



Mrs. RASHMI MISHRA (37 /F)

UHID : AHCC.0000127553

AHC No : AHCCA4756

Date : 20/03/2023

MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE



Namaste Mrs. RASHMI MISHRA,

Thank you for choosing Apollo ProHealth, India's first AI-powered health management program, curated to help you make positive health shifts. Being healthy is about making smart choices, and you have taken the first step with this program. We are privileged to be your healthcare partner. Your health is our priority.

We are with you on your path to wellness by:

**Predicting your risk:** Artificial Intelligence-powered predictive risk scores are generated, based on your personal, medical, and family history and detailed multi-organ evaluation of your body through diagnostic and imaging tests.

**Preventing onset or progress of chronic lifestyle diseases:** Your Health Mentor is available to help you understand your physician's recommendations and helping you handle any concerns (complimentary service up to one year)

**Overcoming barriers to your wellbeing:** Your Health Mentor will help you set your health goals and guide you with tips to stay on track. We will also, digitally remind you to proactively prioritize your health.

Through this report, you will be able to understand your overall health status, your health goals and the recommendations for your path to wellness. Your Health Report will include the following:

- Your medical history and physical examination reports
- Results from your diagnostic and imaging tests
- AI powered health risk scores
- Your physician's impression and recommendations regarding your overall health
- Your personalized path to wellness, including your follow-up assessments and vaccinations

For Enquiry/Appointments Contact +91 76988 15003 / +91 79 66701880

**Apollo Hospitals International Limited**  
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We have reviewed the results of the tests and have identified some areas for you to act on. We believe that with focus and targeted interventions, you can be healthier and happier.



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You can visit your proHealth physician in person at this center, or you can book a virtual consultation for review via [www.apollo247.com](http://www.apollo247.com) or through the Apollo 24\*7 mobile app. You can avail 30% discount on additional tests and follow-up tests at Apollo Hospitals within one week. You may call your Health Mentor on 04048492633 or email at [prohealthcare@apollohospitals.com](mailto:prohealthcare@apollohospitals.com)

Stay Healthy and happy! 😊  
Apollo ProHealth Care team

**Disclaimer:** The services offered in the program may vary depending on any prior mutual agreements between guests and the facility/unit.

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Name : Mrs. RASHMI MISHRA (37 /F)

Address : AHMEDABAD, AHMADABAD, AHMADABAD, GUJARAT, INDIA

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Examined by : Dr. AHC DOCTOR

MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE

Date : 20/03/2023



UHID : AHCC.0000127553

AHC No : AHCCA4756



### Chief Complaints

For Annual health checkup  
NUMBNESS IN RIGHT HAND



### Systemic Review

- Cardiovascular system : - Nil Significant
- Respiratory system : - Nil Significant
- Oral and dental : - Nil Significant
- Gastrointestinal system : - Nil Significant
- Genitourinary system : - Nil Significant
- Gynaec history : - Nil Significant
- Central nervous system : - Nil Significant
- Eyes : - Nil Significant
- ENT : - Nil Significant
- Musculoskeletal system :
  - Spine and joints - Nil Significant
- Skin : - Nil Significant
- General symptoms : - Nil Significant



### Past medical history

- Do you have any allergies? - No
- Do you have any drug allergies? - No



### Surgical history

- Caesarian section - 2013



### Personal history

- Ethnicity - Indian Asian

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**Marital status** - Married  
No. of children - 1  
Female - 1  
Diet - Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Moderate



**Family history**

Father - alive  
Aged - 68  
Mother - alive  
Aged - 65  
Brothers - 2  
Diabetes - father  
Coronary artery disease - none  
Cancer - None

**Physical Examination**



**General**

General appearance - normal  
Build - normal  
Height - 156  
Weight - 53.3  
BMI - 21.9  
Pallor - No  
Oedema - no



**Cardiovascular system**

Heart rate (Per minute) - 80  
Rhythm - Regular  
- B.P. Supine  
Systolic(mm of Hg) - 124

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Diastolic(mm of Hg) - 90

Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds

### Abdomen

Organomegaly - No

Tenderness - No

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**URINE FOR ROUTINE EXAMINATION**

Urinalysis, is the physical, chemical and microscopic examination of the urine and is one of the most common methods of medical diagnosis. It is used to detect markers of diabetes, kidney disease, infection etc.

