microIU/ml	ECLIA



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Consulting Dr. : -  
Reg. Location : G B Road, Thane West (Main Centre)

Collected : 28-Jan-2023 / 09:54  
Reported : 28-Jan-2023 / 11:51

**Interpretation:**

A thyroid panel is used to evaluate thyroid function and/or help diagnose various thyroid disorders.

**Clinical Significance:**

- 1)TSH Values between high abnormal upto15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors can give falsely high TSH.
- 2)TSH values may be transiently altered because of non thyroidal illness like severe infections,liver disease, renal and heart severe burns, trauma and surgery etc.

TSH	FT4 / T4	FT3 / T3	Interpretation
High	Normal	Normal	Subclinical hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of non-thyroidal illness, TSH Resistance.
High	Low	Low	Hypothyroidism, Autoimmune thyroiditis, post radio iodine Rx, post thyroidectomy, Anti thyroid drugs, tyrosine kinase inhibitors & amiodarone, amyloid deposits in thyroid, thyroid tumors & congenital hypothyroidism.
Low	High	High	Hyperthyroidism, Graves disease, toxic multinodular goiter, toxic adenoma, excess iodine or thyroxine intake, pregnancy related (hyperemesis gravidarum, hydatiform mole)
Low	Normal	Normal	Subclinical Hyperthyroidism, recent Rx for Hyperthyroidism, drugs like steroids & dopamine), Non thyroidal illness.
Low	Low	Low	Central Hypothyroidism, Non Thyroidal Illness, Recent Rx for Hyperthyroidism.
High	High	High	Interfering anti TPO antibodies, Drug interference: Amiodarone, Heparin, Beta Blockers, steroids & anti epileptics.

Diurnal Variation:TSH follows a diurnal rhythm and is at maximum between 2 am and 4 am , and is at a minimum between 6 pm and 10 pm. The variation is on the order of 50 to 206%. Biological variation:19.7%(with in subject variation)

Reflex Tests:Anti thyroid Antibodies,USG Thyroid ,TSH receptor Antibody. Thyroglobulin, Calcitonin

**Limitations:**

1. Samples should not be taken from patients receiving therapy with high biotin doses (i.e. >5 mg/day) until atleast 8 hours following the last biotin administration.
2. Patient samples may contain heterophilic antibodies that could react in immunoassays to give falsely elevated or depressed results. this assay is designed to minimize interference from heterophilic antibodies.

**Reference:**

- 1.O.koulouri et al. / Best Practice and Research clinical Endocrinology and Metabolism 27(2013)
- 2.Interpretation of the thyroid function tests, Dayan et al. THE LANCET . Vol 357
- 3.Tietz ,Text Book of Clinical Chemistry and Molecular Biology -5th Edition
- 4.Biological Variation:From principles to Practice-Callum G Fraser (AACC Press)

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\*\*\* End Of Report \*\*\*



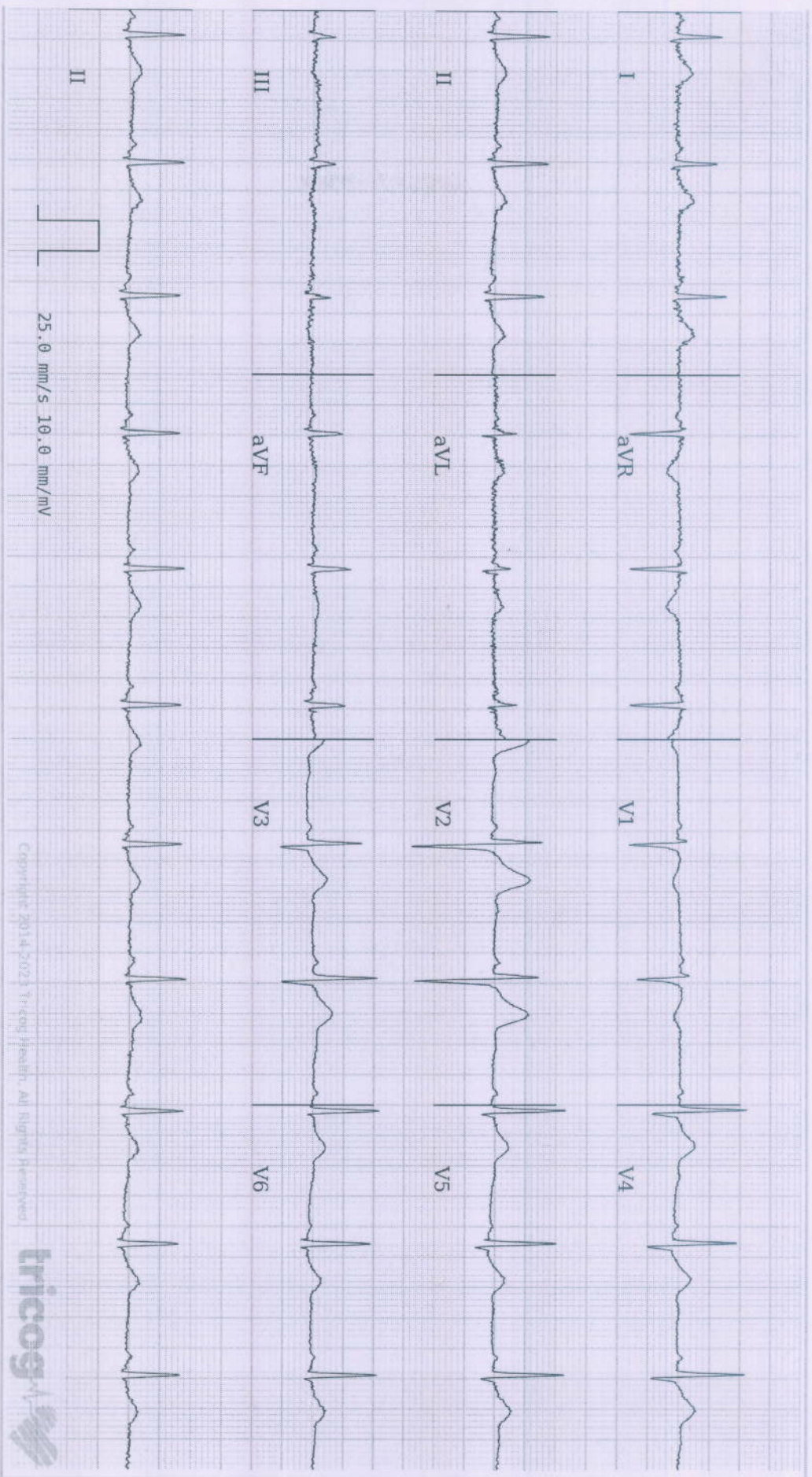
*Amit Taori*

Dr.AMIT TAORI  
M.D ( Path )  
Pathologist



Patient Name: SHUBHANKAR.  
Patient ID: 2302819530

**SUBURBAN DIAGNOSTICS - G B ROAD, THANE WEST**  
Date and Time: 28th Jan 23 11:57 AM



Age **32** 10 26  
years months days

Gender **Male**

Heart Rate **68bpm**

**Patient Vitals**

BP: 120/80 mmHg  
Weight: 73 kg  
Height: 171 cm  
Pulse: NA  
SpO2: NA  
Resp: NA  
Others:

**Measurements**

QRSD: 82ms  
QT: 388ms  
QTc: 412ms  
PR: 120ms  
P-R-T: 34° 44° 28°

REPORTED BY

DR. SHAILAJA PILLAI  
MBBS, MD Physician  
MD Physician  
49972

ECG Within Normal Limits: Sinus Rhythm. Please correlate clinically.

