

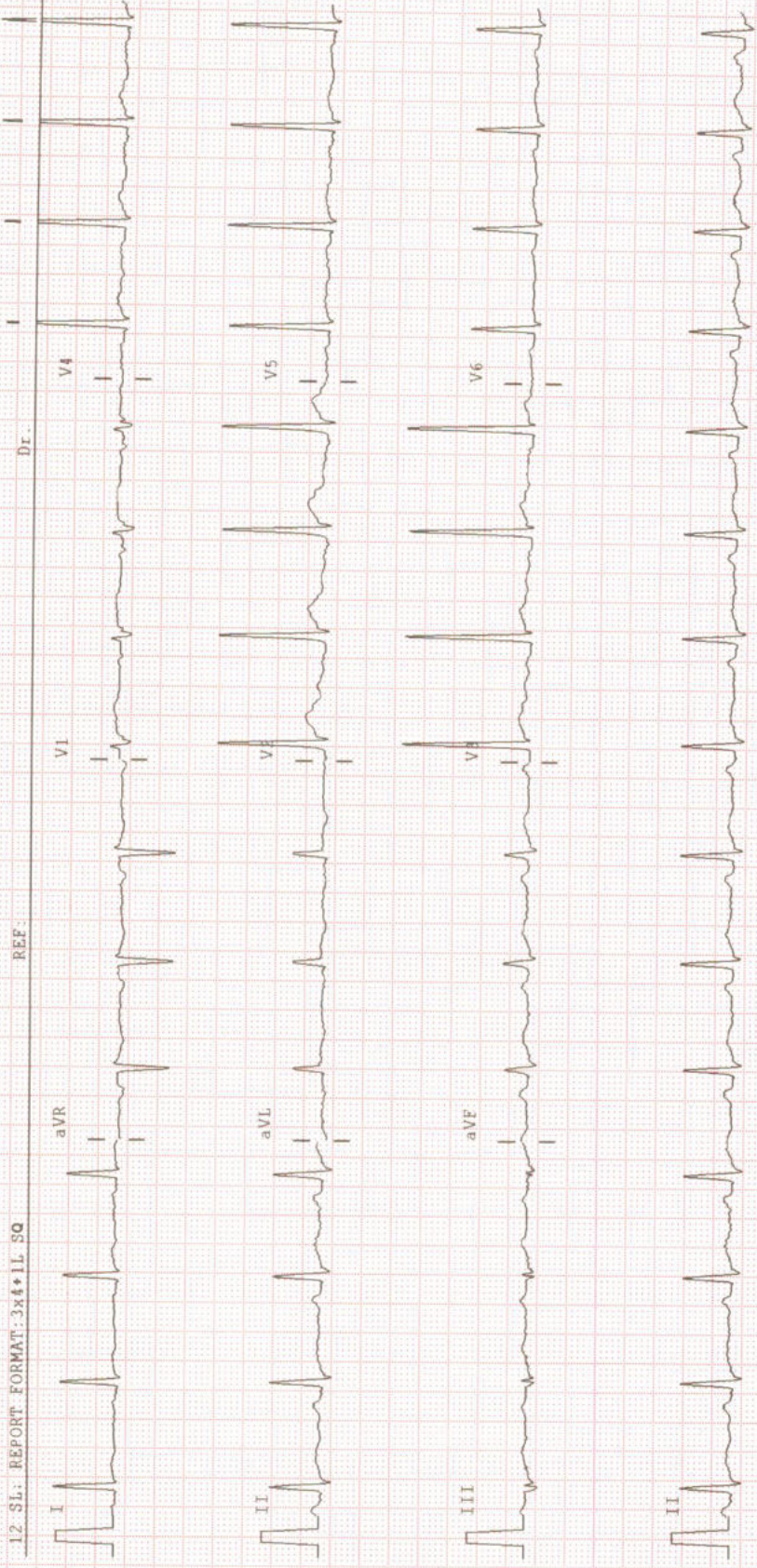
ID: 147
CASE:
AGE: 47 Y M D
Cms Kg

RATE : 87 bpm SINUS RHYTHM
R-R : 689 ms
P-R : 138 ms
QRS : 90 ms
QT : 356 ms
QTc : 403 ms

--AXIS--
P : 69°
QRS : 21°
T : 70°

NORMAL ECG

12 SL: REPORT FORMAT: 3x4+1L SQ REF



507 / MANORANJAN HOTA / 47 Yrs / M / 167 Cms / 76 Kg Date: 11-Mar-2023 Refd By : MEDIWHEEL Examined By :



Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	%THR	BP	RPP	PVC	Comments
Supine	00:06	0:06	00.0	00.0	01.0	096	55 %	114/80	000	00	
Standing	00:25	0:19	00.0	00.0	01.0	101	58 %	116/82	000	00	
HV	00:43	0:18	00.0	00.0	01.0	103	60 %	118/84	000	00	
ExStart	01:04	0:21	00.0	00.0	01.0	093	54 %	114/86	000	00	
BRUCE Stage 1	04:04	3:00	01.7	10.0	04.7	122	71 %	119/86	145	00	
BRUCE Stage 2	07:04	3:00	02.5	12.0	07.1	135	78 %	121/88	163	00	
PeakEx	08:05	1:01	03.4	14.0	08.2	149	86 %	121/88	180	00	
Recovery	08:35	0:30	01.1	00.0	04.1	143	83 %	121/88	173	00	
Recovery	09:05	1:00	01.1	00.0	01.1	134	77 %	120/86	160	00	
Recovery	09:16	1:12	00.0	00.0	01.0	134	77 %	120/86	160	00	

FINDINGS :

- Exercise Time : 07:01
- Max HR Attained : 149 bpm 86% of Target 173
- Max BP Attained : 121/88
- Max WorkLoad Attained : 8.2 Fair response to induced stress
- Test End Reasons : Test Complete, Test Complete

REPORT :

