

DEPT. OF APOLLO HEALTH CHECK



CASE RECORD

HB.0001110051
 Name: R. ROGER MATHEW SAM
 Age: 35 Year(s) Year(s)/Male
 Date: Nov 2022 8:28:42 AM

Age: _____ Sex: M/F
 UHID: _____



Physical Examination

General : Build _____ Height 173 cm Weight 96.7 kg BMI: _____

Anaemia _____ Icterus _____ Cyanosis _____ Clubbing _____

Oedema _____ Glands _____

HEAD & NECK :

ENT :

CVS :

Heart Rate & Rhythm 73 bpm SpO2 - 98 %

B.P. : Supine _____ Sitting _____ Standing _____

Chest shape _____

Heart Sounds 120/60 mmHg

Murmurs _____

Thrills _____

Retrospectively Normal (visceral) function No RHA Af = 6/6

RS :

Rate & Type _____

Breath Sounds _____

Dr. Jyoti Jain

MBBS, DNB (Family Medicine), PGDGM

(Dip in Geriatric Medicine)

Senior Consultant - Dept. of Apollo Health Check

Place Label Here

AHB.0001110051
 MR. ROGER MATHEW SAM
 Age: 35 Year(s) Year(s)/Male
 11 Nov 2022 8:28:45 AM



Allergies : NKDA.	Fall Risk Assessment		Wt: 96.7	Ht: 173	T: _____	P: 73	BP: 129/66
	H/o fall (within 1 year)	Yes No	Pain _____ /10				
	Mobility Aid	Yes No					
	Gait	Dep. Indep.					

- Prediabetes (HbA_{1c} - 6.2%)
- Dyslipidemia LDL - 162, TG - T
- Fatty liver

Advise Medicine Reconciliation Dose & Frequency Advice & Plan

- Regular Exercise.
- low fat, low sugar diet.

Tab. ROSUVAS - F 10mg 0-1 (A.F) x 3 times.

After 3 mths - lipid profile!

Kindly get this document scanned at the counter for the record purpose

Jyoti Jain
 Signature and Date 11/11/22

DEPARTMENT OF RADIOLOGY

Patient's Details : Mr. ROGER MATHEW SAM | M | 035Y
 UHID : AHB.0001110051 Ward/Bed No. : AHC /
 I.P.No./Bill No. : AHBHC111537 Scanned on : 11-Nov-2022 14:42
 Accession Number : 10601.222098372 Reported On :
 Referring Doctor : Dr. MHC

ULTRASOUND WHOLE ABDOMEN

Clinical Information: General health checkup.

Liver appears normal in size, shows diffuse increase in parenchymal echogenicity. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

Gall bladder moderately distended. No definite calculi identified. No evidence of abnormal wall thickening noted.

Spleen appears normal in size, shape and echopattern. No focal parenchymal lesions identified.

Pancreas appears normal in size, shape and echopattern. No definite calcification or ductal dilatation noted.

Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No evidence of calculi or hydronephrosis seen on either side.

Urinary bladder distended and appears normal. No evidence of abnormal wall thickening noted.

Prostate appears normal in size Normal echopattern noted within the gland

No evidence of ascites or pleural effusion seen.

IMPRESSION:

Grade I fatty liver.

- Suggested clinical correlation.

(Enclosed report) Mn



DR. SAKSHAM SHARMA
RESIDENT

DR. SHRIVALLI N
MBBS, DMRD, DNB
CONSULTANT RADIOLOGIST

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

CIN - U85110KA1991PLC011781

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To book appointments or Consult doctors online, visit www.askapollo.com



MC-2647

DEPARTMENT OF BIOCHEMISTRY

Name : Mr. ROGER MATHEW SAM Age : 35Yr 7Mth 25Days Gender : Male
 UHID : AHB.0001110051 / AHBHC111537 W/BN/RefNo : AHC
 SIN \ LRN : 8192530 \ 3587831
 Specimen : Plasma
 Ref Doctor : Dr. MHC



Collected on : 11-NOV-2022 01:04:07 PM Received on : 11-NOV-2022 02:02:19 PM Reported on : 11-NOV-2022 02:28:26 PM

