

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,

Mediwheel (Arcofemi Healthcare Limited)

Helpline number: 011-41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. KUMAR PRAMOD
EC NO.	177346
DESIGNATION	HEAD CASHIER "E"_II
PLACE OF WORK	GHAZIABAD,SHAHPUR BAMATA
BIRTHDATE	10-05-1980
PROPOSED DATE OF HEALTH	11-02-2023
CHECKUP	
BOOKING REFERENCE NO.	22M177346100039670E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from 01-02-2023 till 31-03-2023 The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a cashless facility as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager HRM Department Bank of Baroda

Note This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi



Committee of the Commit

SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
Lipid Profile	Lipid Profile
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL •	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
Liver Profile	Liver Profile
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
· ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
Kidney Profile	Kidney Profile
Serum creatinine	Serum creatinine *
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
→ HBA1C	HBA1C
Routine urine analysis	Routine urihe analysis
USG-Whole Abdomen	USG Whole Abdomen
General Tests [▼]	General Tests
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years)
	and Pap Smear (above 30 years).
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation

Download Date: 09 04 2021



Jovernment of Indu

Jeane Date: 20/01/2020

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8322 4700 3364



RADIOLOGY REPORT

Name	Pramod KUMAR	Modality	DX
Patient ID	MH010773183	Accession No	R5150819
Gender/Age	M / 42Y 9M 4D	Scan Date	11-02-2023 10:45:12
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	11-02-2023 10:59:30

XR- CHEST PA VIEW

FINDINGS:

LUNGS: Normal. TRACHEA: Normal. CARINA: Normal.

RIGHT AND LEFT MAIN BRONCHI: Normal.

PLEURA: Normal. HEART: Normal.

RIGHT HEART BORDER: Normal. LEFT HEART BORDER: Normal. PULMONARY BAY: Normal. PULMONARY HILA: Normal.

AORTA: Normal.

THORACIC SPINE: Normal.

OTHER VISUALIZED BONES: Normal. VISUALIZED SOFT TISSUES: Normal.

DIAPHRAGM: Normal.

VISUALIZED ABDOMEN: Normal. VISUALIZED NECK: Normal.

IMPRESSION:

No significant abnormality noted.

Recommend clinical correlation.

(Marica)

Dr. Monica Shekhawat, MBBS, DNB, Consultant Radiologist, Reg No MCI 11 10887



RADIOLOGY REPORT

Name	Pramod KUMAR	Modality	US
Patient ID	MH010773183	Accession No	R5150820
Gender/Age	M / 42Y 9M 4D	Scan Date	11-02-2023 12:55:17
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	11-02-2023 12:42:11

USG ABDOMEN & PELVIS WITH PVR

FINDINGS

LIVER: Liver is normal in size (measures 142 mm), shape and echotexture. There is 7.7 mm sized calcified granuloma in

segment VII of liver. Rest normal.

SPLEEN: Spleen is normal in size (measures 109 mm), shape and echotexture. Rest normal.

PORTAL VEIN: Appears normal in size and measures 10.5 mm. COMMON BILE DUCT: Appears normal in size and measures 4 mm.

IVC, HEPATIC VEINS: Normal. BILIARY SYSTEM: Normal.

GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.

KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained.

Rest normal.

Right Kidney: measures 120 x 52 mm. Left Kidney: measures 114 x 54 mm. PELVI-CALYCEAL SYSTEMS: Compact.

NODES: Not enlarged. FLUID: Nil significant.

URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

Pre-void urine volume 370 cc.

Post-void residual urine volume 12 cc (Insignificant).

PROSTATE: Prostate is enlarged in size (measures 55 x 36 x 27 mm with volume 24 cc) but normal in shape and

echotexture. Rest normal. SEMINAL VESICLES: Normal.

BOWEL: Visualized bowel loops appear normal.

IMPRESSION

-Prostatomegaly.

Recommend clinical correlation.



RADIOLOGY REPORT

Name	Pramod KUMAR	Modality	US
Patient ID	MH010773183	Accession No	R5150820
Gender/Age	M / 42Y 9M 4D	Scan Date	11-02-2023 12:55:17
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	11-02-2023 12:42:11

Stampta

Dr. Prabhat Prakash Gupta,

MBBS, DNB, MNAMS, FRCR(I)

Consultant Radiologist, Reg no DMC/R/14242



Name

MR PRAMOD KUMAR

Age

42 Yr(s) Sex: Male

Registration No

MH010773183

Lab No

32230204576

Patient Episode

H18000000217

Collection Date:

11 Feb 2023 20:53

Referred By

HEALTH CHECK MGD

Reporting Date:

12 Feb 2023 18:53

Receiving Date

: 11 Feb 2023 21:04

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

Test Name

Biological Ref. Interval

TOTAL PSA, Serum (ECLIA)

0.993

Result

ng/mL

Unit

[<2.500]

Note: PSA is a glycoprotein that is produced by the prostate gland. Normally, very little PSA is secreted in the blood. Increases in glandular size and tissue damage caused by BPH, prostatitis, or prostate cancer may increase circulating PSA levels.