Disclaimer: 1) Analysis in this report is based on ECG alone and should be used as an adjunct to clinical history, symptoms, and results of other invasive and non-invasive tests and must be interpreted by a qualified physician. 2) Patient vitals are as entered by the clinician and not derived from the ECG.





# SUBURBAN DIAGNOSTICS (THANE GB ROAD)

Report



Email:

305 (2302819530) / SHUBHANKAR / 32 Yrs / M / 171 Cms / 73 Kg  
 Date: 28 / 01 / 2023 02:17:01 PM

Stage	Time	Duration	Speed(mph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:10	0:10	00.0	00.0	01.0	055	29 %	---/---	000	00	
Standing	00:16	0:06	00.0	00.0	01.0	060	32 %	---/---	000	00	
HV	00:22	0:06	00.0	00.0	01.0	075	40 %	---/---	000	00	
Warm Up	00:28	0:06	01.0	00.0	01.0	080	43 %	---/---	000	00	
ExStart	00:39	0:11	01.0	00.0	01.0	080	43 %	---/---	000	00	
BRUCE Stage 1	03:39	3:00	01.7	10.0	04.7	137	73 %	---/---	000	00	
BRUCE Stage 2	06:39	3:00	02.5	12.0	07.1	166	88 %	134/80	222	00	
PeakEx	07:10	0:31	03.4	14.0	07.7	168	89 %	134/80	225	00	
Recovery	08:10	1:00	01.1	00.0	01.1	153	81 %	140/80	214	00	
Recovery	09:10	2:00	00.0	00.0	01.0	127	68 %	130/80	165	00	
Recovery	09:17				00.0	000	0 %	---/---	000	00	

## FINDINGS :

Exercise Time : 06:31  
 Initial HR (ExStrt) : 80 bpm 43% of Target 188  
 Initial BP (ExStrt) : 0/0 (mm/Hg)  
 Max WorkLoad Attained : 7.7 Fair response to induced stress  
 Max ST Dep Lead & Avg ST Value : III & -0.9 mm In PeakEx  
 Test End Reasons : , , , Heart Rate Achieved

Max HR Attained 168 bpm 89% of Target 188  
 Max BP Attained 140/80 (mm/Hg)

Doctor : DR. SAMEER DUMIR  
  
**DR. SAMEER R. DUMIR**  
 M.D.  
 Reg. No. 073827





REPORT :

**PROCEDURE DONE:** Graded exercise treadmill stress test.

**STRESS ECG RESULTS:** The initial HR was recorded as 91.0 bpm, and the maximum predicted Target Heart Rate 177.0. The BP increased at the time of generating report as 150.0/80.0 mmHg. The Max Dep went upto 0.4. 0.0 Ectopic Beats were observed during the Test.

The Test was completed because of Heart Rate Achieved, Fatigue.

**CONCLUSIONS:**

1. TMT is negative for exercise induced ischemia.
2. Normal chronotropic and Normal inotropic response.
3. No significant ST T changes seen.

**DR. SAMEER R. DUMIR**  
M.D.

Doctor : DR. SAMEER DUMIR

Reg. No. 073827



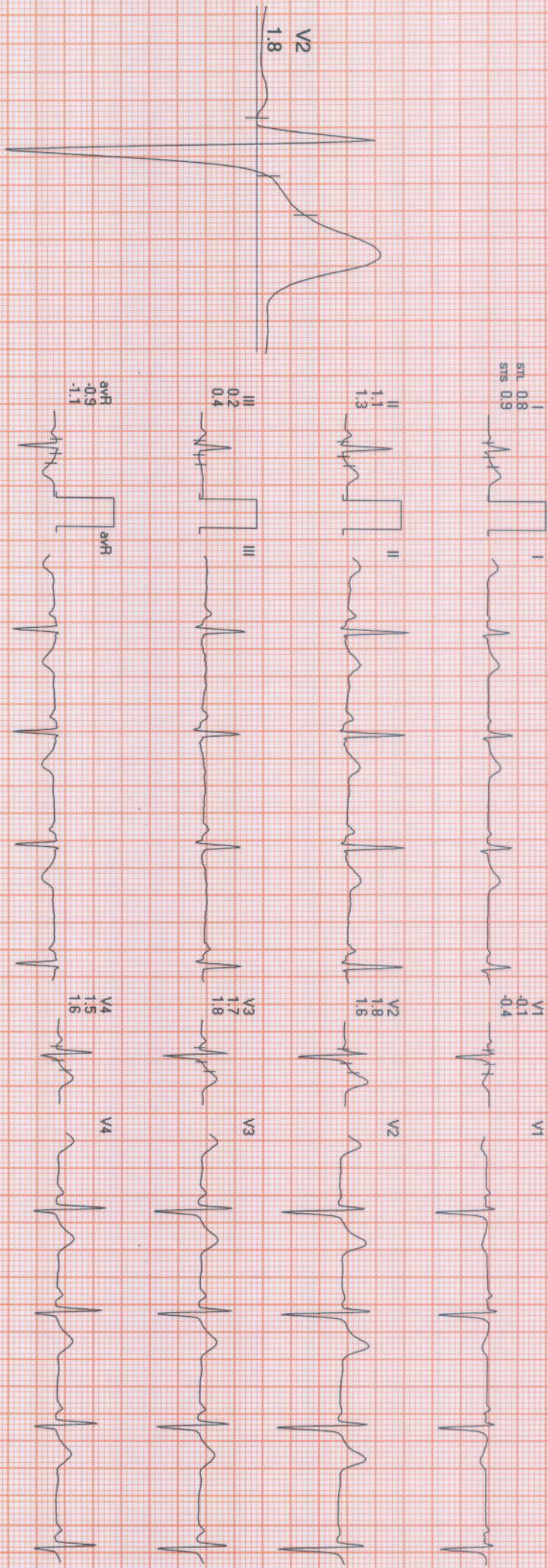


305 (2302819530) / SHUBHANKAR / 32 Yrs / M / 171 Cms / 73 Kg / HR : 55

Date: 28 / 01 / 2023 02:17:01 PM METS: 1.0/55 bpm 29% of THR BP: 120/80 mmHg Raw ECG/BLC On/ Natch On/ HF 0.05 Hz/LF 100 Hz

4X 80 ms Post J

EXTime: 00:00 0.0 mph, 0.0%  
25 mm/Sec 1.0 Cm/mV



REMARKS:





