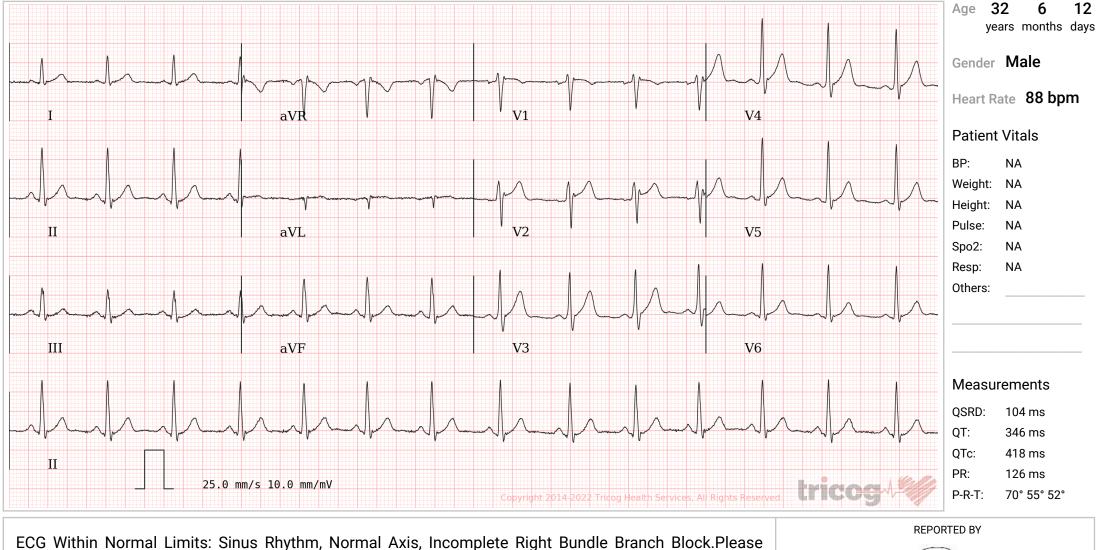
SUBURBAN DIAGNOSTICS - G B ROAD, THANE WEST



correlate clinically.

Patient Name: NIKHIL JOSHI Patient ID: 2204331728

Date and Time: 12th Feb 22 11:13 AM





DR SHAILAJA PILLAI MBBS, MD Physican MD Physican 49972

Disclaimer: 1) Analysis in this report is based on ECG alone and should be used as an adjunct to clinical history, symptoms, and results of other invasive and non-invasive tests and must be interpreted by a qualified physician. 2) Patient vitals are as entered by the clinician and not derived from the ECG.

		Authenticity Check	R E
: 2204331728			Р
: 32 Years/Male		Use a QR Code Scanner Application To Scan the Code	0
:	Reg. Date	: 12-Feb-2022 / 10:31	R
: G B Road, Thane West Main Centre	Reported	: 12-Feb-2022 / 10:33	Τ
	: Mr NIKHIL JOSHI : 32 Years/Male	HEALTHIER LIVING : 2204331728 : Mr NIKHIL JOSHI : 32 Years/Male : Reg. Date	BAN (Second Second S

USG WHOLE ABDOMEN

LIVER: Liver appears normal in size and echotexture. There is no intra-hepatic biliary radical dilatation. No evidence of any focal lesion.

<u>GALL BLADDER:</u> Gall bladder is contracted.(Not evaluated)

PORTAL VEIN: Portal vein is normal. **CBD:** CBD is normal.

<u>PANCREAS</u>: Visualised head of pancreas appears normal in size & echotexture. Rest is obscured by excessive bowel gas.

<u>**KIDNEYS**</u>: Right kidney measures 10.1 x 4.3 cm. Left kidney measures 10.5 x 4.5 cm. Both kidneys are normal in shape and echotexture. Corticomedullary differentiation is maintained. There is no evidence of any hydronephrosis, hydroureter or calculus.

