



भारत सरकार

Government of India



Issue Date: 05/09/2015



प्रान्शू कुमार
Pranshu Kumar

जन्म तिथि / DOB : 12/07/1991

पुरुष / Male



7903 6055 9308



7903 6055 9308

मेरा आधार, मेरी पहचान



GPS Map Camera



Sultanpur, Uttar Pradesh, India

736G+G4W, Civil Line, Sultanpur, Uttar Pradesh 228001, India

Lat 26.26134°

Long 82.075405°

15/10/23 11:28 AM GMT +05:30

Google

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	PRANSHU KUMAR
DATE OF BIRTH	12-07-1991
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	14-10-2023
BOOKING REFERENCE NO.	23D126851100071808S
SPOUSE DETAILS	
EMPLOYEE NAME	MS. VERMA PRIYA
EMPLOYEE EC NO.	126851
EMPLOYEE DESIGNATION	BRANCH OPERATIONS
EMPLOYEE PLACE OF WORK	HANUMANGANJ
EMPLOYEE BIRTHDATE	11-02-1995

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **10-10-2023** till **31-03-2024**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

Dr. Pawan Kumar Singh
M.B.B.S. DNB (Medicine)
UPMCI-6133
Director & Consultant Physician
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

भारत सरकार
Government of India

Issue Date: 06/09/2015

प्रान्शु कुमार
Pranshu Kumar
जन्म तिथि / DOB : 12/07/1991
पुरुष / Male

7903 6055 9308

मेरा आधार, मेरी पहचान

Pranshu Kumar

भारतीय विशिष्ट पहचान प्राधिकरण
Unique Identification Authority of India

पता: आत्मज: शंकर लाल, 142, शमसाबाद,
शमसाबाद, तैवापुर शमशाबाद, कौशांबी, उत्तर
प्रदेश, 212217
Address: S/O: Shankar Lal, 142,
shamsabad, shamsabad, Taibapur
Shamashabad, Kausha.nbi, Uttar Pradesh,
212217

Print Date: 16/10/2015

7903 6055 9308

1947 help@uidai.gov.in www.uidai.gov.in

Dr. Pawan Kumar Singh
M.B.B.S. DNB (Medicine)
UPMCI-61330
Director & Consultant Physician
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

MR PRAVESH KUMAR

Age

15.10.2023 10:32:27
JPK CLINIC AND DIAGNOSTICS
NORMAL COMPOUND SUPER MARKET
SULTANPUR

ALWAYS CE

Location:
Room:
Order Number:

66 bpm
— / — mmHg

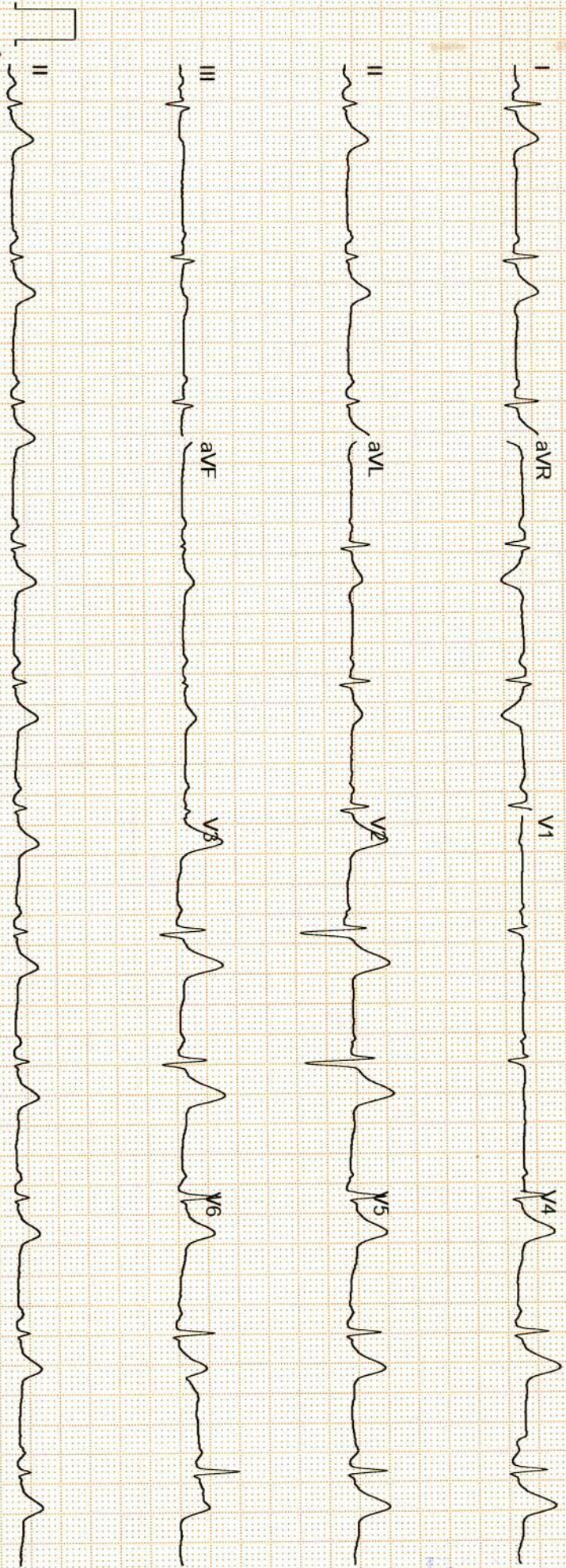
Indication:
Medication 1:
Medication 2:
Medication 3:

Technician:
Ordering Ph.: DR. J.P. SINGH
Referring Ph.:
Attending Ph.:

QRS : 80 ms
QT / QTcBaz : 380 / 398 ms
PR : 148 ms
P : 114 ms
RR / PP : 912 / 909 ms
P / QRS / T : 49 / 20 / 33 degrees

Normal sinus rhythm with sinus arrhythmia
Normal ECG

Transitory sinus



Dr. Pawan Kumar Singh
M.B.B.S. DNB (Medicine)
UPMCI-61330
& Consultant Physician
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

GE MAC2000 1.1 12SL™ V241 25 mm/s 10 mm/mV ADS 0.56-20 Hz 50 Hz 4x2.5x3_25_R1 1/1

Unconfirmed



राज डायग्नोस्टिक एण्ड मेडीकेयर

डिजिटल एक्सरे, पैथॉलाजी, अल्ट्रासाउण्ड

ठाकुर प्रसाद काम्प्लेक्स, निकट NY माल, गल्ला मण्डी मोड़, जिला अस्पताल रोड-सुलतानपुर

Report No : 30,850
 Patient Name : Mr. PRANSHU
 Age (Y-M-D) : 31 - 0 - 0
 Sex : Male
 Referred By : DHS



Bill No. / Day Sr.-: 15-Oct-2023
 Receiving Date : 15-Oct-2023
 Reporting Date :

X-RAY CHEST P.A.

TRACHEA- : Trachea is central,
 CARDIAC SHADOW- : The cardiac size and silhouette is normal.
 ANGLES- : Both costophrenic angles are clear.
 PARENCHYMA- : Both lung fields are clear & have normal volume bronchovascular pattern.
 C / T RATIO- : Normal
 MEDIASTINUM- : no mediastinal shift is seen.
 DOME OF DIAPHRAGM- : Both domes of the diaphragm are normal in position, outline & curvature.
 IMPRESSION- : NORMAL FINDING

सर्वे सन्तु निरामया

Dr. Pawan Kumar Singh
 M.B.B.S. DNB (Medicine)
 UPMCI-61350
 Senior & Consultant Physician
 JPK Clinic & Diagnostics
 (A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

Dr. Amit Kumar
 M.B.B.S. MS
 Reg. No.-29176
 Dr. Amit Kumar
 (Sonologist.)

Timings : 8.30 AM to 7.30 PM, Sunday, 9.00 AM to 2.00 PM.

This is Profession opinion clinicians are requested to correlate pathological finding with clinical feature.
 If there is any doubt please repeat test free of cost.

{ NOT FOR MEDICO LEGAL PURPOSE }





सर्वे सन्तु निगमया

राज डायग्नोस्टिक एण्ड मेडीकेयर

डिजिटल एक्सरे, पैथॉलाजी, अल्ट्रासाउण्ड

ठाकुर प्रसाद काम्प्लेक्स, निकट NY माल, गल्ला मण्डी मोड़, जिला अस्पताल रोड-सुलतानपुर

Report No : 30,844
Patient Name : Mr. PRANSHU
Age (Y-M-D) : 31 - 0 - 0
Sex : Male
Referred By : DHS



Bill No. / Day Sr.: 15-Oct-23 12
Receiving Date : 15-Oct-23 12
Reporting Date :

ULTRASONOGRAPHIC FINDINGS OF WHOLE ABDOMEN MALE.

LIVER

: Liver show enlarged in size 174 MCL with generalized enhancement of echotexture intrahepatic vascular and biliary landmark are adequately seen.No S.O.L./ I.H.B.R.D. seen. I.V.C. , portal vein and hepatic vein are normal.

GALL BLADDER

: Gall bladder is normal in distension & shows echofree lumen. Wall thickness is within normal limit. No obvious GB calculus / sludgeness noted.

PV/CBD

: Portal vein and CBD are normal in their course and calibre.

PANCREAS

: Pancreas is normal in size, contour & echotexture.

SPLEEN.

: Spleen is normal in size and echogenicity.
No focal or diffuse mass lesion seen.

KIDNEYS

: Both kidneys are normal in size, contour and echopattern. Cortico medullary differentiation is normally preserved. No calculus or mass lesion is seen.No hydronephrosis is seen.

URETER

: B/L ureters are normally visualized.

U.BLADDER

: Urinary Bladder is normal in wall thickness with evidence of anechoic lumen. No calculi or mass lesion seen.

PROSTATE

: Prostate is normal in size,shape & echo-texture .

POST VOID

: Not done.

BOWEL

: Gaseous Bowel loops are normal in calibre & wall thickness.No dilated loops are seen.No ascitis or fluid collection seen in abdominal cavity.
No obvious lymphadenopathy noted.

IMPRESSION

: **FATTY LIVER WITH HEPATOMEGALY**
ADV: LFT

Dr. Pawan Kumar Singh
M.B.B.S. DNB (Medicine)
UPMCI-61330
Consultant & Consultant Physician
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

Dr. Amit Kumar
M.B.B.S. MS
Reg.No.-29176
Dr. Amit Kumar
(Sonologist.)



Timings : 8.30 AM to 7.30 PM, Sunday, 9.00 AM to 2.00 PM.