**SUBURBAN DIAGNOSTICS (THANE GB ROAD)**

**STANDING ( 00:00 )**

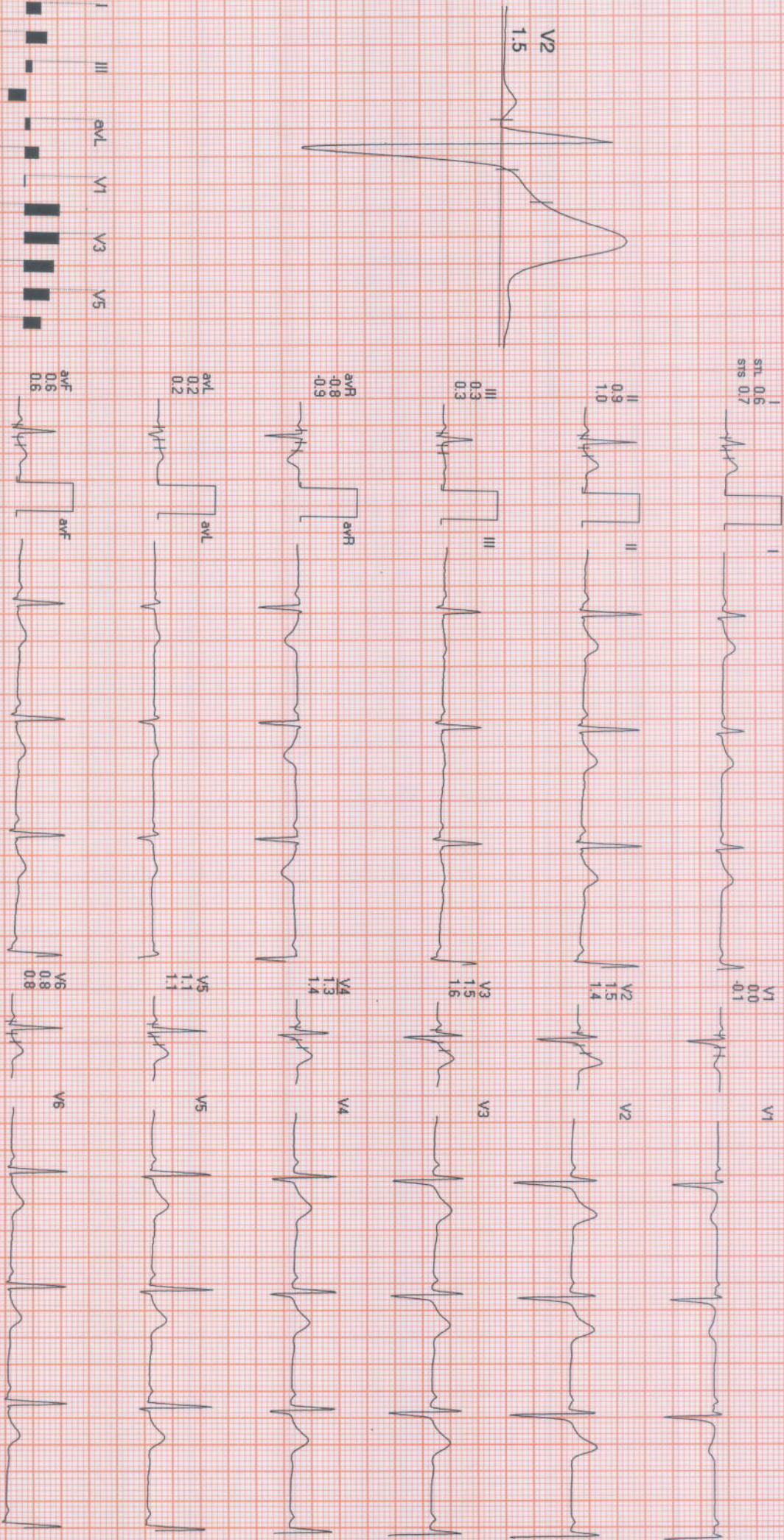
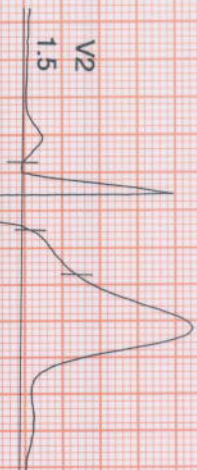
305 (2302819530) / SHUBHANKAR / 32 Yrs / M / 171 Cms / 73 Kg / HR : 60



Date: 28 / 01 / 2023 02:17:01 PM METS: 1.0/ 60 bpm 32% of THR BP: 120/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

4X 80 MS Post J

EXTime: 00:00 0.0 mpph. 0.0%  
25 mm/Sec. 1.0 Cm/mV



REMARKS:





# SUBURBAN DIAGNOSTICS (THANE GB ROAD)

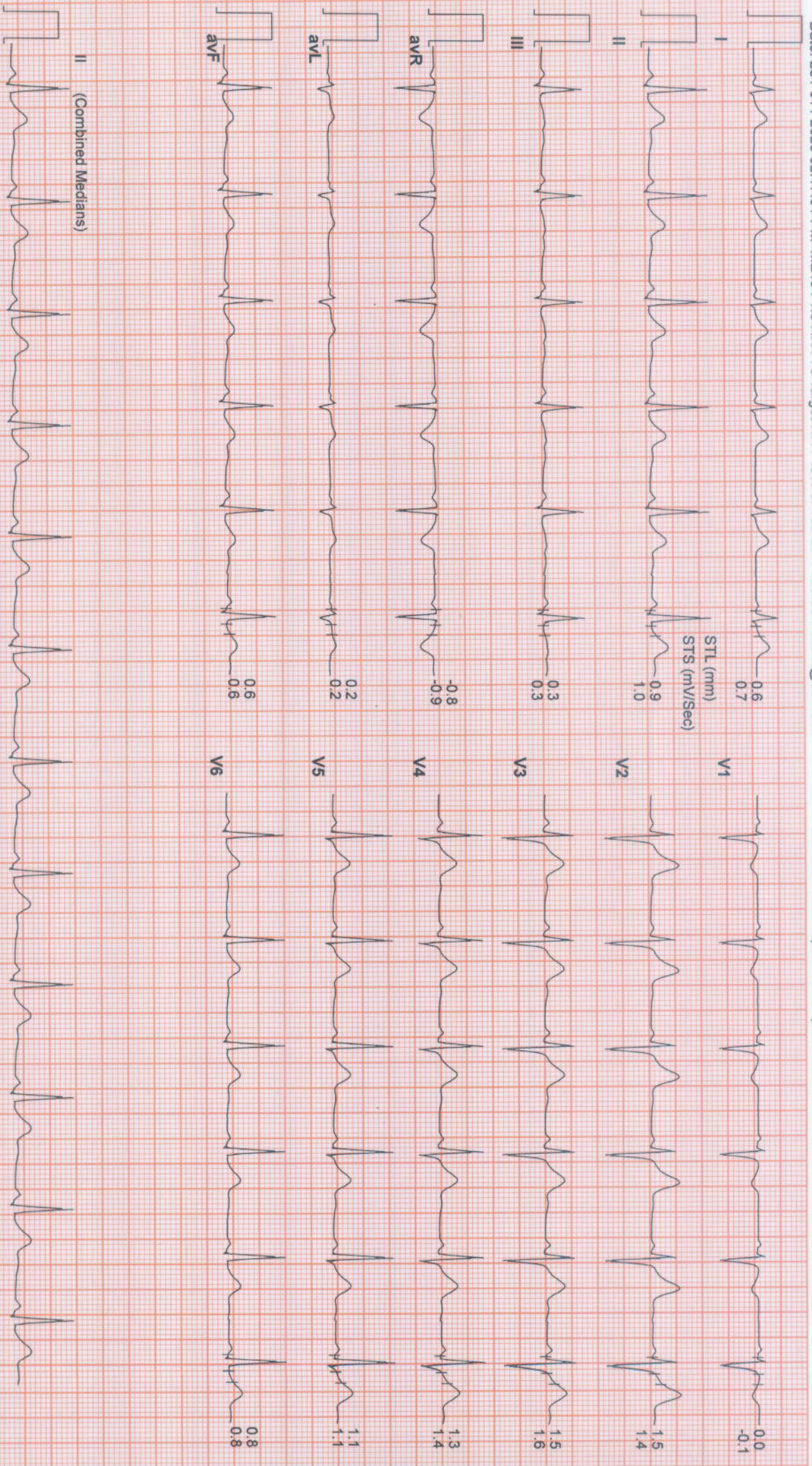
305 / SHUBHANKAR / 32 Yrs / Male / 171 Cm / 73 Kg