Test Name	Result	Unit	Level	Range
Specific Gravity	1.010			
Colour:	Pale-Yellow			
Transparency:	Clear			
pH	6			
Protein :	Nil			
Sugar:	Nil			
Blood:	Trace			
Ketone	Absent			
Bile Pigments:	Absent			
Urobilinogen	Normal	E.U./dL		
Nitrite	Negative			
Pus Cells	8-10 /h.p.f			0-5
RBC	1-2 /h.p.f	/hpf		0-5/hpf
Epithelial Cells	2-4 /h.p.f			
Casts:	Absent			
Crystals:	Absent			

**COMPLETE BLOOD COUNT WITH ESR**

Test Name	Result	Unit	Level	Range
Hemoglobin (Photometric Measurement)	11.5 *	gm%	●	12-16
Packed cell volume(Calculated)	36.3	%	●	36-46
RBC COUNT (Impedance)	4.39	Million/ul	●	3.8-5.2
MCV (From RBC Histogram)	82.8	fl	●	80-100
MCH(Calculated)	26.3 *	pg	●	27-32
MCHC(Calculated)	31.8	%	●	31-36
RDW(Calculated)	14.9 *	%	●	11.5-14.5
WBC Count (Impedance)	4800	/cu mm	●	4000-11000
Neutrophils	53	%	●	40-75

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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Lymphocytes	40	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-1
Platelet Count (Impedance)	150000	/cu mm	●	150000-450000
MPV (Calculated)	12.3 *	fl	●	7-11
RBC:	Normocytic Normochromic cells			
WBC:	As mentioned.			
Platelets:	Adequate on the smear~Giant platelets noted			
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Automated/ optic-electronic)	41 *	mm/1st hr	●	0-20

**URINE GLUCOSE(POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
Urine Glucose (Post Prandial)	Nil			

**BLOOD GROUPING AND TYPING (ABO and Rh)**

Test Name	Result	Unit	Level	Range
BLOOD GROUP:	O Positive			

**LFT (LIVER FUNCTION TEST)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	22	U/L	●	0-35
ALKALINE PHOSPHATASE - SERUM/PLASMA	97	U/L	●	Adult(Female): 35 - 104
AST (SGOT) - SERUM	19	U/L	●	>1 year Female : <32
Total Bilirubin	0.764	mg/dL	●	0.300-1.200
Direct Bilirubin	0.258	mg/dL	●	Upto 0.3 mg/dl

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Indirect Bilirubin

0.51 mg/dL ●

1 Day ≤5.1 mg/dL  
2 Days ≤7.2 mg/dL  
3-5 Days ≤10.3 mg/dL  
6-7 Days ≤8.4 mg/dL  
8-9 Days ≤6.5 mg/dL  
10-11 Days ≤4.6 mg/dL  
12-13 Days ≤2.7 mg/dL  
14 Days - 9 Years 0.2-0.8 mg/dL  
10-19 Years 0.2-1.1 mg/dL  
≥20 Years 0.2-1.2 mg/dL

**CREATININE - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.69	mg/dL	●	Adult Female: 0.5 - 1.2

**LFT (LIVER FUNCTION TEST)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	23	U/L	●	Male : 10 - 71 Female : 6 - 42

**GLUCOSE - SERUM / PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	94	mg/dL	●	70 - 100 : Normal 100 - 125 : Impaired Glucose Tolerance ≥ 126 : Diabetes Mellitus

**GLUCOSE - SERUM / PLASMA (POST PRANDIAL) - PPBS**

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Post Prandial)	108.5	mg/dL	●	70-140

**GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	5.21	%	●	Normal < 5.7  %Increased risk for Diabetes 5.7 - 6.4%  Diabetes ≥ 6.5%  Monitoring criteria for Diabetes Mellitus <7.0 : Well Controlled Diabetes 7.1 – 8.0 : Unsatisfactory Control > 8.0 : Poor Control & Needs Immediate Treatment

● Within Normal Range    ● Borderline High/Low    ● Out of Range





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Glycosylated Hemoglobin (HbA1c)

5.21

%

Normal < 5.7

%Increased risk for Diabetes 5.7 - 6.4%

Diabetes >= 6.5%

Monitoring criteria for Diabetes Mellitus  
<7.0 : Well Controlled Diabetes  
7.1 – 8.0 : Unsatisfactory Control  
> 8.0 : Poor Control & Needs Immediate Treatment

Mean Blood Sugar

103

Estimated Average Glucose.

182.9000

**LFT (LIVER FUNCTION TEST)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM / PLASMA	7.9	g/dL	●	6.00-8.00
PROTEIN TOTAL - SERUM / PLASMA	7.9	g/dL	●	6.00-8.00
ALBUMIN - SERUM	4.81	g/dL	●	Adult(18 - 60 Yr): 3.5 - 5.2
ALBUMIN - SERUM	4.81	g/dL	●	Adult(18 - 60 Yr): 3.5 - 5.2
Globulin-Serum/Plasma	3.1		●	2.20-4.20
Globulin-Serum/Plasma	3.1		●	2.20-4.20
A/G ratio	1.6		●	1.00-2.00
A/G ratio	1.6		●	1.00-2.00

**THYROID PROFILE (T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.12	ng/mL	●	0.8 - 2.0
TOTAL T4: THYROXINE - SERUM	8.48 *	ug/dL	●	5.1 - 14.1
TSH: THYROID STIMULATING HORMONE - SERUM	4.51 *	μIU/mL	●	14-120 years : 0.27 - 4.20

**URIC ACID - SERUM**

Uric acid is a product of the metabolic breakdown of purine. High blood concentrations of uric acid can lead to gout. It is also associated with other medical conditions including diabetes and the formation of kidney stones.

