

Name : Mrs. RUPALI SANTOSH SHINGADE (36 /F)

Date : 08/04/2023

Address : MEDIWHEEL NASHIK, NASHIK, NASHIK, MAHARASHTRA, INDIA

Examined by:

UHID : MHN1.0000141177

Package : MediWheel Full Body Health Checkup Female Below 40 Package

AHC No : NSKAH32926



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension, Thyroid  
disorder, Heart disease,  
Stroke, Asthma, COPD,  
Cancer



## DRUG ALLERGY

NO KNOWN ALLERGY

:08/04/2023



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant



### Past medical history

Do you have any - No  
allergies?

Do you have any drug - No  
allergies?

Past medical history - nil significant

Covid 19 - No



### Surgical history

Surgical history - Nil

### Immunization history

- Covid Dose1, Covid Dose2



### Personal history

Marital status - Married

No. of children - 01

Diet - Mixed Diet

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Active



### Family history

Hypertension - father

Coronary artery - none  
disease

Cancer - None

Thyroid/other - mother  
endocrine disorder

## PHYSICAL EXAMINATION



### General

General appearance - normal

Build - normal

Height - 168

Weight - 55.7

BMI - 19.73

Pallor - No

Oedema - no

Temperature - 97.9

SpO2 - 98



### Cardiovascular system

Heart rate (Per minute) - 77

Rhythm - Regular

- B.P. Supine

Systolic(mm of Hg) - 100

Diastolic(mm of Hg) - 60

Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath  
sounds



### Abdomen

Organomegaly - No

Tenderness - No

Printed By : Shweta Sharad Shardul

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### URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Specific Gravity	1.015 *		●	1.016-1.026
Color,:	PALE YELLOW			
Transparency:	Clear			
Reaction:	Acidic			7.2-7.8
Protein :	Nil			
Sugar:	Nil			
pH	5.0		●	4.6-8
Blood:	2+			
Ketone	Negative			
Bile Pigments:	Negative			
Bile Salts :	Negative			
Urobilinogen	Normal			
Nitrite	Negative			
RBC	5-6	/hpf		0-2
WBC/Pus Cells	0-2/hpf	/hpf		
Tc/Sqc(Transitional/Squamous epithelial cells)	3-4/hpf	/hpf		

Monocytes	05	%	●	1-10
Basophils	00	%	●	0-1
ERYTHROCYTE SEDIMENTATION RATE (ESR)	03	mm/1st hr	●	0-20
RBC,:	Moderate anisocytosis and mild to moderate poikilocytosis .microcytes +.macrocytes + ,Normocytes +.Crenated cells +.fragmented cells +.Polychromatophills occasional			
WBC:-	Mild leukopenia			
platelets.:	Small clumps +.boorderline normal platelet count			

### BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	51	U/L	●	30-65
ALBUMIN - SERUM	4.3	g/dL	●	3.5-5
GLOBULIN - SERUM: (Calculated)	3.0	g/dL	●	1.8-3.6
ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated)	1.4		●	1.1-1.8
ALKALINE PHOSPHATASE - SERUM/PLASMA	79	U/L	●	0-100
AST (SGOT) - SERUM	43 *	U/L	●	15-37
BILIRUBIN, TOTAL - SERUM	3.8 *	mg/dL	●	0.0-1.0

### C B C WITH ESR (AUTOMATION + STANDARD METHOD)

Test Name	Result	Unit	Level	Range
Hemoglobin	8.7 *	g/dl	●	11.0-16.0
Haematocrit	27.1 *	%	●	34.0-48.0
RBC COUNT	3.18 *	Million/ul	●	3.7-5.6
MCV	85.2	fl	●	75.0-95.0
MCH	27.2	pg	●	26.0-32.0
MCHC	32	g/dl	●	31.0-36.0
RDW	27 *	%	●	11-16
Platelet Count(Optical/Impedance)	98 *	10 <sup>9</sup> /m <sup>3</sup>	●	140-440
TLC Count	3.88 *	10 <sup>9</sup> /m <sup>3</sup>	●	4.0-11.0
Neutrophils	45	%	●	40-75
Lymphocytes	47 *	%	●	20-45
Eosinophils	03	%	●	1-6

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	118	mg/dL	●	0-200

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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### CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.6	mg/dL	●	0.6-1.0

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	12	U/L	●	0-50

### GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	90	mg/dL	●	70-100
URINE GLUCOSE(FASTING): (Strip Method)	Nil			

### GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	101	mg/dL	●	70-140

### GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	5.6	%	●	0.0-6.0
Mean Plasma Glucose (MPG) Estimate:	122.0600	mg/dL		

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM / PLASMA	32 *	mg/dL	●	40-60
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	3.7		●	0.0-4.5
LDL Cholesterol (Direct LDL)	67	mg/dL		

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN, TOTAL - SERUM / PLASMA	7.3	g/dL	●	6.4-8.2
PROTEIN, TOTAL - SERUM / PLASMA	7.3	g/dL	●	6.4-8.2

### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	112	ng/dL	●	Healthy Adults: 69 - 215 Pregnant Women: 1st Trimester:121-308 2nd & 3rd Trimesters:152-362
TOTAL T4: THYROXINE - SERUM	6.4	µg/dL	●	Healthy Adults: 5.2 - 12.7 Pregnancy:1st Trimester:7.8 - 16.2 2nd & 3rd Trimesters: 9.1 - 18.3

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	96	mg/dL	●	0-150

### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	5.3 *	uIU/mL	●	Euthyroid: 0.3 - 4.5 Hypothyroid: 7.1 - >75.0 Pregnancy(All Trimesters):0.2 -3.5

### UREA - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
UREA - SERUM / PLASMA	22	mg/dL	●	15-38

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UREA NITROGEN 10 mg/dL ● 7-18  
SERUM/PLASMA:  
(Calculated)

### URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	6.8 *	mg/dL	●	2.6-6.0

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.5 *	mg/dL	●	0.0-0.3
BILIRUBIN UNCONJUGATED - SERUM(Calculated)	3.3 *	mg/dL	●	0.0-0.7

### CARDIAC STRESS TEST - (TMT)

#### ECG

#### ULTRASOUND - WHOLE ABDOMEN

Mild hepatomegaly.

Gross splenomegaly.

Cholelithiasis.

Suggest : Clinical correlation and CECT abdomen pelvis.

#### X-RAY CHEST PA

No significant abnormality is detected.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & RADIOLOGY)

#### Haematology

STOOL ROUTINE

#### Histopathology

CERVICAL/VAGINAL SMEAR II SLIDE



Within Normal Range



Borderline High/Low



Out of Range

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**Printed By** :

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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## AICVD RISK SCORE REPORT

### RISK STATUS

Low Risk

### YOUR SCORE

1

### ACCEPTABLE SCORE

3

### Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

### Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

### DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**