6X2 Combine Medians + 1 Rhythm  
HV ( 00:00 )



Date: 28 / 01 / 2023 02:17:01 PM METs : 1.0 HR : 75 Target HR : 40% of 188 BP : 120/80 Post J @80mSec

EXTime: 00:00 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV





**SUBURBAN DIAGNOSTICS (THANE GB ROAD)**

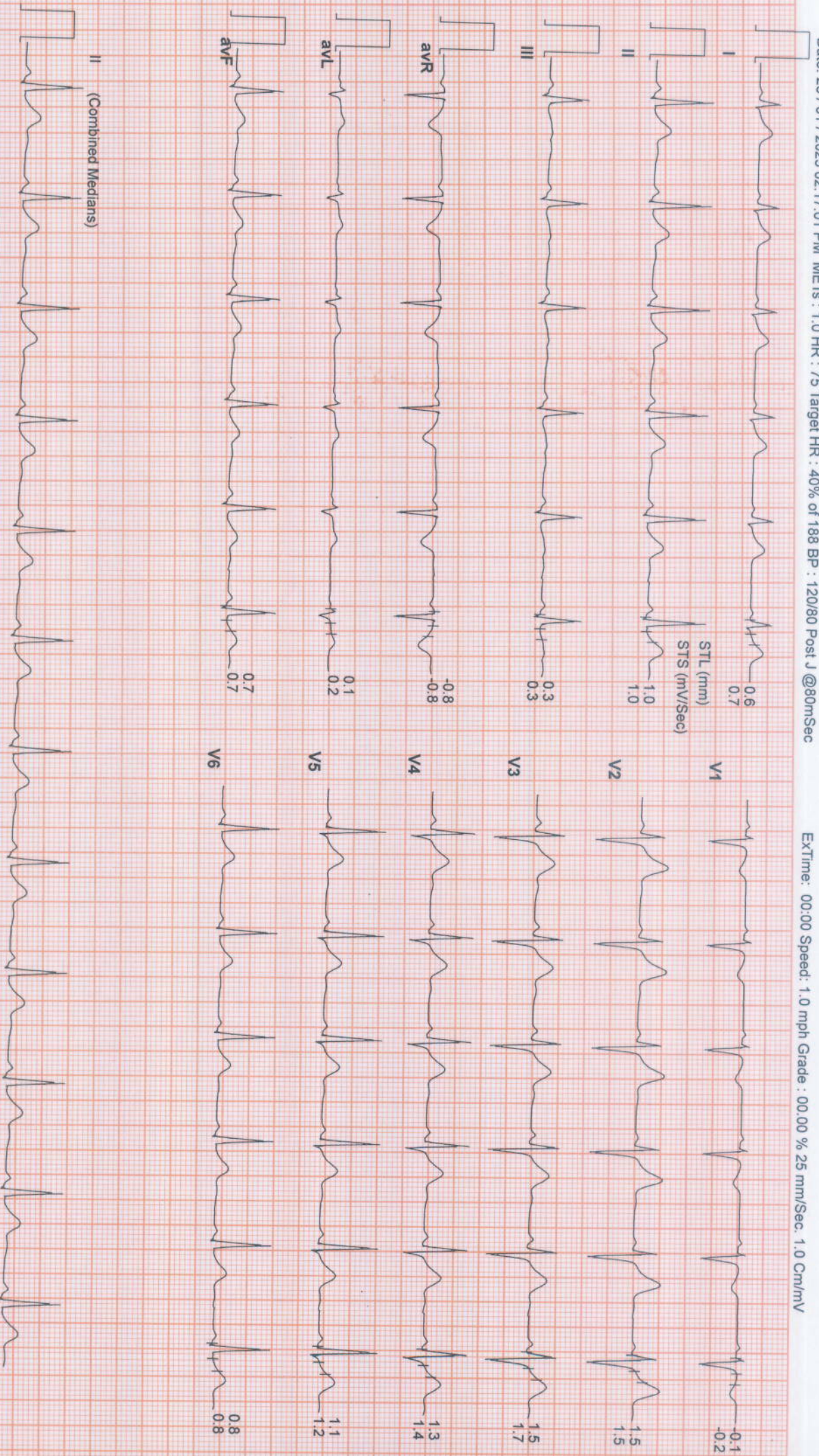
305 / SHUBHANKAR / 32 Yrs / Male / 171 Cm / 73 Kg

**6X2 Combine Medians + 1 Rhythm**  
WARM UP ( 00:00 )



Date: 28 / 01 / 2023 02:17:01 PM METs : 1.0 HR : 75 Target HR : 40% of 188 BP : 120/80 Post J @80mSec

ExTime: 00:00 Speed: 1.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV





# SUBURBAN DIAGNOSTICS (THANE GB ROAD)

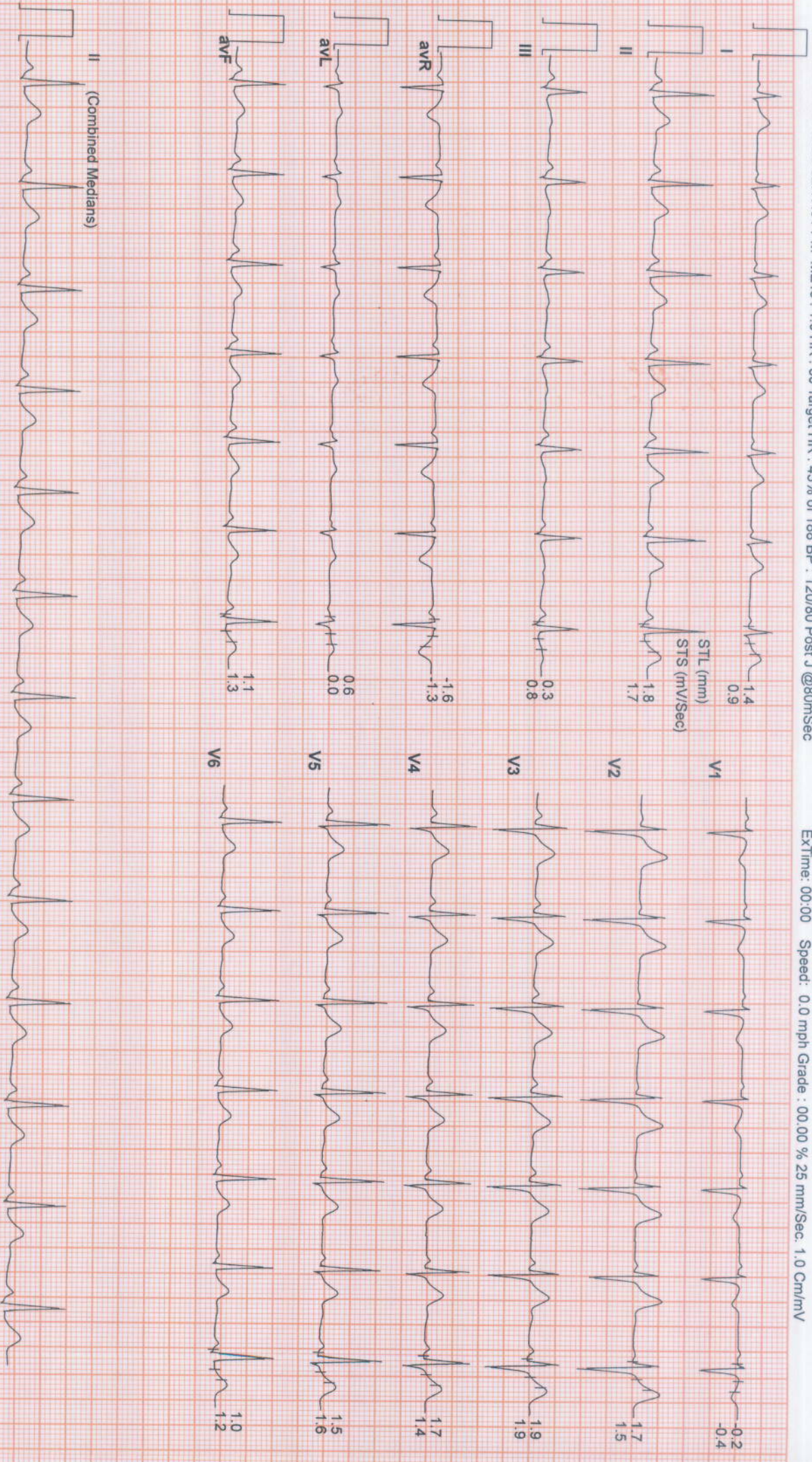
305 / SHUBHANKAR / 32 Yrs / Male / 171 Cm / 73 Kg