ZENA HEALTHCARE

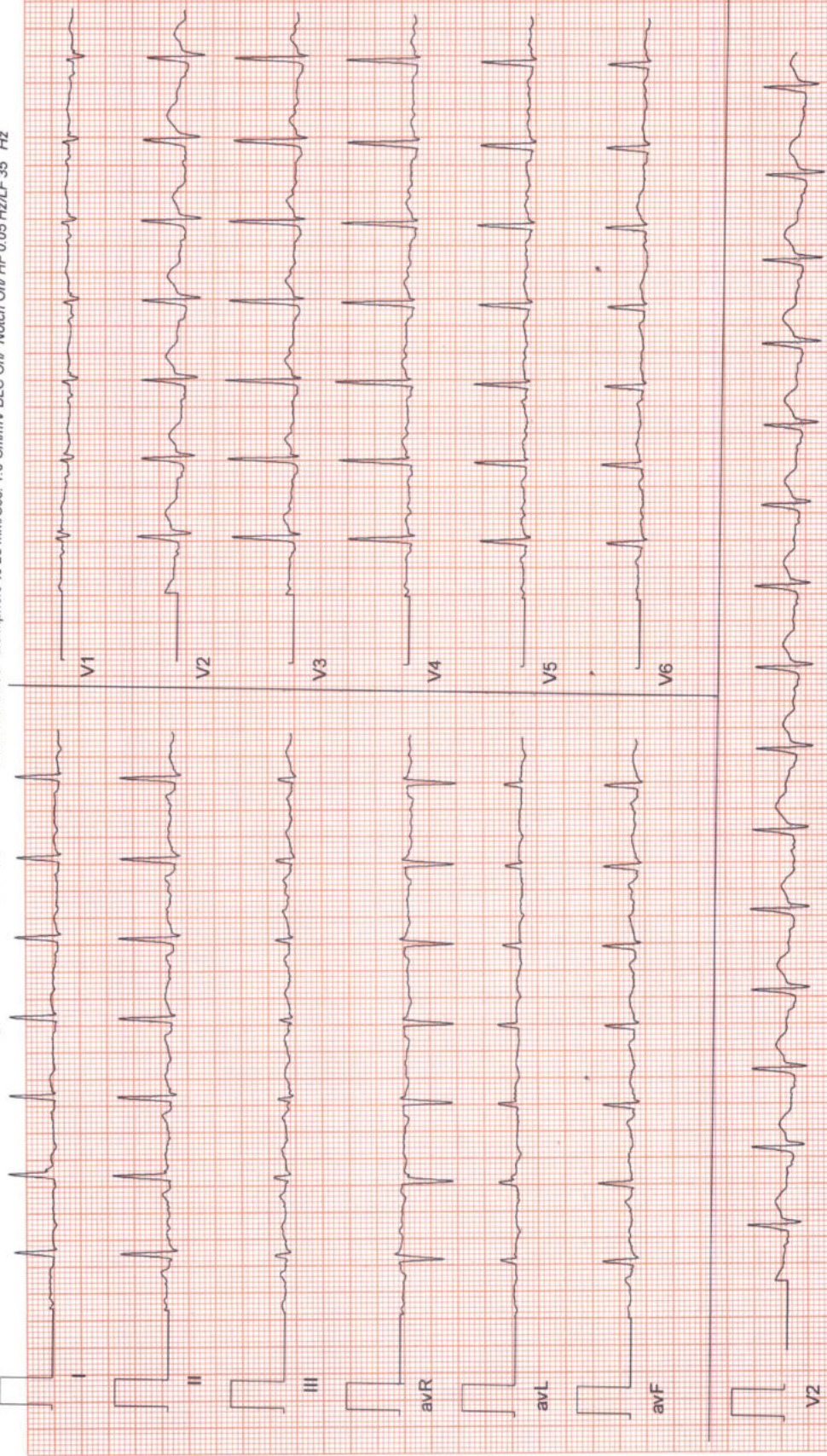
SAHIDNAGAR, BHUBANESWAR

507 / MANORANJAN HOTA / 47 Yrs / Male / 167 Cm / 76 Kg

6 x 2 + Rhythm
BRUCE:Supine(0:08)



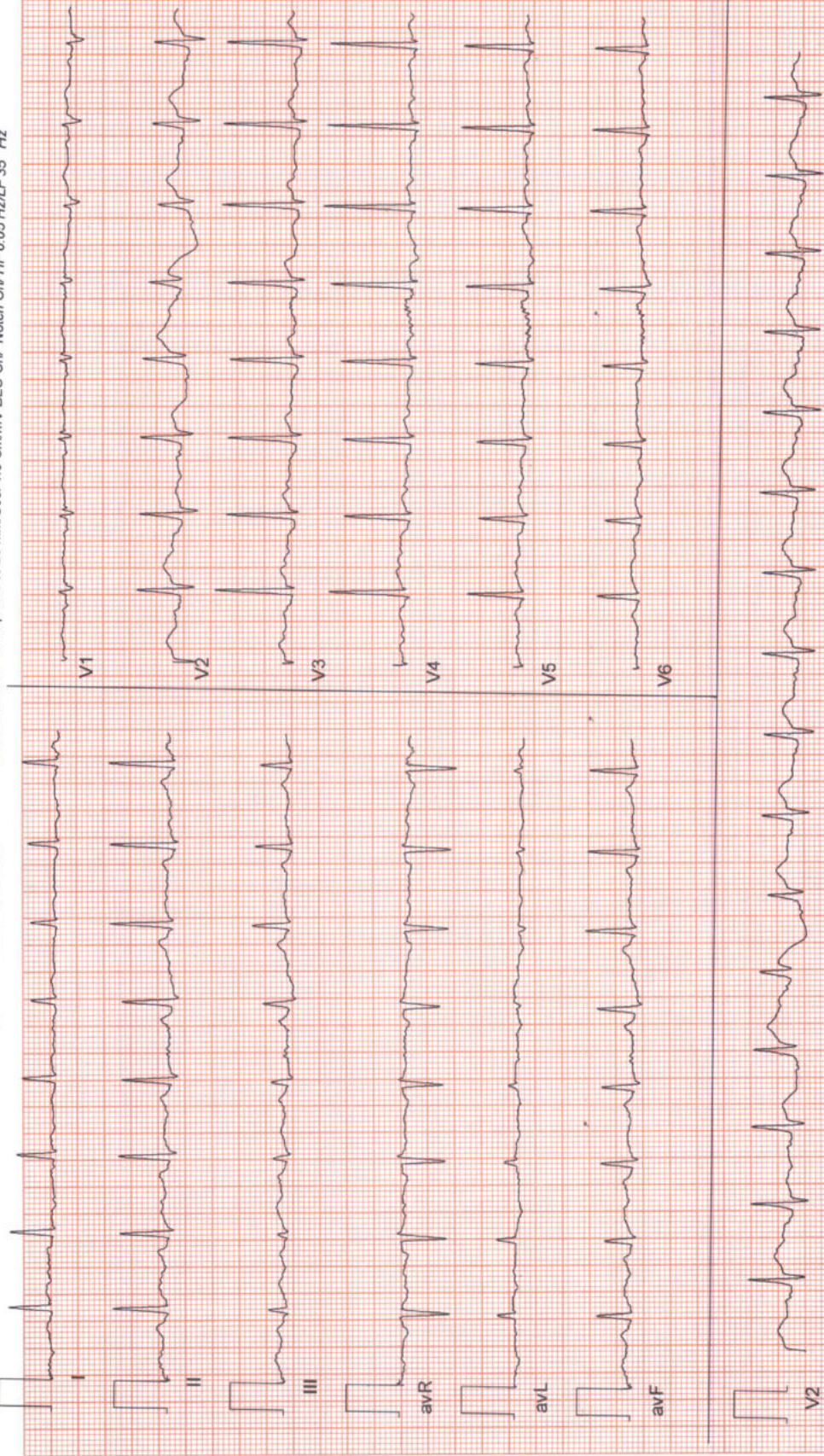
Date: 11 - 03 - 2023 11:43:18 AM METs : 1.0 HR : 96 Target HR : 55% of 173 BP : 00
ExTime : 00:00 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





Date: 11-03-2023 11:43:18 AM METs: 1.0 HR: 101 Target HR: 58% of 173 BP: 00

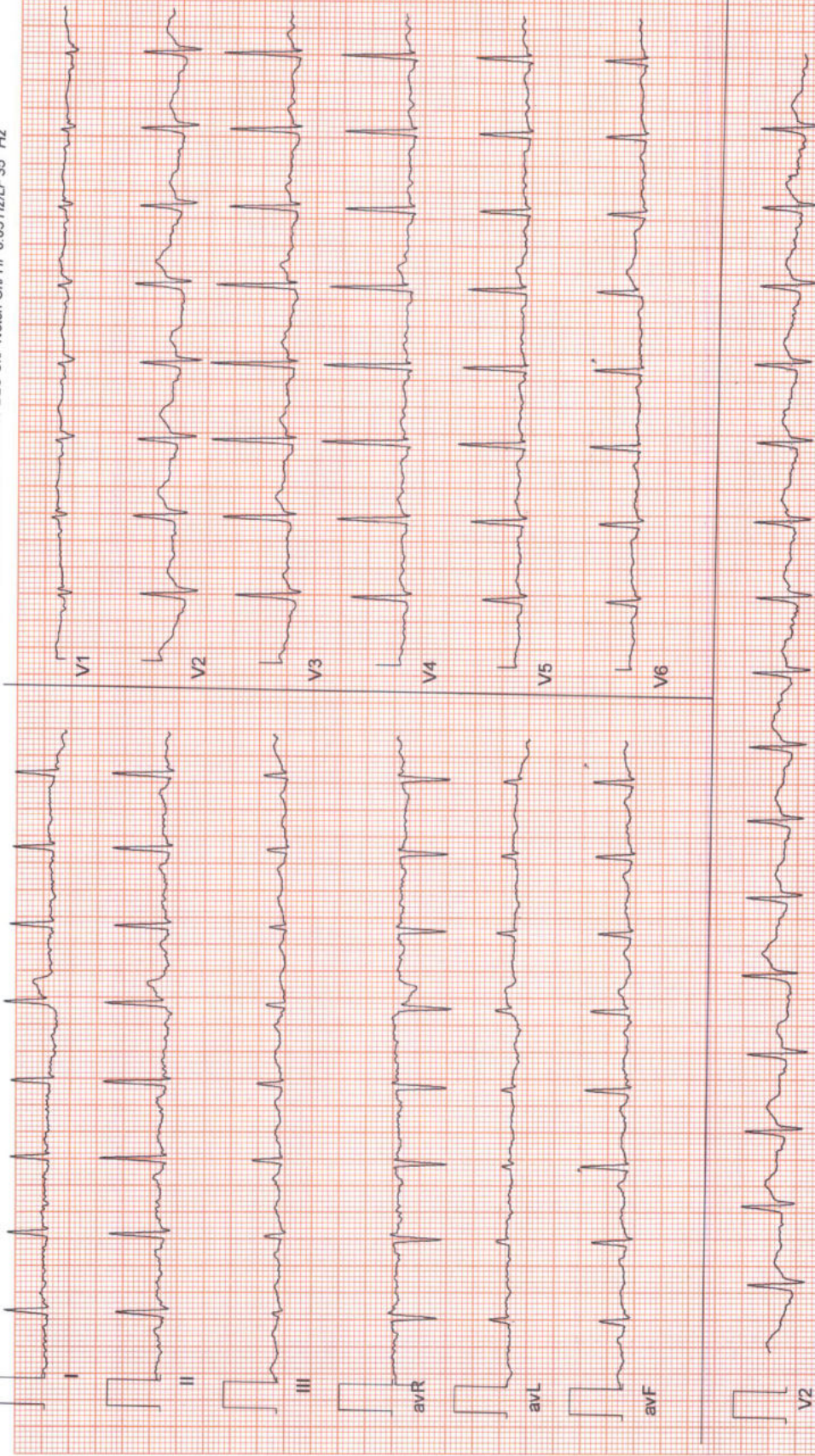
ExTime: 00:00 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





