

**PHYSICAL EXAMINATION REPORT**

Patient Name	Bharati Waghmare	Sex/Age	F / 37
Date	11/3/23	Location	Home

**History and Complaints**

MIL

**EXAMINATION FINDINGS:**

Height (cms):	161	Temp (0c):	100.6
Weight (kg):	61	Skin:	MAJ
Blood Pressure	96/72	Nails:	✓
Pulse	90/4	Lymph Node:	NP

**Systems :**

Cardiovascular:	NO
Respiratory:	
Genitourinary:	
GI System:	
CNS:	

**Impression:**

↓ Hb.  
BSL (PP) - Impaired  
HbA1c - PreDiabetic

Urine-Blood  
(2+) RBC's  
15-20/hpf.  
- Ca oxalate crystals (+)  
- Bactestact (+)

↑ Creatinine  
GeT  
Alkaline  
Phosphatase

**Advice:**

- Iron supplement  
- Low fat, low sugar Diet.  
- Drink Plenty of liquids  
- Repeat sugar profile after 5 months.

1)	Hypertension:	
2)	IHD	
3)	Arrhythmia	
4)	Diabetes Mellitus	
5)	Tuberculosis	
6)	Asthama	
7)	Pulmonary Disease	
8)	Thyroid/ Endocrine disorders	no
9)	Nervous disorders	no
10)	GI system	NAD
11)	Genital urinary disorder	
12)	Rheumatic joint diseases or symptoms	
13)	Blood disease or disorder	no
14)	Cancer/lump growth/cyst	
15)	Congenital disease	
16)	Surgeries	no
17)	Musculoskeletal System	NAD

**PERSONAL HISTORY:**

1)	Alcohol	no
2)	Smoking	no
3)	Diet	mixed
4)	Medication	no



**Dr. Manasee Kulkarni**  
M.B.B.S.  
2005/09/3439

022-6170-0000



NAME: - Bharati Waghmare AGE / SEX :- F/40  
REGN NO :- REF DR :-

**GYNECOLOGICAL EXAMINATION REPORT**

**OBSERVED VALUE**

**TEST DONE**

CHIEF COMPLAINTS :-

Nil

MARITAL STATUS :-

Married

MENSTRUAL HISTORY :-

• MENARCHE :-

12

• PRESENT MENSTRUAL HISTORY :-

3/30, LMP - 6/3/23

• PAST MENSTRUAL HISTORY :-

Regular

• OBSTERIC HISTORY :-

G3, P3 A0

• PAST HISTORY :-

3 NVD.

• PREVIOUS SURGERIES :-

Nil

• ALLERGIES :-

= Nil

• FAMILY HOSTORY :-

Nil

0000-0510-5507

• DRUG HISTORY :- Nil

• BOWEL HABITS :-

• BLADDER HABITS :-

**PERSONAL HISTORY :-**

TEMPERATURE :-

RS :-

CVS :-

PULSE / MIN :-

BP ( mm of hg):-

BREAST EXAMINATION:-

PER ABDOMEN :-

PRE VAGINAL:-

RECOMMENDATION :-

Nil

2

2

NAD

*[Handwritten Signature]*

**Dr. Manasee Kulkarni**  
M.B.B.S.

Dr. Manasee Kulkarni  
20051093439

022-6170-0000





Use a QR Code Scanner Application To Scan the Code

CID : 2307019568  
Name : MRS.BHARTI BHARAT WAGHMARE  
Age / Gender : 37 Years / Female  
Consulting Dr. : -  
Reg. Location : G B Road, Thane West (Main Centre)

Collected : 11-Mar-2023 / 10:24  
Reported : 11-Mar-2023 / 15:59

**MEDIWHEEL FULL BODY HEALTH CHECKUP FEMALE ABOVE 40/TMT**

**CBC (Complete Blood Count), Blood**

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
<b><u>RBC PARAMETERS</u></b>			
Haemoglobin	11.3	12.0-15.0 g/dL	Spectrophotometric
RBC	5.15	3.8-4.8 mil/cmm	Elect. Impedance
PCV	35.1	36-46 %	Measured
MCV	68.3	80-100 fl	Calculated
MCH	21.9	27-32 pg	Calculated
MCHC	32.1	31.5-34.5 g/dL	Calculated
RDW	15.8	11.6-14.0 %	Calculated
<b><u>WBC PARAMETERS</u></b>			
WBC Total Count	8040	4000-10000 /cmm	Elect. Impedance
<b><u>WBC DIFFERENTIAL AND ABSOLUTE COUNTS</u></b>			
Lymphocytes	31.7	20-40 %	
Absolute Lymphocytes	2548.7	1000-3000 /cmm	Calculated
Monocytes	6.0	2-10 %	
Absolute Monocytes	482.4	200-1000 /cmm	Calculated
Neutrophils	60.2	40-80 %	
Absolute Neutrophils	4840.1	2000-7000 /cmm	Calculated
Eosinophils	2.0	1-6 %	
Absolute Eosinophils	160.8	20-500 /cmm	Calculated
Basophils	0.1	0.1-2 %	
Absolute Basophils	8.0	20-100 /cmm	Calculated
Immature Leukocytes	-		

WBC Differential Count by Absorbance & Impedance method/Microscopy.

**PLATELET PARAMETERS**

Platelet Count	350000	150000-400000 /cmm	Elect. Impedance
MPV	9.1	6-11 fl	Calculated
PDW	12.6	11-18 %	Calculated

**RBC MORPHOLOGY**





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Collected : 11-Mar-2023 / 10:24  
Reported : 11-Mar-2023 / 15:02

**MEDIWHEEL FULL BODY HEALTH CHECKUP FEMALE ABOVE 40/TMT**

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
GLUCOSE (SUGAR) FASTING, Fluoride Plasma	95.3	Non-Diabetic: < 100 mg/dl Impaired Fasting Glucose: 100-125 mg/dl Diabetic: >/= 126 mg/dl	Hexokinase
GLUCOSE (SUGAR) PP, Fluoride Plasma PP/R	183.1	Non-Diabetic: < 140 mg/dl Impaired Glucose Tolerance: 140-199 mg/dl Diabetic: >/= 200 mg/dl	Hexokinase
Urine Sugar (Fasting)	Absent	Absent	
Urine Ketones (Fasting)	Absent	Absent	

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD G B Road Lab, Thane West  
\*\*\* End Of Report \*\*\*

AREAS OF SPECIAL EXPERTISE

OUR PRESENCE



*Amit Taori*

Dr.AMIT TAORI  
M.D ( Path )  
Pathologist

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Reported : 11-Mar-2023 / 19:32

**MEDIWHEEL FULL BODY HEALTH CHECKUP FEMALE ABOVE 40/TMT**  
**KIDNEY FUNCTION TESTS**

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
BLOOD UREA, Serum	17.0	12.8-42.8 mg/dl	Urease & GLDH
BUN, Serum	7.9	6-20 mg/dl	Calculated
CREATININE, Serum	0.70	0.51-0.95 mg/dl	Enzymatic
eGFR, Serum	100	>60 ml/min/1.73sqm	Calculated
Note: eGFR estimation is calculated using MDRD (Modification of diet in renal disease study group) equation			
TOTAL PROTEINS, Serum	6.7	6.4-8.3 g/dL	Biuret
ALBUMIN, Serum	4.3	3.5-5.2 g/dL	BCG
GLOBULIN, Serum	2.4	2.3-3.5 g/dL	Calculated
A/G RATIO, Serum	1.8	1 - 2	Calculated
URIC ACID, Serum	4.2	2.4-5.7 mg/dl	Uricase
PHOSPHORUS, Serum	3.1	2.7-4.5 mg/dl	Ammonium molybdate
CALCIUM, Serum	8.7	8.6-10.0 mg/dl	N-BAPTA
SODIUM, Serum	139	135-148 mmol/l	ISE
POTASSIUM, Serum	4.3	3.5-5.3 mmol/l	ISE
CHLORIDE, Serum	103	98-107 mmol/l	ISE

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD G B Road Lab, Thane West  
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*J. Mujawar*

Dr.IMRAN MUJAWAR  
M.D ( Path )  
Pathologist



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Collected : 11-Mar-2023 / 10:24  
Reported : 11-Mar-2023 / 16:51

**MEDIWHEEL FULL BODY HEALTH CHECKUP FEMALE ABOVE 40/TMT**

**GLYCOSYLATED HEMOGLOBIN (HbA1c)**

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
Glycosylated Hemoglobin (HbA1c), EDTA WB - CC	5.8	Non-Diabetic Level: < 5.7 % Prediabetic Level: 5.7-6.4 % Diabetic Level: >/= 6.5 %	HPLC
Estimated Average Glucose (eAG), EDTA WB - CC	119.8	mg/dl	Calculated

**Intended use:**

- In patients who are meeting treatment goals, HbA1c test should be performed at least 2 times a year
- In patients whose therapy has changed or who are not meeting glycemic goals, it should be performed quarterly
- For microvascular disease prevention, the HbA1C goal for non pregnant adults in general is Less than 7%.

