

Name : Mr. SATYABRAT BEHERA (37 /M)

Date : 12/01/2023

Address :

Examined by:

UHID : AMHL.0002074886

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH164973



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

No history of - Dyslipidemia, Thyroid disorder, Heart disease, Asthma
Diabetes mellitus - type 2; Since - 5 yrs; Medication - regular
Hypertension Since - Recently diagnosed; Medication - regular



DRUG ALLERGY

NO KNOWN ALLERGY : 12/01/2023



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

Appetite - increased; Dyspepsia - no; Bowel habits - regular; Piles - no; Hernia - no

Genitourinary system

- Nil Significant

Eyes

Vision - normal

ENT

- Normal hearing

Musculoskeletal system

Muscles and extremities
Muscle - pain

Skin

- Fungal infection on penile tip

Weight

- stable



Present medications

- T Glykind 60 XR OD
T Jalra M 50/500 OD
To continue all other medications



Past medical history

Do you have any allergies? - No
Do you have any drug allergies? - No
Covid 19 - No



Surgical history

Surgical history - Nil



Personal history

Marital status - Married
No. of children - 1
Female - 1
Diet - Non Vegetarian
Alcohol - consumes alcohol occasionally
Frequency - occasional
Smoking - Yes
Type - Cigarette
Number - 3 to 4
Frequency - daily
Chews tobacco - No

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Physical activity - Active
- brisk walk
How long do you exercise - 1 hr 30 mins daily
Others - Plays badminton

Family history

Father - alive
Mother - alive
Brothers - 1
Sisters - 1
Diabetes - father
Hypertension - father
Coronary artery disease - none
Cancer - None

PHYSICAL EXAMINATION

General

Height - 171
Weight - 74.9
BMI - 25.61
Pallor - No
Oedema - no

Cardiovascular system

Heart rate (Per minute) - 72
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 110
Diastolic(mm of Hg) - 78
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds

Abdomen

Organomegaly - No
Tenderness - No

Printed By : Benazir Begaum

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	15.2	g/dl	●	13.0-17.0
RBC COUNT	5.32	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	45.3	%	●	41-53
MCV	85.1	fl	●	83-101
MCH	28.5	pg	●	27-32
MCHC	33.5	%	●	31.5-34.5
RDW	13.7	%	●	11.8-14.0
WBC Count	6000	/cu mm	●	4000-10000
Platelet Count	1.75	lacs/cu mm	●	1.5-4.0
Neutrophils	63	%	●	40-80
Lymphocytes	27	%	●	20-40
Monocytes	07	%	●	2-10
Eosinophils	03	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	01	mm/1st hr	●	0-15

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	20	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.025			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		

Pus Cells	1-2	/hpf
Epithelial Cells	Occasional/hpf	
Casts:	Not Found	
Crystals:	Not Found	
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.	

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	+++			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	48 *	U/L	●	10-40
ALBUMIN - SERUM	5.2 *	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	101	U/L	●	53-128
AST (SGOT) - SERUM	23	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	1.3 *	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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● Within Normal Range ● Borderline High/Low ● Out of Range

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CHOLESTEROL - SERUM 164 mg/dL ● 0-200

VLDL CHOLESTEROL - SERUM (Calculated) 11 mg/dL ● 0-35

CREATININE - SERUM

Test Name Result Unit Level Range
CREATININE - SERUM 0.7 * mg/dL ● 0.9-1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 7.5 g/dL ● 6.4-8.3
GLOBULIN: (CALCULATED) - SERUM 2.3 g/dL ● 1.8-3.6

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 61 U/L ● 7-64

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TOTAL T3: TRI IODOTHYRONINE - SERUM 2.0 ng/ml ● 0.8-2
TOTAL T4: THYROXINE - SERUM 9.6 µg/dL ● 5.1-14.1

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (FASTING) 94 mg/dL ● 70-99

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 67 mg/dL ● 0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 295 * mg/dL ● 70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 1.7 µIU/mL ● 0.270-4.200

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 7.4 * % ●
Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >= 6.5%
ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 5.4 mg/dL ● 3.5-7.2

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 43 mg/dL ● 30-70
LDL CHOLESTEROL -SERUM 110 mg/dL ● Optimal: <100

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.4 * mg/dL ● 0.0-0.2

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 14.0 mg/dL ● 7.0-18.0

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LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	2.3:1.0			1.0-2.0

ECG

SINUS RHYTHM.
NONSPECIFIC T WAVE ABNORMALITY.

TREADMILL TEST / STRESS TEST

SUBMAXIMAL (UPTO 79%) STRESS TEST IS
NEGATIVE FOR PROVOCABLE MYOCARDIAL
ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Grade-i fatty liver.

X-RAY CHEST PA

Chest skiagram does not reveal any significant
abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT
PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

 Within Normal Range  Borderline High/Low  Out of Range

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Printed By :

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.