

Healthcare Diagnostics &lt;healthcare.medicals@gmail.com&gt;

**FW: Health Check up Booking Confirmed Request(bobE10357),Package Code-PKG10000240, Beneficiary Code-12843**

Customer Care :Mediwheel : New Delhi <customercare@mediwheel.in>  
To: "healthcare.medicals@gmail.com" <healthcare.medicals@gmail.com>

Fri, Mar 25, 2022 at 11:13 AM



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Hi Healthcare Medical Centre And Diagnostic,

Diagnostic/Hospital Location :SHOP NO.44, EMP 71, OPP. RAHEJA REFLECTIONS BLDG., 120 FEET ROAD, THAKUR VILLAGE, EVERSHINE MILLENNIUM PARADISE, KANDIVALI EAST MUMBAI - 400 101 ,City:Mumbai

We have received the confirmation for the following booking .

**Beneficiary Name** : PKG10000240

**Beneficiary Name** : MR. SHRIMALI PRANAV R.

**Member Age** : 30

**Member Gender** : Male

**Member Relation** : Employee

**Package Name** : Metro Full Body Health Checkup Male Below 40

**Location** : MUMBAI,Maharashtra-400051

**Contact Details** : 7506268822

**Booking Date** : 17-03-2022

**Appointment Date** : 26-03-2022

**Instructions to undergo Health Check:**

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.



**Healthcare**  
Mahavir Suryadarshan Soc.,  
Satya Nagar Road, Mahavir Nagar,  
Kandivali (W), Mumbai - 400 067.  
Tel. No.: 2869 7808

*M. N. Rai*  
**Dr. NUPUR RAI**  
MBBS, DIPLOMA CARDIOLOGY (PGDCO)  
Reg. No.: 2018115643

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- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

<b>NAME</b>	MR.PRANAV R SHRIMALI	<b>DATE</b>	26/03/22
<b>HEIGHT:</b>	168CM	<b>WEIGHT :</b>	100.1KG
<b>REFERRED BY</b>	MEDIWHEEL	<b>AGE</b>	31YEARS
		<b>SEX</b>	MALE
<b>PRESENT COMPLAINT:</b> NO ANY FRESH COMPLAINT. NO H/O DM, HYPERTENSION AND ANY MAJOR ILLNESS			
<b>CURRENT MEDICATION:</b> NAD			
<b>PAST HISTORY :</b> NAD			
<b>ALLERGY:</b> NAD <b>APPETITE:</b> GOOD <b>HABBITS :</b> ONCE IN A 3MONTHS			
<b>SLEEP:</b> GOOD <b>BLADDER:</b> NAD <b>BOWEL:</b> NAD			
<b>FAMILY HISTORY:</b> MOTHER – NAD FATHER – CARDIAC ARREST RECENTLY			
<b>GENERAL EXAMINATION:</b>		<b>ADVICE-</b>	
P: 62MIN BP: 130/80		EVERY DAY PRAYANAM AND MEDITATION FOR 30 MIN	
PALLOR: NIL ICTERUS: NIL		BRISK WALK FOR 45 MIN	
OEDEMA: NIL OTHERS: NAD		<i>To reduce fatty/oily food. But for employment.</i>	
SKIN: NORMAL			
RS: NAD			
CVS: NAD			
PA: SOFT, NAD			
CNS: NAD			
<b>INVESTIGATION:</b>		<i>Dr. NUPUR RAI</i> <b>Dr. NUPUR RAI</b> MBBS, DIPLOMA CARDIOLOGY (PGDCC) Reg. No. 2018115643	

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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

**OPHTHALMIC REPORT**

<b>NAME</b> Pranav R Shrinimali	<b>DATE</b> 24/3/22
<b>R- NO</b>	<b>AGE</b> 31
<b>REF. BY DR.</b>	<b>SEX</b> Male

**RIGHT EYE**

**LEFT EYE**

V.A. WITHOUT GLASSES:

6/6

6/6

V.A. WITH GLASSES:

ANTERIOR SEGMENT EXAMINATION:

FUNDUS:

COLOUR VISION:  
(ISHIHARA CHART)

Normal

Normal

OCULAR MOVEMENTS:

Normal

Normal

RETINOSCOPY:

Prescription:

DISTANCE

NEAR

SPH	CYL	AXIS
	Plan	

SPH	CYL	AXIS
	Plan	

CLINICAL IMPRESSION:  
ADVICE:

*Handwritten signature*

Healthcare

Mahavir Surya

Soc.,

Satya Nagar, 100070

Nagar

Kandivali (W)

400 067

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 • MOB.: 99222 99301
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Website : [www.healthcarediag.com](http://www.healthcarediag.com) • E-mail : [healthcare.medicals@gmail.com](mailto:healthcare.medicals@gmail.com)

"Home Visit Facility Call On 76667 66307"

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**Patient's Name : MR PRANAV R SHRIMALI**

**Referred By Dr : MEDIWHEEL**

**Sex : MALE Age : 31 Years**

**Collected At : THAKUR VILLAGE MAIN BRANCH**

**Lab No. : JCA8613\*JCA8613\***

**Reg. Date : 26-Mar-2022 9:43 am**

**Report Date: 26-Mar-2022 2:33 pm**

**Print Date : 27-Mar-2022 3:33 pm**

**COMPLETE BLOOD COUNT**

TEST	RESULT	UNITS	NORMAL VALUES
Haemoglobin	15.5	gm %	Male : 13 - 17.0 gm%
Erythrocytes ( Total RBCs)	5.12	mill. / cmm	Male : 4.2 - 5.8mill. / cmm
PCV	47	%	Male : 37 - 51 %
MCV	91.80	fl	80- 96 fl
MCH	30.30	pg	27 - 32 pg
MCHC	33.00	gm%	32 - 37 gm%
RDW	14.3	%	12 - 14.5

**TOTAL WBC COUNT**

TOTAL WBC COUNT	9800	/ cumm	4,000 - 11,000
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**DIFFERENTIAL COUNT**

Neutrophils	70	%	40 - 75
Lymphocytes	23	%	20 - 40
Eosinophils	04	%	0 - 6
Monocytes	03	%	2 - 8
Platelet count	351000	Lacs/cmm	150000-450000

**PERIPHERAL SMEAR**

RBC Morphology	Normocytic Normochromic		
WBC Morphology	Normal		
Platelets Morphology	Adequate		
ESR (westergren's method)	5	mm/hr	Male: 0 - 10 mm Female: 0 - 20 mm

END OF REPORT

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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name : MR PRANAV R SHRIMALI**