**Clinical Significance:**

- HbA1c, Glycosylated hemoglobin or glycated hemoglobin, is hemoglobin with glucose molecule attached to it.
- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of glycosylated hemoglobin in the blood.

**Test Interpretation:**

- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of Glycosylated hemoglobin in the blood.
- HbA1c test may be used to screen for and diagnose diabetes or risk of developing diabetes.
- To monitor compliance and long term blood glucose level control in patients with diabetes.
- Index of diabetic control, predicting development and progression of diabetic micro vascular complications.

**Factors affecting HbA1c results:**

**Increased in:** High fetal hemoglobin, Chronic renal failure, Iron deficiency anemia, Splenectomy, Increased serum triglycerides, Alcohol ingestion, Lead/opiate poisoning and Salicylate treatment.

**Decreased in:** Shortened RBC lifespan (Hemolytic anemia, blood loss), following transfusions, pregnancy, ingestion of large amount of Vitamin E or Vitamin C and Hemoglobinopathies

**Reflex tests:** Blood glucose levels, CGM (Continuous Glucose monitoring)

**References:** ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition.

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD G B Road Lab, Thane West

\*\*\* End Of Report \*\*\*



*J. Mujawar*

**Dr.IMRAN MUJAWAR**  
M.D ( Path )  
Pathologist



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Collected : 11-Mar-2023 / 10:24  
Reported : 11-Mar-2023 / 19:43

**MEDIWHEEL FULL BODY HEALTH CHECKUP FEMALE ABOVE 40/TMT**  
**URINE EXAMINATION REPORT**

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
<b>PHYSICAL EXAMINATION</b>			
Color	Yellow	Pale Yellow	-
Reaction (pH)	5.0	4.5 - 8.0	Chemical Indicator
Specific Gravity	1.020	1.001-1.030	Chemical Indicator
Transparency	Slight hazy	Clear	-
Volume (ml)	02	-	-
<b>CHEMICAL EXAMINATION</b>			
Proteins	Absent	Absent	pH Indicator
Glucose	Absent	Absent	GOD-POD
Ketones	Absent	Absent	Legals Test
Blood	2+	Absent	Peroxidase
Bilirubin	Absent	Absent	Diazonium Salt
Urobilinogen	Normal	Normal	Diazonium Salt
Nitrite	Absent	Absent	Griess Test
<b>MICROSCOPIC EXAMINATION</b>			
Leukocytes(Pus cells)/hpf	5-6	0-5/hpf	
Red Blood Cells / hpf	15-20	0-2/hpf	
Epithelial Cells / hpf	6-8		
Casts	Absent	Absent	
Crystals	Ca-oxalate: Occasional	Absent	
Amorphous debris	Absent	Absent	
Bacteria / hpf	++	Less than 20/hpf	
Others	-		

**Interpretation:** The concentration values of Chemical analytes corresponding to the grading given in the report are as follows:

- Protein:(1+ -25 mg/dl, 2+ -75 mg/dl, 3+ - 150 mg/dl, 4+ - 500 mg/dl)
- Glucose:(1+ - 50 mg/dl, 2+ -100 mg/dl, 3+ -300 mg/dl,4+ -1000 mg/dl)
- Ketone:(1+ -5 mg/dl, 2+ -15 mg/dl, 3+ - 50 mg/dl, 4+ - 150 mg/dl)

**Reference:** Pack insert

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab



*Anupa*  
**Dr.ANUPA DIXIT**  
M.D.(PATH)  
Consultant Pathologist & Lab Director



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Collected :  
Reported :

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Reported : 11-Mar-2023 / 16:32

**MEDIWHEEL FULL BODY HEALTH CHECKUP FEMALE ABOVE 40/TMT**  
**BLOOD GROUPING & Rh TYPING**

PARAMETER	RESULTS
ABO GROUP	B
Rh TYPING	Positive

NOTE: Test performed by Semi- automated column agglutination technology (CAT)

Specimen: EDTA Whole Blood and/or serum

Clinical significance:  
ABO system is most important of all blood group in transfusion medicine

**Limitations:**

- ABO blood group of new born is performed only by cell (forward) grouping because allo antibodies in cord blood are of maternal origin.
- Since A & B antigens are not fully developed at birth, both Anti-A & Anti-B antibodies appear after the first 4 to 6 months of life. As a result, weaker reactions may occur with red cells of newborns than of adults.
- Confirmation of newborn's blood group is indicated when A & B antigen expression and the isoagglutinins are fully developed at 2 to 4 years of age & remains constant throughout life.
- Cord blood is contaminated with Wharton's jelly that causes red cell aggregation leading to false positive result
- The Hh blood group also known as Oh or Bombay blood group is rare blood group type. The term Bombay is used to refer the phenotype that lacks normal expression of ABH antigens because of inheritance of hh genotype.

**References:**

1. Denise M Harmening, Modern Blood Banking and Transfusion Practices- 6th Edition 2012. F.A. Davis company. Philadelphia
2. AABB technical manual

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD G B Road Lab, Thane West  
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*J. Mujawar*

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Reported : 11-Mar-2023 / 19:32

**MEDIWHEEL FULL BODY HEALTH CHECKUP FEMALE ABOVE 40/TMT**

**LIPID PROFILE**

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
CHOLESTEROL, Serum	188.8	Desirable: <200 mg/dl Borderline High: 200-239mg/dl High: >=240 mg/dl	CHOD-POD
TRIGLYCERIDES, Serum	78.2	Normal: <150 mg/dl Borderline-high: 150 - 199 mg/dl High: 200 - 499 mg/dl Very high:>=500 mg/dl	GPO-POD
HDL CHOLESTEROL, Serum	58.8	Desirable: >60 mg/dl Borderline: 40 - 60 mg/dl Low (High risk): <40 mg/dl	Homogeneous enzymatic colorimetric assay
NON HDL CHOLESTEROL, Serum	130.0	Desirable: <130 mg/dl Borderline-high: 130 - 159 mg/dl High: 160 - 189 mg/dl Very high: >=190 mg/dl	Calculated
LDL CHOLESTEROL, Serum	114.0	Optimal: <100 mg/dl Near Optimal: 100 - 129 mg/dl Borderline High: 130 - 159 mg/dl High: 160 - 189 mg/dl Very High: >= 190 mg/dl	Calculated
VLDL CHOLESTEROL, Serum	16.0	< /= 30 mg/dl	Calculated
CHOL / HDL CHOL RATIO, Serum	3.2	0-4.5 Ratio	Calculated
LDL CHOL / HDL CHOL RATIO, Serum	1.9	0-3.5 Ratio	Calculated

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD G B Road Lab, Thane West  
\*\*\* End Of Report \*\*\*



*J. Mujawar*

**Dr. IMRAN MUJAWAR**  
M.D ( Path )  
Pathologist

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Name : MRS.BHARTI BHARAT WAGHMARE  
Age / Gender : 37 Years / Female  
Consulting Dr. : -  
Reg. Location : G B Road, Thane West (Main Centre)

Collected : 11-Mar-2023 / 10:24  
Reported : 11-Mar-2023 / 22:10

**MEDIWHEEL FULL BODY HEALTH CHECKUP FEMALE ABOVE 40/TMT**  
**THYROID FUNCTION TESTS**

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
Free T3, Serum	4.1	3.5-6.5 pmol/L	ECLIA
Free T4, Serum	14.7	11.5-22.7 pmol/L First Trimester:9.0-24.7 Second Trimester:6.4-20.59 Third Trimester:6.4-20.59	ECLIA
sensitiveTSH, Serum	1.62	0.35-5.5 microIU/ml First Trimester:0.1-2.5 Second Trimester:0.2-3.0 Third Trimester:0.3-3.0	ECLIA

AREAS OF SPECIAL EXPERTISE

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Consulting Dr. : -  
Reg. Location : G B Road, Thane West (Main Centre)

Collected : 11-Mar-2023 / 10:24  
Reported : 11-Mar-2023 / 22:10

**Interpretation:**

A thyroid panel is used to evaluate thyroid function and/or help diagnose various thyroid disorders.