This is Profession opinion clinicians are requested to correlate pathological finding with clinical feature.
If there is any doubt please repeat test free of cost.

{NOT FOR MEDICO LEGAL PURPOSE}

JPK CLINIC & DIAGNOSTICS

(A unit of JPK Hospitals & Trauma Center Pvt. Ltd.)
Super Market, Sultanpur -228 001 (U.P.)
Ph. : 05362-241192, 9196008963
www.jpkhospitals.com



Patient ID : 048384
Name : Mr. PRANSHU KUMAR
Age/Gender : 32Y/M
Date/Time : 15-10-2023/14:22
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
BIO-CHEMISTRY		
Lipid Profile		
LRN-024062 Total Cholesterol	152.3 mg/dl	Desirable < 200 mg/dL Borderline 200-239 mg/dL High > 240 mg/dL
Triglycerides	121.4 mg/dL	Normal < 150 mg/dL Borderline High 150-199 mg/dL High 200-499 mg/dL Very high > 500 mg/dL
HDL	55.2 mg/dL	Low < 40 mg/dL Normal 40 -60 mg/dL High > 60 mg/dL
LDL	88.7 mg/dL	Optimal <100 mg/dL Near Optimal 100-129 mg/dL Borderline high 130-159 mg/dL High 160-189 mg/dL Very high >190 mg/dL
VLDL	24.2 mg/dL	15-30 mg/dL Desirable < 20 mg/dL Borderline High 21-39 mg/dL High > 40 mg/dL
TC/HDL Ratio	2.7	(Less than 5.0)
LDL/HDL	1.6	UPTO 3.5
Sample Collection 15 Oct 2023 / 14:25 Result Approval 16 Oct 2023 / 16:17		
Post Prandial Blood Glucose		
LRN-024061 Post Prandial Blood Glucose	114.0 mg/dL	90 - 140 mg/dL
Sample Collection 15 Oct 2023 / 14:25 Result Approval 16 Oct 2023 / 16:17		
HbA1C		
LRN-024063 Glycosylated Haemoglobin	4.4 %	4-6% - NON-DIABETIC

Rakesh

Rakesh Sharma
Lab Technician

Dr. SHIWANGI
MBBS, FC, (DNB)
Consultant Pathologist
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Center Pvt. Ltd.)

This is an Electronically Generated Report. This report is based on the information provided. The report may need to be correlated clinically as laboratory facilities are available.

- ECG ● PFT ● Endoscopy ● Hematology ● Biochemistry ● Microbiology ● FNAC ● Histopathology
● Sample Collection from Home & Online Delivery of Reports ● ABP ● TMT ● Echocardiography ● Ultrasound

JPK CLINIC & DIAGNOSTICS

(A unit of JPK Hospitals & Trauma Center Pvt. Ltd.)
Super Market, Sultanpur -228 001 (U.P.)
Ph.: 05362-241192, 9196008963
www.jpkhospitals.com



Patient ID : 048384
Name : Mr. PRANSHU KUMAR
Age/Gender : 32Y/M
Date/Time : 15-10-2023/14:22
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
		6-7% - GOOD CONTROL 7-8% - FAIR CONTROL >8% - ACTION SUGGESTED
Sample Collection 15 Oct 2023 / 14:25 Result Approval 16 Oct 2023 / 16:17		
LRN-024061	Uric Acid	
Uric Acid	5.3 mg/dL	Male 4.0-8.5 mg/dL Female: 2.7-7.3 mg/dL
Sample Collection 15 Oct 2023 / 14:25 Result Approval 16 Oct 2023 / 16:17		
LRN-024062	Liver Function Test (LFT)	
Bilirubin Total	2.00 mg/dL	10.0 - 14.0 mg/dL 3-5 Days (Premature) 4.0 - 8.0 mg/dL 3-5 Days (Full Term) 0.0 - 1.0 mg/dL (Adult)
Bilirubin Direct	0.65 mg/dL	0.0 - 0.2 mg/dL
Bilirubin Indirect	1.35 mg/dL	0.0 - 0.8 mg/dL
SGOT	28.6 U/L	upto 40 U/L (Males) upto 32 U/L (Females)
SGPT	21.6 U/L	upto 41 U/L (Males) upto 33 U/L (Females)
Alkaline Phosphatase	87.6 U/L	UPTO 125 U/L
Total Protein	6.95 g/dL	6.0 - 8.0 g/dL
Albumin	4.52 g/dL	3.5 - 5.2 g/dL
Globulin	2.43 g/dL	1.5 - 3.0 g/dL
A/G	2.8	1 - 2
Sample Collection 15 Oct 2023 / 14:25 Result Approval 16 Oct 2023 / 16:17		
LRN-024061	Gamma Glutamyl transferase (GGT)	
GGT	22.5 U/L	5-36 U/L (Female)

Rakesh

Rakesh Sharma
Lab Technician

Dr. SHIWANGI
MBBS, D.M. (DNB)
Consultant Pathologist
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Center Pvt. Ltd.)

This is an Electronically Generated Report. This report is based on the specimens received. The report may need to be correlated clinically as laboratory facilities are available.

- ECG
- PFT
- Endoscopy
- Hematology
- Biochemistry
- Microbiology
- FNAC
- Histopathology
- Sample Collection from Home & Online Delivery of Reports
- ABP
- TMT
- Echocardiography
- Ultrasound

JPK CLINIC & DIAGNOSTICS

(A unit of JPK Hospitals & Trauma Center Pvt. Ltd.)
Super Market, Sultanpur -228 001 (U.P.)
Ph. : 05362-241192, 9196008963
www.jpkhospitals.com



Patient ID : 048384
Name : Mr. PRANSHU KUMAR
Age/Gender : 32Y/M
Date/Time : 15-10-2023/14:22
Referred By : SELF

INVESTIGATION

RESULT

REFERENCE RANGE

Sample Collection 15 Oct 2023 / 14:25
Result Approval 16 Oct 2023 / 16:17

LRN-024061

PSA TOTAL

PSA Total
0.24 ng/mL

8-61 U/L (Male)

<4.00 ng/mL

Sample Collection 15 Oct 2023 / 14:25
Result Approval 16 Oct 2023 / 12:20

LRN-024061

Fasting Blood Sugar

Fasting blood sugar
95.6 mg/dL

70-110 mg/dl

Sample Collection 15 Oct 2023 / 14:25
Result Approval 16 Oct 2023 / 16:17

LRN-024062

Blood Urea Nitrogen (BUN)

Blood Urea Nitrogen (BUN)
10.8 mg/dL

5-18 mg/dL Infant/Child
6-20 mg/dL Adult
8-23 mg/dL Adult >60Yr

Sample Collection 15 Oct 2023 / 14:25
Result Approval 16 Oct 2023 / 16:17

LRN-024061

Serum Creatinine

Serum Creatinine
0.8 mg/dL

Male 0.9-1.3 mg/dL
Female 0.6-1.1 mg/dL

Sample Collection 15 Oct 2023 / 14:25
Result Approval 16 Oct 2023 / 12:20

Rakesh

Rakesh Sharma
Lab Technician

Dr. SHIWANGI
MBBS, I.C.R. (M.B.)
Consultant Pathologist
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Center Pvt. Ltd.)

This is an Electronically Generated Report. This report is based on the specimens received. The report may need to be correlated clinically as laboratory

Facilities Available

- ECG
- PFT
- Endoscopy
- Hematology
- Biochemistry
- Microbiology
- FNAC
- Histopathology
- Sample Collection from Home & Online Delivery of Reports
- ABP
- TMT
- Echocardiography
- Ultrasound

JPK CLINIC & DIAGNOSTICS

(A unit of JPK Hospitals & Trauma Center Pvt. Ltd.)
Super Market, Sultanpur -228 001 (U.P.)
Ph. : 05362-241192, 9196008963
www.jpkhospitals.com



Patient ID : 048384
Name : Mr. PRANSHU KUMAR
Age/Gender : 32Y/M
Date/Time : 15-10-2023/14:22
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
HAEMATOLOGY		
LRN-024059 Erythrocyte sedimentation Rate (ESR)	Erythrocyte sedimentation Rate (ESR) 11 mm/hr	Male : 0 - 10 mm/hr Female : 0 - 20 mm/hr
Sample Collection 15 Oct 2023 / 14:25 Result Approval 16 Oct 2023 / 16:17		
LRN-024060 Blood Group RH Typing	Blood grouping and Rh typing B POSITIVE (+)	
Sample Collection 15 Oct 2023 / 14:25 Result Approval 16 Oct 2023 / 16:17		
LRN-024058 Haemoglobin	Complete Blood Count 15.4 g/dL	13-18g/dL(>15yr Adult Male) 12-15g/dL(>15yrAdult Female)
WBC Count	5260	4000-11,000/cumm
Differential Count		
Neutrophils	56 %	40-75 %
Lymphocytes	37 %	20-45 %
Eosinophils	02 %	01-08 %
Monocytes	05 %	02-10 %
Basophils	00 %	00-01 %
RBC Count	5.05 million/cumm	4.5-6.0 million/cumm (Male) 4.0-5.5 million/cumm (Female)
PCV	45.4 %	40-54 % (>15yr Adult Male) 34-48 % (>15yr Adult Female)
MCV	89.9 fl	75-95 fl
MCH	30.4 pg	26-32 pg
MCHC	33.8 %	30-35%
Platelet Count	99000 cells/cumm	150000 - 400000 cells/cumm
Mean Platelet Volume(MPV)	14.3 fL	7.5-11.5 fL

Rakesh

Rakesh Sharma
Lab Technician

Dr. SHIVANGI
MBBS, DCT (DNB)

Consultant Pathologist

JPK Clinic & Diagnostics

(A Unit of JPK Hospitals & Trauma Center Pvt. Ltd.)

This is an Electronically Generated Report. This report is based on the specimen/s received. The report may need to be correlated clinically as laboratory

Facilities Available

- ECG
- PFT
- Endoscopy
- Hematology
- Biochemistry
- Microbiology
- FNAC
- Histopathology
- Sample Collection from Home & Online Delivery of Reports
- ABP
- TMT
- Echocardiography
- Ultrasound

JPK CLINIC & DIAGNOSTICS

(A unit of JPK Hospitals & Trauma Center Pvt. Ltd.)
Super Market, Sultanpur -228 001 (U.P.)
Ph. : 05362-241192, 9196008963
www.jpkhospitals.com



Patient ID : 048384
Name : Mr. PRANSHU KUMAR
Age/Gender : 32Y/M
Date/Time : 15-10-2023/14:22
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
RDW-CV	13.6 %	11-16 %
RDW-SD	46.3 %	35-56 %

Sample Collection 15 Oct 2023 / 14:25
Result Approval 16 Oct 2023 / 16:17



Rakesh Sharma
Lab Technician

Dr. SHIWANGI
MBBS, DCH (DNB)
Consultant Pathologist
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Center Pvt. Ltd.)

