

DR ANKIT MISHRA

MBBS MS (Otorhinolaryngology Head & Neck Surgery)
EAR NOSE THROAT HEAD & NECK SURGEON
FELLOWSHIP IN ENDOSCOPIC SINUS SURGERY
Registration no- MP-15530

NAME Juveng AGE M/F DATE 27/11/23

Routine ENT Checkup

OR E / N / T

Ankit



✓ verified

40/F. / 999893346163



Aw → Sealing ϕ

8/20202092

Apollo Sage Hospital - Bhopal

Regd No. NH/7272/Sept. 2022
(A unit of S. R. Associates)

KH.No. 98/3-99-100, E-8 Arera Colony, Bhopal - 462026 (MP) India

+91 -755- 4308101 Emergency +91 -755- 3505050

info@apollosage.in www.apollosage.in



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 apollosagehospital
 apollo-sage-hospital

Mrs. ~~Jug~~ Juveria Sultana



Vision \times 6/36
6/36

AR \times -6.00 D
-6.00 D

~~EFU~~
Vision \times 6/6
6/6

~~EFU~~
Vision \times N16
N16

~~EFU~~
Vision \times 6/6
6/6

COU
Vision \times 38/38

[Faint text: ... Specialist]

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आहार प्रणाली



नाम ms. suveerā Sultan उम्र/लिंग: 40yr/F रूम नं. OPD

रोग-निर्णय: Healthcheckup / HBAIC 3 S.6 दिनांक 25/11/23

आहार निर्धारित: Low fat healthy normal diet chart

1 glass lukewarm water + 4 soaked almonds

- सुबह ^N
7.00am
नाश्ता
- 8.00-9.00am ^N
- मध्य सुबह ^N
10.30-11.00am
- दोपहर का खाना
1.00-2pm ^N
- चाय का समय ^N
4pm-5pm
- शाम के समय
- रात का खाना ^N
8pm-9pm
सोने से पहले
- : 1 कप कॉफी / चाय / दूध (बिना मलाई) / ग्रीन टी ^{1/2 teaspoon sugar}
- : 1 कप ~~कॉफी~~ / चाय / दूध (बिना मलाई) ^{+ 2 multigrain biscuit}
- 2 इडली / 1 डोसा / 1 ब्राउन ब्रेड सैंडविच / 1 रोटी (बिना घी, तेल)
- 1 ^{1/2} कटोरी वेज उपमा / वेज पोहा / वेज दलिया / ओट्स / अंकुरित मूंग / कॉर्नफ्लेक्स / देसी चना / वीट फ्लेक्स ^{egg white-2} ^{बिना दही} ^{सूप} ^{बालेड}
- : फल (100 ग्राम) / सब्जी का सूप (1 गिलास) / छाछ (1 गिलास) / सलाद / नींबू का रस ^{Coconut water (200ml)}
- : 2 फुल्के + 1 कटोरी खिचड़ी या 3 फुल्के
- 1 कटोरी दाल ~~सभी प्रकार की~~ ^{पनीर (50gm)}
- 2 कटोरी सब्जी
- 1 कटोरी दही / रायता / छाछ (1 गिलास)
- 1 प्लेट सलाद ^(दोनी समय)
- : 1 कप कॉफी / चाय / ग्रीन टी ^{1/2 teaspoon sugar}
- उबले देशी चने / भूने चने मुरमुरे (परमल) / 2 मारी बिस्कुट / रागी बिस्कुट / ब्राउन ब्रेड सैंडविच / अंकुरित / खाकरा (2) ^{1 kharean} ^{swastel} ^{Maldene}
- : फल (100 ग्राम) / सब्जी का सूप (1 गिलास)
- : सुबह की तरह ^(veg dalia + dal) ^{veg khichdi} ^{veg pulav}
- : 1 कप दूध (बिना मलाई)

- chewed food keeps you eats slowly.