**Referred By Dr : MEDIWHEEL**

**Sex : MALE Age : 31 Years**

**Collected At : THAKUR VILLAGE MAIN BRANCH**

**Lab No. : JCA8613 \*JCA8613\***

**Reg. Date : 26-Mar-2022 9:43 am**

**Report Date: 26-Mar-2022 7:02 pm**

**Print Date : 27-Mar-2022 3:33 pm**

**BLOOD GROUP**

**TEST**

Blood Group

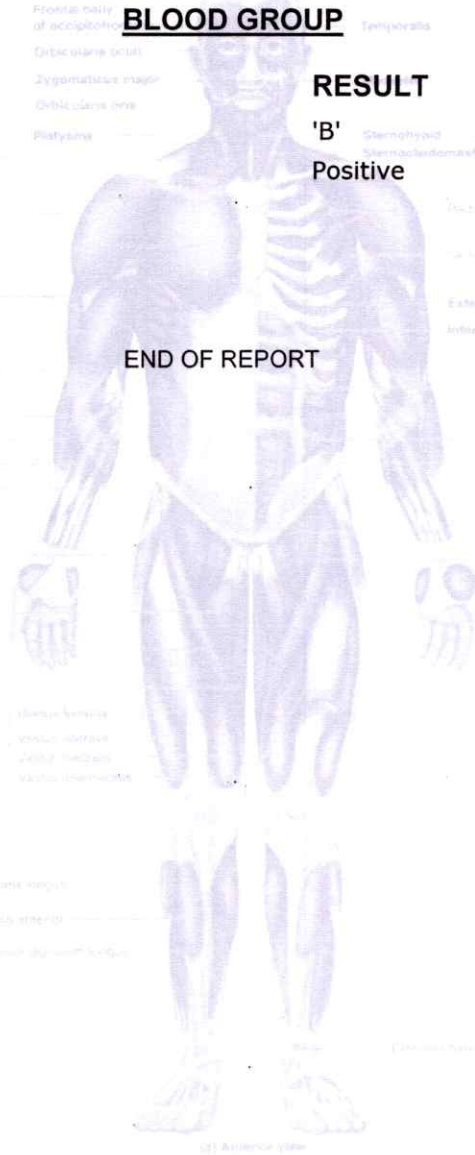
Rh Factor

**RESULT**

'B'

Positive

END OF REPORT



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- BORIVALI CENTRE**
- KANDIVALI CENTRE**
- KANDIVALI CENTRE**
- DAHISAR CENTRE**
- GORAI CENTRE**
- GOREGAON CENTRE**
- GOREGAON (EAST)**
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**DR. BHAVINI KAMDAR**  
MD (PATH) MUM

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**Patient's Name : MR PRANAV R SHRIMALI**

**Lab No. : JCA8613 \*JCA8613\***

**Referred By Dr : MEDIWHEEL**

**Reg. Date : 26-Mar-2022 9:43 am**

**Sex : MALE Age : 31 Years**

**Report Date: 27-Mar-2022 1:26 pm**

**Collected At : THAKUR VILLAGE MAIN BRANCH**

**Print Date : 27-Mar-2022 3:33 pm**

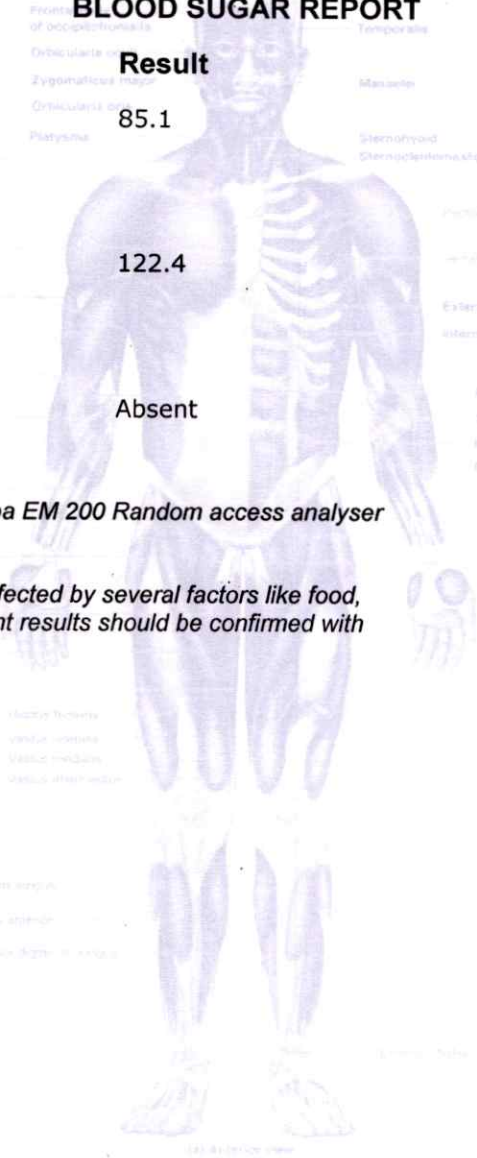
**BLOOD SUGAR REPORT**

Test	Result	Normal Range
BLOOD SUGAR FASTING	85.1	Normal: 70-110 mg/dL Impaired Fasting Glucose(IFG): 110 -125 Diabetes mellitus: $\geq 126$ (on more than one occasion) Normal: 70-140 mg/dL
BLOOD SUGAR (Post prandial)	122.4	Impaired Tolerance: 140-199 Diabetes mellitus: $\geq 200$ (on more than one occasion)
URINE SUGAR (Post prandial)	Absent	

*Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser*

**Comment:**

*Blood sugar values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.*



*Bl*

- Checked By:** DR. BHAVINI KAMDAR  
MD (PATH) MUM
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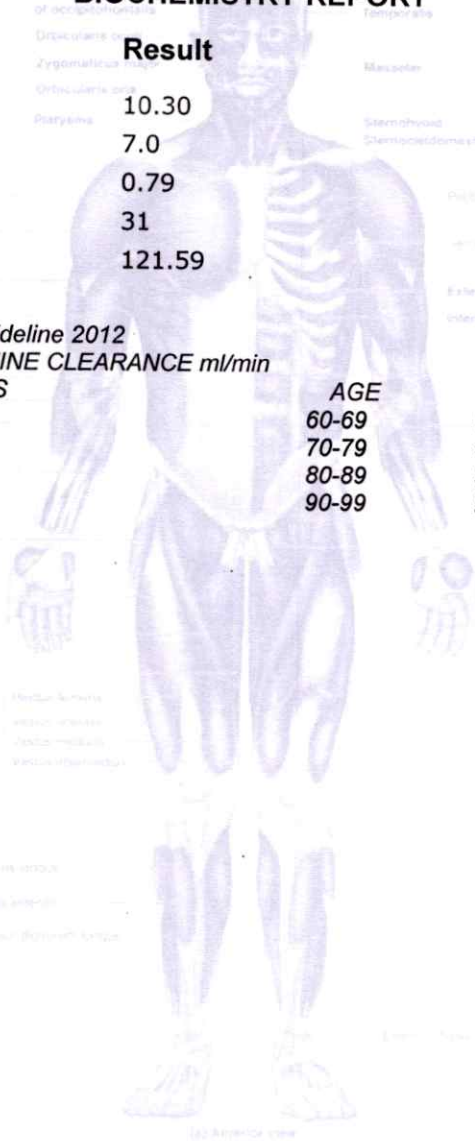
**Print Date : 27-Mar-2022 3:34 pm**

**BIOCHEMISTRY REPORT**

Test	Result	Normal Range
Blood Urea Nitrogen (BUN)	10.30	5 - 20 mg/dl
Serum Uric Acid	7.0	Male : 3.4 - 7.0 mg%
CREATININE	0.79	0.5 - 1.5 mg/dl
Age of the Patient	31	
eGFR	121.59	

eGFR calculation based on MDRD guideline 2012  
REFERENCE RANGE FOR CREATININE CLEARANCE ml/min

AGE	MALES	FEMALES	AGE	MALES	FEMALES
20-29	94-140	72-121	60-69	54-98	45-75
30-39	89-137	71-110	70-79	49-79	37-61
40-49	76-120	50-102	80-89	30-60	27-55
50-59	67-109	50-102	90-99	26-44	26-42



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- Checked By** DR. BHAVINI KAMDAR  
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Collected At : THAKUR VILLAGE MAIN BRANCH

Print Date : 27-Mar-2022 3:34 pm

**LIVER FUNCTION TESTS**

TEST	RESULT	NORMAL VALUES
Bilirubin Total	0.63	0.5 - 1.0 mg / dl
Bilirubin Direct	0.22	0.1 - 0.3 mg / dl
Bilirubin Indirect	0.41	UPTO 0.8 mg / dl
S.G.P.T.	28.80	Up to 49 U / L
S.G.O.T.	23.40	Up to 46 U / L
Alkaline Phosphatase	68.00	1 - 12 Years: 54 - 369 U/l 20 - 59 Years: 53 - 128 U/l > 60 Years: 56 - 119 U/l
Total Proteins	7.94	6 - 8 gm / dl
Albumin	4.5	3.2 - 5.5 gm / dl
Globulin	3.44	2 - 3.5 mg / dl
A / G Ratio	1.31	1.0- 2.3
GGT	31	5 - 50 IU/L