6X2 Combine Medians + 1 Rhythm  
ExStt



Date: 28 / 01 / 2023 02:17:01 PM METs : 1.0 HR : 80 Target HR : 43% of 188 BP : 120/80 Post J @80mSec

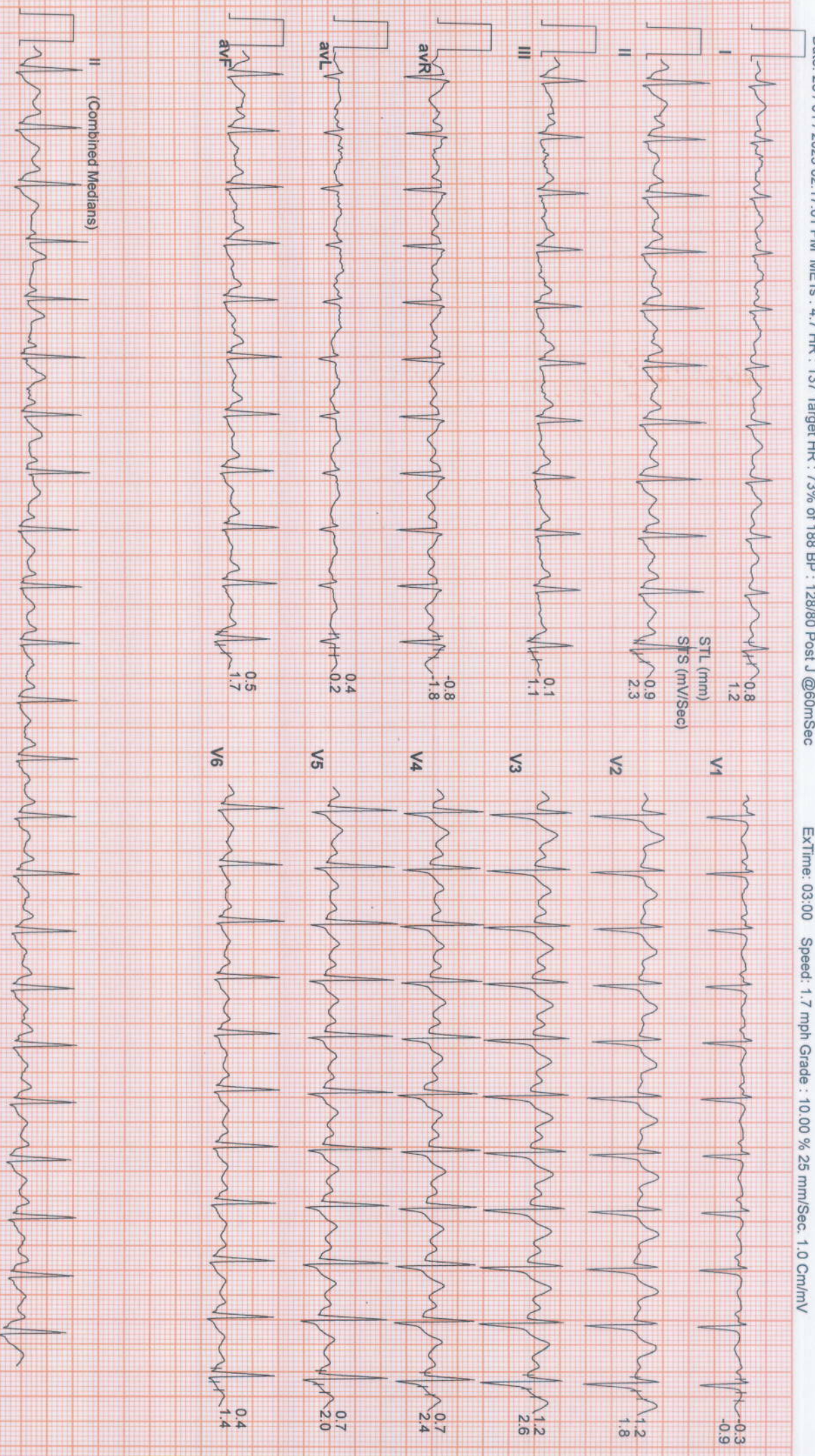
ExTime: 00:00 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec: 1.0 Cm/mV





Date: 28 / 01 / 2023 02:17:01 PM METs : 4.7 HR : 137 Target HR : 73% of 188 BP : 128/80 Post J @60mSec

