

Name: _____
Yrs _____ cm _____ Kg BP _____

Meera Sharma
88 M.

Prasad Sharma

com

Heart Rate : 76 bpm

INTERVAL (ms)

PR: 115 QRS: 55

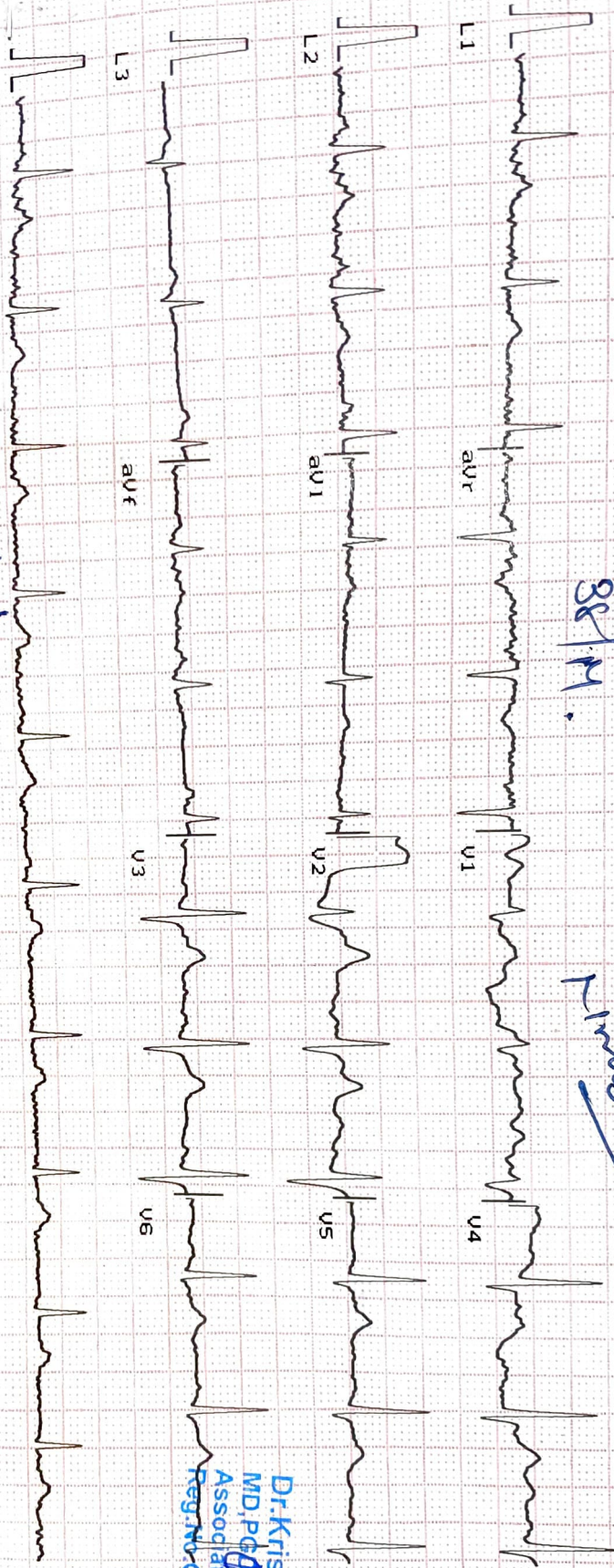
QT: 295 QTc: 336

ST: 172

AXIS(deg)

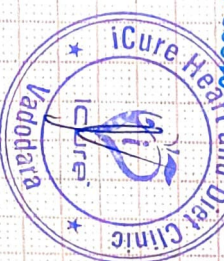
P : 63 QRS: 17

T : 0



27/11/21.

Dr. Krish P. Vaidya
MD, PhD
Associate Consultant Cardiology
Reg. No. G-50510



Heart & General Clinic

iCure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

:: PERSONAL HEALTH REPORT ::

NAME <u>Nirav Sharma</u>	DATE <u>27/11/21.</u>
	SR. NO.
	SEX <u>Male</u>
	AGE <u>38</u>
	HEIGHT <u>178cm</u>
	WEIGHT <u>74kg.</u>

HISTORY

Present History : HTN x 5 Years, on Ayurvedic powder.

Past Illness History : NO Diabetes/Hypertension/Tuberculosis/Asthma/Epilepsy NO.

Past Occupational History : NO.

Family History : Feather has HTN x on Ayurvedic R.

Personal History : NO.

Addiction : NO Tobacco/Gutkha/Smoking/Alcohol NO.

GENERAL EXAMINATION

T.P.R. : 98/26 B.P. : 118/76 mm Hg

Pallor/Icterus/Cyanosis/Varicosity/Lymph Nodes/Thyroid/Oedema/NVE/Other : no muf.

SYSTEMIC EXAMINATION

R.S. : NO

C.V.S. : NO

C.N.S. : NO

A.S. : NO

Musculo-skelet System : NO

E.N.T. Ex. <u>NO</u>	ACUITY OF VISION			
	Without Glass	DISTANT	RT EYE 6/ —	LT EYE 6/ —
		Near	6/ —	6/ —
	With Glass	DISTANT	6/ 6	6/ 6
Near		6/ 6	6/ 6	
Dental Ex. <u>NO</u>	COLOUR BLINDNESS <u>NO</u>			
Skin Ex. <u>NO</u>				
Psychic Ex. <u>NO</u>				

REMARK NO

ADVICE nil

The Worker is FIT UNFIT for the assigned job.

Dr. Krish P. Vaidya
 MD, PGDCC
 Associate Consultant-Cardiology
 Reg. No. G-50510
 DR. KRISH VAIDYA
 MD G-50510, CIH





भारत सरकार



आधार

भारतीय विशिष्ट ओળખાણ પ્રાધિકરણ

ભારત સરકાર

Unique Identification Authority of India

Government of India

નોંધણીની ઓળખ / Enrollment No 1104/60643/05348

To,
શર્મા નીરવ જગજીવન
Sharma Nirav Jagjivan
S/O: Sharma Jagjivan
B-60 Yogeshwar Krupa Society
behind Petrol Pump Vasna Road
Vadodara
Racecourse Vadodara Vadodara
Gujarat 390007
8141142713

13/12/2013

Ref: 1622 / 31L / 755188 / 755254 / P



SH714167795FT



તમારો આધાર નંબર / Your Aadhaar No. :

2300 2622 9744

આધાર - સામાન્ય માણસનો અધિકાર



ભારત સરકાર

Government of India



શર્મા નીરવ જગજીવન
Sharma Nirav Jagjivan
જન્મ તારીખ / DOB : 03/04/1983
પુરુષ / Male



