

Dr. Vandana G. Powar MBBS, D.C.P.  
Consultant Pathologist



**PARTH**  
PATHOLOGY LABORATORY  
(Computerised)

LAB - Shop No. 7, "Diwan Towers" Mangalwar Peth, Near Mirajkar Tikli, Opp. Nutan Marathi  
High School, Kolhapur. Mob. 9158529408, 9422047480, 9921285167

DATE - 28/01/2023

PATIENT NAME- JAYARAM VASANT SHINDE

AGE - 43 Y/MALE

HEIGHT - 172 cm

WEIGHT - 75 kg

BLOOD PRESSURE - 124/79 mmHg

PULSES - 59/ Min

FIT TO PERFORM TO ALL DUTIES

Dr. Vandana G. Powar  
MBBS, D.C.P.  
Reg No. 68137

**PATHOLOGIST**



*[Signature]*  
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MBBS, D.C.P.

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**24 Hours Emergency Service**

**Home Service Available**

205

भारत सरकार  
Government of India

जयराम वसंत शिंदे  
Jayaram Vasant Shinde  
जन्म तारीख / DOB : 24/02/1979  
पुरुष / Male



4687 7185 1016

आधार - सामान्य माणसाचा अधिकार

*Shinde*

KOLHAPUR \* PARTH LAB  
Dr. Vandana G. Powar  
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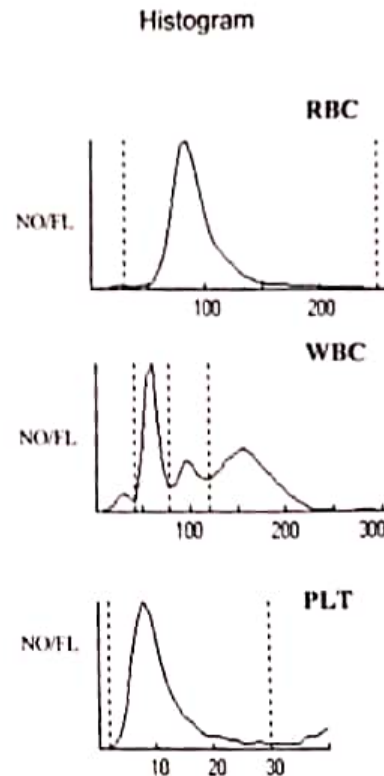


NAME : MR. JAYARAM SHINDE  
REF BY : Dr. MEDIWHEEL LIFE INS

DATE : 28/01/2023 PT.NO. : 205 28012  
AGE : 43. Yrs. SEX : M

**HAEMOGRAM WITH INDICES**

Test	Result	Units	Normal Range
<b>Haemoglobin</b>	- 12.5	g/dl	14-18
RBC Count	- 4.55	millions / cu-mm	4.5 - 6.5
PCV	- 40.1	%	40 - 54
MCV	- 88.1	fL	80 - 96
MCH	- 27.5	Pg	27 - 33
MCHC	- 31.2	gm/dl	33 - 36
RDW CV	- 13.9	%	11.0 - 14.5
<b>WBC Count</b>	- 4500	/cumm	4000 - 11000
Neutrophils	- 61	%	40 - 75
Lymphocytes	- 34	%	20 - 40
Eosinophils	- 03	%	1 - 6
Monocytes	- 02	%	2-10
Basophils	- 00	%	0 - 1
<b>Platelet Count</b>	- 163000	/ul	150000 -450000
MPV	- 9.9	fL	7.4 - 10.4
PDW	- 11.5	%	8-12
P-LCR	- 23.7	%	15-35
<b>E.S.R.</b>	- 09	mm at 1hr	0-10
(By Wintrobe Method)			
RBC Morphology	- Normochromic, Normocytic.		
WBC Morphology	- Within Normal Limits		
Platelets	- Adequate		
* Blood group	- 'O' Rh Positive		



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PT.NAME : MR. JAYARAM SHINDE  
REF. BY : DR. MEDIWHEEL LIFE INS

DATE : 28/01/2023  
AGE : 43 Yrs. SEX : M  
PT.NO. : 205 280123

### BIOCHEMISTRY TEST REPORT

		<u>Normal Range</u>
Fasting Plasma Glucose	: 103.8 mg/dl	60-110 mg/dl
2 Hrs. Plasma Glucose	: 118.6 mg/dl	90-140 mg/dl
S. Creatinine	: 0.9 mg/dl	0.7 - 1.4 mg/dl
Blood Urea	: 27.6 mg/dl	12-42 mg/dl
Blood Urea Nitrogen	: 12.9 mg/dl	5 - 21 mg/dl
S. Uric acid	: 4.7 mg/dl	3.5 -7.2 mg/dl
CHOLESTEROL	: 155.6 mg/dl	0-250 mg/dl
HDL Cholesterol	: 33.7 mg/dl	30 - 70 mg/dl
S. Triglycerides	: 90.3 mg/dl	0-170 mg/dl
LDL Cholesterol	: 103.8 mg/dl	60 - 150 mg/dl
TC/HDLC Ratio	: 4.6	0 - 5
LDLC/HDLC Ratio	: 3.1	2.5 - 3.5

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PT.NO. : 205 280123

### BIOCHEMISTRY TEST REPORT

			<u>Normal Range</u>
S. Bilirubin (Total)	: 0.27	mg/dl	0 - 1.0 mg/dl
S. Bilirubin (Direct)	: 0.19	mg/dl	0 - 0.25 mg/dl
S. Bilirubin (Indirect)	: 0.08	mg/dl	0 - 0.75 mg/dl
S.G.O.T	: 20.8	IU/L	5-40 IU/L
S.G.P.T	: 16.7	IU/L	5-40 IU/L
S. Alkaline Phosphatase	: 70.8	IU/L	37 - 147 IU/L
Total Proteins	: 7.9	g/dl	6.6 - 8.3 g/dl
S. Albumin	: 4.8	g/dl	3.5 - 5.0 g/dl
S. Globulin	: 3.1	g/dl	1.5 - 3 g/dl
A/G Ratio	: 1.5 : 1		0.90 - 2.00



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**REPORT ON % GLYCOHAEMOGLOBIN OF BLOOD**

% Glycohaemoglobin of blood : 4.9 %  
Estimated mean blood glucose : 44.8 mg/dl

(Reference For Guideline)

- < 6.0 - Normal
- 6.0 - 7.0 % - Good Control
- 7.0 - 8.0 % - Fair Control
- 8.0-10.0% - Unsatisfactory control
- >10.0% - Poor control

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AGE : 43 Yrs. SEX : M  
PT. NO. : 205 280123

**EXAMINATION OF URINE**

Normal Range

**PHYSICAL EXAMINATION**

Quantity : 05 ml  
Colour : Pale Yellow  
Appearance : Clear  
Deposit : Absent  
Reaction (pH) : Acidic  
Specific Gravity : 1.024 1.003 - 1.035

**CHEMICAL EXAMINATION**

Proteins : Absent  
Glucose : Absent  
Ketone Bodies : --  
Bile Salts : Absent Absent  
Bile Pigments : Absent Absent  
Urobilinogen : --  
Occult Blood : Absent

**MICROSCOPIC EXAMINATION**

Epithelial Cells : 1 - 2 /hpf  
Pus Cells : 2 - 3 /hpf  
Red Blood Cells : Absent /hpf  
Casts : Absent  
Crystals : Absent  
Amorphous Deposits : Absent

**OTHER FINDINGS**

Yeast Cells : Absent  
Trichomonas vaginalis : Absent  
Bacteria : Absent  
Mucus Threads : Absent  
Spermatozoa : Absent

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PATIENT NAME:- JAYRAM SHINDE

AGE - 43/SEX-MALE

REFERANCE = MEDIWHEEL LIFE INS

DATE - 28/01/2023

### BIOCHEMISTRY

S. GAMMA.G.T : 29.0

NORMAL VALUE

10-50 mmol / L



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PATIENT NAME- JAYARAM SHINDE

DATE: -28/01/2023

REF.BY:- MEDIWHEEL LIFE INS.