**Clinical Significance:**

- 1)TSH Values between high abnormal upto15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors can give falsely high TSH.
- 2)TSH values may be transiently altered because of non thyroidal illness like severe infections,liver disease, renal and heart severe burns, trauma and surgery etc.

TSH	FT4 / T4	FT3 / T3	Interpretation
High	Normal	Normal	Subclinical hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of non-thyroidal illness, TSH Resistance.
High	Low	Low	Hypothyroidism, Autoimmune thyroiditis, post radio iodine Rx, post thyroidectomy, Anti thyroid drugs, tyrosine kinase inhibitors & amiodarone, amyloid deposits in thyroid, thyroid tumors & congenital hypothyroidism.
Low	High	High	Hyperthyroidism, Graves disease, toxic multinodular goiter, toxic adenoma, excess iodine or thyroxine intake, pregnancy related (hyperemesis gravidarum, hydatiform mole)
Low	Normal	Normal	Subclinical Hyperthyroidism, recent Rx for Hyperthyroidism, drugs like steroids & dopamine), Non thyroidal illness.
Low	Low	Low	Central Hypothyroidism, Non Thyroidal Illness, Recent Rx for Hyperthyroidism.
High	High	High	Interfering anti TPO antibodies, Drug interference: Amiodarone, Heparin, Beta Blockers, steroids & anti epileptics.

**Diurnal Variation:**TSH follows a diurnal rhythm and is at maximum between 2 am and 4 am , and is at a minimum between 6 pm and 10 pm. The variation is on the order of 50 to 206%. **Biological variation:**19.7%(with in subject variation)

**Reflex Tests:**Anti thyroid Antibodies,USG Thyroid ,TSH receptor Antibody. Thyroglobulin, Calcitonin

**Limitations:**

1. Samples should not be taken from patients receiving therapy with high biotin doses (i.e. >5 mg/day) until atleast 8 hours following the last biotin administration.
2. Patient samples may contain heterophilic antibodies that could react in immunoassays to give falsely elevated or depressed results. this assay is designed to minimize interference from heterophilic antibodies.

**Reference:**

- 1.O.koulouri et al. / Best Practice and Research clinical Endocrinology and Metabolism 27(2013)
- 2.Interpretation of the thyroid function tests, Dayan et al. THE LANCET . Vol 357
- 3.Tietz ,Text Book of Clinical Chemistry and Molecular Biology -5th Edition
- 4.Biological Variation:From principles to Practice-Callum G Fraser (AACC Press)

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD G B Road Lab, Thane West  
\*\*\* End Of Report \*\*\*



*Amit Taori*

**Dr.AMIT TAORI**  
M.D ( Path )  
Pathologist



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**MEDIWHEEL FULL BODY HEALTH CHECKUP FEMALE ABOVE 40/TMT**  
**LIVER FUNCTION TESTS**

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
BILIRUBIN (TOTAL), Serum	0.54	0.1-1.2 mg/dl	Diazo
BILIRUBIN (DIRECT), Serum	0.23	0-0.3 mg/dl	Diazo
BILIRUBIN (INDIRECT), Serum	0.31	0.1-1.0 mg/dl	Calculated
TOTAL PROTEINS, Serum	6.7	6.4-8.3 g/dL	Biuret
ALBUMIN, Serum	4.3	3.5-5.2 g/dL	BCG
GLOBULIN, Serum	2.4	2.3-3.5 g/dL	Calculated
A/G RATIO, Serum	1.8	1 - 2	Calculated
SGOT (AST), Serum	24.4	5-32 U/L	IFCC without pyridoxal phosphate activation
SGPT (ALT), Serum	31.4	5-33 U/L	IFCC without pyridoxal phosphate activation
GAMMA GT, Serum	59.3	3-40 U/L	IFCC
ALKALINE PHOSPHATASE, Serum	112.8	35-105 U/L	PNPP

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\*\*\* End Of Report \*\*\*



*J. Mujawar*

**Dr. IMRAN MUJAWAR**  
M.D ( Path )  
Pathologist



Patient Name: BHARTI BHARAT WAGHMARE  
Patient ID: 2307019568

Date and Time: 11th Mar 23 1:38 PM

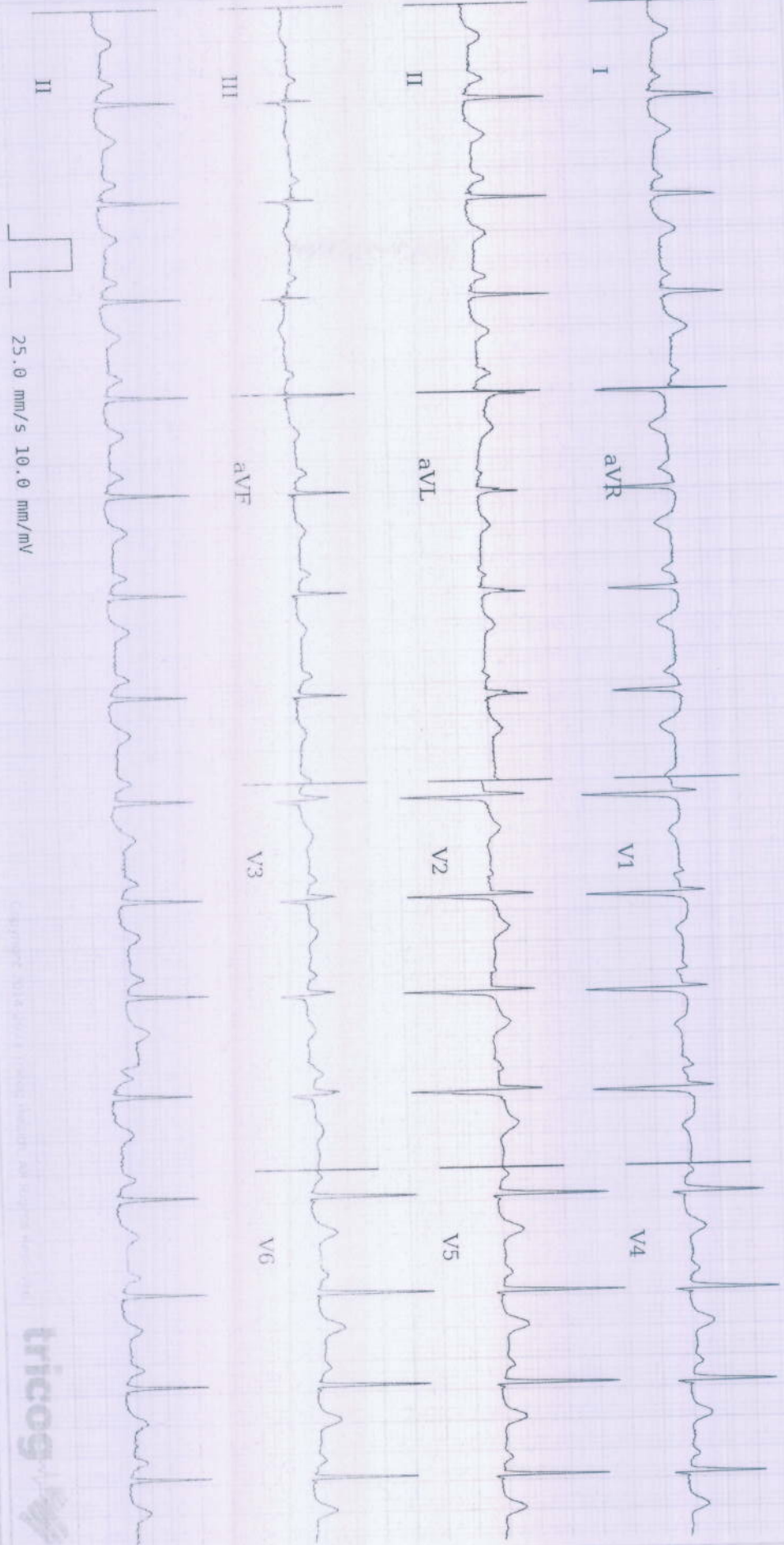
Age 37 6 7  
years months days

Gender **Female**

Heart Rate **98bpm**

**Patient Vitals**

BP: NA  
Weight: NA  
Height: NA  
Pulse: NA  
Spo2: NA  
Resp: NA  
Others:



ECG Within Normal Limits: Sinus Rhythm. Please correlate clinically.