Date: 11 - 03 - 2023 11:43:18 AM METs : 1.0 HR : 103 Target HR : 60% of 173 BP : 0/0

ExTime : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

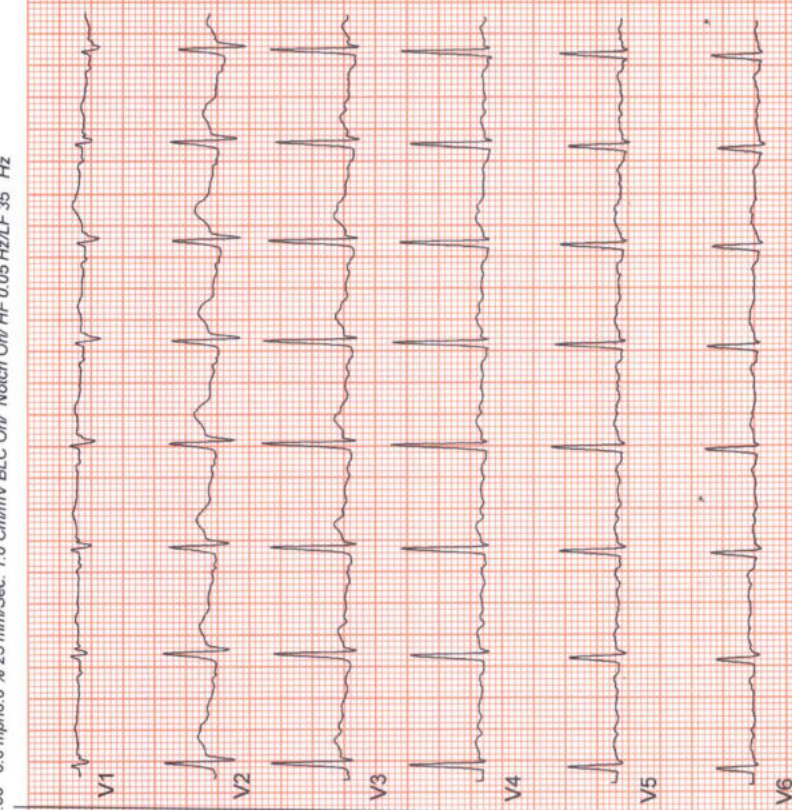
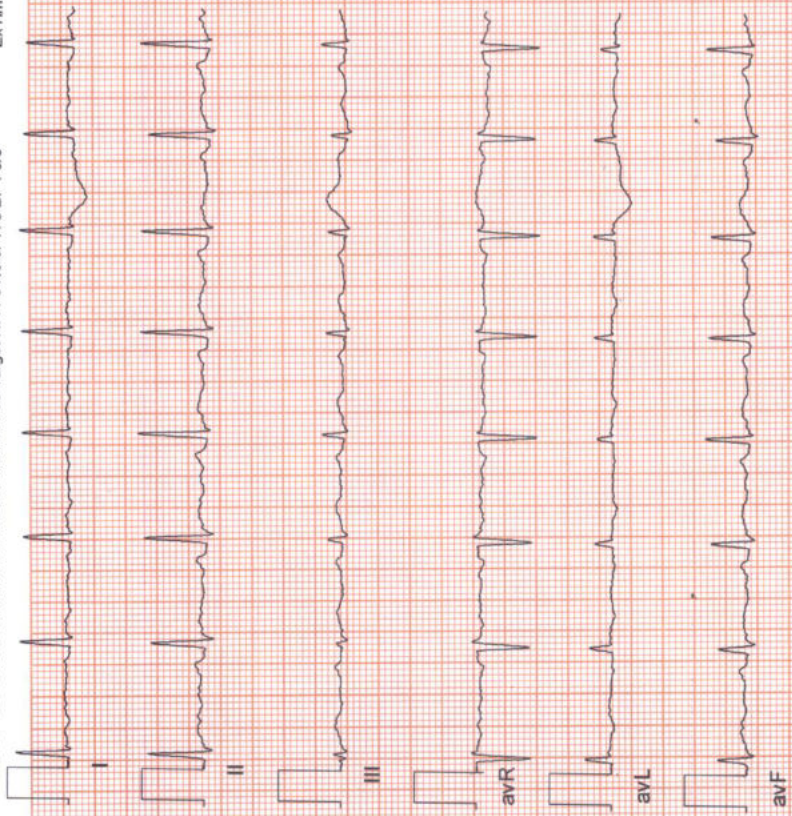
507 / MANORANJAN HOTA / 47 Yrs / Male / 167 Cm / 76 Kg

6 x 2 + Rhythm
ExStart



Date: 11 - 03 - 2023 11:43:18 AM METs : 1.0 HR : 93 Target HR : 54% of 173 BP : 00