This is an Electronically Generated Report. This report is based on the specimens received. The report may need to be correlated clinically as laboratory

Facilities Available

- ECG
- PFT
- Endoscopy
- Hematology
- Biochemistry
- Microbiology
- FNAC
- Histopathology
- Sample Collection from Home & Online Delivery of Reports
- ABP
- TMT
- Echocardiography
- Ultrasound

JPK CLINIC & DIAGNOSTICS

(A unit of JPK Hospitals & Trauma Center Pvt. Ltd.)
Super Market, Sultanpur -228 001 (U.P.)
Ph. : 05362-241192, 9196008963
www.jpkhospitals.com



Patient ID : 048384
Name : Mr. PRANSHU KUMAR
Age/Gender : 32Y/M
Date/Time : 15-10-2023/14:22
Referred By : SELF

INVESTIGATION

RESULT

REFERENCE RANGE

LRN-024064

Clinical Pathology

URINE-ROUTINE/MICROSCOPY

PHYSICAL EXAMINATION

Quantity in ml : 20 ML
Urine Color : PALE YELLOW
Reaction : ACIDIC

CHEMICAL EXAMINATION

Leukocytes : NEGATIVE
Nitrite : NEGATIVE
Urobilinogen : NEGATIVE
pH : 6.0
Blood : NEGATIVE
Sp.Gravity : 1.025
Ketone : NEGATIVE
Bilirubin : NEGATIVE
Glucose : NEGATIVE
Protein : NEGATIVE


MICROSCOPIC EXAMINATION

Epithelial Cells : 2-3/HIGH POWER FIELD
RBC : NIL
Pus Cells : 1-2/HIGH POWER FIELD
Casts : NOT SEEN
Crystals : NOT SEEN

Sample Collection 15 Oct 2023 / 14:25
Result Approval 16 Oct 2023 / 16:17



Rakesh Sharma
Lab Technician


Dr. SHIWANGI
MBBS, DNB (DNB)
Consultant Pathologist
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Center Pvt. Ltd.)

This is an Electronically Generated Report. This report is based on the specimen(s) received. The report may need to be correlated clinically as laboratory

Facilities Available

- ECG
- PFT
- Endoscopy
- Hematology
- Biochemistry
- Microbiology
- FNAC
- Histopathology
- Sample Collection from Home & Online Delivery of Reports
- ABP
- TMT
- Echocardiography
- Ultrasound

JPK CLINIC & DIAGNOSTICS

(A unit of JPK Hospitals & Trauma Center Pvt. Ltd.)
Super Market, Sultanpur -228 001 (U.P.)
Ph. : 05362-241192, 9196008963
www.jpkhospitals.com



Patient ID : 048384
Name : Mr. PRANSHU KUMAR
Age/Gender : 32Y/M
Date/Time : 15-10-2023/14:22
Referred By : SELF

INVESTIGATION

RESULT

REFERENCE RANGE

LRN-024065


CHEMILUMINESCENCE IMMUNOASSAY

Thyroid Function Test (T3, T4, TSH)

T3	1.36 ng/mL	0.69-2.15
T4	87.4 ng/mL	52-127
TSH	3.78 μ IU/mL	21 weeks- 20 years: 0.7-6.4 μ IU/mL 21-54 years: 0.4 - 4.2 μ IU/mL 55- 87 years: 0.5 – 8.9 μ IU/mL Pregnancy: 1st Trimester: 0.24 – 2.99 μ IU/mL 2nd Trimester: 0.46 – 2.95 μ IU/mL 3rd Trimester: 0.43 – 2.78 μ IU/mL

Sample Collection 15 Oct 2023 / 14:25
Result Approval 16 Oct 2023 / 16:17

----- End of Report -----


Rakesh Sharma
Lab Technician


Dr. SHIWANGI
MBBS, DCC (DNB)
Consultant Pathologist
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Center Pvt. Ltd.)

This is an Electronically Generated Report. This report is based on the specimen/s received. The report may need to be correlated clinically as laboratory

Facilities Available

- ECG
- PFT
- Endoscopy
- Hematology
- Biochemistry
- Microbiology
- FNAC
- Histopathology
- Sample Collection from Home & Online Delivery of Reports
- ABP
- TMT
- Echocardiography
- Ultrasound

JPK HOSPITAL AND TRAUMA CENTER

BRUCE:Supine(0:11)



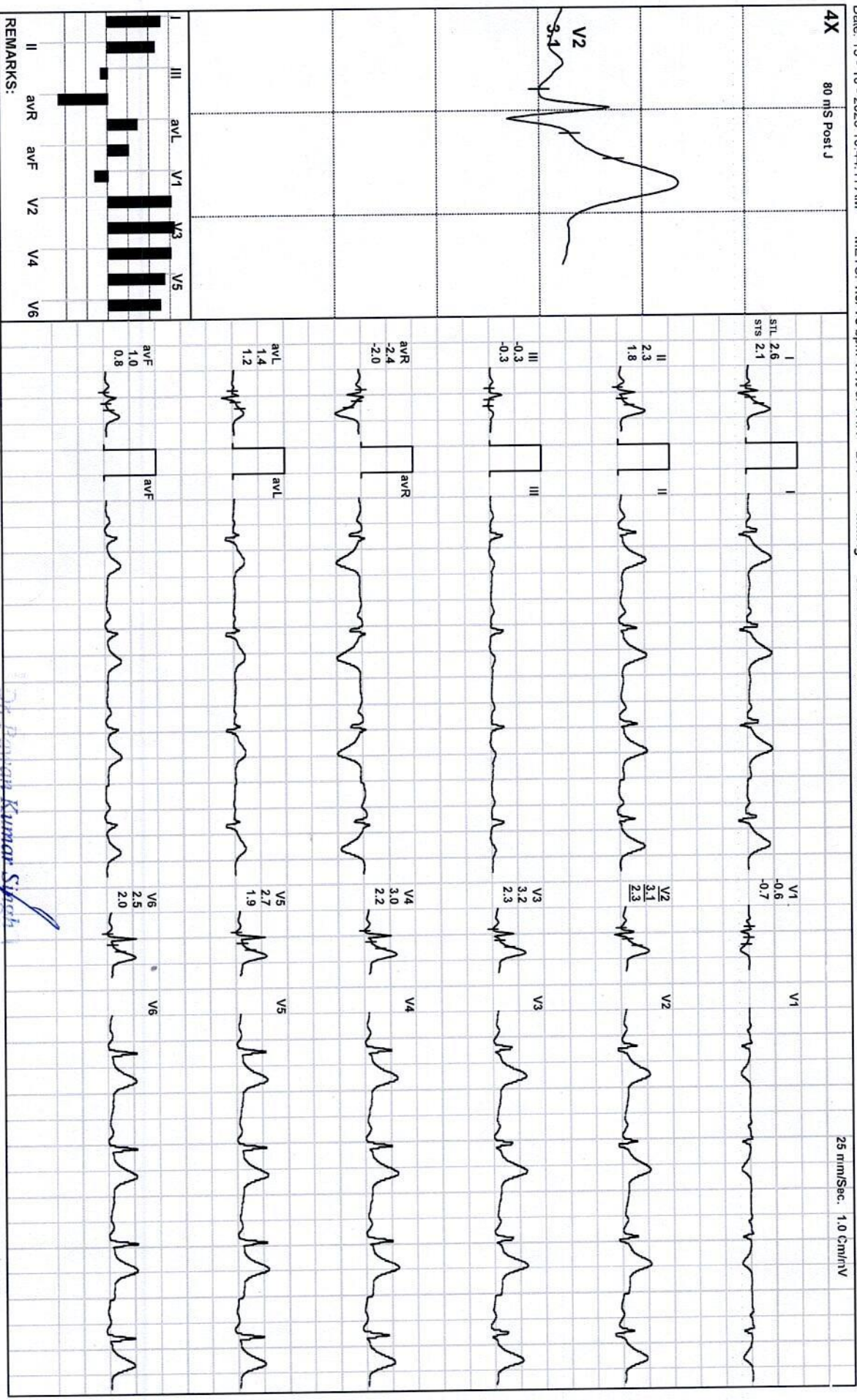
PRANSHU KUMAR / 32 Yrs / M / 170 Cms / 81 Kg / HR : 78

Date: 15 - 10 - 2023 10:44:11 AM METS: 1.0/ 78 bpm 41% of THR BP: ---/--- mmHg Combined Medians/ BLC Or/ Naich On/ HF 0.05 Hz/LF 35 Hz

EXTime: 00:00 0.0 mph, 0.0%

4X 80 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

Pranish Kumar Singh
 M.B.B.S. DNB (Medicine)
 UFMACH-61330
 Consultant & Diagnostic Physician
 JPK Clinic & Diagnostics
 (A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

(ADX_GEM217220330)(R)Allengers



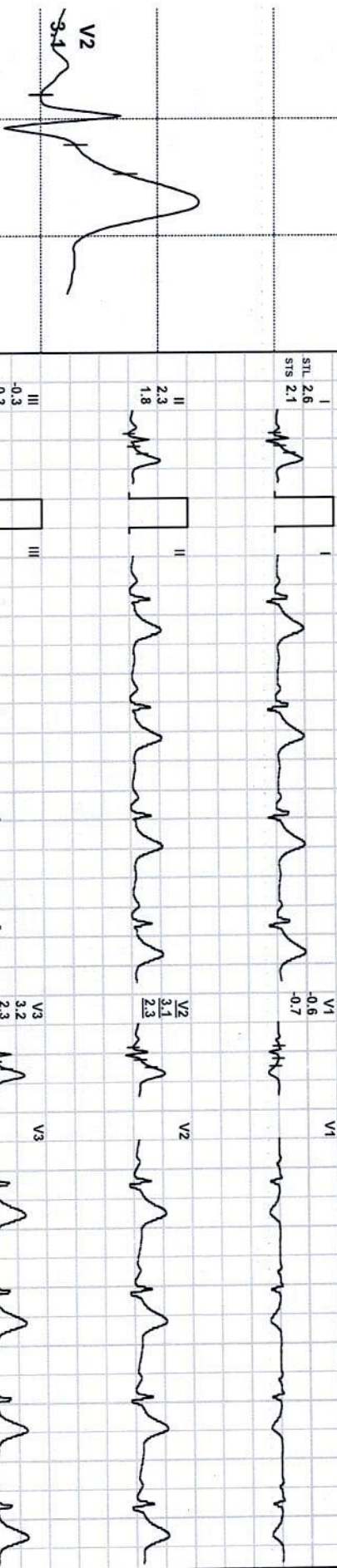
PRANSHU KUMAR / 32 YRS / M / 170 Cms / 81 Kg / HR : 78

Date: 15 - 10 - 2023 10:44:11 AM METS: 1.0/ 78 bpm 41% of THR BP: ---/--- mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

4X 80 mS Post J

ExtTime: 00:00 0.0 mph, 0.0%

25 mm/Sec. 1.0 Cm/InV



Lead	STL	STV	STV	STL	STV	STV	STL	STV	STV	STL	STV	STV	STL	STV	STV
I	2.6	2.1	2.1												
II	2.3	1.8	1.8												
III	-0.3	-0.3	-0.3												
aVR	-2.4	-2.0	-2.0												
aVL	1.4	1.2	1.2												
aVF	1.0	0.8	0.8												
V1	-0.6	-0.7	-0.7												
V2	3.1	2.3	2.3												
V3	3.2	2.3	2.3												
V4	3.0	2.2	2.2												
V5	2.7	1.9	1.9												
V6	2.5	2.0	2.0												

REMARKS:

Dr. Pawan Kumar Singh
M.B.B.S, DNB (Medicine)
DNB (C) 01-1330

(ADX_GEM217220330)(R)Allengers

Director & Consultant Physician
JPK Clinics & Diagnostics
A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.