REPORTED BY

DR SHAILAJA PILLAI  
MBBS, MD Physician  
MD Physician  
49972

Disclaimer: 1) Analysis in this report is based on ECG alone and should be used as an adjunct to clinical history, symptoms, and results of other invasive and non-invasive tests and must be interpreted by a qualified physician. 2) Patient vitals are entered by the clinician and not derived from the ECG.

Date:

To,  
**Suburban Diagnostics (India) Private Limited**  
1,2,3, Pride Park, Opp Lawkim Company,  
Near R Mall, Ghodbander Road,  
Thane (W), Mumbai- 400607

**SUBJECT- TO WHOMSOEVER IT MAY CONCERN**

Dear Sir/ Madam,

This is to inform you that I, Myself Mr/ Mrs/ Ms.  
Bharati Waghmare  
don't want to performed the following tests:

- 1) Mammography
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_
- 4) \_\_\_\_\_
- 5) \_\_\_\_\_
- 6) \_\_\_\_\_

CID No. & Date :

\_\_\_\_\_

Corporate/ TPA/ Insurance Client Name :

\_\_\_\_\_

Thanking you.

भारती व वाघमारे

Yours sincerely,

(Mr/Mrs/Ms. \_\_\_\_\_)



Date:- 11/3/23

CID:

Name:- *Bharti B. Waghmare* Sex/ Age: *F 37*

**EYE CHECK UP**

Chief complaints: *RCU*

Systemic Diseases: *All*

Past history: *All*

Unaided Vision: *BC 6/9 NVB 2 HD*

Aided Vision:

Refraction:

	(Right Eye)				(Left Eye)			
	Sph	Cyl	Axis	Vn	Sph	Cyl	Axis	Vn
Distance								
Near								

Colour Vision: Normal / Abnormal

Remark: *Normal Vision.*

**MR. PRAKASH KUDVA**  
*[Signature]*  
**SR. OPTOMETRIST**



# SUBURBAN DIAGNOSTICS (THANE GB ROAD)

Email:

618 (2307019568) / BHARTI WAGHMARE / 37 Yrs / F / 149 Cms / 48 Kg  
Date: 11 / 03 / 2023 12:25:06 PM

Report



Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:12	0:12	00.0	00.0	01.0	117	64 %	120/80	140	00	
Standing	00:20	0:08	00.0	00.0	01.0	121	66 %	120/80	145	00	
HV	00:27	0:07	00.0	00.0	01.0	121	66 %	120/80	145	00	
ExStart	00:35	0:08	00.0	00.0	01.0	110	60 %	120/80	132	00	
BRUCE Stage 1	03:35	3:00	01.7	10.0	04.7	149	81 %	140/80	208	00	
PeakEx	04:12	0:37	02.5	12.0	05.2	156	85 %	150/80	233	00	
Recovery	05:12	1:00	00.0	00.0	01.0	119	65 %	150/80	178	00	
Recovery	06:12	2:00	00.0	00.0	01.0	122	67 %	150/80	183	00	
Recovery	06:36				00.0	000	0 %	---/---	000	00	

## FINDINGS :

Exercise Time : 03:37  
 Initial HR (ExStrt) : 110 bpm 60% of Target 183  
 Initial BP (ExStrt) : 120/80 (mm/Hg)  
 Max WorkLoad Attained : 5.2 Fair response to induced stress  
 Max ST Dep Lead & Avg ST Value : V1 & -0.9 mm in ExStart  
 Test End Reasons : , Feeling Uncomfortable , Fatigue,

Max HR Attained 156 bpm 85% of Target 183  
 Max BP Attained 150/80 (mm/Hg)

Doctor : DR SHAILAJA PILLAI

Dr. SHAILAJA PILLAI

M.D. (GEN.MED)

R.NO. 49972





EMail: 618 / BHARTI WAGHMARE / 37 Yrs / F / 149 Cms / 48 Kg Date: 11 / 03 / 2023 12:25:06 PM

REPORT :

**PROCEDURE DONE:** Graded exercise treadmill stress test.

**STRESS ECG RESULTS:** The Initial HR was recorded as 121.0 bpm, and the maximum predicted Target Heart Rate 183.0. The BP increased at the time of generating report as 150.0/80.0 mmHg The Max Dep went upto 0.5. 0.0 Ectopic Beats were observed during the Test.

**CONCLUSIONS:**

1. TMT is negative for exercise induced ischemia.
2. Accelerated chronotropic and Normal inotropic response.
3. No significant ST T changes seen.

Doctor : DR SHAILAJA PILLAI

  
Dr. SHAILAJA PILLAI  
M.D. (GEN.MED)  
R.NO. 49972



SUBURBAN DIAGNOSTICS (THANE GB ROAD)

618 (23070195668) / BHARTI WAGHMARE / 37 Yrs / F / 149 Cms / 48 Kg / HR : 117

SUPINE ( 00:01 )

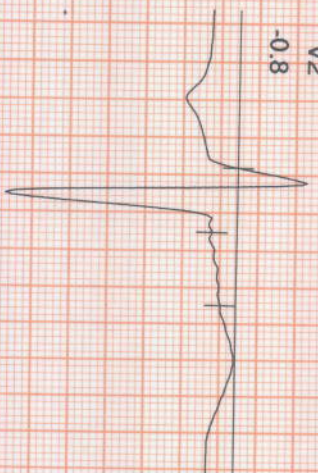


Date: 11 / 03 / 2023 12:25:06 PM METS: 1.0/117 bpm 64% of THR BP: 120/80 mmHg Raw ECG/ BLC On/ Natch On/ HF 0.05 Hz/LF 100 Hz

