

PRE-EMPLOYMENT HEALTH CHECK UP FITNESS

Name - AMAR NATH

Age- 33

Gender- M

Department: EYE

Dr. Name: DR. NEHA ARORA

PHYSICAL EXAMINATION:

SPO2: 98

B.P: 130/80

Pulse: 105

Weight: 81.8

Height:

Blood Sugar:

FINDINGS:

VA - 6/9, NB
6/8, NB

9k
MC Ant Sep WMC

Colour vision
Both Eyes 17/17
within normal limits

fundus (undilated) - BE
CDR = 0.3
macula ⊕
MC ⊕

pt is fit from ophthalmological point of view

[Signature]
SIGNATURE
METRO HOSPITAL
PALAM VIHAR
GURUGRAM
HRY

DEPARTMENT OF PATHOLOGY

Patient Name : Mr. AMAR NATH
MR No : 27005
Age/Sex : 31 Years 2 Months 26 Days / Male
Type : OPD
TPA/Corporate :
IP No. :
ROOMTYPE :


Requisition Date & Time : 26/03/2022
Sample Collection Dt.&Tm. : 26/03/2022
Sample Receiving Dt.&Tm. : 26/03/2022
Reporting Dt. & Tm : 26/03/2022
Sample ID : 69951
Bill/Req. No. : 22172271
Referral Doctor : Dr.R.M.O

COMPLETE HAEMOGRAM

Tests	Results	Reference Range	Units	Method
HAEMOGLOBIN	14.9	12.0 - 16.5	gms/dL	COLORIMETRY
TOTAL LEUCOCYTE COUNT	5770	4000 - 11000	/ μ L	Impedance Variation
DIFFERENTIAL COUNT				
NEUTROPHILS	65	2.00-7.00X10 ³ /UL	%	FLOW CYTOMETRY
LYMPHOCYTES	25	20.0 - 40.0	%	FLOW CYTOMETRY
MONOCYTES	05	2.0 - 10.0	%	FLOW CYTOMETRY
EOSINOPHILS	05	0.0 - 5.0	%	FLOW CYTOMETRY
BASOPHILS	00	0.0 - 2.0	%	FLOW CYTOMETRY
RED BLOOD CELL COUNT	4.48	3.5 - 5.5	millions/ μ L	ELECTRICAL IMPEDANCE
PACKED CELL VOLUME	42.6	35.0 - 50.0	%	CALCULATED
MEAN CORPUSCULAR VOLUME	95.1	H 75 - 95	fL	MEASURED
MEAN CORPUSCULAR HAEMOGLOBIN	33.3	H 27 - 31	Picogrammes	CALCULATED
MEAN CORPUSCULAR HB CONC	35.0	33 - 37	%	CALCULATED
PLATELET COUNT	150	150 - 450	THOUSAND/ CUMM	ELECTRICAL IMPEDANCE

***** END OF THE REPORT *****

Dr. RUMA DEY
MBBS, MD(MICROBIOLOGY)
CONSULTANT MICROBIOLOGIST



Dr. ARTI NIGAM
MBBS, MD (PATHOLOGY)
CONSULTANT PATHOLOGIST
HOD PATHLAB

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H-Block, Palam Vihar, Gurugram, Haryana - 122017 | Ph.: 0124-4777000, Mobile No. : 9891424242, 7533033001
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ESR

Tests	Results	Reference Range	Units	Method
E.S.R.	20 <i>H</i>	0 - 15	mm at the end of 1st hr	Westergren

(Manual Modified Westergren)
15.00 mm at first hr 0 - 20 Reference Sedimentation rate (mm in 1 hour at 20 3 deg C)
Men 17-50 yr 10
or < 51-60 yr 12
or < 61-70 yr 14
or < >70 yr 30
Women 17-50 yr 12
or < 51-60 yr 19
or < 61-70 20
or < >70 yr 35 or <

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BLOOD SUGAR FASTING

Tests	Results	Reference Range	Units	Method
PLASMA GLUCOSE FASTING	82.52	60 - 100	mg/dl	god trinders

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BLOOD SUGAR P.P

Tests	Results	Reference Range	Units	Method
FASTING PP				
BLOOD SUGAR P.P.	71.15 L	80 - 150	mg/dl	god trinders

*Results of these tests should always be interpreted in conjunction with patients medical history, clinical presentation and c
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HB A1 C

Tests	Results	Reference Range	Units	Method
HBA1C	4.3	Non-Diabetics 4.0 - 6.0 In Diabetics Good Control 6.1 - 6.8 Fair Control 6.9 - 7.6 Poor Control > 7.6	%	

