



MC-2176

Lab No. : SG2/25-03-2023/SR7449827
Patient Name : SOUMYAPRATIM RAY
Age : 29 Y 7 M 25 D
Gender : M

Lab Add. : Sevoke Road, Siliguri 734001
Ref Dr. : Dr. MEDICAL OFFICER
Collection Date: 25/Mar/2023 09:34AM
Report Date : 25/Mar/2023 02:24PM



Test Name	Result	Unit	Bio Ref. Interval	Method
ALKALINE PHOSPHATASE , GEL SERUM				
ALKALINE PHOSPHATASE	99	U/L	46 - 116 U/L	P-NPP,AMP BUFFER
BILIRUBIN (TOTAL) , GEL SERUM				
BILIRUBIN (TOTAL)	1.01	mg/dL	0.2 - 1.2 mg/dL	DIAZONIUM ION
SGPT/ALT , GEL SERUM				
SGPT/ALT	85	U/L	16 - 63 U/L	UV WITH P5P
*POTASSIUM, BLOOD , GEL SERUM				
POTASSIUM,BLOOD	4.50	mEq/L	3.5 - 5.1 mEq/L	ISE INDIRECT
*CHLORIDE, BLOOD , .				
CHLORIDE,BLOOD	98	mEq/L	98 - 107 mEq/L	ISE INDIRECT
CREATININE, BLOOD , GEL SERUM				
CREATININE,BLOOD	1.06	mg/dl	0.70 - 1.30 mg/dl	ALKALINE PICRATE
GLUCOSE, FASTING , BLOOD, NAF PLASMA				
GLUCOSE,FASTING	97	mg/dl	70 - 100 mg/dL	Hexokinase Method
CALCIUM, BLOOD				
CALCIUM,BLOOD	9.12	mg/L	8.6-10.0 mg/dl	OCPC
TOTAL PROTEIN [BLOOD] ALB:GLO RATIO , .				
TOTAL PROTEIN	7.32	g/dL	6.6 - 8.7 g/dL	BIURET METHOD
ALBUMIN	4.3	g/dl	3.4 - 5.0 g/dl	BCP
GLOBULIN	3.01	g/dl	1.8-3.2 g/dl	Calculated
AG Ratio	1.43		1.0 - 2.5	Calculated
GLUCOSE, PP , BLOOD, NAF PLASMA				
GLUCOSE,PP	149	mg/dl	75-140	Hexokinase Method
THYROID PANEL (T3, T4, TSH) , GEL SERUM				
T3-TOTAL (TRI IODOTHYRONINE)	0.97	ng/ml	0.60-1.81 ng/ml	CLIA
T4-TOTAL (THYROXINE)	5.7	µg/dL	3.2-12.6 µg/dL	CLIA
TSH (THYROID STIMULATING HORMONE)	1.56	µIU/mL	0.55-4.78 µIU/mL	CLIA

BIOLOGICAL REFERENCE INTERVAL : [ONLY FOR PREGNANT MOTHERS]*Trimester specific TSH LEVELS during pregnancy:*

FIRST TRIMESTER : 0.10 2.50 µ IU/mL
 SECOND TRIMESTER : 0.20 3.00 µ IU/mL
 THIRD TRIMESTER : 0.30 3.00 µ IU/mL

References :



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1. Indian Thyroid Society guidelines for management of thyroid dysfunction during pregnancy. Clinical Practice Guidelines, New Delhi: Elsevier; 2012.

2. Stagnaro-Green A, Abalovich M, Alexander E, Azizi F, Mestman J, Negro R, et al. Guidelines of the American Thyroid Association for the Diagnosis and Management of Thyroid Disease During Pregnancy and Postpartum. Thyroid 2011;21:1081-25.

3. Dave A, Maru L, Tripathi M. Importance of Universal screening for thyroid disorders in first trimester of pregnancy. Indian J Endocr Metab [serial online] 2014 [cited 2014 Sep 25];18:735-8. Available from: <http://www.ijem.in/text.asp?2014/18/5/735/139221>.