Pallavi

आहार विशेषज्ञ

Ms Juveria sultan
ID: ash 23315

40 Years
Female

25.11.2023 10:13

CE 05.17 D 736

83 bpm
-- / -- mmHg

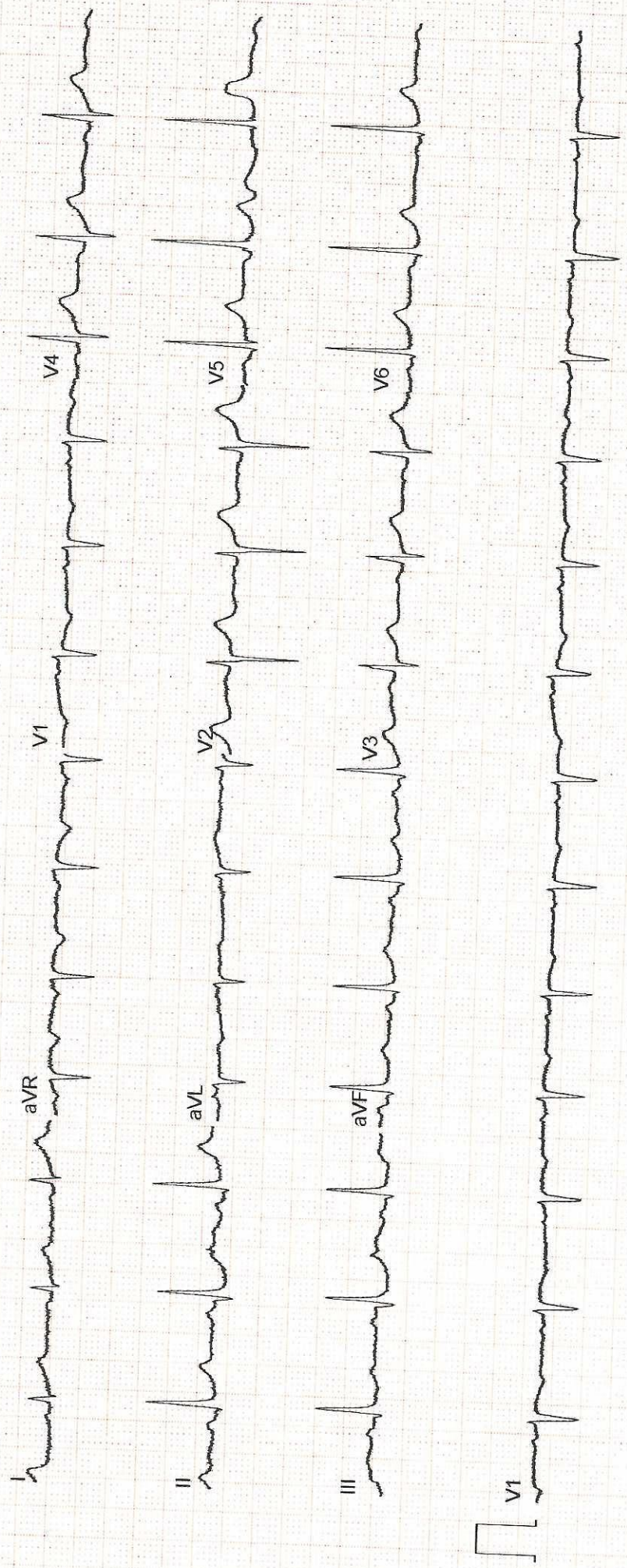
Location:
Room:
Order Number:
Indication:
Medication 1:
Medication 2:
Medication 3:

QRS : 78 ms
QT / QTcBaz : 370 / 434 ms
PR : 154 ms
P : 106 ms
RR / PP : 724 / 722 ms
P / QRS / T : 62 / 78 / 42 degrees

Normal sinus rhythm
Normal ECG



Technician:
Ordering Ph:
Referring Ph:
Attending Ph:



APOLLO SAGE HOSPITAL
BAWADIYAN KALAN
BHOPAL

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: SULTAN, JUVERIA
Patient ID: HC-23315
Height: 153 cm
Weight: 61.5 kg

DOB: 09.05.1983
Age: 40 yrs
Gender: Female
Race: Indian

Study Date: 25.11.2023
Test Type: Treadmill Stress Test
Protocol: BRUCE

Referring Physician: --
Attending Physician: Dr. Gaurav Khandelwal
Technician: Radha Prajapati