ExTime: 03:00 Speed: 1.7 mph Grade : 10.00 % 25 mm/Sec. 1.0 Cm/mV





**SUBURBAN DIAGNOSTICS (THANE GB ROAD)**

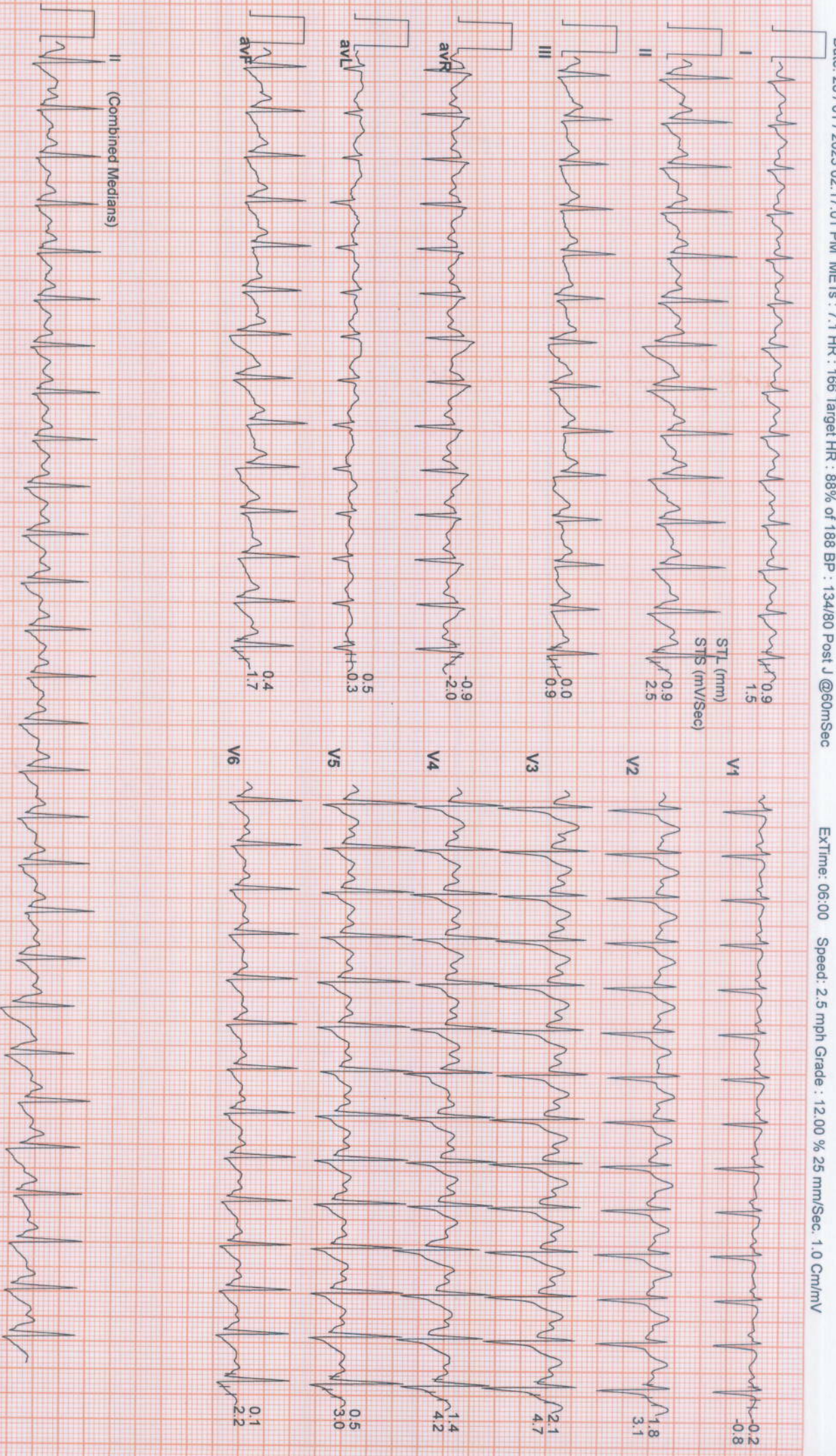
305 / SHUBHANKAR / 32 Yrs / Male / 171 Cm / 73 Kg

**6X2 Combine Medians + 1 Rhythm**  
BRUCE : Stage 2 ( 03:00 )



Date: 28 / 01 / 2023 02:17:01 PM METs : 7.1 HR : 166 Target HR : 88% of 188 BP : 134/80 Post J @60mSec

ExTime: 06:00 Speed: 2.5 mph Grade : 12.00 % 25 mm/Sec. 1.0 Cm/mV

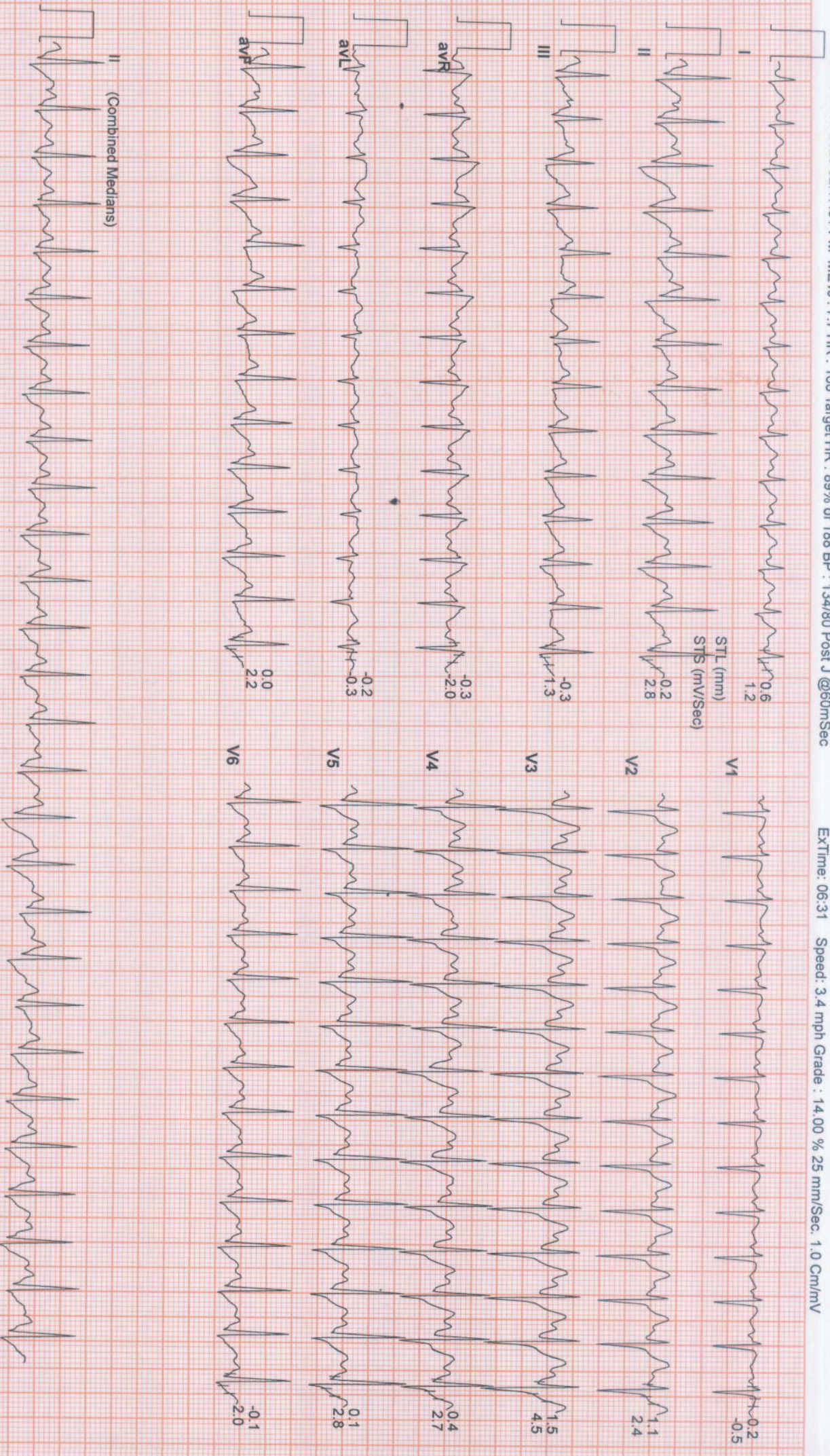






Date: 28 / 01 / 2023 02:17:01 PM METs : 7.7 HR : 168 Target HR : 89% of 188 BP : 124/80 Post J @60mSec