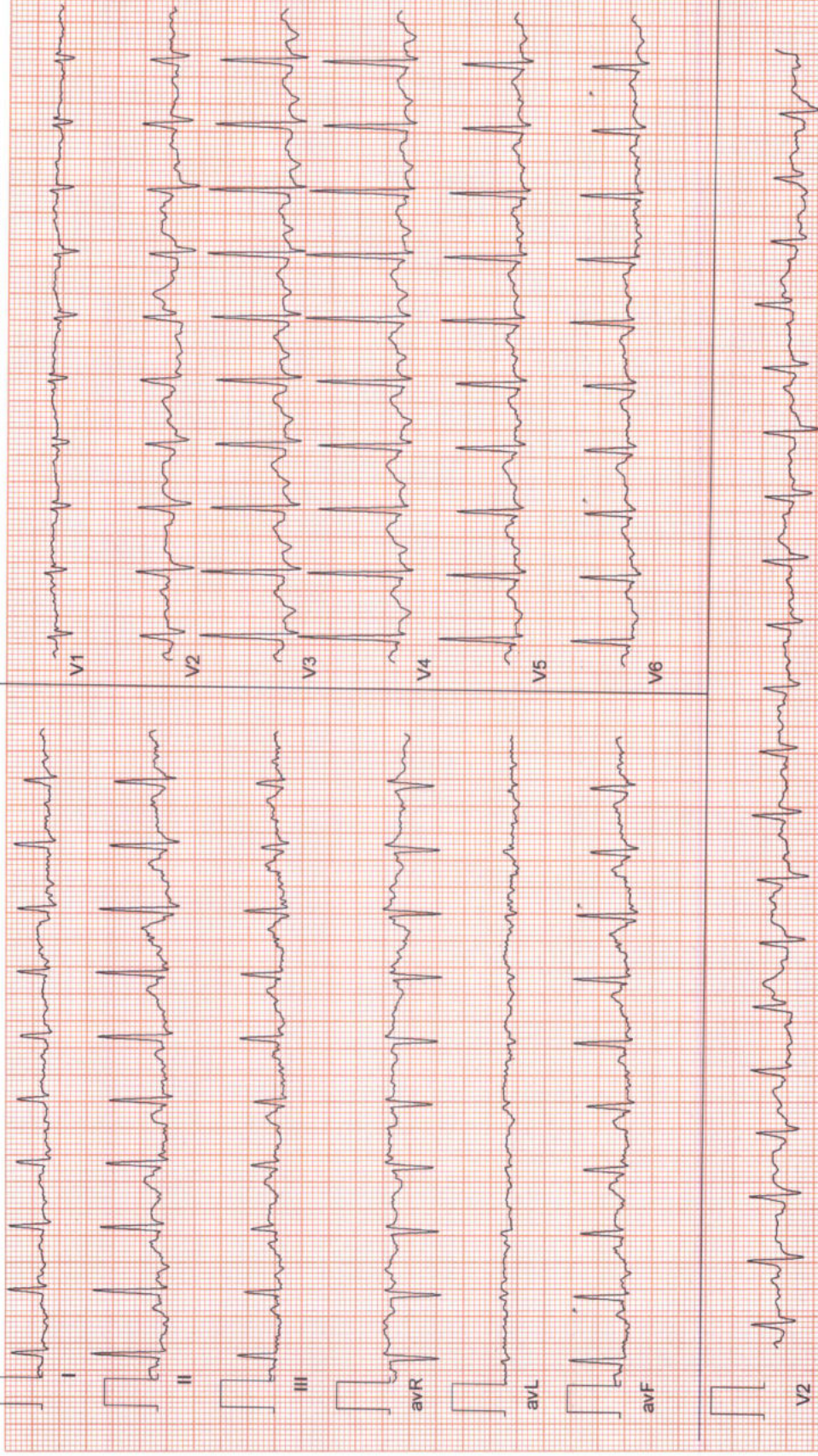
ExTime : 00:00 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ HF 0.05 Hz/LF 35 Hz





Date: 11 - 03 - 2023 11:43:18 AM METs: 4.7 HR: 122 Target HR: 71% of 173 BP: 119/86

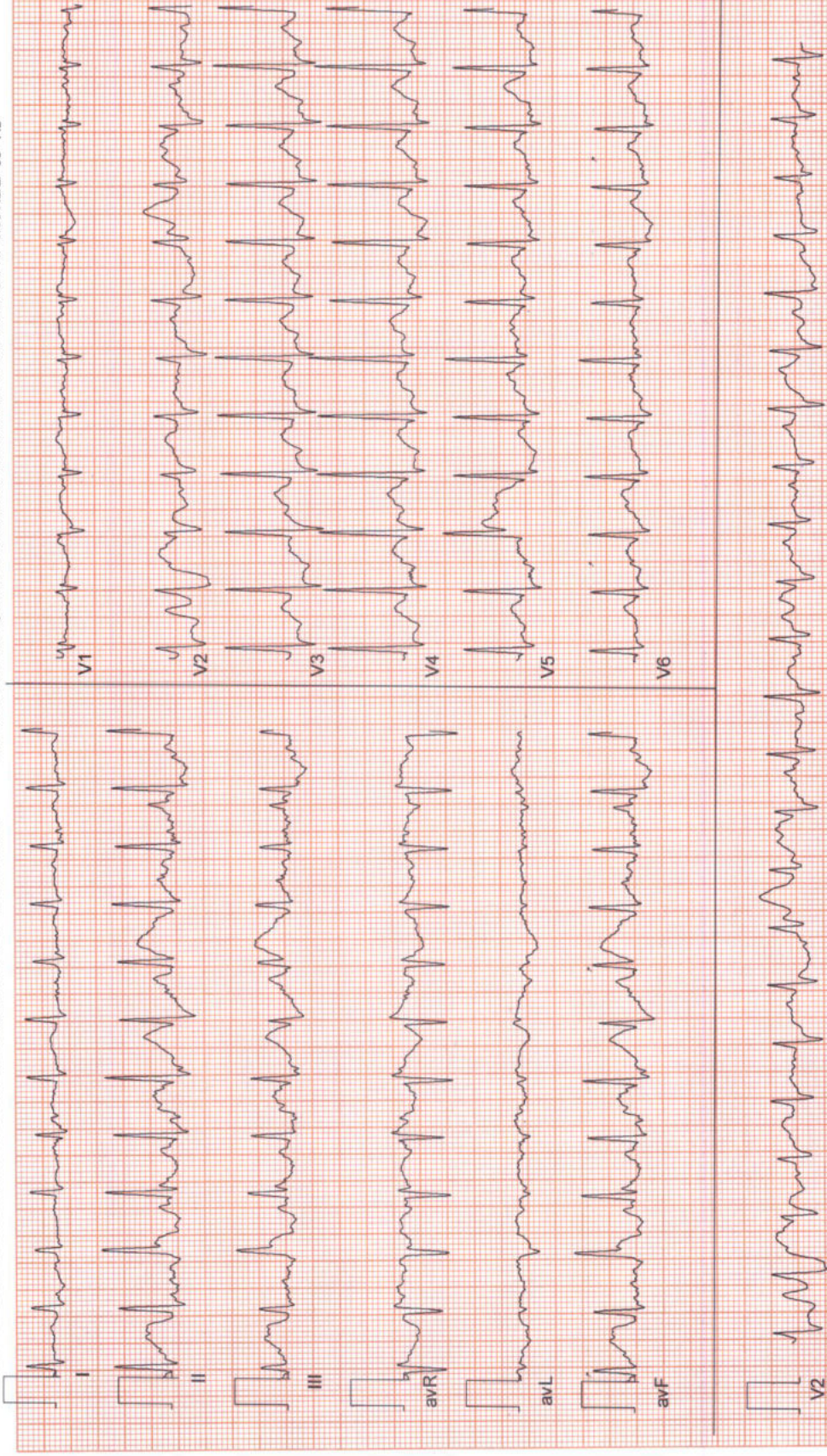
ExTime: 03:00 1.7 mph 10.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz LF 35 Hz





Date: 11 - 03 - 2023 11:43:18 AM METs : 7.1 HR : 135 Target HR : 78% of 173 BP : 121/88