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LIPID PROFILE (TOTAL CHOLESTEROL LDL HDL TRIGLYCERIDES)

Tests	Results	Reference Range	Units	Method
LIPID PROFILE				
TOTAL CHOLESTEROL	154.50	0 - 200	mg/dL	Cholestrol Oxidase
SERUM TRIGLYCERIDES	107.31	60 - 165	mg/dl	GPO-TRINDER
HDL-CHOLESTEROL	47.27	30 - 70	mg/dl	DIRECT
LDL	85.77	50 - 135	mg/dl	calculated
VLDL CHOLESTEROL	21.46	6 - 32	mg/dL	calculated
TOTAL CHOLESTEROL/HDL RATIO	3.27	2.0 - 5.0	mg/dl	calculated
LDL CHOLESTEROL/HDL RATIO	1.81	1.0 - 3.0	mg/dL	calculated

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LIVER FUNCTION TEST

Tests	Results		Reference Range	Units	Method
LFT					
TOTAL BILIRUBIN	1.16		0.2 - 1.2	mg/dL	DIAZO
DIRECT BILIRUBIN	0.48	H	0 - 0.4	mg/dL	DIAZO METHOD
INDIRECT BILIRUBIN	0.68	H	0.10 - 0.6	mg/dL	Calculated
SGOT (AST)	77.94	H	0 - 45	U/L	IFCC KINETIC
SGPT (ALT)	50.55	H	0 - 45	U/L	IFCC
ALKALINE PHOSPHATASE	79.49		30 - 170	IU/L	MODIFIED IFCC
TOTAL PROTEINS	6.40		6.4 - 8.0	g/dL	Biuret
ALBUMIN	4.34		3.3 - 5.5	g/dL	BCG DYE
GLOBULIN	2.06	L	2.3 - 4.5	g/dL	Calculated
A/G RATIO	2.11		1.1 - 2.5		Calculated

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BLOOD GROUP and RH TYPE

Tests	Results	Reference Range	Units	Method
BLOOD GROUP	" B " RH POSITIVE			MATRIX GEL ABO/Rho (D) FORWARD & REVERSE GROUPING

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URINE ROUTINE MICROSCOPY

Tests	Results	Reference Range	Units	Method
PHYSICAL EXAMINATION U				
VOLUME	20		ml	Visual
COLOUR	Pale Yellow	Pale Yellow		Visual
APPEARANCE	Clear	Clear		Visual
SPECIFIC GRAVITY	1.015	1.005 - 1.030		BROMTHYMOL BLUE
CHEMICAL EXAMINATION .U				
REACTION	Acidic	Acidic		
PH	6.5	4.5 - 8.0		Double Indicator
BLOOD	NIL	NIL		oxidase-peroxide
URINE PROTEIN	Negative	NIL		tetrabromophenol blue
KETONES	++			NITOPRUSSIDE
BILIRUBIN	NIL	NIL		Diazotized dichloroaniline
GLUCOSE/URINE	NIL	NIL		GODPOD/Benedicts
MICROSCOPIC EXAMINATION .U				
PUS CELL	2-4/hpf	2---3/HPF		Microscopy
RED BLOOD CELLS	NIL	NIL		Microscopy
EPITHELIAL CELLS	1-2/hpf	4---5/HPF		Microscopy
CASTS	NIL	NIL		Microscopy
CRYSTALS	NIL	NIL		Microscopy

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IP No. :	Bill/Req. No. : 22172271
ROOMTYPE :	Referral Doctor : Dr.R.M.O

TSH				
Tests	Results	Reference Range	Units	Method
THYROID STIMULATING HORMONE (TSH)	3.25	0.5-5.50 ,	μIU/ml	

Clinical Use: -

TSH is a glycoprotein secreted by anterior Pituitary. It stimulates thyroid hormones synthesis & regulation by thyroid gland.
Monitor T4 replacement or T4 suppressive therapy
Monitor TSH level are used for diagnosis of Hypothyroidism & Hyperthyroidism.

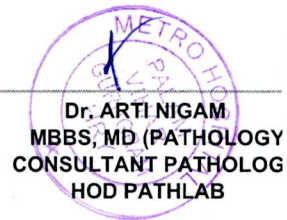
Note: -

TSH levels are subject to circadian variation, reaching peak levels between 2 - 4.a.m. and at a minimum between 6- 10 pm. The variation is of the order of 50% .hence time of the day influences the measured serum TSH concentrations.

* The test has been performed in Park Hospital Sector-47 Gurgaon (NABL ACCREDITED LAB).