Medications:

--

Medical History:
NONE

Reason for Exercise Test:
Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed [km/h]	Grade [%]	HR [bpm]	BP [mmHg]	Comment
PRETEST	SUPINE	00:22	0.00	0.00	106	120/80	
	STANDING	00:10	0.00	0.00	106	120/80	
	HYPERV.	00:18	0.00	0.00	113	120/80	
	WARM-UP	00:48	1.60	0.00	112	120/80	
EXERCISE	STAGE 1	03:00	2.70	10.00	131	130/80	
	STAGE 2	02:36	4.00	12.00	160	140/80	
RECOVERY		05:05	0.00	0.00	107	120/80	

The patient exercised according to the BRUCE for 5:35 min:s, achieving a work level of Max. METS: 7.00. The resting heart rate of 109 bpm rose to a maximal heart rate of 160 bpm. This value represents 88 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 150/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: abnormal.
Functional Capacity: Average.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: none.
Overall impression: Normal stress test.

Conclusions

-No ST-T Changes Noted During Exercise & Recovery
-Negative Stress Test

Physician

Technician



ULTRA SONOGRAPHY ABDOMEN

NAME	Mrs. Juveria Sultan	UHID NUMBER:-	ASIIB.0000023315	
REF. BY	Dr. Akhil Kumar Tiwari	DATE	25.Nov.2023	AGE/SEX:- 40y/F

Liver:- is normal in size and echotexture. Portal and hepatic venous system appears normal. Intra and extra hepatic biliary radicals are not dilated.

Gall Bladder:- is normal in size and shape. Its lumen is echofree.

Pancreas is normal in size outline and echopattern.

Spleen is normal in size and echopattern.

Both kidneys are normal in size, shape and echogenicity. Central pelvicalyceal sinus and corticomedullary ratio are normal.

Right kidney measures:- 10.9x3.8cm

Left kidney measures:- 10.2x4.9cm

No evidence of ascites is seen.

Urinary bladder is normal in shape and contour. Its wall is normal.

Uterus and ovaries:- uterus is anteverted and shows homogeneous echopattern. Cervix shows normal echopattern. No adnexal mass. No free fluid in POD.

Uterus measures:- 7.5x4.4x2.7cm. Endometrial thickness is 4.7mm.

Right ovary measures 2.7x1.6cm. Right ovary shows tiny anechoic cyst within measuring about 1.2cm likely dominant follicle.

Left ovary measures 2.4x1.6cm.