Ex Time : 06:00 2.5 mph 12.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

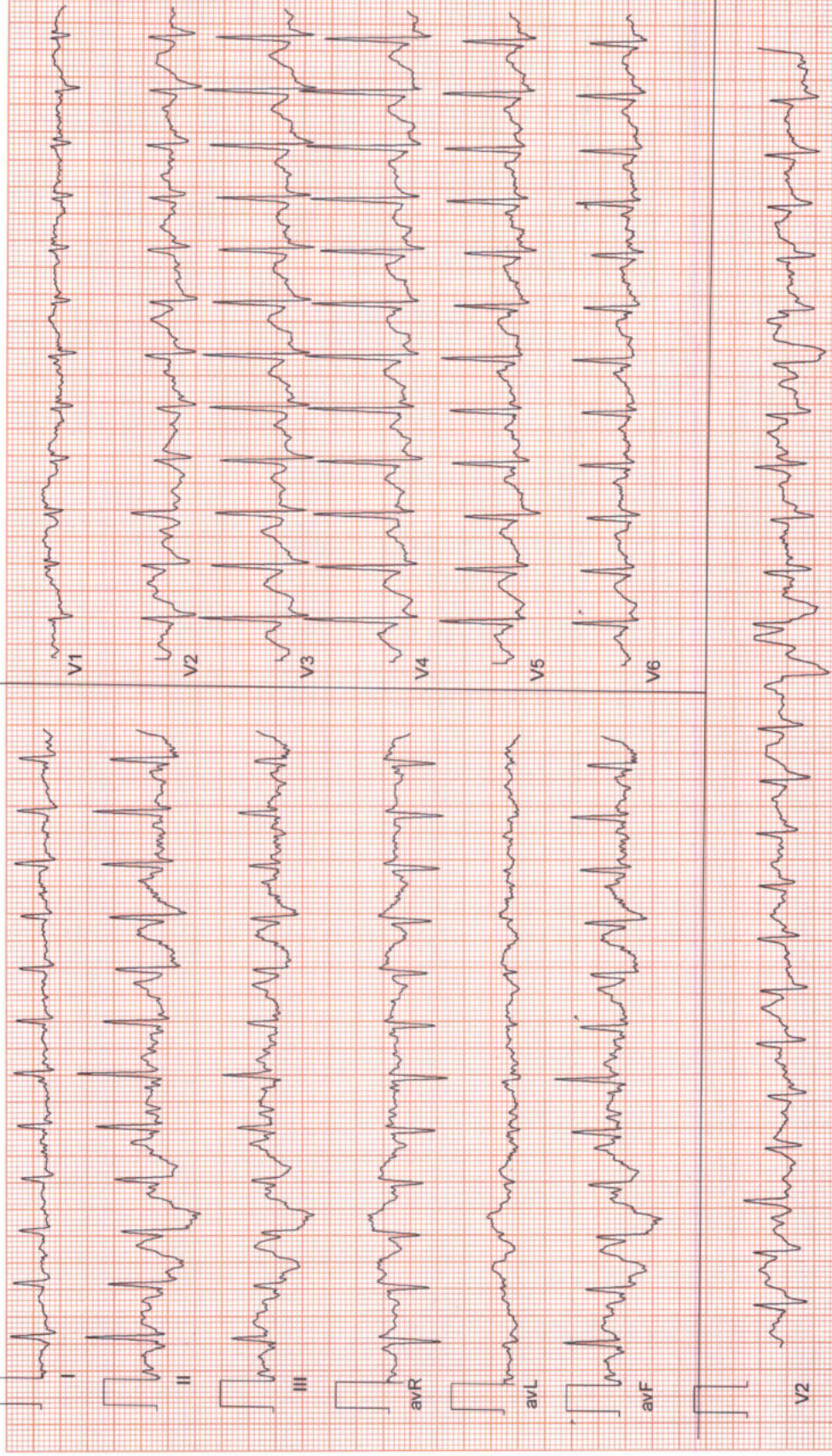
507 / MANORANJAN HOTA / 47 Yrs / Male / 167 Cm / 76 Kg

**6 x 2 + Rhythm
PeakEX**



Date: 11 - 03 - 2023 11:43:18 AM METs : 8.2 HR : 149 Target HR : 86% of 173 BP : 121/88

ExTime : 07:02 3.4 mph 14.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

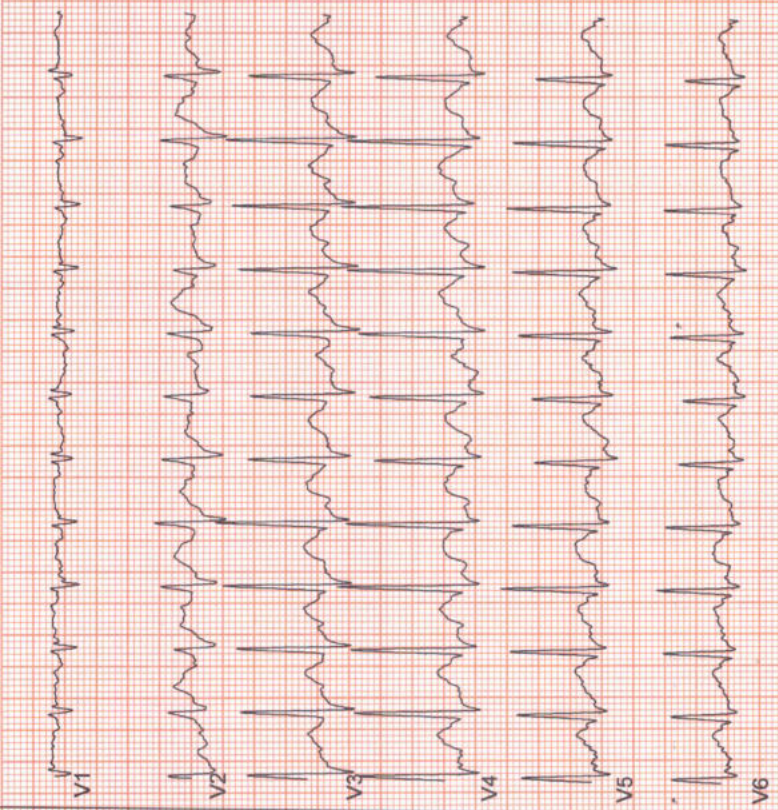
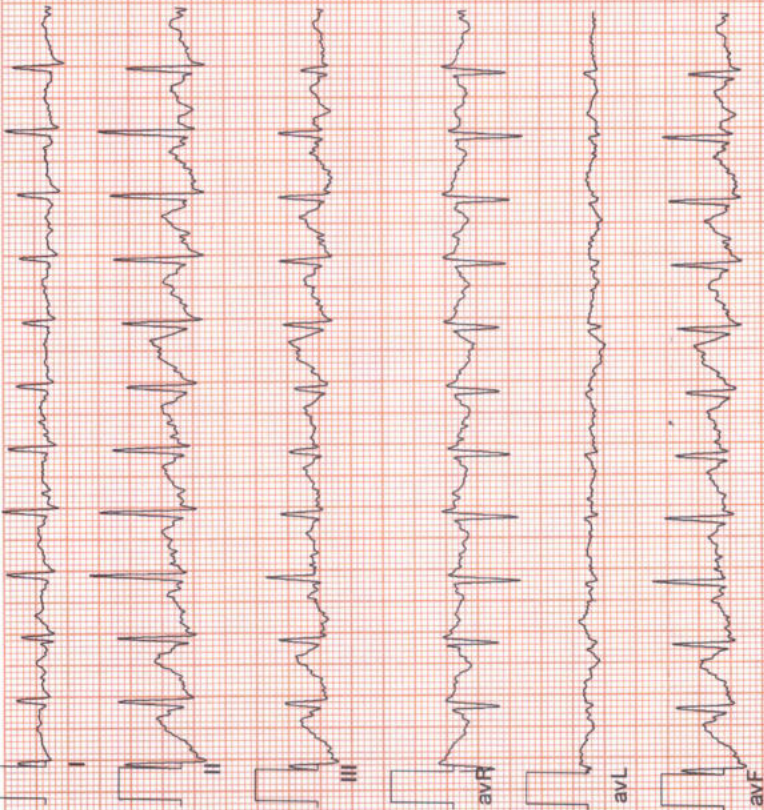
507 / MANORANJAN HOTA / 47 Yrs / Male / 167 Cm / 76 Kg

**6 x 2 + Rhythm
Recovery(0:30)**



Date: 11 - 03 - 2023 11:43:18 AM METs : 4.1 HR : 143 Target HR : 83% of 173 BP : 121/88