LIPID PROFILE , GEL SERUM

CHOLESTEROL-TOTAL	212	mg/dl	Desirable: < 200 mg/dL Borderline high: 200-239 High: > 240 mg/dL	CHOLESTEROL OXIDASE, ESTERASE, PEROXIDASE
TRIGLYCERIDES	239	mg/dl	NORMAL < 150 BORDERLINE HIGH 150-199 HIGH 200-499 VERY HIGH > 500	ENZYMATIC, END POINT
HDL CHOLESTEROL	34	mg/dl	NO RISK : >60 mg/dL, MODERATE RISK : 40-60 mg/dL, HIGH RISK : <40 mg/dL	DIRECT MEASURE-PEG
LDL CHOLESTEROL DIRECT	130	mg/dl	OPTIMAL : <100 mg/dL, Near optimal/ above optimal : 100-129 mg/dL, Borderline high : 130-159 mg/dL, High : 160-189 mg/dL, Very high : >=190 mg/dL	DIRECT MEASURE
VLDL	48	mg/dl	< 40 mg/dl	Calculated
CHOL HDL Ratio	6.2		LOW RISK 3.3-4.4 AVERAGE RISK 4.47-7.1 MODERATE RISK 7.1-11.0 HIGH RISK >11.0	Calculated

NOTE : Elevated Triglyceride value is to be interpreted in the light of previous 72 hrs dietary intake of lipids. Repeat estimation with 72 hrs fat restricted diet followed by 12 hrs fasting, suggested for better evaluation .

PHOSPHORUS-INORGANIC, BLOOD , GEL SERUM

PHOSPHORUS-INORGANIC, BLOOD	3.8	mg/dl	2.5-4.5 mg/dl	UV PHOSPHOMOLYBDATE
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*SODIUM, BLOOD , GEL SERUM

SODIUM, BLOOD	138	mEq/L	136 - 145 mEq/L	ISE INDIRECT
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*GLYCATED HAEMOGLOBIN (HBA1C) , EDTA WHOLE BLOOD

GLYCATED HEMOGLOBIN (HBA1C)	5.3	%	***FOR BIOLOGICAL REFERENCE INTERVAL DETAILS , PLEASE REFER TO THE BELOW MENTIONED REMARKS/NOTE WITH ADDITIONAL CLINICAL INFORMATION ***	
HbA1c (IFCC)	35.0	mmol/mol		HPLC

Clinical Information and Laboratory clinical interpretation on Biological Reference Interval:

Low risk / Normal / non-diabetic : <5.7% (NGSP) / < 39 mmol/mol (IFCC)
 Pre-diabetes/High risk of Diabetes : 5.7%- 6.4% (NGSP) / 39 - < 48 mmol/mol (IFCC)
 Diabetics-HbA1c level : >/= 6.5% (NGSP) / > 48 mmol/mol (IFCC)

Analyzer used : Bio-Rad-VARIANT TURBO 2.0, Bio-Rad D 10

Method : HPLC Cation Exchange

HbA1C : DUAL REPORTING OF UNITS Ref 2,3,4

Suraksha Diagnostic Pvt. Ltd. has commenced reporting HbA1c in dual units. This is in keeping with current International recommendations to allow a transition phase from



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current reporting units (%) to the eventual (IFCC) units (mmol/mol). It is anticipated that only IFCC units will be used after 2 years of dual reporting. Please note that the method of analysis has not changed. Although the two results look numerically different, they are clinically equivalent. In defining HbA1c, the unit mmol/mol was determined to be the most accurate description of what is being measured. This will make the measurement more precise and allow for better comparisons of HbA1c results from different laboratories and hospitals throughout the world.

Standardization & traceability Ref 2,3,4

HbA1c is standardized & traceable to IFCC methods HPLC-CE & HPLC-MS. This new unit (mmol/mol) is used as part of this standardization. This change in HbA1c calibration is to conform to national & international best practice. The initiative will mean that HbA1c is measured specifically & reproducibly. It also enables the use of international reference ranges & harmonization of medical decision or target values.

Recommendations for glycemic targets Ref 1

- Ø Patients should use self-monitoring of blood glucose (SMBG) and HbA1c levels to assess glycemic control.
- Ø The timing and frequency of SMBG should be tailored based on patients individual treatment, needs, and goals.
- Ø Patients should undergo HbA1c testing at least twice a year if they are meeting treatment goals and have stable glycemic control.
- Ø If a patient changes treatment plans or does not meet his or her glycemic goals, HbA1c testing should be done quarterly.
- Ø **For most adults who are not pregnant, HbA1c levels should be <7% to help reduce microvascular complications and macrovascular disease . Action suggested >8% as it indicates poor control.**
- Ø Some patients may benefit from HbA1c goals that are more or less stringent.