AGE/SEX:- 43Y/MALE

**BIOCHEMISTRY**

NORMAL VALUE

SERUM VLDL : 19.4 mmol/L

10-50g/dl

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QT  
PR  
QTc



**28/01/2023**

**THE ECG OF CLIENT – JAYARAM SHINDE  
IS WITHIN NORMAL LIMIT**

**NO ABNORMAL FINDINGS ARE DETECTED**

Report  
Vdi  
R



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# MYO-CLINIC MEDICAL CENTRE, KOLHAPUR [+91 9307257414]

**Name: JAYRAM VASANT SHINDE**

Date: 28-01-2023 Time: 10:43

Age: 33

Gender: M

Height: 172 cms

Weight: 75 Kg

ID: 177

Clinical History: NOT SIGNIFICANT

Medications: NO MEDICATIONS

## Test Details:

Protocol: Bruce

Predicted Max HR: 187

Target HR: 158

Exercise Time: 0:06:11

Achieved Max HR: 160 (86% of Predicted MHR)

Max BP: 130/90

Max BP x HR: 20800

Max Mets: 7

Test Termination Criteria:

## Protocol Details:

Stage Name	Stage Time	METS	Speed kmph	Grade %	Heart Rate bpm	BP mmHg	RPP	Max ST Level mm	Max ST Slope mV/s
Supine	00:06	1	0	0	30	120/80	3600	0.1	0.1
Standing	00:07	1	0	0	71	120/80	8520	2 V3	0.9 V3
HyperVentilation	00:07	1	0	0	63	120/80	7560	2 V3	0.9 V3
PreTest	00:13	1	1.6	0	77	120/80	9240	1.3 V5	1 V3
Stage 1	03:00	4.7	2.7	10	128	130/90	16640	1.4 V3	1.9 V3
Stage 2	03:00	7	4	12	160	130/90	20800	1.4 V3	2.4 V3
Peak Exercise	00:11	6.9	5.5	14	147	130/90	19110	1.6 V3	2.6 V3
Recovery1	01:00	1	0	0	109	130/90	14170	2.1 V3	2.5 V3
Recovery2	01:00	1	0	0	98	130/90	12740	1.5 V3	1.6 V3
Recovery3	01:00	1	0	0	94	130/90	12220	1.1 V3	1.1 V3
Recovery4	01:00	1	0	0	92	130/90	11960	1.2 V3	0.9 V3

## Interpretation

The Patient Exercised according to Bruce Protocol for 0:06:11 achieving a work level of 7 METS. Resting Heart Rate, initially 30 bpm rose to a max. heart rate of 160bpm (86% of Predicted Maximum Heart Rate). Resting Blood Pressure of 120/80 mmHg, rose to a maximum Blood Pressure of 130/90 mmHg

GOOD EFFORT TOLERANCE

NORMAL INOTROPIC RESPONSE

NORMAL CHRONOTROPIC RESPONSE

THR ACHIEVED ; ADEQUATE METS ACHIEVED

NO SIGNIFICANT ST SEGMENT CHANGES NOTED IN EXERCISE AND RECOVERY

TMT IS NEGATIVE FOR STRESS INDUCIBLE ISCHAEMIA AT GIVEN WORKLOAD

**DR. SHANTANU S. PALKAR**  
MBBS, PGDCC  
CLINICAL CARDIOLOGIST  
MRC No. 251104034 PALKAR

Ref. Doctor: MEDI WHEEL

**SCHILLER**

The Art of Diagnostics

( Summary Report edited by User )  
Spandan CS-10 Version 2.12.0

MYO-CLINIC MEDICAL CENTRE, KOLHAPUR [+91 9307257414]

JAYRAM VASANT SHINDE

Trace Protocol

ST(LeadI) ST(SlopeInV/s)

ID: 177

Stage: Supine

Date: 28-01-2023

Speed: 0 km/h

Exec Time: 0:00:00

Slope: 0%

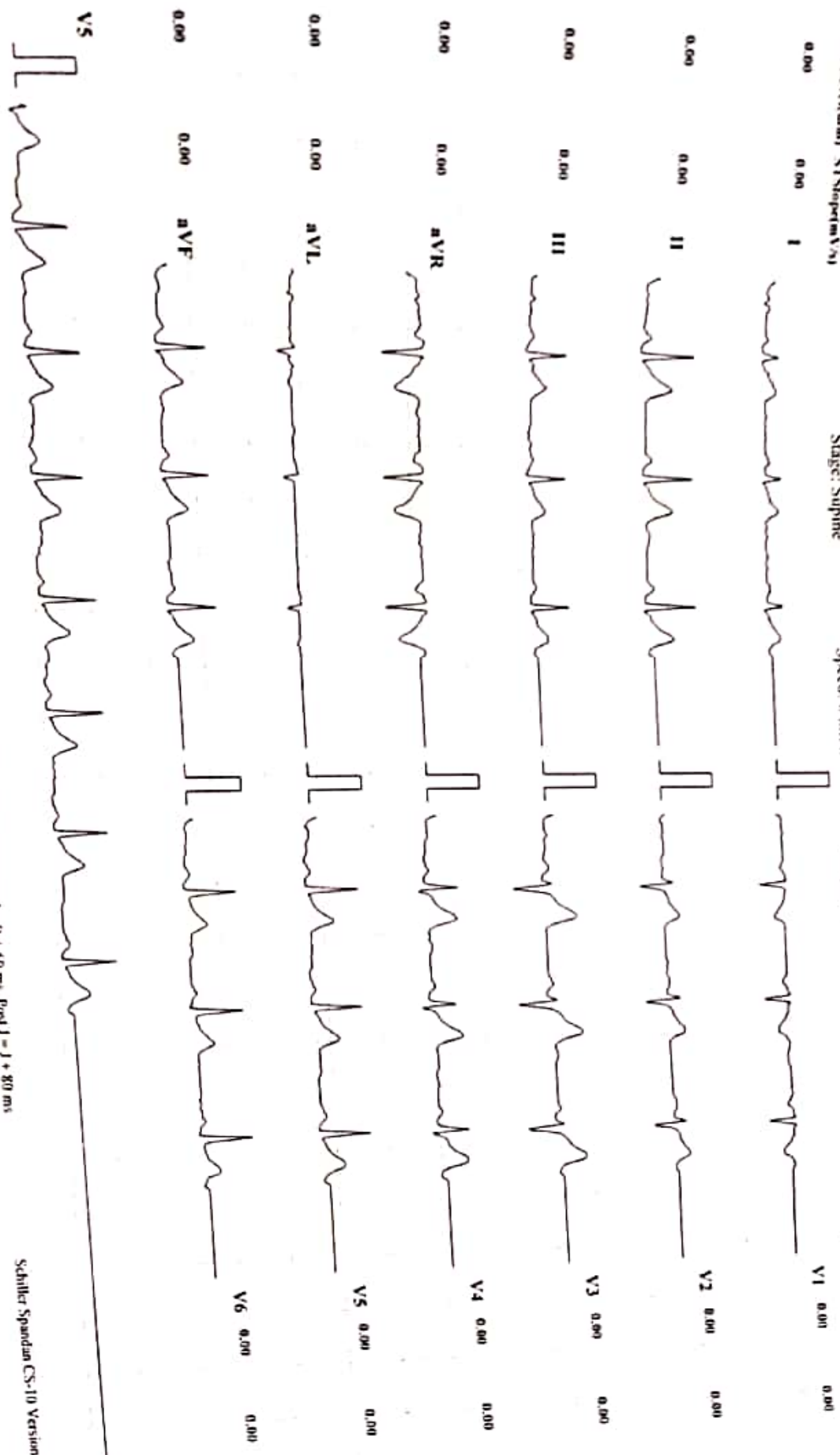
Stage Time: 00:06

THR: 158 bpm

HR: 0 bpm

BP: 120/80 mmHg

ST(LeadI) ST(SlopeInV/s)