ExTime : 07:01 1.1 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

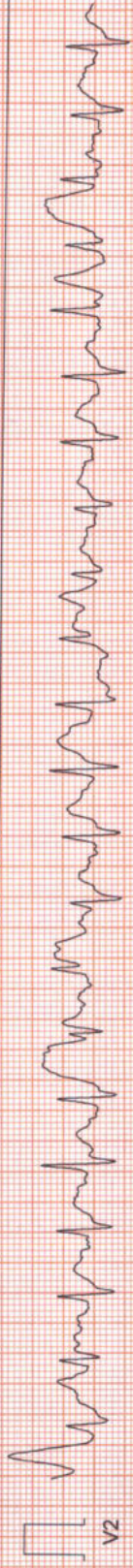
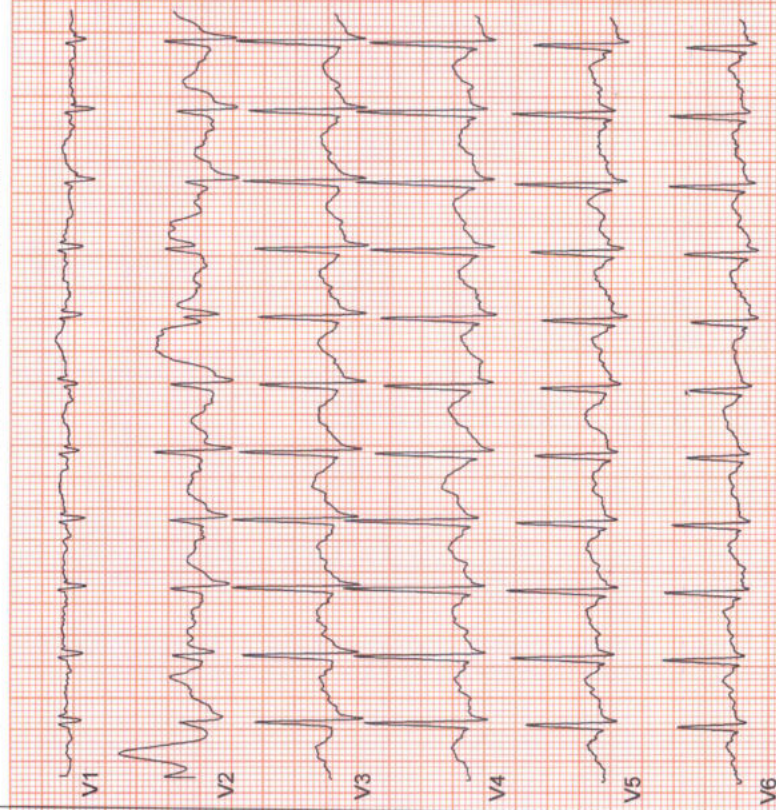
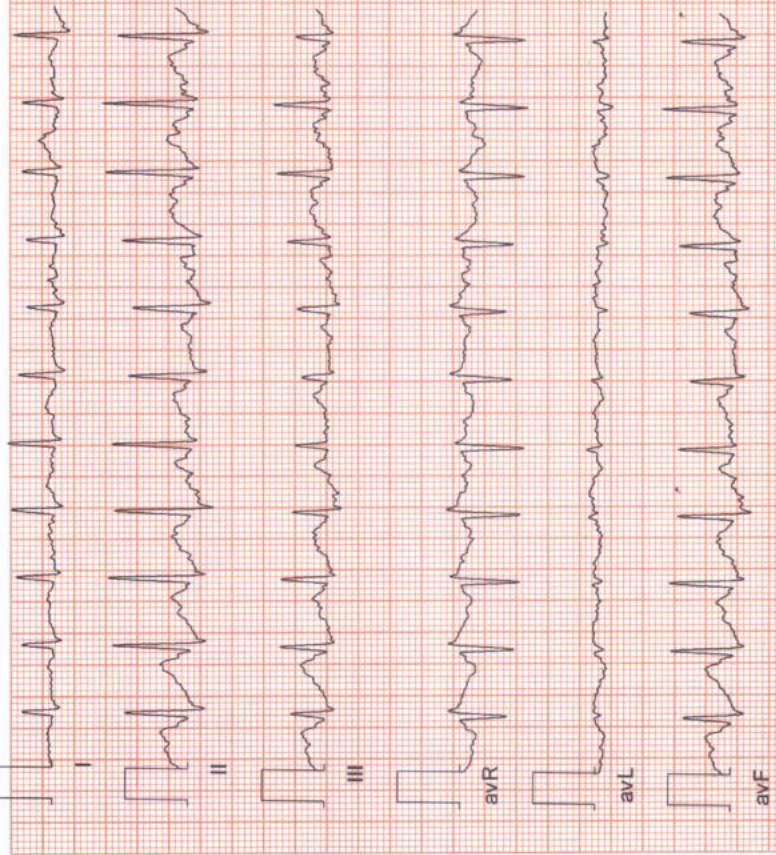
507 / MANORANJAN HOTA / 47 Yrs / Male / 167 Cm / 76 Kg

**6 x 2 + Rhythm
Recovery(1:00)**



Date: 11 - 03 - 2023 11:43:18 AM METs : 1.1 HR : 134 Target HR : 77% of 173 BP : 120/86

ExTime : 07:01 1.1 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ HF 0.05 Hz/LF 35 Hz



ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

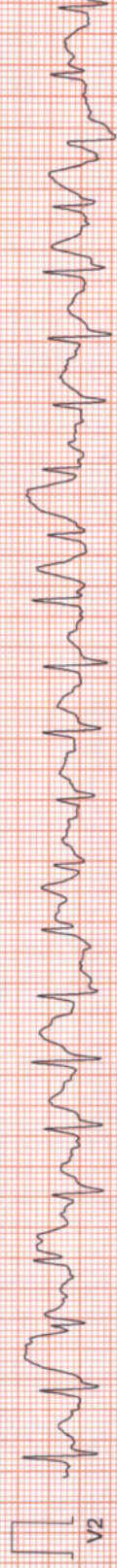
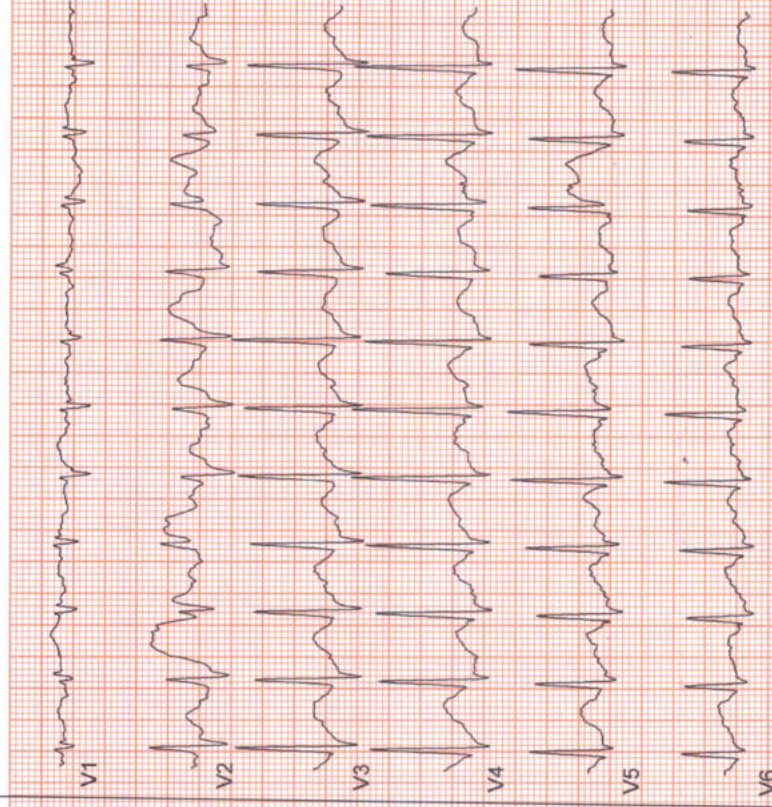
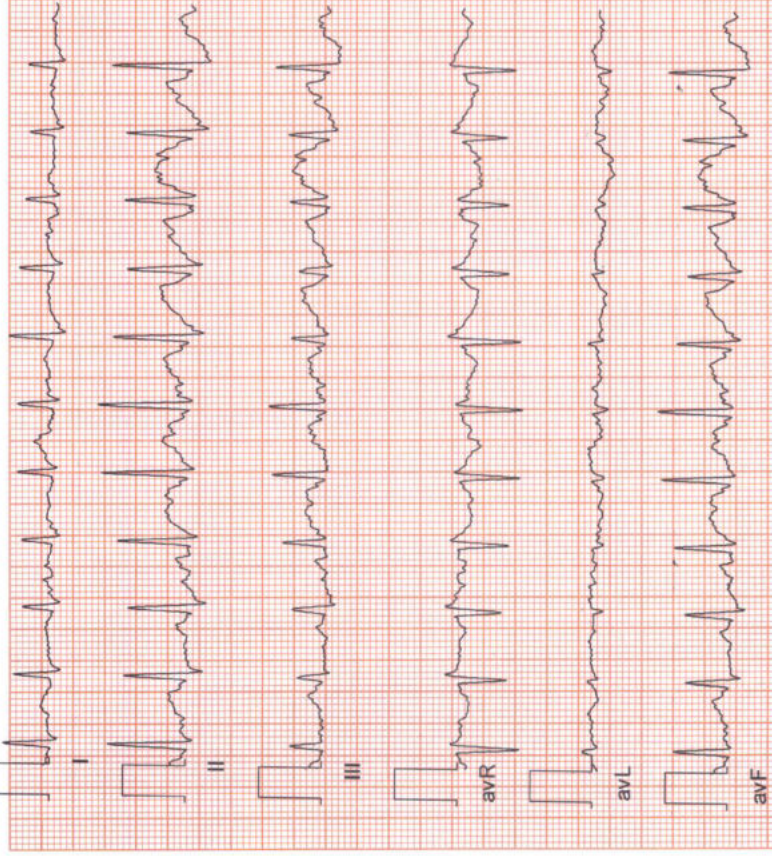
507 / MANORANJAN HOTA / 47 Yrs / Male / 167 Cm / 76 Kg

