

**DIAGNOSTIC REPORT**

Patient Ref. No. 666000003873127

**CLIENT CODE :** CA00010147 - MEDIWHEEL  
**CLIENT'S NAME AND ADDRESS:** MEDIWHEEL HEALTHCARE LIMITEDMEDIWHEEL ARCOFEMI HEALTHCARE LIMITED  
F701A, LADO SARAI, NEW DELHI,  
SOUTH DELHI, DELHI,  
SOUTH DELHI 110030  
DELHI INDIA  
8800465156

DDRC SRL DIAGNOSTICS

GANDHI NAGAR, KTM  
KERALA, INDIA  
Tel : 93334 93334  
Email : customercare.ddrc@srl.in**PATIENT NAME :** VAISHNAVI RPATIENT ID : **VAISF0812904036**ACCESSION NO : **4036WC004407** AGE : 32 Years SEX : Female

ABHA NO :

DRAWN :

RECEIVED : 25/03/2023 10:14

REPORTED : 25/03/2023 15:45

**REFERRING DOCTOR :** DR. MADIWHEEL

CLIENT PATIENT ID :

Test Report Status	Final	Results	Biological Reference Interval	Units
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**MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT****TREADMILL TEST**

TREADMILL TEST COMPLETED

**OPHTHAL**

OPHTHAL COMPLETED

**PHYSICAL EXAMINATION**

PHYSICAL EXAMINATION COMPLETED



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**PATIENT NAME :** VAISHNAVI R **PATIENT ID :** VAISF0812904036  
**ACCESSION NO :** 4036WC004407 **AGE :** 32 Years **SEX :** Female **ABHA NO :**  
**DRAWN :** **RECEIVED :** 25/03/2023 10:14 **REPORTED :** 25/03/2023 15:45  
**REFERRING DOCTOR :** DR. MADIWHEEL **CLIENT PATIENT ID :**

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**MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT**

**BLOOD UREA NITROGEN (BUN), SERUM**

BLOOD UREA NITROGEN	8	Adult(<60 yrs) : 6 to 20	mg/dL
<b>BUN/CREAT RATIO</b>			
BUN/CREAT RATIO	10.2	5 - 15	

**CREATININE, SERUM**

CREATININE	0.78	18 - 60 yrs : 0.6 - 1.1	mg/dL
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**GLUCOSE, POST-PRANDIAL, PLASMA**

GLUCOSE, POST-PRANDIAL, PLASMA	91	Diabetes Mellitus : > or = 200. Impaired Glucose tolerance/ Prediabetes : 140 - 199. Hypoglycemia : < 55.	mg/dL
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**GLUCOSE FASTING, FLUORIDE PLASMA**

GLUCOSE, FASTING, PLASMA	79	Diabetes Mellitus : > or = 126. Impaired fasting Glucose/ Prediabetes : 101 - 125. Hypoglycemia : < 55.	mg/dL
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**GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD**

GLYCOSYLATED HEMOGLOBIN (HBA1C)	5.2	Normal : 4.0 - 5.6%. % Non-diabetic level : < 5.7%. Diabetic : >6.5%	
Glycemic control goal More stringent goal : < 6.5 %. General goal : < 7%. Less stringent goal : < 8%.  Glycemic targets in CKD :- If eGFR > 60 : < 7%. If eGFR < 60 : 7 - 8.5%.			

**LIPID PROFILE, SERUM**

CHOLESTEROL	241	<b>High</b> Desirable : < 200 Borderline : 200-239 High : >or= 240	mg/dL
TRIGLYCERIDES	50	Normal : < 150 High : 150-199 Hypertriglyceridemia : 200-499 Very High : > 499	mg/dL



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Test Report Status	Final	Results	Units
HDL CHOLESTEROL		54	mg/dL
DIRECT LDL CHOLESTEROL		<b>181</b>	mg/dL
		General range : 40-60	
		<b>High</b> Optimum : < 100	
		Above Optimum : 100-139	
		Borderline High : 130-159	
		High : 160-189	
		Very High : >or= 190	
NON HDL CHOLESTEROL		<b>187</b>	mg/dL
		<b>High</b> Desirable: Less than 130	
		Above Desirable: 130 - 159	
		Borderline High: 160 - 189	
		High: 190 - 219	
		Very high: > or = 220	
VERY LOW DENSITY LIPOPROTEIN		10.0	mg/dL
CHOL/HDL RATIO		<b>4.5</b>	
LDL/HDL RATIO		<b>3.4</b>	
		<b>High</b> 3.30 - 4.40	
		<b>High</b> 0.5 - 3.0	
<b>LIVER FUNCTION TEST WITH GGT</b>			
BILIRUBIN, TOTAL		0.92	mg/dL
BILIRUBIN, DIRECT		0.28	mg/dL
BILIRUBIN, INDIRECT		0.64	mg/dL
TOTAL PROTEIN		6.5	g/dL
		Ambulatory : 6.4 - 8.3	
		Recumbant : 6 - 7.8	
ALBUMIN		4.5	g/dL
GLOBULIN		2.0	g/dL
ALBUMIN/GLOBULIN RATIO		<b>2.3</b>	RATIO
		<b>High</b> 1.0 - 2.0	
ASPARTATE AMINOTRANSFERASE (AST/SGOT)		16	U/L
		Adults : < 33	
ALANINE AMINOTRANSFERASE (ALT/SGPT)		18	U/L
		Adults : < 34	
ALKALINE PHOSPHATASE		67	U/L
		Adult(<60yrs) : 35 - 105	
GAMMA GLUTAMYL TRANSFERASE (GGT)		15	U/L
		Adult (female) : < 40	
<b>TOTAL PROTEIN, SERUM</b>			
TOTAL PROTEIN		6.5	g/dL
		Ambulatory : 6.4 - 8.3	
		Recumbant : 6 - 7.8	
<b>URIC ACID, SERUM</b>			
URIC ACID		4.6	mg/dL
		Adults : 2.4-5.7	
<b>ABO GROUP &amp; RH TYPE, EDTA WHOLE BLOOD</b>			
ABO GROUP		TYPE B	



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ACCESSION NO : **4036WC004407** AGE : 32 Years SEX : Female ABHA NO :

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Test Report Status	Final	Results	Units
RH TYPE		POSITIVE	
<b>BLOOD COUNTS,EDTA WHOLE BLOOD</b>			
HEMOGLOBIN		13.2	12.0 - 15.0 g/dL
RED BLOOD CELL COUNT		<b>4.83</b>	<b>High</b> 3.8 - 4.8 mil/ $\mu$ L
WHITE BLOOD CELL COUNT		6.40	4.0 - 10.0 thou/ $\mu$ L
PLATELET COUNT		282	150 - 410 thou/ $\mu$ L
<b>RBC AND PLATELET INDICES</b>			
HEMATOCRIT		39.4	36 - 46 %
MEAN CORPUSCULAR VOL		<b>82.0</b>	<b>Low</b> 83 - 101 fL
MEAN CORPUSCULAR HGB.		27.3	27.0 - 32.0 pg
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION		33.5	31.5 - 34.5 g/dL
RED CELL DISTRIBUTION WIDTH		<b>14.3</b>	<b>High</b> 11.6 - 14.0 %
MENTZER INDEX		17.0	
<b>WBC DIFFERENTIAL COUNT</b>			
SEGMENTED NEUTROPHILS		59	40 - 80 %
LYMPHOCYTES		31	20 - 40 %
MONOCYTES		<b>00</b>	<b>Low</b> 2 - 10 %
EOSINOPHILS		<b>10</b>	<b>High</b> 1 - 6 %
BASOPHILS		00	0 - 2 %
ABSOLUTE NEUTROPHIL COUNT		3.78	2.0 - 7.0 thou/ $\mu$ L
ABSOLUTE LYMPHOCYTE COUNT		1.98	1.0 - 3.0 thou/ $\mu$ L
ABSOLUTE MONOCYTE COUNT		<b>0</b>	<b>Low</b> 0.2 - 1.0 thou/ $\mu$ L
ABSOLUTE EOSINOPHIL COUNT		<b>0.64</b>	<b>High</b> 0.02 - 0.50 thou/ $\mu$ L
ABSOLUTE BASOPHIL COUNT		<b>00</b>	<b>Low</b> 0.02 - 0.10 thou/ $\mu$ L
NEUTROPHIL LYMPHOCYTE RATIO (NLR)		1.9	
<b>ERYTHROCYTE SEDIMENTATION RATE (ESR),WHOLE BLOOD</b>			
SEDIMENTATION RATE (ESR)		8	0 - 20 mm at 1 hr
<b>SUGAR URINE - POST PRANDIAL</b>			
SUGAR URINE - POST PRANDIAL		NOT DETECTED	NOT DETECTED
<b>THYROID PANEL, SERUM</b>			



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ACCESSION NO : **4036WC004407** AGE : 32 Years SEX : Female ABHA NO :

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T3		85.47	ng/dL
		Non-Pregnant : 60-181	
		Pregnant Trimester-wise	
		1st : 81-190	
		2nd : 100-260	
		3rd : 100-260	
T4		7.40	µg/dl
TSH 3RD GENERATION		4.220	µIU/mL
		(Non Pregnant) : 0.4 - 4.2	
		Pregnant(Trimester wise)	
		1st : 0.1 - 2.5	
		2nd : 0.2 - 3	
		3rd : 0.3 - 3	

**PHYSICAL EXAMINATION, URINE**

COLOR PALE YELLOW  
 APPEARANCE CLEAR

**CHEMICAL EXAMINATION, URINE**

PH	5.0	4.7 - 7.5
SPECIFIC GRAVITY	1.020	1.003 - 1.035
PROTEIN	NOT DETECTED	NOT DETECTED
GLUCOSE	NOT DETECTED	NOT DETECTED
KETONES	NOT DETECTED	NOT DETECTED
BLOOD	NOT DETECTED	NOT DETECTED
BILIRUBIN	NOT DETECTED	NOT DETECTED
UROBILINOGEN	NORMAL	NORMAL
NITRITE	NOT DETECTED	NOT DETECTED

**MICROSCOPIC EXAMINATION, URINE**

RED BLOOD CELLS	NOT DETECTED	NOT DETECTED	/HPF
WBC	2-3	0-5	/HPF
EPITHELIAL CELLS	<b>8-10</b>	0-5	/HPF
CASTS	NOT DETECTED		
CRYSTALS	NOT DETECTED		
BACTERIA	NOT DETECTED	NOT DETECTED	
YEAST	NOT DETECTED	NOT DETECTED	

**SUGAR URINE - FASTING**

SUGAR URINE - FASTING NOT DETECTED NOT DETECTED



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**MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT****ECG WITH REPORT****REPORT**

COMPLETED

**USG ABDOMEN AND PELVIS****REPORT**

COMPLETED

**CHEST X-RAY WITH REPORT****REPORT**

COMPLETED

**\*\*End Of Report\*\***Please visit [www.ddrcsrl.com](http://www.ddrcsrl.com) for related Test Information for this accession

**PRASEEDA S NAIR**  
**BIOCHEMIST**

**DR.KRIPA ELIZABETH JOHN**  
**CONSULTANT PATHOLOGIST**

**K.MEERA BHAI**  
**SENIOR BIOCHEMIST**





If the examinee is suffering from an acute life threatening situation, you may be obliged to disclose the result of 'ae medical examination to the examinee.

1. Name of the examinee	:	Mr./Mrs./Ms. ✓	VAISHNAVI R
2. Mark of Identification	:	(Mole/Scar/any other (specify location)):	on left side of NECK
3. Age/Date of Birth	:	08/12/1990	Gender: ✓ F/M
4. Photo ID Checked	:	(Passport/Election Card/PAN Card/Driving Licence/Company ID) ✓	

**PHYSICAL DETAILS:**

a. Height ..... 1.62 ..... (cms)	b. Weight ..... 66 ..... (Kgs)	c. Girth of Abdomen ..... 87 ..... (cms)
d. Pulse Rate ..... 58 ..... (/Min)	e. Blood Pressure: 120/80	Systolic Diastolic
	1 <sup>st</sup> Reading	
	2 <sup>nd</sup> Reading	

**FAMILY HISTORY:**

Relation	Age if Living	Health Status	If deceased, age at the time and cause
Father			
Mother			
Brother(s)			
Sister(s)			

**HABITS & ADDICTIONS:** Does the examinee consume any of the following?

Tobacco in any form	Sedative	Alcohol

**PERSONAL HISTORY**

- a. Are you presently in good health and entirely free from any mental or Physical impairment or deformity. If No, please attach details. **Y/N** ✓
- b. Have you undergone/been advised any surgical procedure? **Y/N** ✓
- c. During the last 5 years have you been medically examined, received any advice or treatment or admitted to any hospital? **Y/N** ✓
- d. Have you lost or gained weight in past 12 months? **Y/N** ✓

**Have you ever suffered from any of the following?**

- Psychological Disorders or any kind of disorders of the Nervous System? **Y/N** ✓
- Any disorders of Respiratory system? **Y/N** ✓
- Any Cardiac or Circulatory Disorders? **Y/N** ✓
- Enlarged glands or any form of Cancer/Tumour? **Y/N** ✓
- Any Musculoskeletal disorder? **Y/N** ✓
- Any disorder of Gastrointestinal System? **Y/N** ✓
- Unexplained recurrent or persistent fever, and/or weight loss **Y/N** ✓
- Have you been tested for HIV/HBsAg / HCV before? If yes attach reports **Y/N** ✓
- Are you presently taking medication of any kind? **Y/N** ✓

**DDRC SRL Diagnostics Private Limited**

Corp. Office: DDRC SRL Tower, G- 131, Panampilly Nagar, Ernakulam - 682 036  
Ph No. 0484-2318223, 2318222, e-mail: info@ddrcsrl.com, web: www.ddrcsrl.com

Corp. Office: DDRC SRL Tower, G- 131, Panampilly Nagar, Ernakulam - 682 036, Ph No: 2310688, 2318222, web: www.ddrcsrl.com



• Any disorders of Urinary System?

Y/N ✓

• Any disorder of the Eyes, Ears Nose, Throat or Mouth & Skin

Y/N ✓

**FOR FEMALE CANDIDATES ONLY**

a. Is there any history of diseases of breast/genital organs?

Y/N ✓

d. Do you have any history of miscarriage/abortion or MTP

Y/N ✓

b. Is there any history of abnormal PAP Smear/Mammogram/USG of Pelvis or any other tests? (If yes attach reports)

Y/N ✓

e. For Parous Women, were there any complication during pregnancy such as gestational diabetes, hypertension etc

Y/N ✓

c. Do you suspect any disease of Uterus, Cervix or Ovaries?

Y/N ✓

f. Are you now pregnant? If yes, how many months?

Y/N ✓

**CONFIDENTIAL COMMENTS FROM MEDICAL EXAMINER**

- Was the examinee co-operative? Y/N
- Is there anything about the examinee's health, lifestyle that might affect him/her in the near future with regard to his/her job? Y/N
- Are there any points on which you suggest further information be obtained? Y/N
- Based on your clinical impression, please provide your suggestions and recommendations below;

*High cholesterol levels — lifestyle and diet modification & daily exercise advised*

➤ Do you think he/she is **MEDICALLY FIT** or UNFIT for employment.


*Fit*

**MEDICAL EXAMINER'S DECLARATION**

I hereby confirm that I have examined the above individual after verification of his/her identity and the findings stated above are true and correct to the best of my knowledge.

Name & Signature of the Medical Examiner : *Dr. Austin Varghees*

Seal of Medical Examiner : *Dr. Austin Varghees MBBS TCMC Reg. No: 77017*

Name & Seal of DDRC SRL Branch : 

Date & Time :

**DDRC SRL Diagnostics Private Limited**

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Ph No. 0484-2318223, 2318222, e-mail: info@ddrcsrl.com, web: www.ddrcsrl.com

Regd. Office: 4th Floor, Prime Square, Plot No.1, Gaiwadi Industrial Estate, S.V. Road, Goregaon (West), Mumbai – 400062.

पुनर्पत्र प्रमाणित हो सके

संस्थापक (सुरक्षा)

बैंक ऑफ बरोडा, बरोडा कॉर्पोरेट सेंटर

प्लॉट-26, श्री-वर्धा, बरोडा कृष्ण कॉम्प्लेक्स, मुंबई 400 051, भारत

फोन 91 22 5698 5196 फैक्स 91 22 2652 5747

If found, please return to

Asst. General Manager (Security)

Bank of Baroda, Baroda Corporate Centre

C-26, G-Block, Baroda-Kunja Complex, Mumbai 400 051 - India

Phone 91 22 5698 5196, F 91 22 2652 5747

रक्त समूह / Blood Group: B+ve

पुनर्पत्र चिह्न / Identification Marks: A mark made on the left side of neck.



नाम Name : Vaishnavi R.

कर्मचारी का क्र. E.C. No : 115734

गोपनीय प्राधिकारी

Issuing Authority : डी.जी.एम. रोकेरला DGM, RO KERALA



Handwritten signature of the employee.

भारत के राष्ट्रपति  
Signature Of P. J.

## ECG REPORT

ACCESSION NO : 4036WC004407  
 NAME : VAISHNAVI . R  
 AGE : 32  
 SEX : F  
 DATE : 25.03.202  
 COMPANY : MEDIWHEEL

RATE : 88 bpm  
 RHYTHM : Sinus bradycardia  
 P. WAVE : Normal  
 P-R INTERVAL : 182 ms  
 Q,R,S,T. WAVES : Normal  
 AXIS : Normal  
 ARRHYTHMIAS : Nil  
 QT INTERVAL : 397 ms  
 OTHERS : Nil  
 OPINION : Normal ECG



  
**Dr. Austin Varghees**  
 MBBS  
 TCMC Reg. No:77017

25mm/s 0.5-25Hz

I 10mm/mV

aVR 10mm/mV

V1 10mm/mV

II 10mm/mV

aVL 10mm/mV

V2 10mm/mV

III 10mm/mV

aVF 10mm/mV

V3 10mm/mV

10mm/mV

10mm/mV

10mm/mV

SYNC

SYNC

SYNC

II

HE300

DDRC NCH KOTRAYAM HEIDELCO INDIA 0922-4113779

HEIDELCO INDIA | Helpline No +91-522-4113779 | info@heide



25/03/2023 13:54  
 ID : 1753  
 Name: VAISHNAVI  
 R  
 Sex : Female  
 Age : 32

HR	: 58	bpm
R-R	: 1028	ms
P-R	: 182	ms
QRS	: 97	ms
QT/QTc	: 397/391	ms
P/QRS/T	: 44/74/35	ms
RV5/SVI	: 1.400/0.670	mV
RV5-SVI	: 2.070	mV

V2-002(BIOS:V2-004/AMP:V1-006)



## OPHTHALMOLOGY REPORT

ACCESSION NO:4036WC004407

This is to certify that I have examined

MR /MS.....VAISHNAVI .R.....Aged.....32/F.....and

His / her visual standard is as follows.

Acuity of Vision

For Far R .....6/6.....L .....6/6.....For Near R .....N6.....L .....N6.....Colour Vision .....NORMAL.....DATE: 25/3/2023  
OPTOMETRIST

# X - RAY CHEST - REPORT

ACCESSION NO : 4036WC004407  
 NAME : VAISHNAVI . R  
 AGE : 32  
 SEX : FEMALE  
 DATE : 25.03.2023  
 COMPANY : MEDIWHEEL

EXPOSURE : Adequate  
 POSITIONING : Central  
 SOFT TISSUES : Normal  
 LUNG FIELDS : Normal  
 HEART SHADOW : Normal  
 CARDIOPHRENIC ANGLE : No obliteration  
 COSTOPHRENIC ANGLE :  
 HILUM : Normal  
 OPINION : Normal chest xRay



*Austin*  
**Dr. Austin Varghees**  
 MBBS  
 TCMC Reg. No:77017

R



VAISHNAVI R 32Y 1076 CHEST-PA 25-03-2023

DDRC SRL DIAGNOSTICS, GANDHI NAGAR, KOTTAYAM

100X100



Name: VAISHNAVI.R  
 Age/Sex: 32 yrs/ F  
 Accession No: 4036WC004407

Report Date: 25.03.2023  
 Ref.by: Mediwheel

### USG ABDOMEN & PELVIS

#### OBSERVATIONS:

- Liver:** Normal in size. Shows increased parenchymal echotexture. No focal parenchymal lesion noted. The biliary radicals appear normal. Portal vein is normal (8 mm).
- Gall bladder:** Distended (measures 3.6 x 1.4 cm) No calculus seen. No e/o of any wall thickening / edema. No e/o any pericholecystic collection.
- CBD:** Not dilated ( 3 mm).
- Spleen:** Normal in size (9 cm) and echotexture. No focal lesion.
- Pancreas:** Head (2 cm), body (1.1 cm) and tail (1.2 cm) appear normal. No focal lesion. No calcification or duct dilatation noted.
- Kidneys:** Right kidney length measures 9.5 cm. Parenchymal thickness 1.6 cm Normal in position & size. Cortical echogenicity is normal. There is good cortico-medullary differentiation. No calculus or mass lesion seen. No hydronephrosis.
- Left kidney length measures 10.9 cm. Parenchymal thickness 1.6 cm Normal in position & size. Cortical echogenicity is normal. There is good cortico-medullary differentiation. No calculus or mass lesion seen. No hydronephrosis.
- Ureters:** Not dilated.
- Urinary Bladder:** Distended, No luminal or wall abnormality noted.
- Uterus:** Is anteverted and normal in size measures 7.4 x 5.4 x 5 cm. Myometrial echo is uniform. Endometrial echo is normal. ET- 7 mm. Cavity is empty.
- Ovaries:** Right ovary: 3 x 2.1 cm, shows dominant follicle  
 Left ovary: 2.9 x 1.5 cm, Normal in size and morphology on both sides.
- Adnexa:** No adnexal lesions.
- Others:** No evident lymphadenopathy. No evidence of bowel wall thickening/echogenic mesentery/dilated bowel loops. Normal peristalsis seen. No free fluid in the peritoneal cavity. No pleural effusion noted.

#### IMPRESSION:

- Grade I fatty changes in liver.




**Dr. Deepak.V, MBBS, DMRD**  
 Radiologist

Note: This is radiological opinion and not the final diagnosis. Ultrasound is limited by patient adiposity, bowel gas and correlate clinically and investigate further as needed.

**Patient**

**Exam**

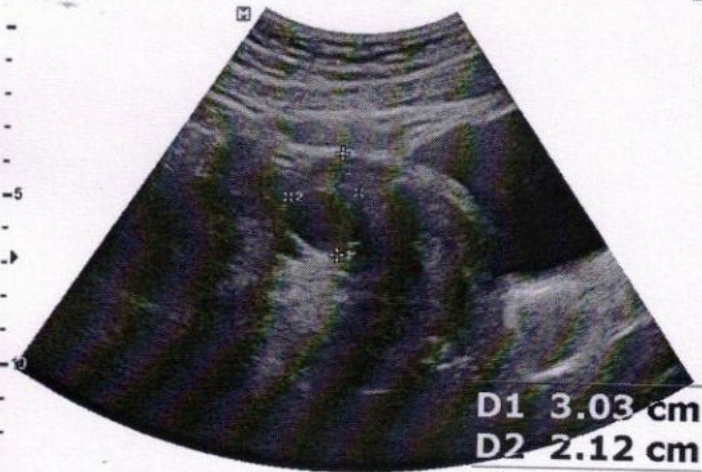
ID  
Name  
Birth Date  
Gender

25-03-2023-0017  
VAISHNAVI  
Other

Accession #  
Exam Date  
Description  
Sonographer

25032023

[2D] G26/118dB/FA10/P90/HAR/FSI 1



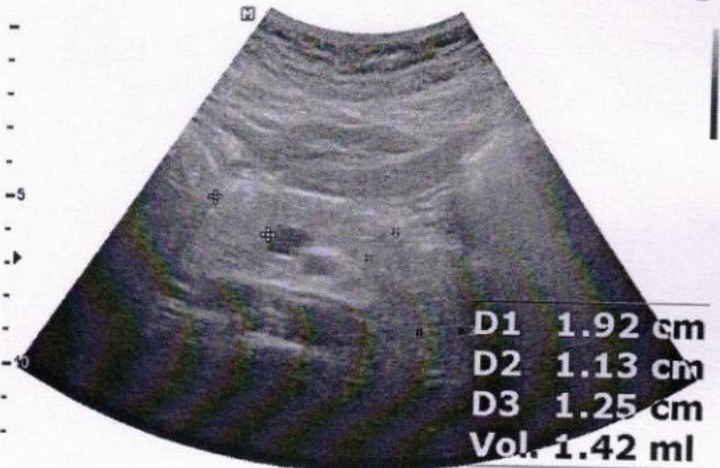
[2D] G26/118dB/FA10/P90/HAR/FSI 1



[2D] G26/118dB/FA10/P90/HAR/FSI 1



[2D] G43/118dB/FA10/P90/HAR/FSI 1



[2D] G37/118dB/FA10/P90/HAR/FSI 1

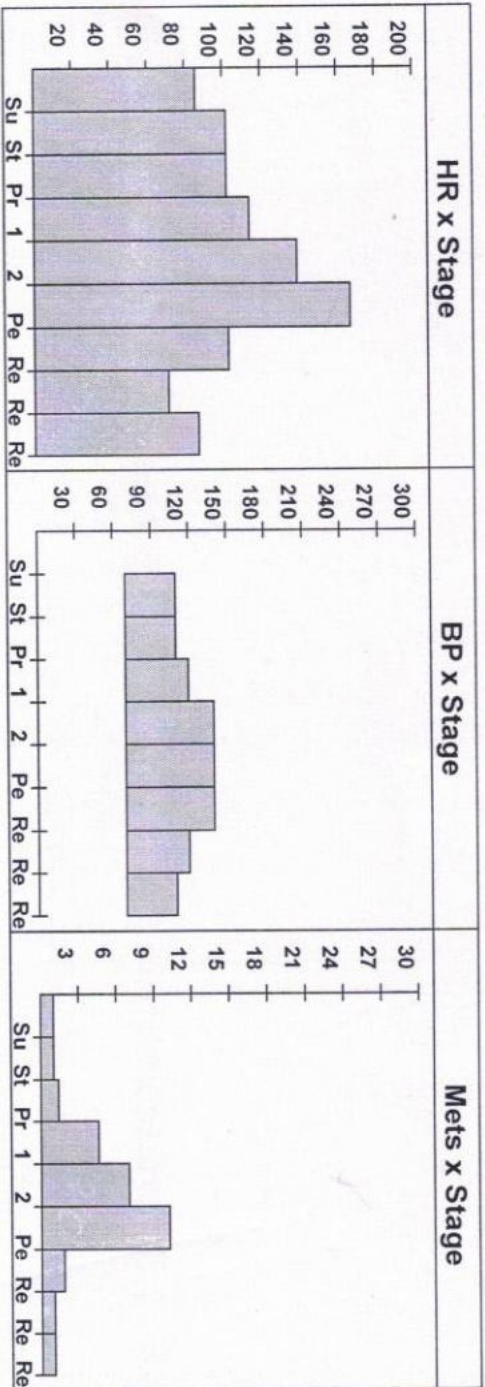


[2D] G37/118dB/FA10/P90/HAR/FSI 1



# DDRC SRL KOTTAYAM

**Patient Details**      Date: 25-Mar-23      Time: 13:12:18  
**Name: VAISHNAVI R**    ID: 245      Sex: F      Height: 162 cms      Weight: 66 Kgs  
 Age: 32 y



**Interpretation**

STRESSED UPTO 7.42 MTS ON BRUCE PROTOCOL AND ATTAINED 89% OF THR AT HR OF 167  
 BPM WITH A WORKLOAD OF 9 METS.RPP- 23380.  
 NORMAL HR AND BP RESPONSE.  
 NO ANGINA/ARRHYTHMIA.  
 BASELINE ECG SHOWS SR WITH REPOLARIZATION ABNORMALITY.  
 NO SIGNIFICANT ST SHIFT.  
 IMP:- TEST IS NEGATIVE FOR INDUCIBLE ISCHEMIA.  
 GOOD EFFORT TOLERANCE.



*Austin*  
**Dr. Austin Varghese**  
 MBBS  
 TCMC Reg. No:77017

Ref. Doctor: -----

Doctor:

## DDRC SRL KOTTAYAM

**Patient Details**

Date: 25-Mar-23

Time: 13:12:18

Name: VAISHNAVI R ID: 245

Age: 32 y

Sex: F

Clinical History: FOR CARDIAC EVALUATION

Height: 162 cms

Weight: 66 Kgs

Medications: NIL

**Test Details**

Protocol: Bruce

Pr.MHR: 188 bpm

THR: 169 (90 % of Pr.MHR) bpm

Total Exec. Time: 7 m 42 s

Max. HR: 167 (89% of Pr.MHR ) bpm

Max. Mets: 10.20

Max. BP: 140 / 70 mmHg

Max. BP x HR: 23380 mmHg/min

Min. BP x HR: 4970 mmHg/min

Test Termination Criteria: FATIGUE

**Protocol Details**

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	2 : 34	1.0	0	0	86	0 / 0	-5.94 I	-4.95 II
Standing	1 : 39	1.0	0	0	102	110 / 70	-0.42 III	0.71 II
1	3 : 0	4.6	1.7	10	114	120 / 70	-0.42 II	1.06 II
2	3 : 0	7.0	2.5	12	139	140 / 70	-1.27 III	1.42 II
Peak Ex	1 : 42	10.2	3.4	14	167	140 / 70	-1.70 III	2.12 V3
Recovery(1)	1 : 0	1.8	1	0	103	140 / 70	-1.06 aVR	3.18 V3
Recovery(2)	2 : 0	1.0	0	0	71	120 / 70	-1.06 aVR	2.48 II
Recovery(3)	1 : 4	1.0	0	0	87	110 / 70	-0.42 aVR	2.83 V6

# DDRC SRL KOTTAYAM

VAISHNAVI R (32 F)

ID: 245

Date: 25-Mar-23

Exec Time : 0 m 0 s

Stage Time : 2 m 16 s HR: 71 bpm

Protocol: Bruce

Stage: Supine

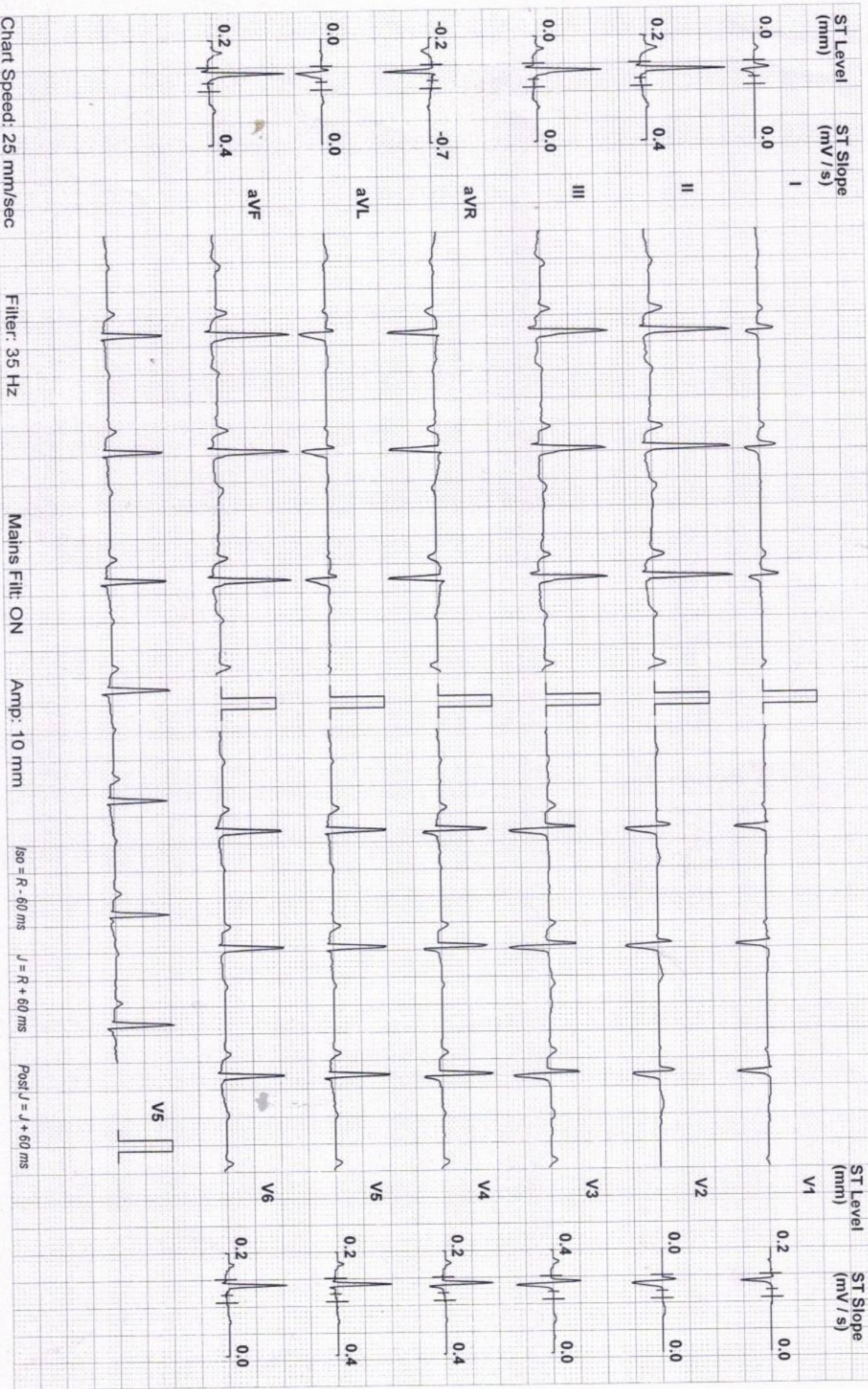
Speed: 0 mph

Grade: 0 %

(THR: 169 bpm)

B.P: 0/0

110/70



VAISHNAVI R (32 F)

DDRC SRL KOTTAYAM

Protocol: Bruce

ID: 245

Date: 25-Mar-23

Exec Time : 0 m 0 s

Stage Time : 0 m 8 s

HR: 76 bpm

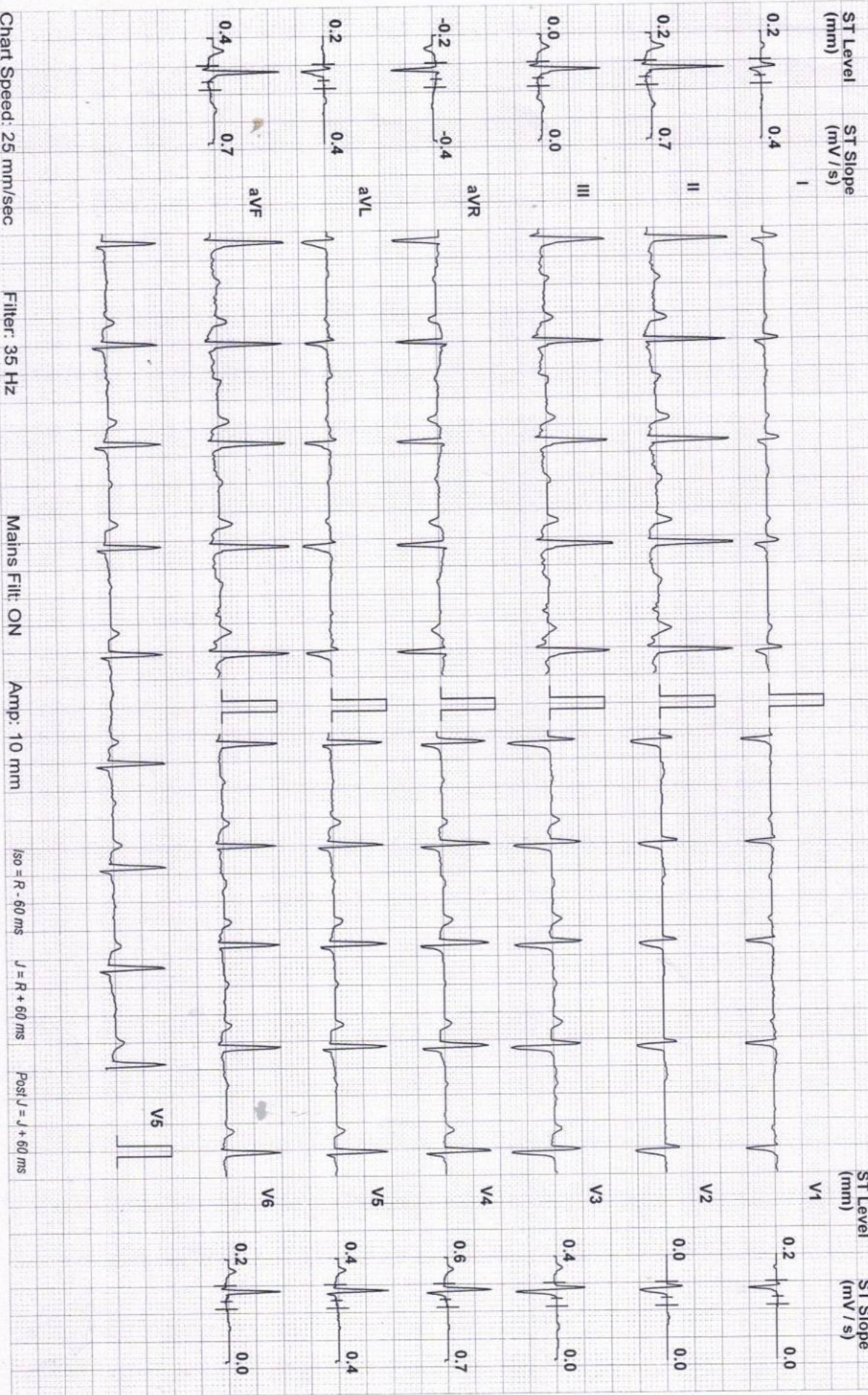
Stage: Standing

Speed: 0 mph

Grade: 0 %

(THR: 169 bpm)

B.P: 0/0 116/70



VAISHNAVI R (32 F)

ID: 245

Date: 25-Mar-23

Exec Time : 3 m 0 s

Stage Time : 3 m 0 s

HR: 114 bpm

Protocol: Bruce

Stage: 1

Speed: 1.7 mph

Grade: 10 %

(THR: 169 bpm)

B.P.: 120 / 70

DDRC SRL KOTTAYAM

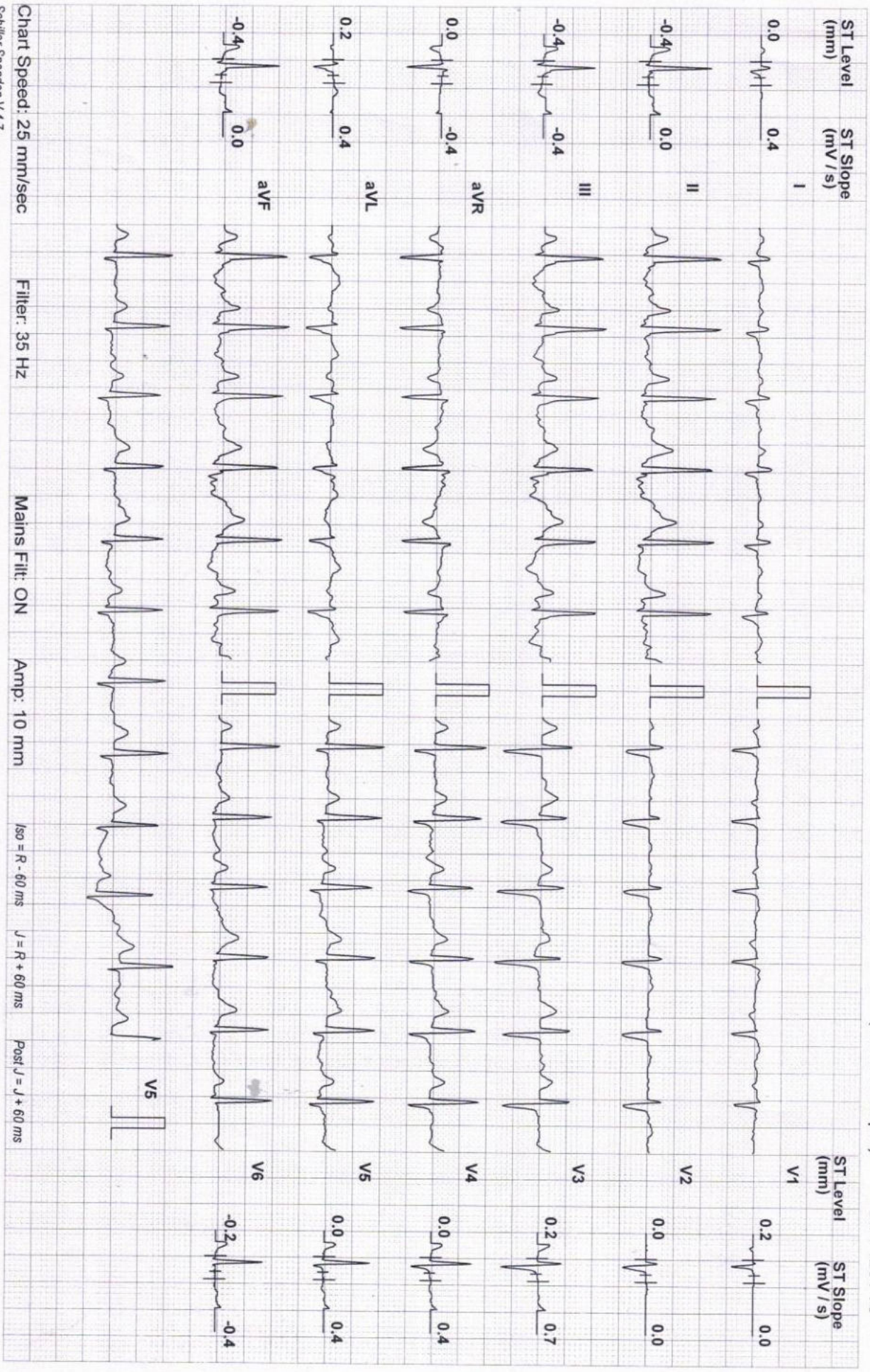


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filtr: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7

VAISHNAVI R (32 F)

DDRC SRL KOTTAYAM

ID: 245

Date: 25-Mar-23

Exec Time : 6 m 0 s

Stage Time : 3 m 0 s

HR: 139 bpm

Protocol: Bruce

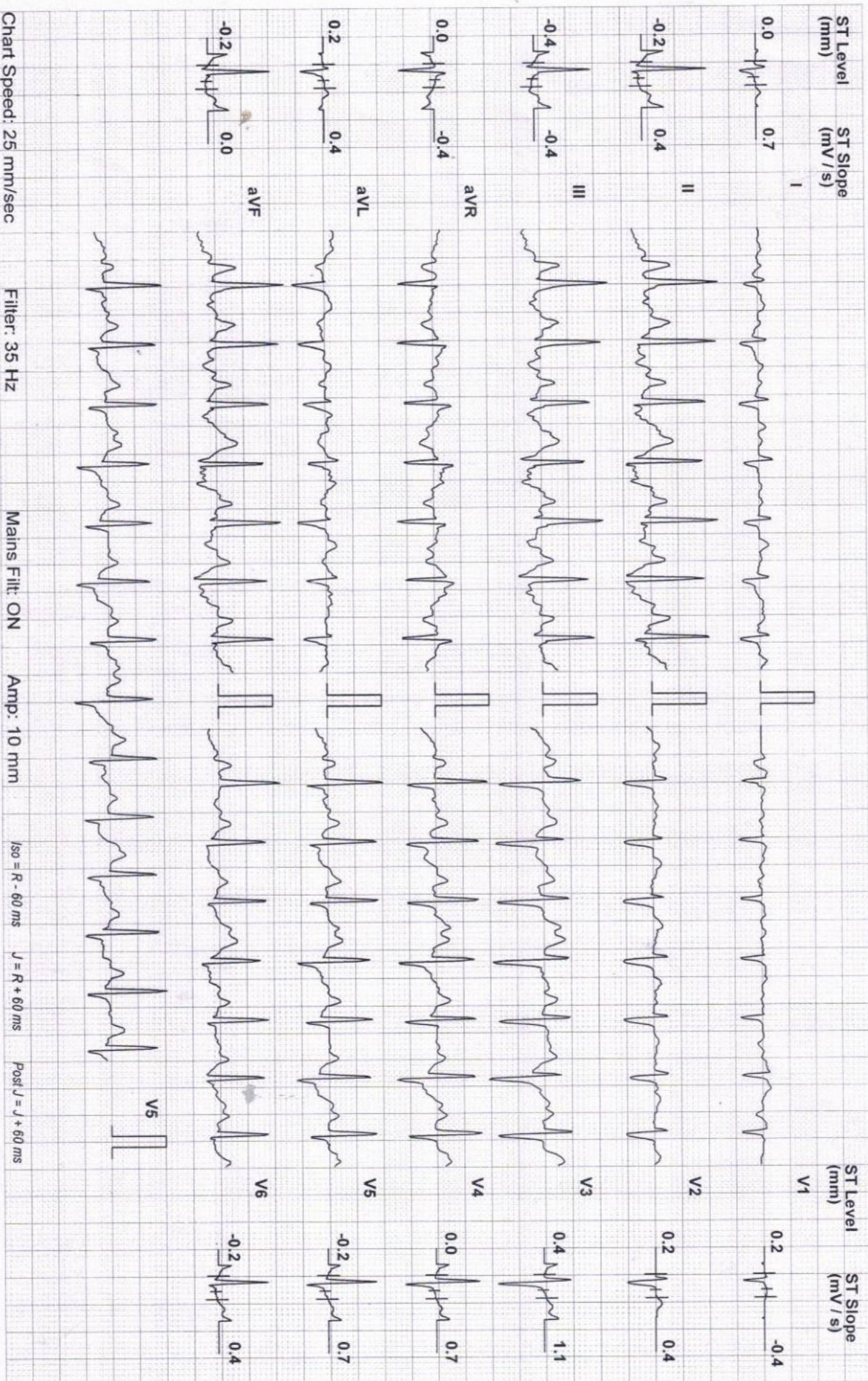
Stage: 2

Speed: 2.5 mph

Grade: 12 %

(THR: 169 bpm)

B.P: 140 / 70





# DDRC SRL KOTTAYAM

VAISHNAVI R (32 F)

ID: 245

Date: 25-Mar-23

Exec Time : 7 m 42 s Stage Time : 1 m 42 s HR: 167 bpm

Protocol: Bruce

Stage: Peak Ex

Speed: 3.4 mph

Grade: 14 %

(THR: 169 bpm)

B.P: 140 / 70

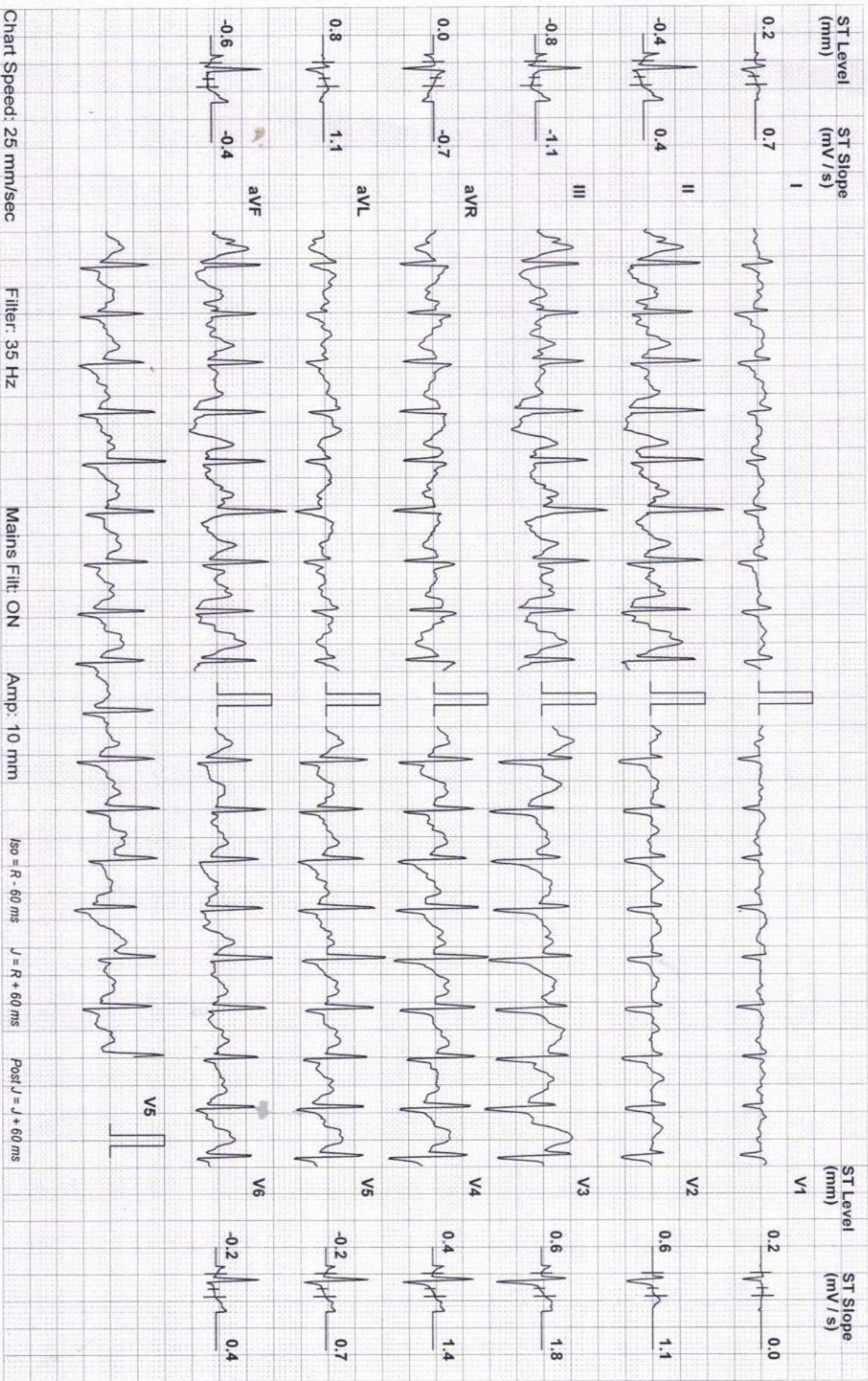


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Isr = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7

# DDRC SRL KOTTAYAM

VAISHNAVI R (32 F)

ID: 245

Date: 25-Mar-23

Exec Time : 7 m 42 s Stage Time : 1 m 0 s

HR: 103 bpm

Protocol: Bruce

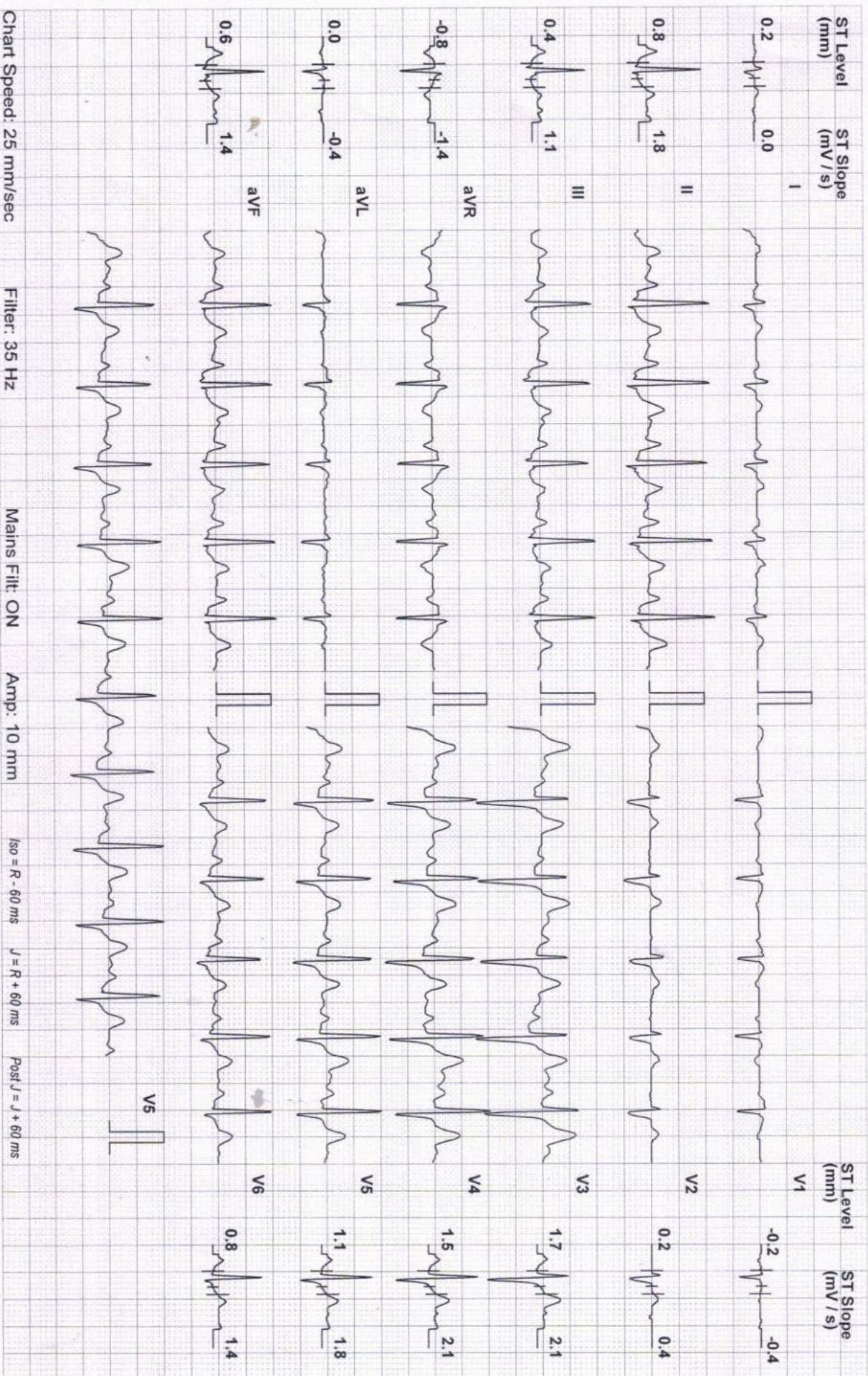
Stage: Recovery(1)

Speed: 0 mph

Grade: 0 %

(THR: 169 bpm)

B.P: 140 / 70



VAISHNAVI R (32 F)

DDRC SRL KOTTAYAM

ID: 245

Date: 25-Mar-23

Exec Time : 7 m 42 s Stage Time : 2 m 0 s

HR: 71 bpm

Protocol: Bruce

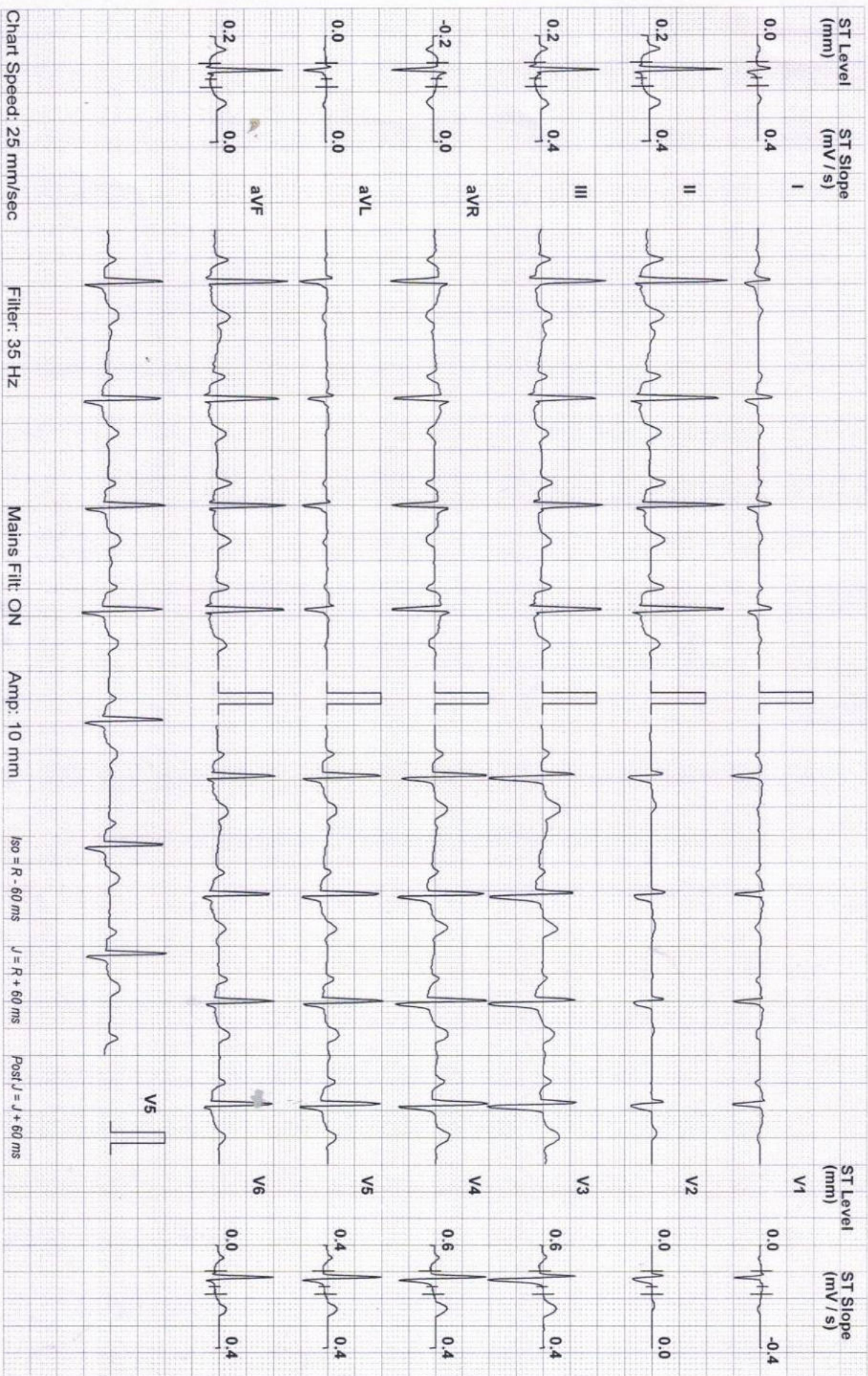
Stage: Recovery(2)

Speed: 0 mph

Grade: 0 %

(THR: 169 bpm)

B.P: 120 / 70



# DDRC SRL KOTTAYAM

VAISHNAVI R (32 F)

ID: 245

Date: 25-Mar-23

Exec Time : 7 m 42 s Stage Time : 1 m 0 s

HR: 80 bpm

Protocol: Bruce

Stage: Recovery(3)

Speed: 0 mph

Grade: 0 %

(THR: 169 bpm)

B.P: 110 / 70