ExtTime: 00:00 0.0 mph, 0.0%  
25 mm/Sec. 1.0 Cm/mV

4X 80 mS Post J

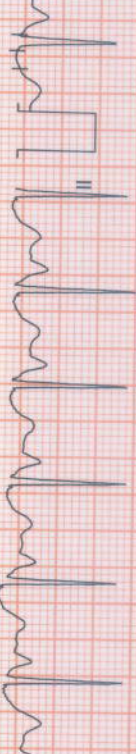
V2 -0.8



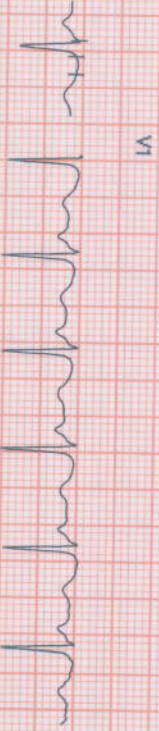
STL -0.1  
STs 0.2



II 0.1  
0.6



V1 -0.3  
0.0



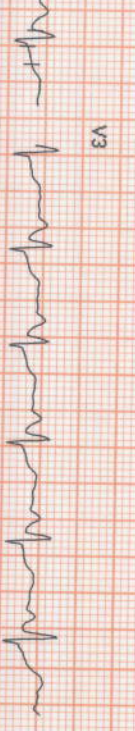
V2 -0.8  
0.4



III 0.3  
0.4



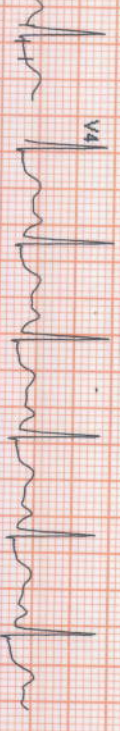
V3 -0.4  
0.7



aVR 0.0  
0.0  
-0.4



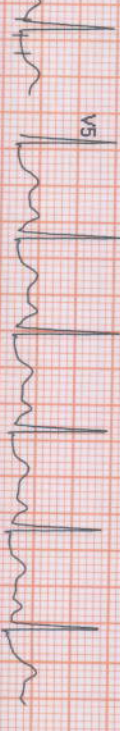
V4 -0.1  
0.5



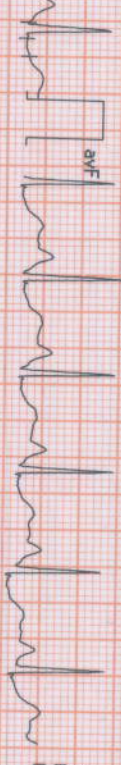
aVL -0.2  
-0.1



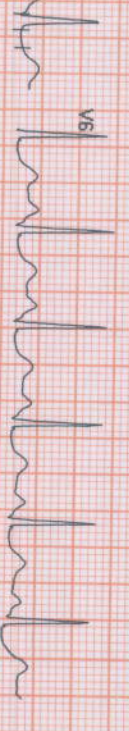
V5 0.0  
0.4



aVF 0.2  
0.2  
0.5



V6 0.2  
0.2  
0.3



REMARKS:





# SUBURBAN DIAGNOSTICS (THANE GB ROAD)

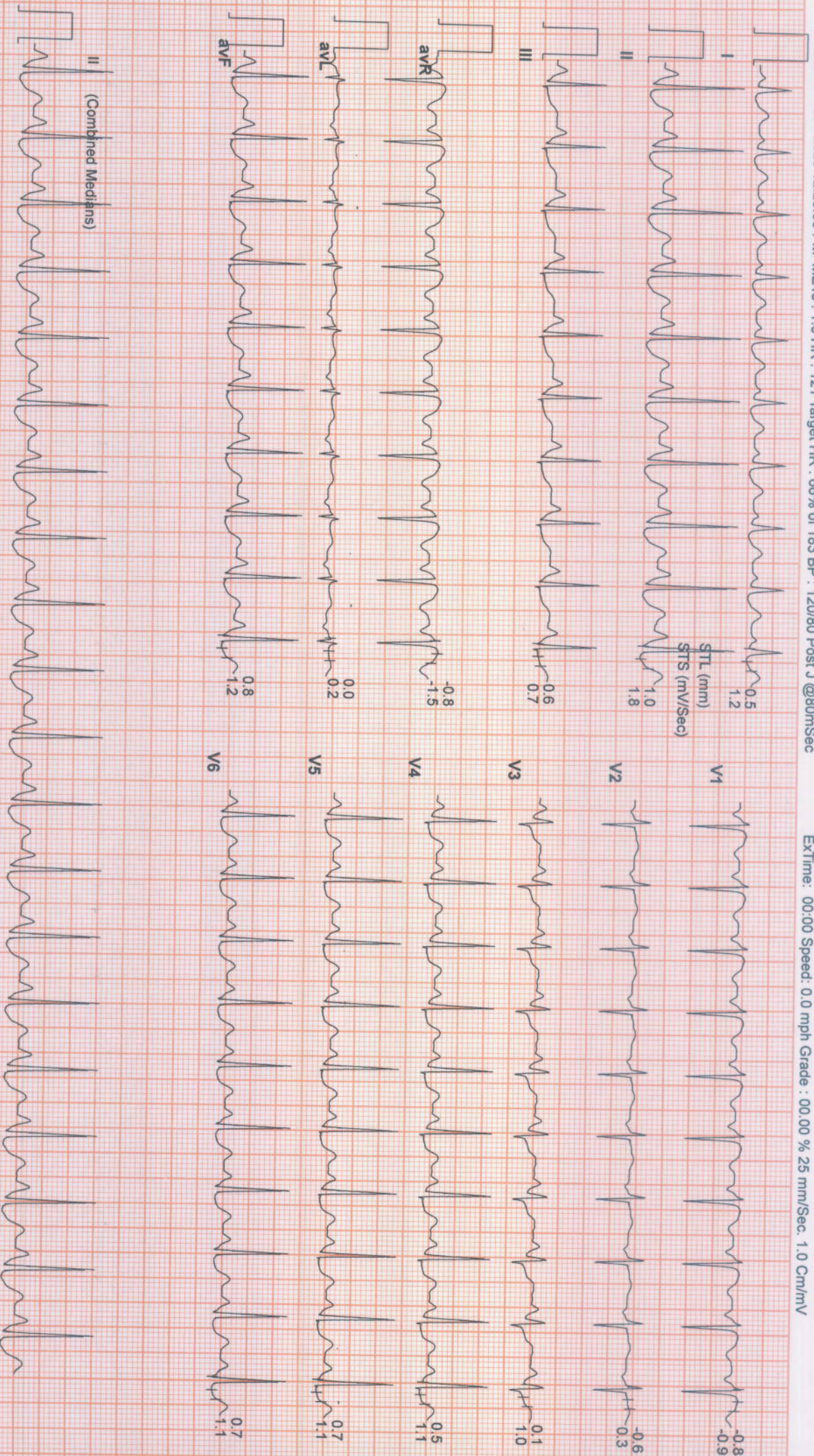
618 / BHARTI WAGHMARE / 37 Yrs / Female / 149 Cm / 48 Kg

6X2 Combine Medians + 1 Rhythm  
STANDING ( 00:00 )



Date: 11 / 03 / 2023 12:25:06 PM METs : 1.0 HR : 121 Target HR : 66% of 183 BP : 120/80 Post J @80mSec

EXTime: 00:00 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



II (Combined Medians)





# SUBURBAN DIAGNOSTICS (THANE GB ROAD)

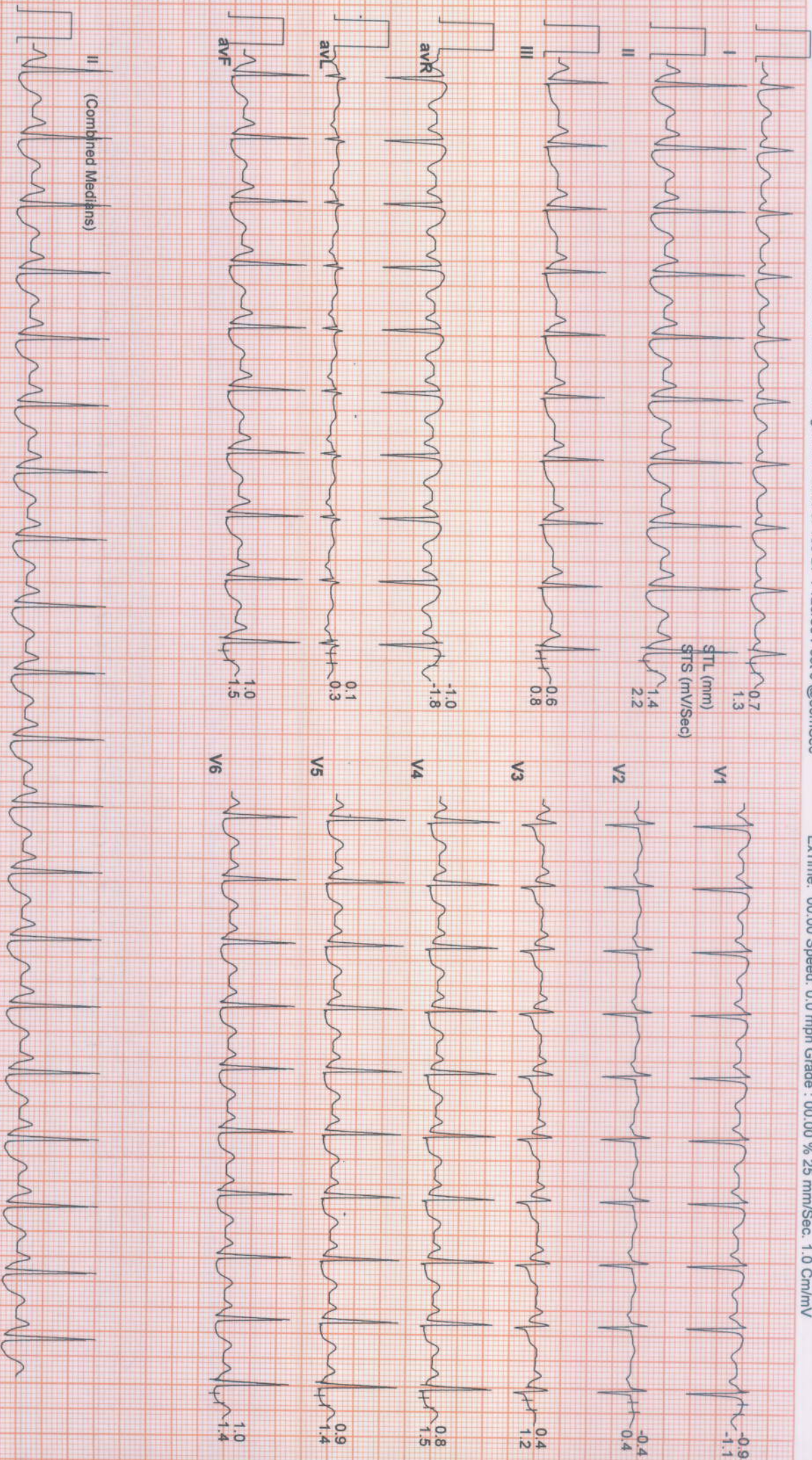
618 / BHARTI WAGHMARE / 37 Yrs / Female / 149 Cm / 48 Kg