2300 2622 9744

આધાર - સામાન્ય માણસનો અધિકાર

Nirav Sharma





बैंक ऑफ बड़ौदा
Bank of Baroda

नाम
Name
निरव जगजीवन शर्मा
NIRAV JAGJIVAN SHARMA
कर्मचारी कूट क्र.
E.C. No. 161724



[Handwritten Signature]
जारीकर्ता प्राधिकारी
Issuing Authority

Nirav Sharma
धारक के हस्ताक्षर
Signature of Holder



Nirav Sharma



Nirav Sharma

iCure Heart Care
402, Epsilon Tower, Race Course Road, Vadodara

Summary

768
38 Yrs/ M
Kg / Ht. cms
Ref. No.:

Date: 27-11-2021
Time: 10:01 AM

Ref By:
Protocol: Bruce

History:
Medication:

Stage	Stg Time min:sec	Speed km/h	Grade %	METS	HR bpm	BP mmHg	RPP	PVCs
Pre Ex				1	80	120/80	96	
Supine				1	78	120/80	94	
Hyp Vent				1	78	120/80	94	
Standing				1	77	120/80	92	
S1	03:00	2.7	10.0	4.8	122	120/80	146	2
S2	03:00	4.0	12.0	6.9	145	130/80	188	2
Peak Ex	01:02	5.4	14.0	9.5	162	140/90	227	2
Post Ex 1	02:00			1	109	130/80	142	2
Post Ex 2	01:16			1	94	120/80	113	2
Finish				1		120/80		2

Findings: Exercise Time : 07:02 mins

Max HR attained : 162 bpm 89 % of Target 182 bpm

Max BP : 140/90mmHg

Max Workload attained : 9.5 METs (Good Effort Tolerance)

Reason for Test Termination: Patient Completed Test

No significant ST segment changes noted during exercise or recovery stages.

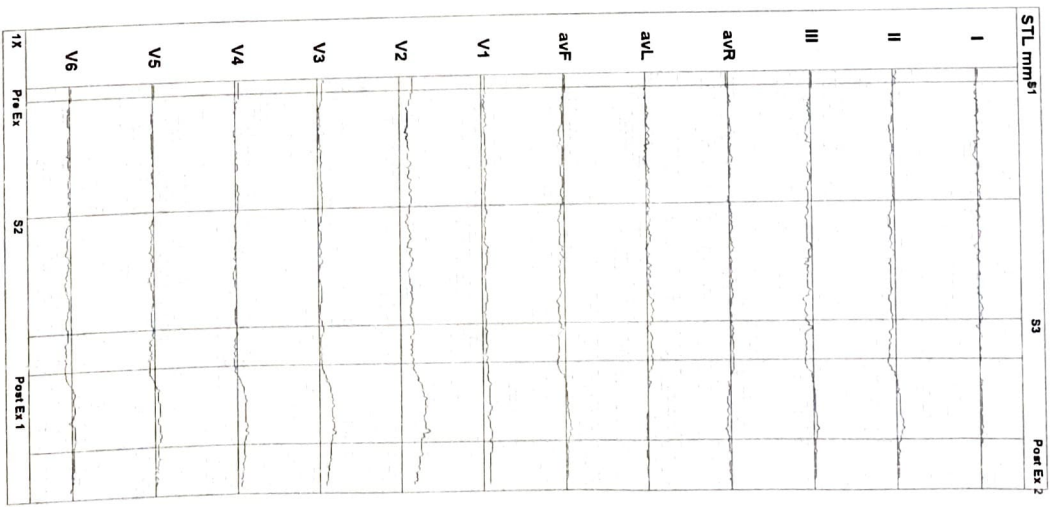
No Angina / Arrhythmia / S3 / Murmur

Final Impression : Test is negative for inducible ischaemia.



Dr. Krish P. Vaidya
MD, PCC, DCC
Associate Consultant-Cardiology
Reg. No. G-50510 DR KRISH VAIDYA

Reg No- 501055



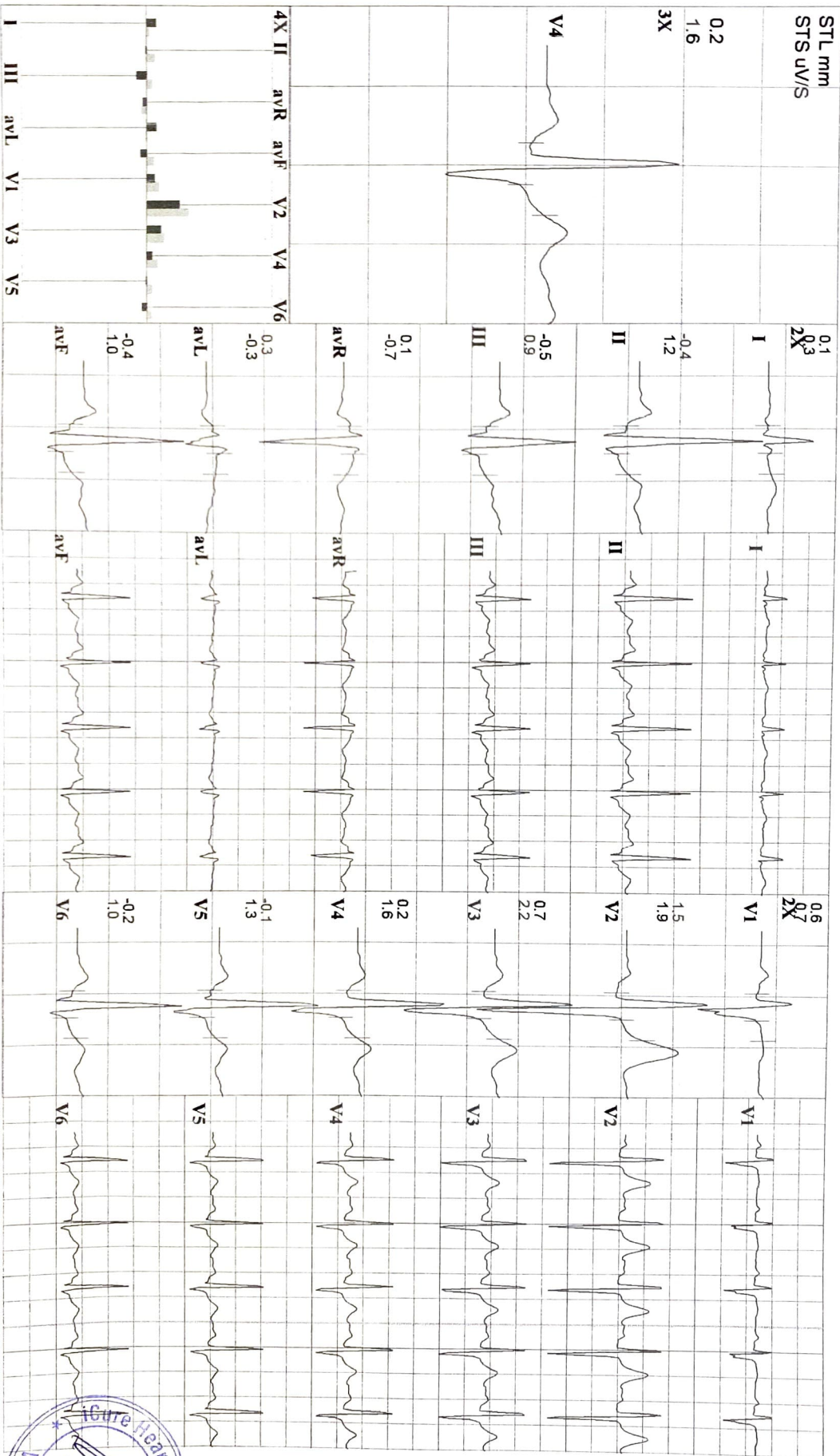
768
38 Yrs/ M
Date: 27-11-2021 Time: 10:01 AM
Post J: 78 ms