END OF REPORT

- CHOKERDI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39393
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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name : MR PRANAV R SHRIMALI**

**Lab No. : JCA8613 \*JCA8613\***

**Referred By Dr : MEDIWHEEL**

**Reg. Date : 26-Mar-2022 9:43 am**

**Sex : MALE Age : 31 Years**

**Report Date: 27-Mar-2022 1:26 pm**

**Collected At : THAKUR VILLAGE MAIN BRANCH**

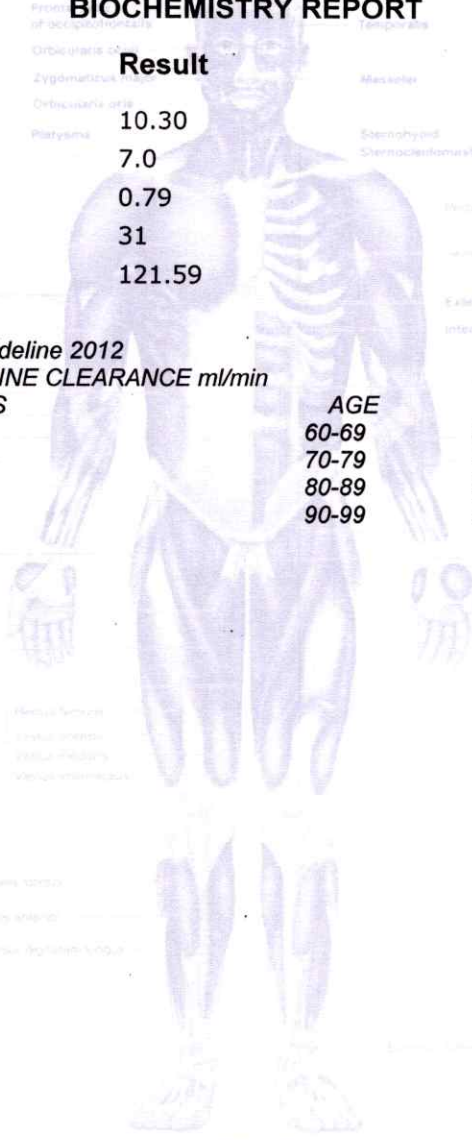
**Print Date : 27-Mar-2022 3:34 pm**

**BIOCHEMISTRY REPORT**

Test	Result	Normal Range
Blood Urea Nitrogen (BUN)	10.30	5 - 20 mg/dl
Serum Uric Acid	7.0	Male : 3.4 - 7.0 mg%
CREATININE	0.79	0.5 - 1.5 mg/dl
Age of the Patient	31	
eGFR	121.59	

*eGFR calculation based on MDRD guideline 2012*  
**REFERENCE RANGE FOR CREATININE CLEARANCE ml/min**

AGE	MALES	FEMALES	AGE	MALES	FEMALES
20-29	94-140	72-121	60-69	54-98	45-75
30-39	89-137	71-110	70-79	49-79	37-61
40-49	76-120	50-102	80-89	30-60	27-55
50-59	67-109	50-102	90-99	26-44	26-42



*Bl*

- Checked By** DR. BHAVINI KAMDAR
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**Patient's Name : MR PRANAV R SHRIMALI**  
**Referred By Dr : MEDIWHEEL**  
**Sex : MALE Age : 31 Years**  
**Collected At : THAKUR VILLAGE MAIN BRANCH**

**Lab No. : JCA8613 \*JCA8613\***  
**Reg. Date : 26-Mar-2022 9:43 am**  
**Report Date: 27-Mar-2022 1:27 pm**  
**Print Date : 27-Mar-2022 3:34 pm**