Test Name	Result	Unit	Level	Range
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● Within Normal Range    ● Borderline High/Low    ● Out of Range



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**URIC ACID - SERUM**

5.0 mg/dL ●

Male : 3.4-7.0  
Female : 2.4-5.7

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	12	mg/dL	●	6-20
UREA - SERUM / PLASMA	25	mg/dL	●	15 - 50

**LIPID PROFILE - SERUM**

Test Name	Result	Unit	Level	Range
Total Cholesterol	187	mg/dl	●	0 - 200 : Desirable 200 - 240 : Borderline High 240 - 280 : High > 280 : Very High
Triglycerides - Serum	99	mg/dL	●	0-150
HDL CHOLESTEROL - SERUM / PLASMA (Direct Enzymatic Colorimetric)	50 *	mg/dL	●	< 40 : Major risk factor for heart disease 40 - 59 : The higher The better. >=60 : Considered protective against heart disease
LDL Cholesterol (Direct LDL)	120	mg/dL	●	100 : Optimal 100-129 : Near Optimal 130-159 : Borderline High 160-189 : High >=190 : Very High
VLDL CHOLESTEROL	20		●	< 40 mg/dl
C/H RATIO	4		●	0-4.5

**CONVENTIONAL PAP SMEAR /CERVICAL SMEAR**

Cytology

Ref No:

CY 514/23

Brief Clinical History:

LMP: 14.3.2023

SPECIMEN TYPE:

Conventional

Cervical smear

One wet fixed smear received, labeled as 'Rashmi AHCC 127553'.

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**SPECIMEN ADEQUACY:**

Satisfactory for evaluation with endocervical cells.

**INTERPRETATION/RESULT:**

Negative for intraepithelial lesion or malignancy.

**USG WHOLE ABDOMEN**

Left ovarian simple cyst.  
Rest normal study.

**X-RAY CHEST PA**

NORMAL STUDY.

**Investigations Not Done / Not Yet Reported**

**Haematology**

STOOL ROUTINE

URINE GLUCOSE(FASTING)

**CARDIOLOGY**

ECHO/TMT

ECG

● Within Normal Range      ● Borderline High/Low      ● Out of Range



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### Executive Summary



BODY WEIGHT 53.3 KG , IDEAL BODY WEIGHT 45-56 KG  
 SUBCLINICAL HYPOTHYROIDISM  
 ECG- NORMAL  
 TMT = TEST IS NEGATIVE , EXERCISE TIME 7:11 , WORKLOAD 8.25 METS  
 USG ABDOMEN -LEFT OVARIAN SIMPLE CYST  
 CHEST X-RAY - NORMAL  
 .VISION – NORMAL  
 .DENTAL - AS PER DOCTOR ADVICE  
 .PAP - Negative for intraepithelial lesion or malignancy.

### Wellness Prescription

#### Advice On Diet :-



BALANCED DIET  
 LOW FAT DIET

#### Advice On Physical Activity :-



REGULAR WALK FOR 45- 60 MINS OR UPTO CAPACITY  
 DO YOGA AND RELAXATION EXERCISE  
 MAINTAIN WEIGHT BETWEEN 45-56 KG

### Follow-up and Review Plan



CHECK ANTI-TPO ANTIBODY



Scan the QR code  
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 to book your  
 follow-up  
 appointments and  
 investigations



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AHC Physician / Consultant Internal Medicine

**Note :-** The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.



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DEPARTMENT OF HAEMATOLOGY

Name : Mrs. RASHMI MISHRA Age : 37Yr 11Mth 19Days Gender : Female  
 UHID : AHCC.0000127553 / AHCCAH4756 W/BNo/RefNo : AHC  
 SIN \LRN : 3847825 \ 1647312  
 Specimen : Whole Blood ( EDTA )  
 Ref Doctor : Mr. AHC DOCTOR



Collected on : 20-MAR-2023 10:45:50 AM Received on : 20-MAR-2023 11:42:16 AM Reported on : 20-MAR-2023 03:49:44 PM

MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>COMPLETE BLOOD COUNT WITH ESR</b>			
Hemoglobin (Photometric Measurement)	11.5 *	12 - 16	gm%
Packed cell volume(Calculated)	36.3	36 - 46	%
RBC COUNT (Impedance)	4.39	3.8 - 5.2	Million/ul
MCV (From RBC Histogram)	82.8	80 - 100	fl
MCH(Calculated)	26.3 *	27 - 32	pg
MCHC(Calculated)	31.8	31 - 36	%
RDW(Calculated)	14.9 *	11.5 - 14.5	%
WBC Count (Impedance)	4800	4000 - 11000	/cu mm
<b>Differential Count (VCS Technology and Microscopy)</b>			
Neutrophils	53	40 - 75	%
Lymphocytes	40	20 - 40	%
Monocytes	05	2 - 10	%
Eosinophils	02	01 - 06	%
Basophils	00	0 - 1	%
Platelet Count (Impedance)	150000	150000 - 450000	/cu mm
MPV (Calculated)	12.3 *	7 - 11	fl
<b>PERIPHERAL SMEAR(Microscopy)</b>			
RBC:	Normocytic Normochromic cells		
WBC:	As mentioned.		
Platelets:	Adequate on the smear,Giant platelets noted		
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Automated/ optic-	41 *	0 - 20	mm/1st hr

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DEPARTMENT OF HAEMATOLOGY

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electronic)  
Report Status:Final

\* END OF REPORT \*

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DR. JAYDEEP BARIYA,  
MD PATHOLOGY,  
CONSULTANT

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DEPARTMENT OF BLOOD BANK

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 UHID : AHCC.0000127553 / AHCCAH4756 W/BNo/RefNo : AHC  
 SIN \LRN : 3847824 \ 1647312  
 Specimen : Blood  
 Ref Doctor : Mr. AHC DOCTOR



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MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE

TEST NAME	RESULT
BLOOD GROUPING AND TYPING (ABO and Rh)	
BLOOD GROUP:	O Positive
Report Status:Final	

\* END OF REPORT \*

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717844

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Dr.SANJAY GUPTA  
MBBS, DIHBT,  
CONSULTANT, BLOOD BANK

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DEPARTMENT OF BIOCHEMISTRY AND IMMUNOLOGY

Name : Mrs. RASHMI MISHRA Age : 37Yr 11Mth 19Days Gender : Female  
 UHID : AHCC.0000127553 / AHCCAH4756 W/BN/RefNo : AHC  
 SIN \ LRN : 3847819 \ 3847818 \ 3847823 \ 3847821 \  
 Specimen : Serum  
 Ref Doctor : Mr. AHC DOCTOR



Collected on : 20-MAR-2023 10:45:50 AM Received on : 20-MAR-2023 11:42:23 AM Reported on : 20-MAR-2023 01:08:36 PM

MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLUCOSE - SERUM / PLASMA (FASTING) (Hexokinase)	94	70 - 100 : Normal 100 - 125 : Impaired Glucose Tolerance >= 126 : Diabetes Mellitus	mg/dL
ALT(SGPT) - SERUM / PLASMA (UV without P5P)	22	Adult Female : <34	U/L
ALKALINE PHOSPHATASE - SERUM/PLASMA (PNP AMP BUFFER)	97	Adult(Female): 35 - 104	U/L
AST (SGOT) - SERUM (UV without P5P)	19	>1 year Female : <32	U/L
BILIRUBIN (DIRECT/INDIRECT/TOTAL) - SERUM (Diazotization)			
Bilirubin Total	0.764	0-1 days : 0 - 6mg/dl 1-2 days : 0 - 8mg/dl 2-5 days : 0 - 12mg/dl 5days - 4 months : 0.3 -1.2mg/dl >4 months : 0.3-1.2 mg/dl	mg/dL
Direct Bilirubin	0.258	Upto 0.3 mg/dl	mg/dL
Indirect Bilirubin	0.51	1 Day ≤5.1 mg/dL 2 Days ≤7.2 mg/dL 3-5 Days ≤10.3 mg/dL 6-7 Days ≤8.4 mg/dL 8-9 Days ≤6.5 mg/dL	mg/dL