ExTime: 06:31 Speed: 3.4 mph Grade : 14.00 % 25 mm/Sec. 1.0 Cm/mV





# SUBURBAN DIAGNOSTICS (THANE GB ROAD)

305 / SHUBHANKAR / 32 Yrs / Male / 171 Cm / 73 Kg

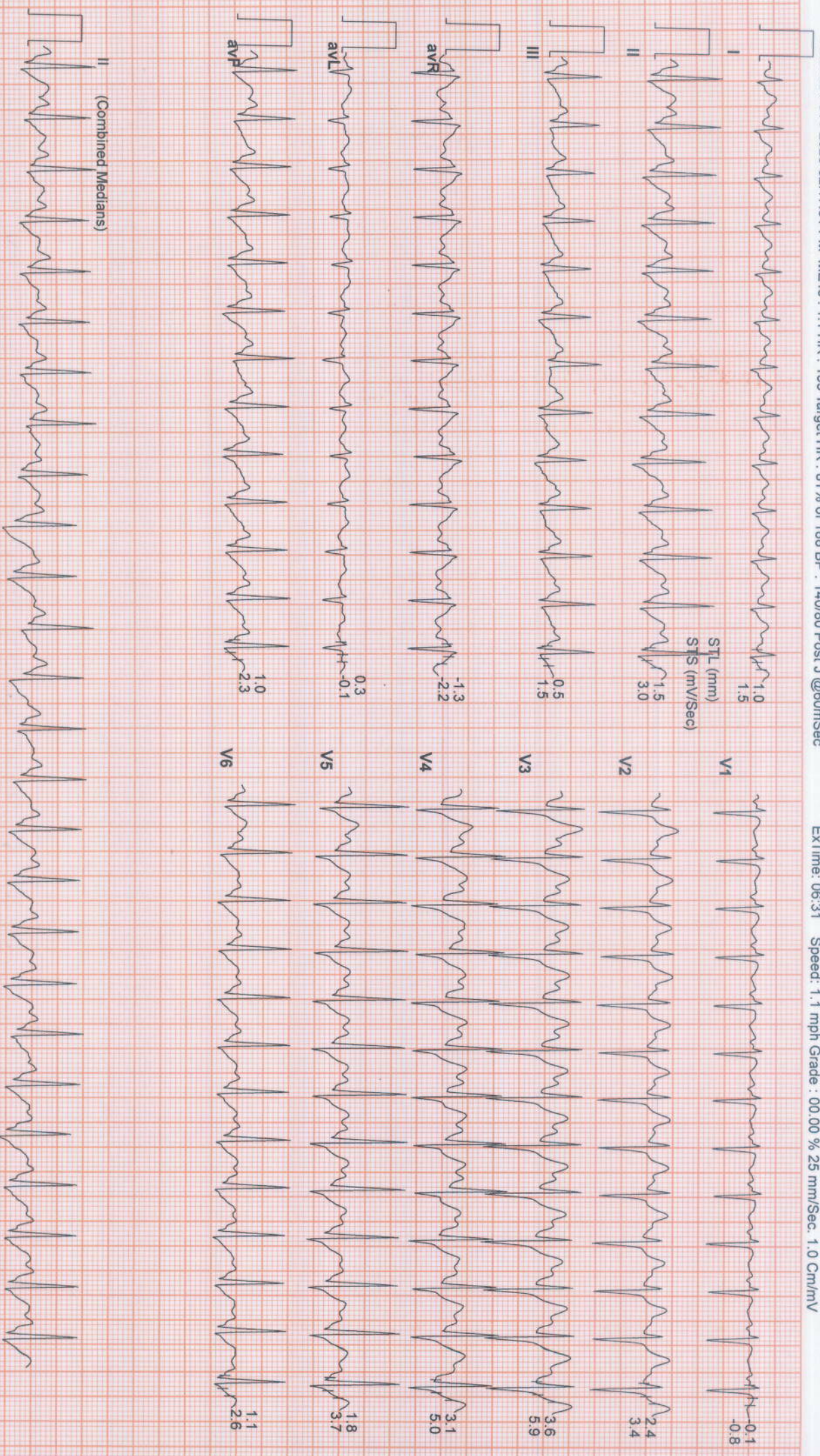
## 6X2 Combine Medians + 1 Rhythm

Recovery : ( 01:00 )



Date: 28 / 01 / 2023 02:17:01 PM METs : 1.1 HR : 153 Target HR : 81% of 188 BP : 140/80 Post J @60mSec

EXTime: 06:31 Speed: 1.1 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV





# SUBURBAN DIAGNOSTICS (THANE GB ROAD)

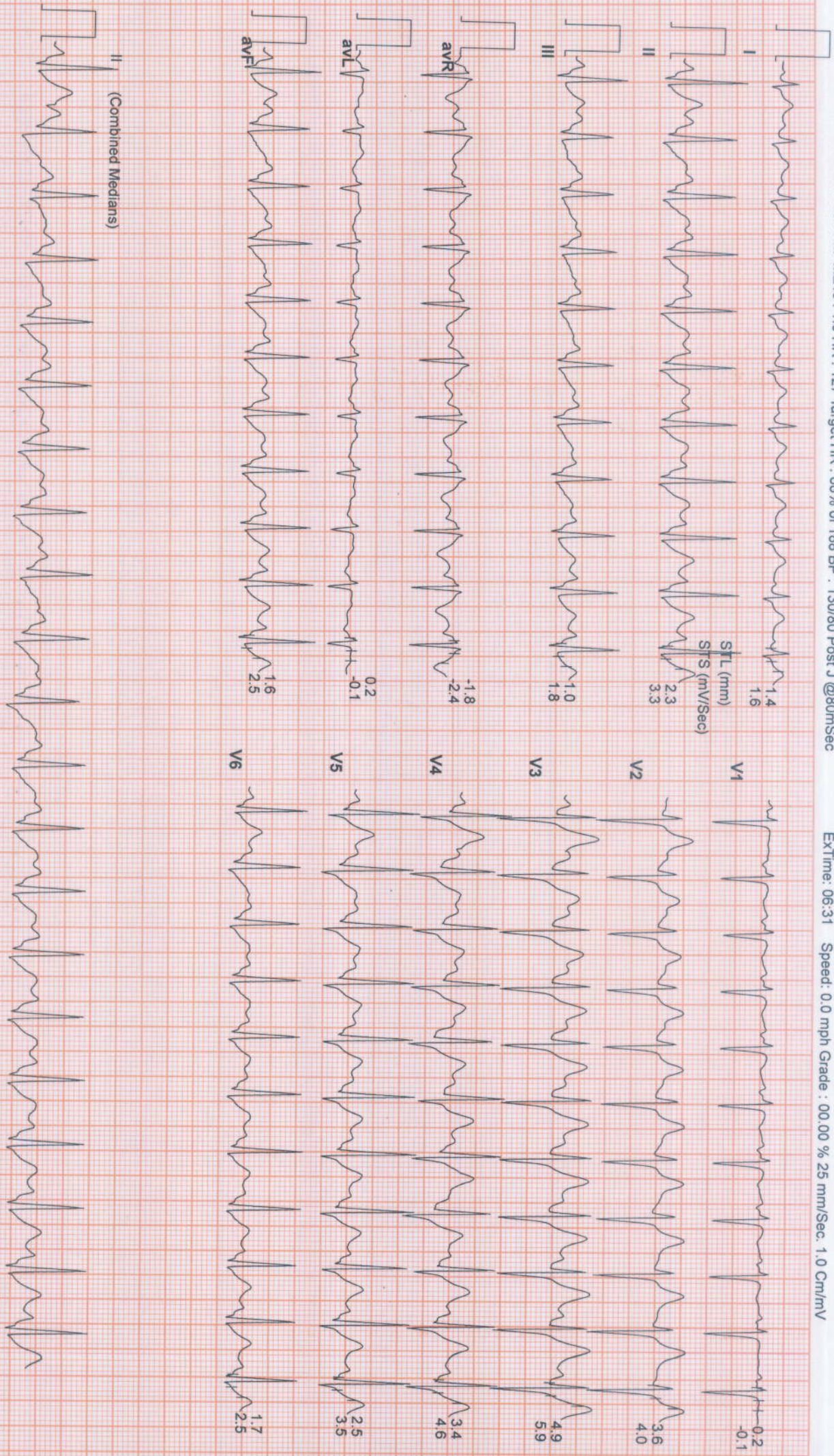
305 / SHUBHANKAR / 32 Yrs / Male / 171 Cm / 73 Kg