Result alterations in the estimation has been established in many circumstances, such as after acute/ chronic blood loss, for example, after surgery, blood transfusions, hemolytic anemia, or high erythrocyte turnover; vitamin B₁₂/ folate deficiency, presence of chronic renal or liver disease; after administration of high-dose vitamin E / C; or erythropoietin treatment.

Reference: Glycated hemoglobin monitoring BMJ 2006; 333;586-8

References:

1. Chamberlain JJ, Rhinehart AS, Shaefer CF, et al. Diagnosis and management of diabetes: synopsis of the 2016 American Diabetes Association Standards of Medical Care in Diabetes. *Ann Intern Med.* Published online 1 March 2016. doi:10.7326/M15-3016.
2. Mosca A, Goodall I, Hoshino T, Jeppsson JO, John WG, Little RR, Miedema K, Myers GL, Reinauer H, Sacks DB, Weykamp CW. International Federation of Clinical Chemistry and Laboratory Medicine, IFCC Scientific Division. Global standardization of glycated hemoglobin measurement: the position of the IFCC Working Group. *Clin Chem Lab Med.* 2007;45(8):1077-1080.
3. Geistanger A, Arends S, Berding C, Hoshino T, Jeppsson J-O, Little R, Siebelder C and Weykamp C, on behalf of the IFCC Working Group on Standardization of HbA1c: Statistical Methods for Monitoring the Relationship between the IFCC Reference Measurement Procedure for Hemoglobin A1c. *Clin Chem* 2008; 54(8): 1379-8.
4. International Expert Committee Report, drawn from the International Diabetes Federation (IDF), the European Association for the Study of Diabetes (EASD), American Diabetes Association (ADA), International Federation of Clinical Chemistry and Laboratory Medicine, International Society for Pediatric & Adolescent Diabetes. *International Congress - IFCC, WorldLab, EuroMedLab- Berlin, 2011.*

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SGOT/AST , GEL SERUM

SGOT/AST **41** U/L 15 - 37 U/L UV WITH P5P

BILIRUBIN (DIRECT) , GEL SERUM

BILIRUBIN (DIRECT) 0.16 mg/dL < 0.2 mg/dl DIAZOTIZATION

UREA,BLOOD

21.0 mg/dl 12.8-42.8 mg/dl UREASE-COLORIMETRIC

URIC ACID, BLOOD , GEL SERUM

URIC ACID,BLOOD 6.28 mg/dl 3.5 -- 7.2 mg/dl URICASE ,COLORICMETRIC

□

DR. SANJAY KR. AGARWALA
MD CONSULTANT BIOCHEMIST

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URIC ACID, URINE, SPOT URINE

URIC ACID, SPOT URINE **8.90** mg/dL 37-92 mg/dL URICASE
ESTIMATED TWICE

□



DR. ANANNYA GHOSH
MBBS, MD (Biochemistry)
Consultant Biochemist



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BLOOD GROUP ABO+RH [GEL METHOD] , EDTA WHOLE BLOOD

ABO	B	Gel Card
RH	POSITIVE	Gel Card

Gel technology Dia Med ID Micro typing system is the latest technology in transfusion Medicine. It gives more reproducible and standardized test results. It more repaid, reliable, very sensitive and objective , and hence more consistent and comparable results are obtained. Single used cards are individualised for every patient and results can be photographed / scanned and stored for future use. Special instruments that are used only for this technology also reduce risk of any contamination.

Ref:- WHO technical manual on transfusion medicine-Second Edition 2003

(RESULTS ALSO VERIFIED BY : FORWARD AND REVERSE GROUPING (TUBE AND SLIDE METHOD))

TECHNOLOGY USED: GEL METHOD

ADVANTAGES :

- Gel card allows simultaneous forward and reverse grouping.
- Card is scanned and record is preserved for future reference.
- Allows identification of Bombay blood group.
- Daily quality controls are run allowing accurate monitoring.

Historical records check not performed.