**LIPID PROFILE**

**TEST**

**RESULT**

**NORMAL VALUES**

SR. CHOLESTEROL

188

Desirable: < 200 mg/dl  
 Borderline High: 200-239 mg/dl  
 High: >= 240 mg/dl

SR. TRIGLYCERIDES

115

Normal: < 150 mg/dl  
 Borderline High: 150-199 mg/dl  
 High: 200-499 mg/dl  
 Very High: >= 500 mg/dl

HDL CHOLESTEROL

52

40 - 60 mg / dl

VLDL

23.00

6 - 38 mg / dl

LDL CHOLESTEROL

**113.00**

Optimal: < 100 mg/dl  
 Near Optimal: 100-129 mg/dl  
 Borderline high: 130-159 mg/dl  
 High: 160-189 mg/dl  
 Very High: >= 190 mg/dl

CHOLESTEROL / HDL

3.62

< 5

LDL / HDL

2.17

< 3.5

*NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report. Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL Ratio below 5.1 is statistically associated with decreased incidence of heart disease.*

**END OF REPORT**

- Checked By** DR. BHAVINI KAMDAR  
**KANDIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 3933  
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**BUN / CREATININE RATIO**

**TEST**

BUN  
CREATININE  
BUN/ CREAT Ratio

**RESULT**

10.3  
0.79  
13.04

**NORMAL VALUES**

5 - 20 mg/dl  
0.6-1.5 mg/dl  
5 to 20 mg/dl

END OF REPORT

- CHANDER CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39261
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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name : MR PRANAV R SHRIMALI**

**Referred By Dr : MEDIWHEEL**

**Sex : MALE Age : 31 Years**

**Collected At : THAKUR VILLAGE MAIN BRANCH**

**Lab No. : JCA8613 \*JCA8613\***

**Reg. Date : 26-Mar-2022 9:43 am**

**Report Date: 26-Mar-2022 8:02 pm**

**Print Date : 27-Mar-2022 3:35 pm**

**TEST**

HBA1C  
ESTIMATED AVERAGE GLUCOSE

**RESULT**

4.8  
91.06

**NORMAL VALUES**

4 - 5.7 %

**METHOD : NEPHELOMETRY**

**DIAGNOSTIC CRITERIA FOR DIABETES:**

Normal: Less than 5.7%

Impaired glucose tolerance: 5.8% to 6.4%

Diabetes: 6.5% or more

**CONTROL CRITERIA IN DIABETICS:**

Optimal control: 7.0% or less

Fair control: 7.0% to 8.0%

Poor control: More than 8.0%

**Comment :**

HbA1c values should not used in diagnosis of Diabetes Mellitus and are marker of glycaemic control in known cases of Diabetes Mellitus.

END OF REPORT

- Checked By: **DR. BHAVINI KAMDAR MD (PATH) MUM**
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**Referred By Dr : MEDIWHEEL**

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**Report Date: 27-Mar-2022 11:34 am**

**Collected At : THAKUR VILLAGE MAIN BRANCH**

**Print Date : 27-Mar-2022 3:35 pm**

**THYROID FUNCTION TEST**

**TEST**

**RESULT**

**NORMAL VALUES**

**T3 [ Tri - iodothyronine ]**

**129.3**

**55 - 180 ng/dl**

**Method**

**ELFA**

Total T3 & T4 Values may also be altered in other conditions due to changes in serum proteins or binding sites Pregnancy. Drugs (Androgens, Estrogens, O C Pills, Phenytoin). Nephrosis etc. In such cases Free T3 and Free T4 give corrected values.

**T4 [ Thyroxine ]**

**8.6**

**4.66 - 10.50 ug/dl**

**Method**

**ELFA**

Total T3 & T4 Values may also be altered in other conditions due to changes in serum proteins or binding sites Pregnancy. Drugs (Androgens, Estrogens, O C Pills, Phenytoin). Nephrosis etc. In such cases Free T3 and Free T4 give corrected values.

**TSH [Thyroid Stimulating Hormone]**

**0.98**

**0.25 - 5.0 uIU/mL**

**Method**

**ELFA**

**Interpretation :**

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure, severe burns, trauma and surgery etc.
3. Drugs that decrease TSH values e.g: L-dopa, Glucocorticoid Drugs that increase TSH values e.g Iodine, Lithium, Amiodarone.

**END OF REPORT**

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name : MR PRANAV R SHRIMALI**

**Lab No. : JCA8613\*JCA8613\***

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**Reg. Date : 26-Mar-2022 9:43 am**

**Sex : MALE Age : 31 Years**

**Report Date: 27-Mar-2022 2:54 pm**

**Collected At : THAKUR VILLAGE MAIN BRANCH**

**Print Date : 27-Mar-2022 3:35 pm**

## STOOL ROUTINE & MICROSCOPY

### PHYSICAL EXAMINATION

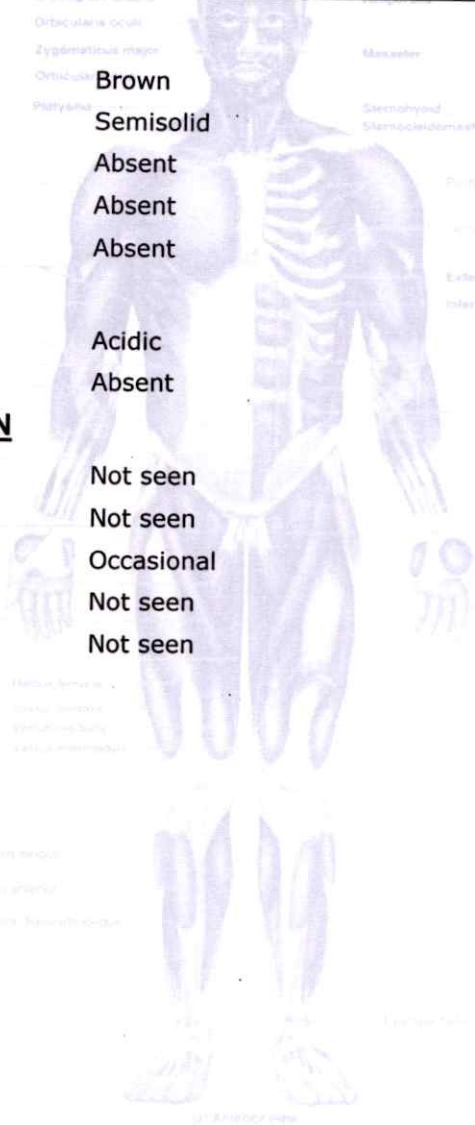
Colour **Brown**  
 Form ( Consistency ) **Semisolid**  
 Mucus **Absent**  
 Blood (Frank) **Absent**  
 Parasites **Absent**

### CHEMICAL EXAMINATION

Reaction **Acidic**  
 Occult Blood **Absent**

### MICROSCOPIC EXAMINATION

Red Blood Cells **Not seen**  
 Epithelial Cells **Not seen**  
 Pus Cells **Occasional**  
 Macrophages **Not seen**  
 Cyst/Ova/Trophozoites **Not seen**



Checked By

- DR. BHAVINI KAMDAR**  
**MD (PATH) MUM**
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- CORPORATE HEALTH CHECKUPS