**6 x 2 + Rhythm
Recovery(1:12)**



Date: 11 - 03 - 2023 11:43:18 AM METs : 1.0 HR : 134 Target HR : 77% of 173 BP : 120/86

ExTime : 07:01 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





MEDICAL CERTIFICATE

NAME

Date :- 11.03.2023

Mr.MANORANJAN HOTA

MEDICAL INFORMATION

Height:- 167cm	Age:-47yrs
Weight:- 76kg	Sex:- MALE
Blood Pressure:- 117/84mmhg	Pulse:-91/min

Body Mass Index(BMI)

27.3

Physical Fitness certificate

This is to certify that Mr.MANORANJAN HOTA, aged 47yrs, reports is Normal and I have found him FIT.

Signature 

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Website : www.zenacare.in

Wishing Good Health



Patient Name : MR. MANORANJAN HOTA

Age / Gender : 47 years / Male

Patient ID : 15480

Referral : MEDI WHEEL

Collection Time : 11/03/2023, 01:54 PM

Reporting Time : 11/03/2023, 07:37 PM

Sample ID :



17813

Test Description	Value(s)	Reference Range	Unit
Thyroid Profile (T3, T4, TSH)			
T3-Total Method : CLIA	0.89	0.87 - 2.73	ng/dL
T4-Total Method : CLIA	6.81	6.09 - 12.23	ug/dL
TSH-Ultrasensitive Method : CLIA	0.64	0.45 - 4.50	uIU/mL

Interpretation

TSH	T3	T4	Suggested Interpretation for the Thyroid Function Tests Pattern
Raised	Within range	Within range	Raised Within Range Within Range .Isolated High TSH especially in the range of 4.7 to 15 mIU/ml is commonly associated with Physiological & Biological TSH Variability. Subclinical Autoimmune Hypothyroidism. Intermittent L4 therapy for hypothyroidism .Recovery phase after Non-Thyroidal illness"
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis Post thyroidectomy, Post radioiodine Hypothyroid phase of transient thyroiditis"
Raised or within range	Raised	Raised or within range	Interfering antibodies to thyroid hormones (anti-TPO antibodies) Intermittent L4 therapy or T4 overdose •Drug interference- Amiodarone, Heparin, Beta blockers, steroids, anti-epileptics.
Decreased	Raised or within range	Raised or within range	Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & Range Range associated with Non-Thyroidal illness .Subclinical Hyperthyroidism .Thyroxine ingestion"
Decreased	Decreased	Decreased	Central Hypothyroidism .Non-Thyroidal illness .Recent treatment for Hyperthyroidism (TSH remains suppressed)"
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease). Multinodular goitre, Toxic nodule •Transient thyroiditis: Postpartum, Silent (lymphocytic), Postviral (granulomatous, subacute, DeQuervain's), Gestational thyrotoxicosis with hyperemesis gravidarum"
Decreased Within Rang	Raised	Within range	T3 toxicosis •Non-Thyroidal illness
Within range	Decreased	Within range	Isolated Low T3 -often seen in elderly & associated Non-Thyroidal illness In elderly the drop in T3 level can be upto 25%.

END OF REPORT

Lab technician

Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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ZENA HEALTHCARE SERVICES
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Patient Name : MR. MANORANJAN HOTA

Age / Gender : 47 years / Male

Patient ID : 15480

Referral : MEDI WHEEL

Collection Time : 11/03/2023, 01:54 PM

Reporting Time : 11/03/2023, 07:37 PM

Sample ID :



17813

Test Description	Value(s)	Reference Range	Unit
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Urine(R/M) Routine Examination of Urine

General Examination

Colour	PALE YELLOW	Pale Yellow	
Transparency (Appearance)	CLEAR	Clear	
Deposit	Absent	Absent	
Reaction (pH)	Acidic 6.0	4.5 - 7.0	
Specific gravity	1.015	1.005 - 1.030	

Chemical Examination

Urine Protein (Albumin)	Absent	Absent	
Urine Glucose (Sugar)	Absent	Absent	

Microscopic Examination

Red blood cells	Absent	0-4	/hpf
Pus cells (WBCs)	2 - 4 /HPF	0-9	/hpf
Epithelial cells	2 - 3 /HPF	0-4	/hpf
Crystals	Absent	Absent	
Cast	Absent	Absent	
Amorphous deposits	Absent	Absent	
Bacteria	Absent	Absent	
Trichomonas Vaginalis	Absent	Absent	
Yeast cells	Absent	Absent	

END OF REPORT

Lab technician

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ZENA HEALTHCARE SERVICES
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Patient Name : MR. MANORANJAN HOTA

Age / Gender : 47 years / Male

Patient ID : 15480

Referral : MEDI WHEEL

Collection Time : 11/03/2023, 01:54 PM

Reporting Time : 11/03/2023, 07:40 PM

Sample ID :



17813

Test Description	Value(s)	Reference Range	Unit
<u>Glucose, Fasting (FBS)</u>			
Glucose fasting Method : Fluoride Plasma-F, Hexokinase	85.3	75 - 115	mg/dL
<u>Glucose, Post Prandial (PP)</u>			
Blood Glucose-Post Prandial Method : Hexokinase	112.3	70 - 140	mg/dL
<u>Uric acid, Serum</u>			
Uric Acid Method : Uricase, Colorimetric	3.45	3.4 - 7.0	mg/dL
<u>BUN, Serum</u>			
BUN-Blood Urea Nitroge Method : Serum, Urease	16.2	10 - 50	mg/dL
<u>Creatinine</u>			
Creatinine Method : Serum, Jaffe	0.67	0.60 - 1.30	mg/dL

END OF REPORT

Lab technician

Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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ZENA HEALTHCARE SERVICES
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Patient Name : MR. MANORANJAN HOTA

Age / Gender : 47 years / Male

Patient ID : 15480

Referral : MEDI WHEEL

Collection Time : 11/03/2023, 01:54 PM

Reporting Time : 11/03/2023, 07:40 PM

Sample ID :



17813

Test Description	Value(s)	Reference Range	Unit
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ESR, Erythrocyte Sedimentation Rate

ESR - Erythrocyte Sedimentation Rate	8	0 - 15	mm/hr
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Method : EDTA Whole Blood, Manual Westergren

Interpretation:

- It indicates presence and intensity of an inflammatory process. It does not diagnose a specific disease. Changes in the ESR are more significant than the abnormal results of a single test.
- It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis and polymyalgia rheumatica.
- It is also increased in pregnancy, multiple myeloma, menstruation, and hypothyroidism.