ESR (ERYTHROCYTE SEDIMENTATION RATE) , EDTA WHOLE BLOOD

1stHour	02	mm/hr	0.00 - 20.00 mm/hr	Westergren
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CBC WITH PLATELET (THROMBOCYTE) COUNT , EDTA WHOLE BLOOD

HEMOGLOBIN	14.8	g/dL	13 - 17	PHOTOMETRIC
WBC	5.4	*10 ³ /μL	4 - 10	DC detection method
RBC	5.08	*10 ⁶ /μL	4.5 - 5.5	DC detection method
PLATELET (THROMBOCYTE) COUNT	230	*10 ³ /μL	150 - 450*10 ³ /μL	DC detection method/Microscopy

DIFFERENTIAL COUNT

NEUTROPHILS	62	%	40 - 80 %	Flowcytometry/Microscopy
LYMPHOCYTES	32	%	20 - 40 %	Flowcytometry/Microscopy
MONOCYTES	04	%	2 - 10 %	Flowcytometry/Microscopy
EOSINOPHILS	02	%	1 - 6 %	Flowcytometry/Microscopy
BASOPHILS	00	%	0-0.9%	Flowcytometry/Microscopy

CBC SUBGROUP

HEMATOCRIT / PCV	45.5	%	40 - 50 %	Calculated
MCV	89.6	fl	83 - 101 fl	Calculated
MCH	29.1	pg	27 - 32 pg	Calculated
MCHC	32.4	gm/dl	31.5-34.5 gm/dl	Calculated
RDW - RED CELL DISTRIBUTION WIDTH	12.7	%	11.6-14%	Calculated
PDW-PLATELET DISTRIBUTION WIDTH	21.4	fL	8.3 - 25 fL	Calculated
MPV-MEAN PLATELET VOLUME	11.7		7.5 - 11.5 fl	Calculated
RBC	NORMOCYTIC			
WBC.	NORMOCHROMIC. WITHIN NORMAL LIMIT.			

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PLATELET ADEQUATE ON SMEAR.

URINE ROUTINE ALL, ALL, URINE

PHYSICAL EXAMINATION

COLOUR PALE YELLOW
APPEARANCE CLEAR

CHEMICAL EXAMINATION

pH	7.0	4.6 - 8.0	Dipstick (triple indicator method)
SPECIFIC GRAVITY	1.010	1.005 - 1.030	Dipstick (ion concentration method)
PROTEIN	ABSENT	NOT DETECTED	Dipstick (protein error of pH indicators)/Manual
GLUCOSE	ABSENT	NOT DETECTED	Dipstick (glucose-oxidase-peroxidase method)/Manual
KETONES (ACETOACETIC ACID, ACETONE)	ABSENT	NOT DETECTED	Dipstick (Legals test)/Manual
BLOOD	NEGATIVE	NOT DETECTED	Dipstick (pseudoperoxidase reaction)
BILIRUBIN	NEGATIVE	NEGATIVE	Dipstick (azo-diazo reaction)/Manual
UROBILINOGEN	NEGATIVE	NEGATIVE	Dipstick (diazonium ion reaction)/Manual
NITRITE	NEGATIVE	NEGATIVE	Dipstick (Griess test)
LEUCOCYTE ESTERASE	NEGATIVE	NEGATIVE	Dipstick (ester hydrolysis reaction)

MICROSCOPIC EXAMINATION

LEUKOCYTES (PUS CELLS)	1-2	/hpf	0-5	Microscopy
EPITHELIAL CELLS	0-1	/hpf	0-5	Microscopy
RED BLOOD CELLS	ABSENT	/hpf	0-2	Microscopy
CAST	ABSENT		NOT DETECTED	Microscopy
CRYSTALS	ABSENT		NOT DETECTED	Microscopy
BACTERIA	ABSENT		NOT DETECTED	Microscopy
YEAST	ABSENT		NOT DETECTED	Microscopy
OTHERS	ABSENT			

Note:

- All urine samples are checked for adequacy and suitability before examination.
- Analysis by urine analyzer of dipstick is based on reflectance photometry principle. Abnormal results of chemical examinations are confirmed by manual methods.
- The first voided morning clean-catch midstream urine sample is the specimen of choice for chemical and microscopic analysis.
- Negative nitrite test does not exclude urinary tract infections.
- Trace proteinuria can be seen in many physiological conditions like exercise, pregnancy, prolonged recumbency etc.
- False positive results for glucose, protein, nitrite, urobilinogen, bilirubin can occur due to use of certain drugs, therapeutic dyes, ascorbic acid, cleaning agents used in urine collection container.
- Discrepancy between results of leukocyte esterase and blood obtained by chemical methods with corresponding pus cell and red blood cell count by microscopy can occur due to cell lysis.
- Contamination from perineum and vaginal discharge should be avoided during collection, which may falsely elevate epithelial cell count and show presence of bacteria and/or yeast in the urine.