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DEPARTMENT OF BIOCHEMISTRY AND IMMUNOLOGY

Name : Mrs. RASHMI MISHRA Age : 37Yr 11Mth 19Days Gender : Female  
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		10-11 Days ≤4.6 mg/dL	
		12-13 Days ≤2.7 mg/dL	
		14 Days - 9 Years 0.2-0.8 mg/dL	
		10-19 Years 0.2-1.1 mg/dL	
		≥20 Years 0.2-1.2 mg/dL	
<b>CREATININE - SERUM / PLASMA</b>	<b>0.69</b>	Adult Female: 0.5 - 1.2	mg/dL
(Alkaline picrate - kinetic rate blanked)			
<b>GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM</b>	<b>23</b>	Male : 10 - 71	U/L
(IFCC)		Female : 6 - 42	
<b>PROTEIN TOTAL - SERUM / PLASMA</b>	<b>7.9</b>	>2 Year: 6.0 - 8.0	g/dL
(Biuret)			
<b>ALBUMIN - SERUM</b>	<b>4.81</b>	Adult(18 - 60 Yr): 3.5 - 5.2	g/dL
<b>Globulin-Serum/Plasma</b>	<b>3.1</b>	2.2 - 4.2	
<b>A/G ratio</b>	<b>1.6</b>	1.00 - 2.00	
<b>TOTAL T3: TRI IODOTHYRONINE - SERUM</b>	<b>1.12</b>	0.8 - 2.0	ng/mL
(Electrochemiluminescence:ECLIA)			
<b>TOTAL T4: THYROXINE - SERUM</b>	<b>8.48 *</b>	5.1 - 14.1	ug/dL
(Electrochemiluminescence:ECLIA)			
<b>TSH: THYROID STIMULATING HORMONE - SERUM</b>	<b>4.51 *</b>	14-120 years : 0.27 - 4.20	μIU/mL
(Electrochemiluminescence:ECLIA)			
<b>URIC ACID - SERUM</b>	<b>5.0</b>	Male : 3.4-7.0	mg/dL
(Uricase, colorimetric)		Female : 2.4-5.7	
<b>BUN (BLOOD UREA NITROGEN)</b>	<b>12</b>	Adult : 6 - 20	mg/dL
(Histology)			

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DEPARTMENT OF BIOCHEMISTRY AND IMMUNOLOGY

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 UHID : AHCC.0000127553 / AHCCAH4756 W/BNo/RefNo : AHC  
 SIN \ LRN : 3847819 \ 3847818 \ 3847823 \ 3847821 \  
 Specimen : Serum  
 Ref Doctor : Mr. AHC DOCTOR



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UREA - SERUM / PLASMA	25	15 - 50	mg/dL
LIPID PROFILE - SERUM			
TOTAL CHOLESTEROL (CHOD POD)	187	0 - 200 : Desirable 200 - 240 : Borderline High 240 - 280 : High > 280 : Very High	mg/dl
TRIGLYCERIDES - SERUM (Enzymatic Endpoint)	99	Normal: <150 High: 150 - 199 Hypertriglyceridemic: 200 - 499 Very High: >=500	mg/dL
HDL CHOLESTEROL - SERUM / PLASMA (Direct Enzymatic Colorimetric)	50 *	< 40 : Major risk factor for heart disease 40 - 59 : The higher The better. >=60 : Considered protective against heart disease	mg/dL
LDL CHOLESTEROL - SERUM / PLASMA (Direct LDL)	120	< 100 : Optimal 100-129 : Near Optimal 130-159 : Borderline High 160-189 : High >=190 : Very High	mg/dL
VLDL CHOLESTEROL (Calculated)	20	< 40 mg/dl	
C/H RATIO (Calculated)	4	&lt; 4.5	
GLUCOSE - SERUM / PLASMA (POST PRANDIAL) - PPBS (Hexokinase)			
GLUCOSE - SERUM / PLASMA (POST PRANDIAL)	108.5	70 - 140	mg/dL

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DEPARTMENT OF BIOCHEMISTRY AND IMMUNOLOGY

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Name : Mrs. RASHMI MISHRA Age : 37Yr 11Mth 19Days Gender : Female  
 UHID : AHCC.0000127553 / AHCCA4756 W/BN/RefNo : AHC  
 SIN \ LRN : 3847819 \ 3847818 \ 3847823 \ 3847821 \  
 Specimen : 1647312 Serum  
 Ref Doctor : Mr. AHC DOCTOR



Collected on : 20-MAR-2023 10:45:50 AM Received on : 20-MAR-2023 11:42:23 AM Reported on : 20-MAR-2023 01:08:36 PM

GLYCOSYLATED HEMOGLOBIN (HBA1C) - 5.21 Normal < 5.7% %  
 WHOLE BLOOD  
 (Immuno-turbidimetric)

Increased risk for Diabetes 5.7 - 6.4%

Diabetes >= 6.5%

Monitoring criteria for Diabetes Mellitus  
 <7.0 : Well Controlled Diabetes  
 7.1 – 8.0 : Unsatisfactory Control  
 > 8.0 : Poor Control & Needs Immediate Treatment

Mean Blood Sugar 103  
 Estimated Average Glucose. 182.9000

20/03/2023

Report Status:Final

\* END OF REPORT \*

CHECKED BY 1010782  
 723343

Printed On : 20-MAR-2023 05:28:17 PM

DR. JAYDEEP BARIYA,  
 MD PATHOLOGY,  
 CONSULTANT

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DEPARTMENT OF CLINICAL PATHOLOGY