NIRAV SHARMA
Kg / Ht- cms
Ref.No.:

Speed: 2.7 kmh Hr: 122
Grade: 10 % Mets: 4.8
Protocol: Bruce BP: 120/80 mmHg
Cur Time: 03:09

Target Hr: 67 % of 182
Ex Time: 03:00
Filter: 0.1 - 100 Hz
Gain: 10 mm/mV
BLC: On
Notch On
Sweep: 25 mm/s
Median Sweep: 25 mm/s

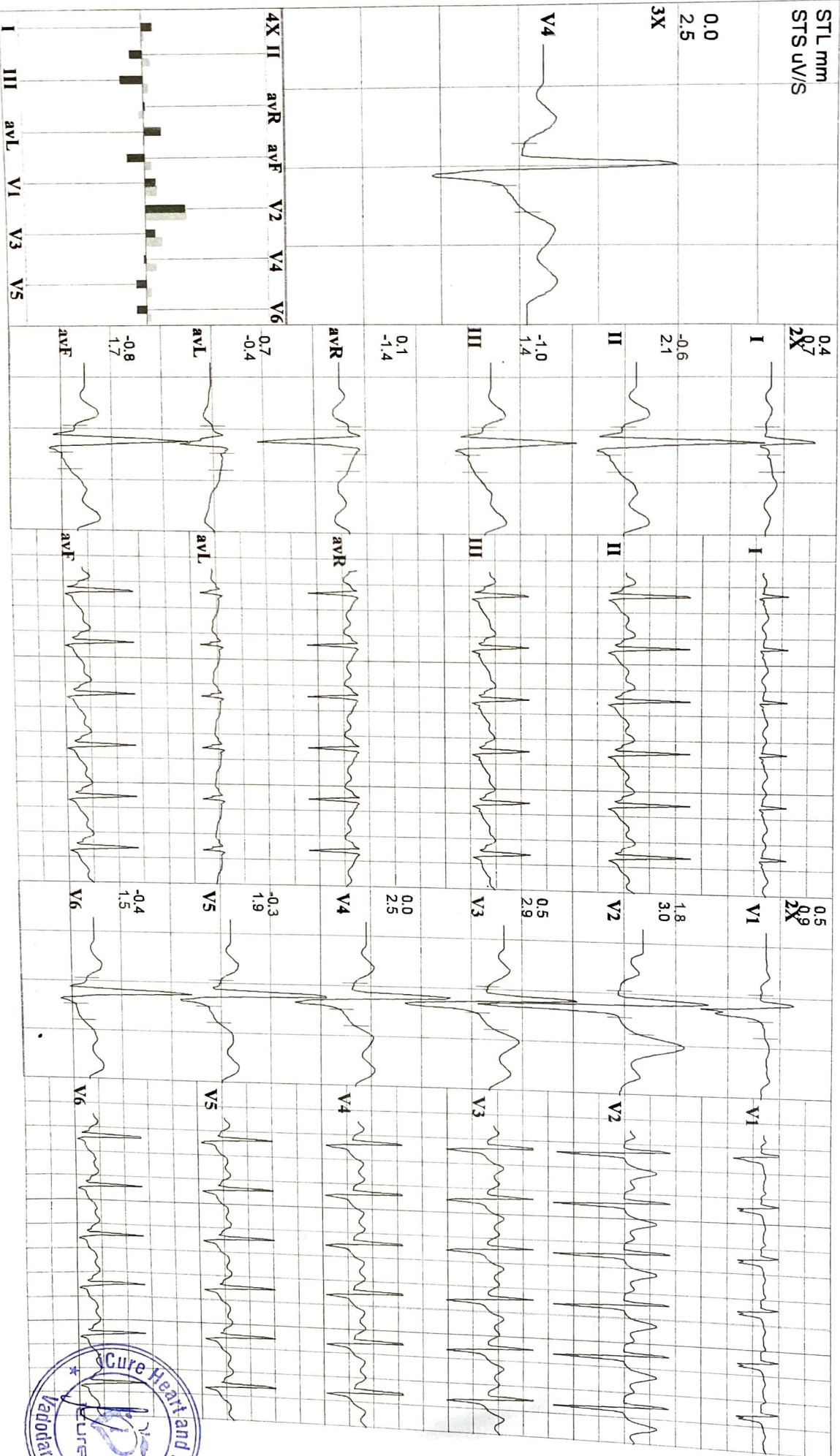
Linked Medians
S1



768
38 Yrs/M
Date: 27-11-2021 Time: 10:01 AM
Post J: 66 ms

NIRAV SHARMA
Kg / Ht- cms Ref.No.:
Speed: 4 kmh Hr: 145 Target Hr: 79% of 182 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Grade: 12% Met: 6.9 Ex Time: 06:00 BLC: On Sweep: 25 mm/s
Protocol: Bruce BP: 130/80 mmHg Curr Time: 06:09 Notch On Median Sweep: 25 mm/s