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

<u>TEST NAME</u>	<u>RESULT</u>	<u>BIOLOGICAL REFERENCE INTERVALS</u>	<u>UNITS</u>
GLUCOSE - SERUM / PLASMA (POST PRANDIAL) (HEXO KINASE)	89	Non-Diabetic : <=140 Impaired Glucose Tolerance : 140-199 Diabeic : >=200	mg/dL
GLUCOSE - PLASMA (POST PRANDIAL)			

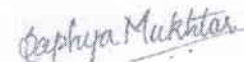
Report Status:Final

* - Abnormal Value

*** END OF REPORT ***

CHECKED BY 1091281
723186

Printed On : 11-NOV-2022 02:54:42 PM



Dr.Saphya Mukhtar
Consultant BIOCHEMISTRY

YOUR CLINICAL TEST RESULTS

Mr. ROGER MATHEW SAM

MALE / 35 Yrs / AHB.0001110051 / AHBHC111537

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date : 11/11/2022

HEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin :Oxyhemoglobin method(Photometric measurement)	14.2	g/dL	●	13-17
RBC Count (Impedance)	5.15	x(10) ¹² /l	●	4.5 - 5.5
Packed cell volume (Calculated)	43	%	●	40 - 50
MCV (Derived from RBC histogram)	82 *	fl	●	83 - 101
MCH (Calculated)	28	pg	●	27 - 32
RDW (Calculated)	14.7 *	%	●	11.60-14.00
MCHC (Calculated)	33	g/dl	●	31.5 - 34.5
Platelet Count (Impedance)	376	x(10) ⁹ /l	●	150 - 450
WBC Count (Impedance)	9.2	x(10) ⁹ /l	●	4 - 11
Neutrophils	66	%	●	40 - 80
Lymphocytes	25	%	●	8.6 -23.8
Monocytes	7	%	●	2 - 10
Monocytes	7	%	●	2 - 10
Eosinophils	2	%	●	1 - 6
Basophils	0	%	●	0 - 2
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Teflon Capillary Photometry)	29 *	mm/1st hr	●	Adult Male- 0 - 10

URINE ROUTINE (CUE)

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

Mr. ROGER MATHEW SAM

MALE / 35 Yrs / AHB.0001110051 / AHBHC111537

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date : 11/11/2022

Test Name	Result	Unit	Level	Range
Color :	Yellow			Yellow
Volume :	30	ml		
Appearance	Clear			Clear
pH	6.0			
Specific Gravity	1.025 *		●	1.016 - 1.022
Protein :	NEGATIVE			NEGATIVE
Glucose:	NEGATIVE			NEGATIVE
Ketone	NEGATIVE			NEGATIVE
Bile Salts :	NEGATIVE			NEGATIVE
Bile Pigments:	NEGATIVE			NEGATIVE
Urobilinogen	0.2	E.U./dL	●	0.2 - 1.0
Blood :	TRACE-LYSED			NEGATIVE
Leucocyte Esterase:	NEGATIVE			NEGATIVE
Leucocyte Esterases	NEGATIVE			NEGATIVE
RBC	Nil	Cells/hpf		0 - 2
Pus Cells	2-4 /h.p.f	/HPF		0 - 5
Epithelial Cells	Occasional			Occasional - Few

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
Blood Group:	O			
	● Within Normal Range	Boderline High/Low	● Outside Range	

YOUR CLINICAL TEST RESULTS

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MALE / 35 Yrs / AHB.0001110051 / AHBHC111537

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date : 11/11/2022

Rh (D) Type: POSITIVE
Method: COLUMN AGGLUTINATION

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	22	U/L	●	<= 50

Test Name	Result	Unit	Level	Range
GLOBULIN - SERUM - CALCULATED	3.0	g/dL	●	Adult 2.0 - 4.0
ALBUMIN:GLOBULIN (RATIO) - CALCULATED	1.4		●	0.8 - 2.0
ALBUMIN - SERUM	4.3	g/dL	●	Adult- 3.5-5.2

Test Name	Result	Unit	Level	Range
ALKALINE PHOSPHATASE - SERUM	74	U/L	●	Adult: 30 - 120