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Name : **Mrs. RASHMI MISHRA** Age : **37Yr 11Mth 19Days** Gender : **Female**  
 UHID : **AHCC.0000127553 / AHCCAH4756** W/BNo/RefNo : **AHC**  
 SIN \LRN : **3847822 \ 1647312**  
 Specimen : **Urine**  
 Ref Doctor : **Mr. AHC DOCTOR**



Collected on : **20-MAR-2023 10:45:50 AM** Received on : **20-MAR-2023 11:42:32 AM** Reported on : **20-MAR-2023 04:53:41 PM**

**MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE**

<u>TEST NAME</u>	<u>RESULT</u>	<u>BIOLOGICAL REFERENCE INTERVALS</u>	<u>UNITS</u>
------------------	---------------	---------------------------------------	--------------

URINE FOR ROUTINE EXAMINATION : (Solubility Method)

**PHYSICAL EXAMINATION**

Specific Gravity	1.010		
Colour:	Pale-Yellow		
Transparency:	Clear		

**CHEMICAL EXAMINATION**

pH	6		
Protein :	Nil		
Sugar:	Nil		
Blood:	Trace		
Ketone	Absent		
Bile Pigments:	Absent		
Urobilinogen	Normal		E.U./dL
Nitrite	Negative		
<b>Cells:</b>			
Pus Cells	8-10 /h.p.f	0-5/hpf	
RBC	1-2 /h.p.f	0-5/hpf	/hpf
Epithelial Cells	2-4 /h.p.f		
Casts:	Absent		
Crystals:	Absent		

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DEPARTMENT OF CLINICAL PATHOLOGY

..

Name : Mrs. RASHMI MISHRA Age : 37Yr 11Mth 19Days Gender : Female  
 UHID : AHCC.0000127553 / AHCCAH4756 W/BNo/RefNo : AHC  
 SIN \LRN : 3847822 \ 1647312  
 Specimen : Urine  
 Ref Doctor : Mr. AHC DOCTOR



Collected on : 20-MAR-2023 10:45:50 AM Received on : 20-MAR-2023 11:42:32 AM Reported on : 20-MAR-2023 04:53:41 PM

'20/03/2023

Report Status:Final

\* END OF REPORT \*

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724146

Printed On : 20-MAR-2023 05:29:30 PM

Dr.RAVISH SHAH  
MD PATHOLOGY

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Name : Mrs. RASHMI MISHRA      Age : 37Yr      Gender : Female  
UHID : AHCC.0000127553 / AHCCA4756      W/BNo/RefNo : AHC  
Lab No : AHIL01.H2300570      LRN : 1647312  
Ref Doctor : Mr. AHC DOCTOR



Collected on : 20-MAR-2023 10:45:50 AM      Received on : 20-MAR-2023 01:54:39 PM      Reported on : 21-MAR-2023 09:27:43 AM

**MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE**

**CONVENTIONAL PAP SMEAR /CERVICAL SMEAR**

Ref No:

CY 514/23

Brief Clinical History:

LMP: 14.3.2023

**SPECIMEN TYPE:**

Conventional

Cervical smear

One wet fixed smear received, labeled as 'Rashmi AHCC 127553'.

**SPECIMEN ADEQUACY:**

Satisfactory for evaluation with endocervical cells.

**INTERPRETATION/RESULT:**

Negative for intraepithelial lesion or malignancy.

\* END OF REPORT \*

Dr. SUCHITA K PATEL  
MD PATHOLOGY

Typed By: 1058420

Printed On : 21-MAR-2023 03:04:59 PM

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## RADIOLOGY

**Patient Details** : Mrs. RASHMI MISHRA | Female | 37Yr 11Mth 19Days  
**UHID** : AHCC.0000127553 **Patient Location:** AHC  
**Patient Identifier:** AHCCA4756   
**DRN** : 123036700 **Completed on :** 20-MAR-2023 10:29  
**Ref Doctor** : Mr. AHC DOCTOR

## X-RAY CHEST PA

### FINDINGS :

Both lung fields appear normal.  
Trachea and major bronchi appear normal.  
Cardiac size appears normal.  
Both costophrenic angles are clear.  
Domes of diaphragm are well delineated.  
Visualized bones appear normal.

### IMPRESSION

NORMAL STUDY.

— END OF THE REPORT —

SIDDHARTH S PARMAR

Medical Officer

Printed on : 20-Mar-2023 13:50

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Reported By : 717876

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## RADIOLOGY

**Patient Details** : Mrs. RASHMI MISHRA | Female | 37Yr 11Mth 19Days  
**UHID** : AHCC.0000127553 **Patient Location:** AHC  
**Patient Identifier:** AHCCA4756   
**DRN** : 223015775 **Completed on :** 20-MAR-2023 10:39  
**Ref Doctor** : Mr. AHC DOCTOR

## USG WHOLE ABDOMEN

### FINDINGS :

Liver appears normal in size and shows uniform normal echotexture. No evidence of focal or diffuse pathology seen. Intra and extra hepatic biliary radicles are not dilated. Portal vein is normal in caliber. Intrahepatic portal radicles appear normal.