Linked Medians
S2





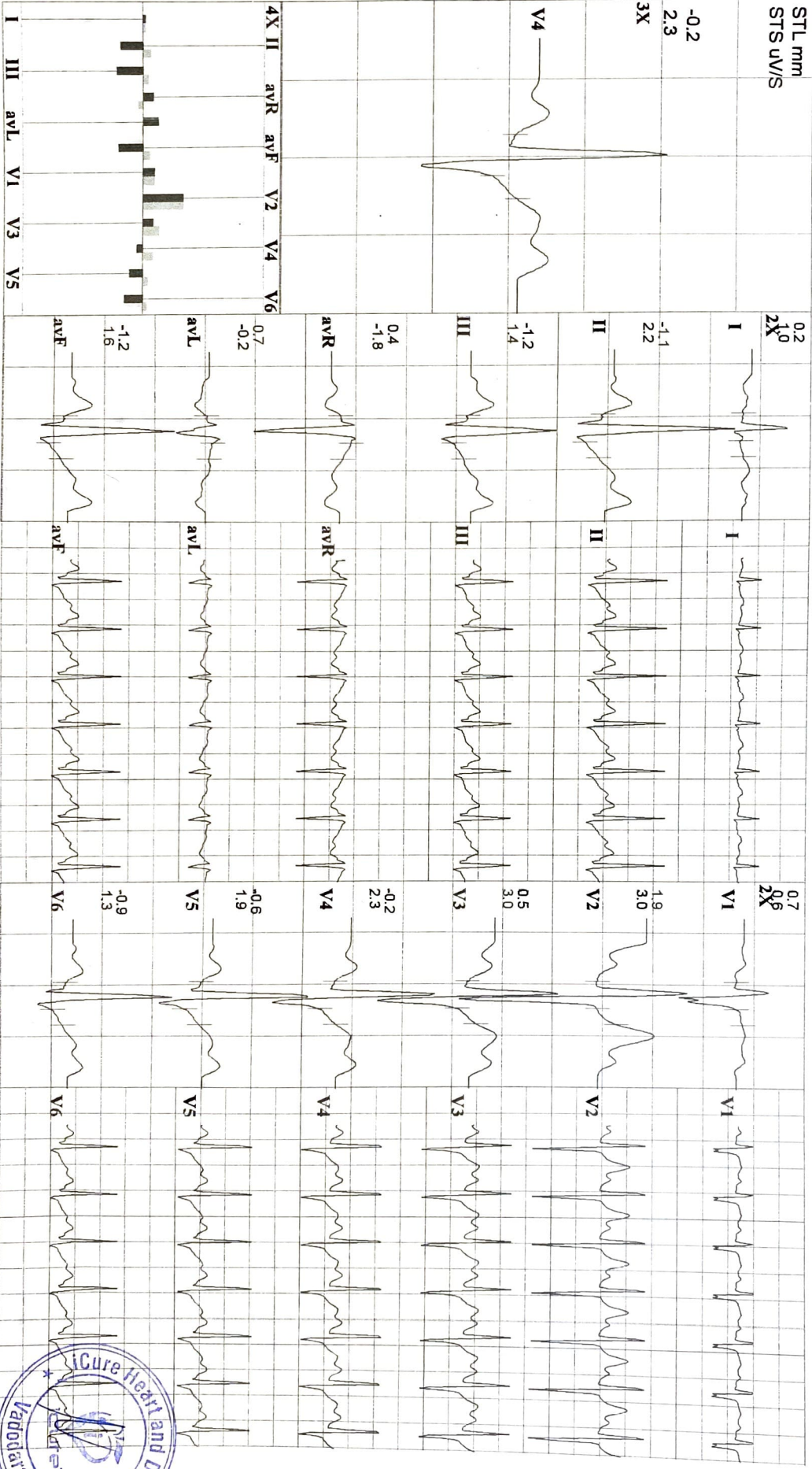
icure Heart Care

402, Epsilon Tower, Race Course Road, Vadodara

768
 38 Yrs/ M
 Date: 27-11-2021 Time: 10:01 AM
 Post J: 60 MS

NIRAV SHARMA
 Kg / Ht- cms
 Ref.No.:
 Speed: 5.4 kmh Hr: 162
 Grade: 14% Met: 9.5
 Protocol: Bruce BP: 140/90 mmHg
 Target Hr: 89% of 182
 Ex Time: 07:02
 Curr Time: 07:11
 Filter: 0.1 - 100 Hz
 Gain: 10 mm/mV
 BLC: On
 Notch: On
 Sweep: 25 mm/s
 Median Sweep: 25 mm/s