Caution : Serum markers are not specific for malignancy, and values may vary by method.

Immediate PSA testing following digital rectal examination, ejaculation, prostate massage urethral instrumentation, prostate biopsy may increase PSA levels.

Some patients who have been exposed to animal antigens, may have circulating antianimal

antibodies present. These antibodies may interfere with the assay reagents to produce unreliable results.

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Name

MR PRAMOD KUMAR

Age

42 Yr(s) Sex :Male

Registration No

MH010773183

Lab No

32230204576

Patient Episode

Collection Date:

11 Feb 2023 20:53

Referred By

H18000000217

: HEALTH CHECK MGD

Reporting Date:

12 Feb 2023 18:53

Receiving Date

11 Feb 2023 21:04

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

THYROID PROFILE, Serum

T3 - Triiodothyronine (ECLIA)	1.38	ng/ml	[0.70-2.04]
T4 - Thyroxine (ECLIA)	8.37	micg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	2.870	µIU/mL	[0.340-4.250]

Note: TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm. Factors such as change of seasons hormonal fluctuations, Ca or Fe supplements, high fibre diet, stress and illness affect TSH results.

- * References ranges recommended by the American Thyroid Association
- 1) Thyroid. 2011 Oct; 21(10):1081-125.PMID .21787128
- 2) http://www.thyroid-info.com/articles/tsh-fluctuating.html

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-----END OF REPORT-----

Dr. Neelam Singal

CONSULTANT BIOCHEMISTRY

Neelan Lugal.



Name

MR PRAMOD KUMAR

Age

42 Yr(s) Sex :Male

Registration No

MH010773183

Lab No

202302001224

Patient Episode

H18000000217

Collection Date:

11 Feb 2023 10:39

Referred By

ESR

: HEALTH CHECK MGD

Reporting Date:

11 Feb 2023 16:05

Receiving Date

: 11 Feb 2023 14:39

HAEMATOLOGY

TEST	RESULT	UNIT BIOLOGIC	CAL REFERENCE INTERVAL
COMPLETE BLOOD COUNT (AUTOMAT	ED)	SPECIMEN-EDTA Whole	Blood
RBC COUNT (IMPEDENCE) HEMOGLOBIN	5.10 15.5	millions/cu mm g/dl	[4.50-5.50] [13.0-17.0]
Method:cyanide free SLS-color HEMATOCRIT (CALCULATED) MCV (DERIVED) MCH (CALCULATED) MCHC(CALCULATED) RDW CV% (DERIVED)	45.6 89.4 30.4 34.0	% fL pg g/dl %	[40.0-50.0] [83.0-101.0] [27.0-32.0] [31.5-34.5] [11.6-14.0]
Platelet count MPV(DERIVED)	160 15.3	\times 10 3 cells/cumm	[150-400]
WBC COUNT (TC) (IMPEDENCE) DIFFERENTIAL COUNT (VCS TECHNOLOGY/MICROSCOPY)	7.84	\times 10 3 cells/cumm	[4.00-10.00]
Neutrophils Lymphocytes Monocytes Eosinophils Basophils	56.0 37.0 6.0 1.0 #	00 00 00 00 00	[40.0-80.0] [17.0-45.0] [2.0-10.0] [2.0-7.0] [0.0-2.0]

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MANIPAL HOSPITALS

2.0

NH-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad - 201002 www.manipalhospitals.com



Name

MR PRAMOD KUMAR

Age

42 Yr(s) Sex :Male

Registration No

: MH010773183

Lab No

202302001224

Patient Episode

: H18000000217

Collection Date:

11 Feb 2023 11:49

Referred By

Reporting Date:

11 Feb 2023 17:36

Receiving Date

: HEALTH CHECK MGD : 11 Feb 2023 11:49

CLINICAL PATHOLOGY

ROUTINE URINE ANALYSIS (Semi Automated) Specimen-Urine

MACROSCOPIC DESCRIPTION

Colour

PALE YELLOW

(Pale Yellow - Yellow)

Appearance

CLEAR

Reaction[pH]