Test Name	Result	Unit	Level	Range
AST (SGOT) - SERUM	21	U/L	●	<= 50

Test Name	Result	Unit	Level	Range
BILIRUBIN, TOTAL - SERUM	1.2	mg/dL	●	0.30-1.20

● Within Normal Range ● Boderline High/Low ● Outside Range

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MALE / 35 Yrs / AHB.0001110051 / AHBHC111537

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date : 11/11/2022

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CHLORIDE - SERUM	102	mmol/L	●	98 - 107

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	226 *	mg/dL	●	"Desirable : <200 Borderline : 200 - 239 High Risk : >239 "

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.01	mg/dL	●	Male : 0.9 -1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	37	U/L	●	<= 55

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	97	mg/dL	●	"Non-Diabetic :<= 100 Impaired Fasting Glucose: 100-125 Diabetic :>= 126 "

GLYCATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

Mr. ROGER MATHEW SAM

MALE / 35 Yrs / AHB.0001110051 / AHBHC111537

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date : 11/11/2022

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	6.2	%	●	"NON-DIABETICS<=5.6PRE-DIABETIC: 5.7-6.4DIABETIC>=6.5"

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	46	mg/dL	●	"Low : <40High: >59"

Test Name	Result	Unit	Level	Range
LDL Cholesterol (Direct LDL)	162 *	mg/dL	●	"Optimal : <100Near/Above Optimal: 100 – 129Borderline High: 130 – 159High: 160 – 189Very High: > 189"

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
POTASSIUM - SERUM	4.6	mmol/L	●	3.5-5.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.3	g/dL	●	ADULT: 6.0 - 8.5

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
	● Within Normal Range		● Boderline High/Low	● Outside Range

YOUR CLINICAL TEST RESULTS

Mr. ROGER MATHEW SAM

MALE / 35 Yrs / AHB.0001110051 / AHBHC111537

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date : 11/11/2022

SODIUM - SERUM	138	mmol/L	●	135 - 145
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THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	124.89	ng/dL	●	Adults: 87 - 178

Test Name	Result	Unit	Level	Range
TOTAL T4: THYROXINE - SERUM	12.1	µg/dL	●	5.93 - 13.29

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	242 *	mg/dL	●	"Normal: < 150 Borderline High: 150 – 199 High: 200 – 499 Very High: > 499"
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	4.9		●	< 5.0

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
THYROID STIMULATING HORMONE [TSH]	1.38	µIU/mL	●	0.34 - 5.6

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
UREA - SERUM	21	mg/dL	●	15 - 45

Within Normal Range
 Boderline High/Low
 Outside Range

YOUR CLINICAL TEST RESULTS

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MALE / 35 Yrs / AHB.0001110051 / AHBHC111537

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date : 11/11/2022

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	7.0	mg/dL	●	Adult Male: 3.0 - 7.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
VLDL CHOLESTEROL - SERUM	48 *	mg/dl	●	Desirable: <30

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN DIRECT - SERUM	0.14	mg/dL	●	upto 0.4
BILIRUBIN INDIRECT - SERUM - CALCULATED	1.06 *	mg/dL	●	0.1 - 1.0

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
BICARBONATE (HCO ₃) - SERUM	32 *		●	Healthy Adults: 22 - 29

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

Mr. ROGER MATHEW SAM

MALE / 35 Yrs / AHB.0001110051 / AHBHC111537

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date : 11/11/2022

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

Biochemistry

GLUCOSE - SERUM / PLASMA (RANDOM)

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

CARDIOLOGY

ECHO/TMT - OPTIONAL

Ultrasound Radiology

ULTRASOUND - WHOLE ABDOMEN

CARDIOLOGY

ECG

X Ray

X-RAY CHEST PA

● Within Normal Range ● Boderline High/Low ● Outside Range

AH-QF-RD-04

DEPARTMENT OF RADIOLOGY

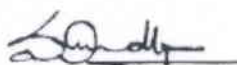
Patient's Details :	Mr. ROGER MATHEW SAM		M		035Y
UHID :	AHB.0001110051	Ward/Bed No. :			AHC /
I.P.No./Bill No. :	AHBHC111537	Scanned on :			11-Nov-2022
Accession Number :	10601.122120884	Reported On :			11:22
Referring Doctor :	Dr. MHC				11-Nov-2022

X-RAY CHEST PA VIEW

Lung fields appear clear bilaterally with normal bronchovascular markings.
 Cardiac silhouette and cardiothoracic ratio appear normal.
 Costophrenic angles appear normal on both sides.
 Domes of the diaphragm appear normal.
 Underlying bony and soft tissue shadows appear normal.