Linked Medians
Peak Ex





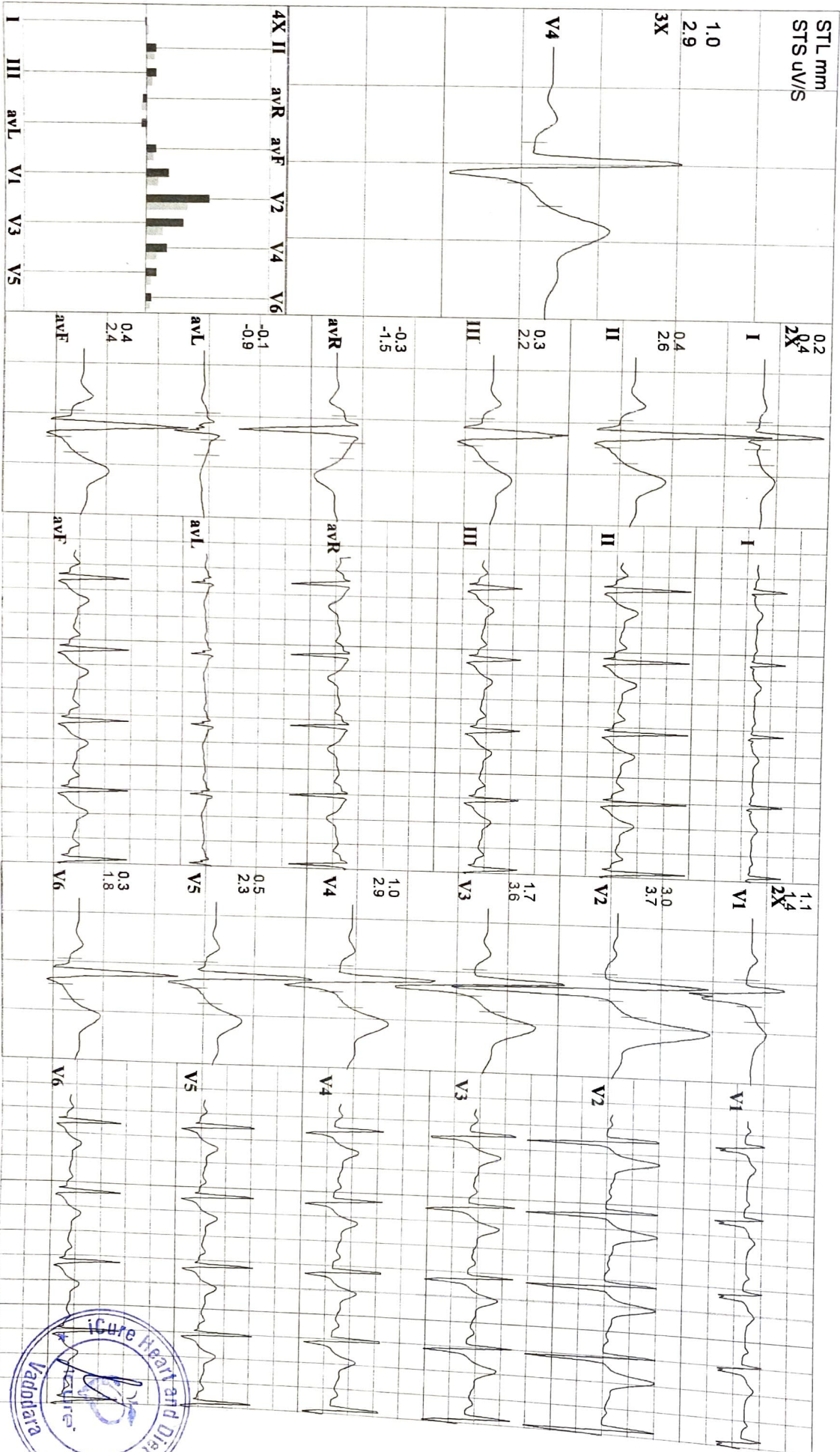
iCure Heart Care

402, Epsilon Tower, Race Course Road, Vadodara

7/68
 38 Yrs/M
 Date: 27-11-2021 Time: 10:01 AM
 Post J: 60 ms

NIRAV SHARMA
 Kg / Ht. cms
 Ref.No.:
 Speed: — kmh Hr: 109
 Grade: — % Mets: 1
 Protocol: Bruce BP: 130/80 mmHg Curr Time: 09:11
 Target Hr: 59 % of 182
 Ex Time: 07:02
 Filter: 0.1 - 100 Hz Gain:
 BLC: On
 Notch: On
 Sweep: 10 mm/mV
 Median Sweep: 25 mm/s

Linked Medians
Post Ex 1

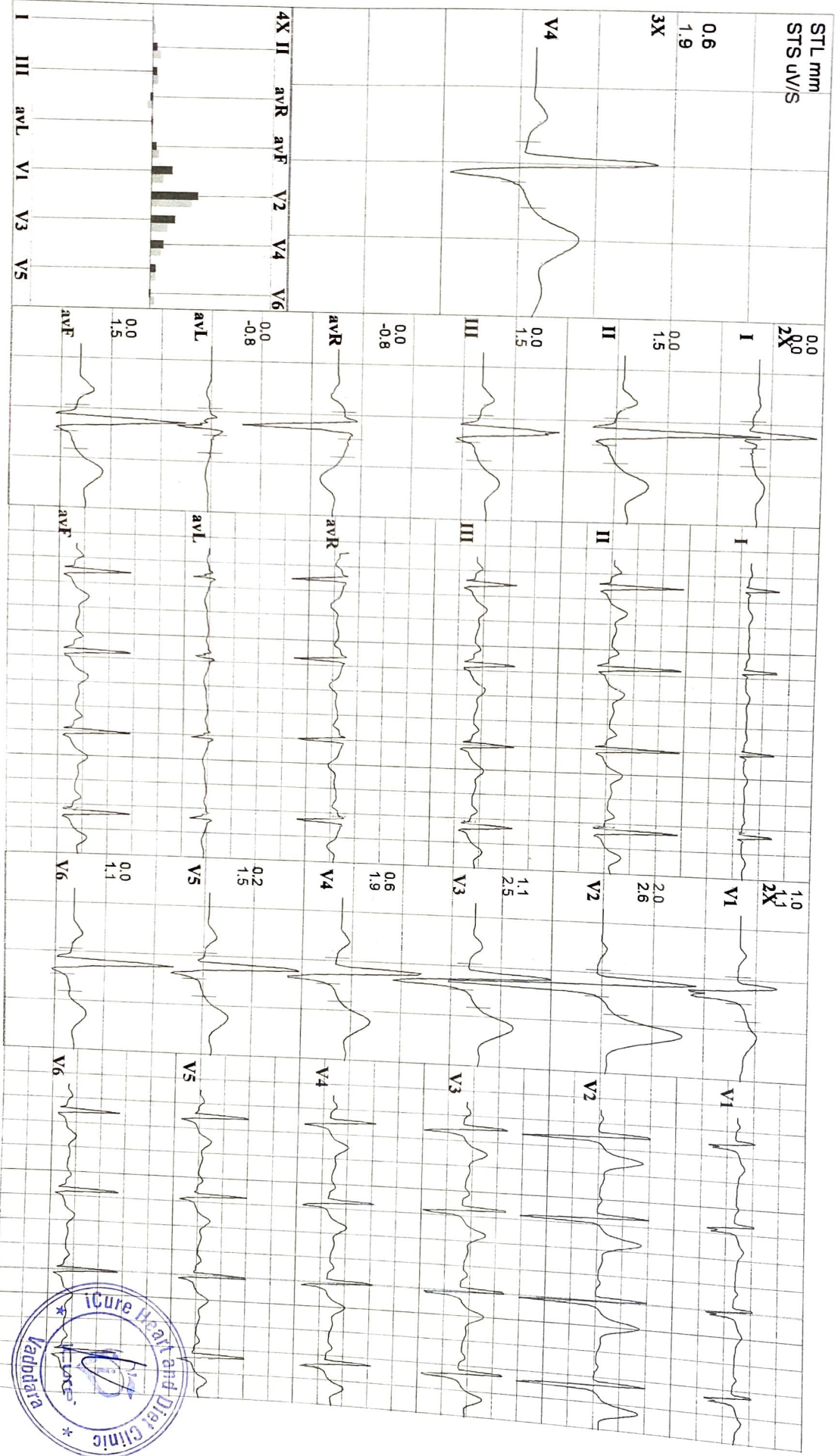


7/68
 38 Yrs/ M
 Date: 27-11-2021 Time: 10:01 AM
 Post J: 69 mS

NIRAV SHARMA
 Kg / Ht- cms
 Ref.No.:

Speed: — km/h Hr: 94
 Grade: — % Met: 1
 Protocol: Bruce BP: 120/80 mmHg Curr Time: 10:27
 Target Hr: 51 % of 182 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
 Ex Time: 07:02 BLC: On Sweep: 25 mm/s
 Notch On Median Sweep: 25 mm/s