DR. BARNALI PAUL
MBBS, MD(PATH)

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Lab Add. :
Ref Dr. : Dr.MEDICAL OFFICER
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Report Date : 25/Mar/2023 12:19PM



DEPARTMENT OF CARDIOLOGY

REPORT OF E.C.G.

HEART RATE : 54 /min.
RHYTHM : Regular sinus.
P-WAVE : Normal
P - R INTERVAL : 160 ms,
QRS DURATION : 80 ms
QRS CONFIGURATION : NORMAL
QRS VOLTAGE : R/S in V1 2/6 mm.
R/S in V6 12/1 mm.
QRS AXIS : +60°
Q- Waves : No significant Q-wave.
QT TIME : Normal.
ST SEGMENT : Normal.
T WAVE : NORMAL
ROTATION : Normal.
OTHER FINDINGS : Nil.
IMPRESSION : **SINUS BRADYCARDIA.**


Dr. ARABINDA SAHA (MD,DM)
CONSULTANT CARDIOLOGIST

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Report Date : 25/Mar/2023 01:14PM



DEPARTMENT OF RADIOLOGY
X-RAY REPORT OF CHEST (PA)

FINDINGS:

- Cardiac size appears within normal limits. Margin is well visualised and cardiac silhouette is smoothly outlined. Shape is within normal limit.
- Lung parenchyma shows no focal lesion. No general alteration of radiographic density. Apices are clear. Bronchovascular lung markings are within normal.
- Lateral costo-phrenic angles are clear.
- Domes of diaphragm are smoothly outlined. Position is within normal limits.

IMPRESSION :
Normal study.

□


DR. MUKTI SARKAR MD.
CONSULTANT RADIOLOGIST

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Lab Add. :
Ref Dr. : Dr.MEDICAL OFFICER
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DEPARTMENT OF ULTRASONOGRAPHY
REPORT ON EXAMINATION OF WHOLE ABDOMEN

LIVER

Liver is normal in size (147 mm at right MCL) shows diffusely increased parenchymal echogenicity with maintained periportal & diaphragmatic echogenicity. No focal parenchymal lesion is evident. Intrahepatic biliary radicles are not dilated. Branches of portal vein are normal.

PORTA

The appearance of porta is normal. Common Bile duct is normal with no intraluminal pathology (Calculi /mass) could be detected at its visualised part. Portal vein is normal at porta.

GALL BLADDER

Gallbladder is physiologically distended. Wall thickness appears normal. No intraluminal pathology (Calculi/mass) could be detected. Sonographic Murphys sign is negative.

PANCREAS

Echogenicity appears within limits, without any focal lesion. Shape, size & position appears normal. No Calcular disease noted. Pancreatic duct is not dilated. No peri-pancreatic collection of fluid noted.

SPLEEN

Spleen is normal in size (85 mm). Homogenous and smooth echotexture without any focal lesion. Splenic vein at hilum appears normal. No definite collaterals could be detected.

KIDNEYS

Both kidneys are normal in shape, size (Rt. kidney 98 mm. & Lt. kidney 93 mm) axes & position. Cortical echogenicity appears normal maintaining corticomedullary differentiation. Margin is regular and cortical thickness is uniform. No calcular disease noted. No hydronephrotic changes detected.

URETERS

Visualised part of upper ureters are not dilated.

URINARY BLADDER

Urinary bladder is distended, wall thickness appeared normal. No intraluminal pathology (calculi / mass) could be detected.

PROSTATE

Prostate is normal in size. Echotexture appears within normal limits. No focal alteration of its echogenicity could be detectable.

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It measures : 38 x 28 x 28 mm.
Approximate weight could be around = 19 gms.

IMPRESSION

Liver shows diffusely increased parenchymal echogenicity with maintained periportal & diaphragmatic echogenicity - - Suggestive of Mild fatty change.

Please correlate clinically.

Kindly note

- Ultrasound is not the modality of choice to rule out subtle bowel lesion.
- Please Intimate us for any typing mistakes and send the report for correction within 7 days.
- The science of Radiological diagnosis is based on the interpretation of various shadows produced by both the normal and abnormal tissues and are not always conclusive. Further biochemical and radiological investigation & clinical correlation is required to enable the clinician to reach the final diagnosis.

The report and films are not valid for medico-legal purpose.

Patient Identity not verified.

DR. Ziaul Mustafa
MD, Radiodiagnosis