8.0

(4.6-8.0) (1.003-1.035

Specific Gravity 1.010

(1.003-1.035)

CHEMICAL EXAMINATION

Protein/Albumin

Negative

(NEGATIVE)

Glucose

NIL

(NIL)

Ketone Bodies Urobilinogen Negative Normal (NEGATIVE) (NORMAL)

MICROSCOPIC EXAMINATION (Automated/Manual)

Pus Cells

1-2 /hpf

/hpf

(0-5/hpf)

RBC

NIL

(0-2/hpf)

Epithelial Cells

nil

(0-2/1

CASTS Crystals

OTHERS

nil

nil

nil

Page 4 of 11



Name

MR PRAMOD KUMAR

Age

42 Yr(s) Sex: Male

Registration No

MH010773183

Lab No

202302001224

Patient Episode

H18000000217

Collection Date:

11 Feb 2023 14:39

Referred By

Reporting Date:

11 Feb 2023 17:44

Receiving Date

HEALTH CHECK MGD 11 Feb 2023 14:39

CLINICAL PATHOLOGY

STOOL COMPLETE ANALYSIS

Specimen-Stool

Macroscopic Description

Colour

BROWN

Consistency

Semi Solid

Blood

Absent

Mucus

Absent

Occult Blood

NEGATIVE

Microscopic Description

Ova

Absent

Cyst

Absent

Fat Globules

Absent

Pus Cells

NIL

RBC

NIL

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Name

MR PRAMOD KUMAR

Age

42 Yr(s) Sex: Male

Registration No

MH010773183

Lab No

202302001224

Patient Episode

H18000000217

Collection Date:

11 Feb 2023 10:39

Referred By

HEALTH CHECK MGD

Reporting Date:

11 Feb 2023 18:03

Receiving Date

11 Feb 2023 14:39

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

Glycosylated Hemoglobin

Specimen: EDTA

HbAlc (Glycosylated Hemoglobin)

6.1 #

[0.0-5.6]

Method: HPLC

As per American Diabetes Association (ADA

HbAlc in %

Non diabetic adults >= 18 years <5.7

Prediabetes (At Risk)5.7-6.4 Diagnosing Diabetes >= 6.5

Estimated Average Glucose (eAG)

128

mg/dl

Comments : HbA1c provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.

Serum LIPID PROFILE

Serum TOTAL CHOLESTEROL

TRIGLYCERIDES (GPO/POD)

Method: Enzymatic Immunoimhibition

VLDL- CHOLESTEROL (Calculated)

CHOLESTEROL, LDL, CALCULATED

151

135

42.0

82.0

2.7

mg/dl

mg/dl

mg/dl

mq/dl

mg/dl

[<200]

Moderate risk:200-239

High risk:>240

[<150]

Borderline high: 151-199

High: 200 - 499

Very high:>500

[35.0-65.0]

[0-35]

[<120.0]

Near/

Above optimal-100-129

HDL- CHOLESTEROL

Borderline High: 130-159 High Risk: 160-189

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Name : MR PRAMOD KUMAR

Age

42 Yr(s) Sex :Male

Registration No

: MH010773183

Lab No

202302001224

Patient Episode

: H18000000217

Collection Date:

11 Feb 2023 10:39

Referred By

: HEALTH CHECK MGD

Reporting Date:

11 Feb 2023 12:01

Receiving Date

: 11 Feb 2023 14:39

BIOCHEMISTRY

TEST RESULT UNIT BIOLOGICAL REFERENCE INTERVAL

T.Chol/HDL.Chol ratio(Calculated)

3.6

.

3.6

4.0-5.0 Borderline

>6 High Risk

<4.0 Optimal

LDL.CHOL/HDL.CHOL Ratio(Calculated)

2.0

<3 Optimal

3-4 Borderline >6 High Risk

Note:

Reference ranges based on ATP III Classifications.

KIDNEY PROFILE

 Specimen:
 Serum

 UREA
 19.0
 mg/dl
 [15.0-40.0]

Method: GLDH, Kinatic assay
BUN, BLOOD UREA NITROGEN 8.9 mg/dl [8.0-20.0]

Method: Calculated

0.74 mg/dl [0.70-1.20]

CREATININE, SERUM 0.74

Method: Jaffe rate-IDMS Standardization

URIC ACID 5.4

5.4 mg/dl [4.0-8.5]

Method:uricase PAP

SODIUM, SERUM 137.7 mmol/L [136.0-144.0]

POTASSIUM, SERUM 4.11 mmol/L [3.60-5.10] SERUM CHLORIDE 102.8 mmol/l [101.0-111.0]

Method: ISE Indirect

eGFR (calculated) 113.8 ml/min/1.73sq.m [>60.0]

Technical Note

eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to1.73 sq.m BSA and is not applicable to individuals below 18 years.