MYO-CLINIC MEDICAL CENTRE, KOLHAPUR [+91 9307257414]

**JAYRAM VASANT SHINDE**

Bruce Protocol

STLevel(mm) STSlope(mV/s)

ID: 177

Date: 28-01-2023

Exec Time : 0:00:00

Stage Time: 00:07

**HR: 71 bpm**

BP: 120/80 mmHg

STLevel(mm) STSlope(mV/s)

Stage: Standing

Speed: 0

Slope: 0 %

THR: 158 bpm

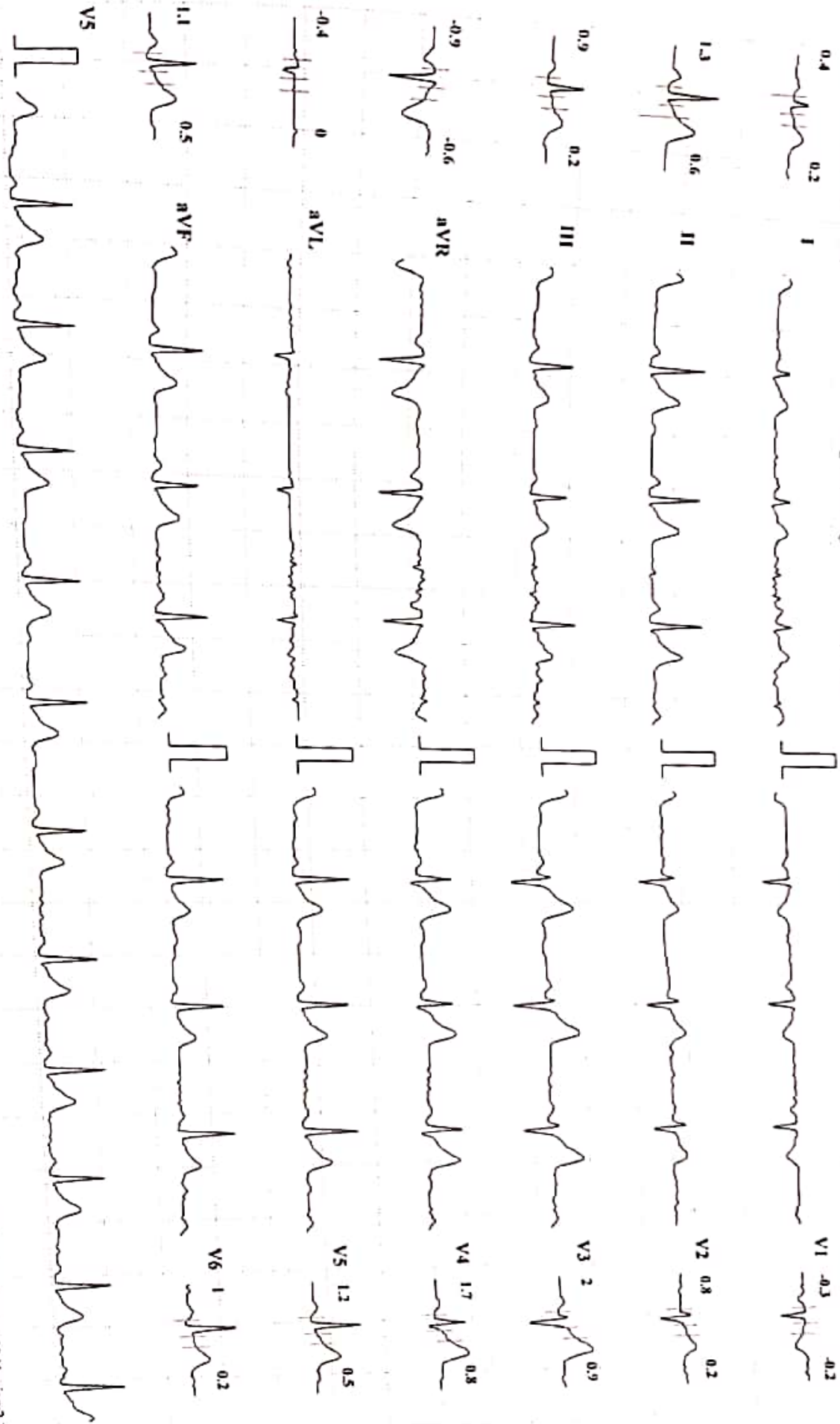


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Spandax CS-10 Version 2.12



**MYO-CLINIC MEDICAL CENTRE, KOLHAPUR [+91 9307257414]**

**JAYRAM VASANT SHINDE**

Bruce Protocol

ST(Trendm) ST(Slope(mV/s))

ID: 177

Stage: Hyperventilation

Speed: 0

Date: 28-01-2023

Exec Time : 0:00:00

Slope: 0%

Stage Time: 00:07

THR: 158 bpm

**HR: 63 bpm**

BP: 120/80 mmHg

ST(Trendm) ST(Slope(mV/s))