IMPRESSION:

No definite abnormality noted on the chest radiograph.



DR. MEDIPALLY MADHUKAR
REGISTRAR

---END OF THE REPORT---

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

CIN - U85110KA1991PLC011781

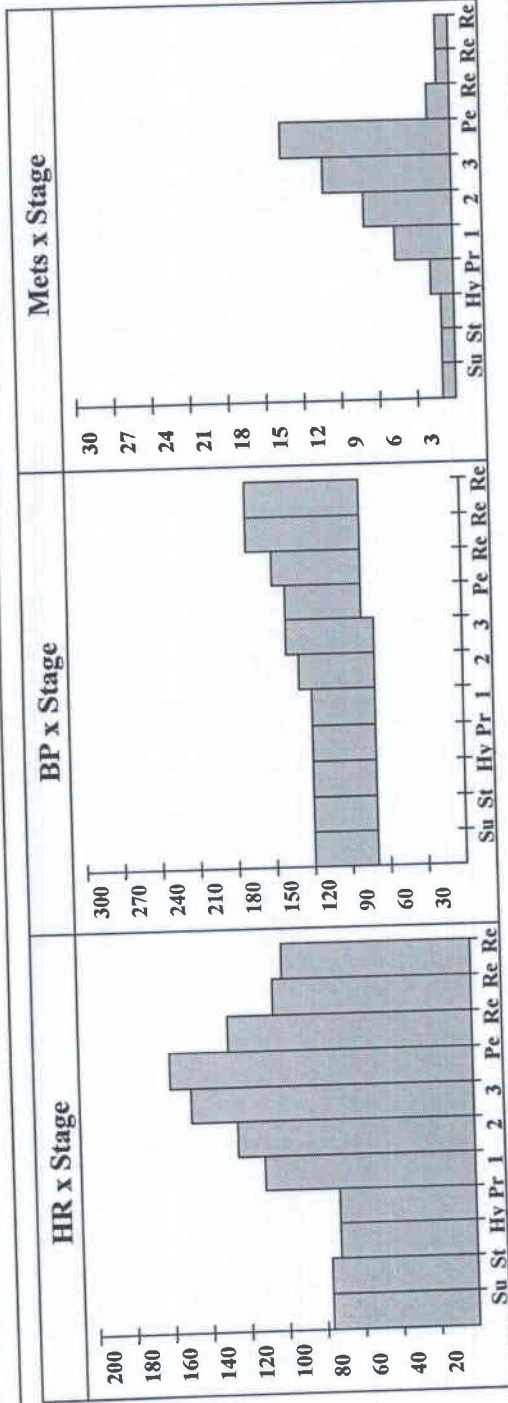
APOLLO HOSPITALS

Patient Details

Date: 11-Nov-22
 Name: ROGER MATHIEW SAM ID: AHB1110051
 Age: 35 y Sex: M

Time: 12:33:03

Height: 173 cms
 Weight: 96 Kgs



Interpretation

GOOD EFFORT TOLERANCE
 NORMAL HR AND BP RESPONSE
 NO ANGINA OR ARRHYTHMIAS
 NO SIGNIFICANT ST-T CHANGES NOTED
 IMP:- STRESS TEST NEGATIVE FOR INDUCIBLE ISCHAEMIA.