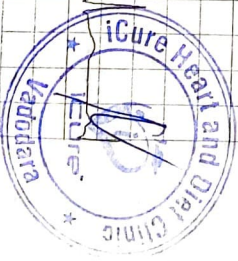
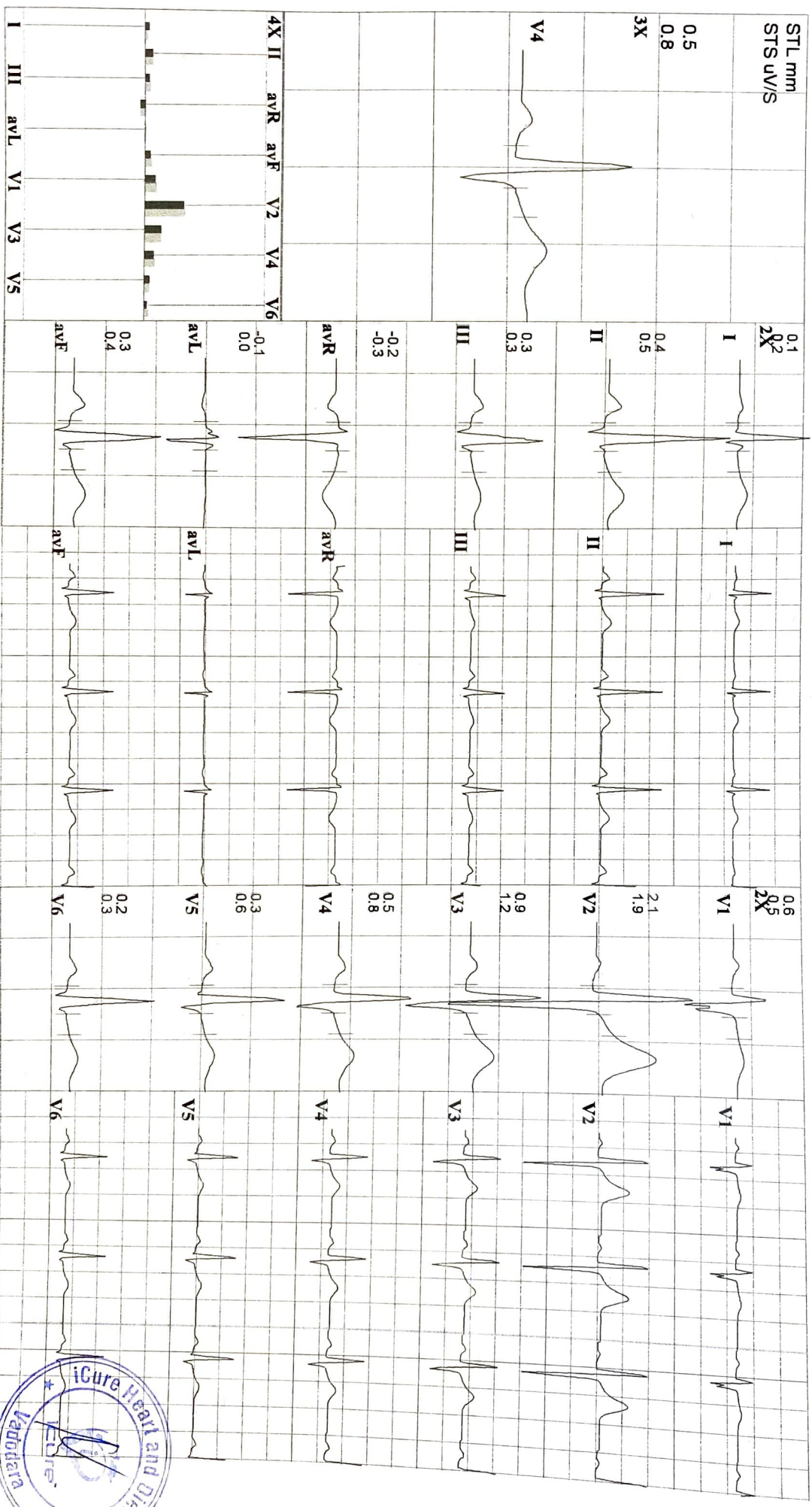
Linked Medians
 Post Ex 2



768
38 Yrs/ M
Date: 27-11-2021 Time: 10:01 AM
Post U: 78 ms

NIRAV SHARMA
Kg / Ht - cms
Ref.No.:
Speed: — kmh
Grade: — %
Protocol: Bruce
Hr: 76
Mets: 1
BP: 120/80 mmHg
Target Hr: 41 % of 182
EX Time: — min:sec
Cur Time: 00:11
Filter: 0.1 - 100 Hz
BLC: On
Notch On
Gain: 10 mm/mV
Sweep: 25 mm/s
Median Sweep: 25 mm/s