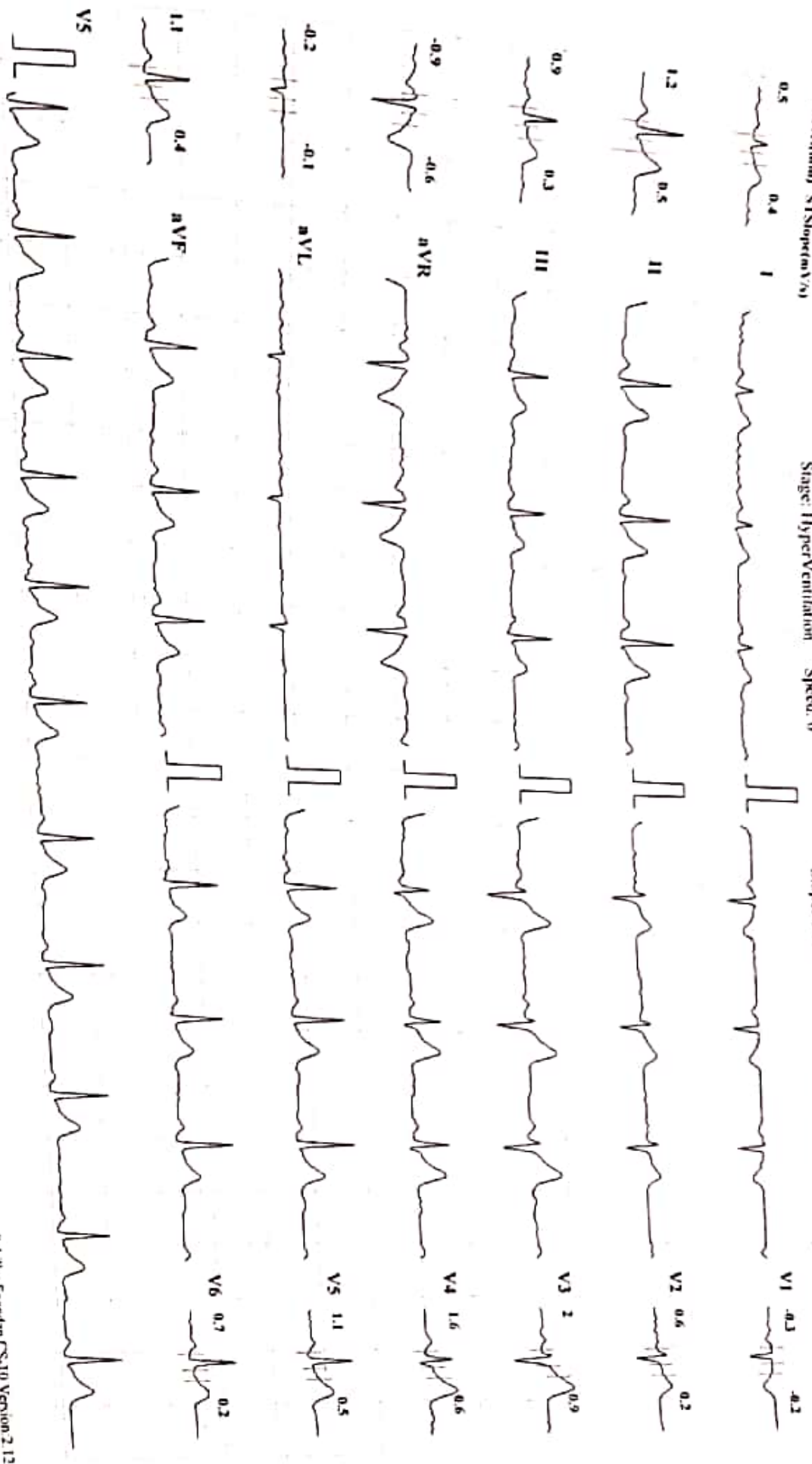


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO - R - 60 ms, J - R + 60 ms, Post J - J + 80 ms

Schiller Spandam CS-10 Version 2.12

**MYO-CLINIC MEDICAL CENTRE, KOLHAPUR [+91 9307257414]**

**JAYRAM VASANT SHINDE**

Bruce Protocol  
ST(LeadI) ST(Slope) ST(Slope) V(%)

ID: 177  
Stage: 1

Date: 28-01-2023  
Speed: 2.7 kmph

Exec Time : 0:03:00  
Slope: 10 %

Stage Time: 03:00  
THR: 158 bpm

**HR: 128 bpm**

BP: 130/90 mmHg  
ST(LeadI) ST(Slope) ST(Slope) V(%)

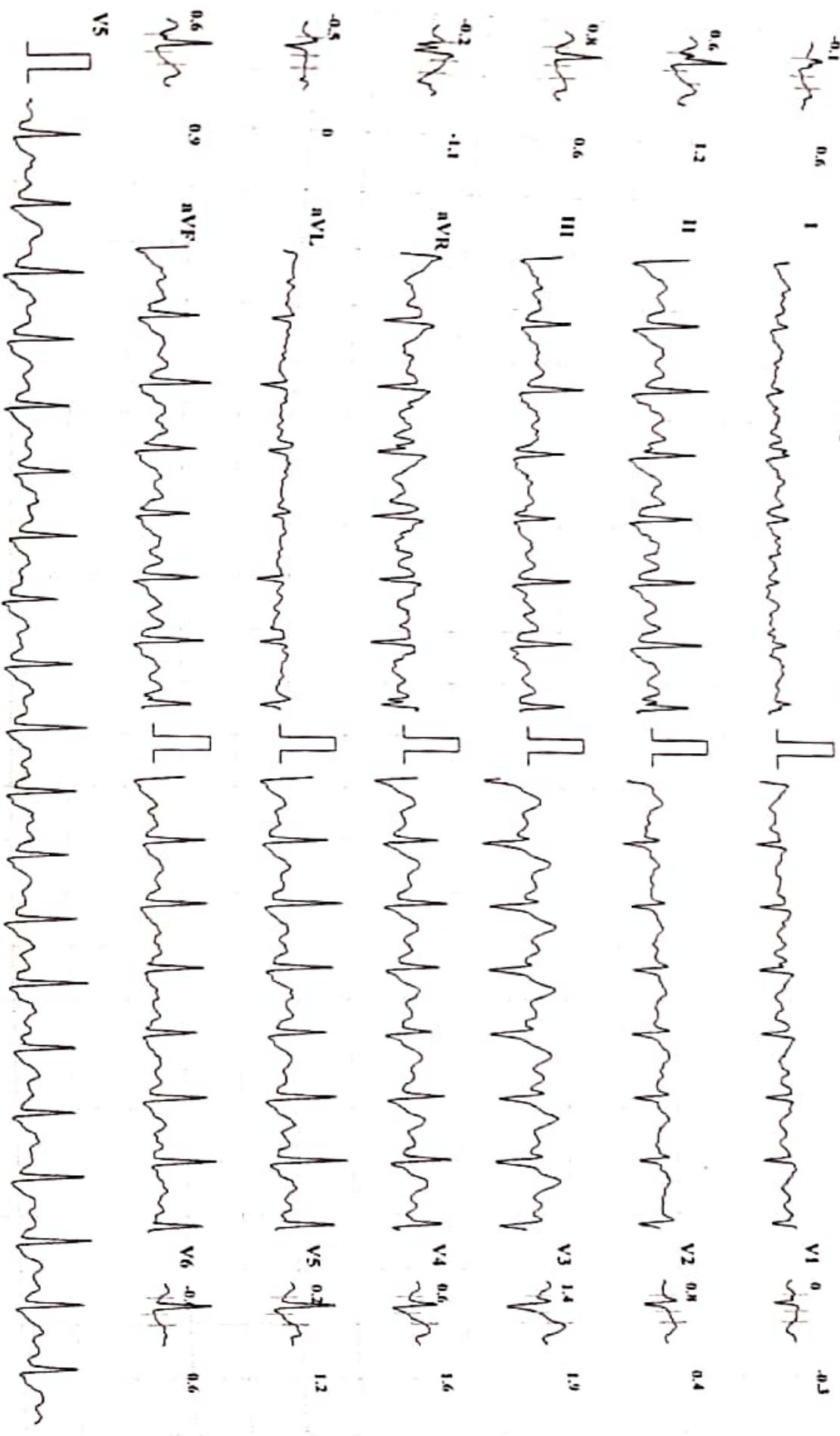


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Spandau CS-10 Version 2.12

# MYO-CLINIC MEDICAL CENTRE, KOLHAPUR [+91 9307257414]

**JAYRAM VASANT SHINDE**

Bruce Protocol

STLevel(mm) STSlope(mV/s)

ID: 177

Date: 28-01-2023

Exec Time : 0:06:00

Stage Time: 03:00

**HR: 160 bpm**

BP: 130/90 mmHg

STLevel(mm) STSlope(mV/s)