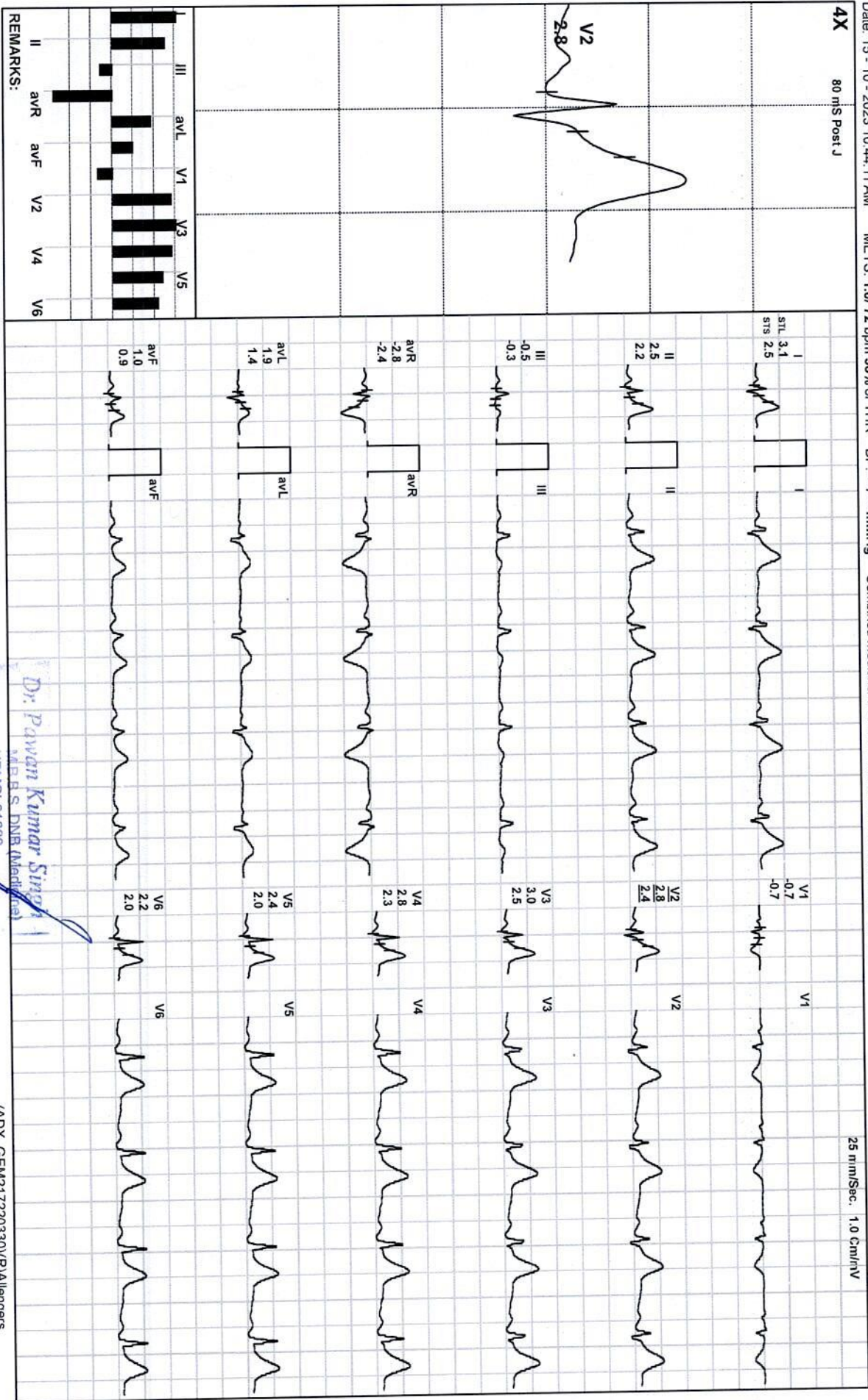
PRANSHU KUMAR / 32 Yrs / M / 170 Cms / 81 Kg / HR : 72

Date: 15 - 10 - 2023 10:44:11 AM METS: 1.0/ 72 bpm 38% of THR BP: ---/--- mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 HZ/LF 35 Hz

ExTime: 00:00 0.0 mph, 0.0%

4X 80 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

Dr. Pawan Kumar Singh
MBBS, DNB (Medical)

UPMCI:61330
Director & Consultant Physician
JPK Clinic & Diagnostics
1A Unit, of JPK Hospitals & Trauma Centre Pvt. Ltd.

(ADX_GEM217220330)(R)/Allengers

JPK HOSPITAL AND TRAUMA CENTER

PRANSHU KUMAR / 32 Yrs / M / 170 Cms / 81 Kg / HR : 72

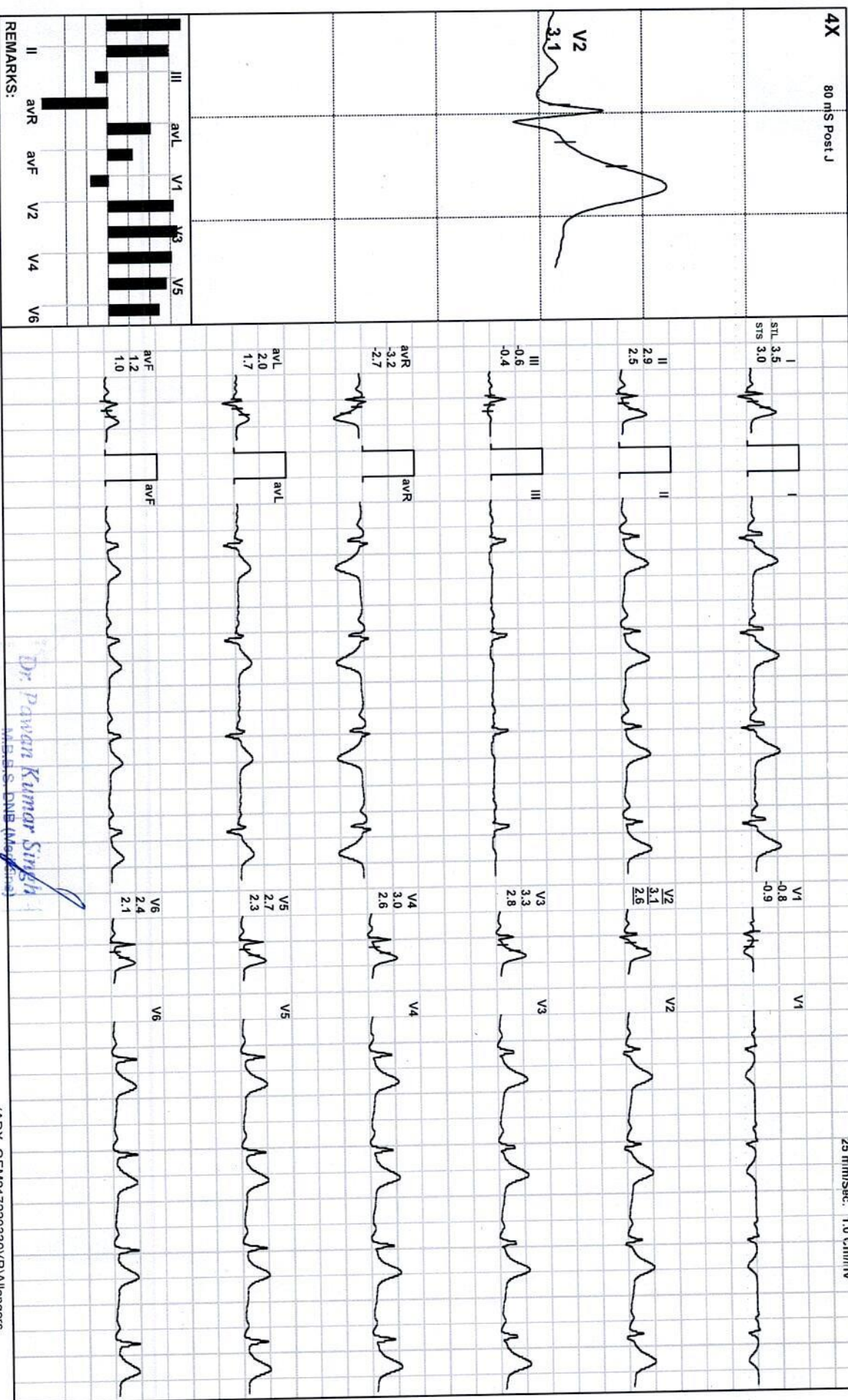
BRUCE: Warm Up(0:07)



Date: 15 - 10 - 2023 10:44:11 AM

METS: 1.0/72 bpm 38% of THR BP: ---/--- mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 00:00 0.0 mph 0.0%
25 mm/Sec. 1.0 cm/rV



REMARKS:

Dr. Pawan Kumar Singh
MBBS DNB (Med)

UPMCI-61330

Senior & Consultant Physician
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