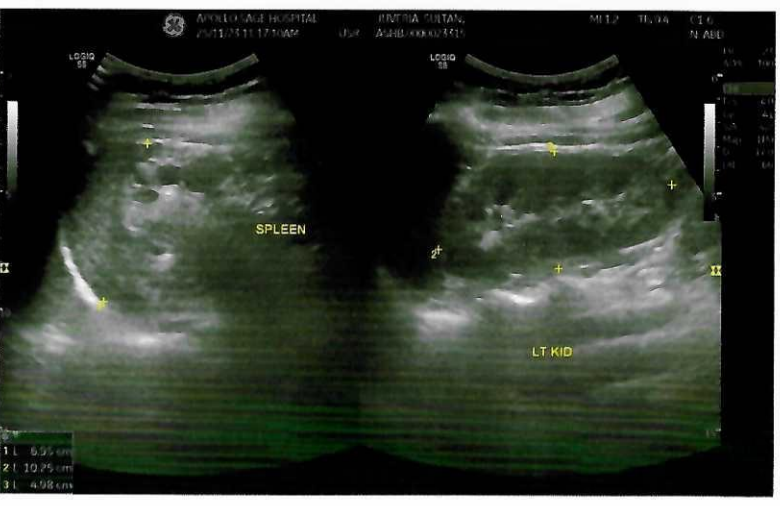
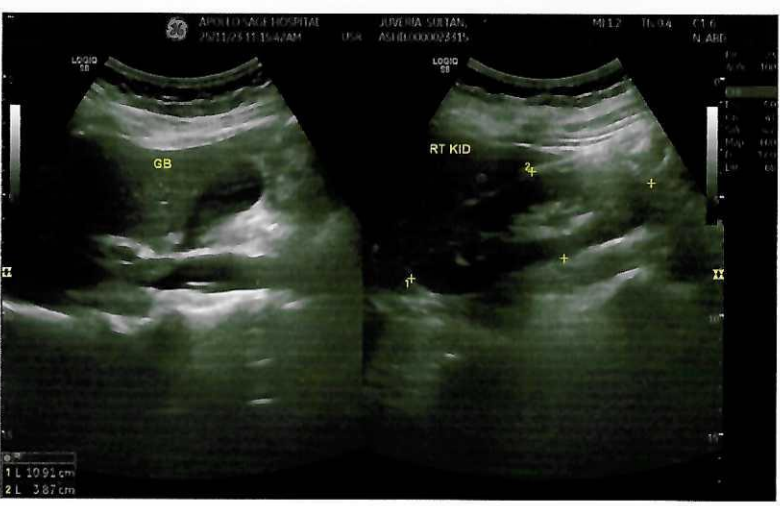
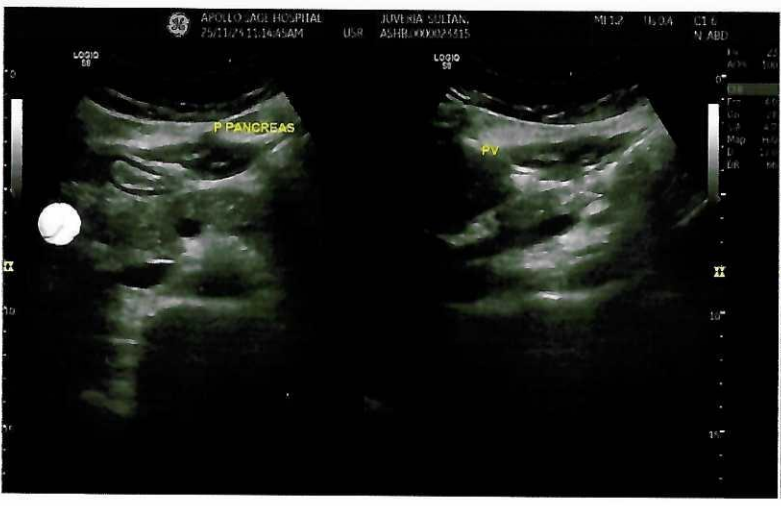
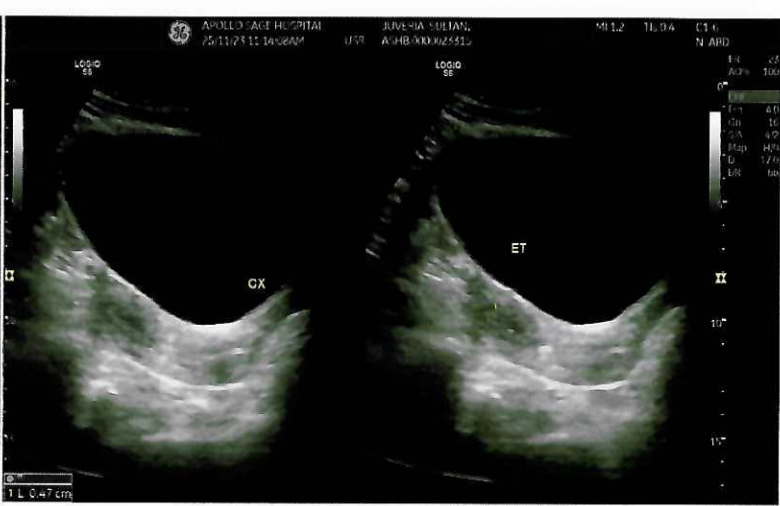
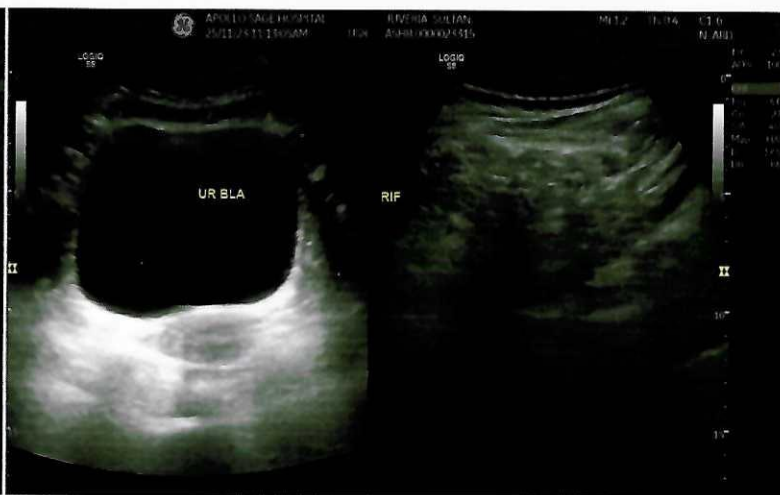
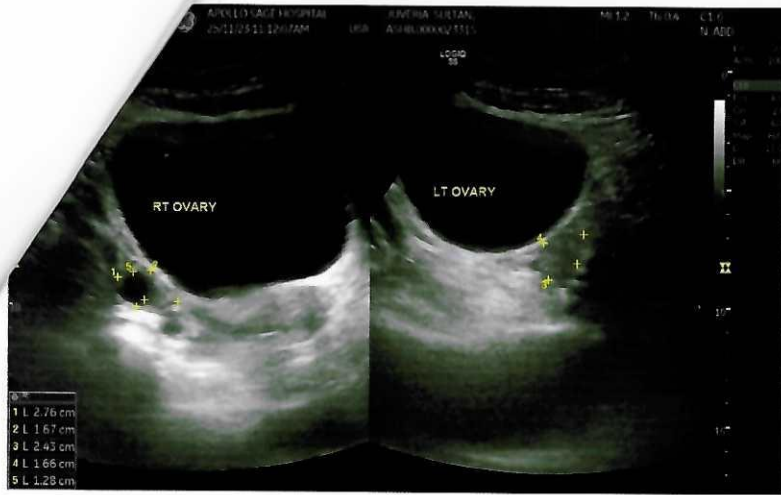
IMPRESSION:- Sonography Study Reveals:-