**6X2 Combine Medians + 1 Rhythm**  
Recovery : ( 02:00 )



Date: 28 / 01 / 2023 02:17:01 PM METs : 1.0 HR : 127 Target HR : 68% of 188 BP : 130/80 Post J @80mSec

ExTime: 06:31 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec: 1.0 Cm/mV





# SUBURBAN DIAGNOSTICS (THANE GB ROAD)

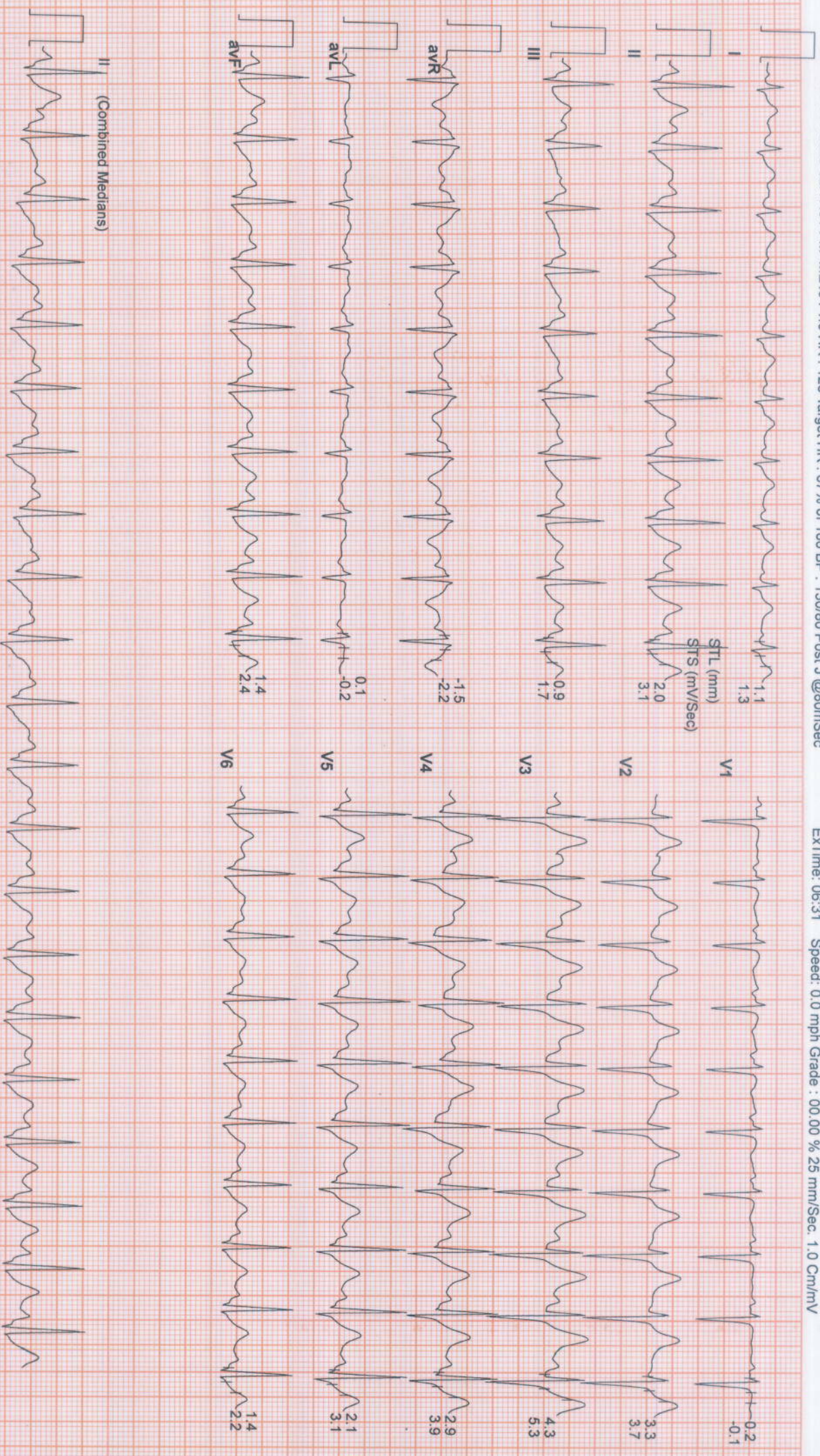
305 / SHUBHANKAR / 32 Yrs / Male / 171 Cm / 73 Kg

**6X2 Combine Medians + 1 Rhythm**  
Recovery : ( 02:07 )



Date: 28 / 01 / 2023 02:17:01 PM METs : 1.0 HR : 126 Target HR : 67% of 188 BP : 130/80 Post J @80mSec

ExTime: 06:31 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV





Reg. No. : 2302819530	Sex : MALE
Name : MR. SHUBHANKAR	Age : 32 YRS
Ref. By : -----	Date : 28.10.2023

**USG ABDOMEN AND PELVIS**

**LIVER:** Liver appears normal in size and echotexture. There is no intra-hepatic biliary radical dilatation. No evidence of any focal lesion.

**GALL BLADDER:** Gall bladder is distended and appears normal. Wall thickness is within normal limits. There is no evidence of any calculus.

**PORTAL VEIN:** Portal vein is normal. **CBD:** CBD is normal.

**PANCREAS:** Pancreas appears normal in echotexture. There is no evidence of any focal lesion or calcification. Pancreatic duct is not dilated.

**KIDNEYS:** Right kidney measures 10.5 x 4.6 cm. Left kidney measures 10.7 x 4.8 cm. Both kidneys are normal in shape and echotexture. Corticomedullary differentiation is maintained. There is no evidence of any hydronephrosis, hydroureter or calculus.

**SPLEEN:** Spleen is normal in size, shape and echotexture. No focal lesion is seen.

**URINARY BLADDER:** Urinary bladder is distended and normal. Wall thickness is within normal limits.

**PROSTATE:** Prostate is normal in size and echotexture . No evidence of any focal lesion. Median lobe does not show significant hypertrophy.

No free fluid or significant lymphadenopathy is seen.

**IMPRESSION: USG ABDOMEN IS WITHIN NORMAL LIMITS.**

Note: Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. USG is known to have inter-observer variations. Further/follow-up imaging may be needed in some cases for confirmation / exclusion of diagnosis.



**DR. GAURI RODA**  
**MBBS, DMRE**  
**(CONSULTANT RADIOLOGIST)**



Reg. No. : 2302819530	Sex : MALE
Name : MR. SHUBHANKAR	Age : 32 YRS
Ref. By : -----	Date : 28.01.2023

**X-RAY CHEST PA VIEW**

Both lung fields are clear.

Both costo-phrenic angles are clear.

The cardiac size and shape are within normal limits.

The domes of diaphragm are normal in position and outlines.

The skeleton under review appears normal.

**IMPRESSION:**

**NO SIGNIFICANT ABNORMALITY IS DETECTED.**



**DR.GAURI RODA**  
**MBBS,DMRE**  
**(CONSULTANT RADIOLOGIST)**