6X2 Combine Medians + 1 Rhythm  
HV ( 00:00 )



Date: 11 / 03 / 2023 12:25:06 PM METs : 1.0 HR : 121 Target HR : 66% of 183 BP : 120/80 Post J @80mSec

ExTime: 00:00 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



II (Combined Medians)





**SUBURBAN DIAGNOSTICS (THANE GB ROAD)**

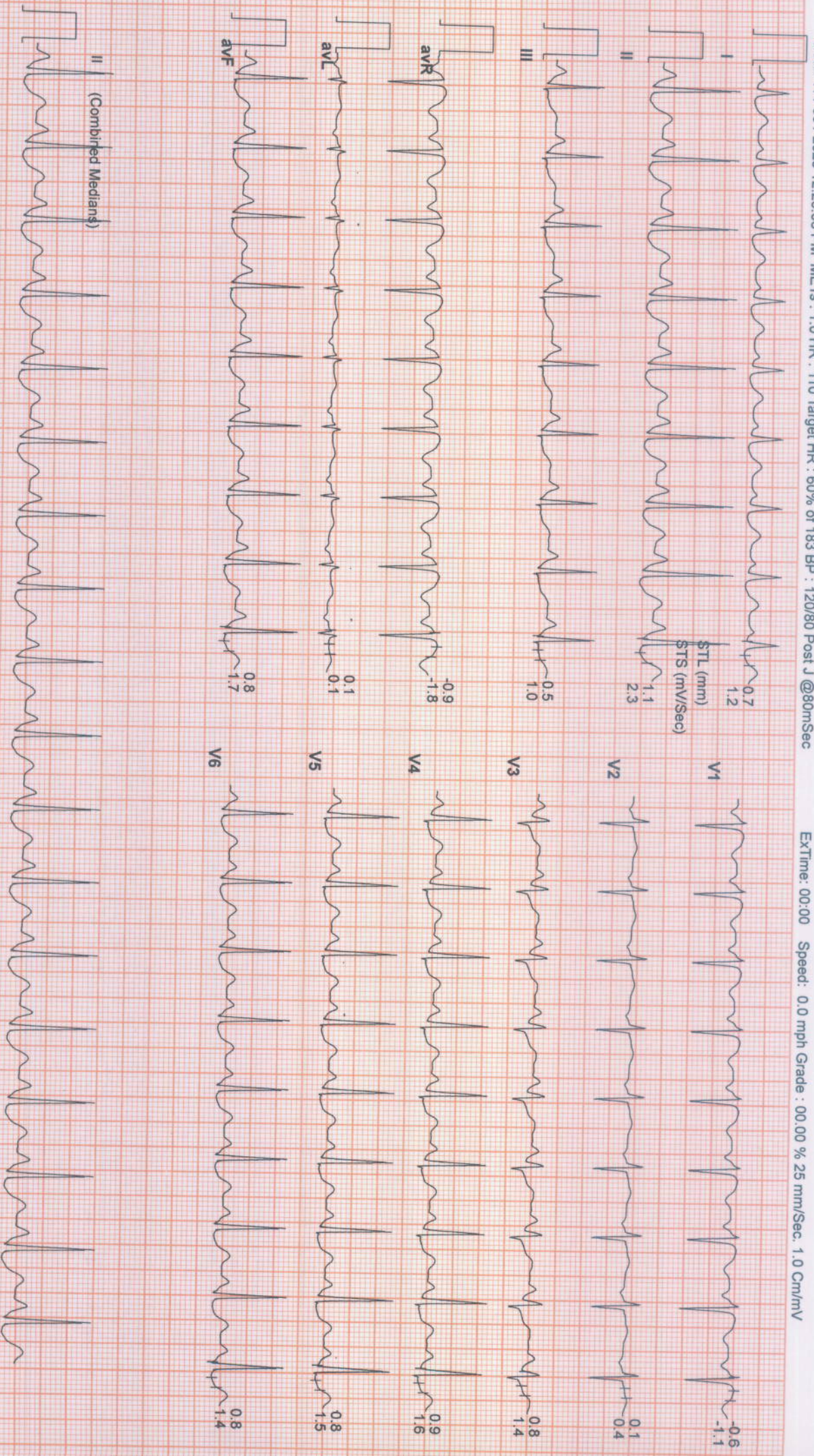
618 / BHARTI WAGHMARE / 37 Yrs / Female / 149 Cm / 48 Kg

**6X2 Combine Medians + 1 Rhythm**  
EXStt



Date: 11 / 03 / 2023 12:25:06 PM METs : 1.0 HR : 110 Target HR : 60% of 183 BP : 120/80 Post J @80mSec

ExTime: 00:00 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



II (Combined Medians)