(ADX_GEM217220330)(R)Allengers

JPK HOSPITAL AND TRAUMA CENTER

PRANSHU KUMAR / 32 Yrs / M / 170 Cms / 81 Kg / HR : 75

ExStart

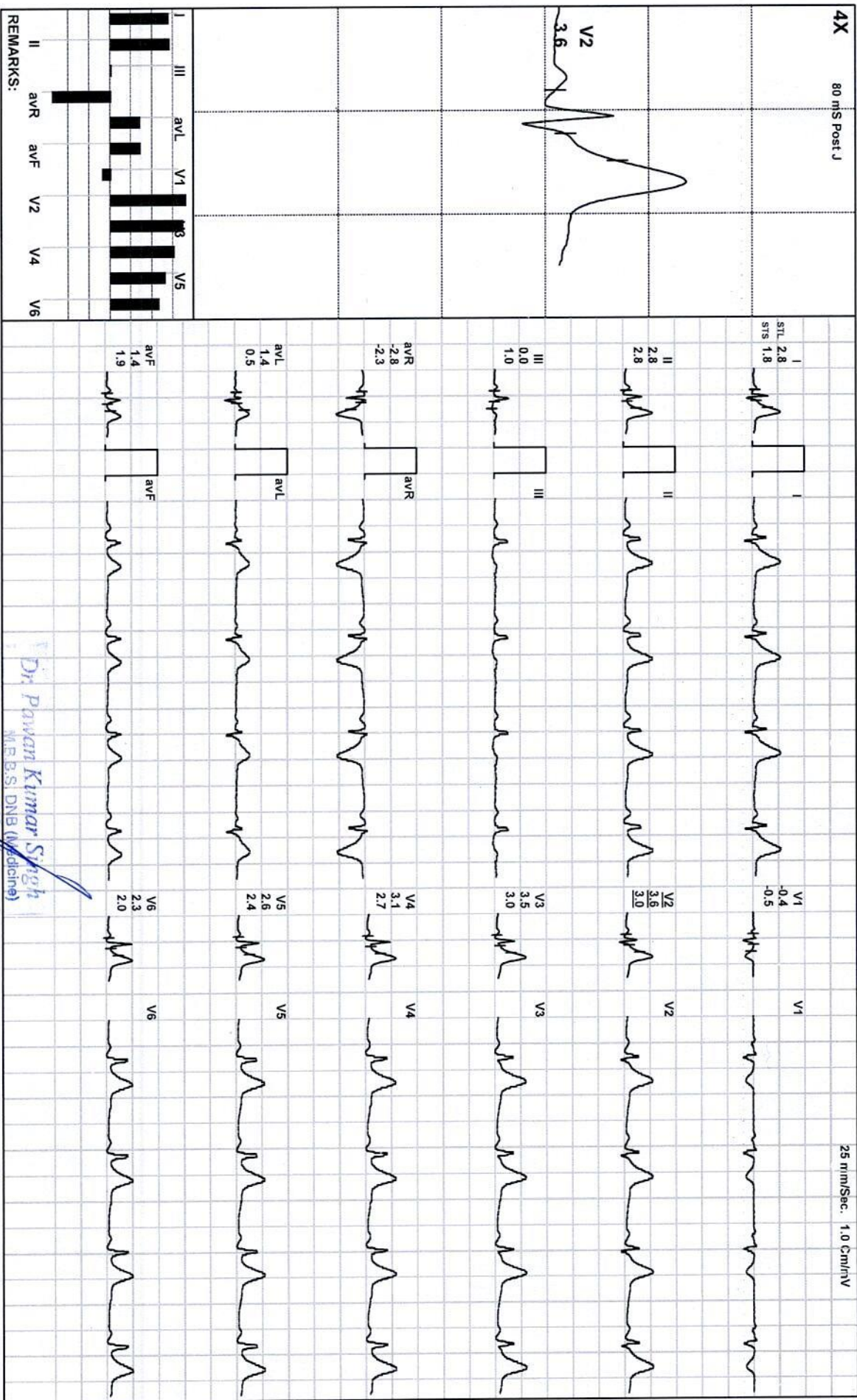
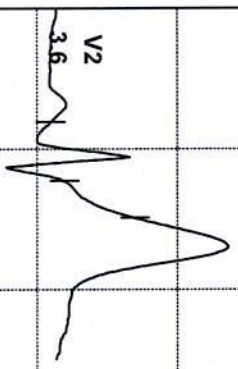


Date: 15 - 10 - 2023 10:44:11 AM METS: 1.0/ 75 bpm 40% of THR BP: ---/--- mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 00:00 0.0 mph 0.0%

4X 80 mS Post J

25 mm/Sec. 1.0 Cm/IV



REMARKS:

Dr. Prashu Kumar Singh
M.B.B.S, DNB (Medicine)

UPMCH-61330
Director & Consultant Physician
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Center Pvt. Ltd.)

(ADX_GEM217220330)(R)Allengers

JPK HOSPITAL AND TRAUMA CENTER

PRANSHU KUMAR / 32 Yrs / M / 170 Cms / 81 Kg / HR : 110



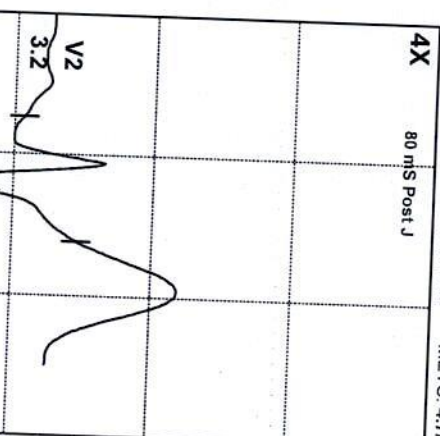
Date: 15 - 10 - 2023 10:44:11 AM METS: 4.7/ 110 bpm 59% of THR BP: 112/82 mmHg

4X 80 mS Post J

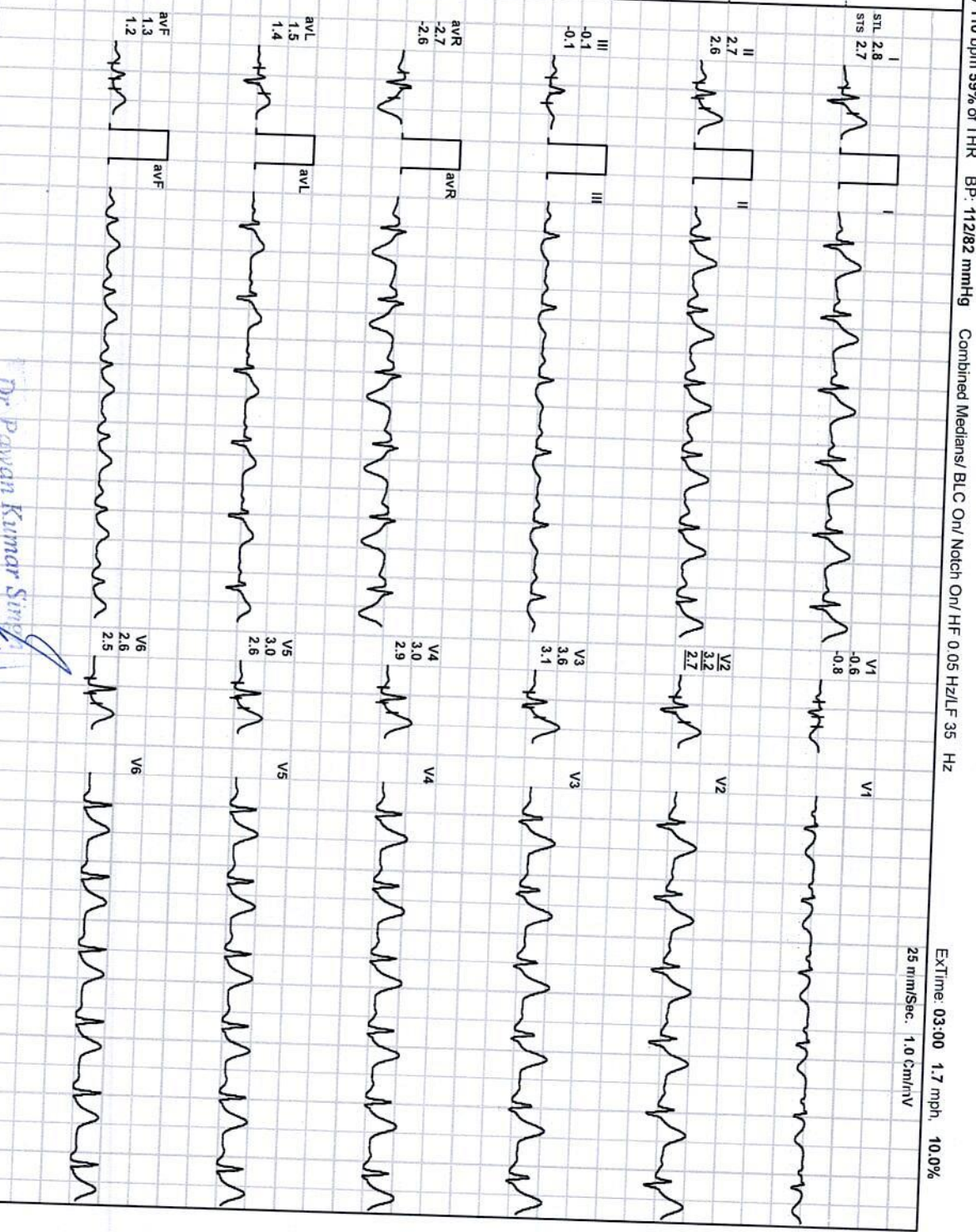
Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExtTime: 03:00 1.7 mph, 10.0%

25 mm/Sec. 1.0 Cm/IV



I	II	III	avL	avR	V1	V2	V3	V4	V5	V6
STL 2.8										
STS 2.7										



REMARKS:

Dr. Pawan Kumar Singh
M.D. (Medicine) DNB (Medicine)

UPMCI-61330

Director & Consultant Physician
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

(ADX_GEM217220330)(R)Allengers

JPK HOSPITAL AND TRAUMA CENTER

PRANSHU KUMAR / 32 Yrs / M / 170 Cms / 81 Kg / HR : 134

Date: 15 - 10 - 2023 10:44:11 AM METS: 7.1/134 bpm 71% of THR BP: 114/85 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

BRUCE: Stage 2(3:00)



EXTime: 06:00 2.5 mph, 12.0%
25 mm/Sec. 1.0 Cm/IV



REMARKS:

Dr. Prayan Kumar Singh

M.B.B.S. DNB (Anesthesiology)
UPMCI-61330

Director & Consultant Physician
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