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ROOMTYPE :	Referral Doctor : Dr.R.M.O

GGTP

Tests	Results	Reference Range	Units	Method
SERUM GAMMA GPT	21.92	Male : 15 to 85	U/L	GGT

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ROOMTYPE :	Referral Doctor : Dr.R.M.O


BLOOD UREA

Tests	Results	Reference Range	Units	Method
SERUM UREA	28.69	10 - 45	mg/dL	UREASE-GLDH

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Serum Uric Acid

Tests	Results	Reference Range	Units	Method
SERUM URIC ACID	6.02	2.5 - 7	mg/dL	URICASE-TRINDER

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SERUM CREATININE

Tests	Results	Reference Range	Units	Method
SERUM CREATININE	1.10	0.4 - 1.4	mg/dL	Alkaline Picrate

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by PARK GROUP OF HOSPITALS

Patient Name	Mr AMAR NATH	Collection Dt.&Tm.	: 26/03/2022	10.57 AM
Reg No	27005	Uploading Dt.&Tm.	: 26/03/2022	10.42 AM
Age/Sex	31 Years 2 Months 26Days / Male	Printing Dt.&Tm.	: 28/03/2022	1.22 PM
Ref. Doctor	Self	Req. No.	: 22172271	
Type	OPD	Consultant Doctor	: Dr. R.M.O	

CHEST PA

No parenchymal lung lesion seen.
Both domes of diaphragm are normal.
Both costophrenic angles are normal.
Both hila are normal.
Cardiac shape & size normal.

IMPRESSION : NORMAL STUDY.

PLEASE CORRELATE CLINICALLY.



Dr. Sonali Sharma
MD. Consultant Radiology
HMC Regn. No. 19480

Dr. Rajbir Singh Chauhan
Sr. Consultant & Head Radiology
HMC Regn. No. 3527

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Reg No	27005	Uploading Dt.&Tm.	: 26/03/2022	10.42 AM
Age/Sex	31 Years 2 Months 26Days / Male	Printing Dt.&Tm.	: 26/03/2022	12.06 PM
Ref. Doctor	Self	Req. No.	: 22172271	
Type	OPD	Consultant Doctor	: Dr. R.M.O	

ULTRASOUND UPPER ABDOMEN

Liver: Liver is normal in size, shape and echotexture. No focal lesion seen. Intrahepatic biliary radicals are normal.

Gall Bladder: Gall bladder is distended. No calculus seen. Gall bladder shows normal wall thickness. CBD and Portal Vein are normal.

Pancreas: Pancreas is normal in size, shape and echotexture. No peri-pancreatic collection seen.

Spleen: Spleen is mildly enlarged in size (13.2 cm) and normal in echotexture.


Kidneys: Both kidneys are normal in size, shape and site. Echotexture of sinus and cortex is normal. No pelvi-calyceal dilatation seen. No calculus/ mass lesion seen. Cortico-medullary differentiation maintained.

No free fluid is seen.

Impression : Mild splenomegaly.

Please correlate clinically.

Dr. Sonali Sharma
MD. Consultant Radiology
HMC Regn. No. 19480



Dr. Rajbir Singh Chauhan
Sr. Consultant & Head Radiology
HMC Regn. No. 3527

Doppler velocities (cm/sec)

Aortic valve		Pulmonary valve	
Max/ Vel	1.78	Max velocity	-
Max/ PG	12.6mmHg	Max PG	- mmHg
Mitral valve		Tricuspid valve	
E	0.84	Max Velocity	2.35
A	1.03	PASP	26
DT	-	E/E' (>6)	-
E/A	-	S' Velocity (>10cm2/sec)	-

Regurgitation

MR		TR	
Severity	Mild	Severity	Trace
AR		PR	
Severity	Nil	Severity	Nil

Final Interpretation:

- No RWMA is present, LVEF~55-60%
- All cardiac chamber dimensions are normal.
- Mild MR
- Trace TR.
- Grade I LV diastolic dysfunction.
- Normal RV Systolic Function
- No Intracardiac Clot, Vegetations or Pericardial Effusion
- IVC is Normal in size, collapsing and Normal Respiratory Variability.



* **Dr. Madhur Jain**
Senior Consultant
Interventional Cardiology

Note: This is a professional opinion, not final diagnosis. Congenital cardiac lesions are not being ruled out. This modality is having its limitations and the report should be correlated with clinical and other relevant patient data. This report is not valid for medico-legal purpose.

Amer Nath
age - 32/M

QRS	96 ms	Normal sinus rhythm Normal ECG
QT / QTcBaz	348 / 414 ms	
PR	132 ms	
P	98 ms	
RR / PP	704 / 705 ms	
P / QRS / T	58 / 76 / 25 degrees	