Blood Group ABO & Rh Typing, Blood

Blood Group (ABO typing)	"AB"
--------------------------	------

Method : Manual-Hemagglutination

RhD Factor (Rh Typing)	Positive
------------------------	----------

Method : Manual hemagglutination

END OF REPORT

Lab technician

Kundan
Dr.Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Page 1 of 1



Patient Name : MR. MANORANJAN HOTA

Age / Gender : 47 years / Male

Patient ID : 15480

Referral : MEDI WHEEL

Collection Time : 11/03/2023, 01:54 PM

Reporting Time : 11/03/2023, 07:38 PM

Sample ID :



17813

Test Description	Value(s)	Reference Range	Unit
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HbA1c, Glycosylated Hemoglobin

HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD	5.41		%
Method : (HPLC, NGSP certified)			
Estimated Average Glucose :	108.57	-	mg/dL

Interpretation

As per American Diabetes Association (ADA)	
Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Action suggested: > 8.0 Age < 19 years Goal of therapy: <7.5

Note:

1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled .
2. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

Comments

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126
7	154
8	183
9	212

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ZENA HEALTHCARE SERVICES
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Patient Name : MR. MANORANJAN HOTA

Age / Gender : 47 years / Male

Patient ID : 15480

Referral : MEDI WHEEL

Collection Time : 11/03/2023, 01:54 PM

Reporting Time : 11/03/2023, 07:38 PM

Sample ID :



17813

Test Description	Value(s)	Reference Range	Unit
10	240		
11	269		
12	298		

END OF REPORT

Lab technician

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ZENA HEALTHCARE SERVICES
(A Unit of Zena Enterprises)

Patient Name : MR. MANORANJAN HOTA

Age / Gender : 47 years / Male

Patient ID : 15480

Referral : MEDI WHEEL

Collection Time : 11/03/2023, 01:54 PM

Reporting Time : 11/03/2023, 07:39 PM

Sample ID :



17813

Test Description	Value(s)	Reference Range	Unit
Complete Blood Count			
Hemoglobin (Hb)	16.7	13.5 - 18.0	gm/dL
Erythrocyte (RBC) Count	4.89	4.7 - 6.0	mil/cu.mm
Packed Cell Volume (PCV)	42.1	42 - 52	%
Mean Cell Volume (MCV)	86.09	78 - 100	fL
Mean Cell Haemoglobin (MCH)	34.15	27 - 31	pg
Mean Corpustular Hb Conc. (MCHC)	39.67	32 - 36	g/dL
Red Cell Distribution Width (RDW)	12.3	11.5 - 14.0	%
Total Leucocytes (WBC) Count	9100	4000-10000	cell/cu.mm
Neutrophils	64	40 - 80	%
Lymphocytes	28	20 - 40	%
Monocytes	02	2 - 10	%
Eosinophils	06	1 - 6	%
Basophils	00	1-2	%
Platelet Count	278	150 - 450	10 ³ /ul
Mean Platelet Volume (MPV)	9.2	7.2 - 11.7	fL
PCT	0.26	0.2 - 0.5	%
PDW	14.7	9.0 - 17.0	%

END OF REPORT

Lab technician

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Wishing Good Health

Page 1 of 1



ZENA HEALTHCARE SERVICES
(A Unit of Zena Enterprises)

Patient Name : MR. MANORANJAN HOTA
Age / Gender : 47 years / Male
Patient ID : 15480

Referral : MEDI WHEEL
Collection Time : 11/03/2023, 01:54 PM
Reporting Time : 11/03/2023, 07:40 PM
Sample ID : 
17813

Test Description	Value(s)	Reference Range	Unit
<u>LFT, Liver Function Test</u>			
Bilirubin - Total Method : Serum, Jendrassik Grof	0.56	0.00 - 1.00	mg/dL
Bilirubin - Direct Method : Serum, Diazotization	0.14	0.00 - 0.20	mg/dL
Bilirubin - Indirect Method : Serum, Calculated	0.42	0.10 - 0.80	mg/dL
SGOT Method : Serum, UV with P5P, IFCC 37 degree	23.1	8 - 33	U/L
SGPT Method : Serum, UV with P5P, IFCC 37 degree	30.8	3 - 35	U/L
GGT-Gamma Glutamyl Transpeptidase Method : Serum, G-glutamyl-carboxy-nitroanilide	8.25	< 55	U/L
Alkaline Phosphatase Method : PNPP-AMP Buffer/Kinetic	102.3	53-128	U/L
Total Protein Method : Serum, Biuret, reagent blank end point	6.67	6.60 - 8.70	g/dL
Albumin Method : Serum, Bromocresol green	3.57	3.50 - 5.30	g/dL
Globulin Method : Serum, EIA	3.10	2.00-3.50	g/dL
A/G Ratio Method : Serum, EIA	1.15	1.2 - 2.2	

END OF REPORT


Lab technician


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Wishing Good Health



ZENA HEALTHCARE SERVICES
(A Unit of Zena Enterprises)

Patient Name : MR. MANORANJAN HOTA

Age / Gender : 47 years / Male

Patient ID : 15480

Referral : MEDI WHEEL

Collection Time : 11/03/2023, 01:54 PM

Reporting Time : 11/03/2023, 07:41 PM

Sample ID :



17813

Test Description	Value(s)	Reference Range	Unit
<u>Lipid Profile</u>			
Cholesterol-Total Method : Spectrophotometry	169	Desirable level < 200 Borderline High 200-239 High >or = 240	mg/dL
Triglycerides Method : Serum, Enzymatic, endpoint	88.2	Normal: < 150 Borderline High: 150-199 High: 200-499 Very High: >= 500	mg/dL
HDL Cholesterol Method : Serum, Direct measure-PEG	42	Normal: > 40 Major Risk for Heart: < 40	mg/dL
LDL Cholesterol Method : Enzymatic selective protection	109.36	Optimal < 100 Near / Above Optimal 100-129 Borderline High 130-159 High 160-189 Very High >or = 190	mg/dL
VLDL Cholesterol Method : Serum, Enzymatic	17.64	6 - 38	mg/dL
CHOL/HDL Ratio Method : Serum, Enzymatic	4.02	3.5 - 5.0	
LDL/HDL Ratio Method : Serum, Enzymatic	2.60	2.5 - 3.5	

Note:

8-10 hours fasting sample is required.

END OF REPORT

Lab technician

Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

For Home Collection Please Call at Number :

Zena Healthcare Services

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Website : www.zenacare.in

Wishing Good Health

Page 1 of 1

MATERNITY CARE HOSPITAL

NAME :MANORANJAN HOTA

DATE : 11-03-2023

AGE-47Y/M

SONOGRAPHER : DR.MAYURI MOHAPATRA

USG OF WHOLE ABDOMEN

LIVER: Normal in size, shape and parenchymal echotexture. No. SOL seen. Intrahepatic billiary channels normal in caliber and contains no echogenic structure. Portal and hepatic vascular systems within normal limits. P. V. measures 6.7 mm,

GALL BLADDER: normal in shape and size no sol ,no calculi seen **C.B.D.:** Common duct bile normal in calibre (3.5 mms).

SPLEEN : Normal in size, shape and parenchymal echotexture.

PANCREAS: Normal in size, shape and parenchymal echotexture. Pancreatic duct not dilated.

KIDNEYS: Both the kidneys are normal in size, shape and position. Rental cortical echotexture is within normal limits. Cortico medullary differentiation maintained. No evidence of my calculus or hydronephrosis on both sides. Pelvi-calyceal systems appear normal. No focal lesion seen.


- Right kidney measures : 8.9 x 3.5cms.
- Left kidney measures: 8.7 x 5.4cms.

URETERS: Both ureters not visualized (normal).

URINARY BLADDER: Symmetrical and normal in outline. Lumen clear. Walls normal in thickness

Prostrate-normal in size shape and echosructure .

Impression:Normal study of abdomen


Dr. Mayuri Mohapatra
Regd. No.-16891
MATERNITY CARE HOSPITAL
Bhubaneswar



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ZENA HEALTHCARE SERVICES

(A Unit of Zena Enterprises)

NAME: MANORANJAN HOTA
AGE: -47YRS
Patient ID: -4

REFERRAL: MEDIWHEEL
DATE: -11.03.2023
SEX: -MALE

CHEST X-RAY PA VIEW SHOWS.

- Both side lung fields are clear.
- Trachea within normal limit.
- Both costophrenic cardiophrenic angle are clear.
- Cardiac shadow within normal limit.
- Media stinum in position

IMPRESSION: -NORMAL STUDY.

B. Pradhan

Dr. Bhagaban Pradhan
M.D. (Radio diagnosis)
Consultant Radiologist

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