(ADX_GEM217220330)(R)Allengers

JPK HOSPITAL AND TRAUMA CENTER

PRANSHU KUMAR / 32 Yrs / M / 170 Cms / 81 Kg / HR : 164

BRUCE: Stage 3(3:00)



Date: 15 - 10 - 2023 10:44:11 AM

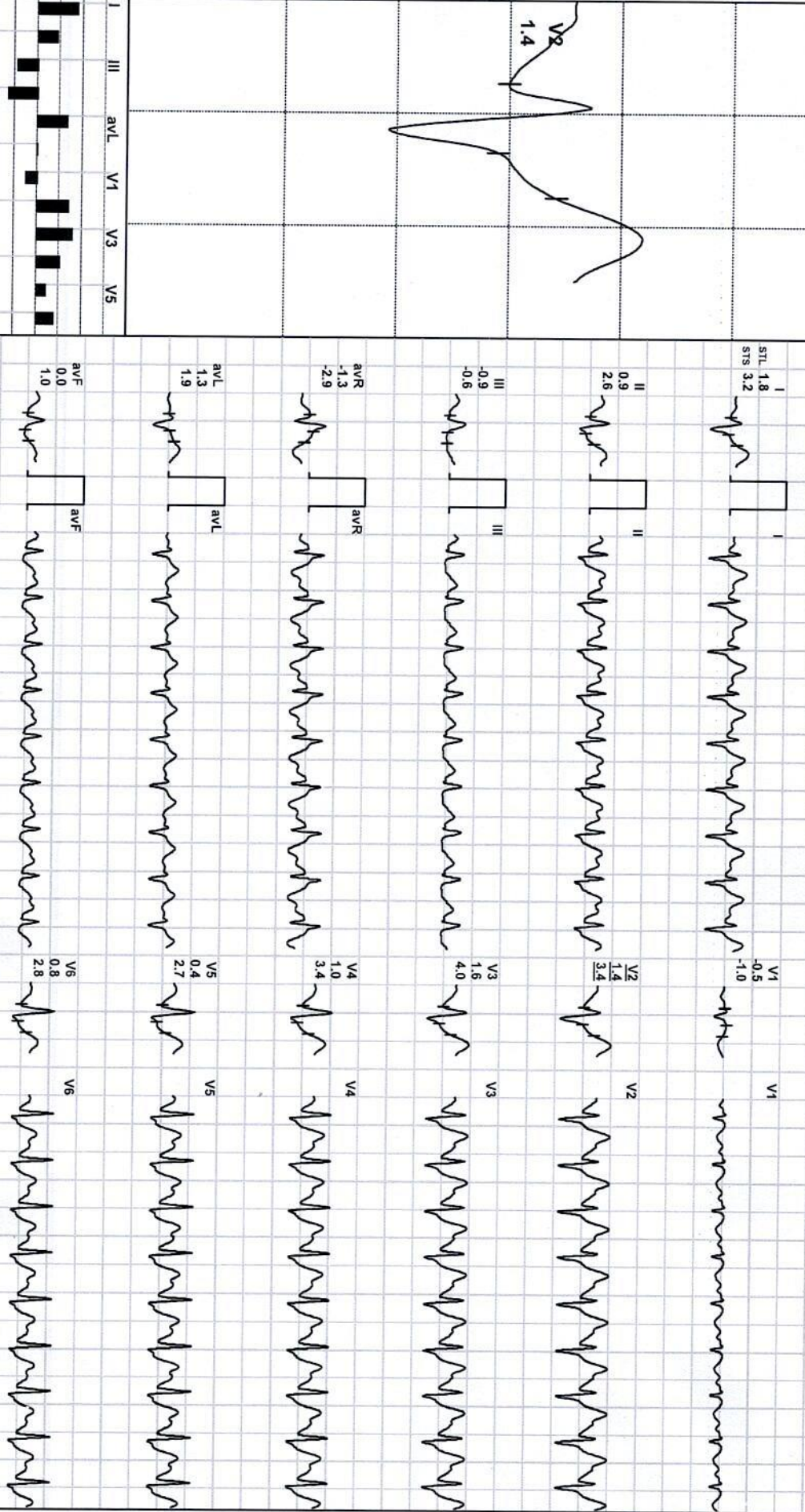
METS: 10.2/ 164 bpm 87% of THR

BP: 116/88 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 HZ/LF 35 Hz

EXTime: 09:00 3.4 mph, 14.0%

4X 60 m/s Post J

25 mm/Sec. 1.0 Cm/InV



REMARKS:

Dr. Pravin Kumar Singh
 M.B.B.S., DNB (Medicine)
 IPWCI 61330

Registrar & Consultant Physician
 JPK Clinic & Diagnostics
 A Unit of JPK Hospital & Trauma Centre Pvt. Ltd.

(ADX_GEM21720330)(R)Allengers



Date: 15 - 10 - 2023 10:44:11 AM

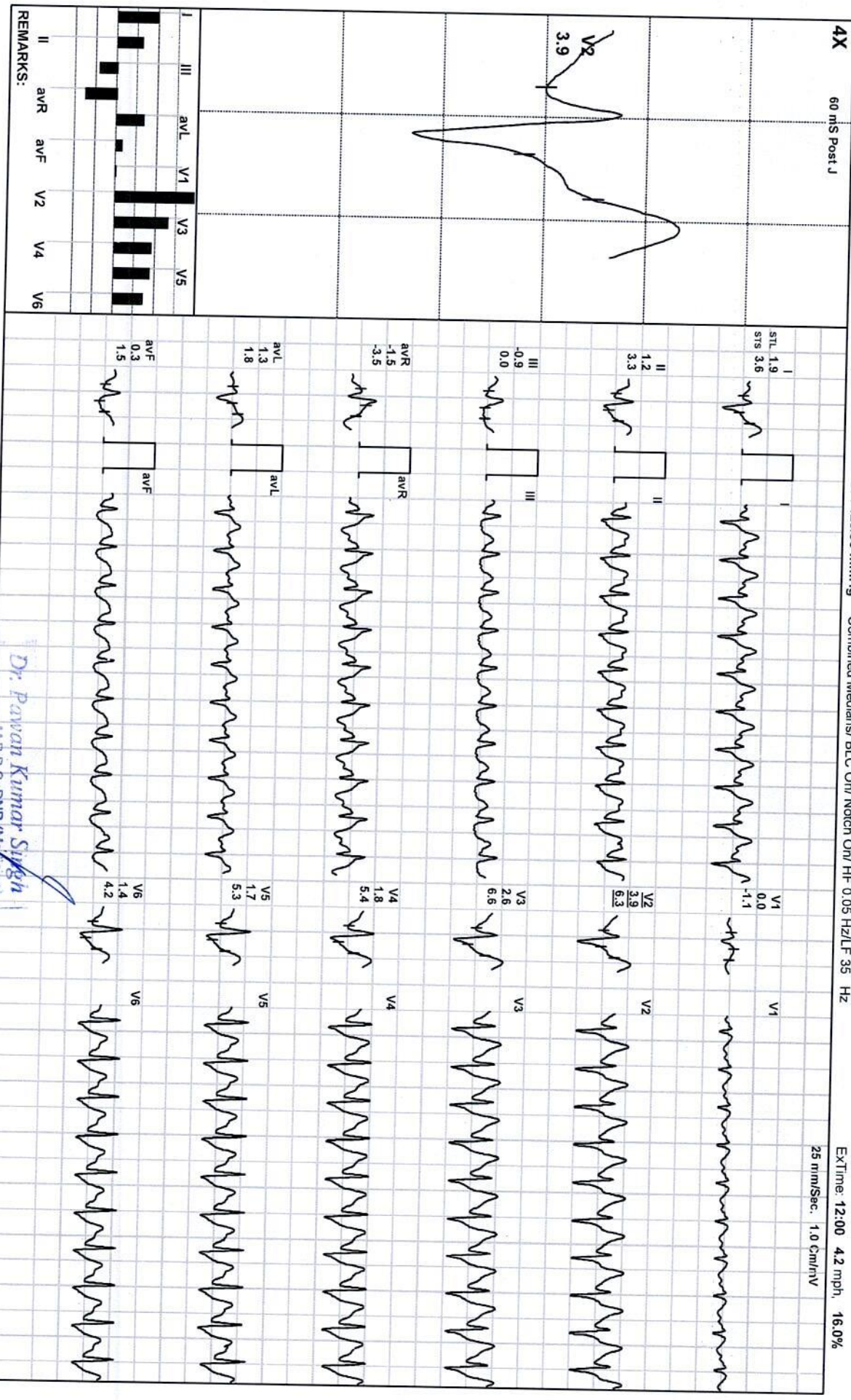
METS: 13.5/187 bpm 99% of THR BP: 120/90 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 12:00 4.2 mph, 16.0%

4X 60 mS Post J

25 mm/Sec. 1.0 Cm/mV



Dr. Pawan Kumar Singh

UPMCI-61330

Specialist & Consultant Physician

JPK Clinic & Diagnostics

(A Unit of JPK Hospitals & Trauma Center Pvt. Ltd.)