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Name

MR PRAMOD KUMAR

Age

42 Yr(s) Sex :Male

Registration No

MH010773183

Lab No

202302001224

Patient Episode

H18000000217

Collection Date:

11 Feb 2023 10:39

Referred By

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Reporting Date:

11 Feb 2023 12:01

Receiving Date

: HEALTH CHECK MGD : 11 Feb 2023 14:39

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis Icterus / Lipemia.

LIVER FUNCTION TEST

Method: AMP BUFFER IFCC)

BILIRUBIN - TOTAL Method: D P D	1.89 #	mg/dl	[0.30-1.20]
BILIRUBIN - DIRECT Method: DPD	0.35 #	mg/dl	[0.00-0.30]
INDIRECT BILIRUBIN (SERUM) Method: Calculation	1.54 #	mg/dl	[0.10-0.30]
TOTAL PROTEINS (SERUM) Method: BIURET	7.40	gm/dl	[6.60-8.70]
ALBUMIN (SERUM) Method: BCG	4.59	g/dl	[3.50-5.20]
GLOBULINS (SERUM) Method: Calculation	2.80	gm/dl	[1.80-3.40]
PROTEIN SERUM (A-G) RATIO Method: Calculation	1.63		[1.00-2.50]
AST(SGOT) (SERUM) Method: IFCC W/O P5P	31.00	U/L	[0.00-40.00]
ALT(SGPT) (SERUM) Method: IFCC W/O P5P	26.00	U/L	[17.00-63.00]
Serum Alkaline Phosphatase	86.0	IU/L	[32.0-91.0]

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Name

MR PRAMOD KUMAR

Age

42 Yr(s) Sex :Male

Registration No

MH010773183

Lab No

202302001224

Patient Episode

H18000000217

Collection Date:

11 Feb 2023 10:39

Referred By

HEALTH CHECK MGD

Reporting Date:

11 Feb 2023 12:02

Receiving Date

: 11 Feb 2023 14:39

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

GGT

18.0

[7.0-50.0]

Blood Group & Rh Typing (Agglutination by gel/tube technique) Specimen-Blood

Blood Group & Rh typing

B Rh(D) Positive

Technical note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique.

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----END OF REPORT-----

Dr. Alka Dixit Vats

Consultant Pathologist

MANIPAL HOSPITALS

NH-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad - 201002 www.manipalhospitals.com



Name

MR PRAMOD KUMAR

Age

42 Yr(s) Sex :Male

Registration No

MH010773183

Lab No

202302001225

Patient Episode

H18000000217

Collection Date:

11 Feb 2023 10:39

Referred By

Reporting Date:

11 Feb 2023 15:35

Receiving Date

: HEALTH CHECK MGD : 11 Feb 2023 10:39

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

GLUCOSE-Fasting

Specimen: Plasma

GLUCOSE, FASTING (F)

124.0 #

mg/dl

[70.0-110.0]

Method: Hexokinase

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----END OF REPORT----

Dr. Alka Dixit Vats

Consultant Pathologist

MANIPAL HOSPITALS

NH-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad - 201002 www.manipalhospitals.com



Name

MR PRAMOD KUMAR

Age

42 Yr(s) Sex :Male

Registration No

: MH010773183

Lab No

202302001226

Patient Episode

H18000000217

Collection Date:

11 Feb 2023 14:54

Referred By

: HEALTH CHECK MGD

Reporting Date :

11 Feb 2023 15:47

Receiving Date

: 11 Feb 2023 14:54

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

PLASMA GLUCOSE

Specimen: Plasma

GLUCOSE, POST PRANDIAL (PP), 2 HOURS

95.0

mg/dl

[80.0-140.0]