<u>SPLEEN</u>: Spleen is normal in size, shape and echotexture. No focal lesion is seen.

URINARY BLADDER: Urinary bladder is distended and normal. Wall thickness is within normal limits.

PROSTATE: Prostate is normal in size and echotexture and measures 2.6 x 3.5 x 3.6 cm in dimension and 17.7 cc in volume. No evidence of any focal lesion. Median lobe does not show significant hypertrophy.

No free fluid or significant lymphadenopathy is seen.

Bowel gas++

Click here to view images

http://202.143.96.162/Suburban/Viewer?ViewerType=3&AccessionNo=2022021209091146

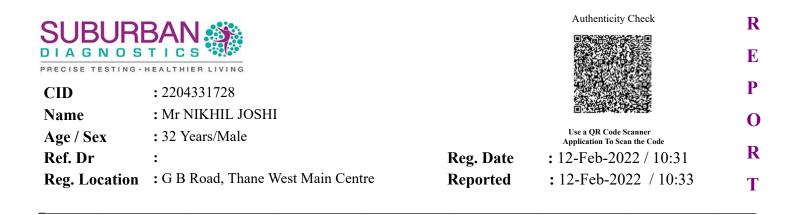
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<u>IMPRESSION:</u> USG ABDOMEN IS WITHIN NORMAL LIMITS.

Note:Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. USG is known to have interobserver variations. Further/follow-up imaging may be needed in some cases for confirmation / exclusion of diagnosis.

Advice:Clinical co-relation and further evaluation.

-----End of Report-----

Dr. Devendra Patil MBBS, MD (Radio-Diagnosis) Consultan Radiologist MMC - 2013/02/0165

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http://202.143.96.162/Suburban/Viewer?ViewerType=3&AccessionNo=2022021209091146

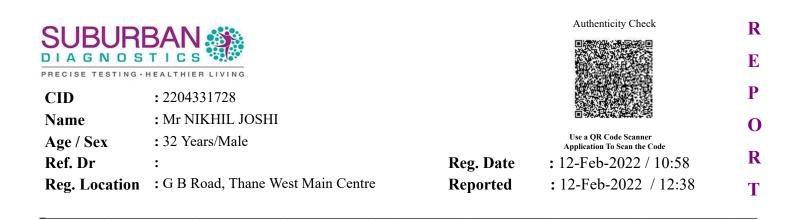
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X-RAY CHEST PA VIEW

Both lung fields are clear.

Both costo-phrenic angles are clear.

The cardiac size and shape are within normal limits.

The domes of diaphragm are normal in position and outlines.

The skeleton under review appears normal.

<u>IMPRESSION:</u> NO SIGNIFICANT ABNORMALITY IS DETECTED.

-----End of Report-----

Dr. Devendra Patil MBBS, MD (Radio-Diagnosis) Consultan Radiologist MMC - 2013/02/0165

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CID	: 2204331728
Name	: MR.NIKHIL JOSHI
Age / Gender	: 32 Years / Male
Consulting Dr.	: -
Reg. Location	: G B Road, Thane West (Main Centre)

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE

	<u>CBC (Complet</u>	<u>e Blood Count), Blood</u>	
PARAMETER	RESULTS	BIOLOGICAL REF RANGE	<u>METHOD</u>
RBC PARAMETERS			
Haemoglobin	14.1	13.0-17.0 g/dL	Spectrophotometric
RBC	4.40	4.5-5.5 mil/cmm	Elect. Impedance
PCV	40.6	40-50 %	Measured
MCV	92	80-100 fl	Calculated
MCH	32.1	27-32 pg	Calculated
MCHC	34.7	31.5-34.5 g/dL	Calculated
RDW	12.5	11.6-14.0 %	Calculated
WBC PARAMETERS			
WBC Total Count	6000	4000-10000 /cmm	Elect. Impedance
WBC DIFFERENTIAL AND	ABSOLUTE COUNTS		
Lymphocytes	32.5	20-40 %	
Absolute Lymphocytes	1950.0	1000-3000 /cmm	Calculated
Monocytes	6.6	2-10 %	
Absolute Monocytes	396.0	200-1000 /cmm	Calculated
Neutrophils	58.6	40-80 %	
Absolute Neutrophils	3516.0	2000-7000 /cmm	Calculated
Eosinophils	2.3	1-6 %	
Absolute Eosinophils	138.0	20-500 /cmm	Calculated
Basophils	0.0	0.1-2 %	
Absolute Basophils	0.0	20-100 /cmm	Calculated
Immature Leukocytes			

WBC Differential Count by Absorbance & Impedance method/Microscopy.

PLATELET PARAMETERS			
Platelet Count	216000	150000-400000 /cmm	Elect. Impedance
MPV	8.7	6-11 fl	Calculated
PDW	15.8	11-18 %	Calculated
RBC MORPHOLOGY			
Hypochromia	-		
Microcytosis	-		

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Consulting Dr.	: -	Collected	:12-Feb-2022 / 09:09	
Reg. Location	: G B Road, Thane West (Main Centre)	Reported	:12-Feb-2022 / 11:51	т

Macrocytosis	-		
Anisocytosis	-		
Poikilocytosis	-		
Polychromasia	-		
Target Cells	-		
Basophilic Stippling	-		
Normoblasts	-		
Others	Normocytic,Normochromic		
WBC MORPHOLOGY	-		
PLATELET MORPHOLOGY	-		
COMMENT	-		
Specimen: EDTA Whole Blood			
ESR, EDTA WB	4	2-15 mm at 1 hr.	Westergren

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD G B Road Lab, Thane West *** End Of Report ***



Bonit Taon'

Dr.AMIT TAORI M.D (Path) Pathologist

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CID

Name

Authenticity Check R E P : 2204331728 0 : MR.NIKHIL JOSHI Use a OR Code Scanner Age / Gender : 32 Years / Male Application To Scan the Code Consulting Dr. : -Collected :12-Feb-2022 / 09:09 : G B Road, Thane West (Main Centre) Reported :12-Feb-2022 / 13:21 т Reg. Location

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE			
PARAMETER	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
GLUCOSE (SUGAR) FASTING, Fluoride Plasma	94.8	Non-Diabetic: < 100 mg/dl Impaired Fasting Glucose: 100-125 mg/dl Diabetic: >/= 126 mg/dl	Hexokinase
GLUCOSE (SUGAR) PP, Fluoride Plasma PP/R	92.4	Non-Diabetic: < 140 mg/dl Impaired Glucose Tolerance: 140-199 mg/dl Diabetic: >/= 200 mg/dl	Hexokinase
BILIRUBIN (TOTAL), Serum	0.58	0.1-1.2 mg/dl	Diazo
BILIRUBIN (DIRECT), Serum	0.25	0-0.3 mg/dl	Diazo
BILIRUBIN (INDIRECT), Serum	0.33	0.1-1.0 mg/dl	Calculated
TOTAL PROTEINS, Serum	6.9	6.4-8.3 g/dL	Biuret
ALBUMIN, Serum	4.7	3.5-5.2 g/dL	BCG
GLOBULIN, Serum	2.2	2.3-3.5 g/dL	Calculated
A/G RATIO, Serum	2.1	1 - 2	Calculated
SGOT (AST), Serum	15.1	5-40 U/L	IFCC without pyridoxal phosphate activation
SGPT (ALT), Serum	12.1	5-45 U/L	IFCC without pyridoxal phosphate activation
GAMMA GT, Serum	11.7	3-60 U/L	IFCC
ALKALINE PHOSPHATASE, Serum	96.4	40-130 U/L	PNPP
BLOOD UREA, Serum	16.7	12.8-42.8 mg/dl	Urease & GLDH
BUN, Serum	7.8	6-20 mg/dl	Calculated
CREATININE, Serum eGFR, Serum	0.77 124	0.67-1.17 mg/dl >60 ml/min/1.73sqm	Enzymatic Calculated

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Urine Ketones (Fasting)

Urine Sugar (PP)

Urine Ketones (PP)

DIAGNOSTI PRECISE TESTING · HEAL	CS				E
CID	: 2204331728				
Name	: MR.NIKHIL JO	DSHI			0
Age / Gender	: 32 Years / M	ale		Use a QR Code Scanner Application To Scan the Code	R
Consulting Dr. Reg. Location	: - :G B Road, Th	nane West (Main Centre)	Collected Reported	:12-Feb-2022 / 11:39	т
URIC ACID, Se	rum	6.0	3.5-7.2 mg/dl	Uricase	
Urine Sugar (Fa	asting)	Absent	Absent		

*** End Of Report ***

Absent

Absent

Absent

Absent

Absent

Absent

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD G B Road Lab, Thane West



Bonit Taon'

Dr.AMIT TAORI M.D (Path) Pathologist

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CID :2204331728 Name : MR.NIKHIL JOSHI Age / Gender : 32 Years / Male Consulting Dr. : -: G B Road, Thane West (Main Centre) Reg. Location



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:12-Feb-2022 / 09:09 :12-Feb-2022 / 16:40

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE GLYCOSYLATED HEMOGLOBIN (HbA1c)

PARAMETER

BIOLOGICAL REF RANGE RESULTS METHOD Glycosylated Hemoglobin HPLC 5.5 Non-Diabetic Level: < 5.7 % (HbA1c), EDTA WB - CC Prediabetic Level: 5.7-6.4 % Diabetic Level: >/= 6.5 % Estimated Average Glucose 111.2 mg/dl (eAG), EDTA WB - CC

Calculated

Intended use:

- In patients who are meeting treatment goals, HbA1c test should be performed at least 2 times a year
- In patients whose therapy has changed or who are not meeting glycemic goals, it should be performed quarterly
- For microvascular disease prevention, the HbA1C goal for non pregnant adults in general is Less than 7%.

Clinical Significance:

- HbA1c, Glycosylated hemoglobin or glycated hemoglobin, is hemoglobin with glucose molecule attached to it.
- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of glycosylated hemoglobin in the blood.

Test Interpretation:

- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of Glycosylated hemoglobin in the blood.
- HbA1c test may be used to screen for and diagnose diabetes or risk of developing diabetes.
- To monitor compliance and long term blood glucose level control in patients with diabetes.
- Index of diabetic control, predicting development and progression of diabetic micro vascular complications.

Factors affecting HbA1c results:

Increased in: High fetal hemoglobin, Chronic renal failure, Iron deficiency anemia, Splenectomy, Increased serum triglycerides, Alcohol ingestion, Lead/opiate poisoning and Salicylate treatment.

Decreased in: Shortened RBC lifespan (Hemolytic anemia, blood loss), following transfusions, pregnancy, ingestion of large amount of Vitamin E or Vitamin C and Hemoglobinopathies

Reflex tests: Blood glucose levels, CGM (Continuous Glucose monitoring)

References: ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition.

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD CPL, Andheri West *** End Of Report ***





Dr.JYOT THAKKER M.D. (PATH), DPB Pathologist & AVP(Medical Services)

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Name	: MR.NIKHIL JOSHI
Age / Gender	: 32 Years / Male
Consulting Dr. Reg. Location	: - :G B Road, Thane West (Main Centre)





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AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE
URINE EXAMINATION REPORT

	UNINE EAAA		
PARAMETER	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
PHYSICAL EXAMINATION			
Color	Pale yellow	Pale Yellow	-
Reaction (pH)	Neutral (7.0)	4.5 - 8.0	Chemical Indicator
Specific Gravity	1.010	1.010-1.030	Chemical Indicator
Transparency	Clear	Clear	-
Volume (ml)	40	-	-
CHEMICAL EXAMINATION			
Proteins	Absent	Absent	pH Indicator
Glucose	Absent	Absent	GOD-POD
Ketones	Absent	Absent	Legals Test
Blood	Absent	Absent	Peroxidase
Bilirubin	Absent	Absent	Diazonium Salt
Urobilinogen	Normal	Normal	Diazonium Salt
Nitrite	Absent	Absent	Griess Test
MICROSCOPIC EXAMINATIO	N		
Leukocytes(Pus cells)/hpf	2-3	0-5/hpf	
Red Blood Cells / hpf	Absent	0-2/hpf	
Epithelial Cells / hpf	1-2		
Casts	Absent	Absent	
Crystals	Absent	Absent	
Amorphous debris	Absent	Absent	
Bacteria / hpf	3-4	Less than 20/hpf	

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD G B Road Lab, Thane West *** End Of Report ***





Bonit Taon'

Dr.AMIT TAORI M.D (Path) Pathologist

ADDRESS: 2nd Floor, Aston, Sundervan Complex, Above Mercedes Showroom, Andheri West - 400053

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CID	: 2204331728
Name	: MR.NIKHIL JOSHI
Age / Gender	: 32 Years / Male
Consulting Dr.	: -
Reg. Location	: G B Road, Thane West (Main Centre)

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:12-Feb-2022 / 09:09 :12-Feb-2022 / 13:11 R

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE **BLOOD GROUPING & Rh TYPING**

PARAMETER

RESULTS

ABO GROUP **Rh TYPING**

Positive

NOTE: Test performed by Semi- automated column agglutination technology (CAT)

A

Specimen: EDTA Whole Blood and/or serum

Clinical significance:

ABO system is most important of all blood group in transfusion medicine

Limitations:

- ABO blood group of new born is performed only by cell (forward) grouping because allo antibodies in cord blood are of maternal origin.
- Since A & B antigens are not fully developed at birth, both Anti-A & Anti-B antibodies appear after the first 4 to 6 months of life. As a result, weaker reactions may occur with red cells of newborns than of adults.
- Confirmation of newborn's blood group is indicated when A & B antigen expression and the isoagglutinins are fully developed at 2 to 4 years of age & remains constant throughout life.
- Cord blood is contaminated with Wharton's jelly that causes red cell aggregation leading to false positive result
- The Hh blood group also known as Oh or Bombay blood group is rare blood group type. The term Bombay is used to refer the phenotype that lacks normal expression of ABH antigens because of inheritance of hh genotype.

Refernces:

- Denise M Harmening, Modern Blood Banking and Transfusion Practices- 6th Edition 2012. F.A. Davis company. Philadelphia 1.
- 2. AABB technical manual

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD G B Road Lab, Thane West

*** End Of Report **



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Name	: MR.NIKHIL JOSHI
Age / Gender	: 32 Years / Male
Consulting Dr. Reg. Location	: - :G B Road, Thane West (Main Centre)

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Use a OR Code Scanner Application To Scan the Code :12-Feb-2022 / 09:09

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Reported

:12-Feb-2022 / 13:31

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE LIPID PROFILE

PARAMETER	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
CHOLESTEROL, Serum	154.9	Desirable: <200 mg/dl Borderline High: 200-239mg/dl High: >/=240 mg/dl	Enzymatic
TRIGLYCERIDES, Serum	78.6	Normal: <150 mg/dl Borderline-high: 150 - 199 mg/dl High: 200 - 499 mg/dl Very high:>/=500 mg/dl	GPO-POD
HDL CHOLESTEROL, Serum	54.8	Desirable: >60 mg/dl Borderline: 40 - 60 mg/dl Low (High risk): <40 mg/dl	Homogeneous enzymatic colorimetric assay
NON HDL CHOLESTEROL, Serum	100.1	Desirable: <130 mg/dl Borderline-high:130 - 159 mg/dl High:160 - 189 mg/dl Very high: >/=190 mg/dl	Calculated
LDL CHOLESTEROL, Serum	84.0	Optimal: <100 mg/dl Near Optimal: 100 - 129 mg/dl Borderline High: 130 - 159 mg/dl High: 160 - 189 mg/dl Very High: >/= 190 mg/dl	Homogeneous enzymatic colorimetric assay
VLDL CHOLESTEROL, Serum	16.1	< /= 30 mg/dl	Calculated
CHOL / HDL CHOL RATIO, Serum	2.8	0-4.5 Ratio	Calculated
LDL CHOL / HDL CHOL RATIO, Serum	1.5	0-3.5 Ratio	Calculated
*Comple processed at SURUDRAN DIA		Dood Lob Thoma West	

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD G B Road Lab, Thane West *** End Of Report ***



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DIAGNOSTI PRECISE TESTING · HEAT			11 - 04 0 - C	
CID Name	: 2204331728 : MR.NIKHIL JOSHI			
Age / Gender	: 32 Years / Male		Use a QR Code Scanner Application To Scan the Code	
Consulting Dr. Reg. Location	: - :G B Road, Thane West (Main Centre)	Collected Reported	: 12-Feb-2022 / 09:09 : 12-Feb-2022 / 12:45	

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE THYROID FUNCTION TESTS			
PARAMETER	RESULTS	BIOLOGICAL REF RANGE	<u>METHOD</u>
Free T3, Serum	5.1	3.5-6.5 pmol/L	ECLIA
Free T4, Serum	18.1	11.5-22.7 pmol/L	ECLIA
sensitiveTSH, Serum	3.2	0.35-5.5 microIU/ml	ECLIA

Interpretation:

A thyroid panel is used to evaluate thyroid function and/or help diagnose various thyroid disorders.

Clinical Significance:

1)TSH Values between 5.5 to 15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors can give falsely high TSH.

2)TSH values may be trasiently altered becuase of non thyroidal illness like severe infections, liver disease, renal and heart severe burns, trauma and surgery etc.

TSH	FT4 / T4	FT3 / T3	Interpretation
High	Normal	Normal	Subclinical hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of non-thyroidal illness, TSH Resistance.
High	Low	Low	Hypothyroidism, Autoimmune thyroiditis, post radio iodine Rx, post thyroidectomy, Anti thyroid drugs, tyrosine kinase inhibitors & amiodarone, amyloid deposits in thyroid, thyroid tumors & congenital hypothyroidism.
Low	High	High	Hyperthyroidism, Graves disease, toxic multinodular goiter, toxic adenoma, excess iodine or thyroxine intake, pregnancy related (hyperemesis gravidarum, hydatiform mole)
Low	Normal	Normal	Subclinical Hyperthyroidism, recent Rx for Hyperthyroidism, drugs like steroids & dopamine), Non thyroidal illness.
Low	Low	Low	Central Hypothyroidism, Non Thyroidal Illness, Recent Rx for Hyperthyroidism.
High	High	High	Interfering anti TPO antibodies, Drug interference: Amiodarone, Heparin, Beta Blockers, steroids & anti epileptics.

Diurnal Variation:TSH follows a diurnal rhythm and is at maximum between 2 am and 4 am , and is at a minimum between 6 pm and 10 pm. The variation is on the order of 50 to 206%. Biological variation:19.7%(with in subject variation)

Reflex Tests: Anti thyroid Antibodies, USG Thyroid , TSH receptor Antibody. Thyroglobulin, Calcitonin

Limitations: Samples should not be taken from patients receiving therapy with high biotin doses (i.e. >5 mg/day) until atleast 8 hours following the last biotin administration.

Reference:

1.O.koulouri et al. / Best Practice and Research clinical Endocrinology and Metabolism 27(2013)

2. Interpretation of the thyroid function tests, Dayan et al. THE LANCET . Vol 357

3. Tietz , Text Book of Clinical Chemistry and Molecular Biology -5th Edition

4.Biological Variation: From principles to Practice-Callum G Fraser (AACC Press)

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD G B Road Lab, Thane West *** End Of Report ***



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