**SUBURBAN DIAGNOSTICS (THANE GB ROAD)**

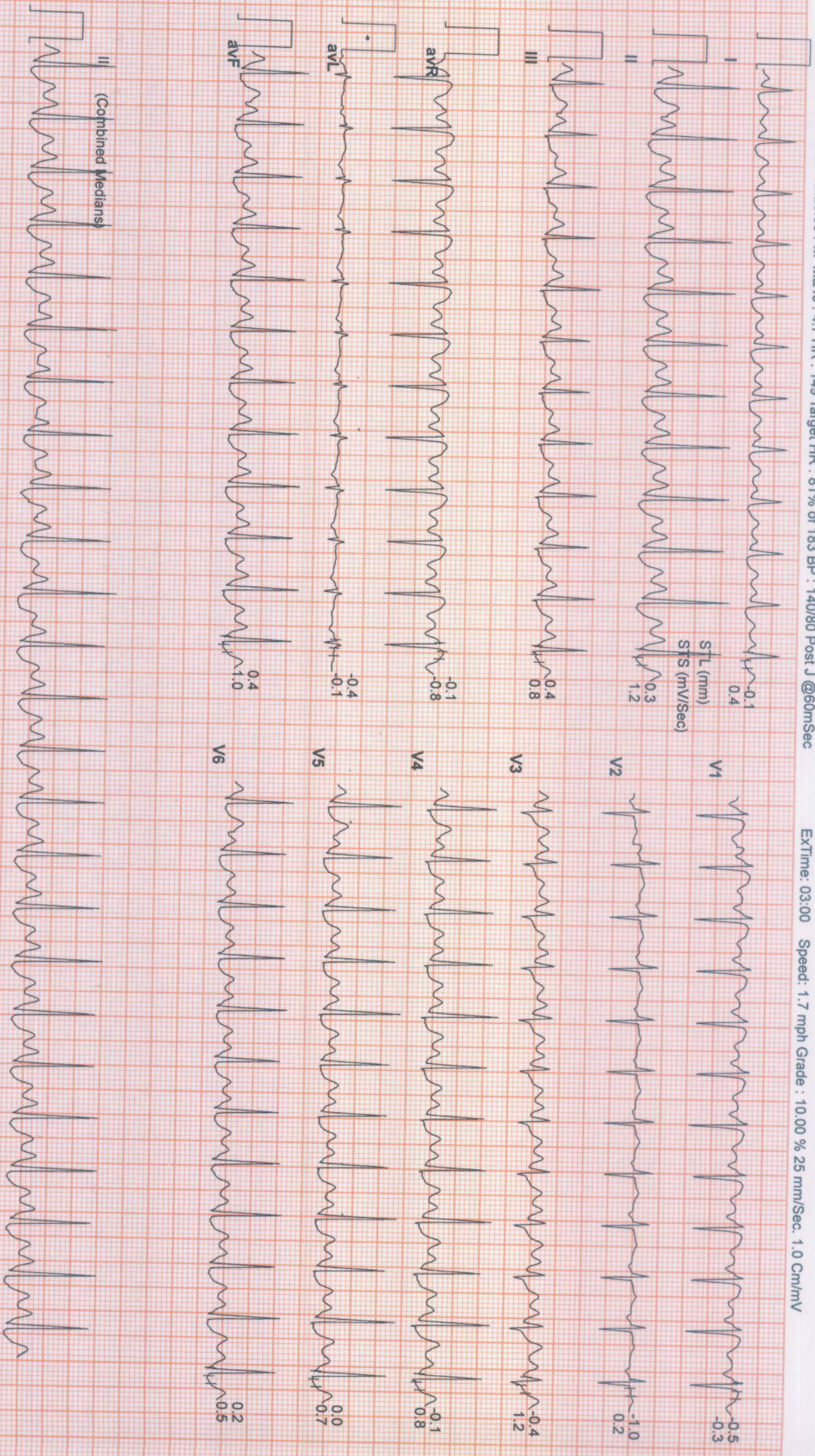
618 / BHARTI WAGHMARE / 37 Yrs / Female / 149 Cm / 48 Kg

Date: 11 / 03 / 2023 12:25:06 PM METs : 4.7 HR : 149 Target HR : 81% of 183 BP : 140/80 Post J @60mSec

**6X2 Combine Medians + 1 Rhythm**  
BRUCE : Stage 1 ( 03:00 )



ExTime: 03:00 Speed: 1.7 mph Grade : 10.00 % 25 mm/Sec. 1.0 Cm/mV





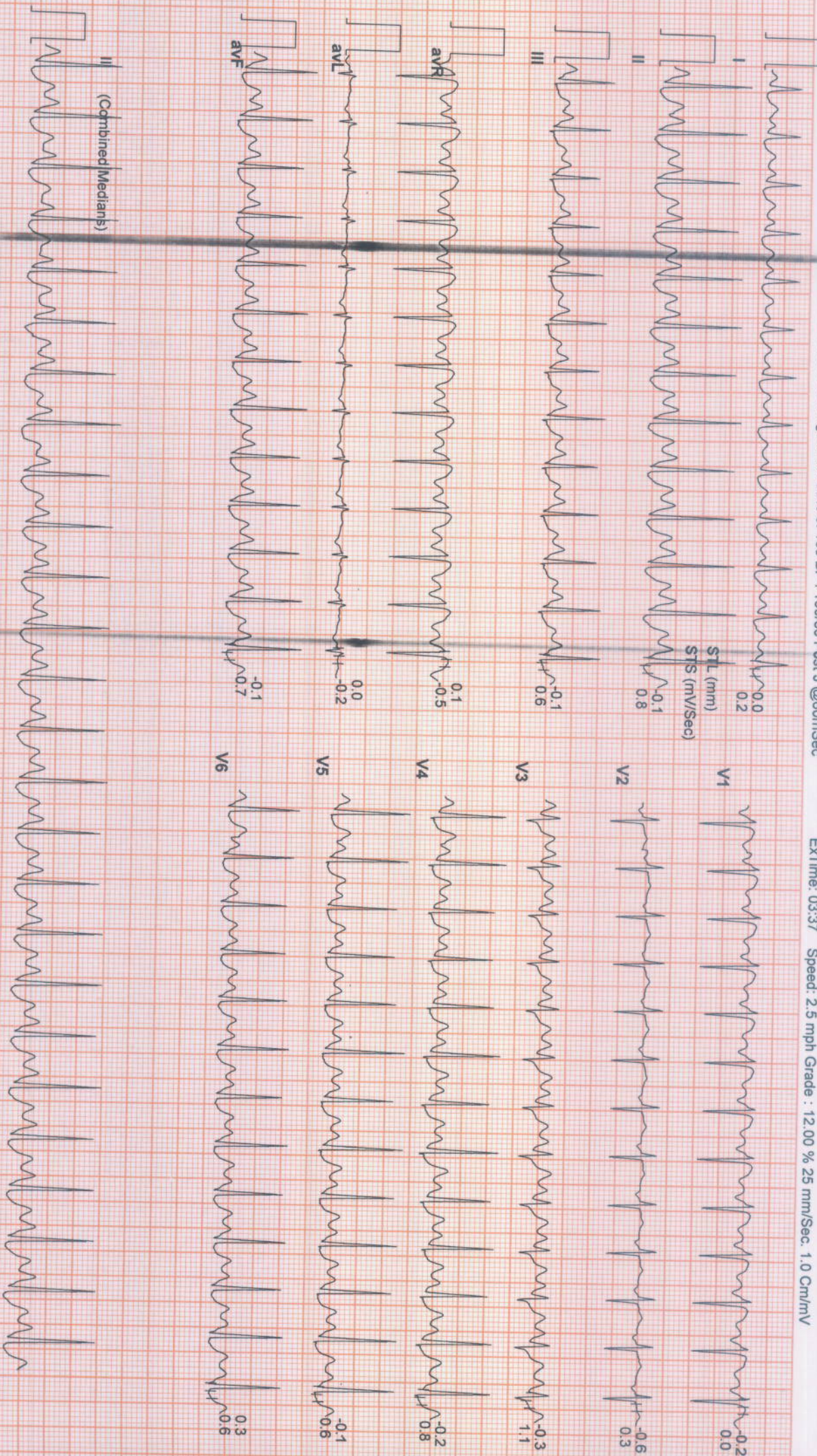
**SUBURBAN DIAGNOSTICS (THANE GB ROAD)**

618 / BHARTI WAGHMARE / 37 Yrs / Female / 149 Cm / 48 Kg

Date: 11 / 03 / 2023 12:25:06 PM METs : 5.2 HR : 156 Target HR : 85% of 183 BP : 150/80 Post J @60mSec

