

Name : Mr. KALYAN SINGHA (45 /M)

Date : 27/03/2023

Address :

Examined by:

UHID : AGHL.0001367829

Package : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH170948



CHIEF COMPLAINTS

For corporate health checkup

PRESENT KNOWN ILLNESS

No history of - Hypertension, Thyroid disorder, Heart disease, Stroke, Asthma
Diabetes mellitus - type 2; Since - 5 yrs; Medication - regular
Dyslipidaemia Medication - regular



DRUG ALLERGY

NO KNOWN ALLERGY :05/07/2019



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Oral and dental

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Central nervous system

- Nil Significant

Eyes

Vision - normal

ENT

- Nil Significant

Musculoskeletal system

Spine and joints
- Nil Significant



Past medical history

Typhoid - yes



Personal history

Marital status - Married
No. of children - 1
Diet - Non Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Moderate



Family history

Father - alive
Mother - alive
Brothers - 1
Sisters - 1
Coronary artery disease - none
Cancer - None

PHYSICAL EXAMINATION



General

Build - over weight
Height - 170
Weight - 77
BMI - 26.64
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 66
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 120
Diastolic(mm of Hg) - 80
Heart sounds - S1S2+

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Respiratory system

Breath sounds - Normal vesicular breath sounds

Abdomen

Appearance - Normal
Organomegaly - No
Tenderness - No
Bowel sounds - Normal

Ophthalmology consultation

Ophthalmology findings - UCVA:RE:6/9 LE:6/9
NVA:RE:N8P LE:N8P
OCULAR MOVEMENT:WNL
ANT.SEG:WNL
ACCPT: SPECTACLE PWR
RE:-0.50DS(6/6)
LE:-0.25DS(6/6)
ADD(BE):+1.50DSPH(N6)
ADVICE: *Glass Rx.*Detail
dilated Funduscopy*Review
after 1yr/SOS

Printed By : Benazir Begaum

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COMPLETE HAEMOGRAM PROFILE

| Test Name | Result | Unit | Level | Range |
|--|-------------------------------|----------------|-------|------------|
| Hemoglobin | 14.8 | g/dl | ● | 13.0-17.0 |
| RBC COUNT | 5.26 | Million/ ul | ● | 4.5-5.5 |
| Hematocrit - Hct: | 45.1 | % | ● | 41-53 |
| MCV | 85.6 | fl | ● | 83-101 |
| MCH | 28.2 | pg | ● | 27-32 |
| MCHC | 32.9 | % | ● | 31.5-34.5 |
| RDW | 14.2 * | % | ● | 11.8-14.0 |
| WBC Count | 6500 | /cu mm | ● | 4000-10000 |
| Platelet Count | 1.56 | lacs/cu mm | ● | 1.5-4.0 |
| Neutrophils | 64 | % | ● | 40-80 |
| Lymphocytes | 30 | % | ● | 20-40 |
| Monocytes | 03 | % | ● | 2-10 |
| Eosinophils | 03 | % | ● | 01-06 |
| Basophils | 00 | % | ● | 0-0 |
| RBC: | Normocytic Normochromic cells | | | |
| Platelets: | Adequate on the smear | | | |
| ERYTHROCYTE SEDIMENTATION RATE (ESR) | 02 | mm/1st hr | ● | 0-15 |

URINE ROUTINE AND MICROSCOPY

| Test Name | Result | Unit | Level | Range |
|------------------|-----------------|------|-------|-------|
| Volume: | 20 | mL | | |
| Colour: | Pale Straw | | | |
| Appearance | Slightly Turbid | | | |
| Specific Gravity | 1.010 | | | |
| pH: | 6.0 | | | |
| Albumin: | Not Detected | | | |
| Glucose | Not Detected | | | |
| Ketone: | Not Detected | | | |
| Bile Pigments | Not Detected | | | |
| RBC | Nil | /hpf | | |
| Pus Cells | Occasional/hpf | | | |
| Epithelial Cells | Occasional/hpf | | | |

Casts: Not Found
 Crystals: Not Found
 Note: Biological reference interval
 RBC- 0-2/hpf
 Pus Cell - 0-5/hpf.