(ADX_GEM217220330)(R)Allengers



Date: 15 - 10 - 2023 10:44:11 AM

METS: 13.6 / 189 bpm 101% of THR

BP: 120/90 mmHg

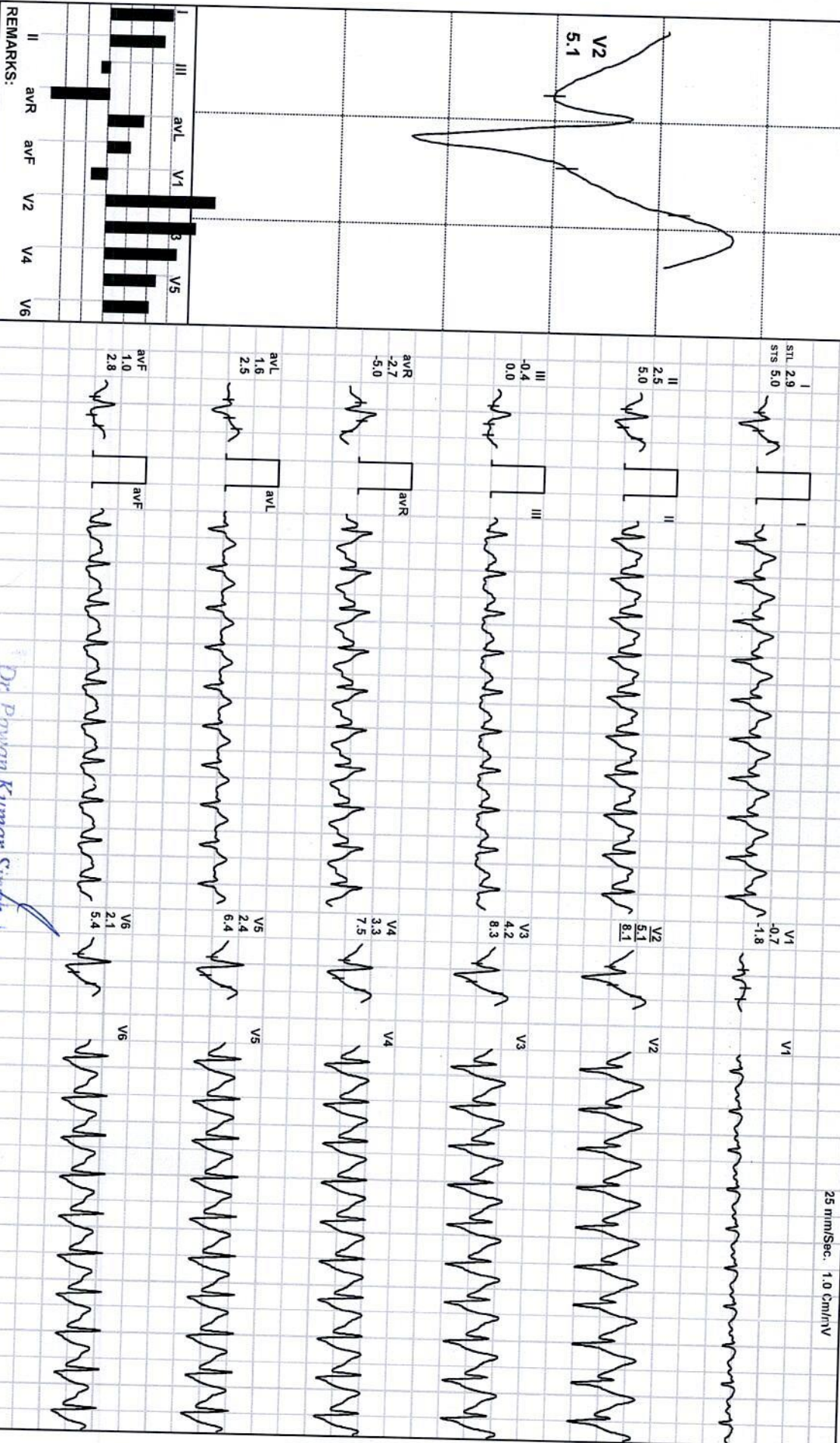
Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

4X

60 m/s Post J

EXTime: 12:09 5.0 mph, 18.0%

25 mm/Sec. 1.0 Cm/IV



REMARKS:

Dr. Prashant Kumar Singh
M.B.B.S. DNB (Medical)

IPMCH-61330

Senior & Consultant Physician
JPK Clinic & Diagnostics
A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.

(ADX_GEM217220330)(R)Allengers

JPK HOSPITAL AND TRAUMA CENTER

PRANSHU KUMAR / 32 Yrs / M / 170 Cms / 81 Kg / HR : 181

Recovery(0:30)



Date: 15 - 10 - 2023 10:44:11 AM

METS: 10.6/ 181 bpm 96% of THR

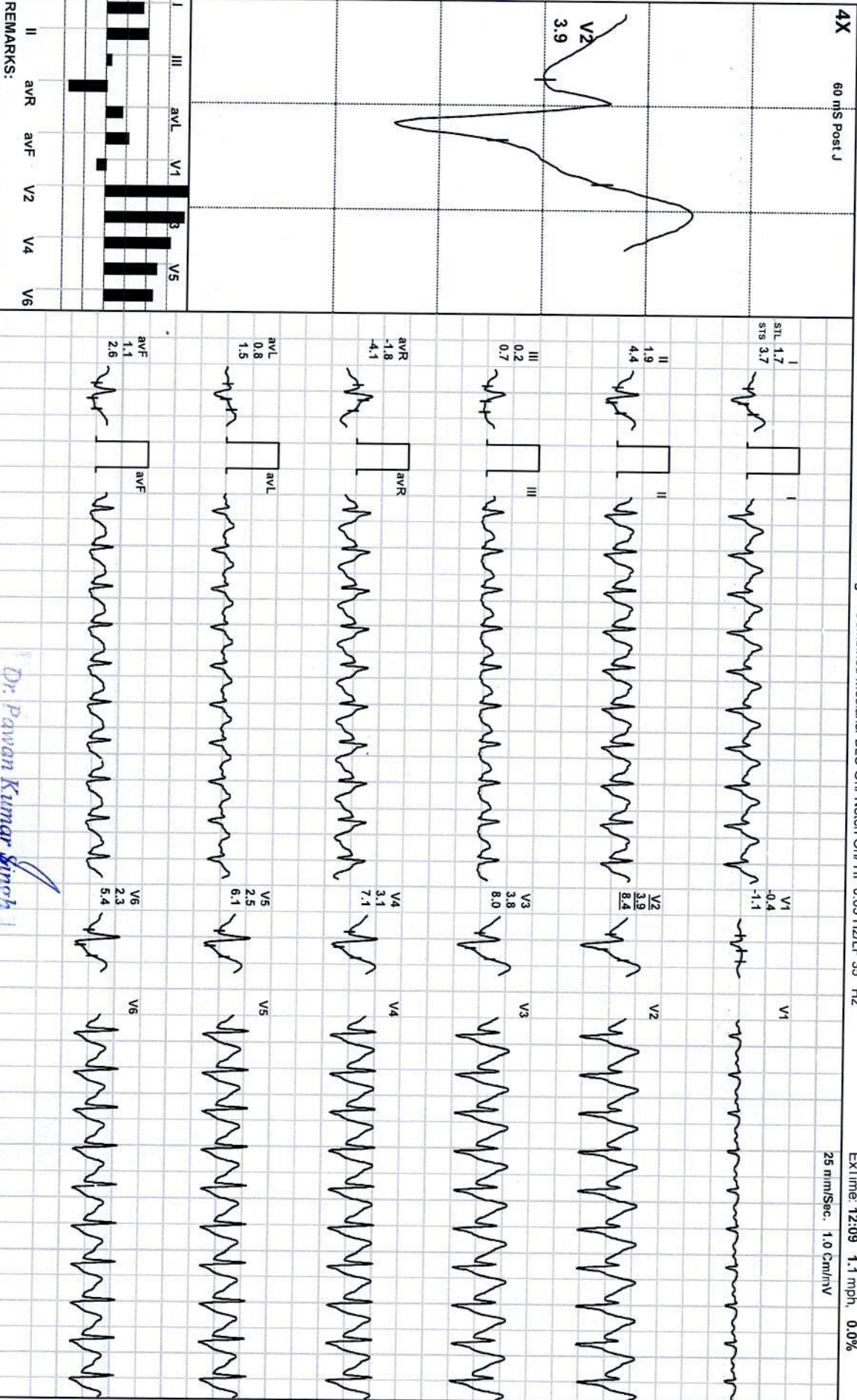
BP: 120/90 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 12:09 1.1 mph, 0.0%

4X 60 mS Post J

25 mm/Sec. 1.0 Cm/rV



REMARKS:

Dr. Pawan Kumar Singh

(ADX_GEM21720330)(R)Allengers

UPMCI-61330
 Dr. Pawan Kumar Singh
 M.D., D.S. (Medicine)
 Senior & Consultant Physician
 JPK Clinic & Diagnostics
 A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.

JPK HOSPITAL AND TRAUMA CENTER

PRANSHU KUMAR / 32 Yrs / M / 170 Cms / 81 Kg / HR : 165

Recovery(1:00)

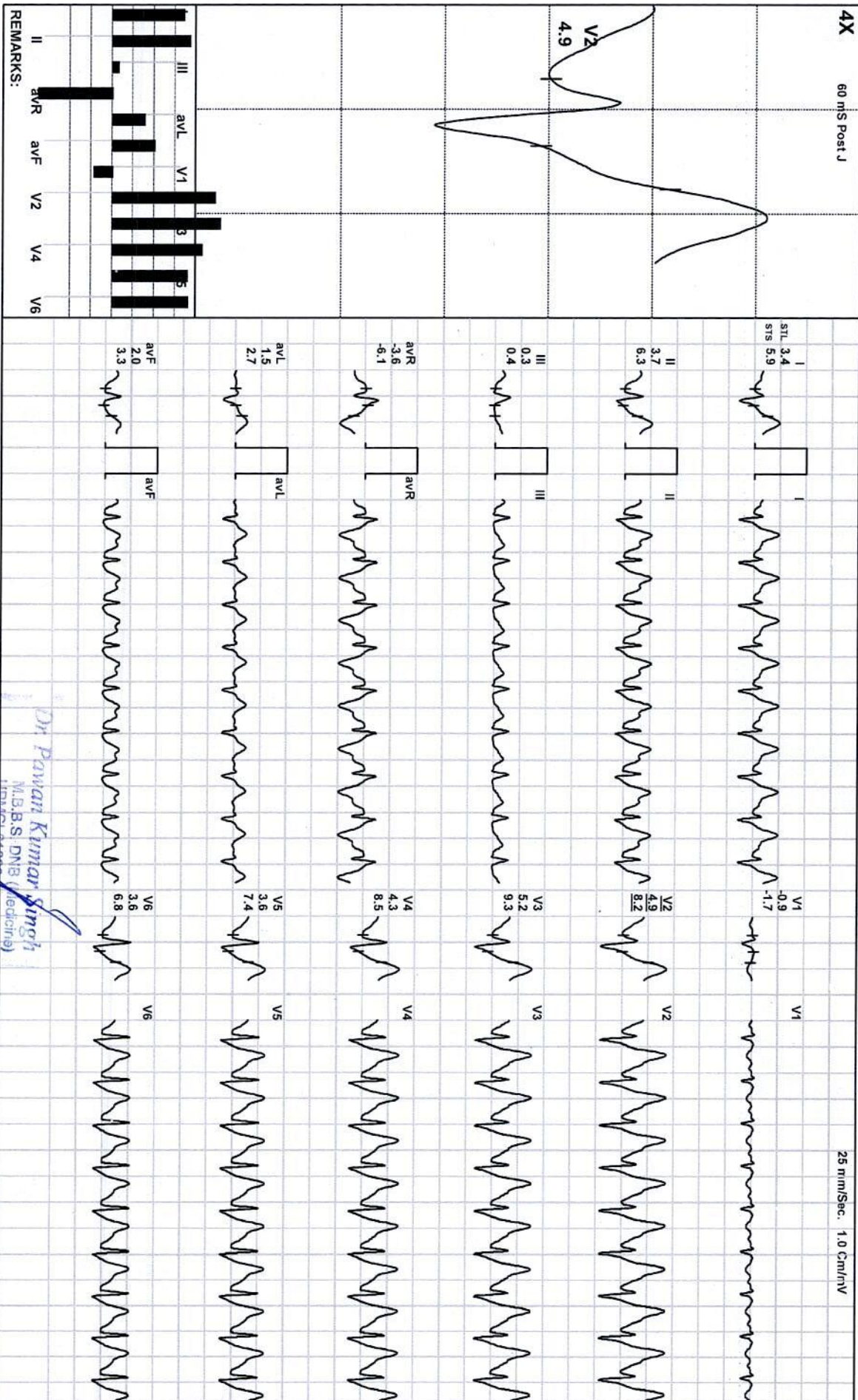


Date: 15 - 10 - 2023 10:44:11 AM METS: 7.6/ 165 bpm 88% of THR BP: 122/90 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