- **No significant abnormality detected.**

ADV:- Clinical Correlation.

for
Dr Mahesh Kumar Verma, MD
Sr.Consultant Radiologist





Patient Name:	JUVERIA SULTAN	Patient ID:	ASHB.0000023315
Age:	40 Years	Sex:	F
Accession Number:	17101.123012575	Modality:	DX
Referring Physician:	Akhil Kumar Tiwari	Study:	CHEST
Study Date:	25-Nov-2023		

X-RAY CHEST (PA VIEW)

Both lung fields are clear. No active pleural or parenchymal lesion is seen.

The hila, mediastinum, bony thoracic cage and the diaphragmatic domes are normal.

The costophrenic and cardiophrenic angles are clear.

The cardiac silhouette is unremarkable.

IMP:- RADIOGRAPHIC IMAGE REVEALS:-

Normal findings are seen.

Thanks for Ref



DR. HARI SANTOSH
CONSULTANT RADIOLOGIST

Date: 25-Nov-2023 13:37:34





Out Patient Assessment Form

Apollo Hospital, Bhopal

Place Patient Label Here

Mrs. Jyoti Shrivastava
If label not available, write Pt. Name UHID No. IP
No Age, Sex, Date, Name of Treating Physician

Date : 25/11/23

Time : 9:51 AM

Consultant Name : HC

Pain Assessment

Nursing Assessment



Height 153cm

Weight 61.5kg

Pulse : 88/m

BP : 105/76

Allergies (if any)

NO

Falls risk :

Yes

No

Oral hygiene :

Poor

Fair

Good

Investigation Ordered

SpO2 - 94%

BMT - 263

Chief complains past medical / surgical history. Diagnosis, Treatment Plan, Current Medications & Follow - up advice :