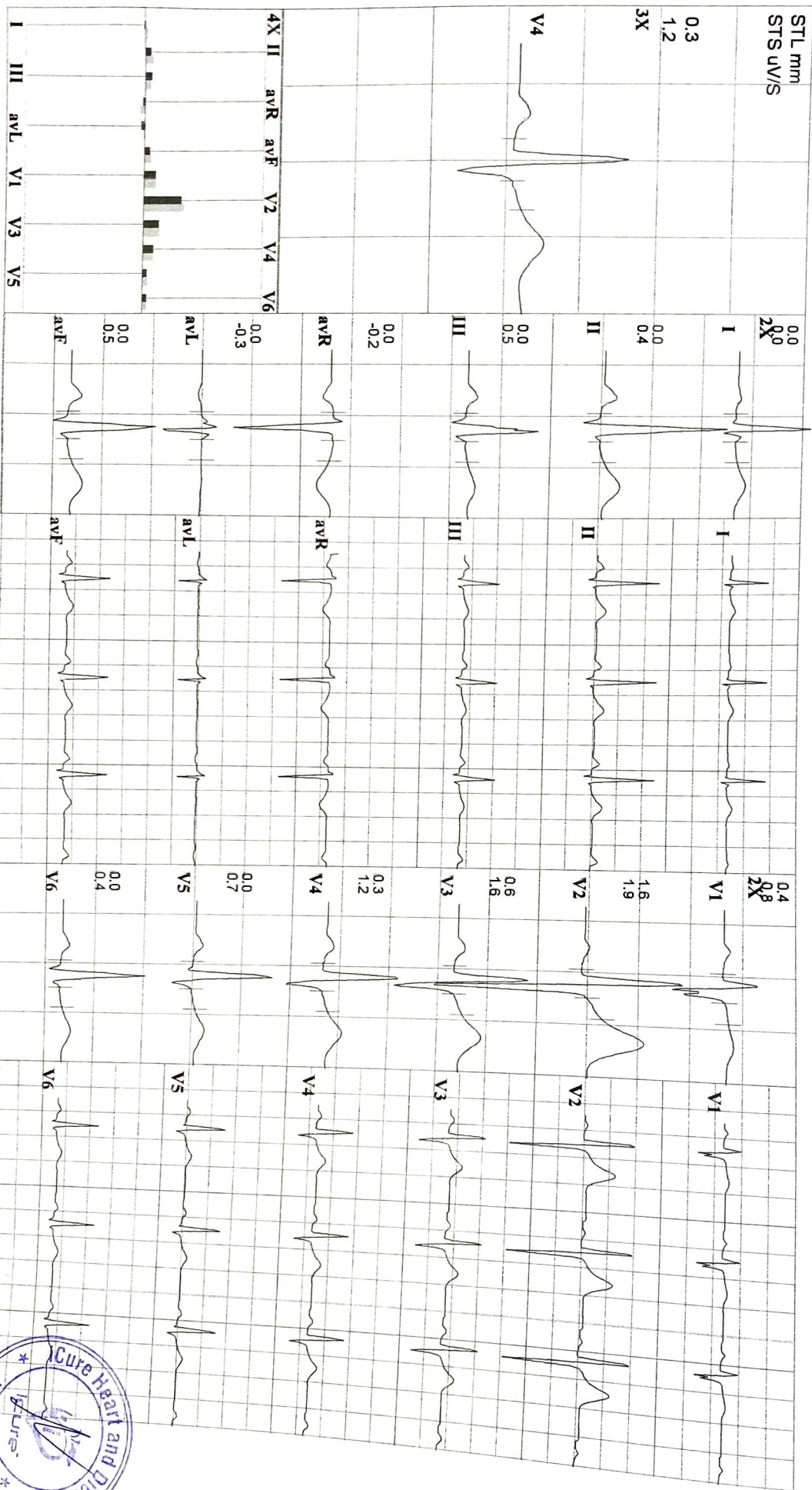
Linked Medians
Pre EX
Hyp Vent



788
38 Yrs/M
Date: 27-11-2021 Time: 10:01 AM
Post J: 78 ms

NIRAV SHARMA
Kg / Ht- cms
Ref/No.:
Speed: — kmh Ht: 106 Target Ht: 58 % of 182
Grade: — % Met: 4.8 Ex Time: 00:10 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Protocol: Bruce BP: 120/80 mmHg Cur Time: 00:19 BLC: On Sweep: 25 mm/s
Notch On Median Sweep: 25 mm/s

Linked Medians
S1
Standing



PATIENT'S NAME:	NIRAV SHARMA	REF.BY	I CURE HEART & DIET CLINIC
AGE/SEX:	38/MALE	DATE:	27-11-2021

X-RAY OF CHEST PA VIEW:

FINDING

BOTH LUNG FIELDS APPEAR CLEAR.
NO CONSOLIDATION OR MASS LESION IS SEEN.
BOTH CP ANGLES ARE CLEAR. CARDIAC SIZE APPEARS WITHIN NORMAL LIMIT. TRACHEA IS CENTRAL IN POSITION. MEDIASTINAL SHADOW IS NORMAL.

BOTH DOMES OF DIAPHRAGM ARE NORMAL.

BONY THORAX UNDER VISION APPEARS NORMAL.

IMPRESSIONS : NO SIGNIFICANT ABNORMALITY DETECTED



DR.HIMANI VIRAPARA
Regn. No: G.28771
M.D. [Radiodiagnosis]
(CONSULTANT RADIOLOGIST)





J K V LABORATORY

FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.
8320343731 / 9601969303M jkvlaboratory2021@gmail.com



Patient's Name : **NIRAV SHARMA**
 Referred by : I Cure Heart & Diet Clinic
 Date : 27/11/2021 14:53
 Ref. No. : 5735
 Age : 38 Years
 Sex : Male

HBA1C [Glycosylated Haemoglobin]

Test Name	Result	Units	Biological Reference Interval
Glycosylated Haemoglobin : (HBA1C)	5.4	%	Excellent control: 4.2-6.2 Good Control : 6.3-7.2 Fair Control : 7.3-8.2 Poor Control : >8.3
Estimated Average glucose :	108.28	mg/dl	

Comment : *As per the new 2009 update of American Diabetes Association regarding HbA1C & Mean Blood Glucose relationship.

NOTE:
 blood glucose : This test is used to monitor diabetic patients compliance with the therapeutic regimen and long term blood glucose control. It's level is proportional to both the average concentration and the life span of the red blood cells (RBC) in circulation. HbA1c values are free of day to day glucose fluctuations and are unaffected by exercise or recent food intake.



DR K K PATEL
 MD
 CONSULTANT PATHOLOGIST



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Patient's Name : **NIRAV SHARMA**
Referred by : I Cure Heart & Diet Clinic
Date : 27/11/2021 14:53

Ref. No. : 5735
Age : 38 Years
Sex : Male

RENAL FUNCTION TEST

Test Name	Result	Units	Biological Reference Interval
Blood Urea :	26.1	mg/dl	[12.6 to 42.6]
Blood Urea Nitrogen :	12.8	mg/dl	[8 to 23]
Serum Creatinine :	0.59	mg/dl	[Male : 0.6 to 1.1] [Female : 0.5 to 0.9]



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Patient's Name : **NIRAV SHARMA**
Referred by : I Cure Heart & Diet Clinic
Date : 27/11/2021 14:53

Ref. No. : 5735
Age : 38 Years
Sex : Male

BIOCHEMICAL TESTS

Test Name	Result	Units	Biological Reference Interval
Uric Acid :	5.96	mg/dl	3.4 - 7.0



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8320343731 / 9601969303M jkvlaboratory2021@gmail.com

Patient's Name : **NIRAV SHARMA**
Referred by : I Cure Heart & Diet Clinic
Date : 27/11/2021 14:53

Ref. No. : 5735
Age : 38 Years
Sex : Male

LIVER FUNCTION TEST

Test Name	Result	Units	Biological Reference Interval
S.G.P.T. (ALT) :	23.6	U/L	30- 65
S.G.O.T. (AST) :	20.3	IU/L	[Female: 0 - 31] [Male: 0 - 35]
S. Alkaline Phosphatase :	100	IU/L	[upto 15 yrs Female 50-162] [>20 yrs Female 42 - 141] [>20 yrs Male 53 - 119]
S. Bilirubin (Total) :	0.36	mg/dl	[0.1 to 1.2]
S. Bilirubin (Direct) :	0.18	mg/dl	[0.0 to 0.3]
S. Bilirubin (Indirect) :	0.18	mg/dl	[0.0 to 0.9]
S. Proteins: (Total) :	7.06	gm/dl	[6.6 to 8.8]
S. Albumin :	3.96	gm/dl	[3.5 to 5.2]
S. Globulin :	3.1	gm/dl	[2.5 to 3.0]
A/G Ratio :	1.3		
G.G.T. : (Gamma-Glutamyl Transferase)	26.9	IU/L	[8 to 78]