Stage: 2

Speed: 4 kmph

Slope: 12 %

THIR: 158 bpm

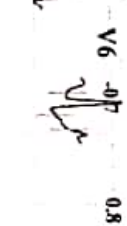
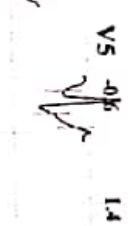
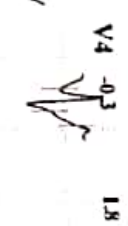
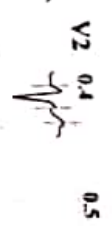
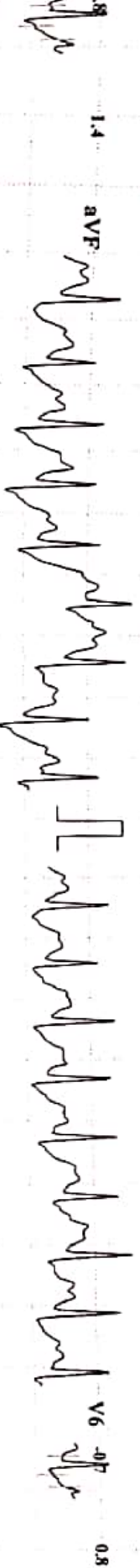
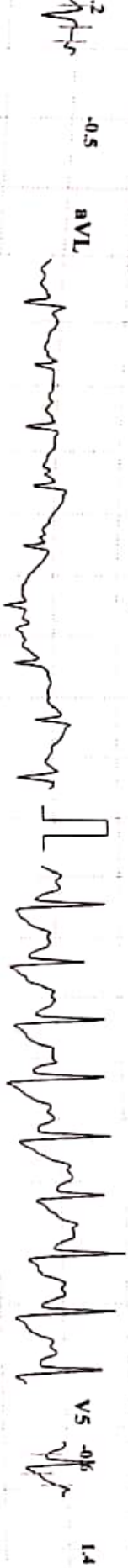
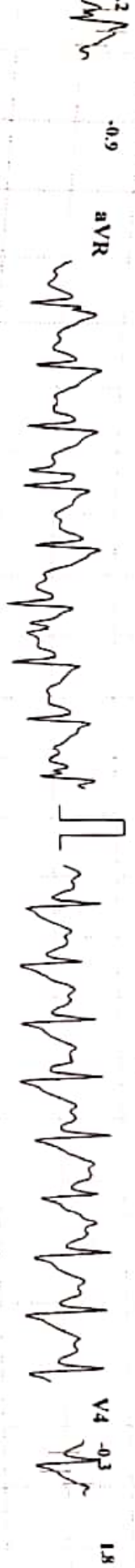


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO = R · 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Spandam CS-10 Version 2.12



MYO-CLINIC MEDICAL CENTRE, KOLHAPUR | +91 9307257414

HR: 147 bpm

BP: 130/90 mmHg

**JAYRAM VASANT SHINDE**  
Brice Protocol  
STLevel(mm) STSlope(mV/s)

ID: 177

Date: 28-01-2023

Exec Time : 0:06:11

Stage Time: 00:11

Stage: 3 Peak Exercise

Speed: 5.5 kmph

Slope: 14 %

THR: 158 bpm

STLevel(mm) STSlope(mV/s)

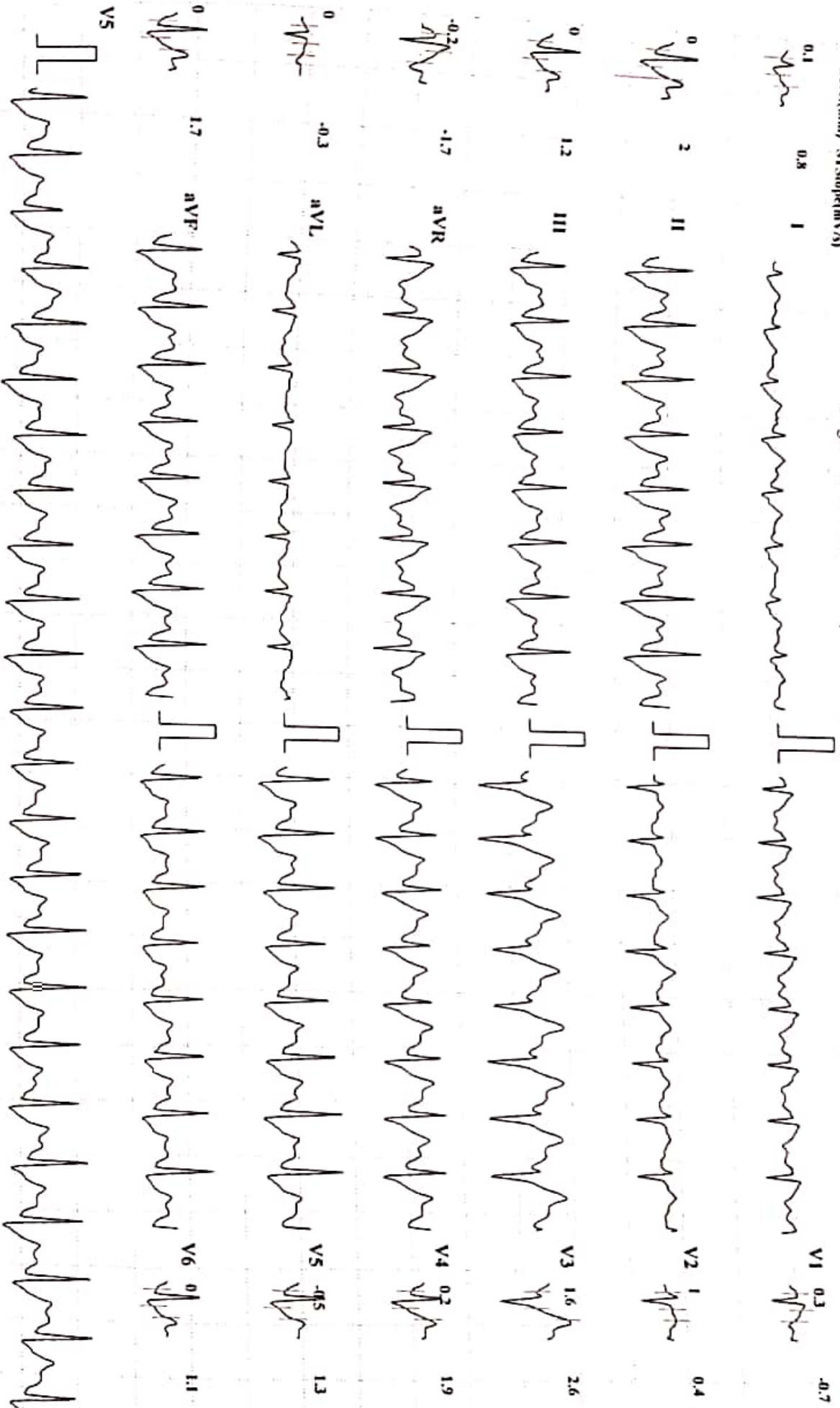


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Spandan CS-10 Version 2.12

**MYO-CLINIC MEDICAL CENTRE, KOLHAPUR [+91 9307257414]**

**JAYRAM VASANT SHINDE**  
Bruce Protocol

STLevel(mm) STSlope(mV/s)

ID: 177  
Stage: Recovery 1

Date: 28-01-2023  
Speed: 0 kmph

Exec Time : 00:00  
Slope: 0 %

Stage Time: 01:00  
THR: 158 bpm

**HR: 109 bpm**

BF: 130/90 mmHg  
STLevel(mm) STSlope(mV/s)