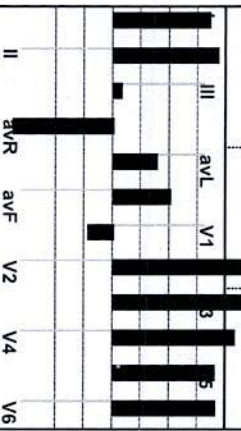
ExTime: 12:09 1.1 mph, 0.0%

25 mm/Sec. 1.0 Cm/IV

4X 60 mS Post J



REMARKS:



Dr Pawan Kumar Singh
 M.B.B.S. DNB (Medicine)

Dr Pawan Kumar Singh
 M.B.B.S. DNB (Medicine)
 JPK Clinics & Diagnostics
 (A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

(ADX_GEM21720330)(R)Allengers

JPK HOSPITAL AND TRAUMA CENTER

PRANSHU KUMAR / 32 Yrs / M / 170 Cms / 81 Kg / HR : 148

Recovery(1:20)

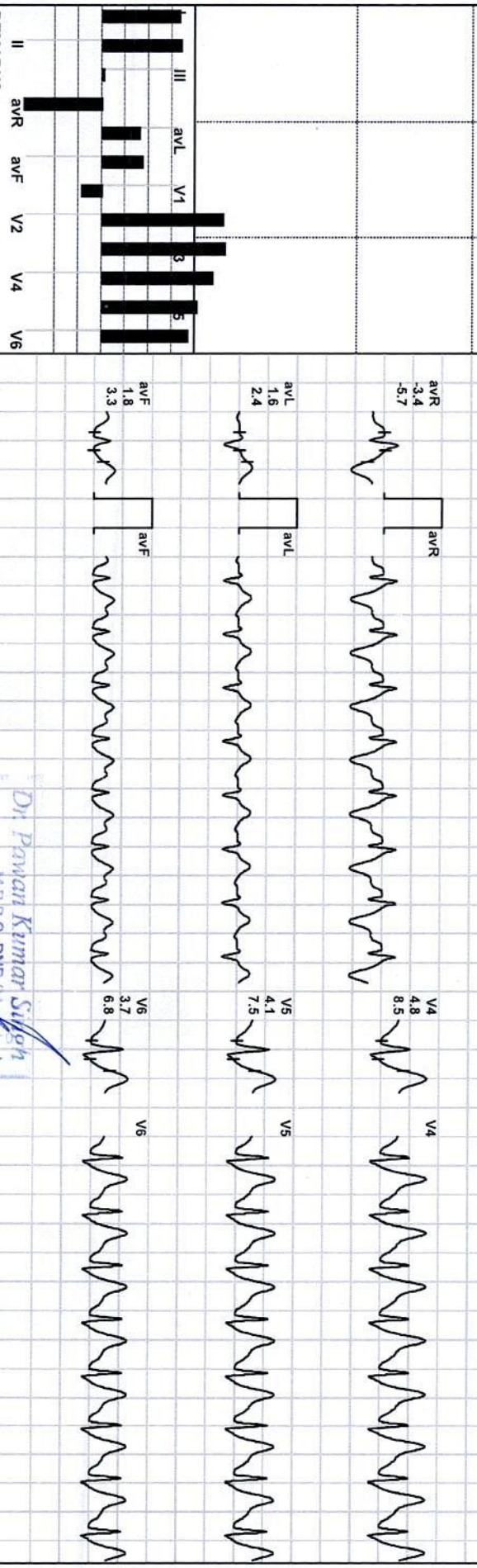
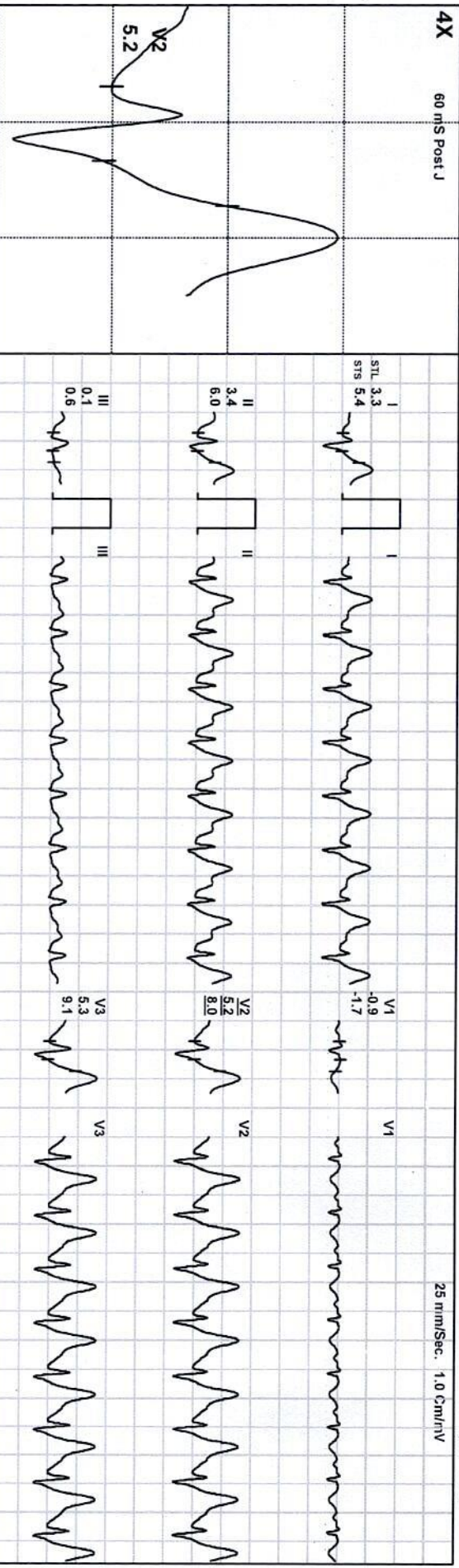


Date: 15 - 10 - 2023 10:44:11 AM METS: 5.5/ 148 bpm 79% of THR BP: 122/90 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 12:09 0.0 mph, 0.0%

4X 60 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

Dr. Prashu Kumar Singh
 M.B.B.S, DNB (Nephrology)
 Director & Consultant Physician

JPK Clinic & Diagnostics
 A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.

(ADX_GEM217220330)(R)Allengers

JPK HOSPITAL AND TRAUMA CENTER

SULTANPUR Email:

PRANSHU KUMAR / 32 Yrs / M / 170 Cms / 81 Kg
 Date: 15 - 10 - 2023 10:44:11 AM Refd By : SELF Examined By: DR.PAWAN KUMAR SINGH

Report



Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:11	0:11	00.0	00.0	01.0	078	41 %	---/---	000	00	
Standing	00:19	0:08	00.0	00.0	01.0	078	41 %	---/---	000	00	
HV	00:25	0:06	00.0	00.0	01.0	072	38 %	---/---	000	00	
Warm Up	00:32	0:07	00.0	00.0	01.0	072	38 %	---/---	000	00	
ExStart	00:56	0:24	00.0	00.0	01.0	075	40 %	---/---	000	00	
BRUCE Stage 1	03:56	3:00	01.7	10.0	04.7	110	59 %	112/82	123	00	
BRUCE Stage 2	06:56	3:00	02.5	12.0	07.1	134	71 %	114/85	152	00	
BRUCE Stage 3	09:56	3:00	03.4	14.0	10.2	164	87 %	116/88	190	00	
BRUCE Stage 4	12:56	3:00	04.2	16.0	13.5	187	99 %	120/90	224	00	
PeakEx	13:05	0:09	05.0	18.0	13.6	189	101 %	120/90	226	00	
Recovery	13:35	0:30	01.1	00.0	10.6	181	96 %	120/90	217	00	
Recovery	14:05	1:00	01.1	00.0	07.6	165	88 %	122/90	201	00	
Recovery	14:25	1:20	00.0	00.0	05.5	148	79 %	122/90	180	00	

FINDINGS :

Exercise Time : 12:09
 Initial HR (ExStrt) : 75 bpm 40% of Target 188
 Initial BP (ExStrt) : 0/0 (mm/Hg)
 Max Workload Attained : 13.6 Good response to induced stress
 Max ST Dep Lead & Avg ST Value : III & -1.3 mm in Stage 2
 Duke Treadmill Score : 11.4
 Test End Reasons : Test Complete

REPORT :

TEST OBJECTIVE

ROUTINE CHECK UP

Max HR Attained 189 bpm 101% of Target 188
 Max BP Attained 122/90 (mm/Hg)
 VO2Max : 47.6 ml/Kg/min (Excellent)

Dr. Pawan Kumar Singh
 M.B.B.S. DNB (Nephrology)
 UPMCH-61330
 Senior & Consultant Physician
 JPK Clinic's & Diagnostics
 (A Unit of JPK Hospitals & Trauma Center Pvt. Ltd.)

Doctor : DR PAWAN KUMAR SINGH

ACTIVITY : VERY ACTIVE
OTHER INVESTIGATION : NO
REASON FOR TERMINATION : TEST COMPLETE
EXERCISE TOLERANCE : GOOD
EXERCISE INDUCED ARRHYTHMIAS : NO
HAEMODYNAMIC RESPONSE : NORMAL
CHRONOTROPIC RESPONSE : NORMAL
FINAL IMPRESSION : STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE

Dr. Pawan Kumar Singh
M.B.B.S., DNB (Medicine)
UPMCI-61330
Diplomat & Consultant Physician
JPK Clinic & Diagnostic
(A Unit of JPK Hospital & Diagnostic Centre, Faridkot)