EXTime: 03:37 Speed: 2.5 mph Grade : 12.00 % 25 mm/Sec. 1.0 Cm/mV

**6X2 Combine Medians + 1 Rhythm**  
PeakEx





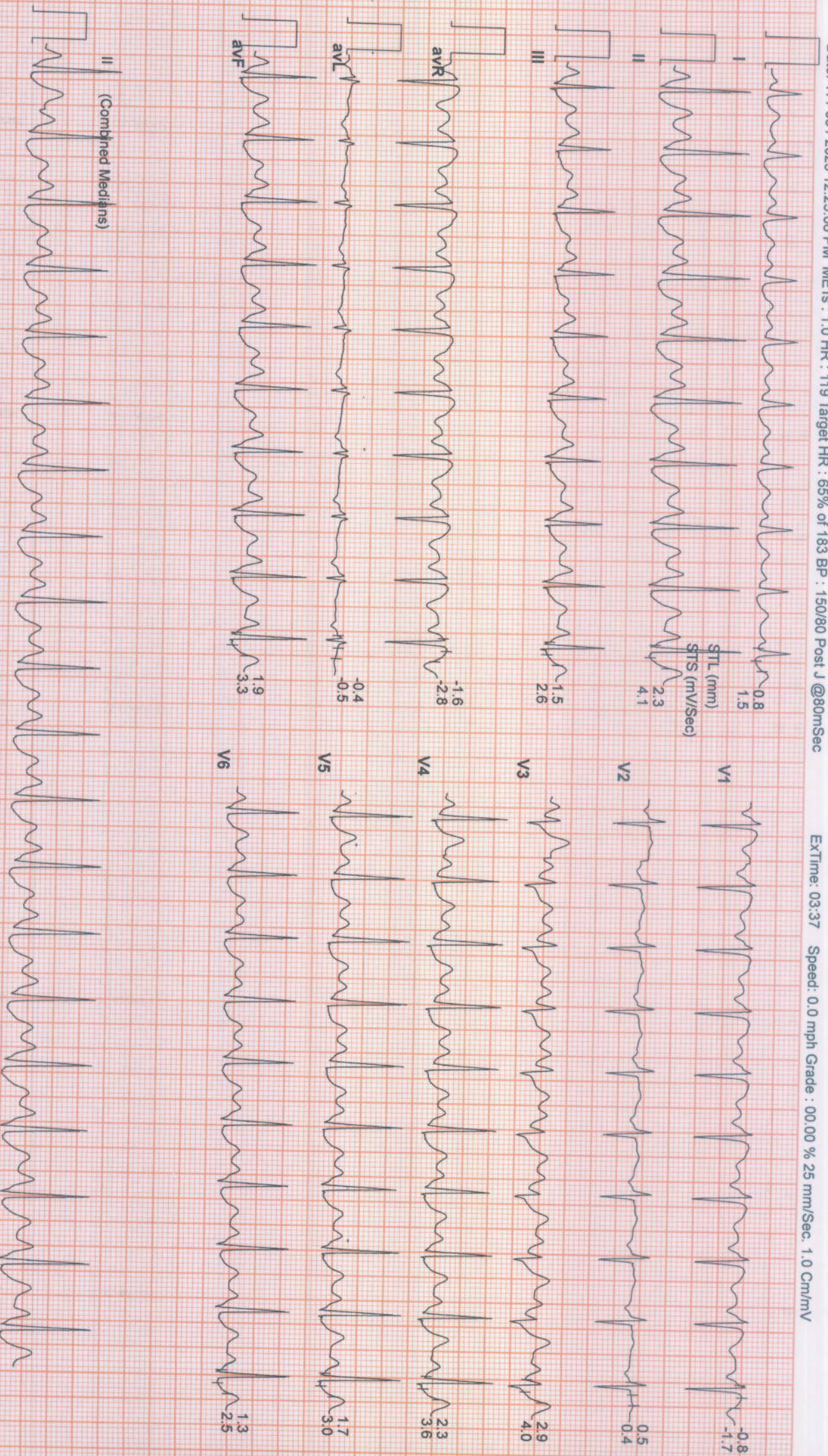
**SUBURBAN DIAGNOSTICS (THANE GB ROAD)**

618 / BHARTI WAGHMARE / 37 Yrs / Female / 149 Cm / 48 Kg

Date: 11 / 03 / 2023 12:25:06 PM METs : 1.0 HR : 119 Target HR : 65% of 183 BP : 150/80 Post J @80mSec

**6X2 Combine Medians + 1 Rhythm**  
Recovery : ( 01:00 )

EXTime: 03:37 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV





**SUBURBAN DIAGNOSTICS (THANE GB ROAD)**

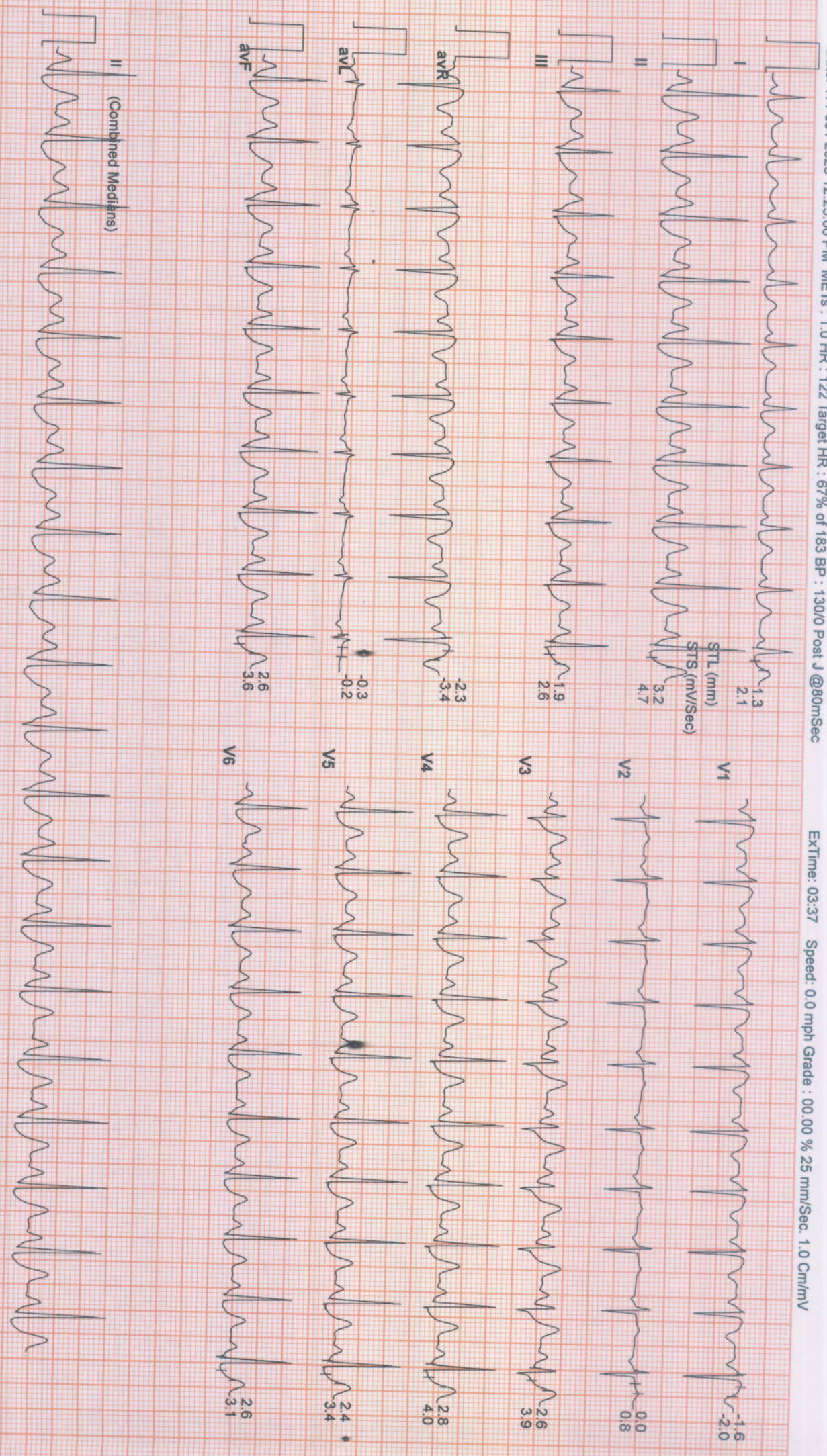
618 / BHARTI WAGHMARE / 37 Yrs / Female / 149 Cm / 48 Kg

Date: 11 / 03 / 2023 12:25:06 PM METs : 1.0 HR : 122 Target HR : 67% of 183 BP : 130/0 Post J @80mSec

**6X2 Combine Medians + 1 Rhythm**  
Recovery : ( 02:00 )



ExTime: 03:37 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV





**SUBURBAN DIAGNOSTICS (THANE GB ROAD)**

618 / BHARTI WAGHMARE / 37 Yrs / Female / 149 Cm / 48 Kg

Date: 11 / 03 / 2023 12:25:06 PM METs : 1.0 HR : 110 Target HR : 60% of 183 BP : 130/80 Post J @80mSec

ExTime: 03:37

Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV

**6X2 Combine Medians + 1 Rhythm**  
Recovery : ( 02:24 )