**Patient's Name : MR PRANAV R SHRIMALI**

**Lab No. : JCA8613 \*JCA8613\***

**Referred By Dr : MEDIWHEEL**

**Reg. Date : 26-Mar-2022 9:43 am**

**Sex : MALE Age : 31 Years**

**Report Date: 26-Mar-2022 6:16 pm**

**Collected At : THAKUR VILLAGE MAIN BRANCH**

**Print Date : 27-Mar-2022 3:35 pm**

**ROUTINE URINE EXAMINATION**

**PHYSICAL EXAMINATION**

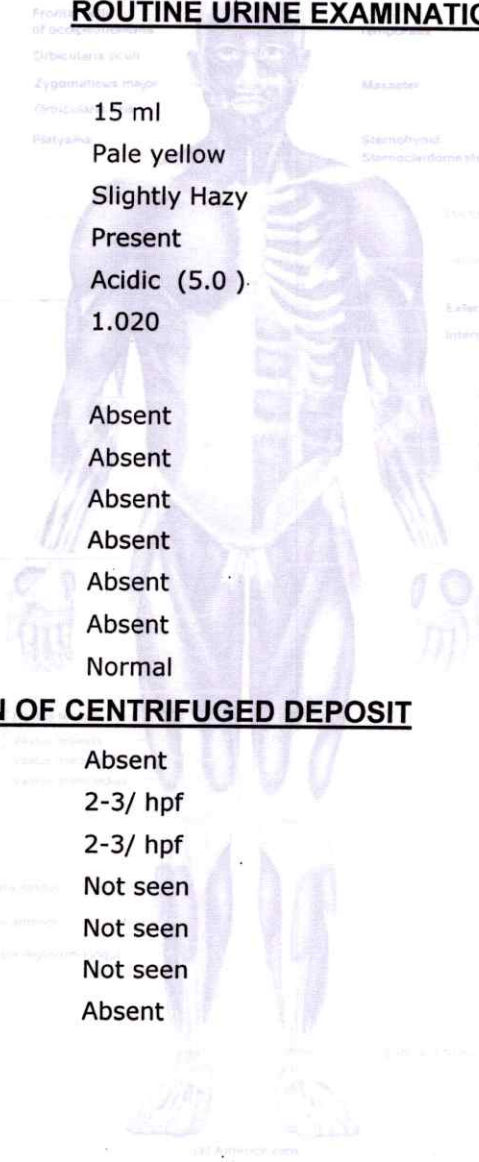
Quantity : 15 ml  
 Colour : Pale yellow  
 Appearance : Slightly Hazy  
 Deposit : Present  
 pH : Acidic (5.0)  
 Specific Gravity : 1.020

**CHEMICAL EXAMINATION**

Proteins : Absent  
 Sugar : Absent  
 Ketone : Absent  
 Occult Blood : Absent  
 Bile Pigment : Absent  
 Bile Salts : Absent  
 Urobilinogen : Normal

**MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT**

Red Blood Cells : Absent  
 Pus Cells : 2-3/ hpf  
 Epithelial Cells : 2-3/ hpf  
 Casts : Not seen  
 Crystals : Not seen  
 Yeast : Not seen  
 Bacteria : Absent



*Bl*

- Checked By **DR. BHAVINI KAMDAR** MD (PATH) MUM
- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
  - KAPURDI CENTRE** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
  - KANDIVALI CENTRE** SHOP NO. 44/49, EMP 71, EVERSHINE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TEL.: 2885 7171 / 89288 41541
  - DAHISAR CENTRE** NILANGI APARTMENT, KANDERPADA JUNCTION, DAHISAR (W), MUMBAI - 400068. • TEL.: 2893 3427 • MOB.: 90220 58504
  - GORAI CENTRE** VICTORY HEIGHTS, GORAI MAIN ROAD, OPP. SUVIDYA SCHOOL, BORIVALI (W), MUMBAI - 400092. • TEL.: 2869 6556 • MOB.: 90224 88354 / 72080 02565
  - GOREGAON CENTRE** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806
  - GOREGAON (EAST)** SATELLITE GARDENS, FILM CITY ROAD, NEAR SATELLITE TOWER, GOREGAON (EAST), MUMBAI - 400063 • TEL.: 79773 74838 / 79773 62922
  - MIRA ROAD** UNIT NO. R13, RNA LIBERTY REST, NEAR JANGID CIRCLE, VIJAY PARK, MIRA ROAD (EAST), MUMBAI - 401107. • TEL.: 70218 04221 / 70218 27389