Patient Education (Patient Is Briefed on Following) Cost May Vary In Course Of Disease

Proposed Care Plan Yes No

Expected Outcome : Yes No

Expected Cost : Yes No

Admission Advice : Yes No

Consultant Signature

Date :

Time

Name : Ms. JUVERIA SULTAN**OP Number:** BPLAH4775**Bill No:** BPL-OCR-2318**Package Information**

S.No	Service Type\Service Name	Department
1	MEDIWHEEL FULL BODY HEALTH ANNUAL PLUS CHECK FEMALE	
1	ALBUMIN - SERUM	BioChemistry
2	ALBUMIN/GLOBULIN RATIO	BioChemistry
3	ALKALINE PHOSPHATASE - SERUM/PLASMA	BioChemistry
4	ALT(SGPT) - SERUM / PLASMA	BioChemistry
5	AST (SGOT) - SERUM	BioChemistry
6	BILIRUBIN CONJUGATED (DIRECT) - SERUM	BioChemistry
7	BILIRUBIN UNCONJUGATED (INDIRECT) - SERUM	BioChemistry
8	BILIRUBIN, TOTAL - SERUM	BioChemistry
9	BLOOD GROUPING AND TYPING (ABO and Rh)	Blood Bank - 2 Services
10	BUN (BLOOD UREA NITROGEN)	BioChemistry
11	CBC	Haematology
12	CHOLESTEROL - SERUM / PLASMA	BioChemistry
13	COMPLETE BLOOD COUNT(CBC) WITH ESR	Haematology
14	CONSULTATION - DENTAL	Dental
15	CONSULTATION - DIET	Dietetics
16	CONSULTATION - ENT	Ear Nose and Throat
17	CONSULTATION - GYNAEOLOGICAL	OB and Gynaec Ultrasound
18	CONSULTATION - INTERNAL MEDICINE	General Medicine
19	CONSULTATION - OPHTHALMOLOGY	Ophthalmology
20	CREATININE - SERUM / PLASMA	BioChemistry
21	ECG	CARDIOLOGY
22	ERYTHROCYTE SEDIMENTATION RATE (ESR)	Haematology
23	GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	BioChemistry
24	GLOBULIN - SERUM	BioChemistry
25	GLUCOSE - SERUM / PLASMA (FASTING)	BioChemistry
26	GLUCOSE - SERUM / PLASMA (POST PRANDIAL)	BioChemistry

Name : Ms. JUVERIA SULTAN		OP Number: BPLAH4775	Bill No: BPL-OCR-2318
27	GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD		BioChemistry
28	HDL CHOLESTEROL - SERUM / PLASMA		BioChemistry
29	HISTORY TAKING - AHC		Medical
30	LDL CHOLESTEROL - SERUM / PLASMA		BioChemistry
31	LIPID PROFILE TEST (PACKAGE)		BioChemistry
32	LIVER FUNCTION TEST (PACKAGE)		BioChemistry
33	PAP SMEAR /CERVICAL SMEAR		Histopathology
34	PHYSICAL EXAMINATION		Medical
35	PROTEIN TOTAL - SERUM / PLASMA		BioChemistry
36	THYROID PACKAGE		BioChemistry
37	TMT/2D ECHO		CARDIOLOGY
38	TOTAL CHOLESTEROL AND HDL RATIO		BioChemistry
39	TOTAL T3: TRI IODOTHYRONINE - SERUM		BioChemistry
40	TOTAL T4: THYROXINE - SERUM		BioChemistry
41	TRIGLYCERIDES - SERUM / PLASMA		BioChemistry
42	TSH: THYROID STIMULATING HORMONE - SERUM		BioChemistry
43	ULTRASOUND - WHOLE ABDOMEN		Ultrasound Radiology
44	URIC ACID - SERUM / PLASMA		BioChemistry
45	URINE ROUTINE (CUE)		Haematology
46	VLDL CHOLESTEROL - SERUM		BioChemistry
47	X-RAY CHEST PA		X Ray

Amount saved on availing Health Check Package INR 13510

Note: Cancellation of individual test will not be refunded.

Amount saved on availing Health Check Package INR 13510