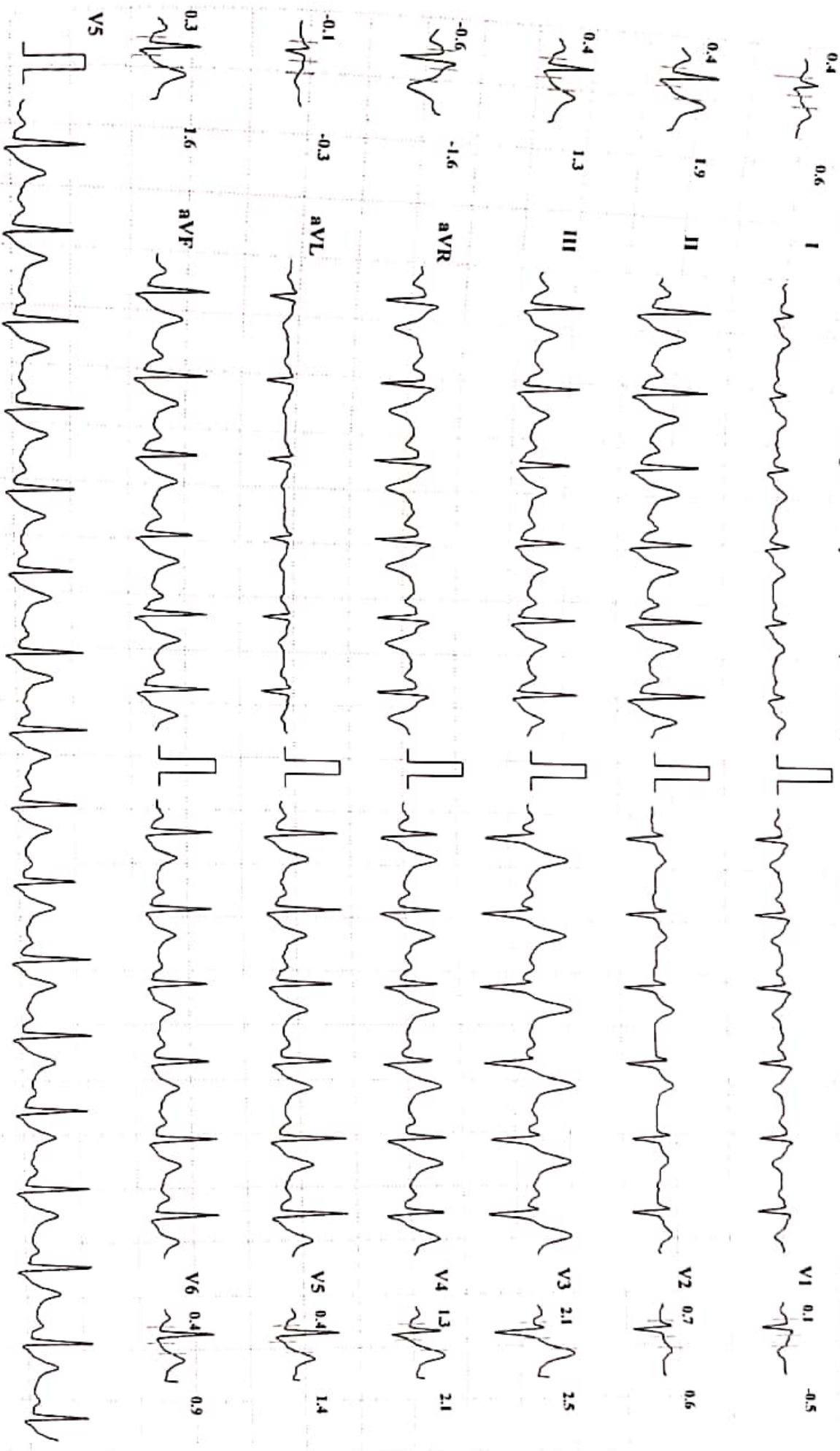


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO - R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Spandau CS-10 Version:2.12

MYO-CLINIC MEDICAL CENTRE, KOLHAPUR [+91 9307257414]

**JAYRAM VASANT SHINDE**

Bruce Protocol ID: 177 Date: 28-01-2023 Exec Time: 00:00 Stage Time: 01:00  
ST Slop(m) ST Slope(mV/s) Stage: Recovery2 Speed: 0 kmph Slope: 0% THR: 158 bpm  
HR: 98 bpm  
BP: 130/90 mmHg  
ST Slop(m) ST Slope(mV/s)

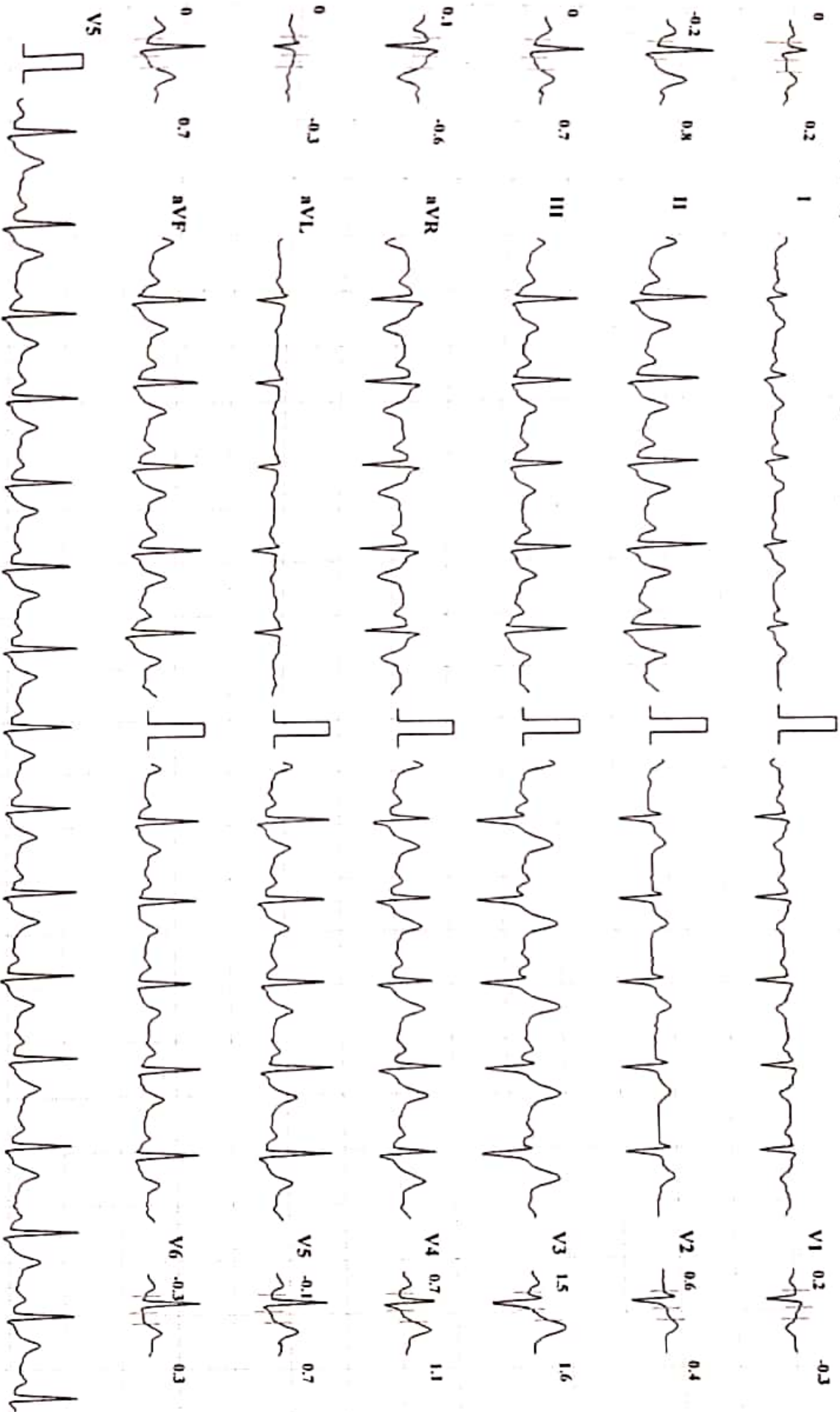


Chart Speed: 25 mm/sec Amplitude: 10mm/mV Filter: 35 Hz Mains Filter: ON ISO - R - 60 ms, J - R + 60 ms, Post J - J + 80 ms Schiller Spanan CS-10 Version 2.12



# MYO-CLINIC MEDICAL CENTRE, KOLHAPUR [+91 9307257414]

**JAYRAM VASANT SHINDE**

ID: 177

Date: 28-01-2023

Exec Time : 00:00

Stage Time: 01:00

**HR: 94 bpm**

Bruce Protocol

STLevel(mm) STISlope(mV/s)

Stage: Recovery3

Speed: 0 kmph

Slope: 0 %

THR: 158 bpm

BP: 130/90 mmHg  
STLevel(mm) STISlope(mV/s)

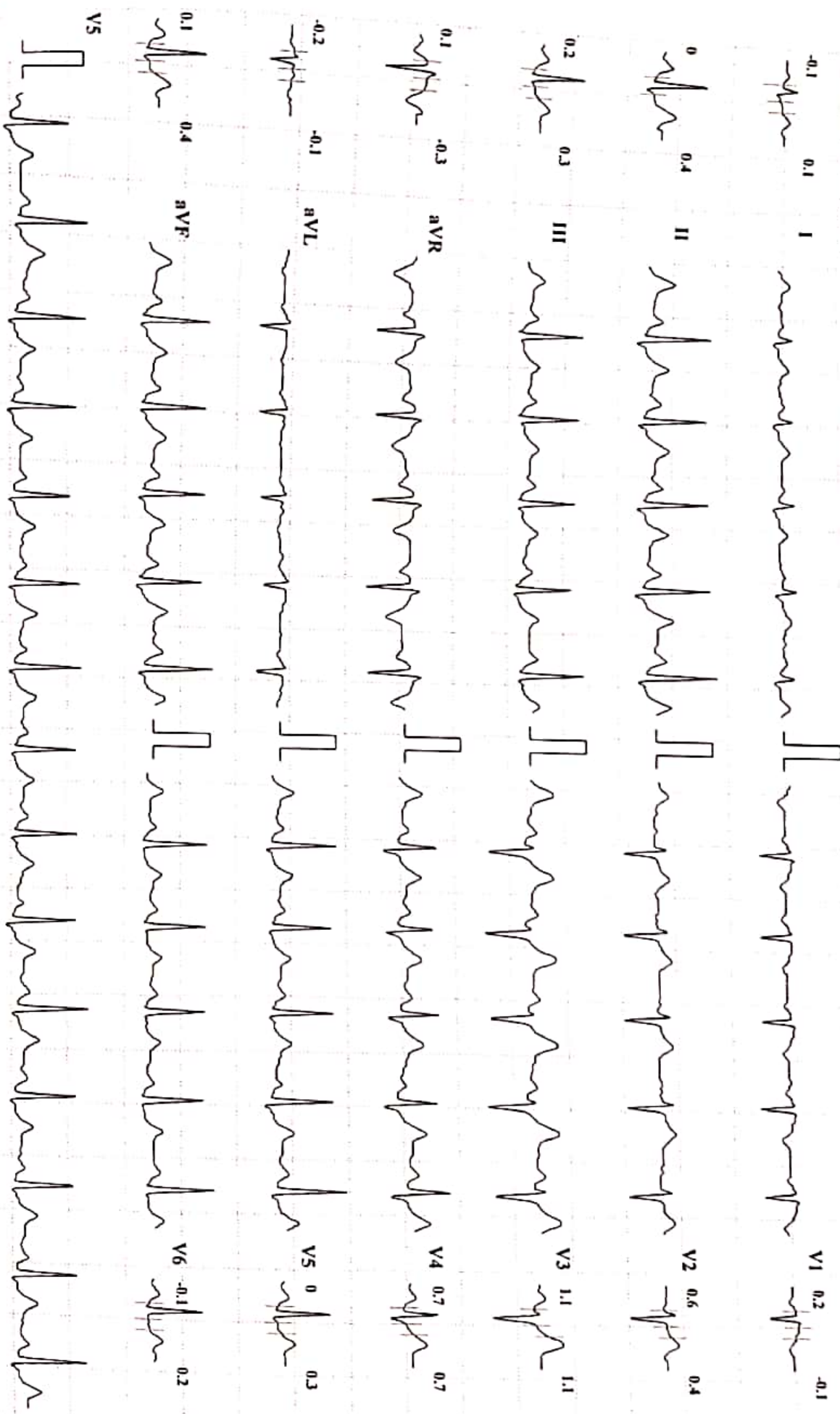


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz

Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Spandan CS-10 Version 2.12

Name : MR. JAYARAM SHINDE  
Ref By : Dr. VANDANA POWAR

Age/Sex : 43 YEARS/M  
Date : 28 Jan 2023

### CHEST RADIOGRAPH

Minimal right lower paracardiac haziness noted.

The hilar structures are normal.

The heart size and outlines are normal.

The diaphragm contour and costophrenic angles are normal.

Bony rib cage and soft tissues of chest wall are normal.

External artifact noted.

#### IMPRESSION:

- Radiograph shows minimal right lower paracardiac haziness.
- ADVICE - Clinical correlation and follow up if clinically needed.
- THANKS FOR REFERRAL.FEEDBACK IS WELCOME

*Nehas*

DR. NEHA S. GHORPADE  
MBBS DMRE Reg. No. 79916  
Consulting Radiologist

डॉ. नेहा घोरपडे  
एम. बी. बी. एस., डी.एम.आर.ई (रेडीओलॉजिस्ट)  
रजि.नं.79916

परत येताना सर्व जुने रिपोर्ट्स, सोनोग्राफी रिपोर्ट्स अथवा एक्स-रे असल्यास बरोबर घेऊन येणे.

बी.जी.जाधव-ढेकळे  
एम. बी. बी. एल.  
(जनरल फिजिशियन)

डॉ. नेहा घोरपडे  
एम. बी. बी. एल., डी.एम.आर.ई  
कन्सल्टिंग रेडीओलॉजिस्ट



अस्मिता क्लिनिक  
आणि सोनोग्राफी सेंटर

1/3अ/२, फिरंगाई देवळासमोर, शिवाजी पेठ, कोल्हापूर - ४१६०१२.  
: (0231) 2621071 | E mail: asmitadiagno.neha@gmail.com

Patient Name : MR. JAYARAM SHINDE  
Referred By : Dr. VANDANA POWAR

Date : 28 Jan 2023  
Age : 43 YEARS Sex : M

Clinically -For routine check up/Insurance purpose.

### Abdomen Sonography

**LIVER**: is normal in size, shape, position and shows increased echogenicity. The contours are smooth. The parenchyma shows homogeneous echotexture. The intra - hepatic portal and venous system appears normal. The portal vein is normal and show hepatopetal flow. The intra-hepatic biliary radicals are not dilated. There is no focal mass lesion.

**GALL BLADDER**: is physiologically distended, normal in size and echotexture. There is no evidence of echoreflexive calculus in gall bladder. There is no abnormal biliary tree dilation noted. The portal vein & C.B.D appear normal. Wall thickness is normal. No e/o cholecystitis/calculus seen. PV measures -11 mm, CBD measures - 3 mm.

**PANCREAS**: is normal size, position & echotexture. The contours are smooth. There is no focal mass lesion seen. No pancreatitis or calcification.

**SPLEEN**: is normal in size, shape and echopattern. The contours are smooth. The splenic vein and portal vein are normal in calibre.

**KIDNEYS**: Both the kidneys are normal in size, shape and position and contours. There is no echoreflexive obstructing calculus seen on either sides nor hydronephrosis. Both visualized ureters appear to be normal. Parenchymal/cortical thickness is normal. Cortico -medullary differentiation is well maintained. Overlying bowel gases does not show further course of ureter. **Right kidney** measures- 96 x 41mm, **Left kidney** measures -101 x 47 mm.

**Urinary bladder** is physiologically distended, appears normal. No intraluminal abnormality.

**PROSTATE**: is normal size and uniform echotexture, measures 26 x 40 x 37 mm (weight-21 gms). The gland bulges urinary bladder base.

Aorta and IVC are normal. No e/o free fluid in peritoneal cavity. No ascites. No significant lymphadenopathy. Bowel loops appear normal in size with good peristalsis.

**Appendix** is not appreciated in today's study. Terminal ileum is well seen. No probe tenderness in right iliac fossa or anywhere in abdomen.