Ref. Doctor: AHC

Doctor: DR K M NAIR

(Summary Report edited by user)

Schiller CS-20 V1.9

11-Nov-22 10:16:37 AM

ROGER MATHIEW SAM
Male

AHB.000110051
35 Years

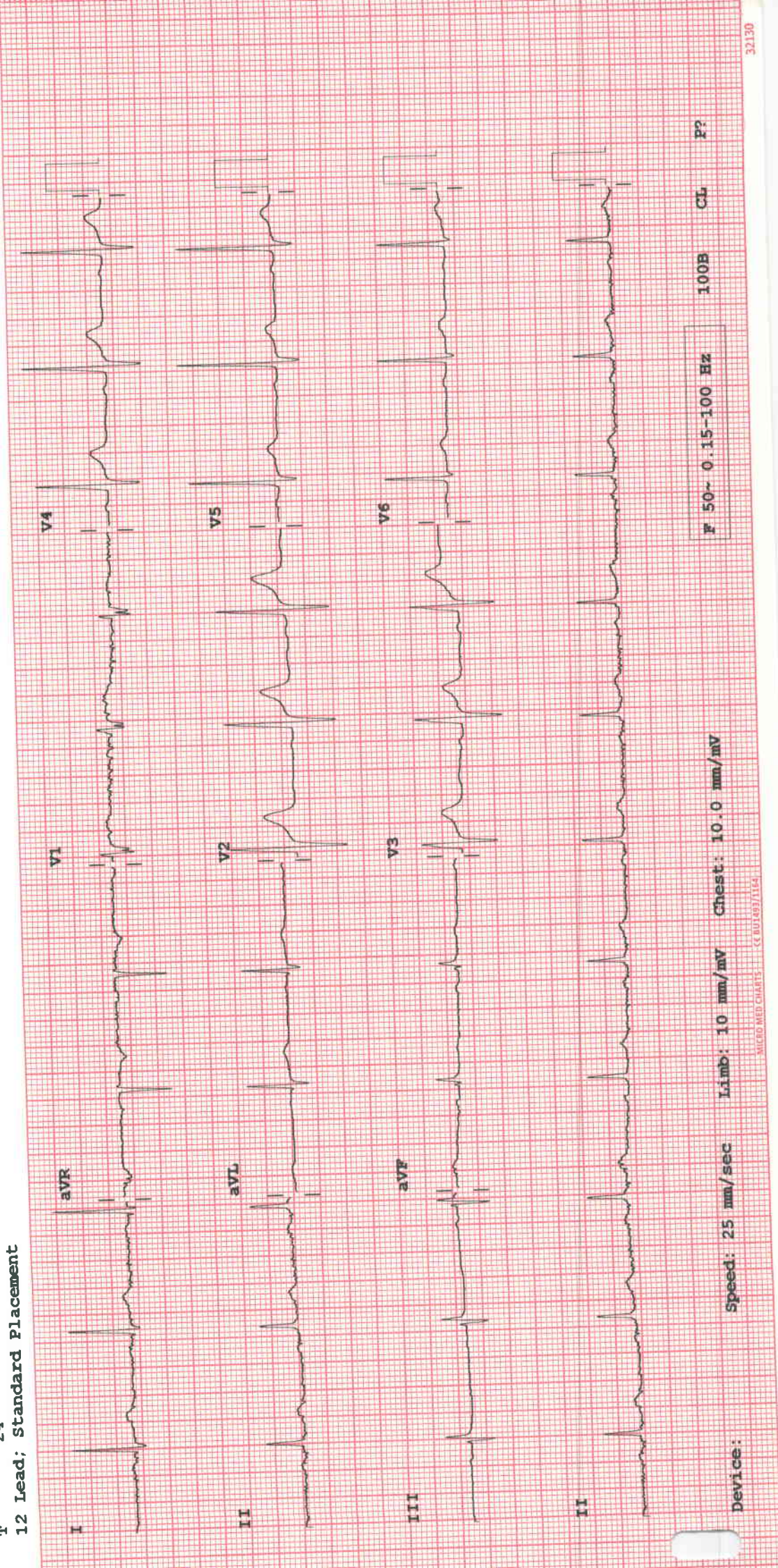
Rate 67

PR 167
 QRSD 93
 QT 363
 QTC 383

--AXIS--
 P 22
 QRS 30
 T 24

12 Lead; Standard Placement

HB 000110051
 MR. ROGER MATHIEW SAM
 Age: 35 Year(s) Year(s)/Male
 1 Nov 2022 8:28:43 AM



F 50~ 0.15-100 Hz
 100B CL P?

Speed: 25 mm/sec
 Limb: 10 mm/mV
 Chest: 10.0 mm/mV

Device: