

Mr. DAVE DHAVAL MOTIBHAI (35 /M)

UHID

AHIL.0000453601

AHC No

AHILAH206290

Date

15/04/2023

MEDIWHEEL-FULL BODY CHK-BELOW40-MALE

Namaste Mr. DAVE DHAVAL MOTIBHAI,

Thank you for choosing Apollo ProHealth, India's first Al-powered health management program, curated to help you make positive health shifts. Being healthy is about making smart choices, and you have taken the first step with this program. We are privileged to be your healthcare partner. Your health is our priority.

We are with you on your path to wellness by:

Predicting your risk: Artificial Intelligence-powered predictive risk scores are generated, based on your personal, medical, and family history and detailed multi-organ evaluation of your body through diagnostic and imaging tests.

Preventing onset or progress of chronic lifestyle diseases: Your Health Mentor is available to help you understand your physician's recommendations and helping you handle any concerns (complimentary service up to one year)

Overcoming barriers to your wellbeing: Your Health Mentor will help you set your health goals and guide you with tips to stay on track. We will also, digitally remind you to proactively prioritize your health.

Through this report, you will be able to understand your overall health status, your health goals and the recommendations for your path to wellness. Your Health Report will include the following:

- Your medical history and physical examination reports
- Results from your diagnostic and imaging tests
- Al powered health risk scores
- Your physician's impression and recommendations regarding your overall health
- Your personalized path to wellness, including your follow-up assessments and vaccinations



We have reviewed the results of the tests and have identified some areas for you to act on. We believe that with focus and targeted interventions, you can be healthier and happier.

Scap the QR code to download the Apollo 247 App



You can visit your proHealth physician in person at this center, or you can book a virtual consultation for review via www.apollo247.com or through the Apollo 24*7 mobile app. You can avail 30% discount on additional tests and follow-up tests at Apollo Hospitals within one week. You may call your Health Mentor on 04048492633 or email at prohealthcare@apollohospitals.com

Stay Healthy and happy!

Apollo ProHealth Care team

Disclaimer: The services offered in the program may vary depending on any prior mutual agreements between guests and the facility/unit.





: Mr. DAVE DHAVAL MOTIBHAI (35 /M)

Date

Examined by : Dr. SHASHIKANT NIGAM

: AHIL.0000453601 UHID

MEDIWHEEL-FULL BODY CHK-BELOW40-MALE

AHC No : AHILAH206290



Chief Complaints

For Annual health checkup COUGHING



Systemic Review

- Nil Significant Cardiovascular system

- Nil Significant Respiratory system

Oral and dental - Nil Significant

Gastrointestinal system - Nil Significant

Genitourinary system - Nil Significant

Gynaec history - Nil Significant

Central nervous system - Nil Significant

Eyes - Nil Significant

ENT - Nil Significant

Musculoskeletal system

Spine and joints

- Nil Significant

Skin - Nil Significant

General symptoms - Nil Significant

Past medical history

Do you have any No

allergies?

Do you have any drug - No

allergies?

Covid 19

Hospitalization for - No

Covid 19

Surgical history

Fracture - RIGHT HAND WRIST

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Ethnicity

Marital status Married

No. of children

Female

- corporate employed Profession

Vegetarian Diet

does not consume alcohol Alcohol

Indian Asian

Smoking Chews tobacco

Moderate Physical activity

Family history

Father alive

70 Aged

- alive Mother

68 Aged

2 **Brothers**

Sisters - 2

Coronary artery - none

disease

Cancer None

Renal disease - father

Physical Examination



General

General appearance - normal

Build - normal

- 167

Height Weight - 72

BMI - 25.82

Pallor - No

Oedema - no

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Cardiovascular system

- 85 Heart rate (Per minute)

- Regular Rhythm

- B.P. Supine

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- 130 Systolic(mm of Hg)

- 70 Diastolic(mm of Hg)

- S1S2+ Heart sounds

Respiratory system

- Normal vesicular breath sounds Breath sounds

Abdomen

- No Organomegaly

- No **Tenderness**

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Organization is According by Joint Commission In The INE FOR ROUTINE EXAMINATION

Urinalysis, is the physical, chemical and microscopic examination of the urine and is one of the most common methods of medical diagnosis. It is used to detect markers of diabetes, kidney disease, infection etc.

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Test Name	Result	Unit	Level	Range
Volume	25	mL		
Specific Gravity	1.020			
Colour:	Pale-Yellow			
Transparency:	Clear			
pH	5.5			
Protein:	Nil			
Sugar:	Nil			
Blood:	Trace			
Ketone	Absent			
Bile Pigments:	Absent			
Urobilinogen	Nil	E.U./dL		9
Nitrite	Negative			
Pus Cells	Occassional			0-5
RBC	1-2 /h.p.f	/hpf		0-5/hpf
Epithelial Cells	1-2 /h.p.f			
Casts:	Absent			
Crystals:	Absent			

COMPLETE BLOOD COUNT WITH ESR

Within Normal Range

Test Name	Result	Unit	Level	Range
Hemoglobin (Photometric Measurement)	13.9	gm%		13.0-17.0
Packed cell volume 'alculated)	42.9	%		40-50
RBC COUNT (Impedance)	5.17	Million/ul		4.5-5.9
MCV (From RBC Histogram)	83	fl		80-100
MCH(Calculated)	26.83 *	pg		27-32
MCHC(Calculated)	32.3	%		31-36
RDW(Calculated)	13.4	%	•	11.5-14.5
WBC Count (Impedance)	7817	/cu mm		4000-11000

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For Enquiry/Appointments Contact +91 76988 15003 / +91 79 66701880

Borderline High/Low

Apollo Hospitals - City Centre (NON MADN-JO) 1, Tulsibaug Society, Nr. Parimai Garden, Ahmedabad. Phone: +9179 66305800 / 01 or +9176988 15148 E-mall: Infoahcc@apolloahd.com Regd. Office

19. Bishop Gardens, R.A. Puram, Chennai - 600 028

CIN No.: U851101N1997PLC039016 | GSTin: 24AABCA4150H2Z5

For online appointment: www.askapollo.com

Out of Range



					M
is Accepted Join In New trophils	58	%	•	40-75	
Lymphocytes	35	%		20-40	
Monocytes	05	%		2-10	
Eosinophils	02	%		01-06	
Basophils	00	%		0-1	
Platelet Count (Impedance)	359900	/cu mm	•	150000-450000	
MPV (Calculated)	7.7	fl		7-11	
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Automated/ optic– electronic)	02	mm/1st hr	•	0-15	
LIRINE GLUCOSE/EASTING)					

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URINE GLUCOSE(FASTING)

Test Name	Result	Unit	Level	Range
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Urine Glucose (Post Prandial) Nil

URINE GLUCOSE(POST PRANDIAL)

Test Name	Result	Unit	Level	Range
	INCOUR	Offic	Level	Raili

Urine Glucose (Post Prandial) Nil

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range

BLOOD GROUP: O Positive

LFT (LIVER FUNCTION TEST)

Liver function tests(LFT), are groups of clinical biochemistry blood assays that give information about the state of a patient's liver. These tests can be used to detect the presence of liver disease, distinguish among different types of liver disorders, gauge the extent of known liver damage, and follow the response to treatment.

Within Normal Range	Borderline	High/Low	Out	of Range
Direct Bilirubin	0.134	mg/dL	•	Upto 0.3 mg/dl
Total Bilirubin	0.334	mg/dL		0.300-1.200
AST (SGOT) - SERUM	20	U/L	•	> 1 year Male : <40
ALKALINE PHOSPHATASE - SERUM/PLASMA	82	U/L		Adult(Male): 40 - 129
ALT(SGPT) - SERUM / PLASMA	23	U/L		0-50
Test Name	Result	Unit	Level	Range

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Test Name

0.2

mg/dL

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1 Day ≤5.1 mg/dL 2 Days ≤7.2 mg/dL 3-5 Days ≤10.3 mg/dL 6-7 Days ≤8.4 mg/dL 8-9 Days ≤6.5 mg/dL 10-11 Days ≤4.6 mg/dL 12-13 Days ≤2.7 mg/dL 14 Days - 9 Years 0.2-0.8 mg/dL 10-19 Years 0.2-1.1 mg/dL ≥20 Years 0.2-1.2 mg/dL

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.83	mg/dL		Adult Male: 0.6 - 1.3

Result

LFT (LIVER FUNCTION TEST)

Liver function tests(LFT), are groups of clinical biochemistry blood assays that give information about the state of a patient's liver. These tests can be used to detect the presence of liver disease, distinguish among different types of liver disorders, gauge the extent of known liver damage, and follow the response to treatment.

Level

Range

>= 126 : Diabetes Mellitus

GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	23	U/L		Male : 10 - 71 Female : 6 - 42
GLUCOSE - SERUM / PLASMA (FAS	STING)			
Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	117 *	mg/dL	•	70 - 100 : Normal 100 - 125 : Impaired Glucose Tolerance

GLUCOSE - SERUM / PLASMA (POST PRANDIAL) - PPBS

Test Name	Result	Unit	Level	Range		
Glucose - Plasma (Post Prandial)	82	mg/dL	•	70-140		
GLYCOSYLATE HEMOGLOBIN (HBA1C) - WHOLE BLOOD						
Test Name	Result	Unit	Level	Range		

Within Normal Range



Borderline High/Low



Out of Range





%

Normal < 5.7

%Increased risk for Diabetes 5.7 - 6.4%

Diabetes >= 6.5%

Monitoring criteria for Diabetes Mellitus < 7.0 : Well Controlled Diabetes 7.1 - 8.0 : Unsatisfactory Control > 8.0 : Poor Control & Needs Immediate

Treatment

Range

Level

Estimated Average Glucose.

Test Name

131.24

Result

LFT (LIVER FUNCTION TEST)

Liver function tests(LFT), are groups of clinical biochemistry blood assays that give information about the state of a patient's liver. These tests can be used to detect the presence of liver disease, distinguish among different types of liver disorders, gauge the extent of known liver damage, and follow the response to treatment.

Unit

PROTEIN TOTAL - SERUM / PLASMA	7.44	g/dL		6.00-8.00
PROTEIN TOTAL - SERUM / PLASMA	7.44	g/dL		6.00-8.00
ALBUMIN - SERUM	4.63	g/dL		Adult(18 - 60 Yr): 3.5 - 5.2
ALBUMIN - SERUM	4.63	g/dL		Adult(18 - 60 Yr): 3.5 - 5.2
Globulin-Serum/Plasma	2.81			2.20-4.20
Globulin-Serum/Plasma	2.81			2.20-4.20
A/G ratio	1.65			1.00-2.00
A/G ratio	1.65			1.00-2.00
THYROID PROFILE (T3,T4 AND TSF	<u>I)</u>			
Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	2.7	nmol/L	•	Adults(20-120 Yrs): 1.2 - 3.1 Pregnant Female: First Trimester: 1.61 - 3.53 Second Trimester: 1.98 - 4.02 Third Trimester: 2.07 - 4.02
TOTAL T4: THYROXINE - SERUM	145	nmol/L	•	Adults(20-100 Yrs):66 - 181 Pregnant Female : First Trimester : 94.3 - 190 Second Trimester : 102 - 207 Third Trimester : 89 - 202
TSH: THYROID STIMULATING HORMONE - SERUM	2.64	μIU/mL	•	14-120 years : 0.27 - 4.20
Within Normal Range	Borderline F	ligh/Low	Out	of Range

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Organization is Accredited by Joint Commission In RIC ACID - SERUM

Uric acid is a product of the metabolic breakdown of purine. High blood concentrations of uric acid can lead to gout. It is also associated with other medical conditions including diabetes and the formation of kidney stones.

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Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	6.3	mg/dL	•	Male : 3.4-7.0 Female : 2.4-5.7
BUN (BLOOD UREA NITROGEN)				
Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	13	mg/dL		6-20
UREA - SERUM / PLASMA	28	mg/dL		15 - 50
LIPID PROFILE - SERUM				*
Test Name	Result	Unit	Level	Range
Total Cholesterol	158	mg/dl	•	0 - 200 : Desirable 200 - 240 : Borderline High 240 - 280 : High > 280 : Very High
Triglycerides - Serum	116	mg/dL		0-150
HDL CHOLESTEROL - SERUM / PLASMA (Direct Enzymatic Colorimetric)	40 *	mg/dL	•	< 40 : Major risk factor for heart disease 40 - 59 : The higher The better. >=60 : Considered protective against heart disease
LDL Cholesterol (Direct LDL)	121	mg/dL		100 : Optimal 100-129 : Near Optimal 130-159 : Borderline High 160-189 : High >=190 : Very High
VLDL CHOLESTEP OL	23			< 40 mg/dl
C/H RATIO	4			0-4.5

X-RAY CHEST PA

X-ray imaging creates pictures of the inside of your body. Chest X-ray can reveal abnormalities in the lungs, the heart, and bones that sometimes cannot be detected by examination.

NORMAL STUDY.

Within Normal Range

Borderline High/Low



Out of Range

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Organization is Accretively estigations Not Done / Not Yet Reported by Joint Commission International

Haematology

STOOL ROUTINE

CARDIOLOGY

ECHO/TMT

ECG

Within Normal Range

Borderline High/Low



Out of Range

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Organization is Accredited by Joini Commission 配表色已红tive Summary



.BODY WEIGHT 72 KG, DEAL BODY WEIGHT 53-64 KG

.PRE-DIABETIC

.ECG - NORMAL SINUS RHYTHM

.TMT — TEST IS NEGATIVE, EXERCISE TIME 9:06 , WORKLOAD 10.2 METS

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.USG ABDOMEN - GRADE I FATTY LIVER

.CHEST X-RAY - NORMAL

.EYE - NORMAL

.DENTAL - AS PER DOCTOR ADVICE

Wellness Prescription

Advice On Diet :-



BALANCED DIET---LOW FAT DIET LOW CARBOHYDRATE DIET

Advice On Physical Activity :-



REGULAR WALK FOR 30 MINS FOR HEALTH, 60 MINS WALK FOR WEIGHT REDUCTION PRACTICE YOGA AND MEDITATION MAINTAIN WEIGHT BETWEEN 53-64KG

Follow-up and Review Plan

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FBS and PPBS ONCE IN 30 DAYS HBA1C (GLYCOSYLATED HAEMOGLOBIN) NOW AND ONCE IN 3 MONTHS

in AskApollo App to book your follow-up appointments and investigations

Dr. SHASHIKANT NIGAM

AHC Physician / Consultant Internal Medicine

Dr. Shashikant Nigam

Note: The Health Check-up examinations and routine investigation MBBS MD (Gen. Med.) not be able to detect all the diseases. Any new or persisting symptomental No. G. 2010 1 the attention of the Consulting Physician. Additional tests, Consulting and follow up may be required in some cases.

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RADIOLOGY

Mr. DAVE DHAVAL MOTIBHAI | Male | 35Yr 6Mth 14Days **Patient Details**

AHIL.0000453601 UHID

Patient Location:

AHILAH206290 Patient Identifier:

123050286 DRN

Completed on:

15-APR-2023 09:44

DR. SHASHIKANT NIGAM **Ref Doctor**

X-RAY CHEST PA

FINDINGS:

Lung fields are clear.

Cardio thoracic ratio is normal.

Both costophrenic angles are clear.

Domes of diaphragm are well delineated.

Bony thorax shows no significant abnormality.

IMPRESSION

NORMAL STUDY.

-- END OF THE REPORT ---

AKSHAY SHARMA

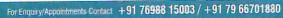
Medical Officer

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17-Apr-2023 8:58

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RADIOLOGY

Patient Details : Mr. DAVE DHAVAL MOTIBHAI | Male | 35Yr 6Mth 14Days

UHID : AHIL.0000453601 Patient Location: AHC

Patient Identifier: AHILAH206290

DRN : 223021019 Completed on : 15-APR-2023 09:24

Ref Doctor : DR. SHASHIKANT NIGAM

USG WHOLE ABDOMEN

FINDINGS:

Liver appears normal in size and shows uniform bright echotexture. No evidence of focal pathology seen. Intra and extra hepatic biliary radicles are not dilated. Portal vein is normal in calibre. Intrahepatic portal radicles appear normal.

Gall bladder appears normal with no evidence of calculus. Wall thickness appears normal. No evidence of pericholecystic collection.

Visualized Head and body of pancreas appear normal in size and echotexture. No focal lesions identified. Pancreatic duct appears normal in caliber.

Spleen measures 10.2 cms and shows uniform echotexture.

Both kidneys are normal in size and show normal echopattern with good corticomedullary differentiation. Cortical outlines appear smooth. No evidence of calculi. Pelvicalyceal system on both sides appears normal.

No evidence of ascites or lymphadenopathy.

Urinary bladder is normal in contour and outline. Wall thickness appears normal. No evidence of any intraluminal pathology seen.

Prostate measures 18 cc, is normal in size and echopattern.

IMPRESSION:

Grade I fatty liver.

No any other significant abnormality.

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717876

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Mr. DAVE DHAVAL MOTIBHAI

AHIL.0000453601

AHILAH206290

USG WHOLE ABDOMEN

--- END OF THE REPORT ---

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AHIL.0000453601

Mr. DAVE DHAVAL MOTIBHAI

35 Year(s) / Male

UHID:

Name:

TION RECORDS

Date: 15 (4/2)

Distance Vision:

Right Eye -

Left Eye -

Near Vision:

Right Eye: No

Left Eye: 106

APLN.TN - Right Eye

Left Eye- (3)

mmHg

Norma

Both Eye - Colour Vision

Normal

Both Eye - Anterior Segment Examinations -

Both Eye Posterior Segment Examinations -

AHMROP028V1

from our side

con do his dedy

Ophthalmologist Name



AHMROP007V1

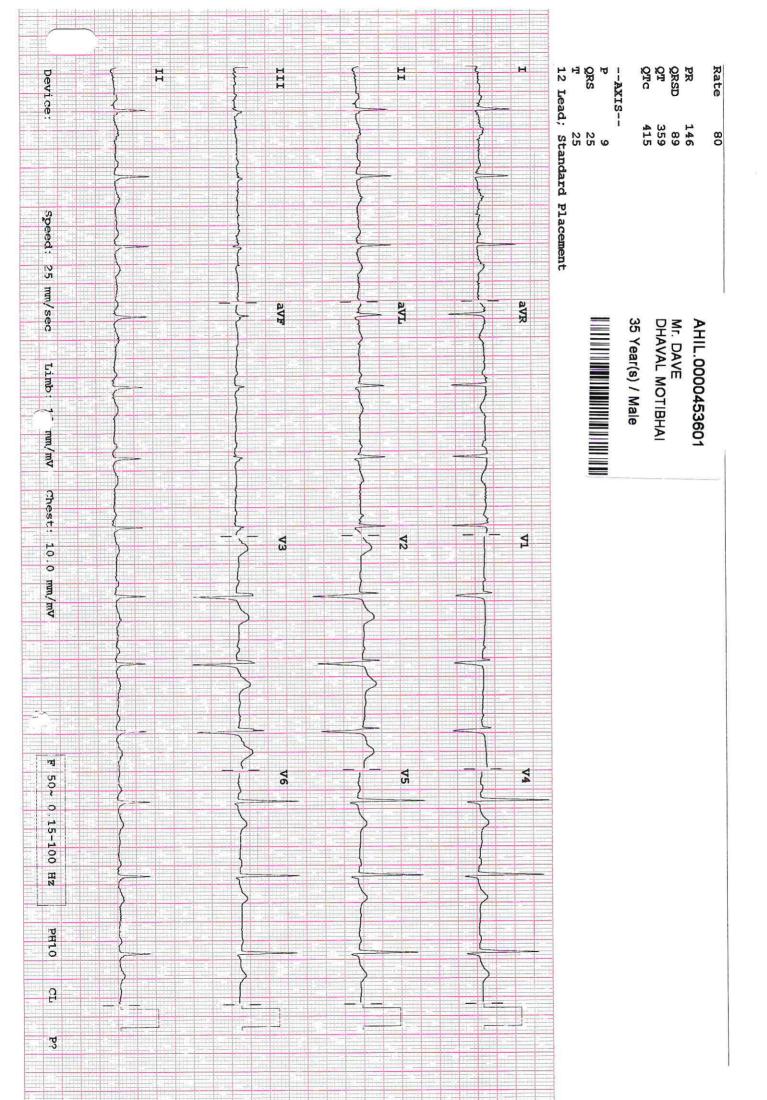
AHIL.0000453601

Mr. DAVE DHAVAL MOTIBHAI

35 Year(s) / Male



DENTISTRY M1410 Unit No.:.... Ref. Physician: Occupation: Age:.....Sex: Male Female Copies to : **DENTAL RECORD ALLERGIES:** Uppostalt \$ Location :_ Character: PAIN: Score (0-10) Twice Occasionally DENTAL CLEANING HABIT Stick Any other Finger. Brush Any other Powder Tooth Paste DO THE GUMS BLEED WHEN YOU BRUSH YOUR TEETH? No ARE YOUR TEETH SENSITIVE TO HEAT / COLD? Fair Good **ORAL HYGIENE OCCLUSION** PERIODONTAL EXAMINATION ORAL TISSUE EXAMINATION **CLASS** III NORMAL FINDINGS **CROSSBITE** IN DISEASE MOD SEV Hypoplasia Lips **Gingivitis** Impaction Cheeks Calculus Non-vital Tongue Recession Fracture Floor of the mouth: Abcess **Periodontal Pockets** Palate **Ulcers** Attrition Tonsilar Area Caries **Erosion** Any other **Missing Teeth** Mobility Supernumerary Others lasto cledry PRESENT COMPLAINT: ☐ DM ☐ HTN ☐ Thyroid ☐ Acidity ☐ Pregnancy ☐ Anticoagulant ☐ Under Drug Therapy



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D: 000453801				May HR. 186bp	m100% of max	oredicted 185	s time.		10.0 mm/mV	
15-Apr-2023	35years 167cm	Asian Male		Max BP 130/8 deason for Terr Comments: TE	Max BP 130/80 deason for Termination: Max HR attained Comments: TEST IS NEGATIVE FOR EXERCISE INDUCIBLE ISHEMIA AT HIGH WORKLOAD WITH NORMAL HEMIODYNAMIC RESPONSE WITH GOOD EFFORT	Maximum wo HR attained E FOR EXE	rklead: 10.20 RCISE INDUC IIC RESPONS	TETS JELE ISHEMI SE WITH GOO	100hz A AT HIGH D EFFORT	
	Referred by DRSUB Test ind:	DR.SUBEER GOSH		TEST IS TERM	TEST IS TERMINATED DUE TO ACHIEVMENT OF	ro achievn	TENT OF MAX	X HR.		
Phase Name	Stage	Time in Stage	in Speed (mph)	Grade (75)	WerkLoad (METS)	(pbm)	3P (mmHg)	RPP (x100)		
JEFIESI	SUPINE	0:36	* 8	v 0.0	0 17	[] 99.	08,07.1	iç H		
EXERCISE	STAGE 1 STAGE 2 STAGE 3		23 23 11.	0.0.0	11 0 0	# 10 10 21 # 20	130/80	149 189 141		
RECOVERY	STAGE 4 RECOVERY	9:08 9:08 A.	-9. x.	0.00	N 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	£ 53	2000	77		
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