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Patient's Name : **NIRAV SHARMA**
Referred by : I Cure Heart & Diet Clinic
Date : 27/11/2021 14:53

Ref. No. : 5735
Age : 38 Years
Sex : Male

HEMOGRAM

Test Name	Result	Units	Biological Reference Interval
Hemoglobin :	14.3	g/dl	[13.0-18.0]
Total RBC Count :	4.66	mill/cmm	[4.7-6.0]
<u>Blood Indices</u>			
P.C.V. :	42.3	%	[42-52]
M.C.V. :	90.77	femtolitre	[78-100]
M.C.H. :	30.69	pg	[27-31]
M.C.H.C. :	33.8	g/dl	[32-36]
R.D.W. :	12.6	%	[11.5-14.0]
Total WBC Count :	6700	/cmm	[4000-10000]
Platelet Count :	317000	/cmm	150000-450000
<u>Differential WBC Count</u>			
Polymorphs :	65	%	[60 - 70]
Lymphocytes :	30	%	[20 - 40]
Eosinophils :	02	%	[1 - 4]
Monocytes :	03	%	[2 - 6]
Basophils :	00	%	[0 - 1]
MPV :	9.0		
PDW-CV :	11.4		
PDW-SD :	15.2		
PCT :	0.28		
P-LCR :	20.6		
<u>Erythrocyte Sedimentation Rate</u> [Modified Westergren]			
After 1 hour :	05	mm	[M: 1 - 7 / F: 3 - 12]



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8320343731 / 9601969303M jkvlaboratory2021@gmail.com



Patient's Name : **NIRAV SHARMA** Ref. No. : 5735
 Referred by : I Cure Heart & Diet Clinic Age : 38 Years
 Date : 27/11/2021 14:53 Sex : Male

LIPID PROFILE

Test Name	Result	Units	Biological Reference Interval
Cholesterol :	133.6	mg/dl	Desirable level/low risk : < 200 Borderline level/moderate risk : 200-250 Elevated level/ high risk : > 250
Triglyceride :	112.0	mg/dl	Normal : <150 Borderline high : 150-200 High : > 200
HDL Cholesterol :	52.3	mg/dl	Desirable level/low risk : >60 Borderline level/moderate risk : 35-60 Elevated level/ high risk : <35
LDL Cholesterol :	58.9	mg/dl	Desirable level/low risk : <130 Borderline level/moderate risk : 130-159 Elevated level/ high risk : >159
VLDL :	22.4	mg/dl	Upto 34
Chol./HDL Ratio :	2.6		Desirable level/low risk : 0.5-3.0 Borderline level/moderate risk : 3.0-6.0 Elevated level/ high risk : >6.0
LDL/HDL Ratio :	1.1		
Total Lipids :	579.2	mg/dl	400 - 1000



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Patient's Name : **NIRAV SHARMA**
Referred by : I Cure Heart & Diet Clinic
Date : 27/11/2021 14:53

Ref. No. : 5735
Age : 38 Years
Sex : Male

THYROID FUNCTION TEST

Test Name	Result	Units	Biological Reference Interval
Serum T3 :	0.98	ng/ml	[0.60 - 1.81]
Serum T4 :	5.63	µg/dl	[4.50 - 10.90]
Serum TSH : (CHEMILUMINESCENCE)	2.560	µIU/ml	[0.55 - 4.78]

Thyroid stimulating hormone (TSH) is synthesized and secreted by the anterior pituitary in response to a negative feedback mechanism involving concentrations of FT3 (free T3) and FT4 (free T4). Additionally, the hypothalamic tripeptide, thyrotropin-releasing hormone (TRH), directly stimulates TSH production. TSH stimulates thyroid cell production and hypertrophy, also stimulate the thyroid gland to synthesize and secrete T3 and T4. Quantification of TSH is significant to differentiate primary (thyroid) from secondary (pituitary) and tertiary (hypothalamus) hypothyroidism. In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low.

TSH levels During Pregnancy :

- First Trimester : 0.1 to 2.5 µIU/mL
- Second Trimester : 0.2 to 3.0 µIU/mL
- Third trimester : 0.3 to 3.0 µIU/mL

Reference : Carl A.Burtis,Edward R.Ashwood,David E.Bruns. Tietz Textbook of Clinical Chemistry and Molecular Diagnostics. 5th Eddition. Philadelphia: WB Saunders,2012:2170



DR K K PATEL
MD
CONSULTANT PATHOLOGIST



JKV LABORATORY

Time : 7 a.m. to 9.00 p.m. • Emergency 24 Hrs.

An iso 9001:2015 certified

Name : NIRAV SHARMA
Ref By : ICURE HEART & DIET CLINIC

Age/Sex : 38 Yrs./M
Date : 27/11/2021
Report ID. : 2

HAEMOGRAM PROFILE

<u>TEST</u>	<u>RESULT</u>
Blood Group	: " B "
Rh Factor (Anti D.)	: " POSITIVE "

BIOCHEMISTRY

<u>FASTING (FBS)</u>			
Blood Glucose	: 117.0	mg/dL	70 - 110 mg/dL
Urine Glucose	: NIL		
<u>POST-PRANDIAL</u>			
Blood Glucose	: 111.0	mg/dL	80 - 140 mg/dL
Urine Glucose	: NIL		

Done By Fully Auto Analyzer MIURA, A-1004

EXAMINATION OF URINE

Sample : FASTING
PHYSICAL EXAMINATION

Colour : PALE YELLOW
Specific Gravit : 1.003
Deposits : ABSENT

CHEMICAL EXAMINATION

Sugar : NIL
Bile Salts : ABSENT
Urobilinogen : NORMAL : ~ < 1.0 mg/dL
Nitrate : ABSENT

MICROSCOPIC EXAMINATION

RBC : NIL
Crystals : NIL
Cast : NIL

Quantity : 10 mL
Transparency : CLEAR
Reaction : ACIDIC

Albumin : NIL
Acetone : ABSENT
Bile Pigments : ABSENT
Occult Blood : ABSENT

Pus Cells : 0-1 / hpf
Epithelial Cell : **1 - 2 / hpf**
Amorphous Phosp : NIL

END OF REPORT

Dr. K. K. Patel
M. D. Pathologist



DR KRISH VAIDYA
MD, PGDCC
G-50510

FF-5, Pancham Elite, Khodiyar Nagar,
New V.I.P. Road, Vadodara-390 022.
Mob. : 9601969303 / 8320343731 • jkvlaboratory2021@gmail.com

Free Home Service