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

| Test Name | Result | Unit | Level | Range |
|------------------------------------|--------|------|-------|-------|
| URINE GLUCOSE(POST PRANDIAL) | Nil | | | |

URINE SUGAR- FASTING(QUALITATIVE)

| Test Name | Result | Unit | Level | Range |
|---------------------------|--------|------|-------|-------|
| URINE GLUCOSE(FASTING) | Nil | | | |

BLOOD GROUPING AND TYPING (ABO AND RH)

| Test Name | Result | Unit | Level | Range |
|--------------|----------|------|-------|-------|
| ABO Group: | B | | | |
| Rh (D) Type: | POSITIVE | | | |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|------------------------------------|--------|-------|-------|---------|
| ALT(SGPT) - SERUM | 31 | U/L | ● | 10-40 |
| ALBUMIN - SERUM | 4.7 | g/dL | ● | 3.5-5.1 |
| ALKALINE PHOSPHATASE - SERUM | 68 | U/L | ● | 53-128 |
| AST (SGOT) - SERUM | 26 | U/L | ● | 10-42 |
| BILIRUBIN TOTAL - SERUM | 1.1 * | mg/dL | ● | 0.0-1.0 |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|------------------------|--------|-------|-------|-------|
| CHOLESTEROL - SERUM | 122 | mg/dL | ● | 0-200 |

CREATININE - SERUM

| Test Name | Result | Unit | Level | Range |
|--------------------|--------|-------|-------|---------|
| CREATININE - SERUM | 0.9 | mg/dL | ● | 0.9-1.3 |

● Within Normal Range ● Borderline High/Low ● Out of Range

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LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---|--------|------|-------|-------|
| GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM | 18 | U/L | ● | 7-64 |

GLUCOSE - PLASMA (FASTING)

| Test Name | Result | Unit | Level | Range |
|----------------------------|--------|-------|-------|-------|
| GLUCOSE - PLASMA (FASTING) | 131 * | mg/dL | ● | 70-99 |

GLUCOSE - PLASMA (POST PRANDIAL)

| Test Name | Result | Unit | Level | Range |
|----------------------------------|--------|-------|-------|--------|
| GLUCOSE - PLASMA (POST PRANDIAL) | 129 | mg/dL | ● | 70-140 |

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

| Test Name | Result | Unit | Level | Range |
|--|--------|------|-------|--|
| HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD | 7.2 * | % | ● | Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7% |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---------------------------------------|--------|-------|-------|---------------|
| HDL CHOLESTEROL - SERUM | 36 | mg/dL | ● | 30-70 |
| LDL CHOLESTEROL -SERUM | 74 | mg/dL | ● | Optimal: <100 |
| VLDL CHOLESTEROL - SERUM (Calculated) | 12 | mg/dL | ● | 0-35 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|--------------------------------|--------|------|-------|---------|
| PROTEIN TOTAL - SERUM | 7.5 | g/dL | ● | 6.4-8.3 |
| GLOBULIN: (CALCULATED) - SERUM | 2.8 | g/dL | ● | 1.8-3.6 |

THYROID PROFILE - I(T3,T4 AND TSH)

| Test Name | Result | Unit | Level | Range |
|-------------------------------------|--------|-------|-------|----------|
| TOTAL T3: TRI IODOTHYRONINE - SERUM | 1.0 | ng/ml | ● | 0.8-2 |
| TOTAL T4: THYROXINE - SERUM | 10.4 | µg/dL | ● | 5.1-14.1 |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|-----------------------|--------|-------|-------|-------|
| TRIGLYCERIDES - SERUM | 117 | mg/dL | ● | 0-150 |

THYROID PROFILE - I(T3,T4 AND TSH)

| Test Name | Result | Unit | Level | Range |
|--|--------|--------|-------|-------------|
| TSH: THYROID STIMULATING HORMONE - SERUM | 2.9 | µIU/mL | ● | 0.270-4.200 |

URIC ACID - SERUM

| Test Name | Result | Unit | Level | Range |
|-------------------|--------|-------|-------|---------|
| URIC ACID - SERUM | 5.5 | mg/dL | ● | 3.5-7.2 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---------------------------------------|--------|-------|-------|---------|
| BILIRUBIN CONJUGATED (DIRECT) - SERUM | 0.2 | mg/dL | ● | 0.0-0.2 |

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM

| Test Name | Result | Unit | Level | Range |
|--|--------|-------|-------|-----------|
| PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM | 0.92 | ng/mL | ● | 0.00-6.50 |

BUN (BLOOD UREA NITROGEN)

| Test Name | Result | Unit | Level | Range |
|---------------------------|--------|-------|-------|----------|
| BUN (BLOOD UREA NITROGEN) | 8.1 | mg/dL | ● | 7.0-18.0 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|-------------|--------|------|-------|---------|
| A/G - RATIO | 1.7 | | ● | 1.0-2.0 |

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ECG

SINUS RHYTHM.
RIGHT AXIS DEVIATION.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE
MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Grade-I fatty liver.

X-RAY CHEST PA

Normal study.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT
PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

 Within Normal Range  Borderline High/Low  Out of Range

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Printed By :

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.