Method: Hexokinase

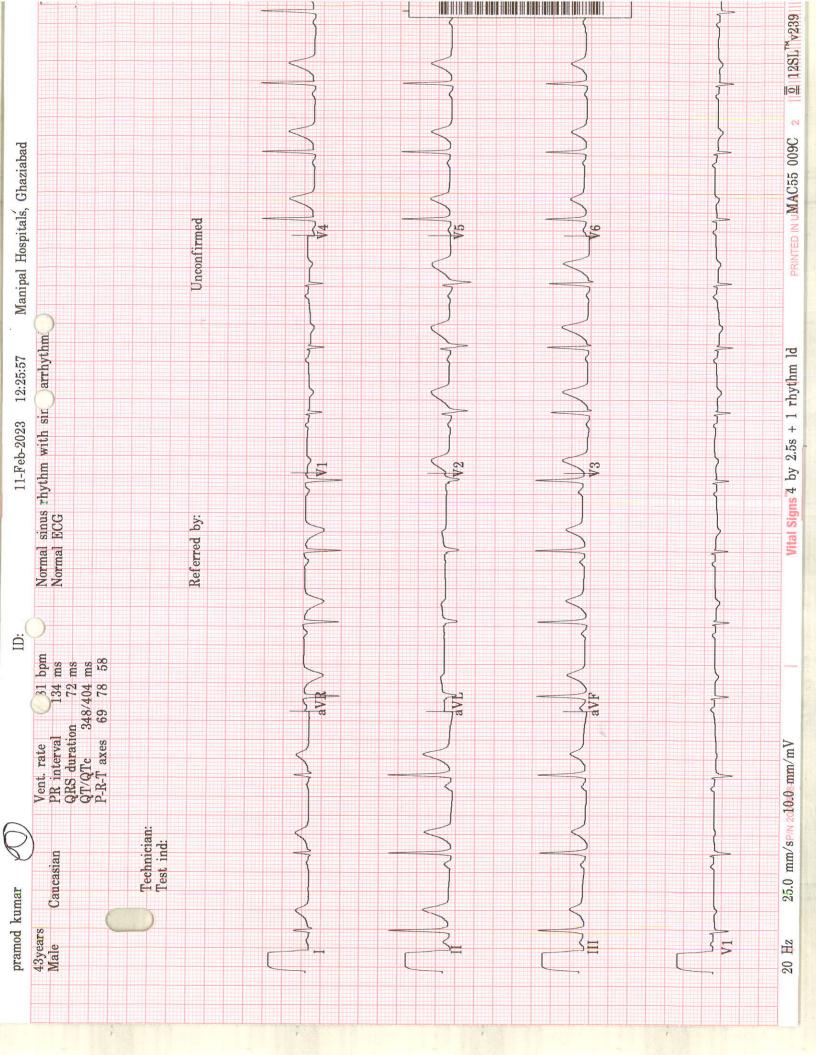
Note:

Conditions which can lead to lower postprandial glucose levels as compared to fasting glucose are excessive insulin release, rapid gastric emptying, brisk glucose absorption , post exercise

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-----END OF REPORT-----

Dr. Alka Dixit Vats Consultant Pathologist







TMT INVESTIGATION REPORT

Patient Name: Mr. Pramod KUMAR

Location

: Ghaziabad

Age/Sex

: 43Year(s)/male

Visit No

: V000000001-GHZB

MRN No

Order Date

: 11/02/2023

Ref. Doctor : HCP

:MH010773183

Report Date

: 11/02/2023

otocol

: Bruce

MPHR

: 177BPM

Duration of exercise

: 6min 22sec

85% of MPHR

: 150BPM

Reason for termination: THR achieved

Peak HR Achieved : 156BPM % Target HR

: 88%

Blood Pressure (mmHg) : Baseline BP : 154/88mmHg

Peak BP : 166/88mmHg

METS

: 7.5METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	93	154/88	Nil	No ST changes seen	Nil
STAGE 1	3:00	130	160/88	Nil	No ST changes seen	Nil
STAGE 2	3:00	149	166/88	Nil	No ST changes seen	Nil
STAGE 3	0:22	156	166/88	Nil	No ST changes seen	Nil
RECOVERY	3:02	101	150/88	Nil	No ST changes seen	Nil

COMMENTS:

- No ST changes in base line ECG.
- No ST changes during exercise and recovery.
- Normal chronotropic response.
- Normal blood pressure response.
- Fair effort tolerance.

IMPRESSION:

Treadmill test is negative for exercise induced reversible myocardial ischemia.

Dr. Bhupendra Singh

Dr. Abhishek Singh

Dr. Sudhanshu Mishra

MD, DM (CARDIOLOGY), FACC Sr. Consultant Cardiology

MD, DNB (CARDIOLOGY), MNAMS MD

Sr.Consultant Cardiology

Cardiology Registrar

Manipal Hospital, Ghaziabad

NH - 24, Hapur Road, Opp. Bahmeta Village, Ghaziabad, Uttar Pradesh - 201 002

P: 0120-616 5666

Page 1 of 2

Manipal Health Enterprises Private Limited

CIN: U85110KA2003PTC033055

Regd. Off. The Annexe, #98/2, Rustom Bagh, Off. HAL Airport Road, Bengaluru - 560 017