**IMPRESSION** : < FATTY INFILTRATION OF LIVER.

ADVICE - Clinical correlation and follow up if clinically needed.  
THANKS FOR REFERRAL. FEEDBACK IS WELCOME

*Nehas*

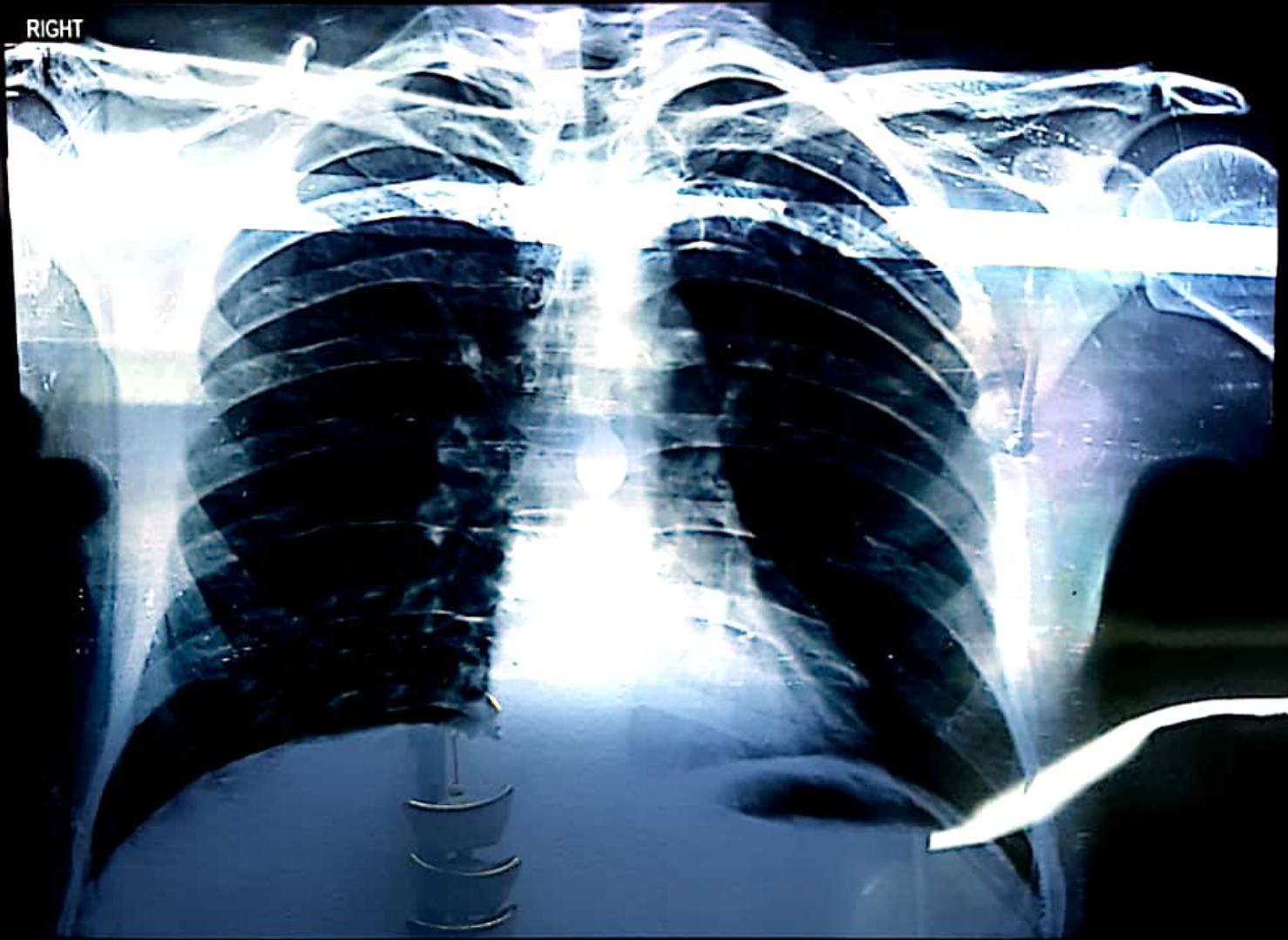
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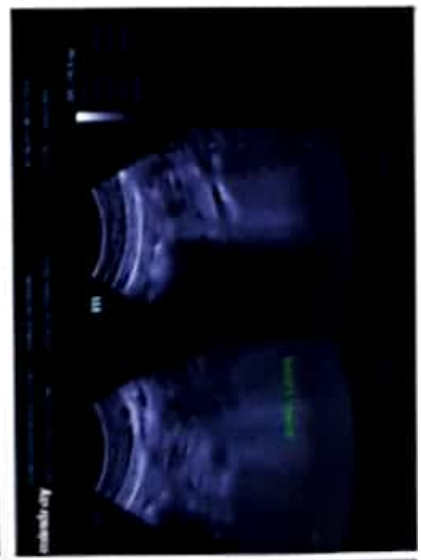
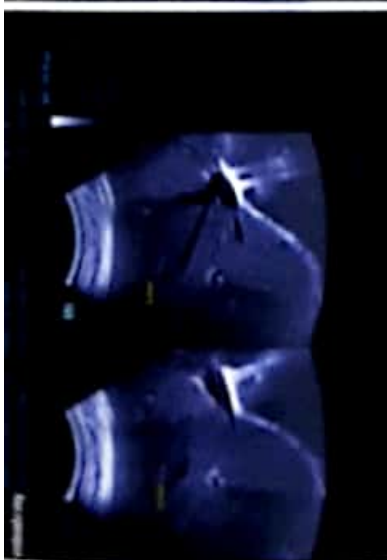
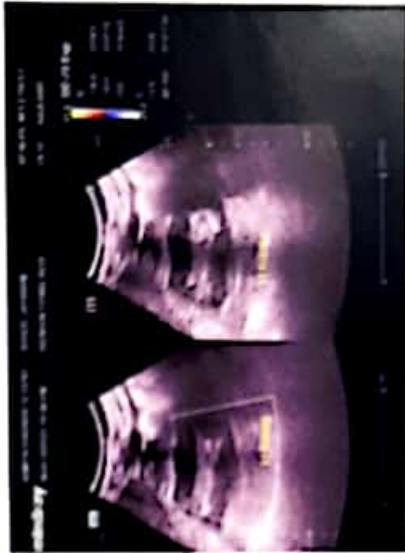
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RIGHT



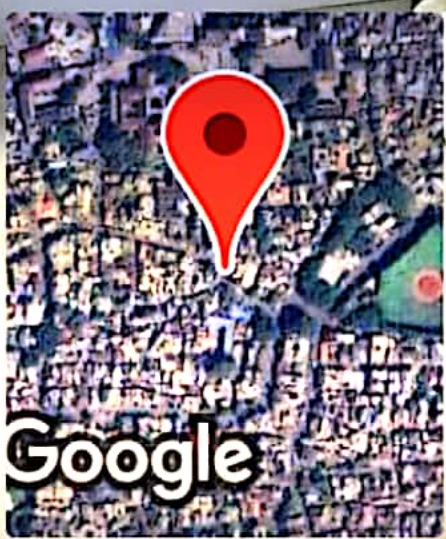
Jayram Shinde 43/Y Asmita Clinic PB8957 M CHEST PA 28-Jan-23  
\$ PRAKASH X-RAY PORTABLE, KOLHAPUR \$ MOB.8888405666, 9730332002







 **GPS Map Camera**



# **Kolhapur, Maharashtra, India**

**Shop No 7, Diwan Tower, Mirajkar Tikti Mangalwar Peth, opp. Nutan Marathi High School, B Ward, C Ward, Kolhapur, Maharashtra 416002, India**

**Lat 16.692838°**

**Long 74.22431°**

**28/01/23 09:25 AM GMT +05:30**