Gall bladder appears normal with no evidence of calculus. Wall thickness appears normal. No evidence of pericholecystic collection.

Visualized pancreas appear normal in size and echotexture.

Spleen is normal in size and shows uniform echotexture.

Both kidneys are normal in size and show normal echopattern with good corticomedullary differentiation. Cortical outlines appear smooth. No evidence of calculi. Pelvicalyceal system on both sides appear normal.

No evidence of ascites or significant lymphadenopathy. Visualized bowel loops appear normal and shows normal peristalsis.

Urinary bladder is normal in contour and outline. Wall thickness appears normal. No evidence of any intraluminal pathology seen.

Uterus is anteverted and appears normal in size and echotexture. No focal lesion noted. Myometrial and endometrial echotexture appears normal. ET measures 5 mm.

Both ovaries appears normal in size and echotexture. Simple cyst of size 4.8 x 5.2 cm is seen in left ovary.

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Mrs. RASHMI MISHRA

AHCC.0000127553

AHCCA4756

**USG WHOLE ABDOMEN**

**IMPRESSION**

Left ovarian simple cyst.  
Rest normal study.

— END OF THE REPORT —

SIDDHARTH S PARMAR

Medical Officer

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EYE CHECK UP

NAME ~~Mrs~~ ~~R~~ Reekmi Mishra Date 20 13 / 23

VA 6/6 37/15  
6/6 flo

BCVA(Distance & Near)

RE 6/6 } NG  
LE 6/6 }

Colour Vision None

Advice:

Anterior Segment

Fundus

Advice:

Diagnosis





Copy ID:

Name:

Sex: cm

kg

Birth date:

mm/ig

years

1100 Sinus rhythm

9110 \*\* normal ECG \*\*

Medication:

Symptoms:

History:

Vent. rate

PR int

QRS dur

QT/QTc(E) int

P/QRS/T axis

RV5/SV1 amp

RV5+SV1 amp

74 bpm

158 ms

94 ms

350/ 378 ms

35/ -9/ 3 °

0.62/ 0.76 mV

1.38 mV

AHCC.0000127553  
MRS. RASHMI MISHRA  
Age: 37Year(s) Year(s)/Female  
20 Mar 2023 10:03:55 AM



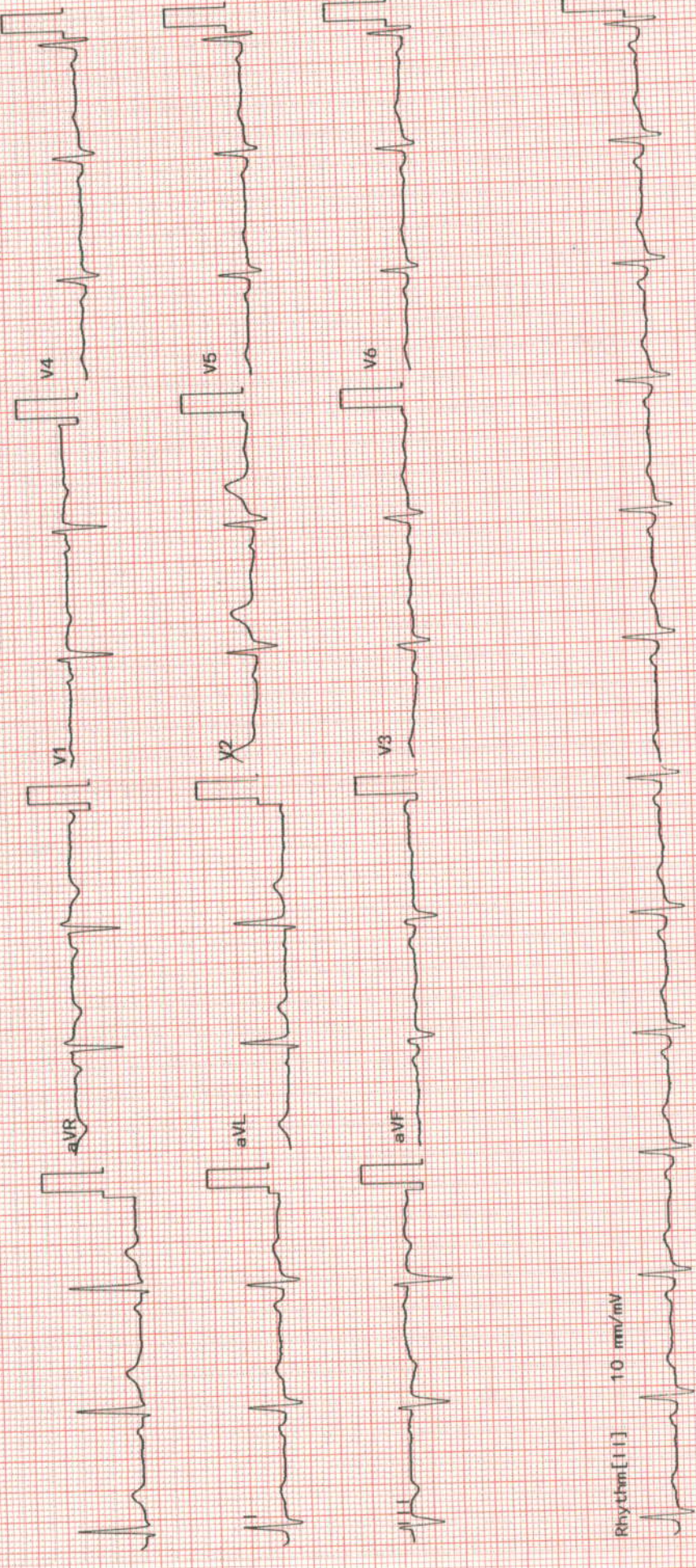
Unconfirmed Report  
Reviewed by:

10 mm/mV

10 mm/mV

Filter: H50 D 35 Hz 10 mm/mV

10 mm/mV 25 mm/s



Rhythm[II] 10 mm/mV

AHCC.0000127553  
MRS. RASHMI MISHRA  
Age: 37 Year(s) Year(s)/Female  
20 Mar 2023 10:03:54 AM



Dr. P. N. N. IP No. 11807  
State of Tamil Nadu

**OBSTETRICS & GYNAECOLOGY**

Name : .....	Date : .....	Unit No. : .....
Occupation : .....	Ref. Physician : .....	
Age : ..... Sex : <input type="checkbox"/> Male <input type="checkbox"/> Female	Copies to : .....	

**GYNAEC CHECK UP**

Chief Complaint:

Nil

Children: 1 FTCS - ♀ - 9yo

Deliveries: 1

Last Child: 9yo

Abortions:

Periods: Regular

LMP: 14/03/23

Menopause:

G. Condition: Good

P/A: soft

S/E:

P/V: ut AV\_Ns fx clear

P/R:

Impression:

Weight:

BP:

Breasts: NAD

PAP Smear: -

Previous Medical H/O:

nil

Previous Surgical H/O:

1 FTCS



Doctor Signature  
Date & Time

# APOLLO HOSPITAL - CITY CENTER

OPP. DOCTOR HOUSE, ELLISBRIDGE, AHMEDABAD

Ms. MRS RASHMI MISHRA  
 Age : 37/F  
 Ref. by : MEDIWHEEL  
 Indication1 : CVS EVALUATION  
 Indication2 : TECH. JAYESH N SHAH  
 Indication3 :

ID : 127553  
 Ht/Wt : 156/64  
 Recorded : 20-3-2023 12:30

TREADMILL TEST SUMMARY REPORT  
 Protocol: BRUCE PROCTOCAL  
 History:  
 Medication1 :  
 Medication2 :  
 Medication3 :

PHASE	PHASE TIME	STAGE TIME	SPEED (Km./Hr.)	GRADE (%)	H.R. (BPM)	B.P. (mmHg)	RPP X100	II	ST LEVEL V2 (mm)	V5	METS
SUPINE											
STAGE 1	2:59	2:59	2.70	10.00	92	120/80	110	0.2	0.4	0.1	
STAGE 2	5:59	2:59	5.40	14.00	126	122/82	153	-0.4	0.0	0.0	4.80
STAGE 3	6:59	0:59	7.40	18.00	164	128/84	209	-1.5	0.5	-0.5	7.10
PEAK EXER	7:11	1:11			158	134/86	211	-2.2	0.4	-1.6	8.06
RECOVERY	2:59	2:59	0.00	0.00	182	134/86	243	-2.3	0.4	-1.7	8.25
RESULTS					102	136/86	138	0.0	0.3	0.0	
Exercise Duration	7:11 Minutes										
Max Heart Rate	182 bpm 99% of target heart rate 183 bpm										
Max Blood Pressure	136/86 mmHg										
Max Work Load	8.25 METS										
Reason of Termination											
IMPRESSIONS	- TEST IS NEGATIVE AT MODERATE WORK LOAD. - NO ANGINA OR ARRHYTHMIA PROVOKED. - NORMAL HEAMODYNAMIC RESPONSE. - NO GALLOP OR MURMUR HEART AT PEAK EXERCISE. - TEST TERMINATED DUE TO THR ACHIEVED. - TACHYCARDIA PRESENT. - MODERATE EFFORT TOLERANCE										



*Signature*  
 20/3/2023